Santam Drum - C-256/G-384 Santam Drum Santam is Sanskrit for Α Peaceful - Calm - Tranquil Play the BOLD C and G G E together to create the relaxation response 256 hertz A Santam Peace Drum 256 hertz and 384 hertz G when played together create a physical relaxation response in the body Relaxation, Gentle Healing, Patience, Loving Choices, Integrity

The Yarn Band is attached to the drum, DO NOT ATTEMPT TO REMOVE