Christopher A. Lowenstein

Stanford University School of Medicine Center for Population Health Sciences Department of Epidemiology & Population Health chris.lowenstein@stanford.edu www.christopherlowenstein.com Last updated: March 2025

Current Postdoctoral Scholar

2022-current

Stanford University School of Medicine Faculty advisor: David Rehkopf, ScD, MPH

Research areas

 $population\ health\ economics;\ health\ policy;\ labor\ economics;\ social\ epidemiology;\ health\ disparities$

Education

PhD, Health Policy (Health Economics track)

2017 - 2022

University of California, Berkeley

MPH, Epidemiology and Biostatistics

2015-2017

University of California, Berkeley

BA, Mathematical Economics, magna cum laude

2008-2012

Colorado College

Publications

Weiss, D., Lowenstein, C., Sund, E., Vethe, D., & Krokstad, S. (2024). Diverging mental health trends in the post-pandemic era: results from the HUNT study, Norway. Forthcoming, *Journal of Epidemiology & Community Health*, 79(3), 165-168.

Lowenstein, C. (2024). "Deaths of despair" over the business cycle: New estimates from a shift-share instrumental variables approach. *Economics & Human Biology*, 53, 101374.

Innstrand, S. T., Banks, C., Maslach, C., & Lowenstein, C. (2023) Healthy Universities: Exploring the Relationship between Psychosocial Needs and Work-Related Health Among University Employees. *Journal of Workplace Behavioral Health*, 38(2), 103-126.

Dow, W. H., Godøy, A., **Lowenstein, C.**, & Reich, M. (2020). Can Labor Market Policies Reduce Deaths of Despair?. *Journal of Health Economics*, 74, 102372.

White, J. S., Lowenstein, C., Srivirojana, N., Jampaklay, A., & Dow, W. H. (2020). Incentive-based interventions for smoking cessation: A cluster randomized controlled trial in workplaces in Thailand. *BMJ 371*.

Lowenstein, C., Dow, W. H., & White, J. S. (2020). Peer effects in smoking cessation: An instrumental variables analysis of a worksite intervention in Thailand. *SSM-Population Health*, 12, 100659.

Lowenstein, C., Vasco, K., Sarzosa, S., Salinas, L., Mosco, A. T., ... & Graham, J. P. (2020). Determinants of Childhood Zoonotic Enteric Infections in a Semirural Community of Quito, Ecuador. *The American Journal of Tropical Medicine and Hygiene*. 102(6), 1269.

Lowenstein, C., Waters, W. F., Roess, A., Leibler, J. H., & Graham, J. P. (2016). Animal husbandry practices and perceptions of zoonotic infectious disease risks among livestock keepers in a rural parish of Quito, Ecuador. *The American journal of Tropical Medicine and Hygiene*, 95(6), 1450-1458.

Selected working papers

Rong, M., Lowenstein, C., & Rehkopf, D. H. (2024). Effects of the 2015 California EITC Expansion on Colorectal Cancer Risk Factors. Available at SSRN: https://ssrn.com/abstract=4931575.

Lowenstein, C., Godøy, A., Reich, M., Morin, P., Henk, H., & Dow, W. (2022). Do county-level employment changes affect the demand for prescription opioids? Evidence from a sample of commercially insured adults. Available at SSRN: https://papers.ssrn.com/abstract=4940683.

Selected research reports

Woolf, S. H., Aron L., Chapman, D. A., Dubay, L., Zimmerman, E., Snellings, L. C., Hall, L., Haley, A. D., Holla, N., Ayers, K., **Lowenstein, C.**, & Waidmann, T. A. (2016) The Health of the States Summary Report: How US States Compare in Health Status and the Factors that Shape Health. Washington, DC: The Urban Institute.

Simms, M., McDaniel, M., Fyffe, S. D., & Lowenstein, C. (2015). Structural Barriers to Racial Equity in Pittsburgh: Expanding Economic Opportunity for African American Men and Boys. Washington, DC: The Urban Institute.

Mills, G. B. & C. Lowenstein. (2015). Assessing the Merits of Photo EBT Cards in the Supplemental Nutrition Assistance Program (SNAP). Washington, DC: The Urban Institute.

Turner, M. A., Edelman, P., Poethig, E. C., Aron, L. Y., Rogers, M., & Lowenstein, C. (2014). Tacking Persistent Poverty in Distressed Urban Neighborhoods. Washington, DC: The Urban Institute.

Edelstein, S., & Lowenstein, C. (2014). Characteristics and Impacts of Programs for Youth Transitioning out of Foster Care, Issue Brief 2: Financial Literacy and Asset Building Programs. OPRE Report No. 2014-69. Washington, DC: Administration for Children and Families, US Department of Health and Human Services.

Edelstein, S., & Lowenstein, C. (2014). Characteristics and Impacts of Programs for Youth Transitioning out of Foster Care, Issue Brief 3: Employment. OPRE Report No. 2014-70. Washington, DC: Administration for Children and Families, US Department of Health and Human Services.

Lowenstein, C., Golden, O., Emam, E., & McDaniel, M. (2013). Linking Depressed Mothers to Effective Services and Supports: A Policy and Systems Agenda for Improving Children's Development and Preventing Child Abuse and Neglect. Washington, DC: The Urban Institute.

