

Biomedical Wearable Technologies
for Healthcare and Wellbeing

Advanced Topics & Research

A.Y. 2021-2022

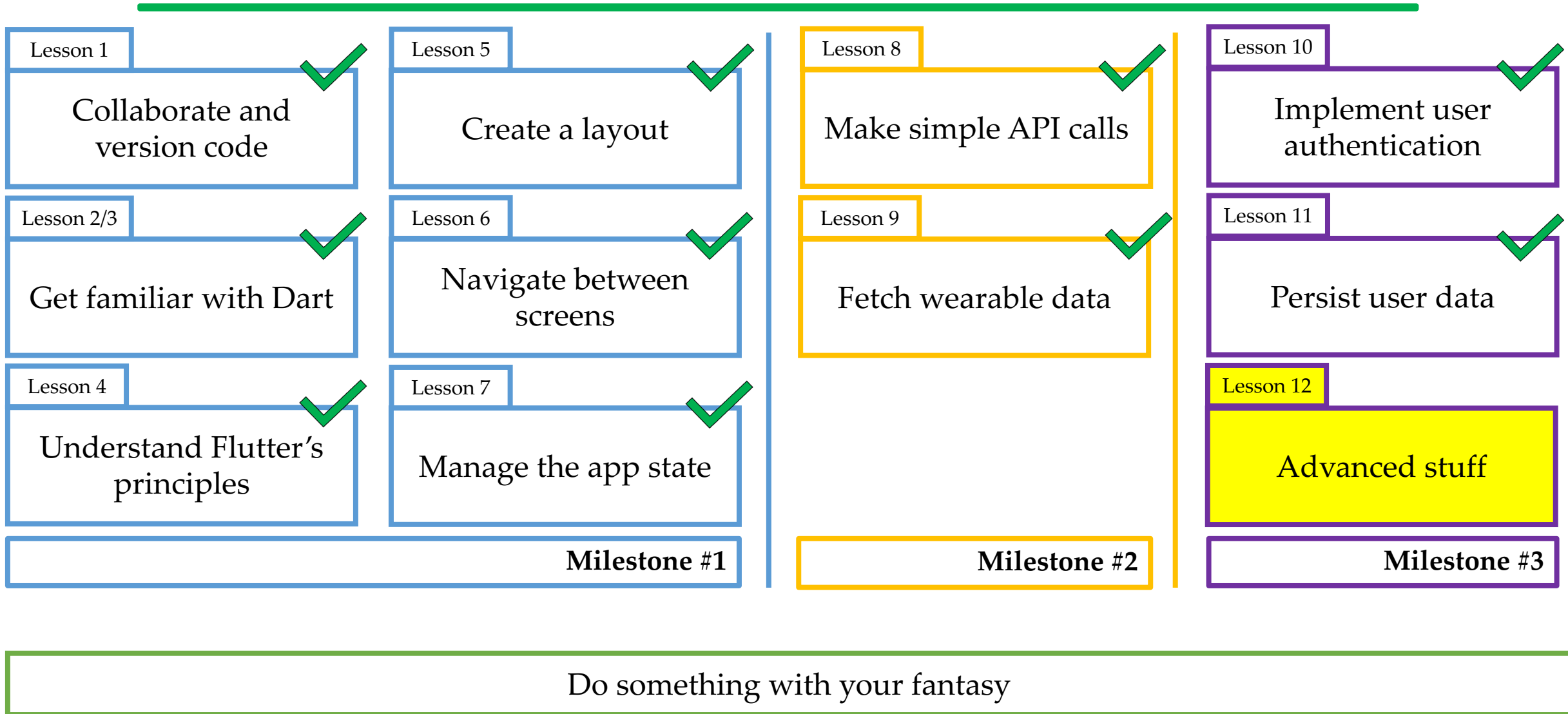
Giacomo Cappon



Outline

- **Recap**
- Backend development
- Deployment & Flutter's future
- Research at DEI
- IMPACT
- Resources

