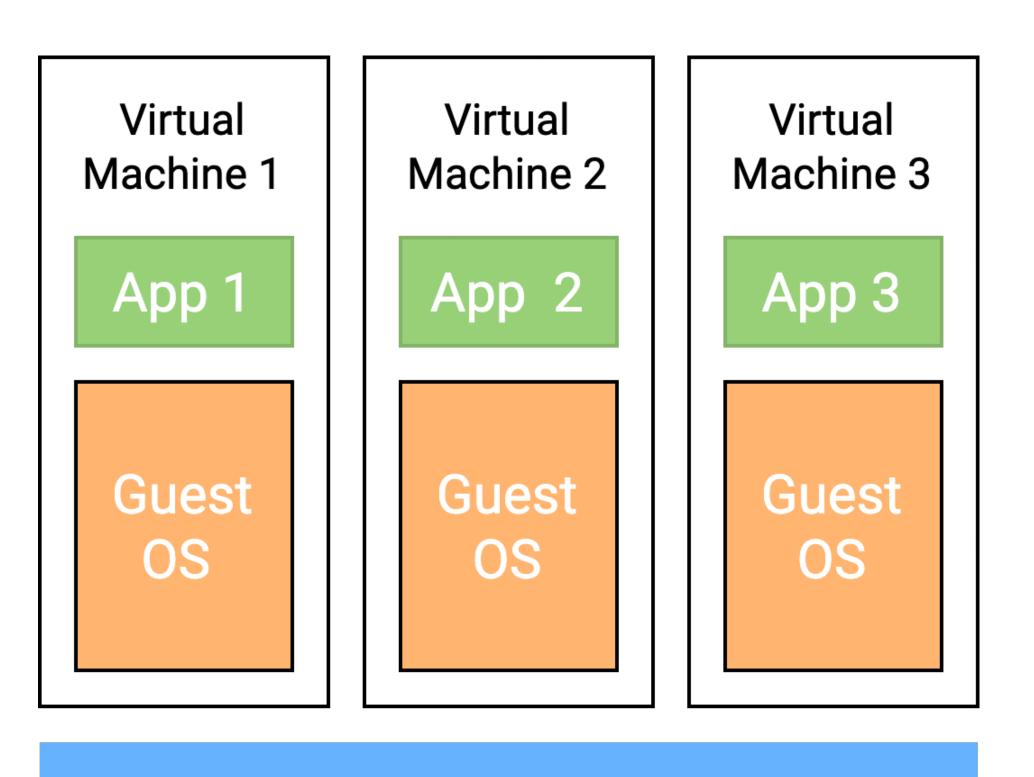
DEMYSTIFYING DOCKER CONTAINERS ON MACOS

A Technical Look at How They Work Under the Hood



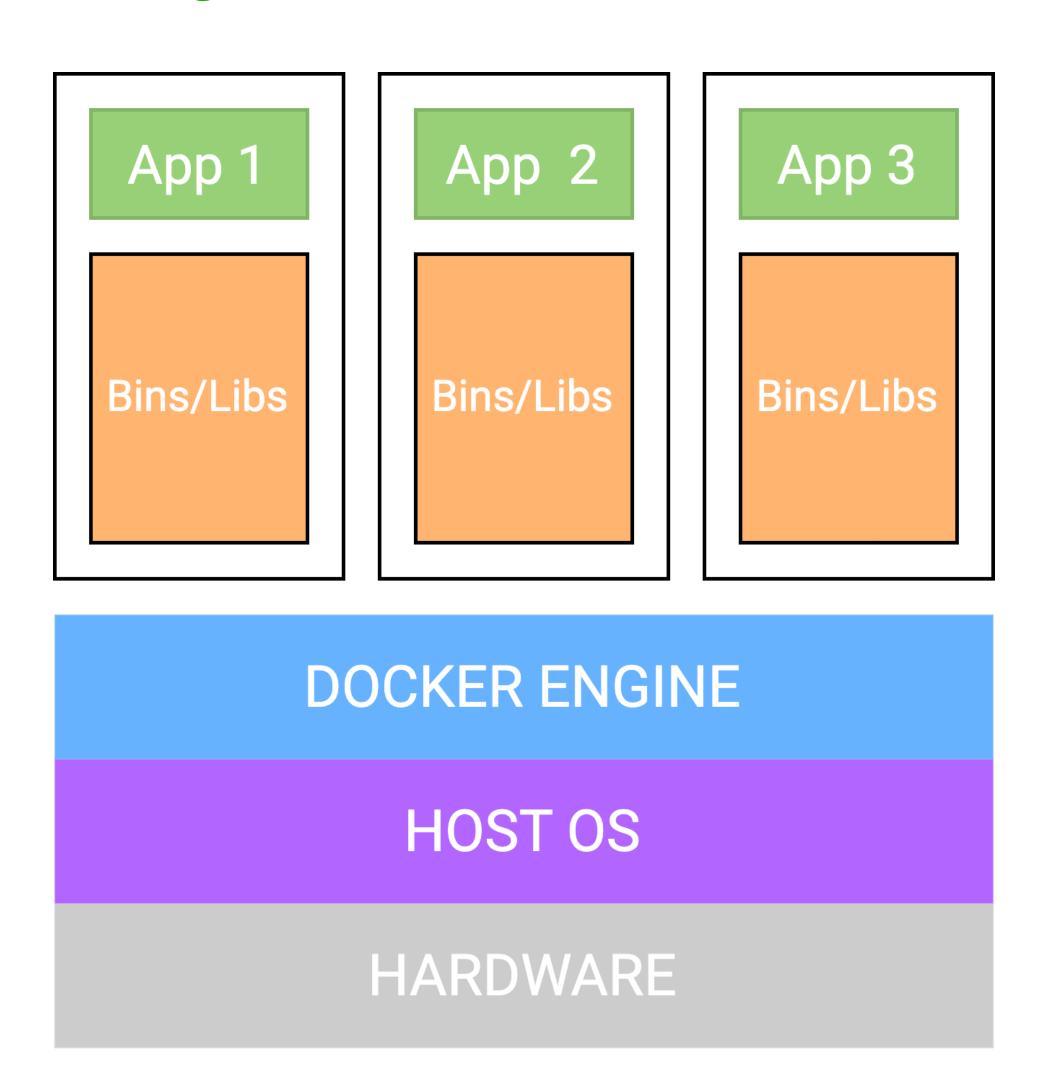
Standard Virtual Machine Diagram

- Server underlying, some specific hardware
- Host OS aka Primary OS, interacting with hardware
- Hypervisor, first (on top of hardware) or second type, provides resources to VMs
- Guest OS, Applications, Binaries, Libraries



Docker aka Container Diagram

- Server underlying, some specific hardware
- Host OS aka Primary OS, interacting with hardware
- Docker Engine: Docker Daemon, Docker Client, REST API for Docker Client
- Applications, Binaries, Libraries



Docker Container

- Containers package up just the user space, and not the kernel or virtual hardware like a VM does.
- Each container gets its *own isolated user space* to allow multiple containers to run on a single host machine.
- Docker containers use Linux Kernel features like *namespaces* and *control groups* to create containers on top of an operating system.

