



FESTIVAL PROGRAM

APRIL 1ST-22ND 2023

Click on the button below to go to
SIXPO online schedule and access
all the zoom links:

[SIXPO.CA/SCHEDULE](https://sixpo.ca/schedule)



#YVRsixpo

[WWW.SIXPO.CA](http://www.sixpo.ca)



INTIMACY IS FOR EVERYONE.

SIXPO is a festival organized by and for folks with disabilities, where we will discuss, reflect and learn together about all sorts of topics related to **relationships and sexual wellness!** There will be panel discussions, speakers and workshops, with plenty of opportunities to **engage in conversations with peers and experts** about a broad range of topics. Whether these types of conversations are brand new for you, or you are really confident in discussing sexuality, we have events that are right for you!

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Members of SIXPO respectfully acknowledge that we live, learn and gather on the unceded, traditional and ancestral territories of the xʷməθkʷəy̓əm (Musqueam), Sḵwxwú7mesh Úxwumixw (Squamish), səl̓ílwətaʔɬ (Tsleil-Waututh) the Katzie, Kwantlen, Kwikwetlem, Qayqayt and Tla'amin Nations. Non-Indigenous folks in Canada please take a look at Whose Land to learn more about the indigenous nation(s) on whose land you live!

CALENDAR OF EVENTS

Times are in PST, Pacific Standard Time. That's the time in British Columbia (Vancouver, Victoria, Kelowna, etc...)

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 1 PM 4 PM 5:30 PM	4 1:30 PM 4 PM	5 1 PM 3 PM 6 PM	6 3 PM	7	8
9	10 2 PM 3 PM 6:30 PM	11 1 PM 3 PM 6:30 PM	12 3 PM 6:30 PM	13 3:30 PM 6 PM	14 1 PM	15
16	17 1 PM 4 PM	18 1 PM 4:30 PM	19 4 PM	20 11:30 AM - 7PM	21 10 AM - 7PM	22 11 AM - 7PM PARTY!
23	24	25	26	27	28	29
						30

ONLINE EVENTS

zoom

HOW TO ACCESS ONLINE EVENTS?

We will use ZOOM for the online events. You can find the link for each event on www.sixpo.ca

Events link will also be shared on Curiko: www.curiko.ca

2 TYPES OF ONLINE EVENTS



Live Online: The guest will be there to present online. You can ask them questions and follow their presentation live.



Pre-recorded: These events are pre-recorded by the guests and we will watch the video/recording together

MONDAY APRIL 3RD

1-2:30PM SEX ED REDO



Erica Van Kuppeveld

Erica has given SIXPO permission to use her Sex-ed Re-do workshop as our festival opener. It is also available online here: www.sexpletive.ca/free-workshops

Dive into this free course which takes you through the history of abstinence- only sex-ed, discusses the importance of factual, comprehensive sexuality education, and debunks myths you may have heard in your purity focused education. Complete with additional readings, videos, reflection prompts, and optional activities, this workshop aims to help you unlearn sex-negative messages you may have received in your formal education.

4-5:30PM SEXUAL MISCONDUCT AND ASSAULT



Dr. Margret Newbury Jones

Staying Safe in Relationships – What Does that Look Like?

Join Margaret Newbury Jones for a workshop talking about what a safe relationship might look like, what does consent mean, and what to do if you've been hurt in a relationship. You will have a chance to interact with Margaret and ask questions throughout the workshop.

5:30-7PM DECOLONIZING SEXUALITY



Jaibrend

How does colonization impact Sexuality and how does this hurt us? How does colonization define the meaning of Sexuality? Have you always wanted to start your journey into decolonizing Sexuality but never know where to start? Have you always wondered what this concept and statement really means? Well in this workshop you get all of this and more with RainbowGlitz. We walk through and break down the meaning of this statement through honest knowledge sharing and discussion. This will be the start on the road to good medicine and a better future.

TUESDAY APRIL 4TH

1:30 - 3PM INTRO TO TRANSCENDING GENDER



Tien Neo Eamas

...

**4 - 6PM ABCS OF TEACHING SEXUAL
HEALTH & AUTISM**



Stephanie Mitleman

ABCs mean: A = Awareness and Attitudes, B = Behaviours and C = Communication and Connection.

While the sexual needs of individuals with an Autism may not be very different from others, the way in which information is processed can be. People with Autism may also face unique sensory profiles which educators need to be informed about. This training offers an overview of Autism and how it relates to sexuality, as well as teaching strategies for teaching sexual health.

