Why does preregistration increase the persuasiveness of evidence? A Bayesian

rationalization

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24 Abstract

The replication crisis has led many researchers to preregister their hypotheses and data 25 analysis plans before collecting data. A widely held view is that preregistration is supposed 26 to limit the extent to which data may influence the hypotheses to be tested. Only if data 27 have no influence an analysis is considered confirmatory. Consequently, many researchers 28 believe that preregistration is only applicable in confirmatory paradigms. In practice, 29 researchers may struggle to preregister their hypotheses because of vague theories that necessitate data-dependent decisions (aka exploration). We argue that preregistration 31 benefits any study on the continuum between confirmatory and exploratory research. To that end, we formalize a general objective of preregistration and demonstrate that 33 exploratory studies also benefit from preregistration. Drawing on Bayesian philosophy of science, we argue that preregistration should primarily aim to reduce uncertainty about the inferential procedure used to derive results. This approach provides a principled justification of preregistration, separating the procedure from the goal of ensuring strictly 37 confirmatory research. We acknowledge that knowing the extent to which a study is 38 exploratory is central, but certainty about the inferential procedure is a prerequisite for persuasive evidence. Finally, we discuss the implications of these insights for the practice of 40 preregistration. 41

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Why does preregistration increase the persuasiveness of evidence? A Bayesian rationalization

The scientific community has long pondered the vital distinction between 47 exploration and confirmation, discovery and justification, hypothesis generation and 48 hypothesis testing, or prediction and postdiction (Hoyningen-Huene, 2006; Nosek et al., 2018; Shmueli, 2010; Tukey, 1980). Despite the different names, it is fundamentally the same dichotomy that is at stake here. There is a broad consensus that both approaches are necessary for science to progress; exploration, to make new discoveries and confirmation, to expose these discoveries to potential falsification, and assess empirical support for the theory. However, mistaking exploratory findings for empirically confirmed results is dangerous. It inflates the likelihood of believing that there is evidence supporting a given hypothesis, even if it is false. A variety of problems, such as researchers' degrees of freedom together with researchers' hindsight bias or naive p-hacking have led to such mistakes becoming commonplace vet unnoticed for a long time. Recognizing them has led to a crisis of confidence in the empirical sciences (Ioannidis, 2005), and psychology in particular 59 (Open Science Collaboration, 2015). As a response to the crisis, evermore researchers preregister their hypotheses and their data collection and analysis plans in advance of their 61 studies (Nosek et al., 2018). They do so to stress the predictive nature of their registered 62 statistical analyses, often with the hopes of obtaining a label that marks the study as "confirmatory". Indeed, rigorous application of preregistration prevents researchers from reporting a set of results produced by an arduous process of trial and error as a simple confirmatory story (Wagenmakers et al., 2012) while keeping low false-positive rates. This promise of a clear distinction between confirmation and exploration has obvious appeal to many who have already accepted the practice. Still, the majority of empirical researchers do not routinely preregister their studies. One reason may be that some do not find that the theoretical advantages outweigh the practical hurdles, such as specifying every aspect of a theory and the corresponding analysis in advance. We believe that we can reach a greater ⁷² acceptance of preregistration by explicating a more general objective of preregistration that ⁷³ benefits all kinds of studies, even those that allow data-dependent decisions.

One goal of preregistration that has received widespread attention is to clearly
distinguish confirmatory from exploratory research (Bakker et al., 2020; Mellor & Nosek,
2018; Nosek et al., 2018; Simmons et al., 2021; Wagenmakers et al., 2012). In such a
narrative, preregistration is justified by a confirmatory research agenda. However, two
problems become apparent under closer inspection. First, many researchers do not
subscribe to a purely confirmatory research agenda (Baumeister, 2016; Finkel et al., 2017;
Tukey, 1972). Second, there is no strict mapping of the categories preregistered
vs. non-preregistered onto the categories confirmatory vs. exploratory research.

Obviously, researchers can conduct confirmatory research without preregistration—
though it might be difficult to convince other researchers of the confirmatory nature of
their research, that is, that they were free of cognitive biases, made no data-dependent
decisions, and so forth. The opposite, that is, preregistered but not strictly confirmatory
studies, are also becoming more commonplace (Chan et al., 2004; Dwan et al., 2008; Silagy
et al., 2002).

This is the result of researchers applying one of two strategies to evade the self-imposed restrictions of preregistrations: writing a loose preregistration, to begin with (Stefan & Schönbrodt, 2023) or deviating from the preregistration afterward. The latter is a frequent occurrence and, perhaps more worryingly, often remains undisclosed (Akker et al., 2023; Claesen et al., 2021). Both strategies may be used for sensible scientific reasons or with the self-serving intent of generating desirable results. Thus, insisting on equating preregistration and confirmation has led to the criticism that, all things considered, preregistration is actually harmful and neither sufficient nor necessary for doing good science (Pham & Oh, 2021; Szollosi et al., 2020).

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We argue that such criticism is not directed against preregistration itself but against 97 a justification through a confirmatory research agenda (Wagenmakers et al., 2012). When 98 researchers criticize preregistration as being too inflexible to fit their research question, 99 they often simply acknowledge that their research goals are not strictly confirmatory. 100 Forcing researchers into adopting a strictly confirmatory research agenda does not only 101 imply changing how they investigate a phenomenon but also what research questions they 102 pose. However reasonable such a move is, changing the core beliefs of a large community is 103 much harder than convincing them that a method is well justified. We, therefore, attempt 104 to disentangle the methodological goals of preregistration from the ideological goals of 105 confirmatory science. It might well be the case that psychology needs more confirmatory 106 studies to progress as a science. However, independently of such a goal, preregistration can 107 be useful for any kind of study on the continuum between strictly confirmatory and fully exploratory. 109

To form such an objective for preregistration, we first introduce some tools of Bayesian philosophy of science and map the exploration/confirmation distinction onto a dimensional quantity we call "theoretical risk" (a term borrowed from Meehl, 1978, but formalized as the probability of proving a hypothesis wrong if it does not hold).

