# An implementation of: A Simple Random Walk Model for Predicting Track and Field World Records[1]

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Computational statistics



#### Aim

Build a prediction model for the men's 100m world record.

#### Applications:

- Estimate human performance limits. How fast can humans run?
- Help coaches and athletes setting up goals, training plans, diets
- Potentially identify athletes using performance enhancing drugs

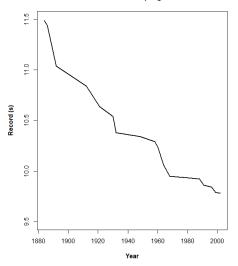
### Model (1/5)

- The record can either decrease or stay the same
- Time series approach is unusable (non-stationary process)
- One-sided random walk model

$$X_t = X_{t-1} - \epsilon_t$$

ullet  $\epsilon_t \geq 0$  and independent

#### 100m world record progression



#### Model (2/5)

The error term distribution is a mixture of a discrete and continuous RVs

$$f_t(\epsilon_t) = (1 - p(t))\delta_0(\epsilon_t) + p(t)h_t(\epsilon_t)$$

where  $\delta_0(\epsilon_t)$  is a degenerate distribution at zero (i.e.  $P(\epsilon_t=0)=1)$ 

Probability that a record is broken in year  $t \sim Bernoulli(p(t))$ 

$$p(t) = \frac{e \times p(\beta_{11} + \beta_{12} \cdot t)}{1 + e \times p(\beta_{11} + \beta_{12} \cdot t)}$$

Amount by which a record is broken  $\sim Exp(\lambda(t))$ 

$$\lambda(t) = \exp(-\beta_{21} - \beta_{22} \cdot t)$$

### Model (3/5)

The error term distribution is a mixture of a discrete and continuous RVs

$$f_t(\epsilon_t) = (1 - p(t))\delta_0(\epsilon_t) + p(t)\frac{h_t(\epsilon_t)}{h_t(\epsilon_t)}$$

where  $\delta_0(\epsilon_t)$  is a degenerate distribution at zero (i.e.  $P(\epsilon_t=0)=1)$ 

Probability that a record is broken in year  $t \sim Bernoulli(p(t))$ 

$$p(t) = \frac{e \times p(\beta_{11} + \beta_{12} \cdot t)}{1 + e \times p(\beta_{11} + \beta_{12} \cdot t)}$$

Amount by which a record is broken  $\sim E \times p(\lambda(t))$ 

$$\lambda(t) = \exp(-\beta_{21} - \beta_{22} \cdot t)$$

#### Model (4/5)

# Probability that a record is broken in year $t \sim \frac{Bernoulli(p(t))}{}$

$$p(t) = \frac{exp(\beta_{11} + \beta_{12} \cdot t)}{1 + exp(\beta_{11} + \beta_{12} \cdot t)}$$

 $oldsymbol{eta}_1$  estimated via logistic regression

# Amount by which a record is broken $\sim \textit{Exp}(\lambda(t))$

$$\lambda(t) = \exp(-\beta_{21} - \beta_{22} \cdot t)$$

 $eta_2$  estimated via max. likelihood[2]  $L(eta_2) = \prod_{t=1}^n [\lambda exp(-\lambda \epsilon_t)]^{I(\epsilon_t > 0)}$ 

Parameters	$\hat{eta}_{21}$	$\hat{eta}_{12}$	$\hat{eta}_{21}$	$\hat{eta}_{22}$
Paper	-2.68	1.45	-1.02	-2.18
Obtained	-2.33	1.04	-1.00	-2.21

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### Model (5/5)

# Probability that a record is broken in year $t \sim Bernoulli(p(t))$

$$p(t) = \frac{e \times p(\beta_{11} + \beta_{12} \cdot t)}{1 + e \times p(\beta_{11} + \beta_{12} \cdot t)}$$

 $oldsymbol{eta}_1$  estimated via logistic regression

## Amount by which a record is broken $\sim E \times p(\lambda(t))$

$$\lambda(t) = \exp(-\beta_{21} - \beta_{22} \cdot t)$$

 $\beta_2$  estimated via max. likelihood[2]  $L(\beta_2) = \prod_{t=1}^{n} [\lambda exp(-\lambda \epsilon_t)]^{I(\epsilon_t > 0)}$ 

