

International Symphysis-Fundal Height Standards



INTERGROWTH-21st

Symphysis-Fundal Height (cm)



| Gestational age (exact weeks) | z-scores (Standard Deviations) | | | | | | |
|-------------------------------|--------------------------------|------|------|------|------|------|------|
| | -3 | -2 | -1 | 0 | 1 | 2 | 3 |
| 16 | 11.6 | 13.0 | 14.4 | 15.8 | 17.2 | 18.6 | 20.0 |
| 17 | 12.5 | 13.9 | 15.4 | 16.8 | 18.2 | 19.6 | 21.1 |
| 18 | 13.4 | 14.9 | 16.3 | 17.8 | 19.2 | 20.7 | 22.1 |
| 19 | 14.3 | 15.8 | 17.3 | 18.8 | 20.2 | 21.7 | 23.2 |
| 20 | 15.2 | 16.7 | 18.2 | 19.8 | 21.3 | 22.8 | 24.3 |
| 21 | 16.1 | 17.7 | 19.2 | 20.8 | 22.3 | 23.8 | 25.4 |
| 22 | 17.1 | 18.6 | 20.2 | 21.8 | 23.3 | 24.9 | 26.4 |
| 23 | 18.0 | 19.6 | 21.2 | 22.8 | 24.3 | 25.9 | 27.5 |
| 24 | 18.9 | 20.5 | 22.1 | 23.8 | 25.4 | 27.0 | 28.6 |
| 25 | 19.8 | 21.5 | 23.1 | 24.7 | 26.4 | 28.0 | 29.7 |
| 26 | 20.7 | 22.4 | 24.1 | 25.7 | 27.4 | 29.1 | 30.7 |
| 27 | 21.6 | 23.3 | 25.0 | 26.7 | 28.4 | 30.1 | 31.8 |
| 28 | 22.5 | 24.3 | 26.0 | 27.7 | 29.4 | 31.1 | 32.8 |
| 29 | 23.4 | 25.2 | 26.9 | 28.6 | 30.4 | 32.1 | 33.9 |
| 30 | 24.3 | 26.1 | 27.8 | 29.6 | 31.4 | 33.1 | 34.9 |
| 31 | 25.1 | 26.9 | 28.7 | 30.5 | 32.3 | 34.1 | 35.9 |
| 32 | 26.0 | 27.8 | 29.6 | 31.4 | 33.2 | 35.1 | 36.9 |
| 33 | 26.8 | 28.6 | 30.5 | 32.3 | 34.2 | 36.0 | 37.8 |
| 34 | 27.6 | 29.5 | 31.3 | 33.2 | 35.1 | 36.9 | 38.8 |
| 35 | 28.4 | 30.3 | 32.2 | 34.0 | 35.9 | 37.8 | 39.7 |
| 36 | 29.1 | 31.0 | 33.0 | 34.9 | 36.8 | 38.7 | 40.6 |
| 37 | 29.8 | 31.8 | 33.7 | 35.7 | 37.6 | 39.6 | 41.5 |
| 38 | 30.5 | 32.5 | 34.5 | 36.5 | 38.4 | 40.4 | 42.4 |
| 39 | 31.2 | 33.2 | 35.2 | 37.2 | 39.2 | 41.2 | 43.2 |
| 40 | 31.9 | 33.9 | 35.9 | 38.0 | 40.0 | 42.0 | 44.0 |
| 41* | 32.5 | 34.6 | 36.6 | 38.7 | 40.7 | 42.8 | 44.8 |

*z-score values between 40+1 and 41 weeks represent extrapolated data