

List of time zone abbreviations

This is a list of time zone abbreviations.

Abbr.	Name	UTC offset
ACDT	<u>Australian Central Daylight Saving Time</u>	<u>UTC+10:30</u>
ACST	<u>Australian Central Standard Time</u>	<u>UTC+09:30</u>
ACT	<u>Acre Time</u>	<u>UTC−05</u>
ACT	<u>ASEAN Common Time</u> (unofficial)	<u>UTC+06:30</u> – <u>UTC+09</u>
ACWST	<u>Australian Central Western Standard Time</u> (unofficial)	<u>UTC+08:45</u>
ADT	<u>Atlantic Daylight Time</u>	<u>UTC−03</u>
AEDT	<u>Australian Eastern Daylight Saving Time</u>	<u>UTC+11</u>
AEST	<u>Australian Eastern Standard Time</u>	<u>UTC+10</u>
AET	<u>Australian Eastern Time</u>	<u>UTC+10/UTC+11</u>
AFT	<u>Afghanistan Time</u>	<u>UTC+04:30</u>
AKDT	<u>Alaska Daylight Time</u>	<u>UTC−08</u>
AKST	<u>Alaska Standard Time</u>	<u>UTC−09</u>
ALMT	<u>Alma-Ata Time</u> ^[1]	<u>UTC+06</u>
AMST	<u>Amazon Summer Time</u> (Brazil) ^[2]	<u>UTC−03</u>
AMT	<u>Amazon Time</u> (Brazil) ^[3]	<u>UTC−04</u>
AMT	<u>Armenia Time</u>	<u>UTC+04</u>
ANAT	<u>Anadyr Time</u> ^[4]	<u>UTC+12</u>
AQTT	<u>Aqtobe Time</u> ^[5]	<u>UTC+05</u>
ART	<u>Argentina Time</u>	<u>UTC−03</u>
AST	<u>Arabia Standard Time</u>	<u>UTC+03</u>
AST	<u>Atlantic Standard Time</u>	<u>UTC−04</u>
AWST	<u>Australian Western Standard Time</u>	<u>UTC+08</u>
AZOST	<u>Azores Summer Time</u>	<u>UTC±00</u>
AZOT	<u>Azores Standard Time</u>	<u>UTC−01</u>
AZT	<u>Azerbaijan Time</u>	<u>UTC+04</u>
BDT	<u>Brunei Time</u>	<u>UTC+08</u>
BIOT	<u>British Indian Ocean Time</u>	<u>UTC+06</u>
BIT	<u>Baker Island Time</u>	<u>UTC−12</u>
BOT	<u>Bolivia Time</u>	<u>UTC−04</u>
BRST	<u>Brasília Summer Time</u>	<u>UTC−02</u>
BRT	<u>Brasília Time</u>	<u>UTC−03</u>
BST	<u>Bangladesh Standard Time</u>	<u>UTC+06</u>
BST	<u>Bougainville Standard Time</u> ^[6]	<u>UTC+11</u>
BST	<u>British Summer Time</u> (British Standard Time from Feb 1968 to Oct 1971)	<u>UTC+01</u>
BTT	<u>Bhutan Time</u>	<u>UTC+06</u>
CAT	<u>Central Africa Time</u>	<u>UTC+02</u>
CCT	<u>Cocos Islands Time</u>	<u>UTC+06:30</u>

