

Lewis Cass Return to School Policy

7/21/2021



To ensure continuity of operations of essential functions and for the safety of our staff, students and community the following guideline will allow Lewis Cass Schools to continue to stay open at 100% capacity for in school instruction.

School and Classroom Setting:

- 1. Do not attend school if you have a fever.
- 2. Do not attend school if you have COVID Symptoms and notify the school.
- 3. Lewis Cass will follow Federal, CDC, State and local health guidelines/mandates/executive orders for masks.
- 4. Visitors will be limited.
- 5. Personnel and facility sanitation efforts will still be instituted.
- 6. K-12 Educational Institutions shall follow the guidelines on isolation and quarantine as directed by the Indiana State Department of Health and/ or their local health department and, at a minimum, include the following:
 - a. quarantining continues to apply to exposures which occur in non-classroom settings (at lunch, athletics, and other extracurricular or co-curricular activities);
 - b. quarantining continues to apply where exposure occurs in a classroom and face coverings are not worn;
 - i. Students and staff who were determined to be in close contact with a positive COVID case and are NOT vaccinated or wearing a mask will be quarantined based on the below quarantine chart.
 - ii. Students and staff who were determined to be in close contact with a positive COVID case and who are vaccinated or wearing a mask will not be quarantined, but will be monitored for symptoms for ten (10) days
 - c. quarantining rules and contact tracing are not required when exposure occurs in a classroom setting and where students, teachers and staff wear face coverings at all times in the classroom.
- 7. Lewis Cass Schools will continue to disinfect desks, restrooms and other areas to ensure a safe and clean environment.

CDC Guidelines

- If the employee becomes sick during the day, they should be sent home immediately.
- Surfaces in their workspace should be cleaned and disinfected.
- Information on persons who had contact with the ill employee during the time the employee had symptoms and 2 days prior to symptoms should be compiled.
- Others at the facility with close contact within 6 feet of the employee during this time would be considered exposed unless a mask was worn

I had a Positive COVID-19 test:

- Notify School Nurse and Principal of Positive test
- Stay home except to get medical care, begin Quarantine Procedures.
- Separate yourself from others
- Monitor your symptoms

I had a Positive COVID-19 test and have symptoms:

- Must be tested for COVID
- · Notify School Nurse and Principal you were tested
- Stay at home until results are provided.
- Work from home is possible

I had a Positive COVID-19 test and Do Not have symptoms:

- If you do not have symptoms you are considered asymptomatic and you can return to school/work under the following conditions:
- For Asymptomatic Individuals Quarantine for five (5) days following an initial exposure from a close contact, Students and staff can return to work under the following conditions:
- Students and staff are required to have their temperature taken and assess symptoms prior to starting work or school. Ideally, temperature checks should happen before the individual enters the facility.
- Regular Monitoring: As long as the student and staff member doesn't have a temperature or symptoms, they should self-monitor under the supervision of the school nurse or supervisor.
- Wear a Mask: The employee and student should wear a face mask at all times while in the
 workplace for 14 days after last exposure or under conditions that do not allow for social
 distancing to occur.
- Social Distance: The students and staff should practice social distancing as work duties permit
 or while in the classroom
- Disinfect and Clean work spaces desk and other areas
- Clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic
 equipment routinely

I had a negative test and have symptoms:

- If you have a fever stay home until you have been fever-free for 24 hours (without the use of fever reducing medications)
- · Notify School Nurse and Principal

I had a negative test and do not have symptoms:

Return to school

COVID-19 Symptoms (Updated 3/17/21-CDC)

- · Fever or Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



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Indiana COVID-19 Data Report

Quarantine:

Based on updated CDC guidelines that have been adopted by the Indiana Department of Health and the CDC, the following changes to Lewis Cass School's quarantine guidelines for close contacts will be changed effective immediately.

- 1. Quarantine can end at Day 10 if the person has not had a COVID-19 test and has not developed any symptoms.
- 2. Quarantine can end at Day 7 if the person tests negative for COVID-19 on Day 5, 6, or 7 and no symptoms have developed.

Both options require that the student adhere to strict practice of masking, social distancing, hand washing and watching for any symptoms through Day 14.

Important Things to Remember:

- Testing is NOT recommended until at least day 5 of a quarantine as testing before this may result in a false negative because of incubation period.
- Anyone who develops symptoms within 14 days of a close contact should follow isolation guidelines.
- People who have tested positive for COVID-19 **<u>DO NOT</u>** need to quarantine or get tested again for up to 3 months as long as they are asymptomatic.

THE MOST IMPORTANT THING YOU CAN DO TO REDUCE YOUR CHANCE OF BEING QUARANTINED IS TO MAINTAIN SOCIAL DISTANCING FROM OTHERS AND SANITIZE HANDS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Last Date of Contact	Start Day 1 Quarantine	Day 2 Quarantine	Day 3 Quarantine	Day 4 Quarantine	Day 5 Quarantine Can test
Day 6 Quarantine Can test	Day 7 Quarantine Can test	Day 8 Quarantine Student can return to school with a negative test	Day 9 Quarantine	Day 10 Quarantine	Return to school with no test & asymptomatic Monitor for symptoms	Day 12 Monitor for symptoms
Day 13 Monitor for symptoms	Day 14 Monitor for symptoms					