WEDNESDAY APRIL 5TH



1 - 2:30PM THE JOURNEY OF SELF DISCOVERY



Josylyn (Mojo Mediator)

3 - 5PM OPEN SEXUAL HEALTH



DISCUSSION / Q&A FORUM

Real Talk Zoom Hangout

**6 - 7:30PM HOW TO HAVE HEALING
● REC CONVERSATIONS**

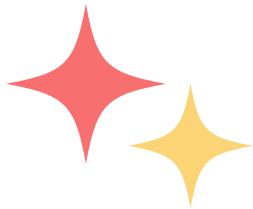
Little Woo

THURSDAY APRIL 6TH

**3 - 5PM PUTTING YOUR BEST FOOT FORWARD
● LIVE STREAM WITH ONLINE & IRL DATING**

Alex and John

TUESDAY APRIL 11TH



2 - 3 PM

SEXUALITY AND DISABILITY



Stephanie Mitleman

This workshop is intended for teachers, therapists, social workers and sexual health educators and anyone who wants to find out more about this subject.

This lecture will help you understand the range of disability and how this can impact sexuality. It talks about through the myths about people with disabilities and sexuality, such as that all people who are disabled are asexual (tip: this is not true!). And lastly, it will give you tips on working with people with disabilities.

3 - 4:30PM

INTIMACY WITH ONE'S OWN BODY



Amber DiPietra

6:30 -

7:30PM

EMBODIMENT OF PLEASURE/COMFORT



Karen B.K. Chan (sex educator)

WEDNESDAY APRIL 12TH

1 - 3PM



SEXUALITY AND SENSORY DISINTEGRATION

Stephanie Mitleman

This workshop describes sensory processing and how this may impact sexuality and response. We will also give tips for adapting across the senses.

This workshop is intended for teachers, therapists, social workers and sexual health educators and anyone who wants to find out more about this subject.

3 - 4:30PM



BUNDLE 1

Crippling Up Sex with Eva Sweeney

6:30 -
7:30PM



THE HISTORY OF SEX TOYS

Erica Van Kuppeveld

Even though we may not want to admit it, It is likely that sex toys have been around as long as humans have been using tools!

From a 30,000 year-old stone dildo to the vibrating toys of today, join Erica to learn about the inventions and milestones in the sex toy industry that have shaped how we view pleasure today. Did you know that a Black disabled man invented the silicone dildo? Did you know that there are toys that can connect to an app and can track your orgasm data? All of this and more, in the History of Sex Toys.

THURSDAY APRIL 13TH

3:30 -
5:30PM

HOW TO PLAN A DATE



Gena Tobin

Dating is tough! Are you interested in spending an afternoon with a group of folx (who might also find dating difficult) to collectively brainstorm through the tough bits?

Your host, Gena, has had a lot of experience working through those creative and logistical pieces that make planning dates so tough.

In this workshop, you can expect to...

- learn more about the role and experience of a date producer
- watch some tv clips
- unpack the elements of a date
- discuss reality vs. reality tv
- and journey down a collective and interactive path of brainstorming the date you'd like to curate.

6 - 8 PM

BUNDLE 2



Crippling Up Sex with Eva Sweeney

FRIDAY APRIL 14TH

1 - 3PM
A red circular icon with a white play button symbol, followed by the text "LIVE STREAM" in white.

BOUNDARIES, CONSENT, & PLEASURE

Leah Tidey

MONDAY APRIL 17TH

1 - 3 PM

GENDER AND SEXUALITY



Heather McCain

This workshop is about the rainbow alphabet: 2SLGBTQIA+ (2 Spirit, Lesbian, Gay, Bisexual, Trans, Queer, Intersex, Asexual/Aromantic/Agender, Plus). We discuss the spectrum of gender and sexuality, intersecting identities, current language, and ways you can be an ally. Time allows for a Q&A. No prior experience or knowledge is necessary. Our workshops are a comfortable place where you can ask questions even if you don't know how to frame or ask the questions or if you aren't sure you know the right words. This is an environment of learning together.
A terminology guide is included in the workshop as a handout.

4 - 6 PM

**HOW DO WE THINK ABOUT
BOUNDARIES?**



Veronica Collins

TUESDAY APRIL 18TH

1 - 3 PM

FAMILY PLANNING



Link Educators

4:30 -

5:30 PM

SIXPO FEEDBACK CAFE



Brooke and Leah

WEDNESDAY APRIL 19TH

4 - 5:30PM DATING PROFILE PRESENTATION



Brodie and Charlotte

Brodie and Charlotte will talk about dating apps and discuss accessibility features, prices, etc. They will also present the dating profile that was started a few years ago as an option for mainstream dating apps.

IN-PERSON EVENTS



**For the first time, SIXPO will host in-person events!
Join us at the heritage hall on Thursday April 20th,
Friday April 21st and Saturday April 22nd.**

Don't miss SIXPO's epic closing party on Saturday evening!

