

# Banana Oat Cookies



## Ingredients

- 2 ripe bananas
- 1 cup rolled oats
- $\frac{1}{3}$  cup walnuts or pecans

## Optional Ingredients

- $\frac{1}{2}$  tsp cinnamon
- $\frac{1}{3}$  cup dark choc chips
- $\frac{1}{4}$  cup raisins
- Peanut butter

## Method

1. Preheat oven to 180°C (fan forced). Line a baking tray with baking paper. Mash the bananas in a bowl with a fork.
2. Add the oats, chopped nuts and any optional addins.
3. Mix together well with a fork or wooden spoon.
4. Using a tablespoon, take some of the mixture and roll it into a ball. Place it onto the lined baking tray, and flatten with your hand to make a cookie.
5. Place the baking tray in the oven and bake for 10 minutes. Flip cookies and bake 2-3 more minutes, to solidify the undersides of the cookies. Transfer cookies onto a wooden board to cool.

## Tips

- Plop a dollop of peanut butter on top before baking for a bit of spice.
- Drizzle melted chocolate on top, or dip cookies into a bowl of melted dark chocolate after cooking for a chocolatey version.

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tag healthy