Whether movies and television would render more negative effects that positive effects on the youngster is an issue that has been debated for an extended period of time among citizens. It is hard to deny that watching movies and television may bring some wholesome effects to the young people, such as broadening their outlook or acquiring more information, but the on-line and off-line ambience is also inundated scores of deleterious videos and media, which will be harmful to the mental and psychological health of the young people. However, the positive aspect of movies and television suffers from both factual and logical fallacies. As far as health, relationship and individual development are concerned, I strongly hold that there are more negative effects than positive effects on the youngster from movies and television.

First and foremost, noxious movies and television may exert noisome influence on the young people when their physical and mental status are developing. Meanwhile, being addicted to such harmful media could make the young people will lag behind their classmates. Furthermore, all of this situation may render a bad parent-child relationship, which will further puncture their confidence. For example, there are dozens of legal porn movies and television in Japan, more and more Japanese young people fall prey to the harmful movies and television in recent years. Some of them may drop out of school and other adolescent may perpetrate crimes in society. More importantly, criminal adolescent will be put into juvenile prison and many families are ruined by such noxious movies and television.

What is more, the fact that myopia happened to young people becomes increasingly common and ubiquitous indicates that movies and television would have not only influence on health of young people, but also on their individual development. Take the case of China, increasing children have worn glasses when they are in primary schools because of watching excessive movies and television. Common sense tells us that myopia is an irreversible process except from having a laser surgery. Thus, those families who have adequate economic base will advise their children to have a surgery and take more care of them on using eye. But unfortunately, many parents choose to resign them from such problem because of their hectic jobs or lack of economic base. Had it not been for exposing to

excessive movies and television, these Chinese young people would become more healthier and have sharp and clear eyesight.

Nevertheless, some may still claim that young people could learn tremendous knowledge and amass impressive repository by watching movies and television when they are growing up. Ironically, they gain accumulation of knowledge at the expense of declining in eyesight if they are not regulated. Only enhancing the sense of scientific watching videos is the true solution to tackle adolescent's myopia.

From what has been stated above, we may safely draw the conclusion that movies and television have more negative effects on the way young people behave. In terms of health, relationship and individual development, cultivating scientific habit between young people is critical to their well-being.