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## My Supplements

The vitamins, food extracts, herbs, minerals, amino acids, prebiotics, and probiotics listed below have been selected precisely for you based on your latest test results. Search for a nutrient or use the filter to see which scores we connected to each nutrient.





Note: Your ingredients may fall into more than one category.













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339 mg



#### **Rhodiola Root Extract**

174 mg



### B. breve Bb-03

500 M CFU



 $\rightarrow$ 

## **Psyllium Husk Fiber**

2000 mg



### B. animalis ssp lactis Bi-07

1.5 B CFU









HOME NUTRITION SHOP LEARN **SCORES** Schisandra Berry  $\rightarrow$ 279 mg L. acidophilus DDS-1  $\rightarrow$ 2.5 B CFU **Vitamin B5 (Pantothenic Acid)**  $\rightarrow$ 64 mg **Acacia Fiber**  $\rightarrow$ 3000 mg Inositol  $\rightarrow$ 257 mg







HOME SHOP LEARN NUTRITION **SCORES** L. rhamnosus LB3  $\rightarrow$ 500 M CFU L. plantarum 299v  $\rightarrow$ 2.5 B CFU **Pygeum Bark Extract**  $\rightarrow$ 99 mg **Saw Palmetto Berry Extract**  $\rightarrow$ 88 mg **Tribulus Terrestris Extract**  $\rightarrow$ 356 mg







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# **B. longum ssp infantis Bi-26** 500 M CFU

### L. acidophilus NCFM

1.5 B CFU

### LH01-Myoviridae

4 mg

### LL12-Myoviridae

3 mg

### LL5-Siphoviridae

4 mg



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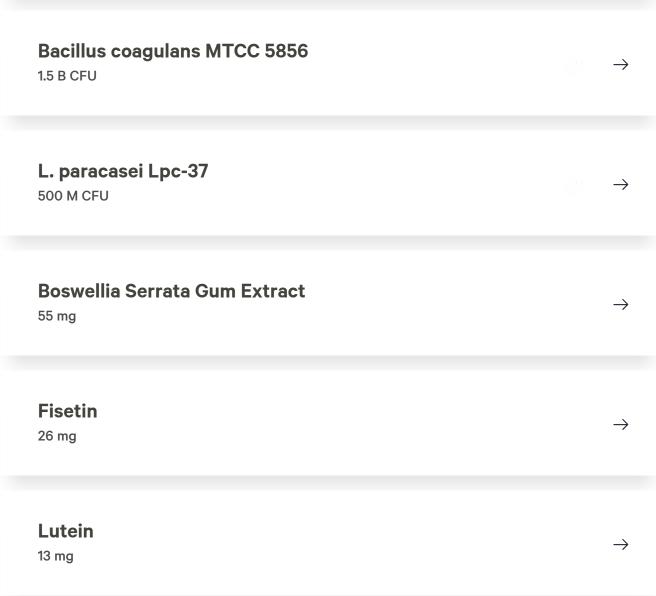
 $\rightarrow$ 







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HOME NUTRITION **SCORES** SHOP LEARN **Benfotiamine**  $\rightarrow$ 142 mg Citicoline  $\rightarrow$ 174 mg Forskohlii Root Extract  $\rightarrow$ 74 mg L-Arginine  $\rightarrow$ 432 mg **L-Citrulline**  $\rightarrow$ 370 mg







L-Tyrosine
177 mg

Phosphatidylserine
53 mg

Turkey Tail Fruit Body Extract
124 mg