

Itinerary

THE ROCKS

by Sydney local Kelly Stevens

Just a short stroll from Circular Quay, The Rocks precinct on the Southern side of Sydney Harbour was established in 1788 and is now home to great restaurants, cafes and bars and historical tours. You can also access the Harbour Bridge walkway from the Rocks and take in some stunning views of the North Shore and the Opera House.



Places to eat

The Rocks caters for all tastes and budgets, and here are some great options for a meal at The Rocks. While none require bookings, if it's a Friday or Saturday evening it might be worth phoning ahead.

If French Mediterranean glamour appeals, try the Ananas Bar and Brasserie. Translating as 'pineapple' in French, this lovely bistro is great for all occasions including a date night, a gathering with friends or a business dinner. www.ananas.com.au

For more of a hearty meal, the Heritage Belgian Beer Café serves up plenty of meat selections and is perfect for the hungry explorer. Washed down with a stein of beer, you'll almost feel like you're in Europe! www.bbcheritage.com.au

If pizza and pasta are more your thing then Appetito is worth a look-in. This Italian joint also specialises in fresh Aussie seafood. www.appetito.com.au

If you have a sweet tooth and are out during the day, the La Renaissance Patisserie café is a must do and open daily between 8am and 6pm. Or if you're there for dinner, why not stop at the Royal Copenhagen shop located at 115 George St, The Rocks. www.larenaissance.com.au



o Things to do

Being one of Sydney's oldest areas The Rocks is full of history. Wander through the cobbled streets alone or purchase a ticket and join a guided walk with The Rocks Walking Tours - www.rockswalkingtours.com.au

If the story of the traditional owners sounds interesting then why not join the Rocks Dreaming Aboriginal Heritage Tour - www.therocks.com/things-to-do/the-rocks-dreaming-aboriginal-heritage-tour.aspx

The area also gives you easy access if you want to walk across the Harbour Bridge – and you can also return back to Circular Quay via either the Jeffereys Street or Lavendar Bay wharves. Or for thrill-seekers, the Harbour Bridge Climb will see you go up and over the bridge, rather than a casual walk across, but it's very popular so bookings are a must. www.bridgeclimb.com

The foodie market is on every Friday between 9am-3pm and The Rocks Market is held across the weekend between 10am and 5pm. This is a great chance to sample tasty food and find gifts for friends and family. www.therocks.com/things-to-do/the-rocks-markets.aspx

Places to drink

If you fancy a drink you're in luck, the area is home to many watering holes and drinking establishments. In fact, The Fortune of War Pub which was established in 1828 is Sydney's oldest pub. www.fortuneofwar.com.au

If a million dollar view of Circular Quay without a million dollar price tag sounds appealing, head up to the roof top of the Glenmore Hotel. They also offer great food, but it can get busy on a sunny weekend day! www.theglenmore.com.au

If vino is more your style then Wine Odyssey with more than 40 Australian wines on offer is a great place to sit and watch the world go by. www.wineodyssey.com.au/wineclub

