# Detecting Treatment-Subgroup Interactions with Generalized Linear Mixed-Effects Model Trees

Marjolein Fokkema Universiteit Leiden Achim Zeileis Universität Innsbruck

#### Abstract

This vignette briefly introduces the **glmertree** package for fitting a wide range of generalized linear mixed-effects model trees (GLMM trees or glmertrees). In a hands-on (artificial) example, emphasis is given to the important special case of detecting treatment-subgroup interactions in clustered datasets.

Keywords: recursive partitioning, mixed-effects model trees, decision trees.

### 1. Introduction

Generalized linear mixed-effects model trees (GLMM trees or glmertrees) have recently been proposed by Fokkema, Smits, Zeileis, Hothorn, and Kelderman (2015) for detecting treatment-subgroup interactions in clustered datasets. Using a hands-on (artificial) example, this vignette describes how to fit such GLMM trees and assess main and interaction effects of a categorical variable (treatment) on a continuous response (treatment outcome). The R package glmertree may be used to detect predictors and moderators in a wider range of generalized linear mixed-effects models. For example, the response variable may be categorical, predictor variables may be continuous, or the interest may be in assessing main and interaction effects of multiple predictor variables at once.

GLMM trees estimate a global random-effects model, using all training observations. The fixed-effects model is estimated locally: the dataset is partitioned with respect to additional covariates or partitioning variables and a fixed-effects model is estimated in each cell of the partition. The **glmertree** package makes use of the **partykit** package (Hothorn and Zeileis 2015) to find the partition and the **lme4** package (Bates, Mächler, Bolker, and Walker 2015) to fit the mixed-effects model.

The current stable release version of the package from the Comprehensive R Archive Network (CRAN) can be installed via:

R> install.packages("glmertree")

Alternatively, the current development version can be installed from R-Forge:

R> install.packages("glmertree", repos = "http://R-Forge.R-project.org")

After installation, the package can be loaded as follows:

R> library("glmertree")

## 2. Fitting and interpreting mixed-effects model trees

The main functions in the **glmertree** package are lmertree(), for continuous outcome variables, and glmertree(), for binary or count outcome variables. Both functions require the user to specify at least two arguments: formula and data. We will use an artificial motivating dataset from Fokkema *et al.* (2015), which can be recreated using the code provided in Appendix A, or can be loaded as follows:

R> data("DepressionDemo", package = "glmertree")
R> summary(DepressionDemo)

```
depression
                       treatment
                                      cluster
                                                         age
       : 3.00
                 Treatment 1:78
Min.
                                   Min.
                                           : 1.0
                                                   Min.
                                                           :18
1st Qu.: 7.00
                 Treatment 2:72
                                   1st Qu.: 3.0
                                                   1st Qu.:39
Median: 9.00
                                   Median: 5.5
                                                   Median:45
Mean
       : 9.12
                                   Mean
                                           : 5.5
                                                           :45
                                                   Mean
3rd Qu.:11.00
                                   3rd Qu.: 8.0
                                                   3rd Qu.:52
Max.
       :16.00
                                   Max.
                                           :10.0
                                                   Max.
                                                           :69
   anxiety
                    duration
                                   depression_bin
       : 3.00
                        : 1.000
Min.
                 Min.
                                   0:78
                 1st Qu.: 5.000
1st Qu.: 8.00
                                   1:72
Median :10.00
                 Median : 7.000
Mean
       :10.26
                 Mean
                        : 6.973
3rd Qu.:12.00
                 3rd Qu.: 9.000
Max.
       :18.00
                 Max.
                        :17.000
```

The dataset includes seven variables: A continuous response variable (depression), a predictor variable for the linear model (treatment), three potential partitioning variables (age, anxiety, duration), an indicator for cluster (cluster) and a binarized response variable (depression\_bin).

The model formula to be specified consists of a left- and right hand side. The left hand side of the model formula (preceding the tilde symbol) specifies the outcome variable. The right hand side consists of three parts, separated by vertical bars: The first part specifies the predictor variable(s) of the (generalized) linear model, the second part specifies the random effects and the third part specifies the potential partitioning variables:

```
R> lmm_tree <- lmertree(depression ~ treatment | cluster |
+ age + duration + anxiety, data = DepressionDemo)</pre>
```

Note that in the example above, the partitioning variables are continuous, but (ordered) categorical partitioning variables may also be specified. Also, we specified only a single variable in the random-effects part, resulting in estimation of a random intercept with respect to cluster. More complex random effects can also be specified: for example, specifying the random-effects part as (1 + age | cluster) would yield a model with a random intercept as well as a random slope for age with respect to cluster. The brackets are necessary to protect the vertical bars in the formulation of the random effects.

