

Biomedical Wearable Technologies  
for Healthcare and Wellbeing

# Setup the environment

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# We need some tools in our belt

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- Developing mobile apps requires some tools
- As programmers, we need to setup our **development environment** in order to be able to write code, compile it, test its behaviour, and deploy it to the final user machine (in this case, a phone).
- To do so, we need to:
  - Use some software to write the actual code
  - Choose a framework and the respective programming language
  - Have specific libraries in place to support the phone operating system
  - Have some tools to be able to work as a team
- This document will give an overview of the development environment we are going to use during this course and will tell what to do to prepare it.

# The environment: Overview

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**IDE**

(To write code,  
compile, and test)



**Flutter + Dart**

(The framework and its  
programming language)



**Android Studio**

(For Android  
support)



**XCode**

(For iOS  
support)



**VCS**

(For version  
control and to  
enable teamwork)

# The environment: IDE

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- The first component of the environment is the IDE (Integrated Development Environment).
- The IDE is where we actually will write the code: it is a text editor with some flavour (high-level functionalities).
- The IDE of choice in this course is Visual Studio Code (VS Code)



# The environment: Framework and compiler

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- The second component of the environment is, of course, the framework (and the programming language) we are going to use to develop mobile apps.
- We will use Flutter: a brand-new framework by Google based on the Dart programming language.
- Why Flutter? Because it allows us to **write a single code base and compile to either iOS or Android**. This means that:
  - We will build one app that will look the same in both iOS and Android
  - We will not be constrained by the operating system (OS)
  - Developing time is halven



# The environment: OS support

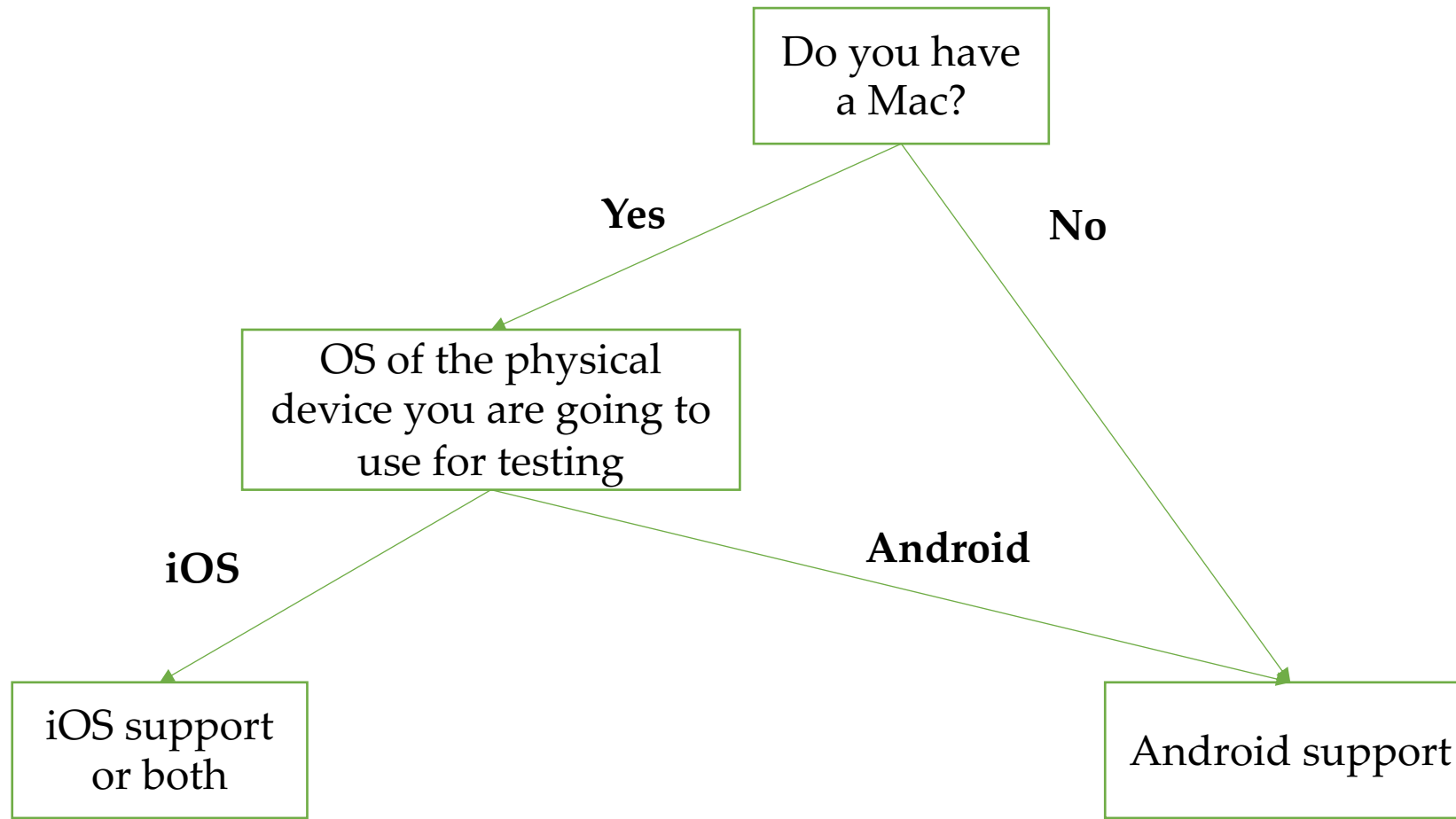
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- The third component of the environment are the OS-specific (iOS or Android) libraries to install in order to let Flutter do its magic and compile.
- Both the iOS and the Android libraries will install the compiler for Flutter and a virtual phone simulator to allow you to test the mobile app without actually having a physical device.
- Since Flutter is OS-agnostic, you have a choice here:
  - Install iOS support
  - Install Android support
  - Install both
- A good way to choose the best option is: ok, I will have a virtual device, but at some point I would like to deploy my app to an actual phone. So, which physical device I am going to use?
- Note that if you have an iPhone but you do not have a Mac, you need to go for Android (XCode is not available for PC)