We can't wait to see you there!

LOCATION

**Heritage Hall,
3102 Main Street (close to Main
and 15th), Vancouver**

You can get there by bus:

- bus 3 from science world skytrain: stop at Main and 14th and walk 2min.
- bus 19 from Burnaby: stop at Kingsway and 12th and walk 10min
- bus 9 or 99 from Commercial Broadway: stop at Main street and walk 13-15min



For people who are driving, we will have a space in front of Heritage Hall for pick up and drop off.

THURSDAY APRIL 20TH

11:30 - MEET AND GREET

12:30PM Paul and Jewish Matchmaker

12:30-1PM LAND ACKNOWLEDGEMENT

Shane

1-2:30PM CAREGIVERS

Josylyn (mojo mediator)

2:30-3PM 30 MIN TRANSITION BREAK

3:30-5PM

CHRONICALLY QUEER SUPPORT GROUP

Heather McCain

3-4:30PM

RELATIONSHIP AND DATING PANEL

John, Christie,
Fiona and Brent

3-4:30PM

CONSENT

Link Sexual
Health
Educators

4:30-5PM 30 MIN TRANSITION BREAK

5-6:30PM

KINK, CHRONIC ILLNESS, AND DISABILITY

Melody Anne

5-7PM

STI EDUCATION SESSION

Link Sexual Health Educators

WORKSHOP DESCRIPTIONS

KINK, CHRONIC ILLNESS, AND DISABILITY

Melody Anne

BDSM – which stands for Bondage & Discipline, Dominance & Submission, and Sadism & Masochism – is having a moment in popular culture. More and more people are curious about trying this form of erotic expression. But exploring kink can sometimes feel daunting, especially for those of us living with chronic illness or disability.

Join Melody Anne, a neurodivergent and chronically ill sex educator and veteran kinkster, for a workshop on navigating BDSM, disability, and illness. We will talk about:

- Adapting and customizing kink to our needs
- The surprising links between BDSM and chronic pain
- Finding support within relationships, communities, and healthcare, and combating shame and stigma around disability, kink, and sex.

Whether you are BDSM-curious or an experienced kinkster, let's explore the intersection of kink, chronic illness, and disability together!

FRIDAY APRIL 21ST

10-10:30AM WELCOME

10:30-12PM THE ASKABLE ADULT

Jessica Wollen

12-12:30PM 30 MIN TRANSITION BREAK

12:30-2PM GENDER AND SEXUALITY

Margaux, Jessica

2-3:30PM

Robin Wilson

3-4:30PM

**SEX TOYS AND
ACCESSIBILITY**

Erica Workshop 1

3:30-5PM

**QUEER AND
TRANS HISTORY**

Harmony Bongat

4:30-5PM 30 MIN TRANSITION BREAK

5-6:30PM

**MOULD YOUR
DREAM SEX TOY**

Erica Workshop 2

Limited people allowed. To book,
contact sixpoevent@gmail.com

5-6:30PM

**BARRIERS TO
INTIMACY**

Sarah Watson workshop

6:30-7PM WRAP UP

WORKSHOP DESCRIPTIONS

THE ASKABLE ADULT

Jessica Wollen

In this workshop Jessy will lead discussions on

- What sexuality is and how it plays a role in every person's life and how folks with disabilities can be left out of this conversation.
- How to access current and reliable information and resources to support learning about sexuality.
- How to support comprehensive health education at home and in the school system. Strategies to handle questions about sexuality from youth and adults.
- Support in clarifying one's feelings, emotions, and family values to know how to start the learning process.
- Learners will leave with resources in mind, some clarity around what matters to them in the area of sexuality and how to continue learning and growing in their relationships.

Jessy Wollen will also have a booth in our resource fair, where she can answer questions one-on-one. We have also purchased items from SHIFT Education, including Sexual Health Education Flashcards, that will be available at the Coffee and Chill Area during the in-person SIXPO Festival, from Thursday April 20th, 2023 to Saturday, April 21st, 2023!

SEX TOYS AND ACCESSIBILITY

Erica Van Kuppeveld

Sex toys today can thrust, rotate, pulse, stroke, heat-up, make sounds, connect to apps, track data, and more - but are they accessible? Join Erica to discuss what accessibility in the sex toy industry should look like. Erica will discuss different types of sex toys that may work well with different access needs and the gaps that still need to be addressed in the industry. This presentation can serve as a great introduction for those who want to participate in Erica's hands-on workshop: "Mould your Dream Sex Toy".

