

Apple Crumble

Ingredients

Filling

- 3 medium apples, peeled, cored, and sliced (about 2mm or so thick)
- $\frac{1}{4}$ cup water
- 1 tbsp lemon juice
- 1 tbsp brown sugar
- [optional] $\frac{1}{4}$ tsp ground cinnamon

Crumble

- $\frac{1}{3}$ cup plain flour
- $\frac{1}{3}$ cup brown sugar
- $\frac{1}{3}$ cup rolled oats
- 60g butter, chopped
- [optional] $\frac{1}{4}$ tsp ground cinnamon
- [optional] $\frac{1}{4}$ tsp ground nutmeg

Method

1. Preheat oven to 180°C/160°C fan forced. Combine apples, juice, sugar, cinnamon, and water in small saucepan over medium heat. Cook, stirring for 5 minutes or until apple is slightly softened. Leave in the pan to soak/soften.
2. To make the crumble, combine the flour, sugar, oats, cinnamon, nutmeg, and butter in a bowl. Use your fingertips to rub the butter into the flour mixture until the mixture resembles breadcrumbs.
3. Transfer the apples into a 3 cup capacity ovenproof dish, draining off most of the liquid. Sprinkle crumble mixture over the apples. Bake in oven for 25-30 minutes or until golden brown.
4. Serve warm with custard, icecream or whipped cream.



Tips

- Soften the butter for a few seconds in the microwave if it's too solid to squish between fingertips reasonably easily. It should remain solid and not at all runny for the crumble.
- Using brown sugar will give the dish a slightly rich, caramelized taste and colour, but caster sugar can be easily swapped in for a lovely variation!

baked dessert stovetop vegan vegetarian

