



## The Future Human Science

**Dr. and Master Zhi Gang Sha** is a world-renowned healer, Tao Grandmaster, philanthropist, humanitarian, and creator of Tao Calligraphy. He is an eleven-time *New York Times* bestselling author was honored with the prestigious Martin Luther King, Jr. Commemorative Commission Award for his humanitarian efforts.

**Dr. Rulin Xiu** is a Quantum Physicist and String Theorist. She earned her doctorate from UC Berkeley in 1994 and did post-doctoral research at Harvard University's Lyman Laboratory of Physics and the Houston Advanced Research Center.

# TAO SCIENCE

## The Science, Wisdom, and Practice of Creation and Grand Unification

By Dr. & Master Zhi Gang Sha and Dr. Rulin Xiu

Albert Einstein, Isaac Newton and Stephen Hawking have sought one ultimate, comprehensive theory that would explain all the fundamental particles and forces in the universe, how they were created, how they interact, and what their destiny is.

The answer to their questions has been the holy grail of science.

Sometimes called the Theory of Everything or the Grand Unification Theory, it is the dream to find the single, all-encompassing answer to the essence of life.

In their ground-breaking book, Dr. and Master Zhi Gang Sha and Dr. Rulin Xiu introduce how Tao Science is the science of the source and creation. This book not only introduces the fundamental theories of Tao Science; it also explains mathematically and scientifically how we are all part of one ever-evolving consciousness.

This book will benefit anyone who longs to live in complete love, peace, and harmony and in alignment with the universal laws and principles revealed in this book.

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The holy grail of science is the Grand Unified Theory, a "Theory of Everything" that completely explains our reality. Tao Science is the breakthrough science that provides the missing key in the search for the Grand Unified Theory.

In this ground-breaking book, renowned spiritual teacher and master, Dr. and Master Zhi Gang Sha, collaborates with quantum physicist and string theorist, Dr. Rulin Xiu, to introduce Tao Science.

Tao (道) is the Source of everyone and everything. Tao Science is the science of the source and creation. It is science that tells us what everyone and everything are made of, how everyone and everything are created, how everyone and everything interact, and much more.

Tao Science is the science of grand unification. It unifies science with spirituality at the most fundamental level. It unifies everyone, everything, and every aspect of our lives. This book will be eye-opening and mind-expanding for those who are interested in science and those who are interested in the spirit.

This book will benefit anyone who is willing to use the power of the spirit, the power of science, the power of love, the power of the universe, and the power of yourself to transform your life and the lives of others. This book will benefit anyone who longs to live in complete love, peace, and harmony and in alignment with the universal laws and principles revealed in this book.

Step into the universe of Tao Science. Tao Science is more than a theory. It is a practice. It is the way of life. You will never step back.

## Dr. and Master Zhi Gang Sha



An MD in China and a doctor of traditional Chinese medicine in China and Canada, Master Sha is the founder of the Institute of Soul Healing and Enlightenment™ and the Love Peace Harmony Foundation™, which is dedicated to helping families worldwide create happier and healthier lives.

As a grandmaster of many ancient disciplines, including tai chi, qigong, kung fu, feng shui, and the *I Ching*, Master Sha was named Qigong Master of the Year at the Fifth World Congress on Qigong. In 2006, he received rare and prestigious appointments as Shu Fa Jia (*National Chinese Calligrapher Master*) and Yan Jiu Yuan (*Honorable Researcher Professor*), the highest titles a Chinese calligrapher can receive, by the State Ethnic Academy of Painting in China. Bridging science and spirituality through Tao Science is a major step toward accomplishing his mission to bring love, peace, and harmony to humanity and Mother Earth.

## Dr. Rulin Xiu



Co-founder of Soul Mind Body Science System and Tao Science and co-author of the monumental book *Soul Mind Body Science System: Grand Unification Theory and Practice* with Master Zhi Gang Sha, Master Rulin Xiu, Ph.D works on the forefront of the breakthrough science to unify science and spirituality at the most fundamental level.

A quantum physicist and string theorist receiving her doctorate degree from UC Berkeley in 1994, Dr. Rulin Xiu worked on the grand unification theory for more than twenty years. Grand unification theory (GUT) is to use one mathematical formula to explain and understand everyone and everything.

For a long time she could not make the progress she really wanted to make on grand unification theory. After encountering Divine and meeting her spiritual teacher Master Zhi Gang Sha, she was finally able to fulfill her dream to obtain a solution for the grand unification theory she was happy with.

The grand unification theory she obtained with her spiritual teacher Master Zhi Gang Sha not only contributes to unifying all the forces, matter and space-time, it also provides a way to unify science with spirituality.

## WHAT IS TAO SCIENCE?

Tao is an ancient word that is used in Tao Science to mean the Source and Creator of everything. Tao Science is the science about creation and brings together profound ancient wisdom and contemporary science to explain the fundamental nature of life. Tao Science tells us what everyone and everything are made of, how everyone and everything are created, and how one can become a creator and a manifestor. Tao Science is a science of grand unification. It unifies science with spirituality, and every aspect of life, at the most fundamental level. Tao Science includes three laws: the Law of Shen (*soul, heart, mind*), Qi (*energy*), and Jing (*matter*), the Law of Karma, and the Law of Tao Yin Yang Creation.

