# Through the Yellow Gate

Ordination of Gender-Nonconforming People in the Buddhist Vinaya

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#### 1. Introduction

Transgender and intersex people and at times other LGBTIQA+ have been excluded from ordination as a Buddhist monastic in the Theravāda tradition. This exclusion is the result of what I will show is an erroneous reading of several Pali terms in the monastic disciplinary code (Vinaya Piṭaka) of the Theravāda school: paṇḍaka and ubhatobyañjanaka. Rendering the terms paṇḍaka and ubhatobyañjanaka into English, previous lexicographers of the Pali language have used vocabulary rooted in the Christian understanding of the early 20th century, like 'eunuch' and 'hermaphrodite'. It has previously been noted that it is problematic to transpose Christian terms in the understanding and translation of other religious movements<sup>2</sup>. In dealing with the concepts of paṇḍaka and ubhatobyañjanaka the terms 'eunuch' and 'hermaphrodite', but also terms like 'transgender' and 'intersex' are inappropriate as they wrongly suggest that the lived understanding of sex, gender and sexuality in Ancient India is the same as it for us in the West today. The fact that certain groups of people are unable to obtain monastic ordination based on terms that are so little understood creates a barrier to all LGBTIQA+ people who come to Buddhism seeking refuge from suffering.

When studying the Buddhist scriptures, especially where there are groups of people who are marginalized, it is important to understand where and under which circumstances these concepts and interpretations have originated. In the beginning of the Buddhist order there were no rules for the conduct of monastics. The Vinaya was laid down later and grew as more rules were established. These were implemented only when monks started to misbehave and guidelines became necessary<sup>3</sup>. The Vinaya as we have it today was formed over a long period of time and has been highly redacted over the centuries, regulating many and diverse aspects of monastic life; it is not an original Buddhist text that was passed down unchanged since the time of the Buddha. The oldest parts of the Vinaya consist of the rules  $(p\bar{a}timokkha)$  and procedures  $(kammav\bar{a}c\bar{a})$ , possibly together with some other materials; the different Vinayas in existence today are the product of the various schools of Buddhism that emerged much later<sup>4</sup>. The Second Council is of preeminent importance in the development of the Vinayas as this is the only major event in Buddhist history that revolves entirely around a Vinaya dispute. Bhikkhu Sujato<sup>5</sup> suggests that the bulk of the Vinaya texts were added well after the Buddha's death, in contrast to the Suttas:

But the Vinayas were, it seems, composed following the Second Council; and in

<sup>&</sup>lt;sup>1</sup>The Pali Text Society's Pali English Dictionary and Cone's Concise Pali English Dictionary. For dictionary entries I refer to SuttaCentral.net.

<sup>&</sup>lt;sup>2</sup>Maes [2016a] page 2, Dudas [2002] page 45.

<sup>&</sup>lt;sup>3</sup>See Bhikkhu Sujato [2009] pages 8-10 for a more details on the context of the Vinaya.

<sup>&</sup>lt;sup>4</sup>After the Buddha passed away we see a gradual emergence of schools in the Aśokan and post-Aśokan periods. See Bhikkhu Sujato [2012] for a detailed study on the emergence of the Buddhist schools.

<sup>&</sup>lt;sup>5</sup>See Sujato [2009] pages 141-142 and 215-216.

particular the *Khandhakas*, with their massive narrative arc, were put together in order to authenticate the acts of the Second Council.

The Buddhist community also evolved in constant negotiation with its wider religious environment and needs to be understood as a dialogue with its various 'religious others'. Claire Maes<sup>1</sup> has clearly demonstrated that this process was central to the formation of the Vinaya as an ongoing dynamic to create a distinctive Buddhist identity notion. The Second Buddhist Council became an important event in the Buddhist history to determine its identity vis-à-vis other religious orders after the Buddha passed away.

Many scholars have pointed out the many similarities between the principal practices, precepts and structures of Buddhists, Jains and Brahman communities and they seem to have had a detailed knowledge of each other's practices and organization<sup>2</sup>. The interaction and debates with these 'religious others' led the Buddhist Sangha to implement specific rules in order to be in conformity with certain well-established monastic customs on the one hand and to (re)define their identity as a clearly separate order on the other. In this paper I will argue that the concepts pandaka and ubhatobyañjanaka have entered the Buddhist Vinaya after the Buddha passed away in the context of a much wider religious discussion that took place regarding the position of women within religious life that has also reduced the opportunities for women to ordain as Buddhist monastics<sup>3</sup>.

I will also show that these terms have their roots in Vedic mythology and provide a fresh insight into the Asian paradigms for gender identities. Here we find the living proof of evolving ideas on gender that are very different from our western concepts. And here we find that these terms are intimately bound up with the deeply ambivalent attitude towards women and women's sexuality in ancient India.

In this paper I will first trace the emergence of these—and other gender-specific—terms in Vedic, Brahmanic and Jain scriptures and their changes over the centuries. I will then discuss the occurrences of these terms in the Pali and Chinese Vinayas and compare these with the understanding of the contemporary 'religious others' to come to a deeper understanding of what the terms paṇḍaka and ubhatobyañjanaka really meant at the time these passages were written and the reasons why these are said to be barred from ordination. Finally I will show that neither these terms, nor any other regulations in the Vinaya, can be used as a justification to exclude candidates from ordination based on their sex, sexuality or gender.

<sup>&</sup>lt;sup>1</sup>See Maes [2016a] and Maes [2016b].

<sup>&</sup>lt;sup>2</sup>See Maes [2016b] page 9 footnotes 26–28.

<sup>&</sup>lt;sup>3</sup>The legality of the ordination of women (*Bhikkhunī*) in the Theravāda and Tibetan lineages of Buddhism has been a hotly debated topic for many years. Thanks to the efforts and research of many monastics and academics, the first full Theravāda ordination was held in Perth in October 2009. Although still not widely recognized in several traditional Theravāda countries, recognition is growing and the number of Bhikkhunīs is slowly increasing. See a.o. Bhikkhu Sujato [2009] and Bhikkhu Anālayo [2013] for research in this field.

# 2. Vedic, Brahmanic and Jain scriptures

Various authors already noticed the similarities of Vinaya terminology between the Buddhist and Jain orders<sup>1</sup>. In the Buddhist suttas we find many examples of discussions between the two groups and after the Buddha passed away such discussions would certainly have had an impact on the Buddhist Vinaya. Both groups will also have used vocabulary that was already in existence at that time. It is therefore important to first have a look at what gender meant in the larger context of the society in pre-Buddhist India and how this understanding developed within the Jain order.

## 2.1. Emergence of the Third Gender

We can trace the emergence of the concept of a third sex back to the late Vedic period (800 - 600 BCE). In the Vedic myths and legends, we frequently find the theme of a man turning into a woman or of being both a mother and a father. The function of these myths and legends is to confront deep anxieties and fears associated with the complex and problematic issues involving body, gender, sexuality, power, hierarchy and subordination. We see literary representations of these anxieties in all patriarchal societies, expressing the deeply ambivalent attitude towards women and women's sexuality. On the one hand, women are depicted as pure and nurturing as long as they are controlled within the constraints of kinship, but outside such regulated environment they are seen as dangerous and destructive to men. Through such projective devices of men unto women, maledominated cultures have been able to establish a hegemonic ideology of gender<sup>2</sup>. We see that 'transgenderism' is a recurring theme in these myths and legends, derived from these anxieties and attitudes towards gender<sup>3</sup>.

The term napuṃsaka was originally an umbrella term used to denote such men who were impotent, with a female gender-expression or dressing in traditional women's clothing<sup>4</sup>. Literally the term means 'not-a-male' i.e. men who did not conform to gender-role expectations.

It is accepted by many scholars that the *hijras* of India are the contemporary representatives of these *napuṃsakas* and they even refer to themselves as 'not-a-male' or 'neither male nor female'<sup>5</sup>. Although the *hijras* have been subject to influences from the Muslim period in the 12th to 16th century as well as from Christian and more modern western ideas, by studying them we get a glimpse of what the lives of the *napuṃsakas* must have

<sup>&</sup>lt;sup>1</sup>See Maes [2016b] page 9 footnotes 26-28, also Sujato [2009] and Zwilling and Sweet [1996].

<sup>&</sup>lt;sup>2</sup>See Sujato [2011] for an extensive work on the role of the male/female relationship portrayed in mythology in Buddhism and more specifically with regards to women's ordination.

<sup>&</sup>lt;sup>3</sup>Goldman [1993] gives an excellent account of the myths that formed the notions of gender in ancient India

<sup>&</sup>lt;sup>4</sup>Zwilling and Sweet [1996] page 362.

<sup>&</sup>lt;sup>5</sup>See Zwilling and Sweet [1996] page 363, Goldman [1993] page 388 and Doniger O'Flaherty [1982]. A good study on the *hijras* is provided by Serena Nanda [1999].

been like in Vedic times.

The *hijras* are a representation of the god Siva in their androgynous form of Ardhanārīśwara from Vedic mythology. They enact the religious myths and make them come alive in the rituals, songs and dances they perform. They are viewed as vehicles of the divine power of the Mother Goddess, which transforms their impotence into the power of generativity. According to sources from the beginning of he 20th century, potential candidates for initiation as a hijra (which includes emasculation) had to be born impotent<sup>1</sup>. Their emasculated body is not the only characteristic of a hijra, but also their physiology and their sexual capacities, feelings, preferences and behaviors. Although dressing like a woman is part of a hijra, they are also something quite different from a transgender person; they are the religious embodiment of the deities<sup>2</sup>.

The adoption of the word *napuṃsaka* as a grammatical third gender<sup>3</sup> in the 6th century BCE seems to have prompted a significant shift in meaning. Because now the *napuṃsaka* was interpreted as meaning 'neither male nor female'. This resulted in the previously mentioned 'un-males' to be regarded as persons with ambiguous gender<sup>4</sup>. The individuals that the word *napuṃsaka* originally referred to were however all males, just not conforming to gender role expectations. The word *napuṃsaka* itself retained it's masculine form in grammar.

The fact that Sanskrit is a gendered language forced people to assign gender to all objects including all living beings and humans. Gender was seen as a property belonging to objects and objects are gendered by the presence or absence of certain defining characteristics or  $linga^5$ . The third gender (napumsaka) was basically a class for things that were neither male nor female in nature. This meant that there was an intimate connection between sex and grammatical gender that had far reaching consequences and caused much confusion<sup>6</sup>.

Just after the late Vedic period we see that a set of terms relating to the class of napumsaka has emerged like  $kl\bar{\imath}ba$  (sexually defective man<sup>7</sup>.) and pandaka ('impotent', or

<sup>&</sup>lt;sup>1</sup>The 19th and early 20th century sources are important because at that time the influence of globalization and the influx of western ideas on the lives of the *hijra* was less prevalent as it is today. See Ibbetson et al. [1911] pages 332, Shah [1961] page 1325 and Bhimbhai [1901]. Some 19th-century accounts report that impotence was an essential qualification for admission into the hijra community and that a newcomer initiated into the community was on probation for as long as a year. During this time his impotence was carefully tested, sometimes by making the person sleep four nights 'with a prostitute'. Only after impotence was established would the newcomer be permitted to undergo the emasculation operation and become a full member of the community. Preston [1987].

<sup>&</sup>lt;sup>2</sup>See Nanda [1999].

<sup>&</sup>lt;sup>3</sup>Śatapatha Brāhmaṇa (ŚB) 10.5.1.2-3.

<sup>&</sup>lt;sup>4</sup>See Zwilling and Sweet [2000] page 362.

<sup>&</sup>lt;sup>5</sup>The original meaning of *linga* is 'characteristic mark or sign' (Nirukta 1.17) but later starts to mean 'sexual characteristic'. See also chapter 3 for a detailed description of *linga*.

<sup>&</sup>lt;sup>6</sup>Other languages, like the Uralic languages, do not have gender in language. Such gender-less languages exclude many possibilities for reinforcement of gender-related stereotypes as they do not place objects (and thus people) in boxes.

<sup>&</sup>lt;sup>7</sup>As pointed out by Zwilling and Sweet [1996] page 363, the nature of the klība is suggested by the

'sterile'<sup>1</sup>). Both of these types were associated with cross-dressing and dancing, as we have also seen in the above description of the contemporary *hijras*. With the word *napuṃsaka* having gained a much broader meaning, it seems likely that these new sub-categories represent different names for the original meaning of 'un-males'.

#### 2.2. Sex and Gender in the Jain Order

Just like in Buddhism, the Jain order had a strong interest in controlling the sexuality of it's monastics. Jain monastics live celibate and at the time of its emergence, the monks were mostly naked ascetics. The prestige and power of the order depended to a large extend on public opinion and therefore on the purity of their behavior, as well as their external appearance. The 'third sex' was therefore subject of a very lengthy debate within the order.