Docker Container. Namespaces

- Namespaces provide containers with their own view of the underlying Linux system, limiting what the container can see and access.
 - NET provides a container with its own view of the network stack of the system;
 - PID gives containers their own scoped view of processes they can view and interact with, including an independent init (PID 1);
 - MNT gives a container its own view of the "mounts" on the system

Docker Container. Namespaces (2)

- Namespaces provide containers with their own view of the underlying Linux system, limiting what the container can see and access.
 - UTS UNIX Timesharing System. It allows a process to identify system identifiers (i.e. hostname, domainname, etc.);
 - IPC responsible for isolating IPC resources between processes running inside each container;
 - USER isolate users within each container. It functions by allowing containers to have a different view of the uid (user ID) and gid (group ID) ranges, as compared with the host system;

Docker Container. Control Groups (cgroups)

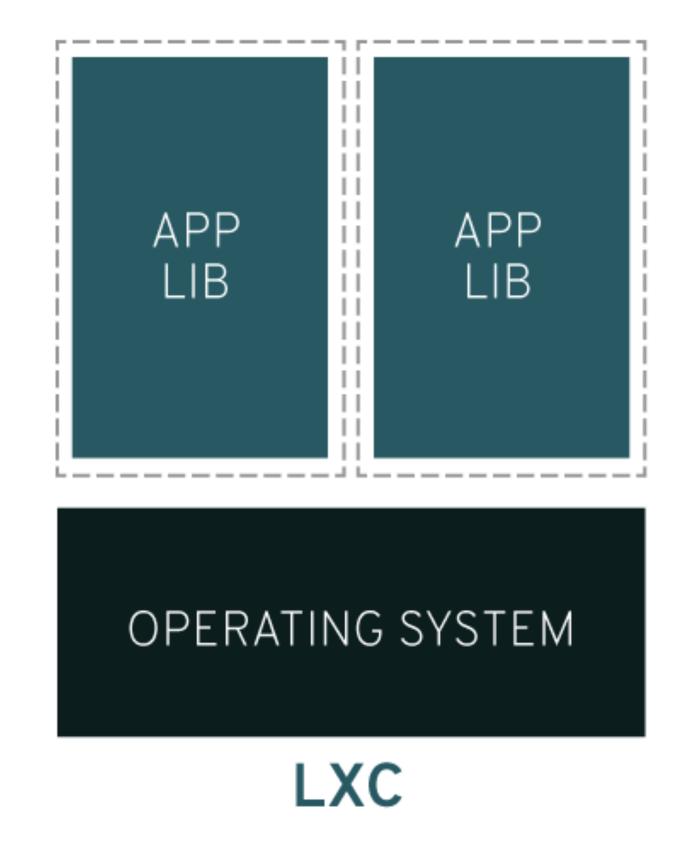
Control groups (also called cgroups) is a Linux kernel feature that isolates, prioritizes, and accounts for the resource usage (CPU, memory, disk I/O, network, etc.) of a set of processes. cgroup ensures that Docker containers only use the resources they need — and, if needed, set up limits to what resources a container can use.

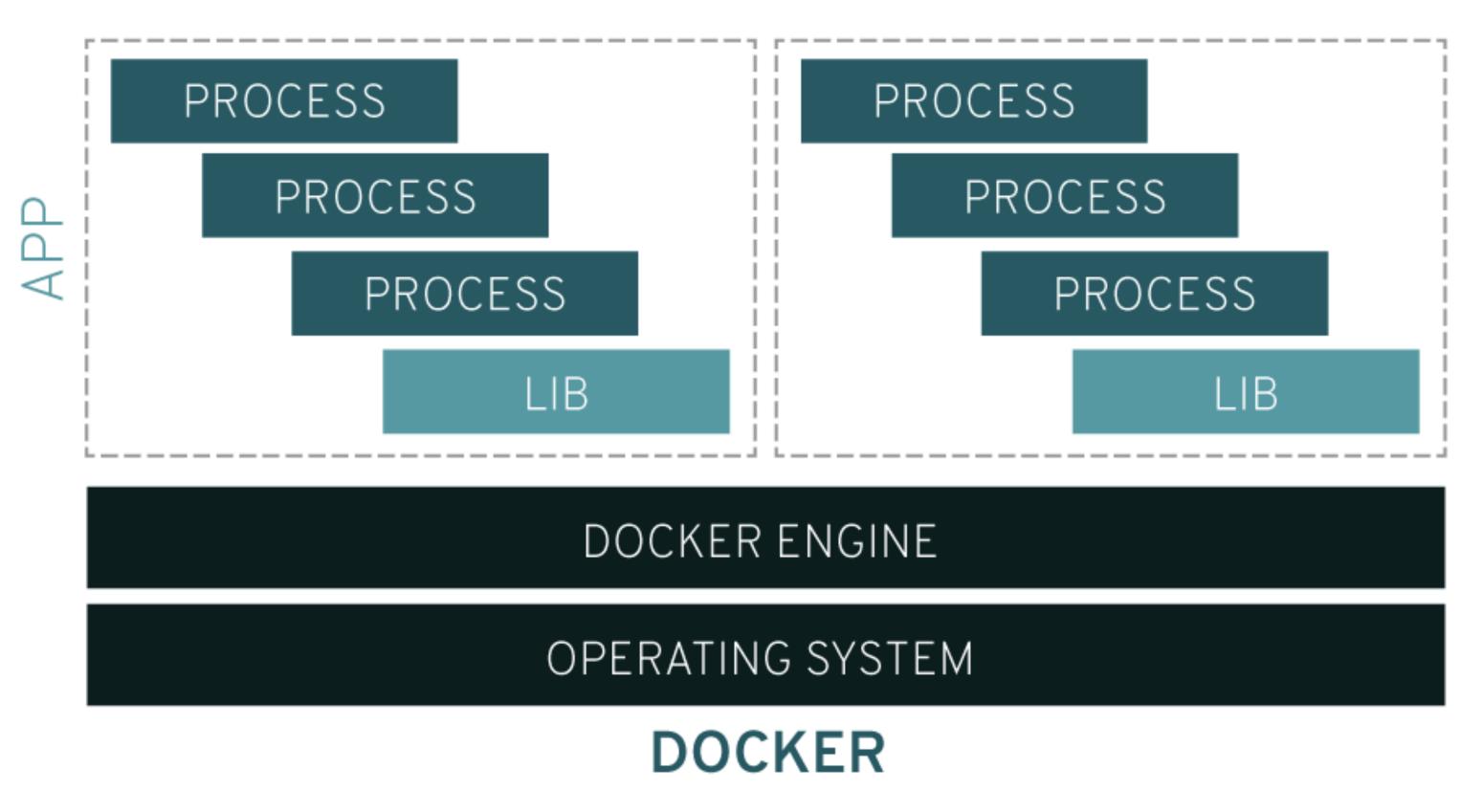
Docker Container. Union File System (UFS)