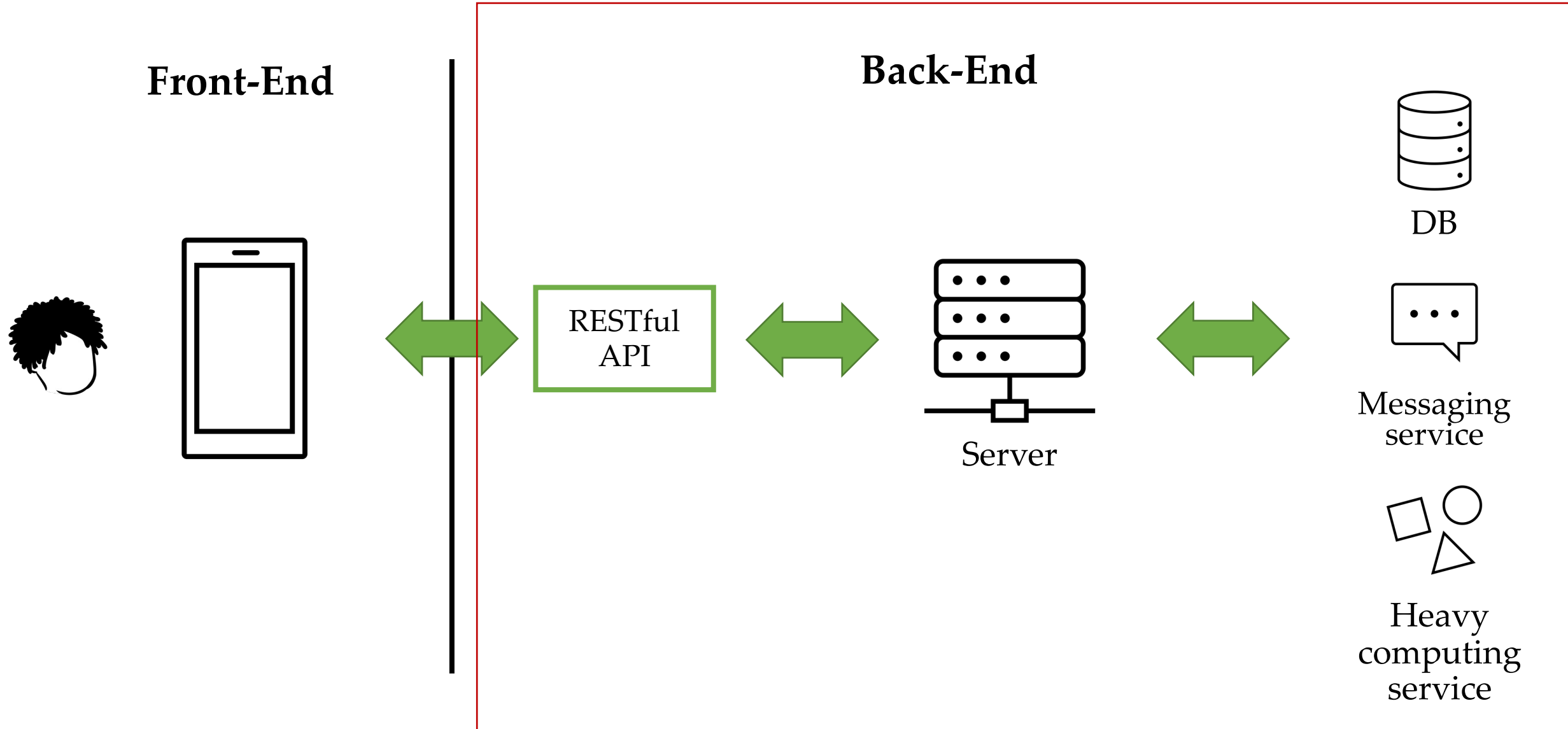
Recap



Outline

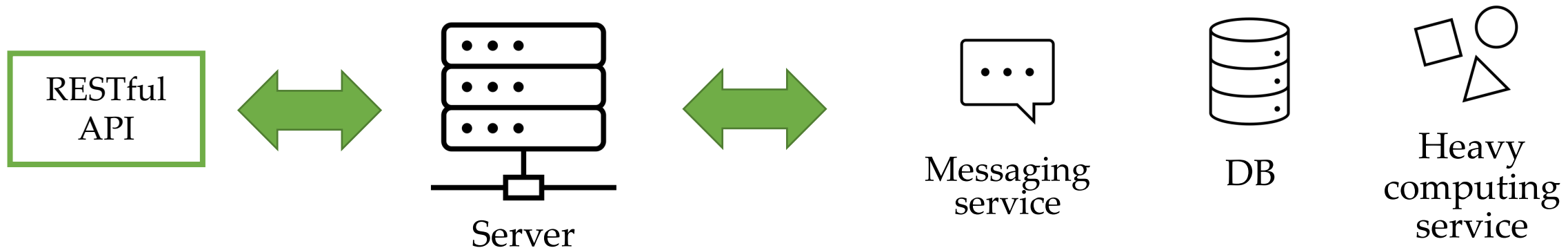
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The network flow



Backend possibilities

- Define APIs
- Develop a custom messaging service
- Cloud storage
- Deploy heavy computing services



Backend - How to develop one?

- The answer again is: do not reinvent the wheel, use something already developed.
- There are a lot of solutions (each based on a different programming language), you just have to choose what's the best for your needs and requirements.
- Here's some of the most popular backend frameworks:
 - Django: Python
 - Conduit: Dart
 - Node.js: Javascript
 - ...

django



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The last step: Deploy

- At some point, one would like to deploy the app on Apple App Store (iOS) or Google Play Store (Android)



Deploy in Android

➤ <https://docs.flutter.dev/deployment/android>



Build and release an Android app



During a typical development cycle, you test an app using `flutter run` at the command line, or by using the **Run** and **Debug** options in your IDE. By default, Flutter builds a *debug* version of your app.

When you're ready to prepare a *release* version of your app, for example to [publish to the Google Play Store](#), this page can help. Before publishing, you might want to put some finishing touches on your app. This page covers the following topics:

- [Adding a launcher icon](#)
- [Enabling Material Components](#)
- [Signing the app](#)
- [Shrinking your code with R8](#)
- [Enabling multidex support](#)
- [Reviewing the app manifest](#)