In addition to these practical considerations, there was a debate within the Jain community as to whether women can attain spiritual liberation because the monks felt it was improper for them to go naked. Eventually it was this dispute that led to the schism between the two major Jain orders<sup>2</sup>. This controversy hinged on the identification of the signs to designate somebody as a woman, which logically also led to the examination of what is male, and 'neither male nor female'.

The speculations and discussions that followed focused around the characteristics necessary to identify a person as belonging to one of three groups. The pandaka,  $kl\bar{\imath}ba$  and  $ke\acute{s}avan$  (long-haired male)<sup>3</sup> were recognized as males, but their gender role nonconformity assimilated them to females, so not 'real males' and therefore still napumsaka. Yet their grammatical gender was masculine.

This discussion was influenced by the Brahmanical views at that time concerning the essential markers for sex assignment (*linga*). By the third century BCE two views had developed to define gender<sup>4</sup>.

1. The first view went from the premise that gender was defined by what one perceived as a man, woman or neither based on the presence or absence of primary or secondary characteristics<sup>5</sup>.

Bṛhadāraṇyaka Upaniṣad 6.1.12 and can be acquired due to the destruction of the penis as in ŚB 1.4.3.19

<sup>1</sup>Atharva Veda (AV) 8.6.7, 11.16. The etymology of paṇḍaka is unknown but cf. baṇḍa at AV 7.65.3 is glossed by the commentator as nirvīrya ('impotent'). Albrecht Wezler [1998] has suggested that paṇḍa and paṇḍaka be regarded as ultimately derived from \*apa+ āṇḍā, thus: "one who has no testicles (anymore)," i.e. a eunuch. Allan Bomhard [2016] points out that there is a range of translations and interpretations that can apply to the paṇḍaka. He believes that the word can be a loan-word from the Dravidian pentan, pentakan, pentakan, which can mean both hermaphrodite and eunuch.

<sup>&</sup>lt;sup>2</sup>See Paul Dudas [2002] for an extensive account of the schism. The two main sects of Jainism, the Digambara and the  $Sv\bar{e}t\bar{a}mbara$  sect, likely started forming about the 3rd century BCE and the schism was complete by about 5th century CE.

<sup>&</sup>lt;sup>3</sup>Apparently long hair was seen as a sign of a woman.

<sup>&</sup>lt;sup>4</sup>I will discuss the meaning of this term in more detail in chapter 3.

<sup>&</sup>lt;sup>5</sup>Mahābhāṣya 4.1.3: Q: "What is it that people see when they decide, this is a woman, this is a man,

2. The second view is that gender assignment has to do with the ability to procreate or conceive.

Both these Brahmanical views were rejected by the Jains as being inadequate to determine sex. Paul Dundas [1964] describes how the Jains developed a system to define gender as a combination of sex, behavior, physical characteristics and also the underlying sexuality and feelings. The Jain came up with their own term *veda* to describe these characteristics<sup>1</sup>. This conception of sexuality most likely predates the schism between the two major Jain sects but was not part of the earliest Jain doctrine. This concept appears frequently in the later canonical Jain texts but is also mentioned once in the early Jain literature where male sexuality is explained as sexual desire for women and visa versa<sup>2</sup>. The sexuality of the *napuṃsaka* is not clearly defined in the earlier texts but is seen as a threat to the chastity of monks<sup>3</sup>.

Zwilling and Sweet<sup>4</sup> mention:

... we may infer that sexual desire for a man forms at least one aspect of third-sex sexuality. In a set of similes descriptive of the relative intensities of the sexualities of the three sexes, that of the third sex is viewed as most intense of all: a woman's *veda* is compared to a dung fire, a man's to a forest fire, but the third sex's is compared to a burning city. Thus third-sex persons are not only sexual persons, but hyperlibidinous ones at that.

The word napuṃsaka has been subject to much debate within the Jain order, resulting over time in changes in meaning and use and the definition of sub-categories. The word in the canonical texts seems to have referred only to males who were cross-dressing and had a female gender-expression, who are identified by the way they dress, their behavior and sexual object choice. Because they looked like a woman, their sexuality was also assumed as such. Because of this characterization the napuṃsaka can also be an object of lust for celibate monks and would have been seen as problematic for ordination as a male monastic. Part of the discussion was also fuelled by the nakedness of the Jain monks and

this is neither woman nor man?", A: "That person who has breasts and long hair is a woman; that person who is hairy all over is a man; that person who is different from either when those characteristics are absent, is napumsaka."

 $<sup>^1</sup>$ This move is rather remarkable because for the Brahmins veda meant their sacred knowledge and scriptures. But it is not unprecedented because the Jains often used existing words and gave them new meaning. In the Buddhist suttas we also find instances where the Buddhists use different terms for the same things as the Jains. F.i. Majjhima Nikāya 56 recounts a discussion between the Buddha and the Jain ascetic Tapassī in which the ascetic mentions that their leader Nigaṇṭha Nātaputta (i.e.  $Mah\bar{a}v\bar{v}ra$ ) doesn't speak in terms of 'deeds', like the Buddha, but uses the term 'rods'." See also Zwilling and Sweet [1996] note 34.

 $<sup>^{2}</sup>$ See Viyāha 2.5.1.

<sup>&</sup>lt;sup>3</sup>See Ācārāṅga Sūtra (English translation by Jacobi [2008]) p.220: monks are warned that a danger of drunkenness is seduction by a woman or a *klība*; p.285: sleeping places frequented by women or *paṇḍaka* are to be avoided.

<sup>&</sup>lt;sup>4</sup>See Zwilling and Sweet [1996] page 368.

therefore their physical male appearance as well as behavior. As celibate monks samesex relations and the possibility of same-sex attractiveness were also an issue; the public perception, and the fear thereof, was of utmost importance for the livelihood of the Jain order.

We also see a shift in the discussion over time about the abilities for a napumsaka, or at least some sub-categories thereof, to attain enlightenment or to ordain. The  $\acute{S}v\bar{e}t\bar{a}mbara$  in their later Bhāgavatī Sūtra¹ even define a fourth sex, namely the purusanapumsaka (male napumsaka, possibly a napumsaka who appeared the same as other men)². Lacking any of the outside characteristics of a napumsaka, the only characteristic left to define them as such must have been their sexuality (i.e. attraction to men).

The period of the commentarial literature redefined the sexuality of the napumsaka as being more bisexual in orientation. Leonard Zwilling and Michael Sweet<sup>3</sup> believe that this new definition is not so much driven by actual observations of the behavior of napumsaka but rather by theoretical discussion. This bisexual orientation was not conceived of as a separate orientation, but as possessing the sexuality of **both** males and females together. This is a change from the canonical literature, where the sexuality of a napumsaka was characterized as female only.

The commentarial period continues to (re)define the male and female napuṃsaka. The female napuṃsaka being the old category as defined in the canon of which the klība and paṇḍaka are sub-categories, the male napuṃsaka being the aforementioned puruṣana-puṃsaka. The female napuṃsaka seems to act as a female partner only (i.e. be acted upon), while the male napuṃsaka acts in both ways. So here male and female sexuality are no longer just defined as the sexual desire to have sex with a female and male resp. but also in terms of the role taken in intercourse as a penetrator or a receptor or both<sup>4</sup>. The hyperlibidinous nature of the napuṃsaka was ascribed to the bisexual character of his sexuality.

It is interesting to note that throughout this discussion the *napuṃsaka* and it's subcategories always refer to males who are somehow blocked in their exercise of their male sexuality in one way or the other owing to their performance of some unvirtuous act (karma) in a previous life. Females who did not conform gender expectations were not considered in the class of *napuṃsaka* or are only very rarely mentioned, without much explanation as to their nature.

<sup>&</sup>lt;sup>1</sup>Bhāgavatī Sūtra 4.1-2.

<sup>&</sup>lt;sup>2</sup>see Zwilling and Sweet [1996] for more details.

<sup>&</sup>lt;sup>3</sup>See Zwilling and Sweet [1996] pages 371-374.

<sup>&</sup>lt;sup>4</sup>Niśītha Sūtra 3507.

#### 2.3. Jain Monastic Ordination

In the formative years of the Jain order, the rules for ordination were still rather simple. Only the *klība*, the *paṇḍaka* and ill people were not allowed to ordain. Of the two Jain sects after the schism, the *Digambara* maintained nakedness and eligibility to ordain as a monk was quite straightforward; one had to be a man without genital defects and virile, except when he is overly libidinous.

For the  $Sv\bar{e}t\bar{a}mbara$ , who wore a cloth, the matter was far more complex and they devised an intricate system of ordainable categories, whereby the napumsaka was divided in sixteen types<sup>1</sup>. Over time, the ban against ordination of napumsaka was relaxed more, first based on practical grounds like a known and well-behaved candidate, later an exception was made for those who were able to control their sexuality. One of the main grounds why certain napumsaka were denied ordination was their perceived hyperlibidinous-ness, which would render them incapable of keeping their celibate vows and made them unfit to live in either the monks or the nuns communities. Only ten of the sixteen were not allowed to be ordained because they were regarded as uncontrollable in their passions. Amongst these were the original two categories of  $kl\bar{\iota}ba$  and pandaka. The aforementioned purusanapumsaka was allowed to ordain, presumably because these could not potentially evoke a monk's lust. Since outside appearance was no longer a clear guide to who is napumsaka, the candidate for ordination had to be questioned.

By the 17th century CE, this rule on ordination had been nearly abolished. So we have seen a radical shift from total nonacceptance to nearly total acceptance of *napuṃsaka* in the Jain order over time<sup>2</sup>.

<sup>&</sup>lt;sup>1</sup>See Bhagavatī 5166-67.

<sup>&</sup>lt;sup>2</sup>Zwilling and Sweet [1996] references Yuktiprabodha in footnote 80.

# 3. Linga and the Dispute on Women's Ordination

As we have touched upon in the context of the developments in the Jain order there was a lively discussion around the 3th century BCE on what the characteristics of sex or gender are. This controversy hinged on the identification of the signs to designate somebody as a woman, which logically also led to the examination of what is male, and 'neither male nor female'. This was a much wider religious debate that involved both the Jain and Buddhist communities as well as possible other sects. Bhikkhu Sujato¹ points out that these discussions were held amongst the monks, while the women themselves were notable by their absence. We have no indication that this was any different in the Jain order. It is therefore not surprising that at the Second Buddhist Council, which was held at around the same time, rules were laid down with regards to the ordination of nuns, and most likely the 'third sex' category, with it's perceived hyperlibidinous-ness, was also touched upon. We also find for instance various passages with regards to women's role in the order that seem out of place in the Buddhist scriptures but which use near identical wording in the Jain texts² so it is clear that there was a distinct influence between the orders.

This discussion regarding *linga* in the light of ordination into the Buddhist monastic order is all the more remarkable because monks and nuns forego the usual markers of sex and gender when they put on robes and shave their heads. Giving up gendered attire is one of the distinguishing characteristics of monastic life. In the Jain order this discussion made more sense<sup>3</sup>. The Jain were naked ascetics and therefore the physical marks of sex could not so easily be given up. The women needed to wear a cloth to cover their bodies while the men could go naked. This was a very important point for the Jain because this difference also meant that as women could not let go of all earthly possessions they could also not reach enlightenment. This was one of the main points of dispute between what became the two sects in Jainism.

The original meaning of the term *linga* before this dispute is 'characteristic mark or sign'<sup>4</sup>, but during this dispute the term was refined and the different orders developed different opinions about the characteristics of 'male' and 'female'. In the Buddhist Abhidhamma the term is often referred to exclusively as denoting sexual characteristics. Burkhard Scherer<sup>5</sup> takes the term *linga* as a reference to the 'secondary sex organs' or characteristics of sexual difference, which also include behavioral differences so the term

<sup>&</sup>lt;sup>1</sup>See Sujato [2009] page 241-242.

<sup>&</sup>lt;sup>2</sup>See Sujato [2009] page 54-55.

<sup>&</sup>lt;sup>3</sup>Maes [2016b] pages 11–17 points out that the Jain's nakedness was one of the primary distinctive marks that set them aside from Buddhist monastics. The wearing of a bowl and robe was an important part of the Buddhist identity.

<sup>&</sup>lt;sup>4</sup>Nirukta 1.17. Also used in the early Buddhist Suttas in this way, f.i. Majjhima Nikāya 98 Vāseṭṭhasutta.

<sup>&</sup>lt;sup>5</sup>Scherer [2006] page 68.

can be used to denote both biological sex and gender-identity as we define it today. He bases this conclusion on the work of Buddhaghosa, who listed the secondary characteristics of the male and female, which included beards and moustaches, motherly instincts, way of walking, etc. This is also in line with the first Brahmanical view on this matter as well as what is described in the Buddhist  $Abhidharmakośa^1$ , the  $Samantap\bar{a}s\bar{a}dik\bar{a}$  commentary<sup>2</sup> and elsewhere. There is no indication that the Buddhists agreed with the Jains on the inclusion of underlying sexuality and sexual feelings in the definition of  $linga^3$ .