MOULD YOUR DREAM SEX TOY

Erica Van Kuppeveld

Have you ever wished you could design the perfect sex toy for your needs and preferences? This hands-on workshop will allow you the opportunity to do so! Join Erica to chat about the different design elements of sex toys from handle length, button position, material, functions, colors, and more and then have the opportunity to create your very own model out of air dry clay. The sky's the limit with this workshop! A local sex toy manufacturer will be in attendance to gather information from your designs to inspire more accessible sex toys. Erica's workshop, "Sex Toys and Accessibility", can be a good introduction before participating in this workshop, but it is not required. During this workshop, Erica will discuss all the things you need to know before designing your dream sex toy(s). Please note that although Erica offers some workshops where participants can create a functional sex toy with clay, that this workshop utilizes different clay and the art you make is not safe for intimate use. The sex toys designed in this workshop are for modeling use only.

SATURDAY APRIL 22ND

**11AM -
3-30PM RESOURCE FAIR**

12-1 PM KEYNOTE SPEECH

Andrew Gurza

1:30-2PM KEYNOTE Q&A

Andrew Gurza

3:30- TRANSCENDING GENDER

4:30PM Tien Neo Eamas workshop

4:30- OVERCOMING BARRIERS

5:30PM Andrew, Teri, Trish, Tien

5 - 5:30PM 30 MIN TRANSITION BREAK

5:30-7PM SEXUAL SHAME AND ANXIETY

Jason and Carolin

6:30-7 PM WRAP UP

7:30-10PM PARTY!

WORKSHOP DESCRIPTIONS

SEXUAL SHAME AND ANXIETY

Jason and Carolin

In today's society, few people feel good about their bodies. Even fewer feel good about their bodies during sex! And for many, this is even more true when dealing with a medical condition or disability that affects function; sensation; and/or mobility.

To fully accept our sexual selves and have sexual self-esteem, we need to accept truths about sex that society doesn't like to acknowledge. It's hard to fully embrace something our society has taught us to keep so private. So this is a presentation about openness, and overcoming sexual shame and anxiety. The presentation includes:

- Some of the super interesting science on sex and our sexual desires;
- Common sex myths that lower sexual self-esteem and pleasure;
- Blunt and direct information about sex, including lots of true stories and case examples from our years in clinical practice;
- Concrete recommendations for talking to doctors and caregivers about sex; and
- Resources for addressing sexual concerns.

GUESTS BIO



Erica Van Kuppeveld she/her pronouns

Erica is a certified sexual health educator and the founder of SEXPLETIVE. SEXPLETIVE is an inclusive hub for information about sexual health, sex-positive community events, and sustainable pleasure products! Erica is currently employed in the adult toy industry at the Traveling Tickle Trunk in Edmonton and is a board member for the Alberta Society of the Promotion of Sexual Health.

Follow Erica Van Kuppeveld at:

- Sexplette: www.sexpletive.ca
- The Travelling Tickle Trunk: www.travelingtickletrunk.com
- Tik Tok: @sexpletive
- Instagram: @s.e.x.p.l.e.t.i.v.e
- Facebook: The Traveling Tickle Trunk
- email: sexpletive.ca@gmail.com and mail@travelingtickletrunk.com



Name SHADE Consulting she/her pronouns

Margaret has been working in the disability field for her entire career, 30+ years and counting! She is known for her easy going manner and facilitating fantastic, interactive workshops with self-advocates, professionals, paraprofessionals and families. She loves to work with folks with complex needs and their teams; being compassionately curious comes naturally to her. Whether individual counselling, team consultation, or training workshops she loves this work and the folks she supports

Get to know more about Margaret at www.shadeconsulting.ca
Get in touch with Margaret info@shadeconsulting.ca

Stephanie Mitleman Sexpressions

Stephanie Mitleman is Part Time Faculty at Concordia University in Applied Human Sciences, as well as an AASECT (American Association of Sexuality Educators, Counselors and Therapists) certified sexuality educator. Stephanie is a founding member of the Sexual Health Network of Quebec (re-launched from the Planned Parenthood Chapter of Montreal in 2005). She is a national trainer on issues of sexual health; training teachers, nurses and front line workers across the country. Her work focuses primarily on prevention issues and healthy relationships. As a sexuality education specialist, she also works with individuals and couples with special needs, with a focus on Autism Spectrum Disorders. She has a private practice, and writes content for curriculums and classroom kits.

In 2013, Stephanie was awarded the First Tracks Award for Innovation in Sexology for her work in making sex education more accessible for people on the autism spectrum.

Follow Stephanie Mitleman and Sexpressions at www.sexpressions.ca and at Sexpressions on Facebook.