CDT	<u>Central Daylight Time (North America)</u>	<u>UTC−05</u>
CDT	<u>Cuba Daylight Time</u> ^[7]	<u>UTC−04</u>
CEST	<u>Central European Summer Time (Cf. HAEC)</u>	<u>UTC+02</u>
CET	<u>Central European Time</u>	<u>UTC+01</u>
CHADT	<u>Chatham Daylight Time</u>	<u>UTC+13:45</u>
CHAST	<u>Chatham Standard Time</u>	<u>UTC+12:45</u>
CHOT	<u>Choibalsan Standard Time</u>	<u>UTC+08</u>
CHOST	<u>Choibalsan Summer Time</u>	<u>UTC+09</u>
CHST	<u>Chamorro Standard Time</u>	<u>UTC+10</u>
CHUT	<u>Chuuk Time</u>	<u>UTC+10</u>
CIST	<u>Clipperton Island Standard Time</u>	<u>UTC−08</u>
CIT	<u>Central Indonesia Time</u>	<u>UTC+08</u>
CKT	<u>Cook Island Time</u>	<u>UTC−10</u>
CLST	<u>Chile Summer Time</u>	<u>UTC−03</u>
CLT	<u>Chile Standard Time</u>	<u>UTC−04</u>
COST	<u>Colombia Summer Time</u>	<u>UTC−04</u>
COT	<u>Colombia Time</u>	<u>UTC−05</u>
CST	<u>Central Standard Time (North America)</u>	<u>UTC−06</u>
CST	<u>China Standard Time</u>	<u>UTC+08</u>
CST	<u>Cuba Standard Time</u>	<u>UTC−05</u>
CT	<u>China Time</u>	<u>UTC+08</u>
CVT	<u>Cape Verde Time</u>	<u>UTC−01</u>
CWST	<u>Central Western Standard Time (Australia) unofficial</u>	<u>UTC+08:45</u>
CXT	<u>Christmas Island Time</u>	<u>UTC+07</u>
DAVT	<u>Davis Time</u>	<u>UTC+07</u>
DDUT	<u>Dumont d'Urville Time</u>	<u>UTC+10</u>
DFT	AIX-specific equivalent of <u>Central European Time</u> ^[NB 1]	<u>UTC+01</u>
EASST	<u>Easter Island Summer Time</u>	<u>UTC−05</u>
EAST	<u>Easter Island Standard Time</u>	<u>UTC−06</u>
EAT	<u>East Africa Time</u>	<u>UTC+03</u>
ECT	<u>Eastern Caribbean Time (does not recognise DST)</u>	<u>UTC−04</u>
ECT	<u>Ecuador Time</u>	<u>UTC−05</u>
EDT	<u>Eastern Daylight Time (North America)</u>	<u>UTC−04</u>
EEST	<u>Eastern European Summer Time</u>	<u>UTC+03</u>
EET	<u>Eastern European Time</u>	<u>UTC+02</u>
EGST	<u>Eastern Greenland Summer Time</u>	<u>UTC±00</u>
EGT	<u>Eastern Greenland Time</u>	<u>UTC−01</u>
EIT	<u>Eastern Indonesian Time</u>	<u>UTC+09</u>

EST	<u>Eastern Standard Time (North America)</u>	<u>UTC−05</u>
FET	<u>Further-eastern European Time</u>	<u>UTC+03</u>
FJT	<u>Fiji Time</u>	<u>UTC+12</u>
FKST	<u>Falkland Islands Summer Time</u>	<u>UTC−03</u>
FKT	<u>Falkland Islands Time</u>	<u>UTC−04</u>
FNT	<u>Fernando de Noronha Time</u>	<u>UTC−02</u>
GALT	<u>Galápagos Time</u>	<u>UTC−06</u>
GAMT	<u>Gambier Islands Time</u>	<u>UTC−09</u>
GET	<u>Georgia Standard Time</u>	<u>UTC+04</u>
GFT	<u>French Guiana Time</u>	<u>UTC−03</u>
GILT	<u>Gilbert Island Time</u>	<u>UTC+12</u>
GIT	<u>Gambier Island Time</u>	<u>UTC−09</u>
GMT	<u>Greenwich Mean Time</u>	<u>UTC±00</u>
GST	<u>South Georgia and the South Sandwich Islands Time</u>	<u>UTC−02</u>
GST	<u>Gulf Standard Time</u>	<u>UTC+04</u>
GYT	<u>Guyana Time</u>	<u>UTC−04</u>
HDT	<u>Hawaii–Aleutian Daylight Time</u>	<u>UTC−09</u>
HAEC	<u>Heure Avancée d'Europe Centrale</u> French-language name for CEST	<u>UTC+02</u>
HST	<u>Hawaii–Aleutian Standard Time</u>	<u>UTC−10</u>
HKT	<u>Hong Kong Time</u>	<u>UTC+08</u>
HMT	<u>Heard and McDonald Islands Time</u>	<u>UTC+05</u>
HOVST	<u>Hovd Summer Time</u> <i>(not used from 2017-present)</i>	<u>UTC+08</u>
HOVT	<u>Hovd Time</u>	<u>UTC+07</u>
ICT	<u>Indochina Time</u>	<u>UTC+07</u>
IDLW	<u>International Day Line West time zone</u>	<u>UTC−12</u>
IDT	<u>Israel Daylight Time</u>	<u>UTC+03</u>
IOT	<u>Indian Ocean Time</u>	<u>UTC+03</u>
IRDT	<u>Iran Daylight Time</u>	<u>UTC+04:30</u>
IRKT	<u>Irkutsk Time</u>	<u>UTC+08</u>
IRST	<u>Iran Standard Time</u>	<u>UTC+03:30</u>
IST	<u>Indian Standard Time</u>	<u>UTC+05:30</u>
IST	<u>Irish Standard Time</u> ^[8]	<u>UTC+01</u>
IST	<u>Israel Standard Time</u>	<u>UTC+02</u>
JST	<u>Japan Standard Time</u>	<u>UTC+09</u>
KALT	<u>Kaliningrad Time</u>	<u>UTC+02</u>
KGST	<u>Kyrgyzstan Time</u>	<u>UTC+06</u>
KOST	<u>Kosrae Time</u>	<u>UTC+11</u>
KRAT	<u>Krasnoyarsk Time</u>	<u>UTC+07</u>