This change of meaning in the word *linga* has caused a lot of confusion and is especially important in determining the characteristics of the *paṇḍaka* and *ubhatobyañjanaka* in the next chapters.

In the next chapters I will discuss the various terms and their occurrences in the Buddhist canon. A listing of the occurrences of the most common terms pertaining to gender like panḍaka and ubhatobyañjanaka in Chinese texts is given in Appendix A.

 $<sup>^1\</sup>mathrm{Abhidharmakośa}$  IV.14 c. using the word  $vya\tilde{n}jana$  as a synonym for linga

 $<sup>^2</sup>$ See Anderson [2016a] page 237–240 for an English translation of the passage on change of linga in a monastic.

<sup>&</sup>lt;sup>3</sup>The Jain also defined the sexual desire for the male body as part of the female characteristics and visa versa.

# 4. The Pandaka

#### 4.1. The Pandaka in the Pali Vinaya

In the Theravāda Vinaya the term paṇ daka is mainly used in the context of individuals a monastic should not have sexual relations with or as a form of insult. The rule regarding the ordination of pandakas is laid down in Khandhaka  $1^1$  and reads as follows<sup>2</sup>:

Tena kho pana samayena aññataro paṇḍako bhikhhūsu pabbajito hoti. So dahare dahare bhikhhū upasaṅkamitvā evaṃ vadeti— "etha, maṃ āyasmanto dūsethā" ti. Bhikhhū apasādenti— "nassa, paṇḍaka, vinassa, paṇḍaka, ko tayā attho" ti. So bhikhhūhi apasādito mahante mahante moligalle sāmaṇere upasaṅkamitvā evaṃ vadeti— "etha, maṃ āvuso dūsethā" ti. Sāmaṇerā apasādenti— "nassa, paṇḍaka, vinassa, paṇḍaka, ko tayā attho" ti. So sāmaṇerehi apasādito hatthibhaṇḍe assabhaṇḍe upasaṅkamitvā evaṃ vadeti— "etha, maṃ āvuso dūsethā" ti. Hatthibhaṇḍā assabhaṇḍā dūsesuṃ. Te ujjhāyanti khiyyanti vipācenti— "paṇḍakā ime samaṇā sakyaputtiyā. Yepi imesaṃ na paṇḍakā, tepi ime paṇḍake dūsenti. Evaṃ ime sabbeva abrahmacārino" ti. Assosuṃ kho bhikhhū tesaṃ hatthibhaṇḍānaṃ assabhaṇḍānaṃ ujjhāyantānaṃ khiyyantānaṃ vipācentānaṃ. Atha kho te bhikhhū bhagavato etamatthaṃ ārocesuṃ. "Paṇḍako, bhikhave, anupasampanno na upasampādetabbo, upasampanno nāsetabbo" ti.

At one time a certain *paṇḍaka* had gone forth as a monk. He approached the young monks and said, "Venerables, come and have sex with me." The monks dismissed him, "Go away, *paṇḍaka*. Who needs you?"

He went to the big and fat novices, said the same thing, and got the same response.

He then went to the elephant keepers and horse keepers, and once again he said the same thing. And they had sex with him. They complained and criticized them, "These Sakyan ascetics are *paṇḍakas*. And those who are not have sex with them. None of them is celibate."

The monks heard their complaints. They told the Buddha and he said, "A paṇḍaka should not be given the full ordination. If it has been given, he should be expelled."

There are a couple of interesting things to note about this passage. First of all, the pandaka in question was already ordained at the time of this incident. The rule against

<sup>&</sup>lt;sup>1</sup>Khandhaka 1 Pabbajjā PTS vol 1 page 85-86.

<sup>&</sup>lt;sup>2</sup>Translation by Ajahn Brahmali.

ordination of the pandaka clearly mentions that full ordination of these individuals, the  $upasampad\bar{a}$ , is not allowed. This really only makes sense if we understand  $pabbajj\bar{a}$  here to be equivalent to  $upasampad\bar{a}$ . In fact this equivalence between  $pabbajj\bar{a}$  and  $upasampad\bar{a}$  is what we find throughout the earliest Vinaya, and indeed the suttas <sup>1</sup>. In any case, the rule itself is clearly limited to  $upasampad\bar{a}$  (full ordination) and novice ordination seems to be allowed.

The Theravāda commentary, both in regards to the paṇḍaka and the ubhatobyañjanaka differs from the Vinaya in making a distinction between  $pabbajj\bar{a}$  (in the meaning of novice ordination) and  $upasampad\bar{a}$  (full ordination) and does not allow either for ordination.

A second interesting point is that the monks and novices that are approached by the pandaka react in an exemplary manner and send him away. It is only the elephant and horse keepers, those of a lower class, who engage in sexual relations with him. But afterwards, they still complain about it and criticize the pandaka while they have themselves also engaged in the same act. This seems a bit odd and revolves around the stock passage Te ujjhāyanti khiyyanti vipācenti that is used throughout the Vinaya as a typical pattern of narration. In the majority of cases it is the  $manuss\bar{a}$  (people) who complain and criticize, after which the monks hear about it, also complain and criticize (Ye te bhikkhū appicchā ···pe···te ujjhāyanti khiyyanti vipācenti) and then relate the story to the Buddha. So the word te (they) is used to relate to the monks who criticize after they have heard it from the 'people'. Here however the word te is used right after the elephant and horse keepers, seemingly referring to them. However, it would make much more sense if others would complain about this scandalous behavior rather than the elephant and horse keepers themselves. Indeed this is what we find in the same story in the Dharmaguptaka Vinaya, where the people (lay Buddhists) complain and criticize (時諸居士見已譏嫌言). Claire Maes<sup>2</sup> points out that this phrase could have been used to conceal debates that might have influenced the Bhikkhu Sangha to implement specific precepts to be in conformity with the praxes of other ascetic communities with the main purpose to place the origin of precepts within the Buddhist Order with the Buddha himself in a leading role. She successfully demonstrates this with the Jain concept of ekindriya jīva (one-facultied life) and argues that this concept entered the Buddhist Vinaya as a result of interactions and discussions with the Jain contemporaries. I believe that the pandaka could also have entered the Buddhist Vinaya in a similar manner. As we have seen previously, the pandaka was discussed at length in the debate amongst the Jains themselves.

 $<sup>^1</sup>$ The  $s\bar{a}maneras/\bar{\imath}s$  are barely mentioned in the suttas. Instead we find the figure of the samanuddesa, 'one designated as a samana', who seems to have had a looser affiliation with the Sangha, that is, no proper ordination. The commentaries glosses them as  $s\bar{a}maneras$ , but this might be an oversimplification. More likely they were a kind of precursor to the more formal status of novice. It seems likely that such people merely put on robes, and then lived in with loose connection to a particular community of ascetics, in which case their sex would have been a non-issue. I would argue it is natural to see novices proper in the same way. But the samanuddesa remains obscure.

 $<sup>^2</sup>$ See Maes [2011] pages 98-101.

In Appendix B, figures 3 and 4 I have charted the occurrences of the various words throughout the Pali and Sanskrit texts. This illustrates that the pandaka only occurs in the Vinaya and Commentaries in the Pali. The Sanskrit texts in this graph are not entirely organised by lateness but it is clear that the pandaka mainly appears in the Vinaya and  $\hat{Sastrapitaka}$ . The  $kl\bar{\iota}ba$  is notable by it's absence in all Buddhist texts and only appears in the Vedic and later Brahmanical texts. It does not appear in the Pali texts at all. One explanation for this might be that the terms  $kl\bar{\iota}ba$  and pandaka have been mixed up because their meanings were at least in part overlapping. What is also striking is that the umbrella term napumsaka only appears in the Pali commentarial texts and not in any of the earlier collections. It is however a recurrent term in the Vedic and Brahmanical texts. We also see that this term becomes more prominent in the later Anya commentaries as well as in the Brahmanical  $\hat{Sastra}$  collections, which points to a shift in emphasis, and possibly meaning, of this term in later times at the expense of the prominence of pandaka. As these are later texts I have not looked into them in great details and this might be an interesting topic for later studies.

Considering that the word *paṇḍaka* does not appear in any of the early suttas<sup>1</sup>, it seems clear that the inclusion of the word in the Vinaya did not happen in the Buddha's lifetime but was added later as a result of the discussions with the Brahmins and Jains, for whom the *pandaka* could not ordain.

## 4.2. The Five Types of Pandaka

Going beyond the Vinaya itself into the commentarial scriptures, we find the following in the Theravāda  $Mah\bar{a}vagga-aṭṭhakath\bar{a}$  to explain more about the nature of these two classes<sup>2</sup>. It defines five types of  $pandaka^3$ :

- 1. āsittapaṇḍaka: a man who gains satisfaction from performing oral sex on another man and from swallowing his semen or who only becomes sexually aroused after swallowing another man's semen.
- 2. usūyapaṇḍaka: a voyeur, that is, a person who gains sexual satisfaction from watching others have sex.
- 3. opakkamikapandaka: eunuch, due to castration.

<sup>&</sup>lt;sup>1</sup>The word is not found in any of the early Buddhist Suttas, nor does it appear in the  $p\bar{a}timokkhas$ , the lists of rules for monastics. Next to the Pali Vinaya, it appears twice in the  $Aiguttara~Nik\bar{a}ya$ , but both of these only have parallels to the Vinaya or later texts.

<sup>&</sup>lt;sup>2</sup>The Samantapāsādikā: Vol. V, p. 1015f. is a translation of Sinhala commentaries into Theravāda by Bhikkhu Buddhaghosa and possibly others in the 5th century CE. It was based on the Mahāpaccariya and the Kurundī Atthakathā. See Goonesekere [2008] for details on Theravāda Commentaries.

<sup>&</sup>lt;sup>3</sup>Translations/explanations as in Bomhard [2016] and Ṭhānissaro [1996].

- 4. pakkhapandaka: those who become sexually aroused in parallel with the phases of the moon<sup>1</sup>.
- 5. napumsakapandaka: a person born without sexual organs<sup>2</sup>.

It is interesting to note that not all pandaka are barred from ordination, in contrast to what the Vinaya mentions. Only the last three types are forbidden to ordain<sup>3</sup>.

The castrated paṇḍaka i.e. a eunuch, is only one of the five types that cannot ordain, which makes it highly unlikely that the word paṇḍaka means 'eunuch'. We would also not expect a eunuch to have hyperlibidinous-ness. After all, castrated men were often employed as harem guards just for the reason that they are no longer interested in sexual activity and therefore considered safe. Moreover, the Dharmaguptaka Vinaya treats the castrated man as something other than a paṇḍaka.

As we have seen in the Jain scriptures, the discussion to overcome the ambiguities in the understanding of the word napumisaka resulted over time in changes in meaning and the definition of sub-categories and I believe this has also occured in the Buddhist Vinayas with the word pandaka. I believe that it is likely that the term opakkamikapandaka represented a castrated man, the  $kl\bar{\imath}ba$ , while the napumisakapandaka was the re-definition of the original pandaka or the 'female napumisaka' that we saw emerging in the Jain commentarial texts. Also from the Chinese sources it is clear that the person has to be born this way.

The pakkhapandaka is interesting and several explanations have been given by authors over time, none of which I find convincing. Allan Bomhard [2016] advocates that the word pakkha should not be translated as 'half moon' but that the meaning of the word is something like a sex-addict. I refute this argument because the characters used to denote this type of pandaka in the Chinese Vinayas of all schools are  $\#\beta$ , which literally means 'half moon'. It is also mentioned in various Chinese commentarial texts<sup>4</sup> that the 'half moon' is 'not a male' and thus a form of napumsaka for half of the month and the other half he is a male. All texts are consistent in this. As we can still understand the meaning

<sup>&</sup>lt;sup>1</sup>According to Bomhard [2016], the term pakkhapaṇḍaka (Skt. pakṣapaṇḍaka) probably does not refer, as traditionally understood, to an individual who becomes sexually aroused parallel to the phases of the moon, i.e., to someone who is aroused during the fortnight of either the waxing or waning moon, but to someone "who acts wrongly sexually, who behaves badly sexually." He hypothesizes that pakkha of the compound pakkhapaṇḍaka should be understood in terms of its alternative meaning "a cripple," and that the corresponding Sanskrit should not be understood as pakṣa but rather phakka ("cripple," adj. "lame, crippled, maimed"), derived from the Skt. verbal root phakk, (a) "to creep, to steal along; (b) to have a preconceived opinion; (c) to act wrongly, to behave badly." He thus considers the third meaning of phakk as most relevant to the case at hand.

<sup>&</sup>lt;sup>2</sup>The Sanskrit equivalent is *prakṛtipaṇḍaka*. The term *prakṛti* means something like 'nature' or 'fundamental form' and the term *tṛt̄ūgāprakṛti* became the official word for the 'third sex' at around the beginning of the common era. I therefore do not believe this translation by Ṭhānissaro [1996] to be correct but that the literal meaning reflects more the original meaning of *napunisaka*.

