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NUTRITION



RESULTS



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My Supplements

The vitamins, food extracts, herbs, minerals, amino acids, prebiotics, and probiotics listed below have been selected precisely for you based on your latest test results. Search for a nutrient or use the filter to see which scores we connected to each nutrient.


34

**Total Supplement
Ingredients**


18

**Total Probiotic +
Prebiotic Ingredients**

Note: Your ingredients may fall into more than one category.

50% off your first month of supplements with code: **YOUDECODED**

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 **Search Nutrients**



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Magnesium

727 mg / day



Lactobacillus acidophilus La-14

270 million CFU / day



Rhodiola Root Extract

174 mg / day



Pumpkin Seed

330 mg / day



Tribulus Terrestris Extract

356 mg / day





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Saw Palmetto Berry Extract

192 mg / day



Saccharomyces boulardii DBVPG 6763

270 million CFU / day



B. bifidum Bb-06

1.4 billion CFU / day



Butterbur Root Extract

60 mg / day

