# The "why" of human reasoning and communication:

Cognitive capacities through the lens of evolution

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February 29, 2024

# **Todo list**

1: Don't overuse passive voice. Don't make sentences too long (rule of thumb: not longer than two lines). Don't abuse semicolons. Don't have too long NPs before the VP comes. Watch out for Dutch word order. Explain technical terms always, to fix their meaning. Give	
examples (and keep them as familiar as possible). Don't undersell your points, be confident! Don't vary terminology for the sake of	
variation	4
2: This paragraph is saying the same thing twice, and word order is	
funky	4
3: Explicate this; cite a source	4
4: Add a few words about why this thesis is worth scrutinizing: for	
example, that others also disagree (see the MS11 commentary), or	
already hint at your own objections	5
5: Add a few words on that the "why" of communication is an impor-	
tant question, explain why this is needed to ultimately answer the	
RQ. It's more primitive, or primary; address this	5
6: Could do with some more explication: how will I scrutinize this	
position?	5
7: Explicate why "why we communicate" is also an important question	
(maybe elsewhere)	6
8: Be confident!	6
9: Define evolution!	6
10: Add an example to illustrate	7
11: Apparently a category mistake: causes don't answer questions,	
statements about causes answer questions. I'm not sure if I fully agree	
though; think about this	7
12: Maybe reformulate this: still reads funky	7
13: Define niche and add an example to illustrate: discuss and elabo-	
rate way more!	7
14: Is niche construction governed by natural selection?	7
Ask Karolina about feedback here: didn't understand	8
15: Are the groups the EEA or the savannah? Elaborate more on this:	
is it the physical environment or does it include the groups? Aren't	_
the groups a trait that evolved? Think about this	8
16: Elaborate on this, because it seems to be important for my argument	8

17: The following section warrants a larger discussion about domain-	
specificity; define it and give examples (outside of psychology: maybe	
vision?), maybe with Cosmides/Tooby conception of Wason selec-	
tion task as cheater detection? Find some literature on domain-specific	itv.
because it turns out to be a bit of a hairy subject. Find definition;	,,
because opinions may vary on what features are and aren't domain-	
specific	8
This line in particular needs a citation	9
18: Add references: where did you read this? Or, if it's your own con-	
tribution, make that clear. If it's a summarizing contribution from	
multiple references, say that, and you don't need to cite them all –	
use e.g	9
19: This section needs quite some work: see notes from discussion	,
with Karolina	9
20: Maybe reformulate this sentence again: still too convoluted?	9
21: Address the controversy around teleological explanations. Talk	7
about instrumentalism, usefulness of the concepts. Lack of formal-	
ization is not such a big problem for the purpose here maybe, but	
the other thing is more of a problem. Address why they won't be a	
problem for you. Can mention that MS assume it as well, this tele-	
ological explanation is at the heart of their thesis (quote it?), so it's	
their problem to defend this. I work using the same assumptions as	0
them	9
22: Add example here	10
23: Is this view compatible with reciprocal causation and niche con-	
struction? I think so; they're a complication for the whole picture,	10
not necessarily for using this definition.	10
24: Is this view compatible with cultural learning? From the quote, it	
doesn't necessarily follow that it's about biology necessarily. Think	
about this, and after writing a section on culture, state to what extent	
and in what way we'll adhere to Ayala (1999)	10
25: Add example	10
26: This "direct result of natural selection" is very vague/slippery; ac-	
knowledge this, and elaborate more on it if it turns out to be impor-	
tant for my thesis. A way to do this would be to contrast it with an	
indirect result. Talk about side effects?	10
27: Change structure to drop headings: make sure that the content of	
the pargraph is still clear without using the headings	10
28: Add a section on culture to this chapter (where?): add things from	
Heyes (2018, Chapter 2: "Nature, nurture, culture"), and maybe some	
things from Laland et al. (2013) and Laland and Brown (2002). In	
there, try to figure out if the parallel between biological and cultural	
evolution is strong enough that you can assume that the specific	
driving force behind the evolution is not important. Also, distin-	
guish clearly between (and define) cultural evolution and cultural	
learning Taught vs. inherited	11

29: Missing: strong argument for making this assumption; see Laland	
and Brown (2002, p. 178) for doubts about this assumption	11
30: Elaborate a lot on this: this is a key key point of my research ques-	
tion, so it deserves more attention. Settle on a definition	12
31: Rewrite this: first reformulate Tinbergen's questions. An enumer-	
ation with (i) would be appropriate, or even give each question a	
code, as you'll maybe refer to them a lot as they're the basis for your	
methodology. Then say the first one (proximate) – though interest-	
ing – is out of scope. Also note that Tinbergen's paper was seminal,	
so you justify why you use his questions at all as our desiderata:	
give reasons for obeying his methodological advice. You've seen his	
method mentioned in many papers, but since you don't say it, your	
reader won't know that.	12

## Introduction

{sec:introduction}

1: Don't overuse passive voice. Don't make sentences too long (rule of thumb: not longer than two lines). Don't abuse semicolons. Don't have too long NPs before the VP comes. Watch out for Dutch word order. Explain technical terms always, to fix their meaning. Give examples (and keep them as familiar as possible). Don't undersell your points, be confident! Don't vary terminology for the sake of variation.

