

Study	Patients with schizophrenia			Healthy controls			Standardised Mean Difference	SMD	95%–CI	Weight (fixed)	Weight (random)
	Total	Mean	SD	Total	Mean	SD					
Watanabe (2014)	52	10.89	2.3700	52	9.60	2.3600		0.54	[0.15; 0.93]	31.5%	30.6%
Cassidy (2019) – SCZ	33	16.17	1.8900	30	16.16	2.7400		0.00	[–0.49; 0.50]	19.8%	19.8%
Cassidy (2019) – CHR	25	15.47	1.8200	15	15.47	2.5900		0.00	[–0.64; 0.64]	11.8%	12.1%
Shibata (2008)	20	22.60	5.6000	34	19.60	3.8000		0.65	[0.08; 1.22]	15.0%	15.2%
Sasaki (2010)	23	22.60	5.1000	23	20.50	3.4000		0.48	[–0.11; 1.06]	14.0%	14.3%
Jalles (2020)	30	15.16	4.5200	8	13.26	2.5500		0.44	[–0.35; 1.23]	7.8%	8.1%
Fixed effect model	183			162				0.37	[0.15; 0.59]	100.0%	--
Random effects model								0.37	[0.14; 0.60]	--	100.0%
Heterogeneity: $I^2 = 4\%$, $\tau^2 = 0.0035$, $p = 0.39$											