<sup>&</sup>lt;sup>3</sup>Wong [2005] and Ṭhānissaro [1996].

<sup>&</sup>lt;sup>4</sup>f.i. X44 0744 0432c17 四分律名義標釋.

of the other four categories and understand their meaning in light of people's physiology or sexual fetishes, the 'half-moon' pandaka is an enigma. Turning back to the Vedic texts however, we find in the Uttarakanda of the  $R\bar{a}m\bar{a}yanam^1$  the story of King Ila. In this epic tale the king accidentally stumbles upon the Goddess Pārvatī in intimate embrace with Siva, who turn him into a woman. Now Ila, she turns to the Goddess for mercy to restore her manhood but is only granted half her wish; namely that she has to change sex each month. The theme of changing genders based on the phases of the moon is a recurrent theme in the Vedic myths and it is not unlikely that this mythical theme has found its way into the Vinaya in the form of the pakkhapandaka. After all, another rule in the Vinayas of all the schools tells the tale of a shape-shifting serpent, a mythological beast, a  $N\bar{a}ga^2$ , who ordains as a monk, is later discovered and a new rule is laid down in much the same manner as for the pandaka, barring him and all his kind from ordination. The fabric of myth and reality can easily overlap in Indic culture. The Vinaya is full of various strange and wonderful beings. The Bhikkhu Pārājika 1, the rule against sexual intercourse, mentions that a monk is not allowed to have sex with a list of beings, namely a dragon, a spirit, a ghost and a pandaka<sup>3</sup>. The fact that the pandaka is listed in a list of mythological beings is indicative of its origins and how they were viewed at that time. We find similar lists in the Vinayas of the other schools.

As for the other two, the asittapaṇḍaka and the usūyapaṇḍaka, who at least in the Theravāda tradition are allowed to ordain, I believe they embody another of the Jain categories, namely the category of the puruṣanapuṃsaka (male napuṃsaka). Although they might be impotent and are therefore also in possession of the female veda, their appearance is male to the lay supporters but also to the celibate monks they live with who are not aroused by their presence. The relaxation of the rules for these two types also runs parallel with the development in the Jain scriptures. But unlike the Jain, no further abolishment of this entire rule against the ordination of paṇḍaka was reached simply because the Buddhist scriptures were closed while the Jain scriptures continued to evolve for many centuries thereafter.

# 4.3. The Pandaka in the Chinese Vinayas

The first thing that is striking when comparing the various Chinese schools is that there is no clear consistent term that denotes the *paṇḍaka*. The Mahāsaṅghika and Sarvāstivāda Vinaya use the term 種不能男 (impotent lit. incapable of producing seed) in the descriptions in the first Khandhaka on ordination. In the Dharmaguptaka Vinaya this

<sup>&</sup>lt;sup>1</sup>Rām 7.78-79. See also Goldman [1993] page 379-380.

<sup>&</sup>lt;sup>2</sup>Khandhaka 1 Pabbajjā PTS vol 1 page 86-88.

<sup>&</sup>lt;sup>3</sup>PTS vol. 3 page 37: Tena kho pana samayena aññataro bhikkhu nāgiyā methunaṃ dhammaṃ paṭisevi …yakkhiniyā methunaṃ dhammaṃ paṭisevi …petiyā methunaṃ dhammaṃ paṭisevi …paṇḍakassa methunaṃ dhammaṃ paṭisevi. Tassa kukkuccaṃ ahosi …pe …"āpattiṃ tvaṃ, bhikkhu, āpanno pārājikan" ti.

term is only used in the description of the 'half-moon' paṇḍaka. The term 黃門 ('eunuch') is used in the Dharmaguptaka and Mahīśāsaka Vinaya while in the Sarvāstivāda Vinaya the term is used everywhere but in the ordination Khandhaka. As both the terms 種不能 男 (impotent) and 黃門 ('eunuch') are used in the same way in different schools, we can assume that both can denote paṇḍaka but that the difference in terms point to historical changes in understanding and translation<sup>1</sup>.

The translation 'eunuch' is a later interpolation due to the etymological development of the Chinese 黄門, meaning 'yellow gate' and derived from the palace eunuchs in the Early Han Dynasty,<sup>2</sup> while the word 'impotent' seems to be an earlier interpretation and we also find this back in in the Vedic scriptures<sup>3</sup>. The Chinese culture was vastly different from the ancient Indian culture and I suspect that their own palace eunuchs were the only thing they could relate to as an explanation of the term *paṇḍaka*.

The following table compares the description of the various schools, adding the Sanskrit<sup>4</sup> and Tibetan<sup>5</sup> for reference<sup>6</sup>.

| Theravāda            | Mahāsaṅghika | Dharmaguptaka | Sarvāstivāda | Sanskrit          | Tibetan                   |
|----------------------|--------------|---------------|--------------|-------------------|---------------------------|
| 1. āsittapaņḍaka     | 4. 因他 種不能男   | 4. 變黃門        | 4. 精 種不能男 ?? | 4. āsekapaņḍaka   | 'khyud pa'i ma ning       |
| 2. usūyapaņḍaka      | 5. 妬 種不能男    | 3. 妬黃門        | 3. 妬 種不能男    | 2. īrṣyāpaṇḍaka   | phrag dog can gyi ma ning |
| 3. opakkamikapaṇḍaka | 3. 割却 種不能男   | 2. 犍黃門        | 5. 病 種不能男 ?? | 5. lūnapaņḍaka    | bcad pa'i ma ning         |
| 4. pakkhapaṇḍaka     | 6. 半月生者 種不能男 | 5. 半月黃門       | 2. 半月 種不能男   | 3. pakṣapaṇḍaka   | ma ning zla phyed pa      |
| 5. napumsakapaṇḍaka  | 1. 生 種不能男    | 1. 生黃門        | 1. 生 種不能男    | 1. prakṛtipaṇḍaka | rang bzhin gyis ma ning   |
|                      | 2. 捺破 種不能男   |               | 1. 生 種不能男 ?? |                   |                           |
|                      |              |               | 5. 病 種不能男 ?? |                   |                           |

It is striking that the Dharmaguptaka Vinaya continues to describe several types of castrated men but does not equate these to paṇḍaka, while the word used for paṇḍaka is 黄門 (i.e. 'eunuch'), which is the exact definition of a castrated man.

¹Shinsan text X44 0744 0432c13 (四分律名義標釋第 4 卷) 0432c09-0433a01 links both terms: there are 5 types of 黄門 (lit. yellow gate)and 6 types of 種不能男 (i.e. seed incapable men), the 6th type being those born from a concubine.

<sup>&</sup>lt;sup>2</sup>The word 黄門 is translated as 'eunuch' but the characters spell a different word, namely 'yellow gate'. The etymology of the word can be traced back to the Han Dynasty. See Shinsan text X44 0744 0432c09-0433a01: 此翻黃門。阿毗曇。譯為閹人。以無男根故。"This is a 黃門. Translated as castrated man. Because he has no male roots/faculty." This tells the story of the imperial ruler who appointed eunuchs to work for him. Yellow is the color of the middle in the 'Five Directions' and of the earth in the 'Five Elements' and therefore stands for imperial power and state. The color is only used by the emperor and others are not allowed to wear it. Therefore, the palace of the emperor is called the 'Yellow Gate'. In the Easter Han Dynasty, the emperor hired eunuchs and they held rather powerful positions as palace guards, scribes and other official functions. They were called the 'yellow gates'. It is a long story but the eunuchs became very powerful and eventually caused the downfall of the Han Dynasty (see Wikipedia). So 'yellow gate' became a synonym for 'eunuch'.

<sup>&</sup>lt;sup>3</sup>see Zwilling and Sweet [1996] page 363-364.

<sup>&</sup>lt;sup>4</sup>Abhidharmakośavyākhyā-Skt: 94, 15-25.

<sup>&</sup>lt;sup>5</sup>Abhidharmakośavyākhyā-Tib: D, vol. gu, 85b6-86a3; P, vol. cu, 97b2-7.

<sup>&</sup>lt;sup>6</sup>See itlr.net for details as well a more complete listing of possible meanings and occurrences of these terms.

The Theravāda and Mahīśāsaka Vinaya agree on both the background story and do not mention a list of types of paṇḍaka, but the five types of paṇḍaka are described in the commentaries. The other Vinayas all have a list of paṇḍaka who are not allowed to ordain but some of these types differ from each other or seem to have a different description. Bhikkhu Sujato¹ also observes that there are various terms where "... a statement on the matter is found explicitly in all or most of the mainland Vinayas, while the Pali canon is silent, and the judgment is found in the commentary." He therefore concludes that there is an obvious explanation for this pattern, namely that the Pali is earlier.

It is therefore likely that at the time when the five types of paṇḍaka were introduced, the Theravāda and Mahīśāsaka Vinaya were already closed and therefore these five types appear in the commentarial text instead<sup>2</sup>.

The fact that the descriptions of the five terms do not always seem to match seamlessly between schools and that there is some confusion over the term 'impotent', seemingly also denoting those who are socially impaired from marriage (i.e. the concubine's son) as well as the different description of a castrated man in both the Dharmaguptaka and Mahīśāsaka Vinaya seems to point to some ambiguity as to the meaning of paṇḍaka and the inclusion of the five types could have been an attempt to resolve this.

#### 4.4. Development of the Pandaka in the scriptures

After having looked at the references and descriptions of the word paṇḍaka in Vedic text, Jain discussions and Buddhist scriptures in both Pali and Chinese, a clearer picture emerges of what the paṇḍaka really is and the reasons behind the Buddhist rules against ordination.

As we have seen in the previous chapter the oldest emergence of the paṇḍaka and the klība as sub-categories of the napuṃṣaka ('neither male nor female') happened just after the late Vedic period. They are the 'un-males', the 'impotent', destined from birth to play a role in the larger fabric of Indian religion, society and culture. They are the embodiment of the feminine in the masculine, a living myth. They are categorised by their feminine behavior and dress, their impotence, their occupation as religious dancers and singers. They are there to remind us of the deeply ambivalent attitude of men towards women and women's sexuality, their desire for, and at the same time their fear of the feminine. Allan Bomhard [2016] points out that the word can be a loan-word from the Dravidian peṇṭan, peṇṭakan, peṇṭakam, which can mean both hermaphrodite and eunuch. This is interesting because it is clear that at least in Dravidian no difference is made between a eunuch and a hermaphrodite and I believe that the way we need to see the paṇḍaka

<sup>&</sup>lt;sup>1</sup>Sujato [2009] page 216-217.

 $<sup>^2</sup>$ Although the  $Samantap\bar{a}s\bar{a}dik\bar{a}$  is attributed to Buddhaghosa in the 5th century CE, this was based on earlier ones, now lost, in Prakrit and Sinhala, which were written down at the same time as the Canon, in the last century BCE. As we see here, some material in the commentaries is found in canonical texts of other schools, suggesting an early common source.



(a) Palace eunuchs in ancient China



(b) Hijra in India

Figure 1

is indeed as embodying aspects of both these terms, namely an impotent male who has female characteristics (linga).

As none of the words paṇḍaka, klība and napuṃsaka appear in the early Buddhist suttas and seem out of place in the Buddhist scriptures in the light of the Dhamma taught in the overall canon but are found elsewhere in Jain or other Indic texts, there is a fair chance that this does not originate from the Buddha himself. Most likely the word paṇḍaka entered the Vinaya as part of the redaction during the Second Council, especially since we have seen that this redaction played at a time when a wider religious debate with regards to the position of women in religious live was taking place. As this discussion hinged on the definition of the word liṅga, or what it means to be a 'male' or 'female', by consequence what it means to be 'neither male or female' was discussed also. The Vinaya describes the paṇḍaka as hyperlibidinous and unable to maintain his monastic precepts, which is an idea also found in the Jain texts where it is explained as the result of him possessing both male and female veda. But the Vinaya itself falls short of defining a paṇḍaka as anything else than simply hyperlibidinous and no further explanations are offered.

It is in the later commentaries that we find more of a description in the form of the five types of paṇḍaka. But this also causes further confusion because the concept in its entirety did not seem to be known to the translators of the Chinese texts so they used words they knew from their own culture. There the word paṇḍaka was first translated as 'impotent' (種不能男) and later as 'eunuch' (黃門). The translation 'eunuch' however was taken from the word 'yellow gate', denoting the Han Dynasty imperial palace eunuchs. This was possibly the only way that the Chinese could relate to a paṇḍaka, being unfamiliar with the rich religious concept that they embody. It is clear that the Chinese palace eunuchs cannot be compared to the hijra from India, who are most likely the closest

modern-day representative of what the *paṇḍakas* would have been (see figure 1).