- Docker uses Union File Systems to build up an image. Union File System as a stackable file system, meaning files and directories of separate file systems (branches) can be transparently overlaid to form a single file system.
- "Copy-on-write" system. The contents of directories which have the same path within the overlaid branches are seen as a single merged directory

Docker Container vs LXC

Traditional Linux containers vs. Docker

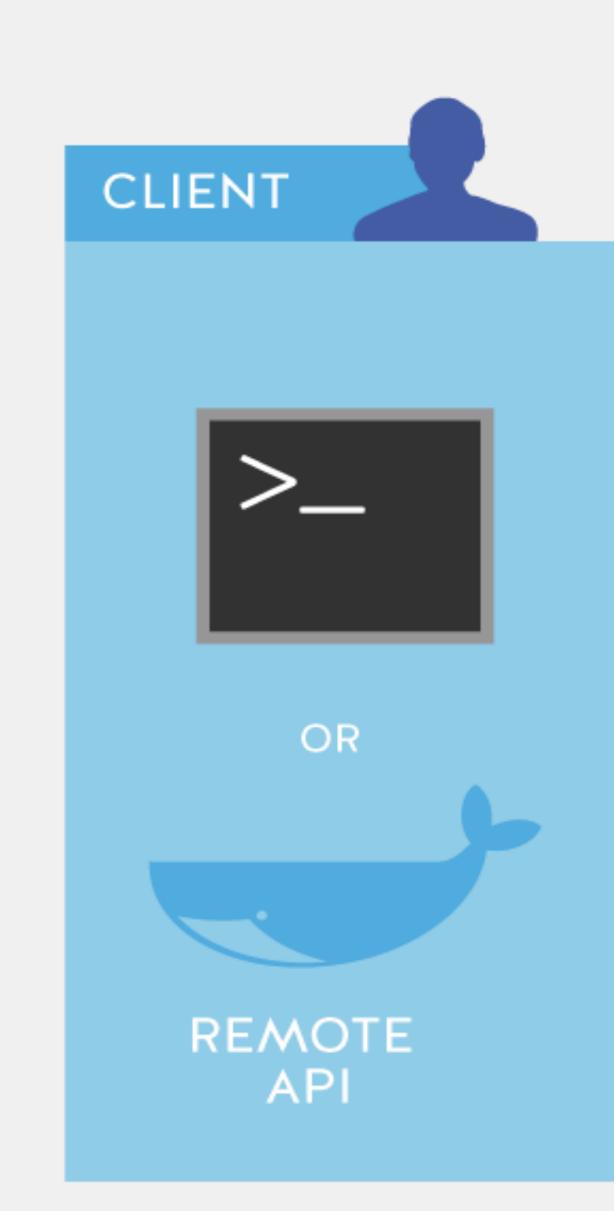


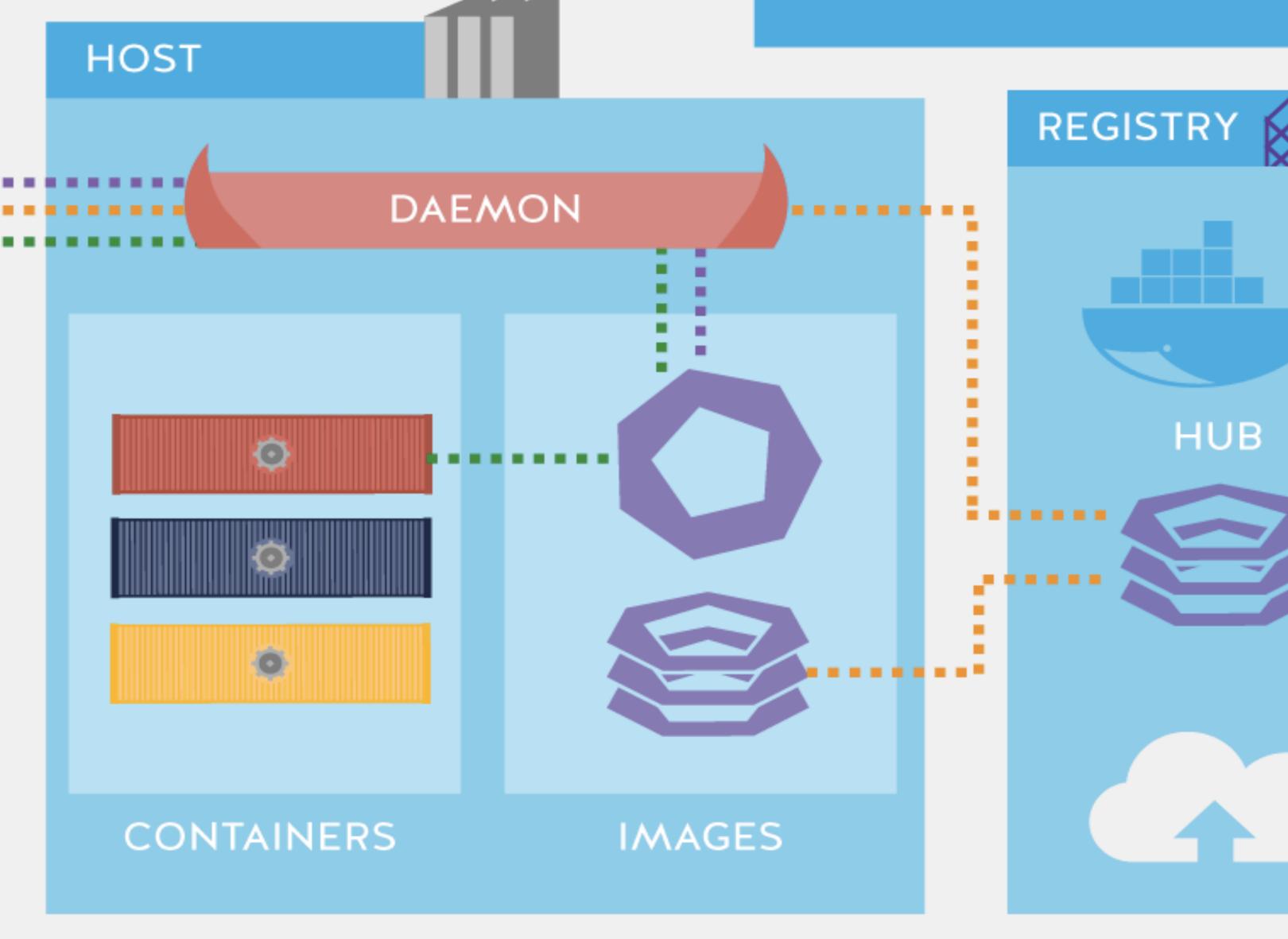


BUILD

RUN

DOCKER ARCHITECTURE



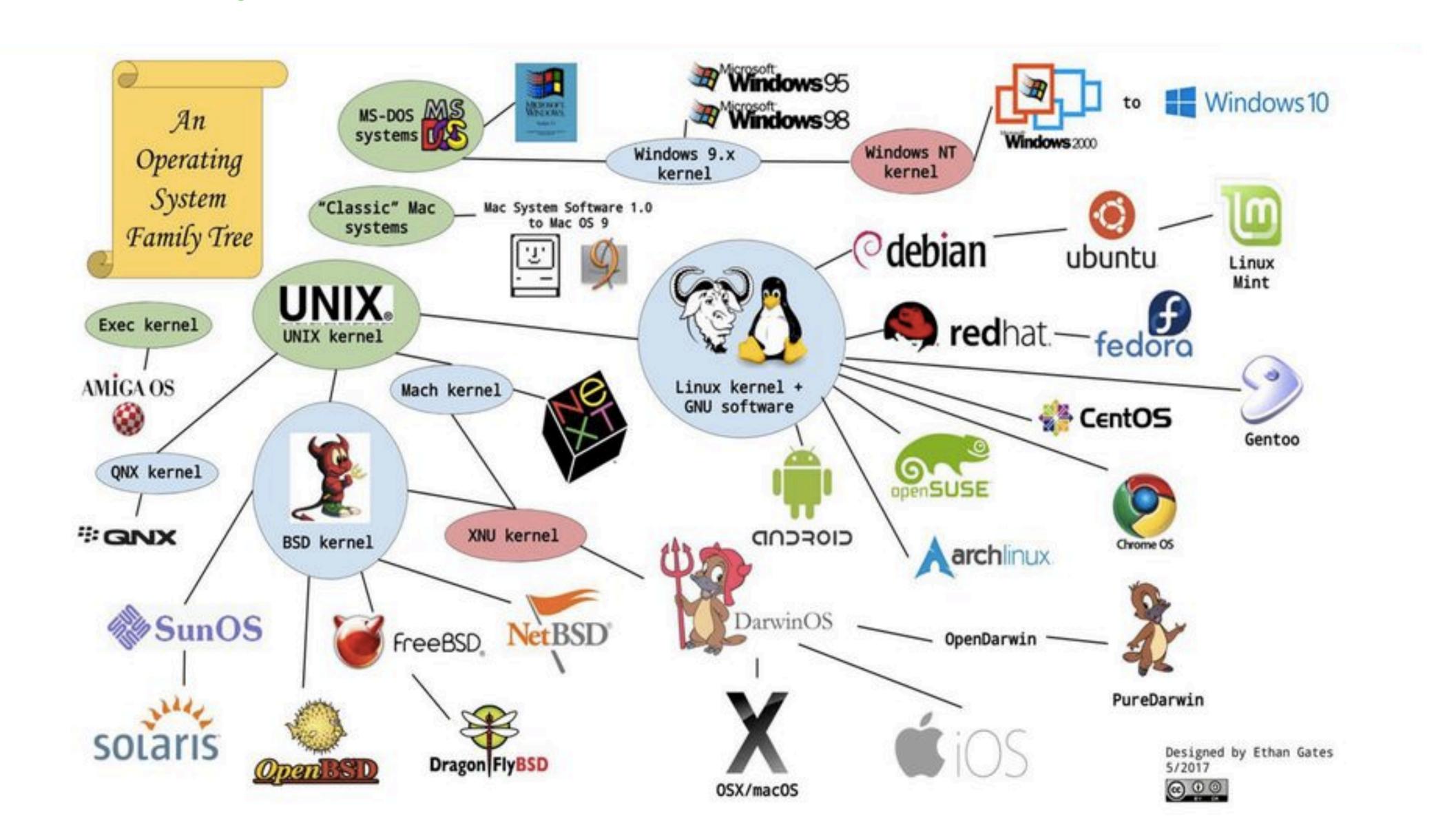


So, what about macOS?