We are interested in why preregistrations should change researchers' evaluation of 114 evidence. Applying a Bayesian framework allows us to investigate our research question 115 most straightforwardly. Specifically, it allows us to model changes in subjective degrees of 116 belief due to preregistration or, more simply, "persuasion". Please note that our decision to 117 adopt a Bayesian philosophy of science does not make assumptions about the statistical 118 methods researchers use. In fact, this conceptualization is intentionally as minimal as 119 possible to be compatible with a wide range of philosophies of science and statistical 120 methods researchers might subscribe to. However, we should note that Popperians would 121 be appalled that we are content with positive inductive inferences (but we regard "failing 122

to disprove" as too limited), and Neopopperians would flinch that we assign probabilities
to beliefs (we are fond of calculating things). While the latter move is not strictly necessary
it allows us to connect the more abstract considerations more closely with the behavior of
researchers.

Now, we outline two possible perspectives on the utility of preregistration. The first 127 one corresponds to the traditional application of preregistration to research paradigms that 128 focus on confirmation by maximizing the theoretical risk or, equivalently, by limiting type-I 129 error (when dichotomous decisions about theories are an inferential goal). We argue that 130 this view on the utility of preregistration can be interpreted as maximizing theoretical risk, 131 which otherwise may be reduced by researchers' degrees of freedom, p-hacking, and suchlike. 132 The second interpretation is our main contribution: We argue that contrary to the classic 133 view, the objective of preregistration is not the maximization of theoretical risk but rather 134 the minimization of uncertainty about the theoretical risk. This interpretation leads to a 135 broad applicability of preregistration to both exploratory and confirmatory studies. 136

To arrive at this interpretation, we rely on three arguments. The first is that 137 theoretical risk is vital for judging evidential support for theories. The second argument is 138 that the theoretical risk for a given study is generally uncertain. The third and last 139 argument is that this uncertainty is reduced by applying preregistration. We conclude that 140 because preregistration decreases uncertainty about the theoretical risk, which in turn 141 increases the amount of knowledge we gain from a particular study, preregistration is 142 potentially useful for any kind of study, no matter where it falls on the 143 exploratory-confirmatory continuum. 144

Epistemic value and the Bayesian rationale

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Let us start by defining what we call expected epistemic value. If researchers plan to conduct a study, they usually hope that it will change their assessment of some theory's verisimilitude (Niiniluoto, 1998). In other words, they hope to learn something from

conducting the study. The amount of knowledge researchers gain from a particular study
concerning the verisimilitude of a specific theory is what we call epistemic value.

Researchers cannot know what exactly they will learn from a study before they run it.

However, they can develop an expectation that helps them decide about the specifics of a
planned study. This expectation is what we term expected epistemic value. To make our
three arguments, we must assume three things about what an ideal estimation process
entails and how it relates to what studies (preregistered vs not preregistered) to conduct.

- 156 1. Researchers judge the evidence for or against a hypothesis rationally.
- 2. They expect other researchers to apply a similar rational process.
 - 3. Researchers try to maximize the expected epistemic value for other researchers.

The assumption of rationality can be connected to Bayesian reasoning and leads to 159 our adoption of the framework. Our rationale is as follows. Researchers who decide to 160 conduct a certain study are actually choosing a study to bet on. They have to "place the 161 bet" by conducting the study by investing resources and stand to gain epistemic value with 162 some probability. This conceptualization of choosing a study as a betting problem allows 163 us to apply a "Dutch book" argument (Christensen, 1991). This argument states that any 164 better must follow the axioms of probability to avoid being "irrational," i.e., accepting bets 165 that lead to sure losses. Fully developing a Dutch book argument for this problem requires 166 careful consideration of what kind of studies to include as possible bets, defining a 167 conversion rate from the stakes to the reward, and modeling what liberties researchers have 168 in what studies to conduct. Without deliberating these concepts further, we find it 169 persuasive that researchers should not violate the axioms of probability if they have some 170 expectation about what they stand to gain with some likelihood from conducting a study. 171 The axioms of probability are sufficient to derive the Bayes formula, on which we will 172 heavily rely for our further arguments. The argument is not sufficient, however, to warrant 173 conceptualizing the kind of epistemic value we reason about in terms of posterior 174

probability; that remains a leap of faith. However, the argument applies to any reward function that satisfies the "statistical relevancy condition" (Fetzer, 1974; Salmon, 1970) or as recent psychological literature come to call it "diagnosticity" (Fiedler, 2017; Oberauer & Lewandowsky, 2019). That is, evidence only increases epistemic value for a theory if the evidence is more likely to be observed under the theory than under the alternative.

Epistemic value and theoretical risk

Our first argument is that theoretical risk is crucial for judging evidential support for theories. Put simply, risky predictions create persuasive evidence if they turn out to be correct. This point is crucial because we attribute much of the appeal of a confirmatory research agenda to this notion.

Let us make some simplifying assumptions and define our notation. To keep the notation simple, we restrict ourselves to evidence of a binary nature (either it was observed or not). We denote the probability of a hypothesis before observing evidence as P(H) and its complement as $P(\neg H) = 1 - P(H)$. The probability of observing evidence under some hypothesis is P(E|H). We can calculate the probability of the hypothesis after observing the evidence with the help of the Bayes formula:

$$P(H|E) = \frac{P(H)P(E|H)}{P(E)} \tag{1}$$

The posterior probability P(H|E) is of great relevance since it is often used directly or indirectly as a measure of confirmation of a hypothesis. In the tradition of Carnap, in its direct use, it is called *confirmation as firmness*; in its relation to the a priori probability P(H), it is called *increase in firmness* (Carnap, 1950, preface to the 1962 edition). We concentrate on the posterior probability because of its simplicity but take it only as one example of a possible measure. In reality, researchers surely differ in what function they apply to judge evidence and it is often most fruitful to compare more than two competing

hypotheses. The goal is therefore to reason about the space of possible measures researchers might apply. However, since it is reasonable that any measure of confirmation increases monotonically with an increase in posterior probability P(H|E), we might well take it to illustrate our reasoning.