The concept of paṇḍaka does not allow itself to be reduced to a mere word to make it acceptable and understandable for the rational mind. As Serena Nanda argues: "Whereas Westerners feel uncomfortable with the ambiguities and contradictions inherent in such in-between categories as transvestism, homosexuality, hermaphroditism, and transgenderism, and make strenuous attempts to resolve them, Hinduism not only accommodates such ambiguities, but also views them as meaningful and even powerful.<sup>1</sup>" It is the divine representation of the feminine within the masculine. It is the human representation of the mythical tales which have deep psychological roots, namely the ambivalence that leads to the inner struggle between man's love of the feminine and his fear thereof. The paṇḍaka does not match any contemporary notions. The closest representation of the paṇḍaka in today's world is possibly the hijra.

<sup>&</sup>lt;sup>1</sup>See Nanda [1999] page 20. Note that since the time Serena Nanda wrote this passage our understanding and vocabulary of sex, sexuality and gender has changed and terms like 'transvestism', 'homosexuality' and 'hermaphroditism' are no longer in use.

# 5. Ubhatobyañjanaka

In the Theravāda Vinaya *Khandhaka* 1 we find the following passage<sup>1</sup>:

Tena kho pana samayena aññataro ubhatobyañjanako bhikkhūsu pabbajito hoti. So karotipi kārāpetipi. Bhagavato etamatthaṃ ārocesuṃ. Ubhatobyañjanako, bhikkhave, anupasampanno na upasampādetabbo, upasampanno nāsetabboti.

At one time an *ubhatobyañjanaka* had gone forth as a monk. He had sex and made others have it. They told the Buddha and he said, "An *ubhatobyañjanaka* should not be given the full ordination. If it has been given, he should be expelled."

Just like with the pandaka, the  $ubhatobya\tilde{n}janaka$  in this passage is already ordained at the time of this incident and in a similar way we can deduce that the rule itself is limited to  $upasampad\bar{a}$  (full ordination) while novice ordination is allowed, while the commentarial texts mention that both are prohibited.

For the  $ubhatobya\~njanaka^2$  we have less material to go on as for the paṇḍaka. It is only briefly mentioned in the Chinese Vinayas as those with two roots/faculties (二根) who are not allowed to ordain, but without any further explanation. The Therāvada Vinaya merely states that this person "acted and was acted upon".

The commentarial literature is slightly more forthcoming but no less confusing as to the meaning of the word. The  $Samantap\bar{a}s\bar{a}dik\bar{a}^3$  states:

Ubhatobyañjanako bhikkhaveti itthinimittuppādanakammato ca purisanimittuppādanakammato ca ubhato byañjanamassa atthīti ubhatobyañjanako.Karotīti purisanimittena itthīsu methunavītikkamam karoti. Kārāpetīti param samādapetvā attano itthinimitte kārāpeti, so duvidho hoti -itthiubhatobyañjanako, purisaubhatobyañjanakoti. Tattha itthiubhatobyañjanakassa itthinimittam pākaṭam hoti, purisanimittam paṭicchannam. Purisaubhatobyañjanakassa purisanimittam pākaṭam, itthinimittam paṭicchannam. Itthiubhatobyañjanakassa itthīsu purisattam karontassa itthinimittam paṭicchannam hoti, purisanimittam pākaṭam hoti. Purisaubhatobyañjanakassa purisānam itthibhāvam upagacchantassa purisanimittam paṭicchannam hoti, itthinimittam pākaṭam hoti. Itthiubhatobyañjanako sayañca gabbham gaṇhāti, parañca gaṇhāpetī. Purisaubhatobyañjanako pana sayam na gaṇhāti, param gaṇhāpetīti, idametesam nānākaraṇam.

Because of kamma giving rise to female characteristics and kamma giving rise to male characteristics, there is for them the characteristics of both. With

<sup>&</sup>lt;sup>1</sup>Khandhaka 1 Pabbajjā PTS vol 1 page 89, translation by Ajahn Brahmali.

<sup>&</sup>lt;sup>2</sup> Ubhato meaning 'in both ways, on both sides' and byañjana or vyañjana means 'sign or mark'.

<sup>&</sup>lt;sup>3</sup>Samantapādādikā, vol. 3, para. 116 translation by Ajahn Brahmali.

the male characteristic they act to transgress through sexual intercourse with women. Having encouraged another, they cause action in their own female characteristic.

They are twofold: the female *ubhatobyañjanaka* and the male *ubhatobyañjanaka*. In regard to this, the female characteristic of the female *ubhatobyañjanaka* is apparent, but the male characteristic is hidden. The male characteristic of the male *ubhatobyañjanaka* is apparent, but the female characteristic is hidden.

While the female *ubhatobyañjanaka* is acting with manliness among women, the female characteristic is hidden, whereas the male characteristic is apparent. When the male *ubhatobyañjanaka* enters the state of a woman for the sake of men, the male characteristic is hidden, whereas the female characteristic is apparent. The female *ubhatobyañjanaka* becomes pregnant and causes others to become pregnant. The male *ubhatobyañjanaka* does not become pregnant, but causes others to become pregnant. This is the difference between them.

The Chinese equivalent of the Pali  $Samantap\bar{a}s\bar{a}dik\bar{a}$  can be found in T24 1462: 善見律毘婆沙¹:

There are three kinds of two-facultied people (二根): those who can impregnate and conceive; those who can impregnate but not conceive; and those who cannot impregnate but who can conceive. These three types of people are not allowed to become monks and take the full precepts; if they have already taken the full precepts, they should be expelled.

Other Chinese commentaries have variations of the same passage<sup>2</sup>:

It is said that a person has two roots/faculties (二根): male and female. There are three kinds: The first is able to self-reproduce. He can impregnate and conceive. The second can impregnate others but cannot conceive himself. The third type cannot impregnate but he can conceive when impregnated by another.

The  $Samantap\bar{a}s\bar{a}dik\bar{a}$  identifies two types of  $ubhatobya\tilde{n}janaka$  while the Chinese commentaries identify three. The  $Samantap\bar{a}s\bar{a}dik\bar{a}$ 's explanation is all the more puzzling because it describes the female  $ubhatobya\tilde{n}janaka$  as having apparent female characteristics and the male characteristics hidden, but if they feel attracted to a women, they seem to be able to hide the female characteristic and make the male characteristic apparent. The opposite is described for a male  $ubhatobya\tilde{n}janaka$ . Moreover the female  $ubhatobya\tilde{n}janaka$  is able to become pregnant but also impregnate others so they become

<sup>&</sup>lt;sup>1</sup>T24 1462 善見律毘婆沙 0792c03-0792c06. 5th century CE.

<sup>&</sup>lt;sup>2</sup>See f.i. Shinsan X44 0744 四分律名義標釋 0450b01-0450b04.

pregnant. This last aspect is also mentioned as one of the three types in the Chinese commentaries. The other two types in the Chinese are just described as being able to either get pregnant or impregnate others, just like females and males but with no further explanation as to why they are different from females and males.

Apparently the ability to procreate is very important here and I would like to point out that it is humanly impossible to both conceive and impregnate<sup>1</sup>. However, as we have seen in the Vedic mythology this is a recurrent theme and there are many instances where a person is both mother and father. King Ila himself, in the form of the woman Ilā, becomes pregnant and bears a son. He/she is bound to keep on changing gender which also results in a change in sexual desires. In the  $Mah\bar{a}b\bar{a}rata~Anu\acute{s}asanaparvan^2$  we find the tale of King Bhaṅgāśvana, who is longing for a son, performs a divine ritual as a result of which he gets one hundred sons but in doing so invokes the anger of the god Indra, who turns him into a woman. As a woman she conceives another hundred sons.

Also in the Buddhist scriptures we find a similar account whereby somebody changes sex involuntarily due to their 'instant kamma', triggered by impure thoughts; the story of Sorreya<sup>3</sup>. The difference with the Vedic stories is that the sex-change is attributed to causality and not to a spell or curse. This shows an underlying assumption of gender inequality, namely that the male sex is preferred and the result of 'good kamma', while the female sex is a result of 'bad kamma'.

There are also many instances in the Vedic mythology where a gender change is a deliberate choice. Gods are able to enact a gender change in others, but also use it themselves for a variety of reasons, most notably for the purpose of sexual intercourse or to destroy male power. The gods Visnu and Śiva (see figure 5) change sex frequently<sup>4</sup>.

It seems therefore far more likely that our elusive  $ubhatobya\tilde{n}janaka$  is a mythological being which has no grounding in real life other than the embodiment of the feminine principle in the male. As with the pakkhapandaka ('half moon' pandaka) it is not unthinkable that this was placed in the Vinaya to be complete, just under the section with the story of the mythological shape-shifting snake-turned-monk<sup>5</sup>.

<sup>&</sup>lt;sup>1</sup>In Appendix C, section C.2.2 I have described our current medical understanding of what it entails to both procreate as a male and a female.

<sup>&</sup>lt;sup>2</sup>MBh 13.12.

 $<sup>^3</sup>$ See? for a detailed analysis of this story that appears in the Soreyyatthera-vatthu of the  $Dhammapada-atthavannan\bar{a}$ . The  $Dhammapada-atthavannan\bar{a}$  was seemingly translated from Pali into Sinhalese by Buddhaghosa on the invitation of an otherwise unknown Kumārakassapa Thera. Buddhaghosa is mentioned as the author in the epilogue of this work at Dhp-a IV 235-236. Buddhaghosa lived in the 5th century CE. He was a commentator, translator and philosopher. He worked in the Great Monastery (Mahāvihāra) at Anurādhapura, Sri Lanka. He is also the main author of the  $Samantap\bar{a}s\bar{a}dik\bar{a}$  commentary.

<sup>&</sup>lt;sup>4</sup>Doniger O'Flaherty [1982] gives a particularly interesting account on androgyns in the ancient texts. These androgyns can have a large variety of possible characteristics and origins. See for instance pages 261–313 for detailed stories.

<sup>&</sup>lt;sup>5</sup>In various Chinese texts other shape-shifting animals are mentioned too. F.i. T85 2792 毘尼心 0667c04-0667c05 mentions dragons, fox and deer.

The other types of *ubhatobyañjanaka* mentioned in the commentaries seem to be similar in their ability to have sex as both a male and a female, but being impotent in one of these faculties. Again, this is not something we naturally find in human beings but is a theme extensively found in the Vedic myths.

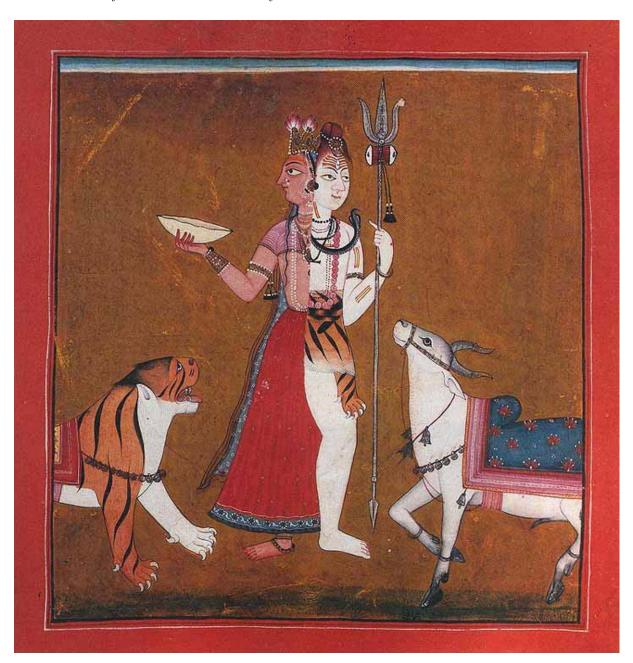


Figure 2: Śiva in their androgynous form of Ardhanārīśwara

A story of a slightly different genre is recounted in the Buddhist  $D\bar{v}rgh\bar{a}gama$  Sutra T24 which describes how in the beginning all beings were male or female and were therefore subject to marriage. But the heavenly beings were bestowed with the gift to be free from marriage with no distinction between male and female; all became hermaphrodites (二根) with exactly the same faculties. This passage seems slightly different from the above because here the shift is not from male to female or visa versa but to a hermaphrodite and

only bestowed on heavenly beings. So the same word 二根 is used for a hermaphrodite here but it is also seen as a great gift.

The word *ubhatobyañjanaka* does not appear in any texts outside the Buddhist Vinaya and commentaries thereof<sup>1</sup>. It seems however logical that by the sheer definition of the *napuṃsaka* as 'anything that is not entirely male' the *ubhatobyañjanaka* also falls under this category. As a subcategory of the *napuṃsaka* they would have been seen as hyperlibidinous, which is in later texts explained by the fact that *napuṃsaka* have both male and female characteristics<sup>2</sup>.