- [Reviewing the build configuration](#)
- [Building the app for release](#)
- [Publishing to the Google Play Store](#)
- [Updating the app's version number](#)
- [Android release FAQ](#)

Deploy in iOS

➤ <https://docs.flutter.dev/deployment/ios>



Build and release an iOS app



This guide provides a step-by-step walkthrough of releasing a Flutter app to the [App Store](#) and [TestFlight](#).

Preliminaries

Xcode is required to build and release your app. You must use a device running macOS to follow this guide.

Before beginning the process of releasing your app, ensure that it meets Apple's [App Review Guidelines](#).

In order to publish your app to the App Store, you must first enroll in the [Apple Developer Program](#). You can read more about the various membership options in Apple's [Choosing a Membership](#) guide.

Register your app on App Store Connect

Manage your app's life cycle on [App Store Connect](#) (formerly iTunes Connect). You define your app name and description, add screenshots, set pricing, and manage releases to the App Store and TestFlight.

Registering your app involves two steps: registering a unique Bundle ID, and creating an application record on App Store Connect.

For a detailed overview of App Store Connect, see the [App Store Connect](#) guide.

News from Flutter 3: Casual Games Toolkit

➤ <https://flutter.dev/games>

Flutter Casual Games Toolkit



Get your casual, mobile game from
idea to launch with Flutter



Casual Games Toolkit

➤ <https://docs.flutter.dev/resources/games-toolkit>



What's included

The Casual Games Toolkit provides the following free resources:

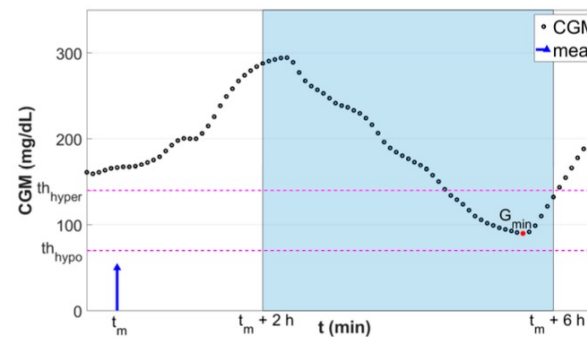
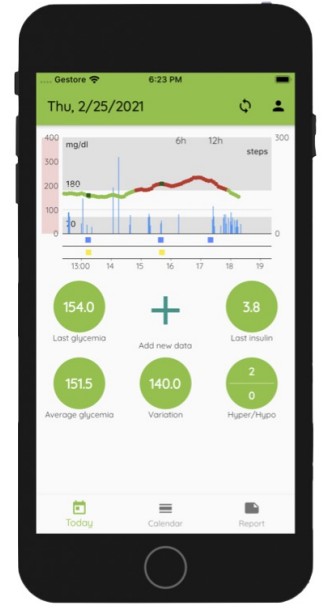
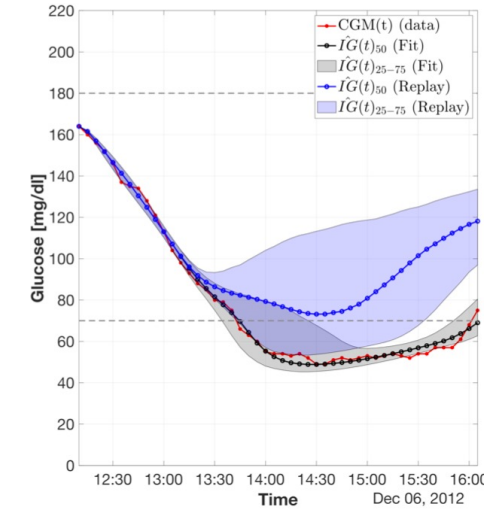
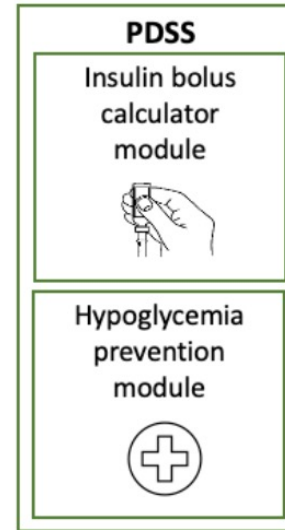
- A [game template app](#), available in Flutter's [samples repo](#), includes the following prebuilt features:
 - Main menu
 - Sound & music
 - Ads
 - In-app purchases
 - Achievements and leader boards
 - Crashlytics support
- A video, [Build your own game in Flutter](#), explaining how to use the template
- Source code for a [finished tic tac toe game](#), built using the [game template](#), and released [on Android](#) and [iOS](#)
- A link to a [Flutter Games Discord](#) channel (use the [direct link](#) if you already have a Discord account)

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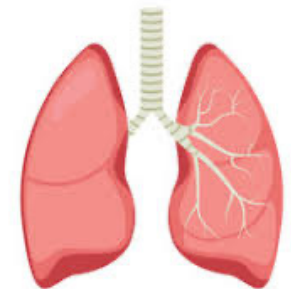
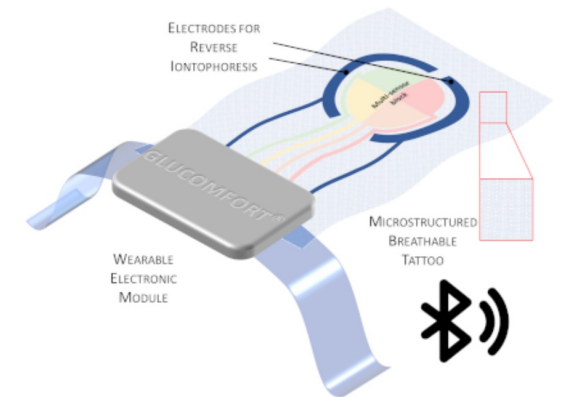
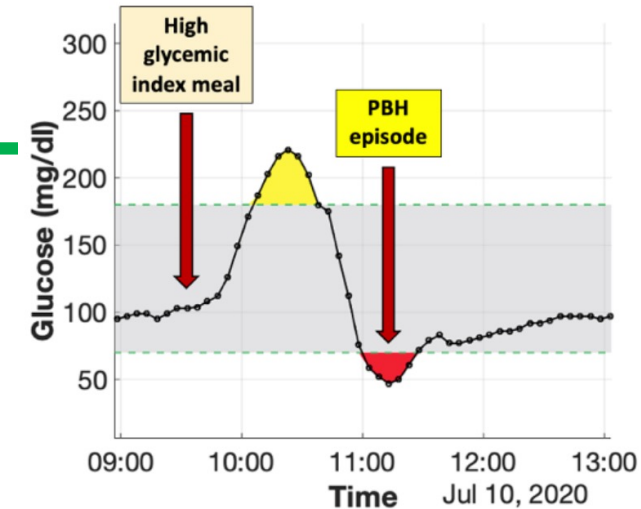
Research @ DEI