Alternativelty, using the glmertree() function, a tree may be fitted to binary (family = binomial, default) or count response variables (family = poisson). Therefore, a binomial GLMM tree for the dichotomized response depression\_bin could be obtained by:

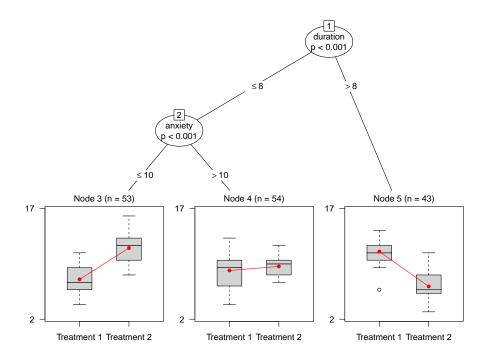


Figure 1: Linear mixed-effects model tree.

```
R> glmm_tree <- glmertree(depression_bin ~ treatment | cluster |
+ age + duration + anxiety, data = DepressionDemo, family = binomial)</pre>
```

Using the plot method, we can plot the resulting tree and random effects:

```
R> plot(lmm_tree)
```

Using the argument which, we can also specify which part of the model should be plotted: which = "tree" plots only the tree, which = "ranef" plots only the predicted random effects and which = "all" (the default) plots the tree as well as the random effects.

The plotted tree is depicted in Figure 1. In every inner node of the plotted tree, the splitting variable and corresponding p-value from the parameter stability test is reported. To control for multiple testing, the p-values are Bonferroni corrected, by default. This can be turned off by adding bonferroni = FALSE to the function call, yielding a less conservative criterion for the parameter stability tests, but note that this will increase the likelihood of overfitting. The significance level  $\alpha$  equals .05 by default, but a different value, say for example .01, can be specified by including alpha = .01 in the function call.

The plotted tree shows that there are three subgroups with differential treatment effectiveness: node 3 indicates that for patients with lower duration and lower anxiety, Treatment 1 leads to lower post-treatment depression. Node 4 indicates that for patients with lower duration and higher anxiety, both treatments yield more or less the same expected outcome. Node 5 indicates, that for patients with higher duration, Treatment 2 leads to lower post-treatment depression.

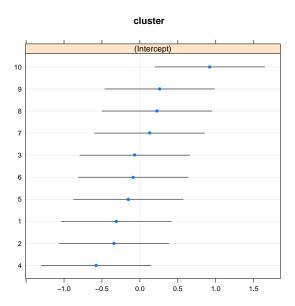


Figure 2: Random effects.

The predicted random effects are plotted in Figure 2. On average, patients from cluster 10 have somewhat higher expected post-treatment depression scores, whereas patients from cluster 4 have somewhat lower expected post-treatment depression scores.

To obtain numerical results, print, coef and ranef methods are available:

```
R> print(lmm_tree)
Linear mixed model tree
Model formula:
depression ~ treatment | age + duration + anxiety
Fitted party:
[1] root
    [2] duration <= 8
        [3] anxiety <= 10: n = 53
                     (Intercept) treatmentTreatment 2
                        7.458519
                                              4.183184
        [4] anxiety > 10: n = 54
                      (Intercept) treatmentTreatment 2
                        8.612009
                                              0.513343
    [5] duration > 8: n = 43
                 (Intercept) treatmentTreatment 2
                   11.098602
                                         -4.584979
```

Number of inner nodes: 2 Number of terminal nodes: 3

```
Number of parameters per node: 2
Objective function (residual sum of squares): 520.2838
```

#### Random effects:

#### \$cluster

(Intercept)

- 1 -0.30964409
- 2 -0.34154568
- 3 -0.06755141
- 4 -0.57675658
- 5 -0.15247281
- 6 -0.08761704
- 7 0.12905520
- 8 0.22500905
- 9 0.26125689
- 10 0.92026648

#### R> coef(lmm\_tree)

```
(Intercept) treatmentTreatment 2
3 7.458519 4.183184
4 8.612009 0.513343
5 11.098602 -4.584979
```

#### R> ranef(lmm\_tree)

#### \$cluster

(Intercept)

- 1 -0.30964409
- 2 -0.34154568
- 3 -0.06755141
- 4 -0.57675658
- 5 -0.152472816 -0.08761704
- 7 0.12905520
- 8 0.22500905
- 9 0.26125689
- 10 0.92026648

To obtain predicted values, the predict method can be used:

```
R> predict(lmm_tree, newdata = DepressionDemo[1:7,])
```

