CTFs are Intimidating & Overwhelming...Where do I even start?!

Getting Started Plan

- 1. Think about your goals, time, personality, competitive level
- 2. Form or join a team based on those
- 3. Pick a CTF (or 3)
 - a. Read the rules.
- 4. Try a challenge from each category at least once
 - a. Take notes: what you liked, what you tried, what tools you used
 - b. Be respectful to the organizers
- 5. Celebrate!
- 6. Look for writeups
 - a. What tools did they use?
 - b. What techniques did they use?
 - c. How does it compare to your notes?
- 7. Research, practice with those tools/techniques (this is how you build your toolkit)
- 8. If you feel called to specialize, specialize
- 9. Repeat! Consistency is powerful

Knowing is half the battle

- Know thy goals
 - Skillbuilding? Competition?
- Know thy self
 - o Do you need community? Do you thrive on competition?
 - What kind of puzzles do you like to work on? Do you like to specialize?
 - Who do you like to play with?
- Know thy limits
 - Okay to stop when it stops being fun!
- Know thy tools
 - The best tool for the job is the one is you understand best
 - It will take practice & experimentation

Good CTFs to start (there are many more)

- PicoCTF, https://picoctf.org
- Tryhackme https://tryhackme.com/
- National Cyber League [fall&spring. fee] https://nationalcyberleague.org/

Getting Started Guides

- https://jaimelightfoot.com/blog/so-you-want-to-ctf-a-beginners-guide/
- https://tinyurl.com/CTFfornoobz
- https://trailofbits.github.io/ctf/intro/
- https://clark.center/c/nccp

Career Guides

https://www.cyberseek.org/