The pandaka as a subset of napumsaka was also seen as having both male and female characteristics in the Jain scriptures but is obviously not the same as a  $ubhatobya\tilde{n}janaka$ . The difference between the pandaka and the  $ubhatobya\tilde{n}janaka$  clearly seems to be on the procreative level in that the  $ubhatobya\tilde{n}janaka$  is able to conceive and impregnate while the pandaka, as an impotent man, can do neither. From the descriptions given in the  $Samantap\bar{a}s\bar{a}dik\bar{a}$  we can also conclude that the  $ubhatobya\tilde{n}janaka$  is able to change their secondary characteristics as well as outside appearance and behaviour to appear either male or female. Again, this is not possible outside the realm of mythology.

All the Vinayas agree that the *ubhatobyañjanaka*/二根 is one of the four sex/gender types next to male, female and *paṇḍaka*/黄門. Considering that the male and female were seen as both having just one root/faculty (in the meaning of procreative ability), and the *paṇḍaka* has none<sup>3</sup>, the two-faculties person fills a gap. Burkhard Scherer notes that this fourfold taxonomy ('male', 'female', 'both ...', 'neither ...') is intended to achieve the Classical Indian (and especially Buddhist) fourfold logical tetralemma called the *catuṣkoṭi*<sup>4</sup> and that the categories of *paṇḍaka* and *ubhatobyañjanaka* are largely academic. This might indeed have played a role but I believe there are also other considerations like the fact that these types are indeed found in the world, albeit in the mythology. Of course we can ask ourselves in how far the mythological beings have been created by the academic pursuits of an earlier civilization.

Just like the pandaka, I believe that the ubhatobyañjanaka is a later addition to the

 $<sup>^{1}</sup>$ Appendix B, figure 4 shows that the  $ubhatobya\tilde{n}janaka$  does not appear in any Vedic or Brahmanical texts and only appears in the Buddhist texts. There is however another word in the Varṣāvastu, namely  $str\bar{i}puruṣapandakam$  which literally means a pandaka who is both female and male.

<sup>&</sup>lt;sup>2</sup>As we have seen in chapter 3 it is likely that 'characteristics' are defined as more than merely genital or procreative. Jackson [1996], quoting Bunmi Methangkun (1986) (article in Thai), observes that psychological as well as physiological factors are involved in the constitution of the *ubhatobyañjanaka*. He also observes (without reference) that in early Buddhist communities men who engage in receptive anal sex are seen as feminized and thought to be hermaphrodites.

³Note that when the *paṇḍaka* appears in the texts in the list of these four sex/gender types, it is in the Chinese Vinayas always described with the characters 黄門 ('eunuch') and never as 種不能男 ('impotent'). Indeed we find in the Chinese texts that a eunuch is somebody with the 'male faculty' removed. There might be some confusion here as to what entails characteristics and the Chinese scribes would have only been able to describe this based on their own experiences in their own culture.

<sup>&</sup>lt;sup>4</sup>See Scherer [2006] page 68 and Dr. M. Vermeulen, book on this subject is yet to be published.

Vinaya. The word does not appear in the early suttas<sup>1</sup> and only briefly in the Vinaya. The description is so brief and hardly existent in the Chinese texts that it seems to be added almost as an after-thought. The insertion would have most likely occurred during the redaction of the Vinaya at the Second Council.

The  $ubhatobya\tilde{n}janaka$  seems to be a rather elusive term that does not allow itself to be captured easily. Various scholars have tried to explain this as a form of intersex<sup>2</sup> for the sole reason that intersex people were previously erroneously called 'hermaphrodite' and a hermaphrodite can procreate in both the male and female way as is a description of the  $ubhatobya\tilde{n}janaka$  in the commentaries. This is confusing as a true hermaphrodite does not exist among humans and is distinct from intersex.

From the descriptions in the commentaries, the *ubhatobyañjanaka* is not human in nature. It is a mythological or heavenly being with its roots in Vedic mythology. As Robert Goldman [1993] points out: "... the whole phenomenon appears to be deeply bound up with a patriarchal culture's ambivalent construction of women and their sexuality." The Vedic stories explore the deep longing of men to be able to conceive and the idea found in a variety on Indian sources.

<sup>&</sup>lt;sup>1</sup>See Appendix B, figure 3.

<sup>&</sup>lt;sup>2</sup>For a brief description of the term 'intersex' see Appendix C, section C.2.1.

# 6. Itthipandaka, Animittā, Nimittamattā, Vepurisikā

There are various other words mentioned in the ordination procedures for  $Bhikkhun\bar{\iota}$  as described in the Bhikkhunikkhandhaka that are interesting in this context. These do not exclude from ordination<sup>1</sup>:

itthipandaka female pandaka

animittā woman who lacks genitals

 $nimittamatt\bar{a}$  woman with incomplete genitals

 $vepurisik\bar{a}$  woman who is manlike

The word animittā literally means 'signless' and appears a number of times in the canon (excluding commentaries) but mostly in a different meaning, namely as in animitto (ceto)samādhi, which is translated by Bhikkhu Sujato as 'signless immersion', a term used in the context of meditation. In the context of not having genitals, it only appears in the canon in the Bhikkhunikkhandhaka and as a form of abuse for women in the Bhikkhu Saṃghādisesa 3, never on it's own but always in the same sequence of words of which the above are a few.

The three words  $animitt\bar{a}$ ,  $nimittamatt\bar{a}$  and  $vepurisik\bar{a}$  do not appear in any of the earlier commentarial texts but appear again in the  $Tik\bar{a}$   $Vajirabuddhi / C\bar{u}$ ļavaggavaņņan $\bar{a}$  without further explanation.

These four terms mentioned in the *Bhikkhunikkhandhaka* are rather vague in their descriptions. The Chinese texts are not very clear on this point either but the overall questions asked here seem to have mostly to do with menstruation and diseases. At first glance it seems that the rules regarding ordination are trying to make sure that the girl in question is old enough for ordination and not ill. Rules concerning whether or not a girl has breasts can be explained as a question with regards to age, or it can be explained as a question to find out if she has developed the secondary characteristics needed or is possibly intersex. We will never know the true purpose behind these questions but it is not unlikely that these questions about the development of sexual organs were asked for the sole purpose of establishing age. After all, we also find rules in the *Bhikkhunīpātimokkha* that prohibit the ordination of married girls under the age of 12<sup>2</sup>. The question about whether a girl is sterile or barren would point to her at least having had one child (how else would they know if she is fertile) but this would seem strange if she wants to enter a celibate order. It seems likely a question meant to find out if she is at least menstruating.

These terms hardly appear in any texts and also not in the earlier commentaries. Bhikkhu Sujato [2009] argues that the *Bhikkhunikkhandhaka*, as well as other parts of the Vinaya, are a later addition, possibly dating back to the Second Council and the

<sup>&</sup>lt;sup>1</sup>Khandhaka 20 Bhikkhunikkhandhaka PTS vol 2 page 271, translated by Ajahn Brahmali.

 $<sup>^2</sup>P\bar{a}cittiya~65~Y\bar{a}~pana~bhikkhun\bar{\iota}~\bar{u}nadv\bar{a}dasavassam~gihigatam~vu\\th\bar{a}peyya,~p\bar{a}cittiyam.$ 

elusiveness of these terms seems to confirm that.

Note that in the Pali, the word for characteristic used is *nimitta* and not as we would expect *linga* or *vyañjana*. Bhikkhu Sujato points out that the Bhikkhunī Vinaya uses its own language and terminology that is often more in line with the Jain terminology and is poorly integrated with the Bhikkhu Vinaya<sup>1</sup>. This could explain the discrepancies we see between the Bhikkhu and Bhikkhunī Vinaya in describing certain words pertaining to gender. In any case, the variability and vagueness of these terms with reference to gender do not permit a clear picture.

The following table gives an overview of the terms:

| Translation             | Theravāda        | Mahāsaṅghika | Dharmaguptaka | Sarvāstivāda | Mahīśāsaka |
|-------------------------|------------------|--------------|---------------|--------------|------------|
| female paṇḍaka          | itthipaṇḍaka     |              |               |              | 黃門         |
| barren/sterile          |                  | 石女           |               | 是不能產         | 石女         |
|                         | ubhatobyañjanaka | 二道?          | 二根            | 二道?          | 二道?        |
| lacking genitals        | animittā         |              |               |              |            |
| incomplete genitals     | nimittamattā     |              |               |              | -          |
| underdeveloped genitals |                  |              | 道小            | 女根小          | 女根具足       |
| woman who is manlike    | vepurisikā       |              |               |              |            |
| no breasts              |                  | 無乳           | 無乳            | 無乳           |            |
| one breast              |                  | 一乳           | 一乳            | 一乳           |            |

It is certain though that the terms of *paṇḍaka* and *ubhatobyañjanaka* pertained exclusively to male candidates as we have also seen in the Jain order while the Bhikkhunī seem to have had their own vocabulary.

There are some rare cases of people who are raised from birth as girls that later became assigned as hijra after they failed to develop secondary female sexual characteristics (breast development and menstruation) at puberty<sup>2</sup>. Although there is very little evidence to go on, I believe that these could possibly be representing the itthipanḍaka. The itthipanḍaka does not appear in any but the Pali scriptures while the Chinese talk about a 'barren/sterile woman', which could be the same or not. Only the Mahīśāsaka Vinaya talks about a 黃門 (panḍaka).

At least in the Bhikkhun $\bar{i}$  ordination in the Theravada lineage, the animitta, nimittamatta and vepurisika are allowed to ordain. This is possibly also true in several of the Chinese Vinaya.

<sup>&</sup>lt;sup>1</sup>Sujato [2009] page 143-145.

 $<sup>^2</sup>$ Nanda [1999] page 15.

# 7. Changing Gender

In this chapter I want to pay some special attention to a very interesting passage in the Buddhist canon. The Theravāda Vinaya  $P\bar{a}r\bar{a}jika$  1 describes the curious case where a monk changes gender characteristics and is now seen as a woman. She is then admitted into the Bhikkhun $\bar{i}$  order. The same is repeated for a nun who changes sex/gender and is from that moment on a Bhikkhu $\bar{i}$ .

Tena kho pana samayena aññatarassa bhikkhuno itthilingam pātubhūtam hoti. Bhagavato etamattham ārocesum. "Anujānāmi, bhikkhave, taññeva upajjham tameva upasampadam tāniyeva vassāni bhikkhunīhi saṅgamitum. Yā āpattiyo bhikkhūnam bhikkhunīhi sādhāranā tā āpattiyo bhikkhunīnam santike vuṭṭhātum." Yā āpattiyo bhikkhūnam bhikkhunīhi asādhāranā tāhi āpattīhi anāpattī" ti.

Tena kho pana samayena aññatarissā bhikkhuniyā purisalingam pātubhūtam hoti. Bhagavato etamattham ārocesum. "Anujānāmi, bhikkhave, taññeva upajjham tameva upasampadam tāniyeva vassāni bhikkhūhi saṅgamitum. Yā āpattiyo bhikkhunīnam bhikkhūhi sādhāraṇā tā āpattiyo bhikkhūnam santike vuṭṭhātum." Yā āpattiyo bhikkhunīnam bhikkhūhi asādhāraṇā tāhi āpattīhi anāpattī" ti.

At one time the characteristics of a woman appeared on a monk. They told the Master. He said: "Monks, I allow that very discipleship, that very ordination, those years as a monk, to be transferred to the nuns. The monks' offenses that are in common with the nuns are to be dealt with in the presence of the nuns. For the monks' offenses that are not in common with the nuns, there's no offense."

At one time the characteristics of a man appeared on a nun. They told the Master. He said: "Monks, I allow that very discipleship, that very ordination, those years as a nun, to be transferred to the monks. The nuns' offenses that are in common with the monks are to be dealt with in the presence of the monks. For the nuns' offenses that are not in common with the monks, there's no offense."

The appearance of this passage in  $P\bar{a}r\bar{a}jika$  1 is a bit odd. This rule has to do with sexual intercourse and obviously a change of characteristics has nothing much to do with that. It is likely that this passage was added later. The same passage is found in several of the Chinese schools<sup>2</sup> but in a different section, namely below the passages on ordination. This

<sup>&</sup>lt;sup>1</sup>Translation by Ajahn Brahmali,  $P\bar{a}r\bar{a}jika$  1, PTS Vol. 3, page 35.

<sup>&</sup>lt;sup>2</sup>This passage possibly appears in all of the Chinese schools but I have been unable to locate it.

seems more logical as there is a question implied here about ordination, namely if he/she needs to re-ordain or needs a new preceptor. Again the Chinese words are confusing here, mixing up the words for 'root' and 'shape', which seem to be used as synonyms.

The Buddha seems to handle this rather curious matter in a very matter-of-fact way. The monastic in question is simply assigned to the other order while keeping their years of seniority as well as their preceptor. It does not seem to be a problem at all. He simply responds in the compassionate way we would expect.

In regards to this passage in the Vinaya Carol Anderson<sup>1</sup> argues that this actually refers to the possibility of biological sex change as well as a change of gender on the basis that both the canonical passage as the commentaries interpret the word *linga* to refer to both the biological sex as well as gender characteristics. The distinction between anatomical sex and culturally constructed gender as we have today is not made in Classical India.

