



Welcome to this training on cyber security!

This is your chance to get confident with what cyber security means for you and learn some actionable steps you can take to stay safe online. This training will cover four key topics of cyber security. You'll explore each of these topics by helping someone to navigate a tricky situation.

The four topics you will cover are:

- 1. Defending yourself against phishing
- 2. Creating strong passwords
- 3. Securing your devices
- 4. Reporting incidents

There will be a short quiz at the end to put what you've learnt to the test. This is a safe environment for you to practise what you learn, so make the most of it!

When you're ready, select the introduction topic below to get started.

P	Introduction	
P.	Defending yourself against phishing	
R	Creating strong passwords	
P.	Securing your devices	
P.	Reporting incidents	
R	Quiz	
R	Wrapping up	