In short, we want to increase posterior probability P(H|E). Increases in posterior 202 probability P(H|E) are associated with increased epistemic value, of which we want to 203 maximize the expectation. So how can we increase posterior probability? The Bayes 204 formula yields three components that influence confirmation, namely P(H), P(E|H) and 205 P(E). The first option leads us to the unsurprising conclusion that higher a priori 206 probability P(H) leads to higher posterior probability P(H|E). If a hypothesis is more 207 probable to begin with, observing evidence in its favor will result in a hypothesis that is 208 more strongly confirmed, all else being equal. However, the prior probability of a 209 hypothesis is nothing our study design can change. The second option is equally 210 reasonable; that is, an increase in P(E|H) leads to a higher posterior probability P(H|E). 211 P(E|H) is the probability of obtaining evidence for a hypothesis when it holds. We call 212 this probability of detecting evidence, given that the hypothesis holds "detectability." 213 Consequently, researchers should ensure that their study design allows them to find 214 evidence for their hypothesis, in case it is true. When applied strictly within the bounds of 215 null hypothesis testing, detectability is equivalent to power (or the complement of type-II 216 error rate). However, while detectability is of great importance for study design, it is not 217 directly relevant to what a preregistration is comunicating to other researchers. We later 218 discuss how issues of detectability must be considered in a preregistration. Thus, P(E)remains to be considered. Since P(E) is the denominator, decreasing it can increase the 220 posterior probability. In other words, high risk, high reward. 221

If we equate riskiness with a low probability of obtaining evidence (when the hypothesis is false), the Bayesian rationale perfectly aligns with the observation that risky

predictions lead to persuasive evidence. This tension between high risk leading to high gain 224 is central to our consideration of preregistration. A high-risk, high-gain strategy is bound 225 to result in many losses that are eventually absorbed by the high gains. Sustaining many 226 "failed" studies is not exactly aligned with the incentive structure under which many, if not 227 most, researchers operate. Consequently, researchers are incentivized to appear to take 228 more risks than they actually do, which misleads their readers to give their claims more 229 credence than they deserve. It is at this juncture that the practice and mispractice of 230 preregistration comes into play. We argue that the main function of preregistration is to 231 enable proper judgment of the riskiness of a study. 232

To better understand how preregistrations can achieve that, let us take a closer look at the factors contributing to P(E). Using the law of total probability, we can split P(E)into two terms:

$$P(E) = P(H)P(E|H) + P(\neg H)P(E|\neg H)$$
(2)

We have already noted that there is not much to be done about prior probability 236 $(P(H), \text{ and hence its counter probability } P(\neg H)), \text{ and that it is common sense to increase}$ 237 detectability P(E|H). The real lever to pull is therefore $P(E|\neg H)$. This probability tells 238 us how likely it is that we find evidence in favor of the theory when in fact, the theory is 239 not true. Its counter probability $P(\neg E|\neg H)=1-P(E|\neg H)$ is what we call "theoretical 240 risk", because it is the risk a theory takes on in predicting the occurrence of particular 241 evidence in its favor. We borrow the term from Meehl (1978), though he has not assigned 242 it to the probability $P(\neg E|\neg H)$. Kukla (1990) argued that the core arguments in Meehl 243 (1990) can be reconstructed in a purely Bayesian framework. However, while he did not 244 mention $P(\neg E|\neg H)$ he suggested that Meehl (1978) used the term "very strange 245 coincidence" for a small $P(E|\neg H)$ which would imply, that $P(\neg E|\neg H)$ can be related to or even equated to theoretical risk.

Let us note some interesting properties of theoretical risk $P(\neg E|\neg H)$. First, increasing theoretical risk leads to higher posterior probability P(H|E), our objective. Second, if the theoretical risk is smaller than detectability P(E|H) it follows that the posterior probability must decrease when observing the evidence. If detectability exceeds theoretical risk, the evidence is less likely under the theory than it is when the theory does not hold (the inverse of statistical relevancy). Third, if the theoretical risk equals zero, then posterior probability is at best equal to prior probability but only if detectability is perfect (P(H|E) = 1). In other words, observing a sure fact does not lend credence to a hypothesis.

The last statement sounds like a truism but is directly related to Popper's seminal criterion of demarcation. He stated that if it is impossible to prove that a hypothesis is false $(P(\neg E|\neg H) = 0$, theoretical risk is zero), it cannot be considered a scientific hypothesis (Popper, 2002, p. 18). We note these relations to underline that the Bayesian rationale we apply here is able to reconstruct many commonly held views on riskiness and epistemic value (but Popper would disagree with attaching any form of believe in H on the basis of evidence beyond failing to disprove it).

Both theoretical risk $P(\neg E|\neg H)$ and detectability P(E|H) aggregate countless 263 influences; otherwise, they could not model the process of evidential support for theories. 264 To illustrate the concepts we have introduced here, consider the following example of a 265 single theory and three experiments that may test it. The experiments were created to 266 illustrate how they may differ in their theoretical risk and detectability. Suppose the primary theory is about the cognitive phenomenon of "insight." For the purpose of 268 illustration, we define it, with quite some hand-waving, as a cognitive abstraction that 269 allows agents to consistently solve a well-defined class of problems. We present the 270 hypothesis that the following problem belongs to such a class of insight problems:

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Use five matches (IIIII) to form the number eight.

We propose three experiments that differ in theoretical risk and detectability. All experiments take a sample of ten psychology students. We present the students with the problem for a brief span of time. After that, the three experiments differ as follows:

- 1. The experimenter gives a hint that the problem is easy to solve when using Roman numerals; if all students come up with the solution, she records it as evidence for the hypothesis.
- 279 2. The experimenter shows the solution "VIII" and explains it; if all students come up
 with the solution, she records it as evidence for the hypothesis.
 - 3. The experimenter does nothing; if all students come up with the solution, she records it as evidence for the hypothesis.

We argue that experiment 1 has high theoretical risk $P(\neg E_1|\neg H)$ and high 283 detectability $P(E_1|H)$. If "insight" has nothing to do with solving the problem $(\neg H)$, then 284 presenting the insight that Roman numerals can be used should not lead to all students 285 solving the problem $(\neg E_1)$; the experiment, therefore, has high theoretical risk 286 $P(\neg E_1|\neg H)$. Conversely, if insight is required to solve the problem (H), then it is likely to 287 help all students to solve the problem (E_1) , the experiment, therefore, has high 288 detectability $P(E_1|H)$. The second experiment, on the other hand, has low theoretical risk $P(\neg E_2|\neg H)$. Even if "insight" has nothing to do with solving the problem $(\neg H)$, there are other plausible reasons for observing the evidence (E_2) , because the students could simply copy the solution without having any insight. With regard to detectability, experiments 1 292 and 2 differ in no obvious way. Experiment 3, however, also has low detectability. It is 293 unlikely that all students will come up with the correct solution in a short time (E_3) , even 294 if insight is required (H); experiment 3 therefore has low detectability $P(E_3|H)$. The 295 theoretical risk, however, is also low in absolute terms, but high compared to the 296 detectability (statistical relevancy condition is satisfied). In the unlikely event that all 10 297

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students place their matches to form the Roman numeral VIII (E_3) , it is probably due to insight (H) and not by chance $P(\neg E_3|\neg H)$). Of course, in practice, we would allow the evidence to be probabilistic, e.g., relax the requirement of "all students" to nine out of ten students, more than eight, and so forth.

