

Formula Type	Common Brands	Kosher/Halal	Indication	Comments
Full cow’s milk protein	Similac Pro-Advanced Enfamil Neuro-Pro	Yes/Yes Yes/No	<ul style="list-style-type: none"> Standard full-term formula 	<ul style="list-style-type: none"> Cow’s milk is similar to goat’s; allergy cross-reacts Toddler milk is BS; adds sugar and fat
Soy protein	Similac Soy Isomil Enfamil ProSobee Gerber Good Start Soy	Yes/Yes Yes/No Yes/Yes	<ul style="list-style-type: none"> Galactosemia Primary lactose intolerance (very rare before age 2) Strict vegan 	<ul style="list-style-type: none"> <u>Cannot</u> use in: <ul style="list-style-type: none"> Premies Cow’s milk protein allergy Doesn’t help: <ul style="list-style-type: none"> Colic Stooling Preventing allergy
Partially hydrolyzed	Similac Pro-Total Comfort Enfamil Gentlease Gerber Good Start Gentle	Yes/Yes Yes/No No/No		<ul style="list-style-type: none"> May reduce risk of allergic disease in high-risk infants, but not hypoallergenic
Extensively hydrolyzed	Alimentum Pregestimil Nutramigen	No/No No/No No/No	<ul style="list-style-type: none"> Food allergies (Pregestimil) Malabsorption: CF, short gut, chronic diarrhea, steatorrhea 	<ul style="list-style-type: none"> Can use in galactosemia (trace galactose) Alimentum ready to feed: only corn free option Pregestimil high in MCTs
Amino acid (“elemental”)	Puramino Alfamino Elecare Neocate	Yes/Yes No/No No/Yes Yes/Yes	<ul style="list-style-type: none"> Severe malabsorption, short gut syndrome, GI tract impairment, eosinophilic esophagitis, allergy Refractory to EH formula 	<ul style="list-style-type: none"> Can use in galactosemia
Premie transitional	Similac Neosure Enfamil Enfacare	Yes/Yes Yes/Yes	<ul style="list-style-type: none"> Former premie “catch-up growth” 	<ul style="list-style-type: none"> No guidelines for transitioning
Low lactose	Similac Sensitive Enfamil Sensitive	Yes/Yes No/No	<ul style="list-style-type: none"> NAS Transient lactose intolerance 	<ul style="list-style-type: none"> <u>Cannot</u> use in galactosemia
Thickened	Similac Spit-up Enfamil AR	Yes/Yes Yes/No	<ul style="list-style-type: none"> Refractory GERD 	