- Decision support systems
- Prediction algorithms
- Clustering and stratification strategies
- Event detection
- Digital therapeutics solutions
- ...(much more)



Active projects

- Development and clinical assessment of a personalized decision support system for postbariatric hypoglycemia management in people who underwent bariatric surgery
- GLUCOMFORT – Development of a noninvasive tattoo-based continuous GLUCOse Monitoring electronic system FOR Type-1 diabetes individuals
- BREATHE - Big data, internet-of-things and aRtificial intelligence to study the impact of personal Exposure to Air pollution on asTHma Exacerbations

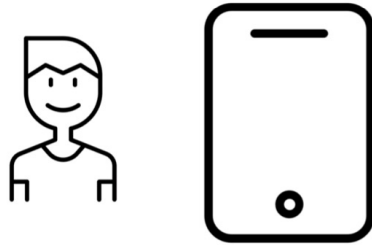


Outline

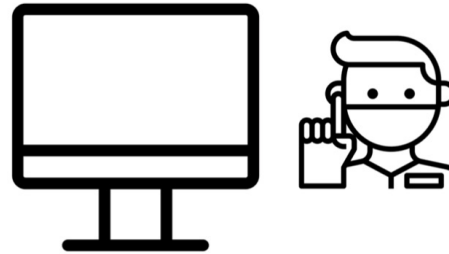
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IMPACT Platform

- IMPACT* is a platform that will play a key role in these projects.
Here's the key features:



Mobile app for
patients



Web interface
for clinicians



Cloud
database

*G. Cappon, L. Cossu, F. Boscari, D. Bruttomesso, G. Sparacino, A. Facchinetti. An Integrated Mobile Platform for Automated data collection and real-time patient monitoring in diabetes clinical trials. Journal of Diabetes Science and Technology, 2021.