McDaniel, M., & Lowenstein, C. (2013). Depression in Low-Income Mothers of Young Children: Are they getting the treatment they need? Washington, DC: The Urban Institute.

Commentaries

Dow, W. H., Godøy, A., **Lowenstein, C.**, Reich, M. A way out from rock bottom: Economic policies can reduce deaths of despair. VOX CEPR Policy Portal (July 7, 2019)

Lowenstein, Christopher. "Adding photos to food stamp cards would not reduce benefit trafficking." Posted to Urban Institute's Urban Wire on March 26, 2015.

Lowenstein, Christopher. "Major Gaps In Treatment for Low-Income Mothers with Depression Put Kids at Risk." Posted to Urban Institute's Urban Wire on April 17, 2013.

Prior research appointments

Graduate Student Researcher

2018 - 2022

	University of California, Berkeley (Berkeley, CA)	
	Graduate Student Researcher Interdisciplinary Center for Healthy Workplaces University of California, Berkeley (Berkeley, CA)	2015–2017
	Research Assistant/Research Associate II Center on Labor, Human Services, and Population The Urban Institute (Washington, DC)	2012–2015
Funding and awards	Ethics, Society, and Technology Rolling Grant McCoy Family Center for Ethics in Society, Stanford University (with Xuechao Qian and Mathew Kiang)	2023
	Dissertation Fellowship Institute for Research on Labor and Employment, UC Berkeley	2021
	Graduate Student Researcher Award Institute for Research on Labor and Employment, UC Berkeley	2020
	NIH/NIAAA T32 Predoctoral Fellowship Graduate Research Training in Alcohol-Related Disparities Alcohol Research Group (Emeryville, CA)	2020–2021
	NIH/NICHD T32 Predoctoral Fellowship Interdisciplinary Training in Demography Department of Demography, UC Berkeley	2017–2019
	David Hoskinson Graduate Scholarship UC Berkeley School of Public Health	2017–2018
	Block Grant Fellowship UC Berkeley School of Public Health	2016–2017
	Public Health Alumni Association Scholarship UC Berkeley School of Public Health	2016–2017
Teaching and mentoring	Stanford Advancing Health Equity and Diversity (AHEaD) Near peer mentor and project lead	Summer 2024
	UC Berkeley Data Discovery Program Project lead for undergraduate data discovery project	Fall 2023/2024
	Health Economics (Masters level) Graduate Student Instructor for Professor Brent Fulton UC Berkeley School of Public Health	Fall 2019
	Economic Demography (Undergraduate level) Graduate Student Instructor for Professor Joshua Goldstein UC Berkeley Department of Demography	Spring 2019
Conference participation	APPAM Fall Research Conference (panel presentation) ASHEcon Annual Conference (panel organizer/chair, discussant) CAPS-CPR Conference on State Policies, Population Health, & Aging	November 2024 June 2024 May 2024
	APPAM Fall Research Conference (panel presentation, panel chair)	November 2023

Institute for Research on Labor and Employment

ASHEcon Annual Conference (panel presentation) PAA Annual Meeting (poster presentation)	June 2023 April 2023
APPAM Fall Research Conference (panel discussant)	November 2022
IAPHS Annual Conference (poster presentation)	October 2022
PAA Annual Meeting (panel chair)	April 2022
APPAM Fall Research Conference (panel presentation/discussant)	November 2021
IAPHS Annual Conference (panel presentation*)	October 2021
IHEA Annual Congress (panel presentation*)	July 2021
ASHEcon Annual Conference (panel presentation*)	June 2021
Academy Health Annual Research Meeting (poster presentation*)	June 2021
APPAM Student Online Seminar Series (panel presentation*)	May 2021
Society for Epidemiological Research (panel presentation*)	May 2021
PAA Annual Meeting (poster presentation*)	May 2021
PAA Annual Meeting (panel presentation*)	April 2020
University of California Network on Child Health, Poverty, and Public Policy (poster presentation) * denotes virtual participation due to COVID-19	September 2020
IAPHS Annual Conference (invited workshop participant)	October 2019
PAA Annual Meeting (poster presentation)	April 2018

Professional activities

Peer review: Demography, Journal of Demographic Economics, Journal of Regional Science, Social Science and Medicine - Population Health, Social Science and Medicine - Mental Health, BMJ-Public Health, Journal of Gerontological Social Work, Journal of Applied Life Sciences and Environment, Tobacco Induced Diseases

Abstract review: IAPHS Abstract Review Committee (2022), ASHEcon Scientific Review Committee (2022, 2023)

Grant review: US-Israel Binational Science Foundation (2023)

Membership: Association for Public Policy and Management (APPAM); American Society of Health Economists (ASHEcon); Population Association of America (PAA).

Service and volunteer roles: Co-instructor and tutor, Mount Tamalpais College (formerly the Prison University Project); Ambassador, UC Berkeley Graduate Recruitment and Diversity Services (GRADS) Program (2020-2021); Member, UC Berkeley Health Policy Admissions Committee (2020-2021)