

- I had to move out from Budapest under the pressure that I might not be able to complete the study I am running with Barbora and Nicole.
- I was/am emotionally unable to spend time in Budapest anyway, following the pressure not to share information about the case with anyone at CEU; this had repercussions on some friendships
- I had to spend personal money: double rent, higher cost of living, difficulties in claiming expenses (some 400 GBP which I might receive from Warwick but hadn't yet; some additional 50 GBP which were lost in currency translation, I suppose)
- Following a dispute with my former landlord in Budapest that I was unable to fix (as I had to come to UK) I also lost 400 EUR. This is unrelated but if I were in Budapest I would have dealt with the situation better (eg seeking legal counselling)
- I am mentoring three high school students in Budapest, that now I am in touch with only via Skype and I fear they are struggling a bit with my lack of motivation.

I was thinking to give up to these duties but in at least one case might be very painful, as this student expressed explicitly her discomfort in working with a mentor that is not me, and also money-wise I would give up to several hundred euros of compensation.

- lack of supervision with at least two projects I am involved with John
- one of these two projects will probably never see the light (it's a study piloted during the summer, with collaboration of John and Matt). Due to bureaucratic reasons (ethics, sona accounts) the study is in stand-by since October (despite it being ready to be re-piloted)
- lack of support about networking. John during the spring showed willingness to organise a workshop or invite relevant speakers either to Warwick or to CEU (relevant with respect to potential post-doc)
- lack of motivation; I kept working on projects and manuscripts, but I never read a single paper in five months and I had maybe three scientific meetings since then. This affected a bit also how I performed during a US conference I went in October. I am

pondering to freeze the PhD for a while; I am also considering not doing so but instead wrapping everything up and leaving academia.

- very intense feeling of worry for my colleagues in Warwick (in particular Matt and Barbora) and at CEU (in particular Marcell)

- the relationship with John might be compromised: I have intense guilt feelings and general sense of ungratefulness, mixed with intense disappointment. Things got worse for me after the suicide attempt.