



## MEASURING YOUR DOG INSTRUCTIONS & DATA SHEET

If you have any questions as you complete the tasks, please refer to the [Measurement & Mobility section](#) of our FAQs page located at [dogagingproject.zendesk.com](https://dogagingproject.zendesk.com).

We'd prefer that you use the survey to guide you through Measuring Your Dog, but if necessary, you can use this data sheet and then return to this survey to enter the measurements afterwards.

### Important Information:

- You will need a flexible tape measure made of flexible plastic, fabric, or paper (such as the kind used for sewing). A metal, hardware tape measure will NOT work.
- You will also need a rigid piece of cardboard, a ruler, or another narrow, rigid item to use as a level. For this purpose a magazine or other floppy item will NOT work.
- We would prefer you to use centimeters (cm) if possible, but inches (in) are okay, if that is the only unit of measurement available to you.
- Please use the SAME unit of measurement for all measurements.
- If measuring in centimeters, please round to the nearest  $\frac{1}{2}$  centimeter and record in decimals (e.g. 0.5 cm). If measuring in inches, please round to the nearest  $\frac{1}{4}$  inch and record in decimals (e.g. 0.25, 0.5, 0.75 inches).

Prior to beginning the activity, please watch the Measuring Your Dog instructional video at <https://vimeo.com/dogagingproject/measurements>.

Please specify the measurement unit you intend to use:

Make sure to always use this unit during this activity.

☐ Centimeters (cm)

☐ Inches (in)

How much did your dog weigh the last time they were weighed at your veterinarian's office or elsewhere (such as a pet store)? \_\_\_\_\_ pounds / kg (circle measurement unit)

When was your dog weighed the last time (month/year)? \_\_\_\_\_

Where was your dog weighed?

☐ Veterinarian's office

☐ Pet store

☐ At home

☐ Other (please describe): \_\_\_\_\_

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**Please measure your dog's head length.** *The tape should be placed an equal distance between the eyes. Measure the length of the head from tip of the nose to the bony protuberance (bony point) at the back of the head.*

**My dog's head length is:** \_\_\_\_\_ cm / in (circle measurement unit)

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**Please measure your dog's head circumference.** *Place tape around the dog's head at the widest part of the head between the ears and eyes.*

**My dog's head circumference is:** \_\_\_\_\_ cm / in (circle measurement unit)

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**Please measure your dog's height at the shoulders.** *Have the dog stand next to a wall as straight as possible with their **LEFT** side facing you. Place a rigid piece of cardboard, a ruler, or another narrow, rigid item on top of their shoulders. Measure from this level device to the ground.*

*NOTE: If your dog does not have a left front leg, you may find it easier to take this measurement on their **RIGHT** side. Please indicate when you enter your data.*

**My dog's height at the shoulders is:** \_\_\_\_\_ cm / in (circle measurement unit)

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**Please measure your dog's back length.** *Place tape along the length of the dog's back (top of the dog) from the base of the neck to the base of the tail.*

**My dog's back length is:** \_\_\_\_\_ cm / in (circle measurement unit)

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**Please measure your dog's body circumference.** *Wrap tape around the dog's body immediately behind the front legs.*

**My dog's body circumference is:** \_\_\_\_\_ cm / in (circle measurement unit)

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**Please measure your dog's leg length.** *While the dog is standing, measure the **LEFT FRONT** leg from the point of the elbow to the carpal pad, or "wrist pad." The leg must be straight.*

*NOTE: If your dog does not have a left front leg, measure the remaining leg and indicate when you enter your data.*

**My dog's left front leg length is:** \_\_\_\_\_ cm / in (circle measurement unit)

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**Please measure your dog's leg circumference.** Face the left side of the dog for the thigh measurement (do not lean over the dog). Wrap tape around the upper portion of the **LEFT BACK** leg as high as possible where the leg joins the body. Keep the tape horizontal. Walk to the other side of the dog, and repeat the process on the right.

*NOTE: If your dog only has one back leg, measure the remaining leg and indicate when you enter your data. Leave the other measurement field blank.*

**My dog's left back leg circumference is:** \_\_\_\_\_ cm / in (circle measurement unit)

**My dog's right back leg circumference is:** \_\_\_\_\_ cm / in (circle measurement unit)

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**IMPORTANT:** Please return to your portal, open the Measuring Your Dog task, and enter your dog's measurements there so that they can be recorded in our database.