Two cognitive skills that are often considered to set humans apart from their evolutionarily closest relatives are on the one hand our outstanding capacity for reasoning, and on the other our profound communicative abilities. Broadly considered to be unmatched in the animal kingdom (Cheney and Seyfarth, 1997) are on the one hand our sophisticated reasoning abilities

2: This paragraph is saying the same thing twice, and word order is funky

#### 3: Explicate this; cite a source

and on the other hand our communication using languages that are infinitely creative in enabling the production of complex sentences.

Our reasoning and communication are intertwined with each other in different ways; it is hard to imagine our communication without reasoning. In our everyday lives, a lot of the content we intend to convey to others, we relay pragmatically: we do not literally spell out these things, but rather hope and expect our interlocutors to infer the intended message from the communicated content. When I ask my dinner partner if they can pass me the salt, they infer that I am not interested in learning about their ability to pass me the salt but rather that I am requesting to be passed the salt. When I give feedback on an interlocutor's behavior, I first reason about how my words will come across to her in order to minimize social conflict.

It is thus easy to see that reasoning and communication are intricately linked. But what exactly is the extent and nature of this link? In 2011, Hugo Mercier and Dan Sperber proposed a revolutionary theory of reasoning that intended to account for a number of long-standing issues in the experimental psychology of reasoning. According to their *argumentative theory of reasoning*, the main function of reasoning in humans is argumentative; that is, reasoning evolved in humans in order to devise arguments and evaluate those of others. Their theory is able to explain a number of purported 'flaws' of human reasoning, such as poor performance on standard reasoning tasks such as the Wason selection task; confirmation bias; and the phenomenon of motivated reasoning leading to attitude polarization.

In the words of Mercier and Sperber,

Reasoning has evolved and persisted mainly because it makes human communication more effective and advantageous. (Mercier and Sperber, 2011, p. 60)

4: Add a few words about why this thesis is worth scrutinizing: for example, that others also disagree (see the MS11 commentary), or already hint at your own objections

5: Add a few words on that the "why" of communication is an important question, explain why this is needed to ultimately answer the RQ. It's more primitive, or primary; address this

In this thesis, I will scrutinize this position in order to ultimately answer the question of whether advanced reasoning skills in humans evolved because they facilitate more advanced communication.

6: Could do with some more explication: how will I scrutinize this position?

# 1 | The chicken and the egg: the evolutionary approach

{ch:evolution}

Before we are able to answer any *why*-questions about humans' cognitive capacities, some groundwork needs to be laid out. For what does it mean for some trait to evolve 'for the purpose of' another trait? Are we even justified in using this kind of terminology when it comes to evolution, a process which cannot be said to be intentional or purposeful? And what intermediate questions will we need to ask ourselves in order to ultimately answer the question of why we reason and communicate?

7: Explicate why "why we communicate" is also an important question (maybe elsewhere)

This chapter attempts to <u>answer these questions</u>. It by no means provides an overview of issues in evolutionary theory, a large field of research in its own right with widely diverging opinions on a number of specifics of the process of evolution (see Ariew et al. (2002) and Uller and Laland (2019) for overviews of topics in evolutionary theory). This chapter will serve to get a number of foundational issues 'out of the way' before we can continue our investigation into the cognitive mechanisms of reasoning and communication.

9: Define evolution!

#### 1.1 Causation in evolution

{sec:causation-evolution}

First, we will dip our toes into the waters of causation in evolution.

Evolutionary causation is a subfield of philosophy of biology that has continued to see widely diverging opinions (Baedke, 2021; Uller and Laland, 2019). In this section I will restrict focus to three topics in evolutionary causation that are of interest to this thesis: firstly the distinction between proximate and ultimate causation, secondly Tinbergen's methodological questions, and lastly niche construction. The former two will serve to illuminate some basic aspects of the issues evolutionary causation concerns itself with, and the latter is of particular interest in considering the evolution of human cognition.