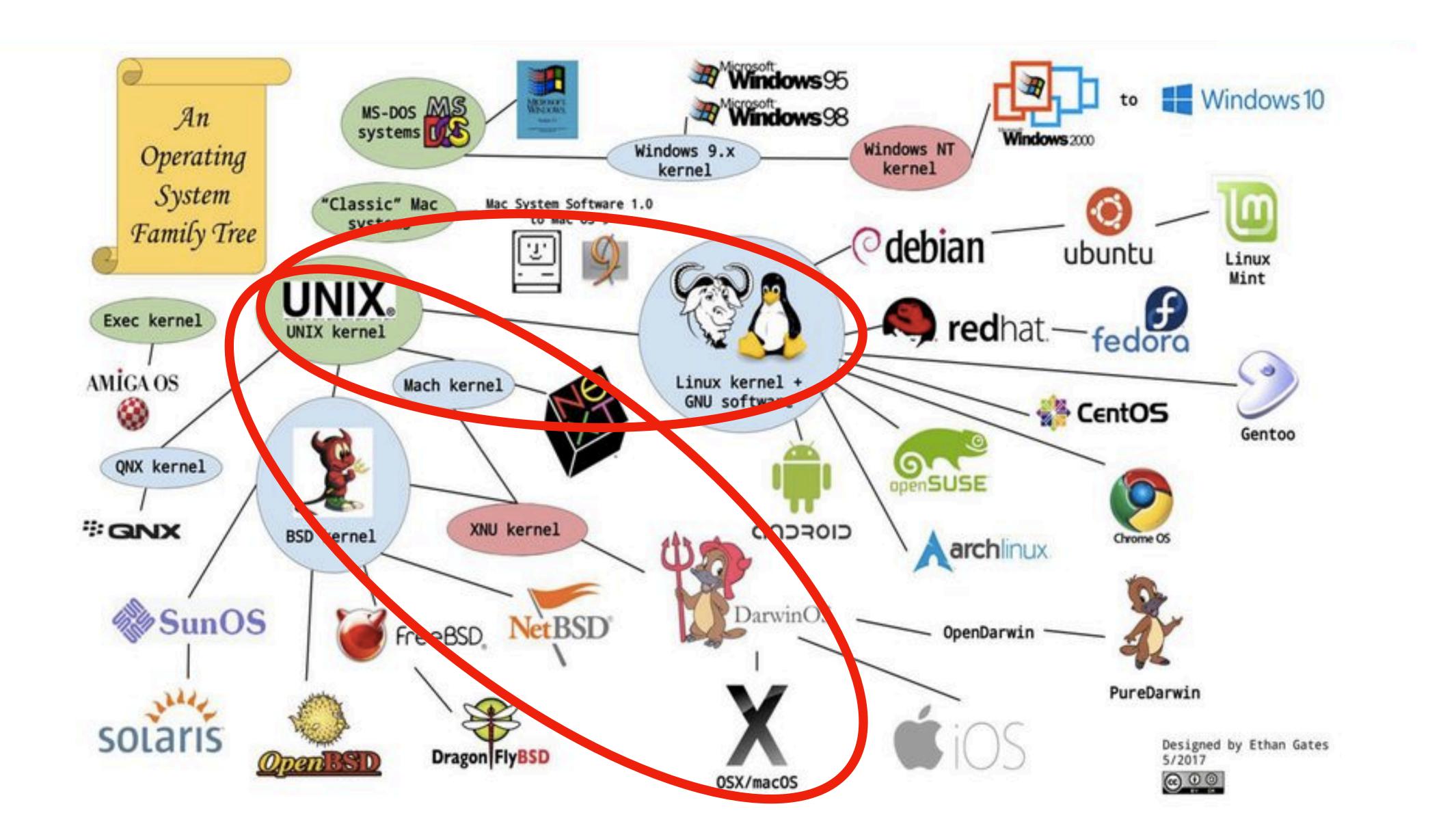
So, what about macOS?

Here is a trick!