The section on the monk changing gender is discussed in the Samantapāsādikā and its Chinese equivalent (T24 1462 善見律毘婆沙). The most striking about the commentarial explanation is that the change in linga happens overnight and might also revert. In fact the monastic in question can revert back and forth several times. This is something that is attributed to kamma². A likely explanation of this passage is that we are dealing here with a highly academic stance with the aim of explaining something that was not well understood at the time the commentary was written. Carol Anderson argues that the commentarial passage can be seen as a teaching mechanism to illustrate that male characteristics are a result of good kamma in past lives while female characteristics are a result of bad kamma. This patriarchal stance is found in all Buddhist traditions so is not entirely unexpected.

To conclude, we can merely say that this passage is important but also raises questions. Its position near the bottom of  $P\bar{a}r\bar{a}jika$  1 and in the sections on ordination in the Chinese Vinaya seem to point to a later inclusion, similar to other passages found in the Vinaya that have to do with gender non-conform individuals. In a time when Hormone Replacement Therapy and surgery were not available it does not seem to be likely that anybody just changes gender from one day to the next. One possible explanation can be found in the rare case where somebody is raised as a boy or girl but during puberty turns out to be the opposite when sex markers become more apparent. We know from

<sup>&</sup>lt;sup>1</sup>See Anderson [2016b].

<sup>&</sup>lt;sup>2</sup>Heirman [2012] page 430 notes that when asleep one looses control and this can lead to shameful situations. Therefore, sexual misconduct can happen during sleep like erotic dreams or the emission of semen. Another possible explanation could be to sexual orientation. The commentaries mention that this happens when the monk is sleeping under the same roof as another monk (at least before they go to sleep) and the reverse case for a nun. If in such a case an erotic dream occurs that has to do with this other monk (/nun) i.e. homosexual attraction and the word linga also includes what is described as veda by the Jains, it is possible that what we have here is that this homosexual attraction is seen as a female characteristic. This is however speculation on my part and there is no proof of such a position, but it remains curious that a change of sex would happen overnight; it is far more likely that a person would suddenly find out about their homosexual sexuality overnight.

the Vinaya that children were ordained very young and before puberty. This could be an indication that what we now define as intersex was not seen as an obstacle to ordination.

Although the monastic in question in this passage changes gender, they also seem to be something different from an *ubhatobyañjanaka*. After all, they are allowed to stay in robes and their change in sex/gender is not treated as anything special. This is all the more evidence that the *ubhatobyañjanaka* does not mean what we know today as intersex, nor transgender. The *ubhatobyañjanaka* is described as hyperlibidinous and being able to change sex/gender at will for the purpose of sexual intercourse, while the monastic in this passage is obviously quite keen to stay celibate and practice as a monastic. They are also not in control of the change. The aspect of intention is important here as the monastic in this story is not in control of the change.

#### 8. Conclusion

I have started my analysis by pointing out that a translation of the terms *paṇḍaka* and *ubhatobyañjanaka* based on a modern understanding of concepts in lacking in clarity which has led to the exclusion of transgender and intersex people from ordination.

Not only is the meaning of these terms not well understood, they have most likely been included in the Vinaya after the Buddha's death during the Second Council as the result of a wider religious debate with regards to the position of women in the Buddhist and Jain orders, which hinged on the identification of the signs to designate somebody as a woman, which logically also led to the examination of what is male, and 'neither male nor female'.

In this paper I have shown that the terms paṇḍaka and ubhatobyañjanaka have very likely deep roots in Vedic mythology and in case of the paṇḍaka also the enactment of that mythology by real people. Over thousands of years people in different parts of the Buddhist world have been trying to find explanations and interpretations of these words based on their own culture and society while very little research has been done as to the actual meaning of these words at the time of the Buddha and shortly thereafter as well as the influence of other orders like the Jain.

We saw that the Chinese scribes, who translated the Vinaya, could only make sense of these words using a concept they knew in that culture, namely their own imperial palace eunuchs from the Han Dynasty; a concept which is vastly different from what the term paṇḍaka is trying to convey. It would equally be a mistake for us to try and interpret these words in terms of 'transgender' or 'intersex', terms we are familiar with in our culture. The paṇḍaka belongs in a time and place where the fabric of reality and mythology are woven into each other in a way that is daunting for our western rational minds. For thousands of years various authors have attempted to solve the inherent ambiguities in these terms, in commentarial texts and sub-commentaries, up to the present day. The truth is that the full meaning of these terms cannot be captured in single words or phrases based on modern concepts and any interpretation of these terms will always be flawed.

The only thing we can say for certain is that the paṇḍaka and the ubhatobyañjanaka are seen as problematic because they are unable to keep their precept of celibacy. This is also confirmed by the Chinese commentaries<sup>1</sup> as well as indicated in the origin stories. The idea that they are a threat to celibate monks because the monks might be attracted to them is not supported by the origin stories. I find such arguments rather patronizing. In my experience the monks who have voluntarily taken up the training in the Dhamma are very well aware of the responsibility this brings.

The main, and only, undisputed criterion for not allowing ordination to certain individuals here is their difficulty in keeping the precepts. This is a fair reason for barring

<sup>&</sup>lt;sup>1</sup>T85 2792 毘尼心 0667b25-0667c05.

somebody from ordination. All criteria based on perceived or imagined sex and gender characteristics that might or might not be part of a paṇḍaka or ubhatobyañjanaka are not. Transgender and intersex people are generally not hyperlibidinous and are just as able to keep the precepts as anyone else.

It is therefore unfair, even cruel, to deny ordination to otherwise eligible individuals on the basis of a very limited and a most likely erroneous understanding of these terms, even more so because we know with a fair amount of certainty that they were inserted into the Vinaya after the Buddha's passing away, most likely under influence of discussions with other sects and discussions that were held in a male patriarchal system where the fear of the feminine, and thus everything that is seen as 'not-male' is paramount. The wholesome aspiration to ordain and practice in line with the Dhamma is something that needs to be encouraged, not disparaged. Ordination as a monastic is not a right to be acquired to become part of an elite group through an initiation ritual, it is to be welcomed if someone feels inspired to play a part in the propagation of the Dhamma and to help safeguard it for future generations.

I certainly do not wish to justify ignoring any of the rules in the Vinaya. But this is an instance where contemporary social conventions are simply not covered by any of the Vinaya rules. We never before had the medical knowledge about intersex or the ability to change sex with Hormone Replacement Therapy and surgery. In such a case we must not question how to make the Vinaya rules apply to the the convention, but whether such rules apply at all. And when such a rule application causes unnecessary suffering on the basis of very feeble arguments, I think it is unjust to do this. Regardless of how the Vinaya is interpreted, the doctrine of  $anatt\bar{a}$  (non-self), which is fundamental to all Buddhist schools, denies that there is an identity or lasting entity at the centre of any being, so this makes gender difference at the deepest level a superficial factor just as race, ethnicity, appearance or social status. Therefore to deny anybody ordination on the basis of this is in itself against the Dhamma.

In speaking with other Sangha members, the question often arises as to which Sangha, Bhikkhus or Bhikkhunis, a transgender or intersex person should ordain into and as such also according to which ordination procedure. I think we should simply leave such questions to the individuals involved based on their gender-experience in consultation with the members of the community they wish to ordain into. The Vinaya has even given us an example on what to do in this case: the person can simply live in the Sangha according to their own gender-experience<sup>1</sup> where they can practice in a way that is most appropriate to them in order to get the best possible opportunities to eradicate defilements and practice the teachings. As I have outlined in this article, in ancient India there was a lively debate with regards to the characteristics that make up a 'man' or a 'woman'; these are not so clear-cut and also not limited to primary and secondary sex characteristics.

<sup>&</sup>lt;sup>1</sup>PTS vol. 3 page 35. See also chapter 7.

Article 1 of the UN Universal Declaration of Human Rights reads: "All human beings are born free and equal in dignity and rights". Denying ordination on the basis of sex or gender is against basic human rights and as Buddhists it is not only our duty to ensure the ethical standards that are expected of us in our society, but also to be the living examples of the Buddha's compassion for all beings.

As Buddhists who espouse the ideal of unconditional loving kindness and respect, judging people on their behavior instead of their birth, we should be well positioned to show leadership on the development of gender equality in the modern world and the consequent reduction of suffering for half the world's population. Moreover, if Buddhism is to remain relevant and grow, we must address these issues head on. But how can we speak about gender equality when some of our own Theravada Buddhist organizations are gender biased? Ajahn Brahmavamso

# A. Gender non-conformity in the Chinese Vinayas of the different schools

#### A.1. Mahāsaṅghika Vinaya

The Mahāsaṅghika Vinaya Bhikkhu Pakiṇṇaka describes that monks feel groping at night and after catching the culprit, a monk, he admits being a 非男非女 i.e. neither male, nor female<sup>1</sup>. They report to the Buddha, who tells them there are six types of un-males (不能男者有六種) (lit. those we are not capable of producing seed/impotent). The Buddha lays down a rule that none of these should be ordained and those already ordained should be expelled.

- 1. those born impotent (生).
- 2. those who are born from a concubine (捺破) $^{2}$ .
- 3. a castrated impotent man (割却), who is castrated as a punishment by the King's minister (割却男根 lit. cut root/faculty of masculinity).
- 4. a transformed impotent man who is aroused by the touch of others but cannot ejaculate (因他) $^3$ .
- 5. a jealous impotent man who is a voyeur and becomes aroused when watching others have sex (妬).
- 6. a 'half-moon' impotent man (半月生者) (description of what this is exactly is unclear).

The term 非男非女 (neither male nor female) is only used by the *paṇḍaka* to describe himself in this Vinaya. This could be a literal translation of the term *napuṃsaka* as in Vedic India this is an umbrella term of which the *paṇḍaka* is a subsection. The *hijra* of India also refer to themselves with this term.

The term 二根 (i.e. 2 roots/faculties) is mentioned in passing as a question for Bhikkhu ordination but without further explanation<sup>4</sup>. Also the term 黄門 (translated as 'eunuch'<sup>5</sup>) is also mentioned here without further explanation.

<sup>&</sup>lt;sup>1</sup>T22 1425 摩訶僧祇律 0417c14-0418a10.

<sup>&</sup>lt;sup>2</sup>This is the only place in the canon where this is mentioned but X44 0744 0432c13 四分律名義標釋 0432c09-0433a01 mentions that there are 5 types of 黃門 (lit. yellow gate), which is translated as 'eunuch' elsewhere and 6 types of 種不能男 (i.e. seed incapable men), the 6th type being those born from a concubine.

<sup>&</sup>lt;sup>3</sup>This is a very free translation based on other texts where this type is mentioned.

<sup>&</sup>lt;sup>4</sup>T22 1425 摩訶僧祇律 0413c02.

<sup>&</sup>lt;sup>5</sup>In the remainder of this chapter I will use the translation 'eunuch' (in quote-marks) as the official translation of 黄門 according to the dictionary. I will come back to this later as I refute this translation as too narrow and probably erroneous.

Other words we find in the  $Bhikkhun\bar{\imath}$  ordination procedure are those who have no breasts (無乳) or just one breast (一乳) or those who are barren/sterile (石女 lit. a woman made of stone). In this procedure it is mentioned that the candidate can proceed if she does not suffer from these conditions<sup>1</sup>. We also find the question if she is not 'two-paths' (二道)<sup>2</sup>.

#### A.2. Dharmaguptaka Vinaya

In the Dharmaguptaka Vinaya *Pabbajja Khandhaka* the story is similar to that in the Theravāda Vinaya. A 'eunuch' (黄門) is ordained and then tries to have sex with monks and novices but is rebuked. He ends up having sex with cowherds and shepherds. The story is brought to the Buddha who lays down the rule that all 'eunuchs' have to be expelled and cannot ordain. He identifies five types of 'eunuchs'<sup>3</sup>:

- 1. those born as 'eunuch' (生黄門).
- 2. a castrated 'eunuch' (犍黃門)4.
- 3. a jealous 'eunuch' (妬黄門), who is aroused at the sight of others having sex.
- 4. a transformed 'eunuch' (變黃門). Transformed means while committing a sexual act with another, he loses masculine function, and thereby becomes a paṇḍaka.
- 5. a 'half-moon' 'eunuch' (半月黄門), having male function for half a month, and being impotent for the other half of the month<sup>5</sup>.

The regular list of persons not to be ordained is given, using the word 二形 ('two shapes'), translated by BTC [2015] as 'hermaphrodite', while in other places in the Vinaya it uses 二根 ('two roots/faculties').

After this list the Dharmaguptaka Vinaya adds the story of a monk and nun resp. who change gender as is mentioned in the Theravāda  $P\bar{a}r\bar{a}jika$  1. The Buddha concludes that they can simply go to the other order and do not need to be expelled<sup>6</sup>. Again, the word used here for gender characteristics is  $\mathbb{H}$  (i.e. form or shape). The next paragraphs list

<sup>&</sup>lt;sup>1</sup>T22 1425 摩訶僧祇律 0472b05-0472b10.