As mentioned earlier, the we restrict ourselves to binary evidence, to keep the mathematical notation as simple as possible. We discuss the relation between statistical methods and theoretical risk in the Statistical Methods section.

Preregistration as a means to increase theoretical risk?

Having discussed that increasing the theoretical risk will increase the epistemic value, it is intuitive to task preregistration with maximizing theoretical risk, i.e., a confirmatory research agenda. Indeed, limiting the type-I error rate is commonly stated as the central goal of preregistration (Nosek et al., 2018; Oberauer, 2019; Rubin, 2020). We argue that while such a conclusion is plausible, we must first consider at least two constraints that place an upper bound on the theoretical risk.

First, the theory itself limits theoretical risk: Some theories simply do not make 312 risky predictions, and preregistration will not change that. Consider the case of a 313 researcher contemplating the relation between two sets of variables. Suppose each set is 314 separately well studied, and strong theories tell the researcher how the variables within the 315 set relate. However, our imaginary researcher now considers the relation between these two 316 sets. For lack of a better theory, they assume that some relation between any variables of 317 the two sets exists. This is not a risky prediction to make in psychology (Orben & Lakens, 318 2020). However, we would consider it a success if the researcher would use the evidence 319 from this rather exploratory study to develop a more precise (and therefore risky) theory, 320 e.g., by using the results to specify which variables from one set relate to which variables 321 from the other set, to what extent, in which direction, with which functional shape, etc., to 322 be able to make riskier predictions in the future. We will later show that preregistration 323

increases the degree of belief in the further specified theory, though it remains low till
being substantiated by testing the theory again. This is because preregistration increases
the expected epistemic value regardless of the theory being tested, as we will show.

Second, available resources limit theoretical risk. Increasing theoretical risk $P(\neg E|\neg H)$ will usually decrease detectability P(E|H) unless more resources are invested. This is similar to the well known tradeoff between type-I error rate and statistical power. 329 Tasking preregistration with an increase in theoretical risk makes it difficult to balance this 330 trade-off. Mindlessly maximizing theoretical risk would either never produce evidence or 331 require huge amounts of resources. As noted before, we strive for high detectability and 332 high theoretical risk in planning, conducting, and analyzing studies. Maximizing one at the 333 expense of the other is not necessarily beneficial for increasing epistemic value but depends 334 on the specific function they apply to judge evidence and their specific location on the 335 curve. One advantage of our framework is that researchers can employ it to balance the 336 trade-off more effectively assuming they are willing to make some simplifying assumptions. 337

Uncertainty about theoretical risk

We have established that higher theoretical risk leads to more persuasive evidence.

In other words, we have reconstructed the interpretation that preregistrations supposedly
work by restricting the researchers, which in turn increases the theoretical risk (or
equivalently limits the type-I error rate) and thereby creates more compelling evidence.

Nevertheless, there are trade-offs for increasing theoretical risk. Employing a mathematical
framework allows us to navigate the trade-offs more effectively and move towards a second,
more favorable interpretation. To that end, we incorporate uncertainty about theoretical
risk into our framework.

Statistical methods

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One widely known factor is the contribution of statistical methods to theoretical risk. Theoretical risk $P(\neg E|\neg H)$ is deeply connected with statistical methods, because it is

related to the type-I error rate in statistical hypothesis testing $P(E|\neg H)$ by 350 $P(\neg E|\neg H)=1-P(E|\neg H),$ if you consider the overly simplistic case where the research 351 hypothesis is equal to the statistical alternative-hypothesis because then the nill-hypothesis 352 is $\neg H$. Because many researchers are familiar with the type-I error rate, it can be helpful 353 to remember this connection to theoretical risk. Researchers who choose a smaller type-I 354 error rate can be more sure of their results, if significant, because the theoretical risk is 355 higher. However, this connection should not be overinterpreted for two reasons. First, 356 according to most interpretations of null hypothesis testing, the absence of a significant 357 result should not generally be interpreted as evidence against the hypothesis (Mayo, 2018, 358 p. 5.3). Second, the research hypothesis rarely equals the statistical alternative hypothesis 359 (most research hypothesis are more specific then "any value except zero"). In fact, it is 360 entirely possible to assume the null hypothesis as a research hypothesis, as is commonly done in e.g., structural equation modelling, where the roles of detectability, theoretical risk and type-I/II error rate switch. We argue that theoretical risk (and hence its complement, $P(E|\neg H)$) also encompasses factors outside the statistical realm, most notably the study design and broader analytical strategies. Type-I error rate is the property of a statistical 365 test under some assumptions, whereas theoretical risk is a researchers' belief. One may 366 take such theoretical properties as a first starting point to form a substantive belief but 367 surely researchers ought to take other factors into consideration. For example, if a 368 researcher believes that there might be confounding variables at play for the relation 369 between two variables, this should decrease theorethical risk; after all they might find an 370 association purely on account of the confounders. 371

Statistical methods stand out among these factors because we have a large and
well-understood toolbox for assessing and controlling their contribution to theoretical risk.
Examples of our ability to exert this control are the choice of type-I error rate, adjustments
for multiple testing, the use of corrected fit measures (i.e., adjusted R²), information
criteria, or cross-validation in machine learning. These tools help us account for biases in

statistical methods that influence theoretical risk (and hence, $P(E|\neg H)$).

The point is that the contribution of statistical methods to theoretical risk can be
formally assessed. For many statistical models it can be analytically computed under some
assumptions. For those models or assumptions where this is impossible, one can employ
Monte Carlo simulation to estimate the contribution to theoretical risk. The precision with
which statisticians can discuss contributions to theoretical risk has lured the community
concerned with research methods into ignoring other factors that are much more uncertain.
We cannot hope to resolve this uncertainty; but we have to be aware of its implications.
These are presented in the following.

