Supplement	Stool 1a	Stool 1b	Stool 2	Stool 3	Stool 4
Acacia Fiber			1000 mg		
Alpha-Lipoic Acid (ALA)		153 mg			
Amylase			20 mg		
Angelica Root Extract			87 mg		
Astaxanthin					149 mg
B. animalis ssp lactis B420		270 million CFU		270 million CFU	500 million CFU
B. animalis ssp lactis BL-04			1.5 million CFU		
B. animalis ssp lactis VK2	2 billion CFU				2.5 billion CFU
B. bifidum Bb-06	500 million CFU			1.4 billion CFU	500 million CFU
B. breve Bb-03	2 billion CFU	1 billion CFU			2.5 billion CFU
Bacillus coagulans SANK 70258	500 million CFU		1.3 billion CFU		1 billion CFU
Bacillus subtillis DE111	1 billion CFU		750 million CFU		
Beet Root Juice	700 mg		700 mg	600 mg	
Benfotiamine			101 mg		122 mg
Berberine		515 mg			
Beta-Glucan		1000 mg	250 mg	750 mg	
Bilberry Extract		79 mg			
Boswellia Serrata Gum Extract			140 mg	120 mg	
Butterbur Root Extract	62 mg	60 mg	59 mg		59 mg
Capsicum Extract		24 mg			
Caraway Seed Extract			161 mg		
Cellulase			74 mg		
Chamomile Flower Extract			45 mg		
Chromium		2 mg			
Citicoline	149 mg		124 mg		149 mg

Curcumin	200 mg	200 mg			107 mg
Dandelion Root Extract			454 mg		
Deglycyrrhizinated Licorice (DGL) Root Extract			31 mg		
Elderberry Extract					208 mg
Feverfew Extract			239 mg		239 mg
Fisetin	70 mg			60 mg	
Forskohilli Root Extract				21 mg	
Fructo-oligosaccharides (FOS)			3250 mg		
Garlic Extract					306 mg
Greater Celandine			76 mg		
Inulin	1900 mg				2400 mg
L. acidophilus DDS-1			1.3 billion CFU		
L. acidophilus NCFM			200 million CFU		
L. casei Lc-11			200 million CFU		
L. delbrueckii ssp bulgaricus Lb-87	500 million CFU				
L. delbrueckii ssp bulgaricus LE	500 million CFU				500 million CFU
L. fermentum LF61			400 million CFU		
L. gasseri Lg-36				270 million CFU	500 million CFU
L. helveticus VPro13				1.4 billion CFU	
L. paracasei Lpc-37				270 million CFU	
L. plantarum 299v			750 million CFU	1.4 billion CFU	
L. plantarum LM	500 million CFU			270 million CFU	500 million CFU

	500 million				500 million
L. plantarum Lp-115	CFU				CFU
	500 million			270 million	500 million
L. reuteri 1E1	CFU			CFU	CFU
L. rhamnosus GG (ATCC 53103)			1.4 billion CFU		
	500 million				500 million
L. rhamnosus LB3	CFU				CFU
			200 million		
L. rhamnosus Lr-32			CFU		
			200 million		
L. salivarius Ls-33			CFU		
Lactase			1 mg		
	500 million		200 million		500 million
Lactobacillus acidophilus La-14	CFU		CFU		CFU
L-Arginine				124 mg	
Lemon Balm Extract			76 mg		
L-Glycine	152 mg		126 mg	177 mg	152 mg
L-Lysine					406 mg
L-Tyrosine	152 mg		126 mg	177 mg	152 mg
Lutein	59 mg		49 mg		59 mg
Magnesium	758 mg	735 mg	727 mg	727 mg	
Mastic Gum Extract	257 mg			257 mg	
Mulberry Leaf Extract		1000 mg		1000 mg	
N-Acetyl-L-Cysteine (NAC)	509 mg			509 mg	
Nettle Extract					209 mg
Olive Leaf Extract			299 mg		
Oregano Leaf					74 mg
Panax Ginseng Root Extract			99 mg	139 mg	119 mg
Phosphatidylcholine			304 mg		
Phosphatidylserine	92 mg		76 mg		92 mg
Phygeum Bark Extract	99 mg				

Psyllium Husk Fiber	2000 mg				2000 mg
Pumpkin Seed	385 mg	330 mg	385 mg	330 mg	
Pygeum Bark Extract				99 mg	
Rhodiola Root Extract	149 mg		124 mg	174 mg	149 mg
Saccharomyces boulardii DBVPG 6763	500 million CFU			279 million CFU	500 million CFU
Sage Leaf Extract		209 mg			
Saw Palmetto Berry Extract	224 mg	192 mg	224 mg		
Schisandra Berry	239 mg		199 mg	279 mg	239 mg
Serrapeptase			17 mg		
Spirulina Extract				34 mg	
Streptococcus thermophilus St-21	1 billion CFU	470 million CFU		470 million CFU	1 billion CFU
Thyme Leaf Extract					79 mg
Tinospora Cordifolia Extract					419 mg
Tribulus Terrestris Extract	356 mg			356 mg	
Turkey Tail Fruit Body Extract	124 mg			124 mg	
Vitamin B5 (Panthoenic Acid)				20 mg	
Vitamin B7 (Inositol)				257 mg	
Vitamin B8 (Biotin)		99 mg			
Vitamin C (Ascorbic Acid)					353 mg
Xylo-oligoaccharides (XOS)	1550 mg			750 mg	1000 mg
Zeaxanthin	59 mg			69 mg	
Zinc					59 mg
Total Supplements	28	30	37	34	30
Total Probiotics	19	18	18	18	19