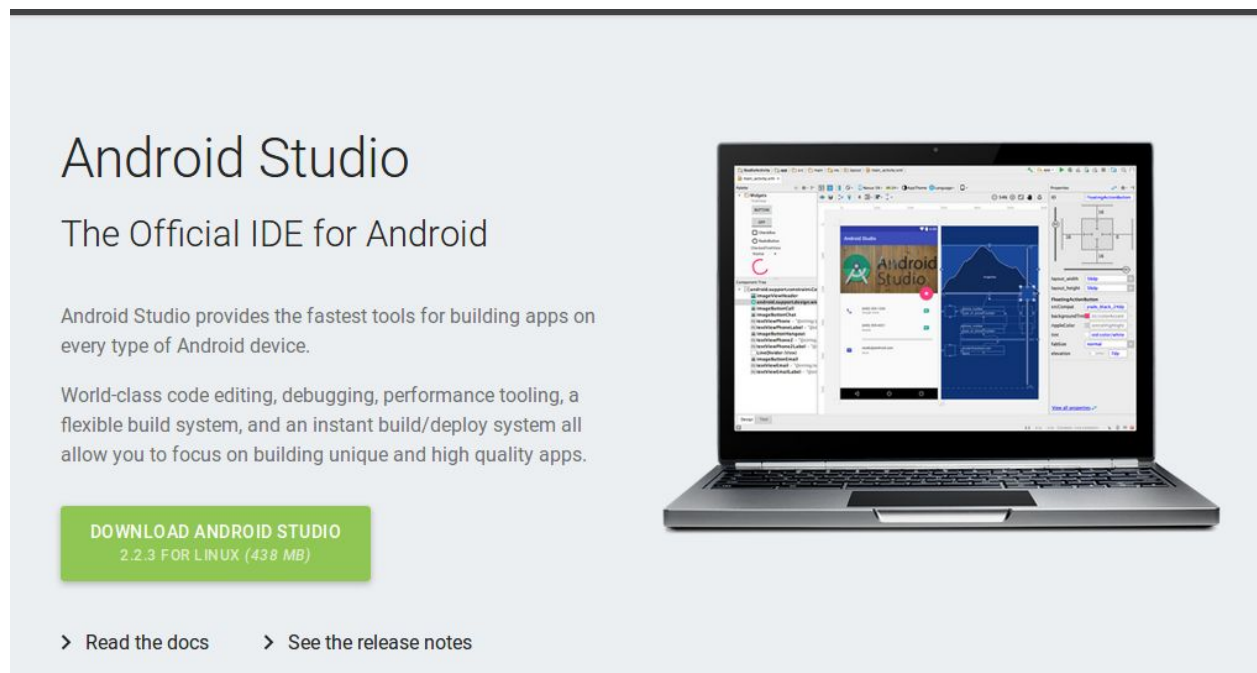Goal: Have your first "Hello world" app running on your device using Android Studio
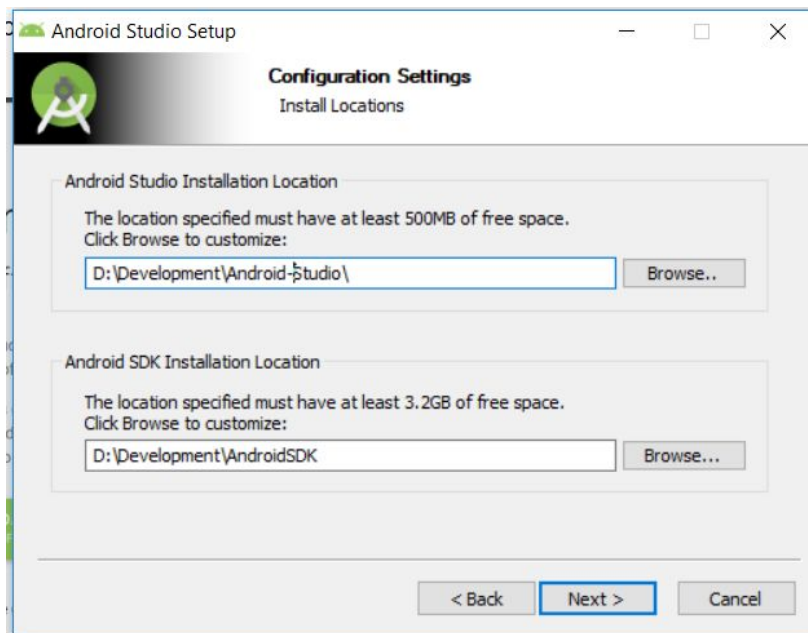
Install Android Studio:
1. Download Android Studio from the Android Studio Website.
   The download comes in two flavors, SDK Tools only and Android Studio Packages. You want to download the Android Studio Package for your operation system.
2. Launch the .exe file you downloaded.
3. Follow the setup wizard to install Android Studio and any necessary SDK tools.

Installation for Windows is simple, just launch the .exe you downloaded. On Max OSX drag and drop Android Studio into the Applications folder.

4. On Windows click next and next up until you have option to chose where to install Studio & SDK

I Suggest to install Studio and SDK in a separate place where you will have all your development tools.

Then wait till installation complete.

Here is full video to install on Windows:

https://storage.googleapis.com/androiddevelopers/videos/studio-install-windows.mp4

Here is full video to install Studio on Mac:

https://storage.googleapis.com/androiddevelopers/videos/studio-install-mac.mp4