Beef Lasagna

Ingredients

- 1 tbsp olive oil
- 1 onion, finely diced
- 1 clove garlic, crushed or 1 tsp minced garlic
- 500g minced beef
- 5 tbsp (65g) tomato paste
- 800g canned tomatoes
- 2 cups (500g) liquid beef stock
- 2 tsp dried Italian herbs (oregano, parsley, etc)
- 250g mozzarella cheese, shredded
- 50g Parmesan cheese, grated
- 375g packet fresh lasagna sheets
- · Salt and pepper to taste

Method

- Preheat oven to 180°C (fan forced). Lightly grease a large baking dish.
- 2. Heat the olive oil in a saucepan or deep frying pan. Add the diced onion and minced garlic and cook until soft and translucent.
- 3. Add the beef mince, breaking the clumps apart with a spoon, and cook until browned.
- 4. Stir through the tomato paste, canned tomatoes, beef stock, and herbs. Season with salt and pepper.
- 5. Bring to the boil and then cover and simmer for 15-20 minutes, stirring occasionally.
- 6. Spoon ½ cup of the bolognese sauce into the bottom of the prepared dish.
- 7. Layer with the fresh lasagna sheets and 1/4 of the shredded mozzarella cheese.
- 8. Repeat with the meat, lasagna sheets, and mozzarella until you have 4 layers, finishing with a mozzarella layer. Sprinkle over the grated parmesan cheese.
- 9. Bake in the oven for 30-40 minutes or until cooked through.
- 10. Leave to stand for 5 minutes before serving.