Jaibrend Johnson-Baker (RainbowGlitz) [she/her]

is Turtle Islands very own love medicine. This Haida, Squamish, musqueam and black artist started her burlesque journey in 2013. Is a founding member of Virago Nation. The first all indigenous burlesque group on turtle island turned non-profit in 2019. Has diplomas in fashion design & merchandising, freelance makeup and BC instructor program at VCC. She also has a train the trainer certificate and is working on her Teaching online certificate. Started her academic journey with VCC in 2019. Wanting to teach and share her knowledge in makeup, fashion, dance, decolonization of sexuality and gender.

Facebook at RainbowGlitz
Insta: RainbowGlitz Baker (@therainbowglitz22)
Email jaibrendjohnsonbaker@gmail.com



Tien Neo Eamas

Born into 1968 Singapore and a fundamentalist Christian family, Tien Neo Eamas was given the sex/gender marker female/girl. For decades in Singapore, then in Canada, he internalized his experience of family violence, sexism, homophobia, racism, and trans- and gender-phobia.

Eventually falling into a major depression, Tien thought suicide was the answer. It was not; the attempt failed.

When Tien awoke the next day he took it as a sign, committed from then on to transform his struggle into something else. The next several years of spiritual and personal development changed his view of life from someone oppressed to someone full of joy who loves life.

This transformation gives Tien unique insight and facility when teaching people how to tap into their own capacity for freedom, choice and connectedness.

Tien is the first Asian bi-gendered transman to transition publicly during a time when LGBTQ awareness was rare (Vancouver, BC Canada 2002). An OG Asian Transman, with a commitment to enlightenment, Tien continues to evolve, disrupt and lead new conversations and practices that push the Gender frontier.

Tien's Transcending Gender curriculum includes Upgrade Your Gender IQ and Gender Conscious Parenting. He also teaches Race and Spirituality Programs, and Mindfulness Programs.

Tien is also a Goldsmith, artist, alchemist and a pole and drag artist. He is grateful to now reside in Vancouver BC, Canada, on the unceded traditional territories of the Musqueam, Squamish, & Tsleil-Waututh Peoples.

Watch – <https://bit.ly/30MmFq3>
<https://www.youtube.com/watch?v=Dt5B8zviJBQ>

Visit Tien at – <https://tienthewizard.com>



Little Woo

Little Woo helps creatives express their most loving self with compassion and imagination because our connection to Love is the ultimate purpose. Most people feel the need to "do more, be more or have more" because they want to feel worthy and loved. And yet, if we can embrace our intrinsic worth and love as the first step, then all things will come from this state of being. On this journey self-realization, what happens inside of us quickly begins to shape the world outside of us. With reverence for both the Sacred & Profane, Little Woo supports their clients and students to cultivate lives rich with beauty AND meaning. Since 2005, Little Woo has worked with thousands of amazing souls spanning Canada, USA, UK, China, India, Costa Rica, Australia, Germany, Hungary in their live workshops and online programs.

Follow Little Woo at

- www.littlewoo.org
- Instagram @littlewoomermaid
- Youtube @littlewoo.
- evolution@littlewoo.org

Joslyn Nerdahl Mojo Mediator

Joslyn is a Certified Sex Coach, CSC; Clinical Sexologist, Sex Educator, Intimacy Coach and Human & Sexual Rights Advocate who believes strongly in communication and consent. She is a member of the World Association of Sex Coaches. With years of coaching, surrogacy, somatic bodywork, sexual education and rehabilitation under her belt she is now completing her hypnotherapy degree. Her passion is helping people learn how to talk about sex and helping clients find safe ways of exploring how to get their needs met; creating healthier individuals, couples, families and communities. Joslyn is trained in various forms of energy healing (ranging from ancient to modern) available upon request.

Follow Joslyn at

- www.mojomediator.com
- Instagram @mojomediator.



Amber DiPietra [she/her]

Amber DiPietra is an activist and educator at the intersection of disability and sexuality. Via one-on-one coaching and consensual social experiment, she helps other disabled folx like herself envision their erotic embodiment. She was recently interviewed about her work for Teen Vogue. Amber is also a performance artist and poet. Her solo show, *The Opposite of Evolution Dance Studio*, premiered at the Tampa International Fringe Festival in 2018. She has performed other works at venues like the San Francisco Museum of Modern Art and many universities. Her writing is anthologized in *Beauty Is a Verb: the New Poetics of Disability*. She also founded Pleasurable (formerly The Disability and Sexuality Access Network), which curates a disability and sex online library of resources that can help supplement the sex education that students get in school.

Follow her at:

- Instagram @_thebodypoetik
- www.thebodypoetik.com.
- www.swoptampabay.org



Karen B.K. Chan [she/her]

Karen B. K. Chan is an award-winning sex and emotional literacy educator in Toronto, Canada, with 25+ years of experience. Karen (aka BK) is dedicated to having difficult conversations that are real, transformative, and kind.