1 2 3 4 5 6 7 10.777968 11.554672 7.158595 9.045117 11.280677 8.816418 11.883480 When newdata is not specified, predictions for the training observations are returned, by default. Random effects can be excluded from the predictions by adding re.form = NA. This is useful, for example, when newdata is specified, but the new observations do not have a cluster indicator or are from new clusters:

## 3. Inspecting residuals

Residuals of the fitted GLMM tree can be obtained with the residuals method. This can be useful for assessing potential misspecification of the model (e.g., heteroscedasticity):

```
R> resids <- residuals(lmm_tree)
R> preds <- predict(lmm_tree)
R> plot(factor(DepressionDemo$cluster), resids)
R> scatter.smooth(preds, resids)
```

The plotted residuals are depicted in Figure 3. The first plot does not indicate substantial variation in error variances across levels of the random effects. The second plot of fitted values against residuals also does not reveal a pattern indicating model misspecification.

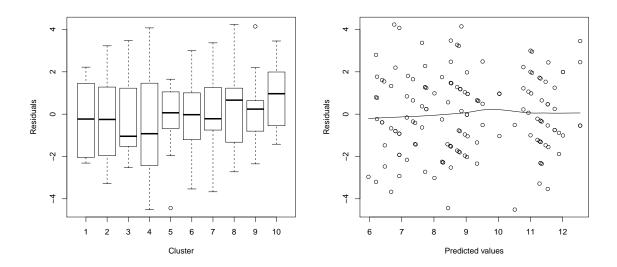


Figure 3: Residuals of the fitted linear mixed-effects model tree.

### References

Bates D, Mächler M, Bolker B, Walker S (2015). "Fitting Linear Mixed-Effects Models Using lme4." doi:10.18637/jss.v067.i01.

Fokkema M, Smits N, Zeileis A, Hothorn T, Kelderman H (2015). "Detecting Treatment-Subgroup Interactions in Clustered Data with Generalized Linear Mixed-Effects Model Trees." Working Paper 2015-10, Working Papers in Economics and Statistics, Research Platform Empirical and Experimental Economics, Universität Innsbruck. URL http://EconPapers.RePEc.org/RePEc:inn:wpaper:2015-10.

Hothorn T, Zeileis A (2015). "partykit: A Modular Toolkit for Recursive Partytioning in R." Journal of Machine Learning Research, 16, 3905–3909. URL http://www.jmlr.org/papers/v16/hothorn15a.html.

## A. R code for generating artificial motivating dataset

Generate the predictor variables and error term:

```
R> set.seed(123)
R> treatment <- rbinom(n = 150, size = 1, prob = .5)
R> duration <- round(rnorm(150, mean = 7, sd = 3))
R> anxiety <- round(rnorm(150, mean = 10, sd = 3))
R> age <- round(rnorm(150, mean = 45, sd = 10))
R> error <- rnorm(150, 0, 2)
Generate the random intercepts:
R > cluster <- error + rnorm(150, 0, 6)
R> rand_int <- sort(rep(rnorm(10, 0, 1), each = 15))</pre>
R> rand int[order(cluster)] <- rand int</pre>
R> error <- error - rand_int</pre>
R> cluster[order(cluster)] <- rep(1:10, each = 15)</pre>
Generate treatment subgroups:
R> node3t1 <- ifelse(duration <= 8 & anxiety <= 10 & treatment == 0, -2, 0)
R> node3t2 <- ifelse(duration <= 8 & anxiety <= 10 & treatment == 1, 2, 0)
R> node5t1 <- ifelse(duration > 8 & treatment == 0, 2.5, 0)
R > node5t2 < - ifelse(duration > 8 & treatment == 1, -2.5, 0)
Generate the continuous and dichotomized outcome variable:
R> depression <- round(9 + node3t1 + node3t2 + node5t1 + node5t2 +
     .4 * treatment + error + rand_int)
R> depression_bin <- factor(as.numeric(depression > 9))
```

Make treatment indicator a factor and collect everything in a data frame:

```
R> treatment <- factor(treatment, labels = c("Treatment 1", "Treatment 2"))
R> DepressionDemo <- data.frame(depression, treatment, cluster,
+ age, anxiety, duration, depression_bin)
```

#### **Affiliation:**

Marjolein Fokkema
Department of Methods & Statistics, Intitute of Psychology
Universiteit Leiden
Wassenaarseweg 52
2333 AK Leiden, The Netherlands
E-mail: m.fokkema@fsw.leidenuniv.nl

URL: http://www.marjoleinfokkema.nl/

Achim Zeileis
Department of Statistics
Faculty of Economics and Statistics
Universität Innsbruck
Universitätsstr. 15
6020 Innsbruck, Austria

E-mail: Achim.Zeileis@R-project.org

URL: https://eeecon.uibk.ac.at/~zeileis/