## WHAT IS THE SIGNIFICANCE OF TAO SCIENCE FOR HUMANITY?

At this time when humanity faces the very serious issues of climate change, war, and widespread psychological problems and physical illnesses, the unification of science and spirituality is urgently needed. The great advancements in science and technology have also had negative effects, polluting Mother Earth and alienating humanity from our hearts and souls. As Albert Einstein stated, "Science without religion is lame, and religion without science is blind." We know that history has shown repeatedly that science without heart and soul can be dangerous.

Tao Science offers us a way to unite not only physical forces but also our souls, hearts, minds, and bodies. This understanding of the source of life, and of ourselves and our relationship to all of existence, can help us discover our greatest potential, our true power, and the deeper meaning

of our lives. Tao Science can help humanity evolve and reach higher levels of enlightenment.

Understanding the laws of Tao Science can help us manifest what we really want in life and enable us to help others to have better lives. Knowledge of the scientific basis for the ancient Tao wisdom that expresses the unity of all of life gives us the means to follow nature's way and to balance science and spirituality

## WHAT IS THE GRAND UNIFIED FIELD?

According to ancient Taoist wisdom, there is a Source that created Heaven, Earth, everyone, and everything. Their belief was that the secret to connecting with source was to bring soul, heart, mind, energy, and matter together as one. This profound insight opens the gate to finding the grand unified field that unites all of life. In physics, there has been a search for many years to create what is called the Theory of Everything. Physics addressed only the physical aspect of everything. Tao Science has brought together the discoveries of physics with the ancient Tao wisdom to understand the source of all of life, physical and spiritual.

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# Quotes From The Authors

## ON TAO:

"Tao is a universal practice, the Way of all life. Integrate Tao practice into daily life to have good health, harmonious relationships, and a flourishing life with more power, freedom, longevity, and even immortality." – *Master Sha*

"Tao is the ultimate Source. To reach Tao is to reach a state of complete freedom, love, power, bliss, and enlightenment, including moving toward immortality." – *Master Sha & Dr. Rulin Xiu*

## ON TAO SCIENCE:

"Understanding the secrets of creation is some of the highest wisdom, knowledge, and enlightenment that a human being can dream about. This wisdom and knowledge will not only empower us to become a powerful manifestor; more important, they are essential for liberating humanity from all kinds of illusion, suffering, limitation, lack, ignorance, and bondage. This wisdom of creation is the door to higher levels of consciousness and enlightenment."  
– *Master Sha and Dr. Rulin Xiu*

"Tao Science is the science about creation. It is to empower us to create the life we truly want. Tao Science is the science of grand unification. It brings grand unification to everyone and everything. Tao Science is the science to attain our higher life potentials and purpose. Tao Science is the science to gain greater abilities and powers. Tao Science is the science to reach enlightenment, immortality, and ultimate bliss and freedom." – *Master Sha and Dr. Rulin Xiu*

"The unification of science and spirituality is urgently needed. It will help save humanity from more suffering. It will take both science and spirituality to new heights. Our dream is that science and spirituality can join as one to enrich each other and uplift each other....Now more than ever, we need the Grand Unification Theory and Practice not only to unify the fundamental physical forces, but also to unify our souls,

hearts, minds, and bodies; to unify science with love and spirituality; and to unify humanity with nature, so we can live harmoniously with ourselves, each other, and our environment. More importantly, now is the time to transcend our human limitations, to connect and uplift each individual and humanity to the Divine, to our highest human potential and life purpose with more love, peace, harmony, joy, health, wisdom, beauty, abundance, and enlightenment in our lives."

– *Dr. Rulin Xiu*

## ON QUANTUM PHYSICS:

"Quantum physics is the physics about soul." – *Master Sha*

"Think of your life as a movie. Quantum physics tells us that what is in your life movie is actually manifested by your own actions, thoughts, intentions, speech, hearing, smelling, feeling, movement, and more. You are not only the observer and actor, but also the producer and director of your own life movie. You are the creator of your life!" – *Master Sha*

## ON THE GRAND UNIFIED FIELD:

"The grand unified field is the ultimate life source that nourishes, rejuvenates, and energizes everyone and everything."  
– *Master Sha and Dr. Rulin Xiu*

"At this moment, most of humanity remains at the level of consciousness that resources are limited. Therefore, one must struggle, compete, and fight with others for these resources. Most of humanity has not realized that unlimited information, energy, and matter are available to everyone right here and right now. We do not need to compete with anyone or fight with any group to obtain them. All we need to do is connect with the boundless grand unified field. All we would ever need, all we want, all we cannot imagine, and all we have ever dreamed of can come to us." – *Master Sha and Dr. Rulin Xiu*

"At the present moment, and in every moment, we have the choice to create the life we want." – *Master Sha and Dr. Rulin Xiu*

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