

# International Symphysis-Fundal Height Standards



## Symphysis-Fundal Height (cm)

INTERGROWTH-21<sup>st</sup>



Gestational age (exact weeks)	z-scores (Standard Deviations)						
	-3	-2	-1	0	1	2	3
16	11.6	13.0	14.4	15.8	17.2	18.6	20.0
17	12.5	13.9	15.4	16.8	18.2	19.6	21.1
18	13.4	14.9	16.3	17.8	19.2	20.7	22.1
19	14.3	15.8	17.3	18.8	20.2	21.7	23.2
20	15.2	16.7	18.2	19.8	21.3	22.8	24.3
21	16.1	17.7	19.2	20.8	22.3	23.8	25.4
22	17.1	18.6	20.2	21.8	23.3	24.9	26.4
23	18.0	19.6	21.2	22.8	24.3	25.9	27.5
24	18.9	20.5	22.1	23.8	25.4	27.0	28.6
25	19.8	21.5	23.1	24.7	26.4	28.0	29.7
26	20.7	22.4	24.1	25.7	27.4	29.1	30.7
27	21.6	23.3	25.0	26.7	28.4	30.1	31.8
28	22.5	24.3	26.0	27.7	29.4	31.1	32.8
29	23.4	25.2	26.9	28.6	30.4	32.1	33.9
30	24.3	26.1	27.8	29.6	31.4	33.1	34.9
31	25.1	26.9	28.7	30.5	32.3	34.1	35.9
32	26.0	27.8	29.6	31.4	33.2	35.1	36.9
33	26.8	28.6	30.5	32.3	34.2	36.0	37.8
34	27.6	29.5	31.3	33.2	35.1	36.9	38.8
35	28.4	30.3	32.2	34.0	35.9	37.8	39.7
36	29.1	31.0	33.0	34.9	36.8	38.7	40.6
37	29.8	31.8	33.7	35.7	37.6	39.6	41.5
38	30.5	32.5	34.5	36.5	38.4	40.4	42.4
39	31.2	33.2	35.2	37.2	39.2	41.2	43.2
40	31.9	33.9	35.9	38.0	40.0	42.0	44.0
41*	32.5	34.6	36.6	38.7	40.7	42.8	44.8

\*z-score values between 40+1 and 41 weeks represent extrapolated data