In evolutionary causation, one may distinguish *proximate* from *ultimate* causes. Proximate causes are the *immediate* influences on a trait: they explain how the trait results from the internal and external factors causing it. Ultimate causes

8: Be confident! on the other hand are the higher-level historical and evolutionary explanation of those traits (Mayr, 1961)

#### 10: Add an example to illustrate

- . In other words, these two different causes answer two different explanatory questions
- 11: Apparently a category mistake: causes don't answer questions, *statements* about causes answer questions. I'm not sure if I fully agree though; think about this
- : the proximate cause is the answer to the *how*-question, whereas the ultimate cause answers the *why*-question. According to Mayr (1961), who pioneered the distinction<sup>1</sup>, one needs to answer both of these questions in order to obtain a complete understanding of the trait.

In an influential proposal considered by some to be an extension of this distinction, Tinbergen (1963) outlined four questions or problems central to the study of animal behavior. In order to fully understand a pattern of behavior, one must consider (1) the proximate causation of the behavior, (2) the lifetime development of the behavior, (3) the function<sup>2</sup> of the behavior, and (4) the evolutionary history of the behavior.

While Mayr's and Tinbergen's frameworks have had considerable explanatory value in the field of evolutionary causation, it has been argued that biologists would be better off rejecting them in favor of a framework of *reciprocal causation* (Laland et al., 2013). In reciprocal causation, there is feedback between the organism and its environment: not only does the environment influence the organism through the process of natural selection, but the organism in turn influences its environment through the process of *niche construction* (Svensson, 2018), where organisms actively partake in modifying their environment and shaping their niche, usually to their own benefit.

13: Define niche and add an example to illustrate: discuss and elaborate way more!

It has been argued that niche construction is at least as important as natural selection in shaping evolution

14: Is niche construction governed by natural selection?

, and moreover that especially in evolutionary processes involving interactions between organisms, reciprocal causation is very frequent (Svensson, 2018).

### 1.2 Evolutionary psychology and its issues

{sec:evol-psych}

In order to answer the question of whether reasoning evolved for the purpose of communication, we will also need to zoom out to consider the field of evolutionary psychology as a whole. What is the merit, and the validity, of adopting an evolutionary approach in our endeavor?

12: Maybe reformulate this: still reads funky

<sup>&</sup>lt;sup>1</sup>See (Laland et al., 2013) for a discussion of the origins of the distinction

<sup>&</sup>lt;sup>2</sup>See Section 1.3 for a discussion of function in biology.

The field of evolutionary psychology concerns itself with trying to understand human behavior using evolutionary theory, by looking into the past and considering how our ancestors must have adapted to their environment in order to survive and reproduce. Researchers in the social sciences and humanities have historically been wary of using evolutionary approaches to study human behavior, because evolutionary theory has been abused for prejudiced ends in the past; see Laland and Brown (2002, pp. 19–20) for an overview. Moreover, evolutionary-psychological research has received the criticism that too much of it is "just-so" storytelling and post-hoc explanation of known phenomena, sometimes accompanied by a sensationalist spin on the story (Laland and Brown, 2002). However, if these pitfalls are avoided, looking at human psychology from the evolutionary perspective can be an illuminating endeavor.

Ask Karolina about feedback here: didn't understand

Let us now consider some of the central concepts and assumptions of evolutionary psychology.

In order to explain humans' psychological mechanisms, evolutionary psychologists look to the concept of an *environment of evolutionary adaptedness* (EEA). The EEA is the environment in which these psychological mechanisms must have come into being; usually the EEA is identified as hunting and gathering groups on the African savannah in the second half of the Pleistocene, between 1.7 million and ten thousand years ago (Laland and Brown, 2002)

15: Are the groups the EEA or the savannah? Elaborate more on this: is it the physical environment or does it include the groups? Aren't the groups a trait that evolved? Think about this

. The assumptions underlying the use of the concept of an EEA are that (1) our modern-day environment is too different from that of our ancestors for us to use it to explain why and how our psychological mechanisms evolved in the past; and (2), for our psychological mechanisms to be as complex as they are, they must have evolved slowly — and thus a considerable amount of time ago, without changing significantly since the Stone Age.

There are a number of issues associated with the use of the concept of the EEA (Laland and Brown, 2002). Firstly, we do not know very much about the environment of our ancestors, so the specifics of the EEA may be filled in as is seen fit for one's purpose. Secondly, we do not know enough about the process of evolution to make assumption (2); while evolution does in general operate on a large timescale, research has shown that it can also be faster, operating on a time scale of thousands of years, or less than 100 generations (Laland and Brown, 2002, pp. 190–191 and references therein). Thirdly, the argument can be made that for our species to have flourished and dominated in the way that it did, we must have remained adaptive to our changing modern environments after the Stone Age. Lastly, the EEA argument does not take into account reciprocal causation or niche construction.

