

1-2-3 TREAT: WARM-UPS INSTRUCTIONS & DATA SHEET

If you have any questions as you complete the tasks, please refer to the Cognitive Assessments section of our FAQs page located at dogagingproject.zendesk.com.

Please only use this data sheet if you cannot be near your computer or your phone does not have internet in the space where you have set up the 1-2-3 Treat Activity.

For the Warm-Ups and the subsequent 1-2-3 Treat Game, you will need your dog, about 40 small treats, your dog, and a leash and collar or harness. Since you are doing this away from your computer, you will also need a timer that will alert you when 20 seconds have passed. If you do not have one, please get one before proceeding.

First, while standing in the Array Setup, hand your dog one of the treats you will be using. How did your dog respond?

- ☐ My dog ate the treat enthusiastically!
- ☐ My dog ate the treat reluctantly or after some encouragement.
- ☐ My dog didn't eat the treat.

If your dog was reluctant or did not eat the treat you offered, consider trying a few other options such as small bits of meat or cheese until you find something your dog is excited about. This activity works best when your dog is highly motivated by the food rewards you are using. Move on when you have found a treat that works well for your dog.

Next, set the cardboard boxes that you made on the ground near your dog. Place a treat into one of the boxes, and allow your dog to eat the treat. How did your dog respond?

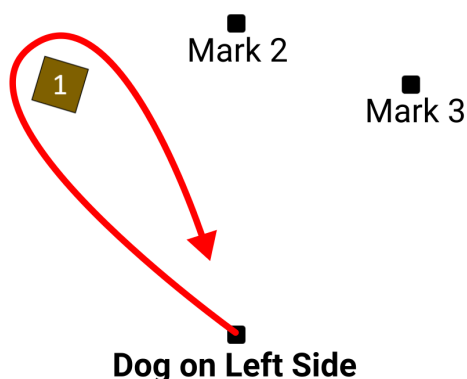
- ☐ My dog ate the treat enthusiastically!
- ☐ My dog ate the treat reluctantly or after some encouragement.
- ☐ My dog didn't eat the treat.

If your dog was reluctant or didn't eat the treat you offered, they may be excited, distracted, or even a bit nervous due to the novelty of the boxes. Make sure that the environment around the Array Setup isn't overstimulating. Walk your dog around the boxes several times. Let your dog investigate the boxes. Help your dog understand there isn't anything scary about the boxes. When you feel that your dog is ready to move on, please continue.

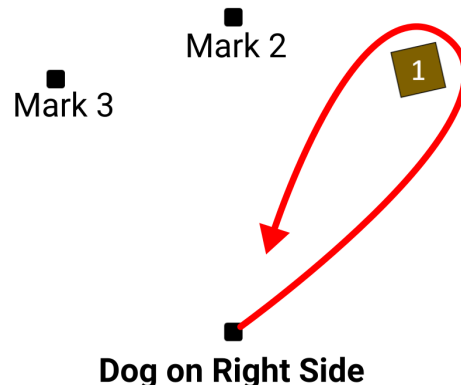
Please read the instructions below before beginning the rest of the Warm-Ups.

During each of the Warm-Ups that follow, as you saw in the overview video, you will place one box on the ground on one of the marks with a corner of the box facing the start line. You will start with your dog on a leash next to you at the start line, holding the leash on the same side as your dog and a treat in your opposite hand. Keeping your dog on the same side of your body the entire time such that your body is between your dog and the box, you will approach the box and place a treat inside the corner of the box that is closest to the start line. You should let your dog see the treat being placed in the box, *but do not allow your dog to eat the treat*. You will

then walk back to the start line, press start on a 20-second timer, and release your dog to find the hidden treat. You can do this by simply letting the leash go slack so the dog can go forward to search or by using a release word such as *Okay* if your dog is familiar with one. Stay behind your dog at this point and let them search independently; do not guide them or point to the box.



As shown, you should circle around the box in a way that will keep your dog on the opposite side of your body from the box. If your dog is on your left side, you should make a clockwise loop around the box, and if your dog is on your right side, you should make a counter-clockwise loop.



Warm-Up 1

Place Box 1 on Mark 1 with a corner of the box facing the start line. Walk around Box 1 with your dog, and bait Box 1 as shown. Then start the 20-second countdown and release your dog to find the treat. If your dog eats the food before the timer expires, select "my dog found the food independently." If your dog doesn't find the food within 20 seconds, you should lead them to the box and encourage them to eat the treat, then select "I helped my dog find the food and they ate it." If your dog doesn't eat the food after being led to the box, select "I helped my dog find the food, but they didn't eat it."

- ☐ My dog found the food independently.
 - ☐ I helped my dog find the food, and they ate it.
 - ☐ I helped my dog find the food, but they didn't eat it.
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Warm-Up 2

Set Box 1 aside. Place Box 2 on Mark 2, walk around Box 2 with your dog, and bait Box 2. Then start the 20-second countdown and release your dog to find the treat. Record your dog's response:

- ☐ My dog found the food independently.
 - ☐ I helped my dog find the food, and they ate it.
 - ☐ I helped my dog find the food, but they didn't eat it.
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Warm-Up 3

Set Box 2 aside. Place Box 3 on Mark 3, walk around Box 3 with your dog, and bait Box 3. Then start the 20-second countdown and release your dog to find the treat. Record your dog's response:

- ☐ My dog found the food independently.
 - ☐ I helped my dog find the food, and they ate it.
 - ☐ I helped my dog find the food, but they didn't eat it.
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Additional Warm-Ups

If your dog did not find the food independently on 2 out of 3 previous Warm-Ups, we recommend doing another set of Warm-Ups to give your dog a bit more practice. It is helpful if your dog is acquainted with this activity before you dive into the 1-2-3 Treat Activity.

Warm-Up 4 (Optional)

Place Box 1 on Mark 1, walk around Box 1 with your dog, and bait Box 1. Then start the 20-second countdown and release your dog to find the treat. Record your dog's response:

- ☐ My dog found the food independently.
 - ☐ I helped my dog find the food, and they ate it.
 - ☐ I helped my dog find the food, but they didn't eat it.
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Warm-Up 5 (Optional)

Place Box 2 on Mark 2, walk around Box 2 with your dog, and bait Box 2. Then start the 20-second countdown and release your dog to find the treat. Record your dog's response:

- ☐ My dog found the food independently.
 - ☐ I helped my dog find the food, and they ate it.
 - ☐ I helped my dog find the food, but they didn't eat it.
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Warm-Up 6 (Optional)

Place Box 3 on Mark 3, walk around Box 3 with your dog, and bait Box 3. Then start the 20-second countdown and release your dog to find the treat. Record your dog's response:

- ☐ My dog found the food independently.
 - ☐ I helped my dog find the food, and they ate it.
 - ☐ I helped my dog find the food, but they didn't eat it.
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IMPORTANT: Please return to your portal, open the 1-2-3 Treat: Warm-Ups task, and enter your dog's responses there before moving on to 1-2-3 Treat: Play the Game.