<sup>&</sup>lt;sup>2</sup>The term 二道 seems to be used as a synonym of 二根 ('two roots/faculties'). Another term used in  $P\bar{a}r\bar{a}jika$  2 T22 1425 摩訶僧祇律 0244a24 is 二形 ('two shapes'). There seems to be some confusion between three terms: 二根 ('two roots/faculties'), 二道 ('two paths') and 二形 ('two shapes') that are sometimes used as synonyms in different places. 二道 is at least in the Dharmaguptaka Vinaya mainly used to denote a person who has caused a schism. This is confusing because the word 道小 ('small path') in the Dharmaguptaka Vinaya is translated by BTC [2015] as meaning 'underdeveloped female genitalia'.

<sup>&</sup>lt;sup>3</sup>translation by BTC [2015]. T22 1428 四分律 0812b23-0812c10.

<sup>&</sup>lt;sup>4</sup>lit. a bullock-'eunuch'.

<sup>&</sup>lt;sup>5</sup>The word 不能男 (i.e. incapable/impotent) is used here just like in the Mahāsaṅghika and Sarvāstivāda Vinavas.

 $<sup>^6</sup>$ T22 1428 四分律 0813b15-0813b23. The commentary X55 0884: 表無表章栖翫記 0230c22-0231a09 explains that there is no need for re-ordination in this case.

the case of a monk and nun resp. who changed gender to become 男女二形 i.e. both male and female. The Buddha mentions that they have to be expelled.

The Dharmaguptaka Vinaya proceeds to list details of monks who have been castrated through various causes<sup>1</sup>. Obviously these are not seen as falling under the same category as the above mentioned 'eunuch'. Most of these, except for the one who self-castrates, can stay in robes; when castration happens through accident or even when it happens through karmic causes, the monk in question can remain, if he causes the castration intentionally himself he is expelled. Here the phrase is 截其男根 (lit. cut off the male root/faculty).

While in the Mahāsaṅghika Vinaya the castration (i.e. cutting off of the male root/faculty 男根) is seen as an impotent man and thus not fit for ordination, here this only matters when the action is voluntary and not accidental.

In the  $Bhikkhun\bar{\imath}$  ordination procedure we find the two-faculties (二根) person as well and in the same sequence we find the word 道小, which is translated by BTC [2015] as 'underdeveloped genitalia' but the literally spells ('small path'). Unlike in the Theravāda Vinaya, this condition would lead to disqualification for ordination. Further down a separate clause is added for those who have no breasts (無乳) or just one breast (一乳), who are equally barred from ordination<sup>3</sup>.

#### A.3. Mahīśāsaka Vinaya

The story in the Mahīśāsaka Vinaya  $Pabbajj\bar{a}$   $Khandhaka^4$  is similar to the Theravāda Vinaya. A paṇḍaka (黃門) is ordained and proceeds to try and have sex with various monks, novices and others. As a result he is expelled together with others like him. Just like in the Theravāda Vinaya, there is no mention here of several types of paṇḍaka. At the end of the expulsion spoken by the Buddha, it is simply mentioned that the same holds true for 'two roots/faculties' (二根) without further explanation of what this is.

The story of the monk who became a woman and was allowed to live with the nuns thereafter is also mentioned here and also the opposite case of a nun who became a man. The next paragraph is dedicated to a monk who, due to his great lust, self-castrated and as a result is expelled<sup>5</sup>.

In the  $Bhikkhun\bar{\imath}$  ordination procedure we find another list in the questions asked during the ritual<sup>6</sup>. It asks if a woman is barren/sterile (石女), it also asks if she is not a pandaka (黄門) and if the female genitals (root/faculty) are developed (女根具足). Here it is not specifically mentioned that somebody is barred from ordination if the answer is affirmative.

<sup>&</sup>lt;sup>1</sup>T22 1428 四分律 0813b25-0813c04.

<sup>&</sup>lt;sup>2</sup>T22 1428 四分律 0924c20.

<sup>&</sup>lt;sup>3</sup>T22 1428 四分律 0926c20-0926c21.

<sup>&</sup>lt;sup>4</sup>T22 1421 彌沙塞部和醯五分律 0117c29-0118a05.

<sup>&</sup>lt;sup>5</sup>T22 1421 彌沙塞部和醯五分律 0119a11 - 0119a28. Unlike in the Dharmaguptaka Vinaya, the character for 根 (root or faculty) is used here for the monk/nun who change gender while the word 形 (shape or form) is used for the monk who castrates himself.

<sup>&</sup>lt;sup>6</sup>T22 1421 彌沙塞部和醯五分律 0187c21-0187c29.

#### A.4. Sarvāstivāda Vinaya

The story in the Sarvāstivāda Vinaya *Pabbajjā Khandhaka*<sup>1</sup> also tells of a monk who groped other monks at night which gave problems and started rumours. Again, the Buddha identifies five types of 種不能男 (impotent males). All these are not allowed to ordain and are expelled if already ordained.

- 1. those born impotent (生). (here possibly defined as a bastard)
- 2. a 'half-moon' impotent man (半月), who is impotent for half of the month.
- 3. a jealous impotent man (妬), who likes to see others engage in sex.
- 4. an 'essential'(?) impotent man (精), who causes others to have sex?
- 5. an ill impotent man who became impotent through illness (?) (病).

In another part of the Vinaya this term 二根 (two roots/faculties) is used next to the term 黃門 ('eunuch') but not in relation to ordination.  $P\bar{a}r\bar{a}jika$  1 (just like the  $P\bar{a}r\bar{a}jika$  1 of all the schools) mentions the existence of 4 kinds of offenders, men, women, 黃門 ('eunuch') and 二根 (two roots/faculties). The same two words are used elsewhere in the Sarvāstivāda Vinaya while the word 種不能男 (impotent) is only used in the list for those who cannot ordain.

The  $Bhikkhun\bar{i}$  Khandhaka goes more into detail about those who cannot ordain. The 二根 (two roots/faculties) is mentioned here<sup>2</sup>.

A similar list of questions is asked of female ordination candidates for ordination as with the other schools. Amongst these are the question if the candidate has underdeveloped genitalia (女根小) (lit. small female root/faculty), has no breasts (無乳) or just one breast (一乳) and if she is sterile (是不能產). It seems however that regardless of the answer, the candidate is not barred from ordination<sup>3</sup>.

With regards to the five types of 黃門, the Chinese commentarial texts merely add that these cannot ordain because they have difficulty keeping the precepts<sup>4</sup>.

<sup>&</sup>lt;sup>1</sup>T23 1435 0153b18-0153c17.

<sup>&</sup>lt;sup>2</sup>T23 1435 0294a23-0294a28.

<sup>&</sup>lt;sup>3</sup>T23 1435 0332b11-0332b22.

<sup>&</sup>lt;sup>4</sup>T85 2792 毘尼心 0667b25-0667b26.

# **B. Word Frequency**

The following charts show how often some of the words related to a 'third sex' are used in the Pali canon as well as in the Sanskrit texts. Note that the size of the specific parts of the canon is not taken into account so we have to be careful drawing definite conclusions from these charts, but they do show the relative importance of these words.

#### B.1. Pali canon and commentaries

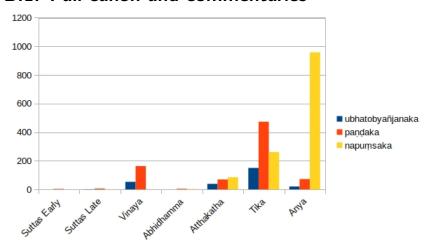


Figure 3: Frequency of words in the Pali canon and commentaries

#### B.2. Sanskrit Buddhist and Vedic canon

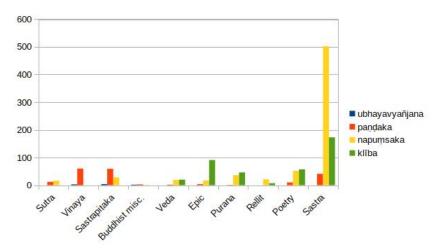


Figure 4: Frequency of words in the Sanskrit Buddhist and Vedic canon

It is important to note that unlike the texts in the Pali canon, the search over the Sanskrit text only use the GRETIL database<sup>1</sup> and do not comprise the entire Buddhist canon. The Vedic/Brahmanical texts are also included in this chart.

<sup>&</sup>lt;sup>1</sup>GRETIL–Göttingen Register of Electronic Texts in Indian Languages.

# C. Glossary of Definitions

#### C.1. Definitions of Pali words

In this section I refer to the various dictionary definitions of the words relevant to the subject matter and provide links to these dictionaries.

#### C.1.1. Napumsaka

Pali word: napumsaka

Pali dictionary: see SuttaCentral

Sanskrit word: napumsaka

Sanskrit dictionary: see WisdomLib

#### C.1.2. Pandaka

Pali word: pandaka

Pali dictionary: see SuttaCentral

Sanskrit word: pandaka

Tibetan word: ma ning or ' dod' gro

Chinese word: 種不能男 or 黄門 ITLR dictionary: see itlr.net

#### C.1.3. Ubhatobyañjanaka

Pali word: ubhatobyañjanaka or ubhatovyañjanaka

Pali dictionary: see SuttaCentral Sanskrit word: *ubhayavyañjana* Tibetan word: *mtshan gnyis pa* Chinese word: 二根 or 二形 ITLR dictionary: see itlr.net

#### C.1.4. Vepurisikā

Pali word:  $vepurisik\bar{a}$ 

Pali dictionary: see SuttaCentral

#### C.2. Modern Definitions

In this section I list a few terms relevant to the subject matter because there are many misunderstandings with regards to these terms and their meanings. For other terms, I refer to the website of the Human Rights Campaign

#### C.2.1. Intersex

The definition of the term 'intersex' according to the UN Office of the High Commissioner for Human Rights is as follows:

Intersex people are born with sex characteristics (including genitals, gonads and chromosome patterns) that do not fit typical binary notions of male or female bodies.

Intersex is an umbrella term used to describe a wide range of natural bodily variations. In some cases, intersex traits are visible at birth while in others, they are not apparent until puberty. Some chromosomal intersex variations may not be physically apparent at all.

Intersex can be divided into 4 categories according to the US National Library of Medicine:

46, XX intersex female internal organs and chromosomes

external genitals appear male

46, XY intersex male internal organs and chromosomes

external genitals appear female or ambiguous

True gonadal intersex both ovarian and testicular tissue

external genitals ambiguous or

appear female or male

Complex or undetermined intersex chromosomes discrepancies only

#### C.2.2. Hermaphrodite

A hermaphrodite is an organism that has both male and female reproductive organs. Until the mid-20th century, 'hermaphrodite' was used synonymously with 'intersex'. The distinctions 'male pseudohermaphrodite', 'female pseudohermaphrodite' and especially 'true hermaphrodite' are terms no longer used, which reflected histology (microscopic appearance) of the gonads. Medical terminology has shifted not only due to concerns about language, but also a shift to understandings based on genetics.

Currently, hermaphroditism is not to be confused with intersex, as the former refers only to a specific phenotypical presentation of sex organs and the latter to a more complex combination of phenotypical and genotypical presentation. Using hermaphrodite to refer to intersex individuals is considered to be stigmatizing and misleading<sup>1</sup>. Hermaphrodite

<sup>&</sup>lt;sup>1</sup>See Intersex Society of North America.

is used for animal and plant species in which the possession of both ovaries and testes is either serial or concurrent, and for living organisms without such gonads but present binary form of reproduction, which is part of the typical life history of those species; intersex has come to be used when this is not the case.

#### C.2.3. Transgender

Transgender people have a gender identity or gender expression that differs from the sex that they are assigned at birth<sup>1</sup>. Some transgender people who desire medical assistance to transition from one sex to another identify as transsexual<sup>2</sup>. Transgender, often shortened as trans, is also an umbrella term. In addition to including people whose gender identity is the opposite of their assigned sex (trans men and trans women), it may include people who are not exclusively masculine or feminine (people who are non-binary or genderqueer, including bigender, pangender, genderfluid, or agender). Other definitions of transgender also include people who belong to a third gender, or else conceptualize transgender people as a third gender.

The term transgender is also distinguished from intersex.

The opposite of transgender is eigender, which describes persons whose gender identity or expression matches their assigned sex.

Many transgender people experience gender dysphoria, and some seek medical treatments such as hormone replacement therapy, sex reassignment surgery, or psychotherapy. Not all transgender people desire these treatments, and some cannot undergo them for financial or medical reasons<sup>3</sup>.

<sup>&</sup>lt;sup>1</sup>See Altilio and Otis-Green [2011] page 380.

<sup>&</sup>lt;sup>2</sup>Polly and Nicole [2011].

<sup>&</sup>lt;sup>3</sup>For more information on these issues, see Maizes [2015].

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