Known for her accessible style and sense of humour, BK integrates curriculum content into stories, and theory into practice. She works with individuals, groups, and organizations, and trains professionals across disciplines.

BK's YouTube video Jam (link below) is used as a teaching resource internationally, and her chapter on the importance of creative play was part of the AASECT (American Association of Sexuality Educators, Counselors and Therapists) 2014 Book of the Year. BK's work has also appeared in Toronto Book Award finalist Any Other Way (Coach House 2017), Sexology International, the Tete-a-Tete, and Action Canada's national education manual. In 2014, BK was named "Service Provider of the Year" by Planned Parenthood of Toronto for her work in sexual health, and she was honoured in 2017 as one of 30 Chinese Canadian women of distinction in Ontario.

BK has training in Creative Facilitation, Productive Thinking, Non-Violent Communication, and is a facilitator for YES!, which hosts intensive gatherings for social changemakers worldwide. These influences, and more, shaped her favourite ways to learn and teach: through stories, metaphors, diagrams, and things that make people laugh. Aside from "synchronous" work with BK, her online courses on Emotional Intelligence and on LGBTQ+ Competence for Clinicians are available to the public.

Follow Karen B.K. Chan at:

- www.fluidexchange.org
- Instagram @hellobkchan
- email: BK@FluidExchange.org

Karen's Youtube "Jam" Video:
<https://youtu.be/bgd3m-x46JU>

See this link for Karen's extensive collection of videos, all completely free:
www.fluidexchange.org/-video--audio.html

See this link for Karen's writings: www.fluidexchange.org/-in-writing.html



Eva Sweeney [she/her] Crippling Up Sex with Eva

Eva Sweeney a genderqueer disabled female who works primarily as a sex educator and freelance writer. Her topics include disabilities and sex, gender and queer culture. She is the creator of the documentary Respect: The Joy of Aides. Through her platform Crippling Up Sex With Eva, Eva Sweeney gives classes about sex and disability, which are not talked about nearly enough in our society. As a queer teen with cerebral palsy, Eva could not find adequate information about integrating her sexuality with her disability--so she created the information herself. She now has over 15 years of experience giving workshops all over the country about sex and disability. Through Crippling Up Sex With Eva, Sweeney continues to do workshops both in-person and online, and she has an online store with pre-recorded classes. Additionally, she has two blogs: Crippling Up Reviews, where she reviews sex toys through an accessible lens, and Crip Q's, where she answers anonymous questions about sex and disability.

Follow Eva Sweeney:

- www.cripplingupsexwitheva.com
- Instagram @cripplingupsex
- [Hello@cripplingupsexwitheva.com](mailto>Hello@cripplingupsexwitheva.com)
- 626-314-1122



Gena Tobin she/her pronouns

It's likely you'll meet Gena eating somewhere in community or walking her dogs (Cabbie & Pancho) in the DTES. If not, Gena is likely adventuring off-grid and baking bread over a fire.

A Cape Bretoner, Gena, is an east coast transplant living and working on unceded territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh Úxwumixw (Squamish), and səlilwətaʔɬ (Tsleil-Waututh) Nations. Her perspective is informed by growing up rurally, many years of travel, living overseas, and being a member of a large Italian family. With an educational background in cultural anthropology and human rights, Gena has always been interested in relational work. Filling some passion buckets, she has spent the last number of years at posAbilities working in innovation and exploring new ways of delivering services. Recently, Gena moved into a new role as the Development Lead, taking a lead in research and development across posAbilities.

Somewhere in the patchwork of Gena's work experience, she spent some time as a Date Producer on a reality dating show. Her main responsibility was to create and curate dates between the contestants on the show both in Canada and in some international destinations. It's this work that has informed Gena's workshop, "how to plan a date." She hopes to see you there!

Email: Mtobin@posAbilities.ca



Leah Tidey [she/her]

Leah is a certified sexual health educator that uses her theatre training to create engaging workshops and online content for people of all ages. Leah recently completed a postdoctoral position in the School of Public Health and Social Policy at the University of Victoria where she worked creating art with older women living with HIV. She completed her PhD in Applied Theatre at the University of Victoria in 2020 where she worked with teenagers and older adults to create a play all about sexual health. She is currently teaching HLTH 352: Promoting Healthy Sexualities which she created last year as part of the President's Fellowship in Research Enriched Teaching.

Follow Leah Tidey on:

- Twitter @TideyLeah
- Instagram @dr.leah tidey
- website www.leah tidey.com
- podcast: The Love Doctor.

Email: leah tidey@gmail.com

If you have a question for the podcast, send a voice memo to thelovedoctorpodcast@gmail.com.

