

- Preload

- ▷ Bulkier
 - Fiber: juices, psyllium
- ▷ Wetter
 - Polyethylene glycol: MiraLAX, GoLYTELY
 - Lactulose
 - Magnesium oxide/citrate
 - Hydration (PO/IV)

- Afterload

- ▷ Suppository
 - Glycerin
 - Dulcolax
- ▷ Enema
 - Fleet's: sodium phosphate
 - Tap water
 - Soap suds
 - Mineral oil
 - Air
 - ☣ Black & white: molasses + milk powder
 - ☣ SMOG: saline, mineral oil, glycerin
 - ☣ Pink Lady/Elephant: docusate, magnesium citrate, mineral oil, sodium phosphate

- Contractility

- ▷ Senna
- ▷ Dulcolax
- ▷ Methylnaltrexone
- ▷ Erythromycin
- ▷ Mineral oil

- ☣ Manual disimpaction