The IMPACT team

Core Team



Giacomo Cappon
Post-doc fellow



Luca Cossu
1st year PhD student



Michele Atzeni
1st year PhD student

Scientific Advisors

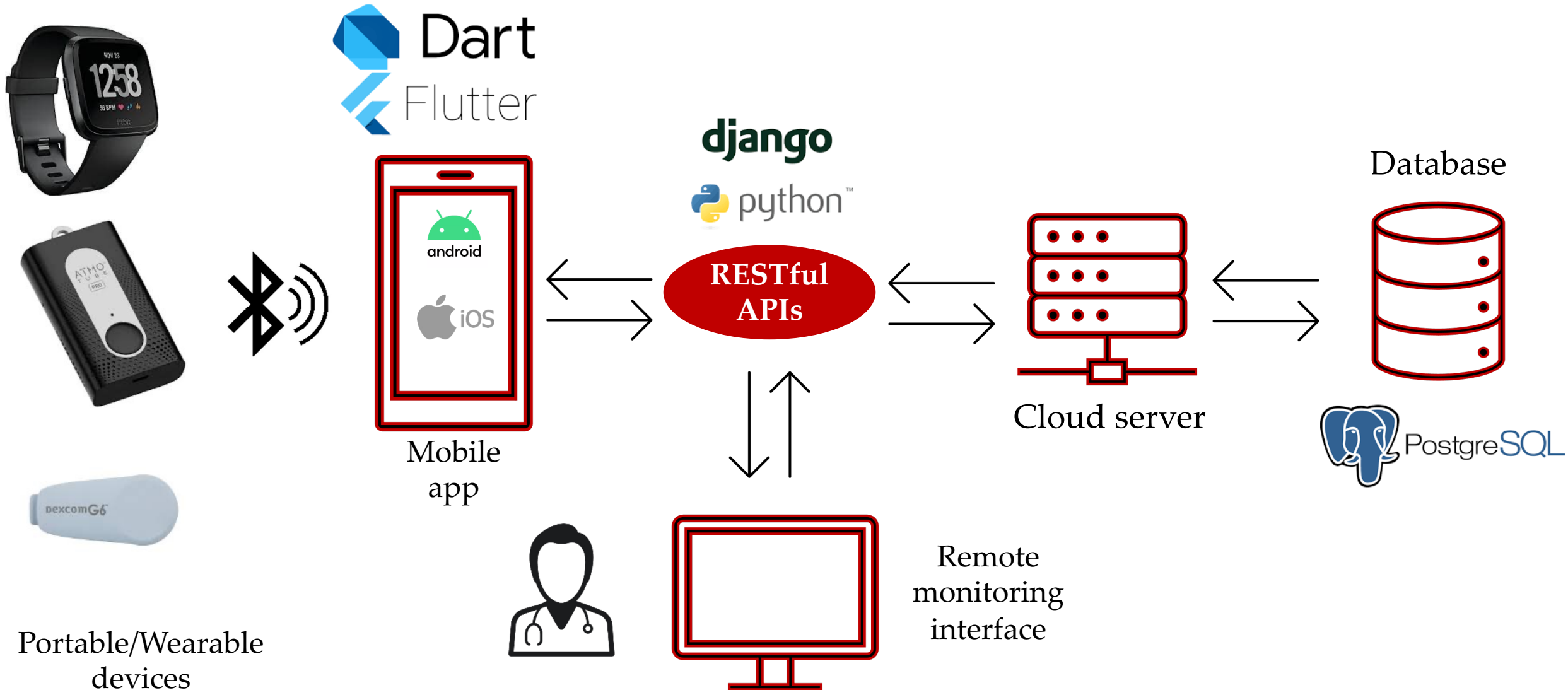


Andrea Facchinetti
Associate Professor

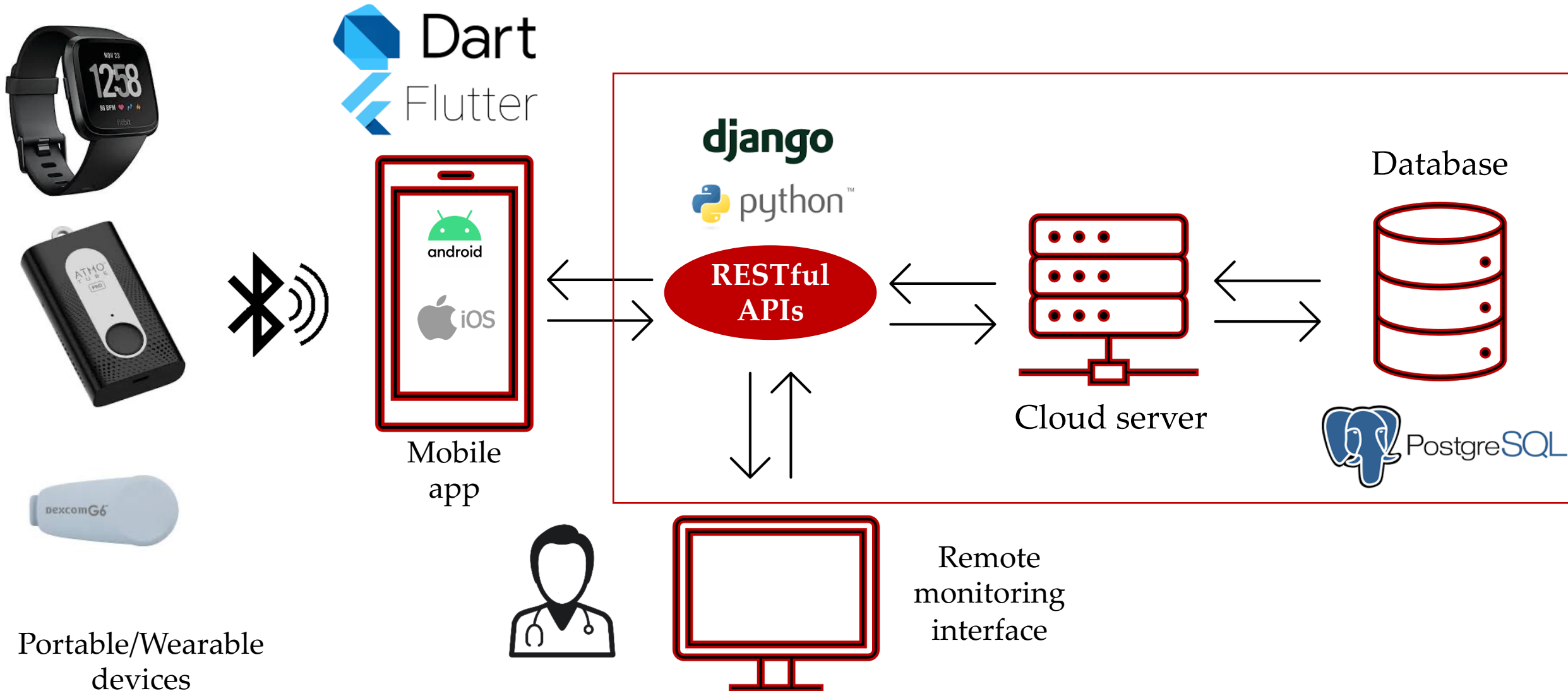


Martina Vettoretti
Assistant Professor

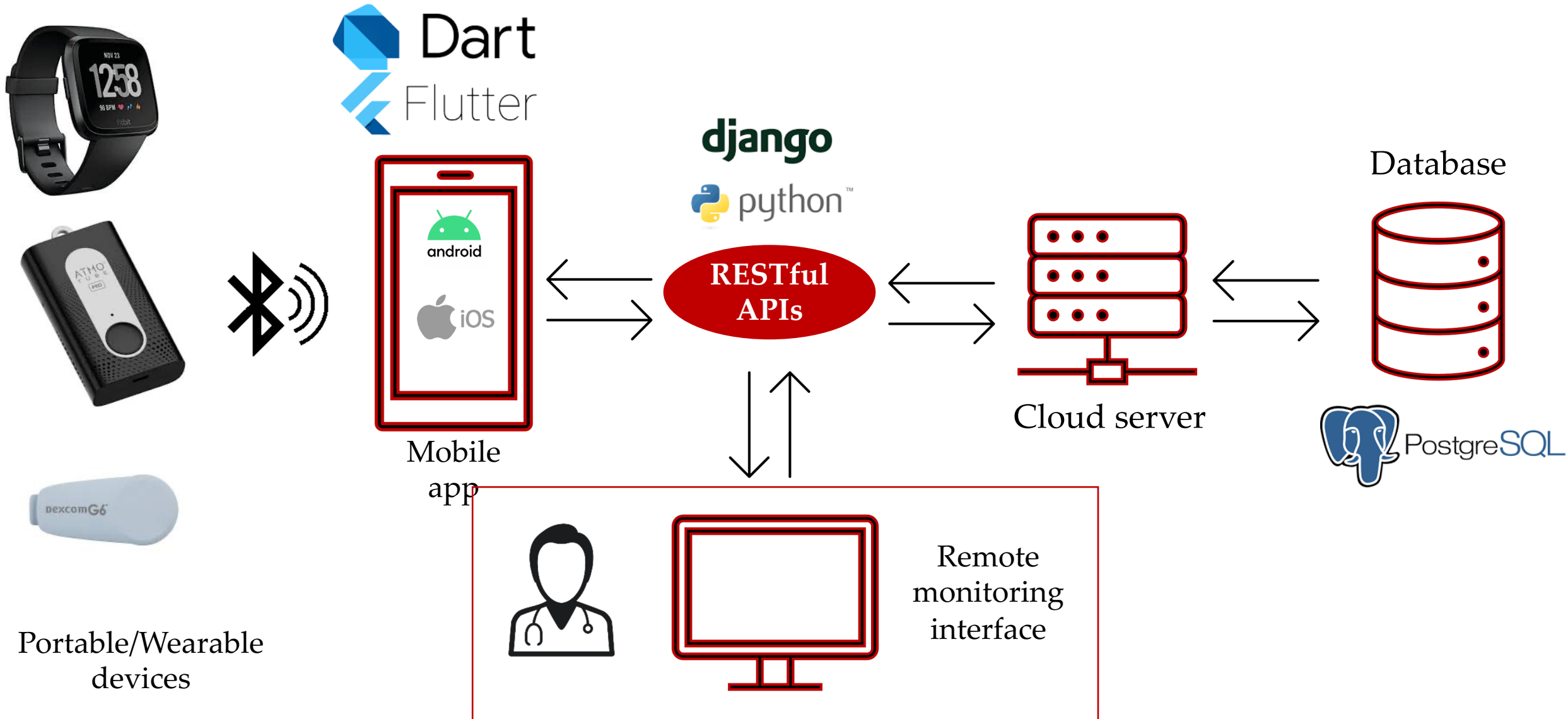
IMPACT structure



