Sprint Review #2

By Hakeem Yatim and Emma Brandes

Product Idea

- We got together and decided to develop an app to track your workload during the day (which could also be sports specific) and also tracks your recovery (ie tracking sleep).
- AKA "Fitbit but better"
- We were thinking of building a sensor that can be attached to wearable sleeves in different parts of the body so it could be used in different types of sports
- The sensor would pick up the biomechanics of the user when they are performing and would output it in the app.

Method of the Product Development

- We would have to look at how the sensors would track the performer's biometrics, sleep cycles, etc.
- We would also have to research and understand how some existing product works (sports specific AI apps and fitness trackers with sleep trackers)
- With this information, we would be able to come up with an idea on how our product would work
- We need to also keep in mind on how people would respond to the product (ie. is the product user-friendly? Is it really meeting their needs? etc.)

What did we want to achieve in the last sprint?

- Get a team and come up with our idea for the project.

What we achieved.

- Found a team and narrowed down our topic to an app and a sensor that could track your workload and recovery.

What did we not achieve

- Develop an idea about how the product will work.
- Thinking about how the product might not work and the problems that could go along with it.
- We have an idea but still not confident enough to present it.

What we are going to do different in the next one

- Figure out how our product will work
- Set up the presentation
- Do more research and finalize our product idea.
- Spend more time working on our product.

Questions to other teams

- What kind of considerations do other team think of for their product?
- What are their goals/ what do they want to achieve through their product?