CI/CD (Continuous Integration/Continuous Deployment) is a set of practices that can greatly benefit a development team by automating the build, test, and deployment process. Some of the key benefits of CI/CD include:

- Faster feedback: By automating the build and test process, developers can quickly identify and fix errors, which leads to faster delivery of new features and improvements.
- Increased collaboration: CI/CD helps to promote collaboration among team members by providing a clear, consistent process for building and deploying code.
- Improved quality: Automated testing and deployment can help to catch and fix errors early in the development process, which leads to higher quality software.
- Reduced risk: By automating the deployment process, CI/CD can help to reduce the risk of human error and ensure that new releases are deployed consistently and reliably.
- Increased efficiency: By automating the build, test, and deployment process, a development team can save time and focus on more important tasks, such as developing new features and improving the user experience.

Overall, adopting CI/CD can help your team to develop, test and deploy software faster, more collaboratively, more efficiently, and with higher quality.