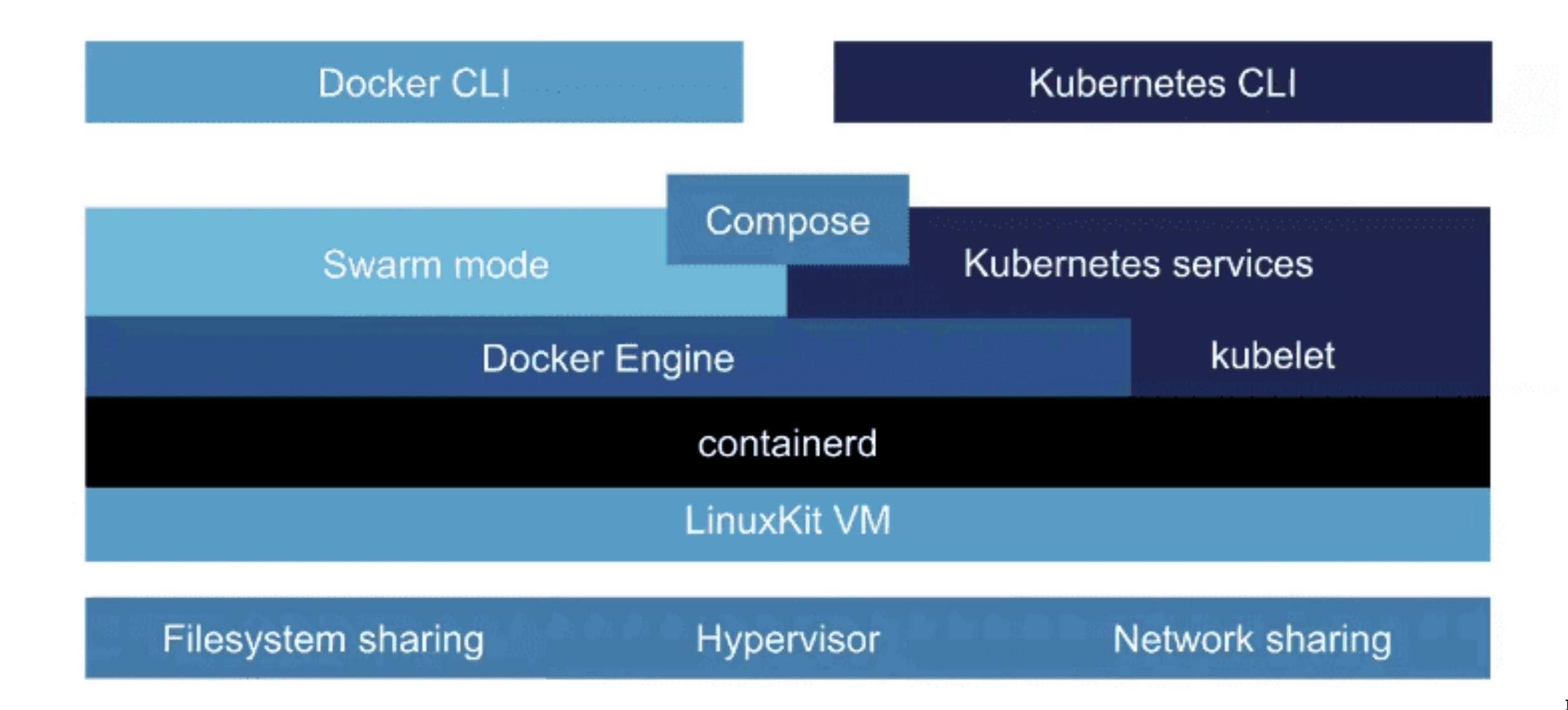
OS Family Tree



OS Family Tree



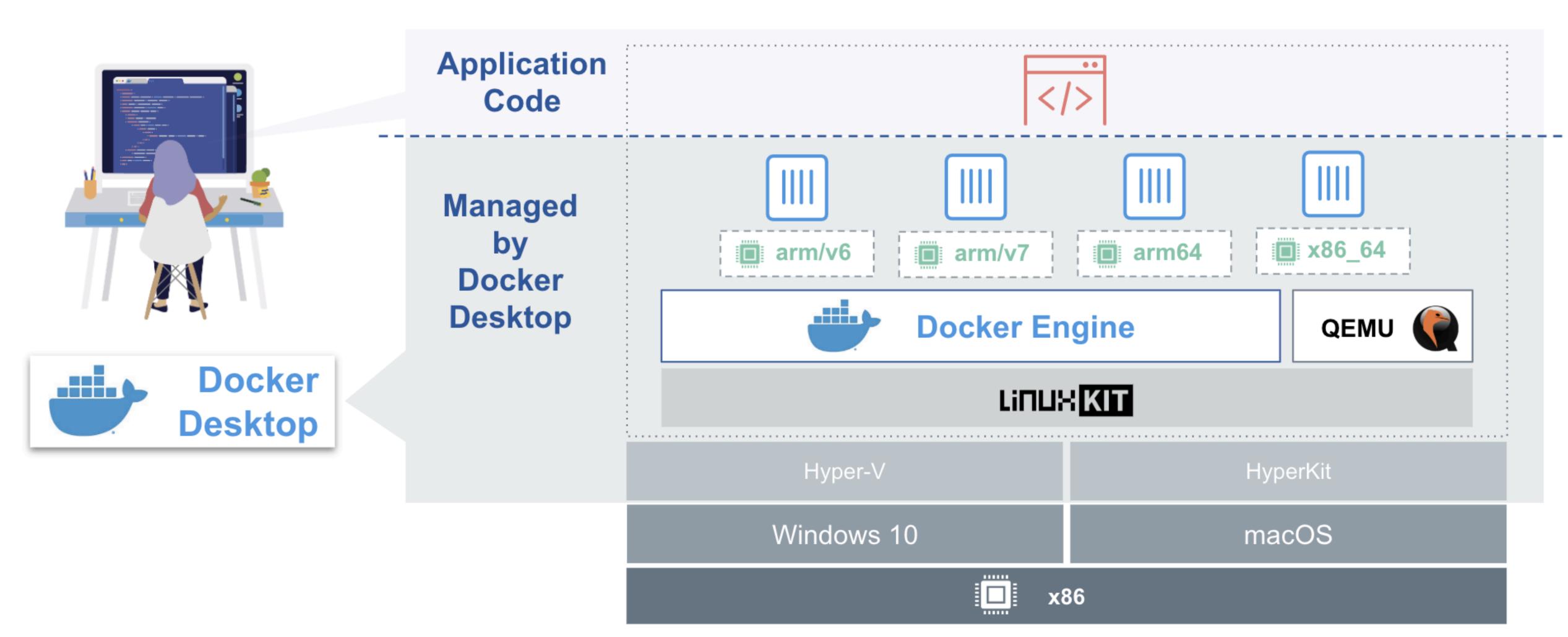
Docker on macOS



Docker on macOS (2)

- Docker Engine needs a Linux Kernel;
- Instead Docker CLI and docker-compose are native binaries;

Docker Desktop



Docker Desktop

- It used *HyperKit* as Hypervisor, but for now it uses new *Virtualization Framework* instead;
- As Filesystem Sharing it uses either *gRPC FUSE*, *VirtioFS* (newer one) or *OSXFS* (deprecated).
- Networking based on VPNKit.