KST	Korea Standard Time	UTC+09
LHST	Lord Howe Standard Time	UTC+10:30
LHST	Lord Howe Summer Time	UTC+11
LINT	Line Islands Time	UTC+14
MAGT	Magadan Time	UTC+12
MART	Marquesas Islands Time	UTC−09:30
MAWT	Mawson Station Time	UTC+05
MDT	Mountain Daylight Time (North America)	UTC−06
MET	Middle European Time Same zone as CET	UTC+01
MEST	Middle European Summer Time Same zone as CEST	UTC+02
MHT	Marshall Islands Time	UTC+12
MIST	Macquarie Island Station Time	UTC+11
MIT	Marquesas Islands Time	UTC−09:30
MMT	Myanmar Standard Time	UTC+06:30
MSK	Moscow Time	UTC+03
MST	Malaysia Standard Time	UTC+08
MST	Mountain Standard Time (North America)	UTC−07
MUT	Mauritius Time	UTC+04
MVT	Maldives Time	UTC+05
MYT	Malaysia Time	UTC+08
NCT	New Caledonia Time	UTC+11
NDT	Newfoundland Daylight Time	UTC−02:30
NFT	Norfolk Island Time	UTC+11
NOVT	Novosibirsk Time ^[9]	UTC+07
NPT	Nepal Time	UTC+05:45
NST	Newfoundland Standard Time	UTC−03:30
NT	Newfoundland Time	UTC−03:30
NUT	Niue Time	UTC−11
NZDT	New Zealand Daylight Time	UTC+13
NZST	New Zealand Standard Time	UTC+12
OMST	Omsk Time	UTC+06
ORAT	Oral Time	UTC+05
PDT	Pacific Daylight Time (North America)	UTC−07
PET	Peru Time	UTC−05
PETT	Kamchatka Time	UTC+12
PGT	Papua New Guinea Time	UTC+10
PHOT	Phoenix Island Time	UTC+13
PHT	Philippine Time	UTC+08