16: Elaborate on this, because it seems to be important for my argument

17: The following section warrants a larger discussion about domain-specificity; define it and give examples (outside of psychology: maybe vision?), maybe with Cosmides/Tooby conception of Wason selection task as cheater detection? Find some literature on domain-specificity, because it turns out to be a bit of a hairy subject. Find definition; because opinions may vary on what features are and aren't domain-specific

Another topic of discussion in evolutionary psychology that is of importance to our investigation, is that of domain-specificity of the psychological mechanisms. The argument has been made that these adaptive mechanisms are necessarily problem- or domain-specific, because the evolutionary process would not favor general solutions to specific problems (Buss, 2015, p. 50). However, as with the EEA, issues with this stance have been raised: the push to domain-specificity can be said to rely on overly strong assumptions about the modularity of the brain; and moreover, there is also a push to domain-generality of cognitive skills because domain-general skills are neurologically more cost-efficient than domain-specific skills (Laland and Brown, 2002).

Lastly, a criticism raised to evolutionary psychology is that not only biological evolution, but also cultural evolution can be said to have played a role in shaping human behavior and human cognitive capacities; it is a joint endeavor facilitated by nature and nurture.

1.3 Teleological notions in evolutionary theory

{sec:teleology}

19: This section needs quite some work: see notes from discussion with Karolina

Next, it is useful to scrutinize the terminology that I will be using throughout this thesis. Biological literature frequently makes use of *teleological* terminology, that is, terminology that implies goal-directedness of the processes it describes. Such terminology includes concepts like the *design* of a trait, and *function*, *purpose*, or *utility* of a trait. At first glance, the usage of these terms in discussing evolution would seem to be inappropriate; for evolution is a process of nature, not purposefully performed by an agent, and it is thus without any intentionality or goals. And indeed, this teleological terminology has its roots in pre-Darwinian conceptions of nature: it originates from Aristotle's views on causation, and it was subsequently adopted by creationist Muslim and Christian scholars (Johnson, 2005).

In general, teleological explanations in biology are quite controversial: not only is the usage of the specific terminology itself debated (Ayala, 1999, p. 27 and references therein), the concept has been criticized for its apparent lack of formalization and insufficient argumentative persuasiveness (Baedke, 2021, p. 83).

21: Address the controversy around teleological explanations. Talk about instrumentalism, usefulness of the concepts. Lack of formalization is not such a big problem for the purpose here maybe, but the other thing is more of a problem. Address why they won't be a problem for you. Can mention that MS assume it as well, this teleological explanation is at the heart of their thesis (quote it?), so it's their problem to defend this. I work using the same assumptions as them.

This line in particular needs a citation

18: Add references: where did you read this? Or, if it's your own contribution, make that clear. If it's a summarizing contribution from multiple references, say that, and you don't need to cite them all – use e.g.

20: Maybe reformulate this sentence again: still too convoluted?

However, explanations in terms of goals and function have considerable instrumental value in describing evolutionary processes. Throughout this thesis, I will be adhering to the conception of teleological explanations of Ayala (1999), which is as follows:

Teleological explanations account for the existence of a certain feature in a system by demonstrating the feature's contribution to a specific property or state of the system, in such a way that this contribution is *the reason why the feature or behaviour exists at all.* (p. 13)

In this respect, the evolutionary process of adaptation merits a teleological explanation: the function of a trait (its 'contribution to a specific property or state of the system') is the reason that the trait exists, because it exists as a consequence of natural selection.

23: Is this view compatible with reciprocal causation and niche construction? I think so; they're a complication for the whole picture, not necessarily for using this definition.

24: Is this view compatible with cultural learning? From the quote, it doesn't necessarily follow that it's about biology necessarily. Think about this, and after writing a section on culture, state to what extent and in what way we'll adhere to Ayala (1999)

The distinction between proximate and ultimate causes we saw in Section 1.1 can be applied to teleological explanation as well, yielding the distinction between proximate and ultimate *ends* of features. The proximate end is then the 'immediate' function the feature serves, and the ultimate end is the reproductive success of the organism.

A footnote to this account is that not all features of organisms can be explained teleologically; only if the feature has arisen and persisted as a direct result of natural selection, a teleological explanation is in place.

26: This "direct result of natural selection" is very vague/slippery; acknowledge this, and elaborate more on it if it turns out to be important for my thesis. A way to do this would be to contrast it with an indirect result. Talk about side effects?