Melody Anne [she/her]

Melody Anne is a queer, kinky, neurodivergent, and chronically ill sex educator living on Musqueam, Squamish, and Tsleil-Waututh territory (colonially known as Vancouver). An insatiable thirst for knowledge of all things sex-related inspired her to earn her BA in psychology and sexuality studies from the University of British Columbia, where she was a research assistant at two sexuality labs, and to complete sexual health educator training from Options for Sexual Health.

Presenting on topics ranging from G-spots and squirting to mindful kink, Melody Anne has shared her expertise with thousands of individuals at conferences, universities, and venues across North America, teaching electrifying workshops with unforgettable live demos. With over 16 years of experience in BDSM and sex-positive communities, she is passionate about helping people explore their sexuality, navigate their kinks, dispel shame, and discover their authentic pleasure.

www.eroticeducator.com



Heather McCain [they/them] Creating Accessible Neighbourhoods (CAN)

Heather McCain (they/them) is founder and Executive Director of Creating Accessible Neighbourhoods (CAN), a non-profit they started in 2005. Heather built CAN from a small grassroots organization in two communities to an organization delivering workshops and adding their voice to projects and events across Turtle Island (colonially known as North America). Heather works on the stolen land of the skwxwú7mesh (Squamish), xʷməθkʷəy̓əm (Musqueam) and selílwitulh (Tsleil-Waututh), in what is colonially called Vancouver.

Heather's own experiences with multiple types of disabilities, neurodivergence, inaccessibility, and ableism led them to become a well-known and respected advocate, speaker, educator, and activist who works to create equity, celebrate diversity, and educate about and implement accessibility.

Heather recognizes that those within the disability community have intersecting identities and works hard to ensure a multitude of voices and experiences inform their work and the work of CAN. Heather is committed to centering decolonization, using an intersectional lens and disability justice framework.

Heather is proudest to be called a Crip Doula. This is a Disability Justice term for someone who helps disabled people navigate our complex systems, provides resources, support, and builds community. Members of Chronically Queer gave this title to Heather. CQ is a support group Heather facilitates for 2SLGBTQIA+ folk with chronic health conditions.

Follow Heather McCain and Creating Accessible Neighbourhoods (CAN)

- www.canbc.org
- Facebook at Creating Accessible Neighbourhoods
- Instagram @can_bc.

Contact:

- Email: info@canbc.org
- (604) 437-7331 (text or phone)



Jessy Wollen [she/her] SHIFT Education

SHIFT Education is me, Jessy Wollen, teacher and certified sexual health educator. Through workshops, professional development trainings, and resources, I forge the way for teachers, caretakers, parents, and grandparents who want to learn how to talk to young people - including diverse learners - about sexuality without being weird about it.

Follow Jessica Wollen and SHIFT Education:

- www.Shift-Education.com
- Instagram: @shifteducation
- Facebook: Shift Education

Contact:

- email: jessica@shift-education.com
- Phone: (778) 320-8587

Sarah Watson

Sarah Watson is a Registered Clinical Counsellor who specializes in working with all groups of the community including 2SLLGBTQ+, disabled, members of the BIPOC community, and sex workers. Sarah uses the approach of compassion and care while building a relationship with her clients to help them embody their feelings and gain a deeper understanding of needs and boundaries. Sarah will be presenting a fun and knowledgeable workshop presentation which will take a dive into the topic of sex therapy, desire, and barriers to intimacy.

Find more about Sarah at www.sarahwatsontherapy.com
Connect with Sarah at: sarahwatsontherapy@gmail.com

Margaux Wosk [they/them] Retrophiliac

Margaux is a self-taught, autistic and disabled artist. Their company, Retrophiliac, specializes in enamel pins and other items with a main focus on neurodiversity, autism, pride flags, pronouns and much more. They are in over 40 stores in the USA and Canada and strive to increase the visibility of disabled self employed people and an emphasis on entrepreneurship. Margaux aims to break down the stigma that disabled people must only be employed by others. They do this through the lens of inclusion, independence and a greater awareness in terms of how it can be the most accessible for many.

Follow Margaux Wosk and Retrophiliac at:

- www.retrrophiliac.etsy.com
- www.shopretrrophiliac.com
- Instagram: @retrrophiliacart

Contact: retrphiliaccart@gmail.com

Robin Wilson-Beattie [she/her]

Robin Wilson-Beattie is a disability and sexuality educator, speaker, writer, and empowered presenter. She is passionate about teaching individuals, organizations, groups, schools, universities, and society how to #AccessBetter sexual and reproductive health in their environments. Robin has an educational background in anthropology, sexual and reproductive health, and law. She also has vast experience working in the sexual and reproductive health sector and brings an empowering perspective on how we all can learn and support each other in being better-together.

