

# Category theory in context: 4.4 — Calculus of Adjunctions

Siddharth Bhat

Monsoon, second year of the plague

1 4.4.1

If  $F, F'$  are both left adjoint to  $G$ , then  $F \simeq F'$ . Moreover, there is a unique iso  $\theta : F \simeq F'$  commuting with units and counits of adjunctions:

$$\begin{array}{ccc} 1_C & \xrightarrow{\eta} & GF \\ & \searrow \eta' & \downarrow G\theta \\ & & GF' \end{array} \quad \begin{array}{ccc} FG & \xrightarrow{\epsilon} & 1_D \\ \theta G \downarrow & & \nearrow \epsilon' \\ F'G & & \end{array}$$

Let's consider the data we need to define for an iso  $\theta : F \Rightarrow F'$ . Drawing out the naturality square, we need the arrows:

$$\begin{array}{ccc} Fc & \xrightarrow{\theta_c} & F'c \\ \downarrow Ff & & \downarrow F'f \\ Fc' & \xrightarrow{\theta_{c'}} & F'c' \end{array}$$

By adjunction, defining a commutative diagram with  $Fc \rightarrow d$  is the same as defining a commutative diagram with  $c \rightarrow Gd$ :

$$\begin{array}{ccc} c & \xrightarrow{\theta_c^\#} & GF'c \\ f \downarrow & & \downarrow GF'f \\ c' & \xrightarrow{\theta_{c'}^\#} & GF'c' \end{array}$$

We define  $\theta^\# \equiv \eta' : 1 \rightarrow GF'$ , since the types match. Using this, we compute a formula for  $\theta$  as the transpose of  $\theta^\#$ . [TODO: how did we compute this in the first place?]

$$\theta \equiv F \xRightarrow{F\eta'} FGF' \xRightarrow{\epsilon F'} F'$$

Exchanging the roles of  $F$  with  $F'$ ,  $\eta$  with  $\eta'$ , and  $\epsilon$  with  $\epsilon'$ , this also computes a formula for  $\theta'$  given by:

$$\theta' \equiv F' \xRightarrow{F'\eta} F'GF \xRightarrow{\epsilon' F} F$$

The hope is that  $\theta$  and  $\theta'$  are inverse natural transforms. We need to check that  $\theta' \circ \theta = 1_F$ . We claim that it suffices to check that  $GF(\theta' \circ \theta) \circ \eta = \eta$ . [TODO: why does this suffice?]

Writing out  $G(\theta' \circ \theta) \circ \eta$ , which is equal to  $G\theta' \circ G\theta \circ \eta$ :

$$\begin{aligned}
1 &\xRightarrow{\eta} GF \xRightarrow{G\theta} GF' \xRightarrow{G\theta'} GF \\
1 &\xRightarrow{\eta} GF \xRightarrow{GF\eta'} GFGF' \xRightarrow{G\epsilon F'} GF' \xRightarrow{GF'\eta} GF'GF \xRightarrow{G\epsilon'F} GF
\end{aligned}$$

We wish to swap  $\eta$  with  $GF\eta'$  (at the first two terms) to bring the  $\eta$  and  $\epsilon$  close together (at the first three terms) so we can use the triangle identities. To do this, we consider the commutative square, where we transport the morphism  $c \xrightarrow{\eta'_c} GF'c$  along  $\eta : 1_C x \rightarrow GFx$  to give:

$$\begin{array}{ccccc}
& & 1_C(x) & \xrightarrow{\eta_x} & GF(x) \\
& & \downarrow c & & \downarrow GF\eta'_c \\
c & & 1_C(c) & \xrightarrow{\eta_c} & GF(c) \\
\downarrow \eta'_c & & \downarrow 1_C\eta'_c & \eta \text{ natural} & \downarrow GF\eta'_c \\
GF'c & & 1_C(GF'c) & \xrightarrow{\eta_{GF'c}} & GF(GF'c)
\end{array}$$

- See that this square contains  $1 \xRightarrow{\eta} GF \xRightarrow{GF\eta'} GFGF'$ , by following right and top. The commutativity
- of the square witnesses that this is equal to  $1 \xRightarrow{\eta'} GF' \xRightarrow{\eta_{GF'}} GFGF'$ .
- See that  $\eta_{GF'}$  equals  $\eta GF'$  since  $\eta GF'(x) \equiv \eta_{GF'} GF'x$ , which is the same as  $\eta_{GF'}(GF'x)$ .
- So, in total, the commutativity of this naturality square allows us to rewrite the segment  $1 \xRightarrow{\eta} GF \xRightarrow{GF\eta'} GFGF'$  with  $1 \xRightarrow{\eta'} GF' \xRightarrow{\eta_{GF'}} GFGF'$ .

This gives us the diagram:

$$\begin{aligned}
1 &\xRightarrow{\eta} GF \xRightarrow{GF\eta'} GFGF' \xRightarrow{G\epsilon F'} GF' \xRightarrow{GF'\eta} GF'GF \xRightarrow{G\epsilon'F} GF \\
1 &\xRightarrow{\eta'} GF' \xRightarrow{\eta_{GF'}} GFGF' \xRightarrow{G\epsilon F'} GF' \xRightarrow{GF'\eta} GF'GF \xRightarrow{G\epsilon'F} GF
\end{aligned}$$

This is regrouped using  $G\epsilon \circ \eta G = 1_G$  into:

$$\begin{aligned}
1 &\xRightarrow{\eta'} GF' \xRightarrow{\eta_{GF'}} GFGF' \xRightarrow{G\epsilon F'} GF' \xRightarrow{GF'\eta} GF'GF \xRightarrow{G\epsilon'F} GF \\
1 &\xRightarrow{\eta'} GF' \xRightarrow{\eta_{GF'}} GFGF' \xRightarrow{G\epsilon F'} GF' \xRightarrow{GF'\eta} GF'GF \xRightarrow{G\epsilon'F} GF \\
1 &\xRightarrow{G\eta'} GF' \xRightarrow{(G\eta; G\epsilon)F'} GF' \xRightarrow{GF'\eta} GF'GF \xRightarrow{G\epsilon'F} GF \\
1 &\xRightarrow{G\eta'} GF' \xRightarrow{GF'\eta} GF'GF \xRightarrow{G\epsilon'F} GF
\end{aligned}$$

2 4.4.2

3 4.4.3

4 EXERCISES