386 Sources of uncertainty

As we have noted, it is possible to quantify how statistical models affect the 387 theoretical risk based on mathematical considerations and simulation. However, other 388 factors in the broader context of a study are much harder to quantify. If one chooses to 389 focus only on the contribution of statistical methods to theoretical risk, one is bound to 390 overestimate it. Take, for example, a t-test of mean differences in two samples. Under ideal 391 circumstances (assumption of independence, normality of residuals, equal variance), it 392 stays true to its type-I error rate. However, researchers may do many very reasonable things in the broader context of the study that affect theoretical risk: They might exclude outliers, choose to drop an item before computing a sum score, broaden their definition of the population to be sampled, translate their questionnaires into a different language, 396 impute missing values, switch between different estimators of the pooled variance, or any 397 number of other things. All of these decisions carry a small risk that they will increase the 398 likelihood of obtaining evidence despite the underlying research hypothesis being false. 399 Even if the t-test itself perfectly maintains its type I error rate, these factors influence 400 $P(E|\neg H)$. While, in theory, these factors may leave $P(E|\neg H)$ unaffected or even decrease 401 it, we argue that this is not the case in practice. Whether researchers want to or not, they

continuously process information about how the study is going, except under strict
blinding. While one can hope that processing this information does not affect their
decision-making either way, this cannot be ascertained. Therefore, we conclude that
statistical properties only guarantee a lower bound for theoretical risk. The only thing we
can conclude with some certainty is that theoretical risk is not higher than what the
statistical model guarantees without knowledge about the other factors at play.

The effects of uncertainty

Before we ask how preregistration influences this uncertainty, we must consider the 410 implications of being uncertain about the theoretical risk. Within the Bayesian framework, this is both straightforward and insightful. Let us assume a researcher is reading a study from another lab and tries to decide whether and how much the presented results confirm the hypothesis. As the researcher did not conduct the study (and the study is not 414 preregistered), they can not be certain about the various factors influencing theoretical risk 415 (researcher degrees of freedom). We therefore express this uncertainty about the theoretical 416 risk as a probability distribution Q of $P(E|\neg H)$ (remember that $P(E|\neg H)$ is related to 417 theoretical risk by $P(E|\neg H) = 1 - P(\neg E|\neg H)$, so it does not matter whether we consider 418 the distribution of theoretical risk or $P(E|\neg H)$). To get the expected value of P(H|E)419 that follows from the researchers' uncertainty about the theoretical risk, we can compute 420 the expectation using Bayes theorem: 421

$$\mathbb{E}_{Q}[P(H|E)] = \mathbb{E}_{Q}\left[\frac{P(H)P(E|H)}{P(H)P(E|H) + P(\neg H)P(E|\neg H)}\right] \tag{3}$$

Of course, the assigned probabilities and the distribution Q vary from study to study and researcher to researcher (and even the measure of confirmation), but we can illustrate the effect of uncertainty with an example. Assuming P(E|H) = 0.8 (relective of the typically strived for power of 80%). Let us further assume that the tested hypothesis is considered unlikely to be true by the research community before the study is conducted (P(H) = 0.1) and assign a uniform distribution for $P(E|\neg H) \sim U([1-\tau,1])$ where τ is set to $1-\alpha$, reflecting our assumption that this term gives an upper bound for theoretical risk $P(\neg E|\neg H)$. We chose this uniform distribution as it is the maximum entropy distribution with support $[1-\tau,1]$ and hence conforms to our Bayesian framework (Giffin & Caticha, 2007).

With this, we derive the expected value of P(H|E) as

$$\mathbb{E}_{Q}[P(H|E)] = \mathbb{E}_{Q}\left[\frac{P(H)P(E|H)}{P(H)P(E|H) + P(\neg H)P(E|\neg H)}\right] \tag{4}$$

$$= \int_{[1-\tau,1]} \tau^{-1} \frac{P(H)P(E|H)}{P(H)P(E|H) + P(\neg H)P(E|\neg H)} \, \mathrm{d}P(E|\neg H) \tag{5}$$

$$=\frac{P(H)P(E|H)}{P(\neg H)\tau}\ln\left(\frac{P(H)P(E|H)+P(\neg H)}{P(H)P(E|H)+P(\neg H)(1-\tau)}\right) \tag{6}$$

Figure 1 shows exemplary the effect of theoretical risk (x-axis) on the posterior
probability (y-axis) being certain (solid line) or uncertain (dashed line) about the
theoretical risk of a study. Our expectation of the gained epistemic value varies
considerably depending on how uncertain we are about the theoretical risk a study took on.
Mathematically, uncertainty about theoretical risk is expressed through the variance (or
rather entropy) of the distribution. The increase in uncertainty (expressed as more entropic
distributions) leads to a decreased expected epistemic value.

The argument for a confirmatory research agenda is that by increasing theoretical risk we increase expected epistemic value, i.e., moving to the right on the x-axis in Figure 1 increases posterior probability (on the y-axis). However, if a hypothesis in a certain study has low theoretical risk, there is not much researchers can do about it. However, studies do not only differ by how high the theoretical risk is but also by how certain the recipient is about the theoretical risk. A study that has a very high theoretical risk (e.g., 1.00% chance that if the hypothesis is wrong, evidence in its favor will be observed,) but has also



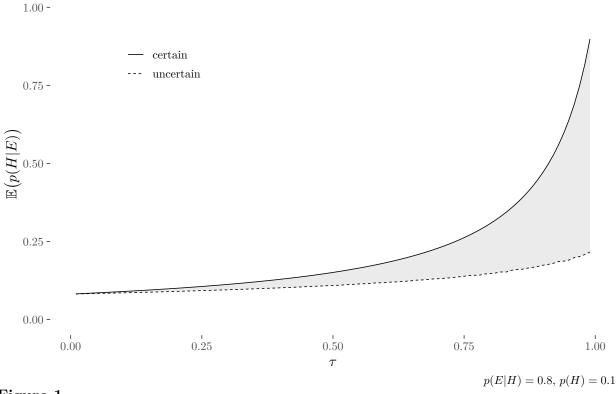
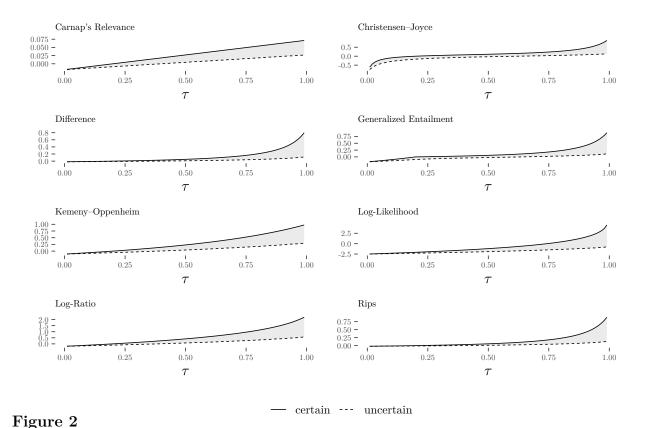


Figure 1

Posterior probability (confirmation as firmness) as a function of theoretical risk τ , where τ is either certain (solid line) or maximally uncertain (dotted line).

maximum uncertainty will result in a posterior probability of 22%, while the same study with maximum certainty will result in 90% posterior probability. The other factors (detectability, prior beliefs, measure of epistemic value) and, therefore, the extent of the benefit varies, of course, with the specifics of the study. Crucially, even studies with some exploratory aspects benefit from preregistration, e.g., in this scenario with a $\tau = 0.80$ (false positive rate of 0.20) moving from uncertain to certain increases the posterior from 0.15 to 0.31. We find it helpful to calculate some example because of the nonlinear nature of the evidence functions.