macOS Virtualization

Apple silicon
Apple silicon and Intel

macOS
Linux

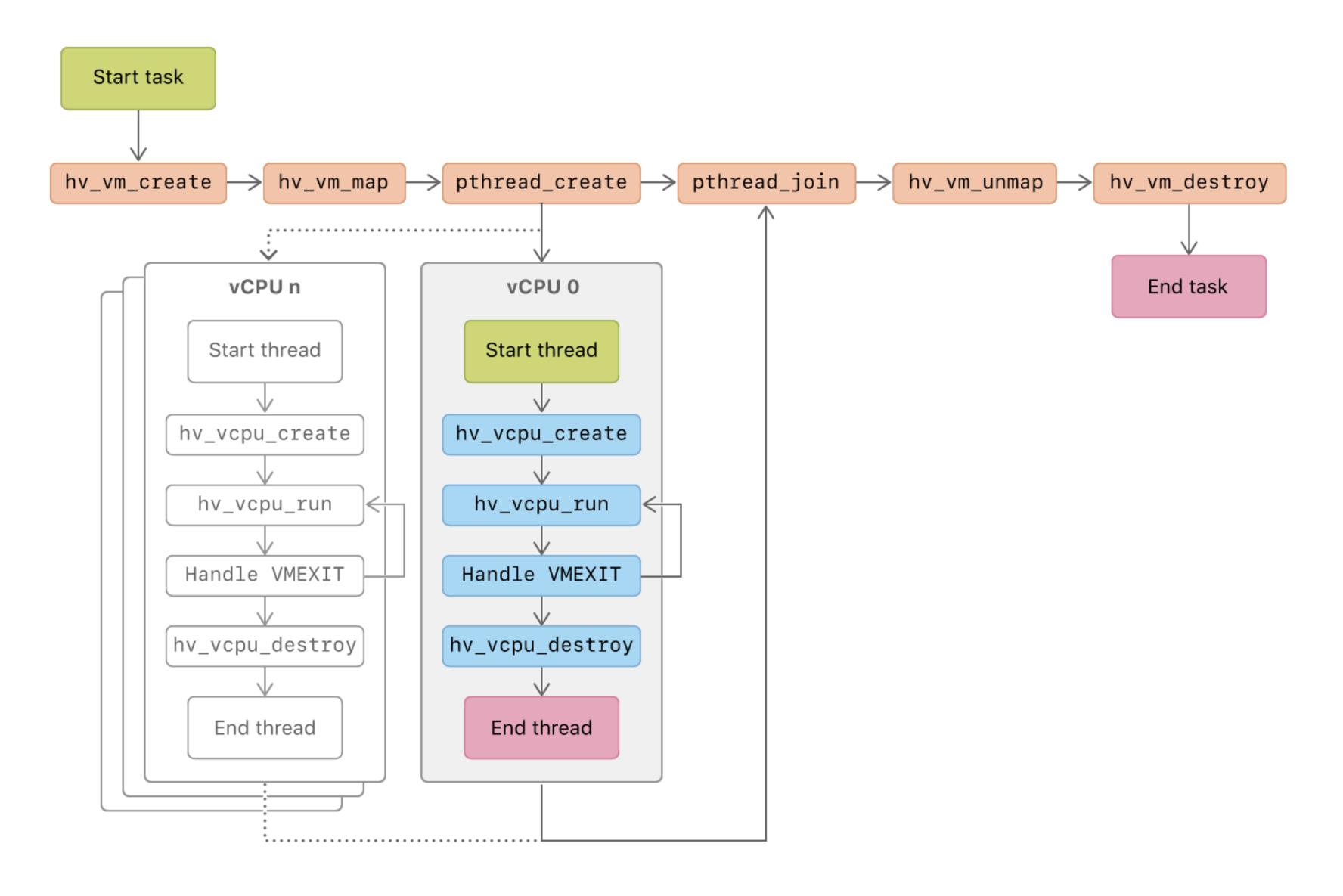
HARDWARE

Virtualization Framework

Hypervisor Framework

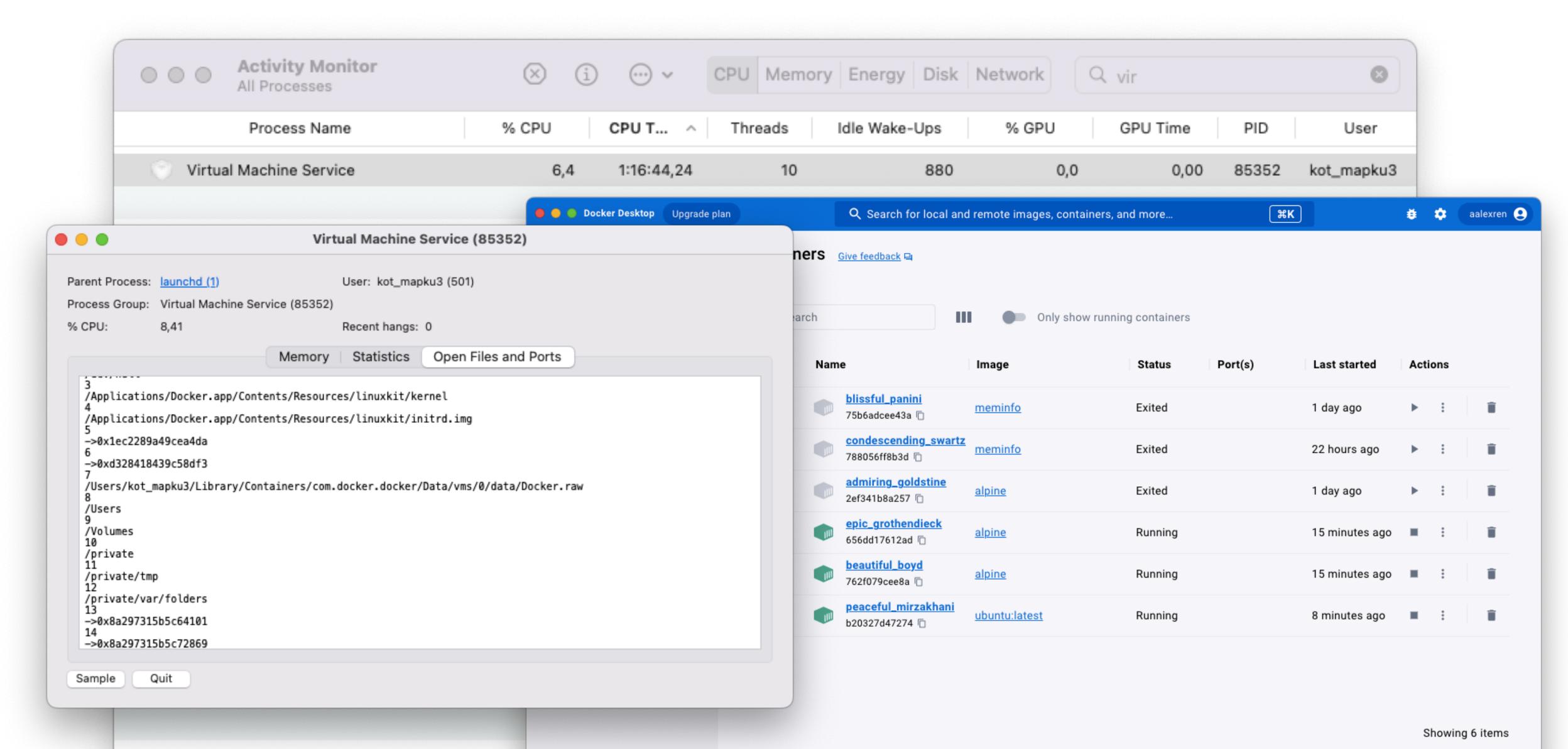
MacOS Kernel

Hypervisor Framework. VM Life Cycle



Many people do not realize that containers are really Linux. As such, Linux containers cannot run natively on macOS.

