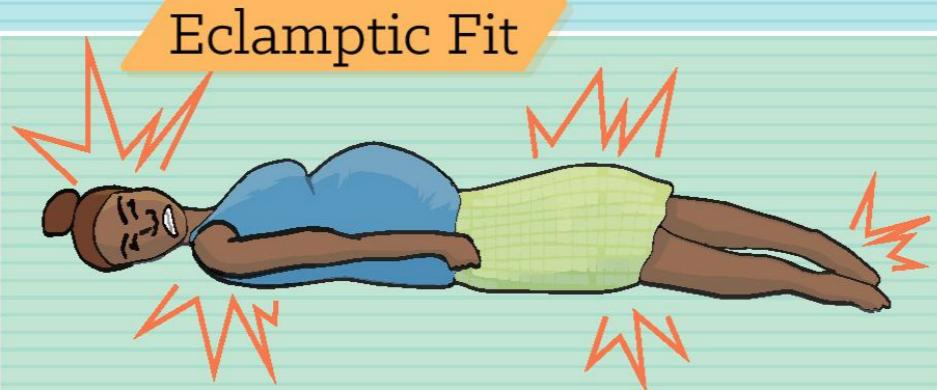


- WHY -

Checking blood pressure is so important:

Some of the most **dangerous** conditions in pregnancy can be **prevented** by measuring **blood pressure** and **heart rate**

Preeclampsia



Stroke



Bleeding/Infections



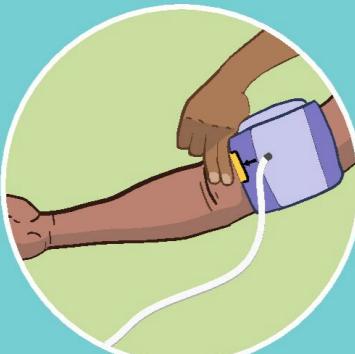
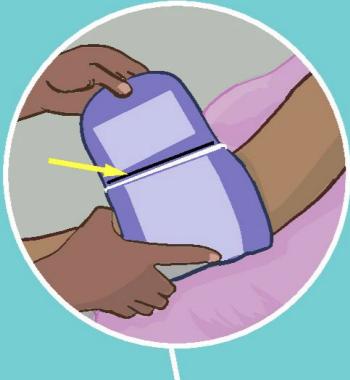
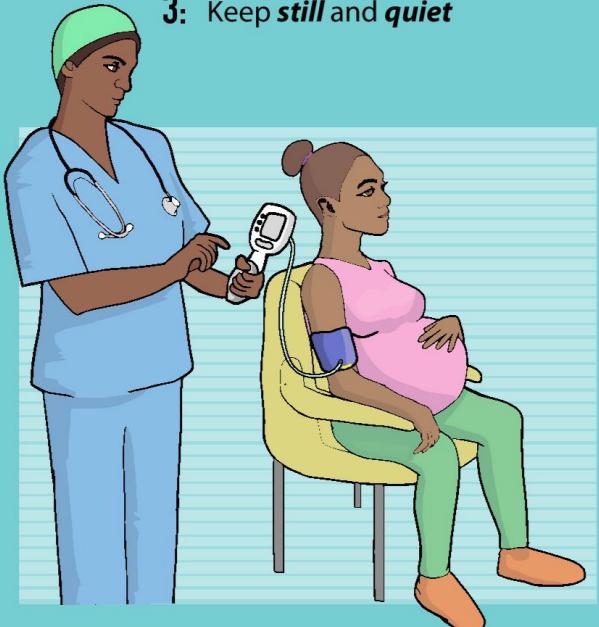
Detecting and **treating** these conditions early
can save lives

- HOW -

Blood Pressure Technique for routine care:

Steps:

- 1: Wait **5 minutes**
- 2: Remove clothing from arm
- 3: Keep **still** and **quiet**



4: There are **2 cuff sizes**. The standard size will fit most women. The **black marker** shows if it is too small.



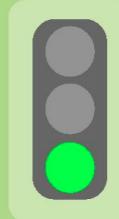
5: Check that the **yellow tab** is **two fingers** width above the **elbow crease**



6: Press 'on' button and wait to hear a **beep**

7: Pump until **second beep** is heard and the rising **pointers** disappear

CRADLE VSA

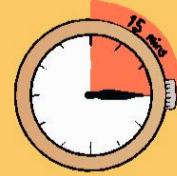


The device shows
a **GREEN** light

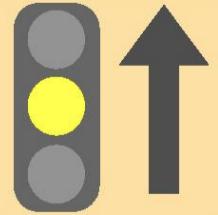


The blood pressure
and heart rate are
normal, the patient
is likely to be well.

Result: The device shows a YELLOW light

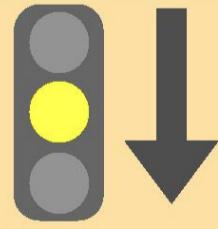


FIRST: CHECK AGAIN
after 15 mins rest



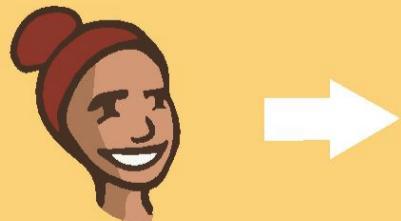
UP ARROW and YELLOW light

Blood pressure is **high**, this woman could have **preeclampsia**



DOWN ARROW and YELLOW light

Blood pressure is **low** or the **heart rate** is **fast**

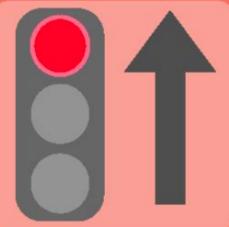


How does she
look/feel?



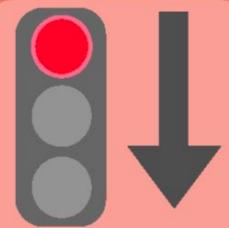
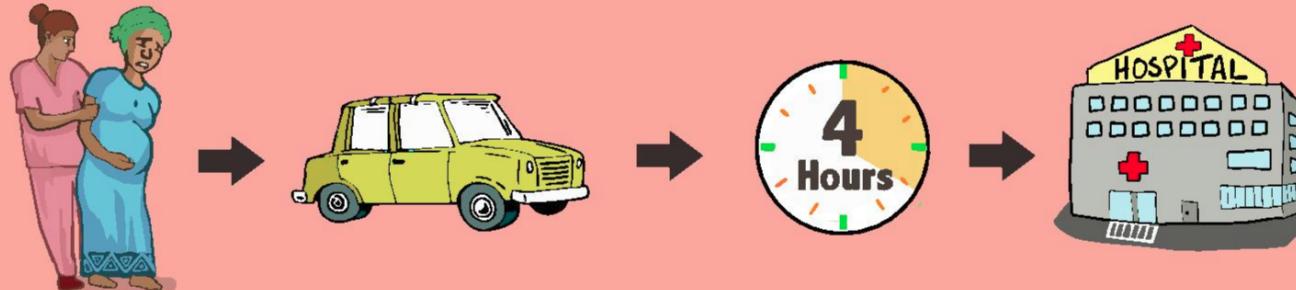
Result: The device shows a RED light

FIRST: CHECK AGAIN NOW!
THIS IS AN EMERGENCY!!!



UP ARROW and RED light

Blood pressure is **very high** - she could have **severe preeclampsia**



DOWN ARROW and RED light

The **blood pressure** is **very low** and **heart rate** is **very fast**. This woman may have severe bleeding or infection. **This woman needs treatment NOW!**