Several measures for confirmation as an increase in firmness as a function of τ , where τ is either certain (solid line) or maximally uncertain (dotted line). Measure taken from Sprenger and Hartmann (2019), Table 1.3, p. 51.

Preregistration as a means to decrease uncertainty about the theoretical risk

We hope to have persuaded the reader to accept two arguments: First, the
theoretical risk is important for judging evidential support for theories. Second, the
theoretical risk is inherently uncertain, and the degree of uncertainty diminishes the
persuasiveness of the gathered evidence. The third and last argument is that
preregistrations reduce this uncertainty. Following the last argument, a preregistered study
is represented by the solid line (certainty about theoretical risk), and a study that was not
preregistered is more similar to the dashed line (maximally uncertain about theoretical
risk) in Figure 1 and Figure 2.

Let us recall our three assumptions:

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- 1. Researchers judge the evidence for or against a hypothesis rationally.
- 2. They expect other researchers to apply a similar rational process.
 - 3. Researchers try to maximize the expected epistemic value for other researchers.

The point we make with these assumptions is that researchers aim to persuade 467 other researchers, for example, the readers of their articles. Not only the original authors 468 are concerned with the process of weighing evidence for or against a theory but really the 460 whole scientific community the study authors hope to persuade. Unfortunately, readers of a 470 scientific article (or, more generally, any consumer of a research product) will likely lack 471 insight into the various factors that influence theoretical risk. While the authors 472 themselves may have a clear picture of what they did and how it might have influenced the theoretical risk they took, their readers have much greater uncertainty about these factors. 474 In particular, they never know which relevant factors the authors of a given article failed to 475 disclose, be it intentionally or not. From the perspective of the ultimate skeptic, they may claim maximum uncertainty.

Communicating clearly how authors of a scientific report collected their data and 478 consequently analyzed it to arrive at the evidence they present is crucial for judging the 479 theoretical risk they took. Preregistrations are ideal for communicating just that because 480 any description after the fact is prone to be incomplete. For instance, the authors could 481 have opted for selective reporting, that is, they decided to exclude a number of analytic 482 strategies they tried out. That is not to say that every study that was not-preregistered was subjected to practices of questionable research practices. The point is that we cannot exclude it with certainty. This uncertainty is drastically reduced if the researchers have 485 described what they intended to do beforehand and then report that they did exactly that. In that case, readers can be certain they received a complete account of the situation. 487 They still might be uncertain about the actual theoretical risk the authors took, but to a

much smaller extent than if the study would not have been preregistered.

The remaining sources of uncertainty might be unfamiliarity with statistical
methods or experimental paradigms used, the probability of an implementation error in the
statistical analyses, a bug in the software used for analyses, etc. To further reduce the
uncertainty about theoretical risk, researchers must therefore publish code and ideally data.
After all, computational reproducibility is only possible if the data analytic procedure was
communicated clearly enough to allow others to retrace the computational steps (Peikert &
Brandmaier, 2021).

In any case, a well-written preregistration should aim to reduce the uncertainty
about the theoretical risk and hence increase the persuasiveness of evidence. Therefore, a
study that perfectly adhered to its preregistration will resemble the solid line in Figure 1/2.
Crucially, perfect means here that the theoretical risk can be judged with low uncertainty,
not that the theoretical risk is necessarily high.

Hacking, harking, and other harms

The importance of distinguishing between low and highly uncertain theoretical risk becomes perhaps clearer if we consider a few hypothetical cases for illustration.

- 1. We know with absolute certainty that reported results came about by p-hacking.
- 2. A hypothesis was picked to explain reported results after the fact (HARKing, Kerr, 1998).
 - 3. We cannot exclude the possibility of p-hacking having led to the reported results.
- 4. Reported results were obtained by planned exploration.

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5. Reported results were obtained by unplanned exploration.

In case 1, there is no theoretical risk $(P(\neg E|\neg H) = 0)$. If we know that the results will be engineered to support the hypothesis no matter what, there is no reason to collect data. A prime example of this case is the $p_{\text{pointless}}$ metric (Hussey, 2021). Case 2 has a

similar problem. After all, the hypothesis that it had to happen the way it did happen is 514 irrefutable. In fact, both cases should be problematic to anyone who subscribes to the 515 statistical relevancy condition because if we choose the hypothesis in accordance with the 516 data or vice versa, without restrictions, they are not related anymore (i.e., observing the 517 data does not tell us anything about the hypothesis and the other way around). Case 3, is 518 different since here the theoretical risk is not necessarily low but simply uncertain (and 510 perhaps best represented by the dotted line in Figure 1/2). In case 4, the theoretical risk is 520 neither zero (unless the researcher plans to do run variations of analyses until a favourable 521 outcome is obtained, then we have a particular instance case of 1) nor high (as this is the 522 nature of exploratory approaches). However, we can take advantage of computational 523 reproducibility, use statistical properties, simulation or resampling methods, together with 524 scientific reasoning, to get a reasonably certain evaluation of the theoretical risk and hence are in a somewhat favourable position (i.e., close to the solid line in n Figure 1/2). This favorable position leads us to recommend preregistration of exploratory studies. Case 5 shares the neither zero nor high theoretical risk of case 4 but has additional uncertainty 528 about how much exploration was going on (how hard did researcher try to come up with 520 favourable results). Its low theoretical risk combined with high uncertainty about it, make it difficult to produce compelling evidence. 531

532 Discussion

To summarize, we showed that both higher theoretical risk and lower uncertainty
about theoretical risk lead to higher expected epistemic value across a variety of measures.
The former result that increasing theoretical risk leads to higher expected epistemic value
reconstructs the appeal and central goal of preregistration of confirmatory research
agendas. However, theoretical risk is something researchers have only limited control over.
For example, theories are often vague and ill-defined, resources are limited, and increasing
theoretical risk usually decreases detectability of a hypothesized effect (a special instance of
this trade-off is the well-known tension between type-I error and statistical power). While

we believe that preregistration is always beneficial, it might be counterproductive to pursue high theoretical risk if the research context is inappropriate for strictly confirmatory research. Specifically, appropriateness here entails the development of precise theories and the availability of necessary resources (often, large enough sample size, but also see Brandmaier et al. (2015)) to adequately balance detectability against theoretical risk.