One VM per container?



One VM per container? (2)

						kot_mapku3@afrodita:~/Developer/s23/tlv/project/macos								
proj	ect/mac	os (-zsh)	 #1	docker (com.docker.cli) #2		er/Data/tasks (-zsh) #3			ontents/MacOS (-zsh)	#4	docker (com.docker.cli)	# 5	root@b	
lsof	-c dock	ær												
COMMAND	PID	USER	FD	TYPE	DEVICE	SIZE/OFF		NODE	NAME					
ocker	85319	kot_mapku3	cwd	DIR	1,4	1696		27607085	/Users/kot_mapku3/Lib	rary/Co	ontainers/com.docker.do	cker/Da	ata	
ocker	85319	kot_mapku3	txt	REG	1,4	66074720		45388690	/Applications/Docker.	app/Cor	ntents/Resources/bin/do	cker		
ocker	85319	kot_mapku3	txt	REG	1,4	2177216	11529215003	12783021	/usr/lib/dyld					
ocker	85319	kot_mapku3	0	PIPE	0xfdf43f35766df6df	16384			->0x46e2170bb389fdea					
ocker	85319	kot_mapku3	1	PIPE	0x916e698d031f0db7	16384			->0x3521084e0dfe5790					
ocker	85319	kot_mapku3	2	PIPE	0xc4faab7f9431e523	16384			->0xd7cfc21d4e57a7e8					
ocker	85319	kot_mapku3	3u	KQUEUE					count=0, state=0xa					
ocker	85319	kot_mapku3	4	PIPE	0xf37066a678934995	16384			->0x4de251102aff794a					
ocker	85319	kot_mapku3	5	PIPE	0x4de251102aff794a	16384			->0xf37066a678934995					
ocker	85319	kot_mapku3	6	PIPE	0xfaf3e82a0b4d4888	16384			->0x5dc7a8a9e7daedc5					
ocker	85319	kot_mapku3	7	PIPE	0x5dc7a8a9e7daedc5	16384			->0xfaf3e82a0b4d4888					
ocker	85319	kot_mapku3	8u	unix	0x8a297315b5c73fd9	0t0			/Users/kot_mapku3/.do	cker/r	un/docker-cli-api.sock			
ocker	85319	kot_mapku3	27u	systm	0x8a297310e901d4d1	0t0			[ctl com.apple.netsro	id 6 (unit 61]			
ocker	85319	kot_mapku3	88r	CHR	14,1	0t276		593	/dev/urandom					
ocker	92738	kot_mapku3	cwd	DIR	1,4	128		45394070	/Users/kot_mapku3/Dev	/eloper/	/s23/tlv/project/macos			
ocker	92738	kot_mapku3	txt	REG	1,4	66074720		45388690	/Applications/Docker.	app/Cor	ntents/Resources/bin/do	cker		
ocker	92738	kot_mapku3	txt	REG	1,4	2177216	11529215003	12783021	/usr/lib/dyld					
ocker	92738	kot_mapku3	0u	CHR	16,3	0t4784327		777	/dev/ttys003					
ocker	92738	kot_mapku3	1u	CHR	16,3	0t4784327		777	/dev/ttys003					
ocker	92738	kot_mapku3	2u	CHR	16,3	0t4784327		777	/dev/ttys003					
ocker	92738	kot_mapku3	3u	KQUEUE					count=0, state=0xa					
locker	92738	kot_mapku3	4	PIPE	0x6da2f4dd2e3a96e2	16384			->0x81eff44201fbdfee					
ocker	92738	kot_mapku3	5	PIPE	0x81eff44201fbdfee	16384			->0x6da2f4dd2e3a96e2					
ocker	92738	kot_mapku3	6	PIPE	0xff4d4d6c34e53cce	16384			->0x522b62a299a5d2ec					
ocker	92738	kot_mapku3	7	PIPE	0x522b62a299a5d2ec	16384			->0xff4d4d6c34e53cce					
ocker	92860	kot_mapku3	cwd	DIR	1,4	128		45394070	/Users/kot_mapku3/Dev	/eloper/	/s23/tlv/project/macos4			
ocker		kot_mapku3		REG	•	66074720				app/Cor	ntents/Resources/bin/do	ocker		
ocker		kot_mapku3		REG	1,4	2177216	11529215003	12783021	/usr/lib/dyld					
ocker		kot_mapku3		CHR	16,7	0t1255		787	/dev/ttys007					
ocker		kot_mapku3		CHR	16,7	0t1255		787	/dev/ttys007					
ocker	92860	kot_mapku3	2u	CHR	16,7	0t1255		787	/dev/ttys007					
ocker		kot_mapku3							count=0, state=0xa					
ocker	92860	kot_mapku3	4	PIPE	0xeab2cc2df15d329b	16384			->0x6d695fb6c4874f84					
ocker		kot_mapku3			0x6d695fb6c4874f84	16384			->0xeab2cc2df15d329b					
ocker		kot_mapku3			0xb3b3031acf24a0e5	16384			->0x7348946ee81ca9c1					
ocker	92860	kot_mapku3	7	PIPE	0x7348946ee81ca9c1	16384			->0xb3b3031acf24a0e5					
ocker		kot_mapku3		DIR	1,4	128		45394070	/Users/kot_mapku3/Dev	/eloper/	/s23/tlv/project/macos			
ocker	93349	kot_mapku3	txt	REG	1,4	66074720		45388690	/Applications/Docker.	app/Cor	ntents/Resources/bin/do	ocker		
locker	93349	kot_mapku3	txt	REG	1,4	2177216	11529215003	12783021	/usr/lib/dyld					

Are Docker containers really secure?

Are Docker containers really secure?

By default not really

Need to be sure to drop privileges as quickly as possible

No Hypervisor

Run your services as non-root whenever possible

Treat root within a container as if it is root outside of the container

Open Source Docker Desktop Alternatives

- Rancher Desktop
- Colima
- Podman instead of Docker Engine *

References on Pictures

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- https://devopedia.org/docker
- https://collabnix.com/how-docker-for-mac-works-under-the-hood
- https://www.infoq.com/news/2022/06/apple-virtualization-framework/
- https://developer.apple.com/documentation/hypervisor

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https://pastebin.com/rVhaspra