IMPACT: Live DEMO



IMPACT: Live DEMO

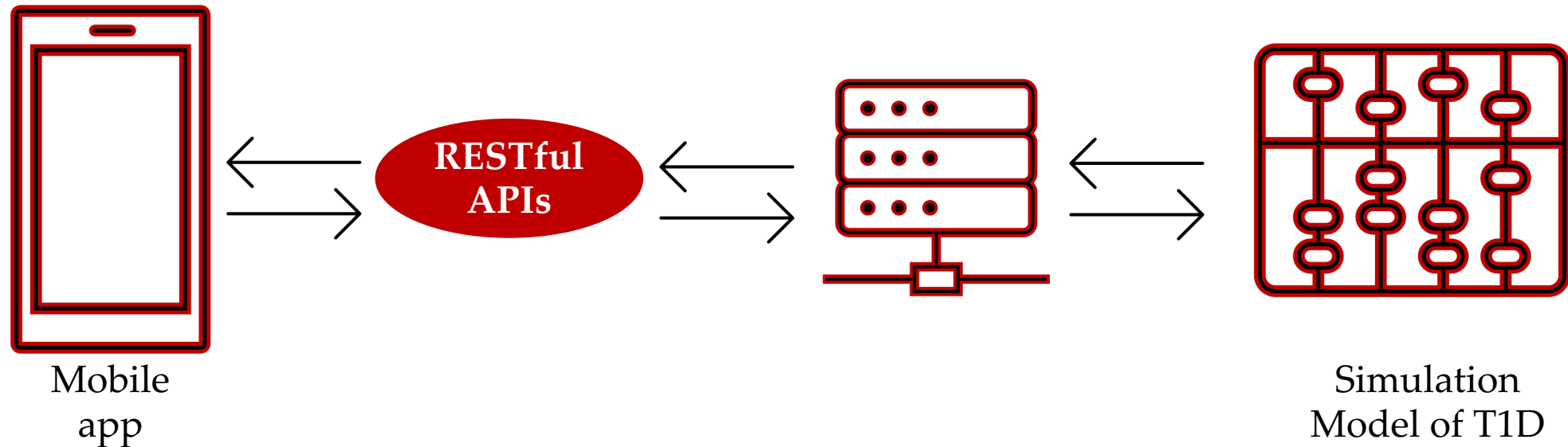


IMPACT: Work to do

- Expand fitbitter and integrate it in IMPACT (difficulty: medium)
- Gamify IMPACT (difficulty: medium)
- Explore and add "mindfulness" capabilities
- Integrate the OpenFoodFacts API
- Explore and integrate open source API of air quality
- Integrating and managing geolocation
- Study and analyzing IMPACT compliance to regulatory
- Integration of new wearable devices via Bluetooth/API
- ...

A lot more...

- **An example:** Development of Digital Tools for education in type 1 diabetes



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Resources

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 - https://gcappon.github.io/files/cappon_jdst_2021.pdf