PKT	Pakistan Standard Time	UTC+05
PMDT	Saint Pierre and Miquelon Daylight Time	UTC−02
PMST	Saint Pierre and Miquelon Standard Time	UTC−03
PONT	Pohnpei Standard Time	UTC+11
PST	Pacific Standard Time (North America)	UTC−08
PST	Philippine Standard Time	UTC+08
PYST	Paraguay Summer Time ^[10]	UTC−03
PYT	Paraguay Time ^[11]	UTC−04
RET	Réunion Time	UTC+04
ROTT	Rothera Research Station Time	UTC−03
SAKT	Sakhalin Island Time	UTC+11
SAMT	Samara Time	UTC+04
SAST	South African Standard Time	UTC+02
SBT	Solomon Islands Time	UTC+11
SCT	Seychelles Time	UTC+04
SDT	Samoa Daylight Time	UTC−10
SGT	Singapore Time	UTC+08
SLST	Sri Lanka Standard Time	UTC+05:30
SRET	Srednekolymsk Time	UTC+11
SRT	Suriname Time	UTC−03
SST	Samoa Standard Time	UTC−11
SST	Singapore Standard Time	UTC+08
SYOT	Showa Station Time	UTC+03
TAHT	Tahiti Time	UTC−10
THA	Thailand Standard Time	UTC+07
TFT	French Southern and Antarctic Time ^[12]	UTC+05
TJT	Tajikistan Time	UTC+05
TKT	Tokelau Time	UTC+13
TLT	Timor Leste Time	UTC+09
TMT	Turkmenistan Time	UTC+05
TRT	Turkey Time	UTC+03
TOT	Tonga Time	UTC+13
TVT	Tuvalu Time	UTC+12
ULAST	Ulaanbaatar Summer Time	UTC+09
ULAT	Ulaanbaatar Standard Time	UTC+08
UTC	Coordinated Universal Time	UTC±00
UYST	Uruguay Summer Time	UTC−02
UYT	Uruguay Standard Time	UTC−03

UZT	<u>Uzbekistan Time</u>	<u>UTC+05</u>
VET	<u>Venezuelan Standard Time</u>	<u>UTC−04</u>
VLAT	<u>Vladivostok Time</u>	<u>UTC+10</u>
VOLT	<u>Volgograd Time</u>	<u>UTC+04</u>
VOST	<u>Vostok Station Time</u>	<u>UTC+06</u>
VUT	<u>Vanuatu Time</u>	<u>UTC+11</u>
WAKT	<u>Wake Island Time</u>	<u>UTC+12</u>
WAST	<u>West Africa Summer Time</u>	<u>UTC+02</u>
WAT	<u>West Africa Time</u>	<u>UTC+01</u>
WEST	<u>Western European Summer Time</u>	<u>UTC+01</u>
WET	<u>Western European Time</u>	<u>UTC±00</u>
WIT	<u>Western Indonesian Time</u>	<u>UTC+07</u>
WGST	<u>West Greenland Summer Time</u> ^[13]	<u>UTC−02</u>
WGT	<u>West Greenland Time</u> ^[14]	<u>UTC−03</u>
WST	<u>Western Standard Time</u>	<u>UTC+08</u>
YAKT	<u>Yakutsk Time</u>	<u>UTC+09</u>
YEKT	<u>Yekaterinburg Time</u>	<u>UTC+05</u>

See also

- List of tz database time zones
- List of military time zones
- Lists of time zones

References

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4. "ANAT – Anadyr Time (Time Zone Abbreviation)" (<https://www.timeanddate.com/time/zones/anat>). *www.timeanddate.com*. Retrieved 2019-03-03.
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12. "TFT – French Southern and Antarctic Time (Time Zone Abbreviation)" (<https://www.timeanddate.com/time/zones/tft>). *www.timeanddate.com*. Retrieved 2019-01-02.
13. "WGST – West Greenland Summer Time (Time Zone Abbreviation)" (<https://www.timeanddate.com/time/zones/wgst>). *www.timeanddate.com*. Retrieved 2019-02-07.
14. "WGT – West Greenland Time (Time Zone Abbreviation)" (<https://www.timeanddate.com/time/zones/wgt>). *www.timeanddate.com*. Retrieved 2019-02-07.

Notes

1. AIX OS uses this abbreviation as an equivalent of CET

External links

- Greenwich Mean Time (GMT) :: UTC : (<http://www.timegenie.com/timezones.php>)
- MHonArc Resources: TIMEZONES (<https://archive.is/20100611201346/http://hydra.nac.uci.edu/indiv/ehood/MHonArc/doc/resources/timezones.html>)
- [1] (<http://de.tikiwiki.org/xref-BRANCH-1-9/nav.html?lib/Date/TimeZone.php.source.html>)
- AIX time zone table (<http://lists.lysator.liu.se/pipermail/pike-devel/2002-September/000252.html>)
- Time Zone Abbreviations - Worldwide List (<http://www.timeanddate.com/library/abbreviations/timezones/>)
- Time Zone Abbreviations (<http://www.timetemperature.com/abbreviations/world-time-zone-codes.shtml>)

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