Follow Robin Wilson-Beattie:

- www.robinwb.com
- Instagram: #AccessBetter
- Twitter: @sexAbled



Andrew Gurza [they/he] Bump'n

Andrew Gurza is an award winning Disability Awareness Consultant and the Chief Disability Officer and Co-founder of Bump'n, a sex toy company for and by disabled people. Andrew uses they/he pronouns and identifies proudly as disabled. Their work has been featured on BBC, CBC, Daily Xtra, Gay Times UK, Huffington Post, The Advocate, Everyday Feminism, Mashable, Out.com, and several anthologies. He was the subject of an award winning National Film Board of Canada Documentary "Picture This". Andrew has guested on a number of podcasts including Dan Savage's Savage Love and Cameron Esposito's Queery. He has spoken all over the world on sex, disability and what it means to be a Queer Cripple.

Check out Andrew's podcast Disability After Dark: The Podcast Shining a Bright Light on Disability Stories. He won a Canadian Podcast Award in 2021, was a Queerty Award nominee, and was chosen as an Honoree at the 2020 Webby Awards. The show is available on all platforms.

Andrew is also the creator of the viral hashtag #DisabledPeopleAreHot.

Follow Andrew Gurza:

- Website: www.andrewgurza.com
- Instagram and Tik Tok @gurza__
- email: andrew@andrewgurza.com



West Coast Centre for Sex Therapy

Dr. Carolin Klein [she/her]

Dr. Carolin Klein is a sex therapist and a Registered Psychologist. She is co-founder and co-director of the West Coast Centre for Sex Therapy in Vancouver, BC. Her clinical work involves assisting individuals, couples, and other partnership configurations to build and strengthen sexual and relational intimacy; overcome sexual shame and anxiety; and bring more joy and curiosity into sexuality. She regularly provides workshops and presentations to the general public designed to increase sexual awareness, comfort and pleasure. She is also heavily involved in training graduate students and other professionals in evidence-based sex therapy.

Dr. Jason Winters [he/him]

When not eating donuts, neglecting his poor office plants, or breaking himself in the mountains, Dr. Winters can be found sat across from his clients chatting about how they might make their sex lives and relationships better. He's a registered psychologist, sex therapist, and the co-founder and co-director of the West Coast Centre for Sex Therapy. Once a scientist, he studied unusual sexual preferences, the validity of sexual addiction, and aspects of sexual desire, arousal, and people's sexual behaviour. Dr. Winters is also active in international professional organizations that bring science and sex therapy practice together.

Follow Dr. Carolin Klein and Dr. Jason Winters and West Coast Centre for Sex Therapy at

- www.westcoastsextherapy.com
- Instagram @drcarolinklein and @westcoastsextherapy.

carolin@westcoastsextherapy.com

jason@westcoastsextherapy.com

Phone Number: (604) 734-1511



Harmony Bongat [she/her]

Harmony is a queer, disabled, sober, poly, pansexual, neurodivergent Filipino woman. Through Creating Accessible Neighbourhoods (CAN), she began her current work as a disability justice advocate and educator, co-facilitating workshops on disability justice (the activism movement to combat ableism). She is also a researcher and educator of Queer and Trans History of Canada, including a newly developed Queer and Trans History Trivia Game (that is part of the SIXPO in person festival)! She was a part of the Cross Cultural Walking Tours this past summer, through JQT (Jewish-Queer-Trans) Vancouver, has been a part of creating and hosting SIXPO and has been a part of several committees, including a UN Safe Cities Initiative (to strategize solutions that would make the City of Vancouver safer for women and gender non-binary folks).

She is passionate about sharing who she is and how she occupies space in the world, with the hopes that sharing her story will further conversations about how we can all do better meet the needs of marginalized people, build a system of community care and empower each other. Most of all, she wants to inspire others to dream beyond what they have right now; how would your world change if, instead of focusing on scarcity, we centered on abundance?

Follow me on:

- Instagram @harmonyleahb,
- facebook as Harmony Bongat
- email me at harmonyb99@gmail.com

ACCESSIBILITY



We try to make SIXPO as accessible as possible.

Here are some accessibility you can expect at SIXPO's events and workshops:

- ASL interpreters
- Image description
- Closed captioning
- Trigger warning



ORGANIZATIONS



we would like to thank all these organizations for their help and support in the realization of SIXPO.



abOUT Kinsight>



Burnaby Association
for Community Inclusion



inclusion
powell river



Free, Accessible
Sexual Health
Education



Sexuality, Inclusion and Exploration

A festival organized by and for people
with disabilities.

A festival bringing together
speakers, workshops and
community around disability, sex
and relationships

In-person: April 20-22 @
Heritage Hall, Vancouver
Online: April 1-20