Parameters
 
$$\hat{\beta}_{21}$$
 $\hat{\beta}_{12}$ 
 $\hat{\beta}_{21}$ 
 $\hat{\beta}_{22}$ 

 Paper
 -2.68
 1.45
 -1.02
 -2.18

 Obtained
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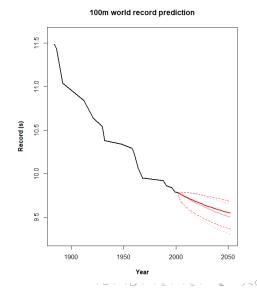
#### Monte Carlo simulation algorithm

- Randomly generate  $a_t \sim Exp(\hat{\lambda}(t))$   $b_t \sim Bernoulli(\hat{p}(t))$
- $\bullet_t = a_t \cdot b_t$
- $X_t = X_{t-1} \epsilon_t$
- Repeat steps 1-3 B times



#### Predictions - 50 years

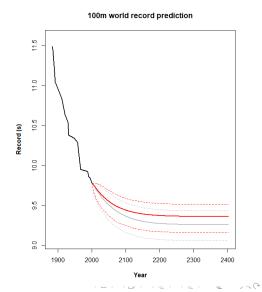
- B = 100,000
- The mean for each year is used as a point estimate
- 95% confidence intervals are constructed taking the 2.5% and 97.5% percentiles



#### Predictions - 400 years

How fast can humans run?

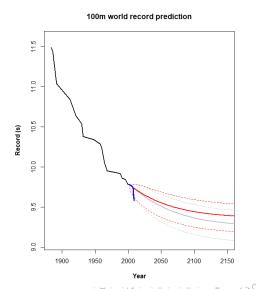
 $X_t$  converges to 9.36(9.26)s



### World records after 2002 (1/2)

### 6 new world records since 2002[3]

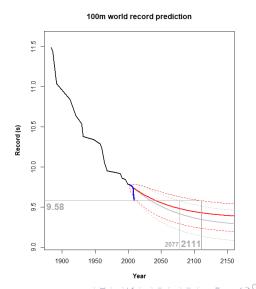
- The last record of 9.58s (2009) is out of the prediction intervals
- It will not be broken until 2111(2077)!



### World records after 2002 (2/2)

### 6 new world records since 2002[3]

- The last record of 9.58s (2009) is out of the prediction intervals
- It will not be broken until 2111(2077)!



### Updated model predictions - 50 years

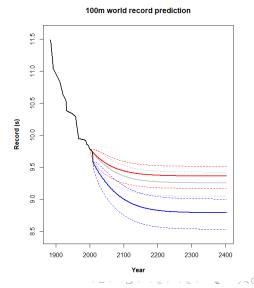
	Paper	Obtained	Updated	
$\hat{eta}_{11}$	-2.68	-2.33		(s)
$\hat{eta}_{12}$	1.45	1.04	1.56	Record
$\hat{\beta}_{21}$	-1.02	-1.00	-1.18	
$\hat{\beta}_{22}$	-2.18	-2.22	-1.90	

# 100m world record prediction 10.5 1900 1950 2000 2050

#### Updated model predictions - 400 years

#### How fast can humans run?

Paper Obtained Updated 9.26s 9.36s 8.79s



#### References

- [1] J. T. Terpstra and N. D. Schauer, "A simple random walk model for predicting track and field world records," *Journal of Quantitative Analysis in Sports*, vol. 3, no. 3, 2007. DOI: doi:10.2202/1559-0410.1067. [Online]. Available: https://doi.org/10.2202/1559-0410.1067.
- [2] M. Gesmann, How to use optim in r, 2013. [Online]. Available: https://magesblog.com/post/2013-03-12-how-to-use-optim-in-r/.
- [3] I. A. of Athletics Federations, *Progression of IAAF World Records*, 2015 Edition, I. Hymans Richard; Matrahazi, Ed. 2015 (Retrieved February 24, 2018), p. 33, http://iaaf-ebooks.s3.amazonaws.com/2015/Progression-of-IAAF-World-Records-2015/projet/IAAF-WRPB-2015.pdf.

#### Summary

One-sided random walk

$$X_t = X_{t-1} - \epsilon_t$$

- $\epsilon_t$  mixed distribution discrete + continuous
- MC simulations to obtain predictions and CI
- Human performance limits are estimated
- A new world record can significantly change the model predictions