In terms of preparing the conditions for confirmatory research, preregistration may 546 at most help to invest some time into developing more specific, hence riskier, implications 547 of a theory. But for a confirmatory science, it will not be enough to preregister all studies. 548 This undertaking requires action from the whole research community (Lishner, 2015). 549 Incentive structures must be created to evaluate not the outcomes of a study but the rigor 550 with which it was conducted (Cagan, 2013; Schönbrodt et al., 2022). Journal editors could 551 encourage theoretical developments that allow for precise predictions that will be tested by 552 other researchers and be willing to accept registered reports (Fried, 2020a, 2020b; van 553 Rooij & Baggio, 2021, 2020). Funding agencies should demand an explicit statement about 554 theoretical risk in relation to detectability and must be willing to provide the necessary 555 resources to reach adequate levels of both (Koole & Lakens, 2012). 556

Theoretical risk may conceptually be related to the conceptual framework of 557 "severity" (Mayo, 2018; Mayo & Spanos, 2011). However, there are crucial differences 558 between the two. First, our perspective on theoretical risk is not primarily concerned with 559 avoiding inductive reasoning but with subjective changes of belief. This is important 560 because, while severity is calculable, it remains unclear how severity should be valued, 561 e.g. if an increase in severity from .80 to .81 should be as impressive as from .99 to .999. 562 Second, severity considerations are mainly after the fact. Severity, a measure with which 563 we can rule out alternative explanations, can only be calculated after evidence was 564 observed. However, there also are communalities, like the strong emphasis on 565 counterfactual consideration (imagining the hypothesis was false), and there are even 566

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proposals to reconcile Bayesian and severity considerations (van Dongen et al., 2023). 567

Our latter result, on the importance of preregistration for minimizing uncertainty, 568 has two important implications. The first is, that even if all imaginable actions regarding promoting higher theoretical risk are taken, confirmatory research should be preregistered. Otherwise, the uncertainty about the theoretical risk will diminish the advantage of confirmatory research. Second, even under less-than-ideal circumstances for confirmatory 572 research, preregistration is beneficial. Preregistering exploratory studies increases the 573 expected epistemic value by virtue of reducing uncertainty about theoretical risk. 574 Nevertheless, exploratory studies will have a lower expected epistemic value than a more 575 confirmatory study if both are preregistered and have equal detectability. 576

Focusing on uncertainty reduction also explains two common practices of preregistration that do not align with a confirmatory research agenda. First, researchers seldomly predict precise numerical outcomes, instead they use preregistrations to describe the process that generates the results. Precise predictions would have very high theoretical risk (they are likely incorrect if the theory is wrong). A statistical procedure may have high or low theoretical risk depending on the specifics of the model used. Specifying the process, therefore, is in line with the rationale we propose here, but is less reasonable when the goal 583 of preregistration is supposed to be a strictly confirmatory research agenda.

Second, researchers often have to deviate from the preregistration and make 585 data-dependent decisions after the preregistration. If the only goal of preregistration is to 586 ensure confirmatory research, such changes are not justifiable. However, under our rational, some changes may be justified. Any change increases the uncertainty about the theoretical 588 risk and may even decrease the theoretical risk. The changes still may be worthwhile if the 580 negative outcomes may be offset by an increase in detectability due to the change. 590 Consider a preregistration that failed to specify how to handle missing values, and 591 researchers subsequently encountering missing values. In such case, detectability becomes 592

zero because the data cannot be analyzed without a post-hoc decision about how to handle 593 the missing data. Any such decision would constitute a deviation from the preregistration, 594 which is possible under our proposed objective. Note that a reader cannot rule out that the 595 researchers leveraged the decision to decrease theoretical risk, i.e., picking among all 596 options the one that delivers the most beneficial results for the theory (in the previous 597 example, chosing between various options of handling missing values). Whatever decision 598 they make, increased uncertainty about the theoretical risk is inevitable and the expected 590 epistemic value is decreased compared to a world where they anticipated the need to deal 600 with missing data. However, it is still justified to deviate. After all they have not 601 anticipated the case and are left with a detectability of zero. Any decision will increase 602 detectability to a non-zero value offsetting the increase in uncertainty. The researchers also 603 may do their best to argue that the deviation was not motivated by increasing theoretical risk, thereby, decreasing the uncertainty. Ideally, there is a default decision that fits well with the theory or with the study design. Or, if there is no obvious candidate, the researchers could conduct a multiverse analysis of the available options to deal with 607 missings to show the influence of the decision (Steegen et al., 2016). 608

As explained above, reduction in uncertainty as the objective for preregistration 600 does not only explain some existing practice, that does not align with confirmation as a 610 goal, it also allows to form recommendations to improve the practice of preregistration. 611 Importantly, we now have a theoretical measure to gauge the functionality of 612 preregistrations, which can only help increase its utility. In particular, a preregistration 613 should be specific about the procedure that is intended to generate evidence for a theory. Such a procedure may accommodate a wide range of possible data, i.e., it may be 615 exploratory. The theoretical risk, however low, must be communicated clearly. Parts of the 616 process left unspecified imply uncertainty, which preregistration should reduce. However, 617 specifying procedures that can be expected to fail will lead to deviation and, subsequently, 618 to larger uncertainty. 610

