

Victor Antonio Espinoza

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OBJECTIVE:

Nutrition science major following a respectable education and seeking entry-level position within the areas of applied nutrition, health/wellness, management, and marketing.

EDUCATION

Montclair State University, Montclair, NJ

Major: Nutrition and Food Science

Minor: Dance

Bachelor of Nutrition and Food Science, expected May 2015

- GPA 3.2
- Chi Alpha Epsilon

Bergen Community College, Paramus, NJ

Associate Degree of Science, May 2011

- GPA 3.5
- Dean's list

Experience:

Nutrition Educator Intern – FSCS Full Service Community School Health Center – School 4, 5, 6, NRC, and 15

Paterson Public School Paterson, NJ

01/2015 – 5/02/15

- Programming outreach events and projects to promote nutrition knowledge:
 - Planned and organized community event - The Biggest Loser, flyers, articles, brochures, cookbook
 - Prepared weekly workshops, lesson plan, discussions, and cooking demonstrations
 - Organized medical files, follow up notes, and assist health center treatment coordinators with clinic duties.

Food Server – Aramark Dining Services **The Julliard School & The School of American Ballet**

New York, New York

2/19/15 – 5/02/15

Business Manager – **Borinquen Laundromat**, Jersey City, NJ

07/2005 – present

- Managed the business and established the hours of operation
- Hired and trained staff to provide laundry service and supervised them upon entry
- Developed great communication skills with customers discussing current events and specific concerns of the people while offering support

Student Assistant – Circulation Desk, **Montclair State University Sprague Library**

09/2012 – 2014

- Assisting library visitors with book searches, library directions, information, and referrals
- Reorganizing books by stacking and shelving according to the catalogue system
- Fine-sorting books according to the Library of Congress classification

Childcare Giver and Tutor – **ReyesFamily** Union City, NJ

01/2013 – 2014

- Promote healthy balanced meals through interblending many fruits together to make smoothies
- Encourage efficient homework habits to 8 year-old twin nieces daily through example reading, writing, math solving, artistic projects, and board games

Study Abroad:

Paul Bocuse Culinary Arts Institute, Lyon, France

Faculty Gastronomic Food Management International Field Trip

Spring 2014

- Learned various types of French cuisines, sustainable agriculture, and hospitality.
- Created a recipe using quantity food and purchasing applications

Volunteer work

Dietician aid/Dietary kitchen aid at Castle Hill Nursing Home Union City, NJ

05/2013-9/2013

- Shadow dietician and serve as translator to Spanish speaking Latin American families
- Assist in food labeling and setting up food trays to distribute to patients

St. Joseph and Michael Spanish Choir member and food pantry volunteer

2008 - 2013

- Organization donated canned goods, shelving, and packing them to give away to the needy
- Composing and writing music that inspires faith and spirituality for a contest

Skills:

Language – Fluent with Spanish and English: reading, writing, and speaking

Computer – Strong attention to detail and proficient in handling Microsoft Office suite

Certification – CPR, AED Certified

- ServeSafe Food Protection Manager

03/2013 - 03/2018

Other - Familiar with microscope parts and functions, biological laboratory research designs and data analysis

- Works well independently to get the job done or as part of a team
- Strong ability to work accurately, efficiently and under pressure

Organization and Award/Honors:

Global Education Scholarship

2013 - 2014

KFC Colonel's Scholarship Program

9/2009 - 2013

Academy of Nutrition and Dietetics – affiliated student member

05/2013 – 2014

Montclair State Dietetics Organization– Historian

1/2013 – 10/2013

- Keep record of organization's weekly discussion, event planning, activities, and weekly meetings in a portfolio
- Volunteering in Toni's Kitchen promoting diabetes health awareness through Power point presentations to senior citizens.