## 1.4 An evolutionary foundation

Now that we have gathered the puzzle pieces, let us return focus to our field of investigation and lay its groundwork. In particular, before we can continue with our evolutionary approach to human reasoning and communication in the next chapters, we will need to outline and justify the assumptions made.

It has become apparent that for none of the topics in evolutionary theory discussed here consensus has been reached among its practitioners. Since the purpose of this thesis will not be to provide a complete causal framework for the evolution of reasoning and communication, we will be able to cast aside some of the issues plaguing the frameworks discussed in this chapter. We will proceed cautiously, using the concepts outlined without needing to account in detail for their shortcomings.

22: Add example here

25: Add example

27: Change structure to drop headings: make sure that the content of the pargraph is still clear without using the headings

Why can we consider these cognitive capacities from an evolutionary perspective? In choosing to explore human reasoning and communication from the evolutionary perspective, I am working on the assumption that it is appropriate to the endeavor: reasoning and communication are two key features of the homo sapiens that must have arisen at some point in our evolutionary history, shaped by natural selection, niche construction, and perhaps (cultural) learning. Moreover, it is justified to assume that the cognitive abilities underlying human reasoning and communication are heritable, either genetically or culturally.

#### What do we mean when we say 'evolution'?

28: Add a section on culture to this chapter (where?): add things from Heyes (2018, Chapter 2: "Nature, nurture, culture"), and maybe some things from Laland et al. (2013) and Laland and Brown (2002). In there, try to figure out if the parallel between biological and cultural evolution is strong enough that you can assume that the specific driving force behind the evolution is not important. Also, distinguish clearly between (and define) cultural evolution and cultural learning. Taught vs. inherited.

So far, we have mostly considered the concepts and issues surrounding *biological* evolution, and the role of *culture* has remained largely undiscussed. In this thesis, I will use the term 'evolution' and associated terminology to talk about the development of cognitive capacities in humans over time, remaining agnostic about whether this evolution is due to biological processes like natural selection, or cultural processes like cultural learning.

What are our assumptions about the evolutionary process? I accept the concept of the EEA in a general sense despite the flaws discussed in Section 1.2; for our purposes, we need not commit to any strong assumptions about the nature and properties of the EEA. The most important assumption I will make is that homo sapiens throughout history has been dependent on strong social groups for survival.

29: Missing: strong argument for making this assumption; see Laland and Brown (2002, p. 178) for doubts about this assumption

Moreover, I will adopt a reciprocal causal framework along the lines of Laland et al. (2013) and Svensson (2018), maintaining that humans throughout history have not only been the object of natural selection, but that they have also been the subject in shaping their environments through the formation of social groups and development of technology.

What does it entail for one trait to evolve for the purpose of another? In using Ayala's (1999) definition of teleological explanation, we can speak of some feature of an organism having a certain function or purpose, that ultimately contributes to its reproductive success. In the case of our investigation, we are interested in what evolutionary benefits one feature (reasoning) may have to another feature (communication). In order to answer this question, we should first consider what the function of communication is to humans; only then can

we consider whether the function of reasoning could be to advance communication and in doing so improve the reproductive fitness of humans.

30: Elaborate a lot on this: this is a key key point of my research question, so it deserves more attention. Settle on a definition.

#### What questions will we need to answer?

31: Rewrite this: first reformulate Tinbergen's questions. An enumeration with (i) would be appropriate, or even give each question a code, as you'll maybe refer to them a lot as they're the basis for your methodology. Then say the first one (proximate) – though interesting – is out of scope. Also note that Tinbergen's paper was seminal, so you justify why you use his questions at all as our desiderata: give reasons for obeying his methodological advice. You've seen his method mentioned in many papers, but since you don't say it, your reader won't know that.

In exploring cognitive capacities in more detail from an evolutionary perspective, I will loosely follow Tinbergen's (1963) questions by considering the following aspects of reasoning and communication:

- How does the capacity to reason and the capacity to communicate develop throughout childhood?
- What would advancements in reasoning or communication contribute to the reproductive success of humans? In other words, what is the function of reasoning and the function of communication?
- What is the evolutionary history of reasoning and of communication? To what extent and how do they present in our nearest evolutionary relatives?

One may note that we will skip Tinbergen's first question about what the proximate causation of the behavior in question is. I consider the neurological mechanisms underlying reasoning and communication to be out of the scope of this thesis. The most important reason for this is that we do not know nearly enough about the human brain to provide a satisfactory account of the proximate causation of reasoning and communication.

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