Our emphasis on transparency aligns with other justifications of preregistration, 620 especially those put forth by Lakens (2019)'s, although based on quite different 621 philosophical foundations. Our goal is to contribute a rationale that more comprehensively 622 captures the spectrum of exploration and confirmation in relation to preregistrations, 623 post-hoc changes of preregistrations, and subjective evaluations of evidence. We find it 624 difficult to content ourselves with vague terms like "control" or "transparency" if they 625 ultimately remain unconnected to how much researchers believe in a theory. Within our 626 framework, researchers have the ability to input their assumptions regarding the 627 perspectives of other researchers and calculate the potential impact of their actions on their 628 readership, whether these actions relate to study design, to the preregistration itself, or 629 subsequent deviations from it. We put subjective evaluations at the centre of our 630 consideration; we deal explicitly with researchers who are proponents of some theory (they have higher priors for the theory being true), researchers who suspect confounding variables (they assume lower theoretical risk), or those who remain doubtful if everything relevant was reported (they have higher uncertainty about theoretical risk) or even those who place 634 greater value on incongruent evidence then others (they differ in their confirmation 635 function). We, therefore, hope to not only provide a rationale for preregistration for those 636 who subscribe to a Bayesian philosophy of science but also a framework to navigate the 637 complicated questions that arise in the practice of preregistration. 638

At the same time, approaching the evaluation of evidence using a Bayesian formalism is far from novel Fiedler (2017). To our knowledge, it was not yet applied to the problem of preregistration. However, Oberauer and Lewandowsky (2019) made use of the formalism to model the relation between theory, hypothesis, and evidence. In the context of this conceptualization, they discussed the usefulness of preregistration, though without applying the formalism there. Most importantly, they are rather critical of the idea that preregistration has tangible benefits. Instead, they prefer multiverse analyses but contend that those could be preregistered if one fancies it. Their reasoning is based on two intuitions

about what should not influence the evaluation of evidence: temporal order and the mental 647 state of the originator. For one, they disregard the temporal order a bit too hastily, as it is 648 a long-standing issue in Bayesian philosophy of science known as the "problem of old 649 evidence" (Chihara, 1987). However, we agree that the information flow matters for 650 preregistration, not the temporal order. For the other, we argue that the mental state of 651 the originator does matter. Suppose there are k = 1, 2, ..., K ways to analyze data. Where 652 each k has a $P(E_k|\neg H) > 0$. If they intend to try each way after another but happen to be 653 "lucky" on the first try and stop, should we then apply $P(\neg E|\neg H) = P(\neg E_1|\neg H)$ or 654 $P(\neg E|\neg H) = \prod_{k=1}^K P(\neg E_k|\neg H)?$ We think the latter. However, this "Defeatist" intuition 655 is not universally warranted and depends on what we take H to mean specifically (Kotzen, 656 2013). Addressing, this problem might benefit from combining Oberauer and Lewandowsky (2019)'s idea of updating on two nested levels (theory-hypothesis layered on top of hypothesis-evidence) with our approach to modelling uncertainty.

Whatever the difference in evaluating preregistration as a tool, maybe conceptually 660 more profound is that Oberauer and Lewandowsky (2019) conceptualizes 661 "discovery-oriented research" differently than we do "exploratory". They assume the same 662 theoretical risk $(P(\neg E|\neg H) = .05)$ and detectability (P(E|H)) = .8) in their calculation 663 example as we do but assign different prior probabilities, namely .06 for discovery versus .6 664 for theory testing. Then, they conclude that discovery-oriented researcher requires a much lower type-I error rate to control false positive in light of the low prior probability. This runs counter to our definition of exploratory research having low theoretical risk. Of course, we agree that low priors require more persuasive evidence; our disagreement, therefore, lies 668 mainly in terminology. They imagine discovery-oriented researchers to conduct 669 experiments where they have low expectations that they obtain positive evidence 670 $(.06 \cdot .8 + .94 \cdot .05 = 0.095)$, but if they do, it raises the posterior significantly (from .06 to 671 .51) In our view, researchers who set out to explore a data set often find "something" (due 672 to low $P(\neg E|\neg H)$; therefore, it should only slightly raise your posterior if they do. On a 673

substantive matter, we believe both kinds of research are common in psychology. It is, therefore, mostly a disagreement on terminology. This disagreement only highlights why using a mathematical framework to investigate such things is so useful and ultimately indispensable because we can clearly see where and how we differ in our reasoning.

We believe that our reasoning is quite similar to Höfler et al. (2022), who call for 678 transparent exploration using preregistration. We could be surer of our agreement, if they 679 had formulated their arguments within a mathematical framework, which would also have 680 helped to dissolve an apparent conflict in their definitions of confirmation, exploration, and 681 transparency. On the one hand, they define "The principle difference between confirmation 682 and exploration is that confirmation adheres to an evidential norm for the test of a 683 hypothesis to pass.", but then suggest that transparent exploration can be conducted using 684 inferences tests as a filtering mechanism. Their distinction between confirmation, 685 intransparent and transparent exploration are otherwise just as well placed along the 686 dimensions, theoretical risk and uncertainty about theoretical risk. 687

With the goal to facilitate rigorous exploration, we have proposed a workflow for 688 preregistration called preregistration as code (PAC) elsewhere (Peikert et al., 2021). In a 689 PAC, researchers use computer code for the planned analysis as well as a verbal description 690 of theory and methods for the preregistration. This combination is facilitated by dynamic 691 document generation, where the results of the code, such as numbers, figures, and tables, 692 are inserted automatically into the document. The idea is that the preregistration already 693 contains "mock results" based on simulated or pilot data, which are replaced after the 694 actual study data becomes available. Such an approach dissolves the distinction between 695 the preregistration document and the final scientific report. Instead of separate documents, 696 preregistration, and final report are different versions of the same underlying dynamic 697 document. Deviations from the preregistration can therefore be clearly (and if necessary, 698 automatically) isolated, highlighted, and inspected using version control. Crucially, because 699

the preregistration contains code, it may accommodate many different data patterns, i.e., it
may be exploratory. However, while a PAC does not limit the extent of exploration, it is
very specific about the probability to generate evidence even when the theory does not
hold (theoretical risk). Please note that while PAC is ideally suited to reduce uncertainty
about theoretical risk, other more traditional forms of preregistration are also able to
advance this goal.

Contrary to what is widely assumed about preregistration, a preregistration is not necessarily a seal of confirmatory research. Confirmatory research would almost always be less persuasive without preregistration, but in our view, preregistration primarily communicates the extent of confirmation, i.e., theoretical risk, of a study. Clearly communicating theoretical risk is important because it reduces the uncertainty and hence increases expected epistemic value.

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717 Declarations

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All code and materials required to reproduce this article are available under https://github.com/aaronpeikert/bayes-prereg (Peikert & Brandmaier, 2023a). The authors have no competing interests to declare that are relevant to the content of this article.

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