# iOS or Android support?

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# The environment: VCS

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- The final component of the environment is the Version Control System (VCS)
- As you will learn in the first lab lesson, the VCS is a software that allows to maintain and manage the various version of the code you are going to write and it will be fundamental to work as a team.
- In this course, we will use GIT, the most famous VCS.





# The environment: Git-Bash (for Windows users)

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- You will work with GIT from the command line:
  - "cmd" in Windows
  - "Terminal" in UNIX systems (Mac and Linux)
- Some commands differs between cmd and Terminal. So to "unify" this set of commands, Windows users should install and use **git-bash** instead of cmd.
- Using git-bash you will be able to use the same commands of Terminal.



# The environment: VCS

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- First check if it is already installed (~99% probability)
  - Open the Terminal > Type "git --version"

A screenshot of a macOS Terminal window. The title bar at the top shows three colored window control buttons (red, yellow, green) on the left, and a folder icon followed by the text "cappe — -zsh — 72x6" on the right. The terminal content is as follows:

```
[cappe@MacBook-Pro-di-Giacomo ~ % git --version  
git version 2.28.0  
cappe@MacBook-Pro-di-Giacomo ~ % █
```

The text is green on a black background. A green cursor block is visible at the end of the last line.

- If an error appears you will need to install it (step 4 of slide 11). Otherwise, if you see the git version printed out, you can skip step 4 of slide 11.

# Install everything (Part 1)

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➤ Do the following steps, in this order:

- **Step 1:** Install Flutter and Dart

- Go to > <https://flutter.dev/docs/get-started/install>
- Follow the instructions...

- **Step 2:** Install OS support

- Same link as Step 1, just go ahead with the instructions until the end

- **Step 3:** Install VS Code and integrate it with Flutter and Dart

- Go to > <https://docs.flutter.dev/get-started/editor?tab=vscode>
- Follow the instructions...

# Install everything (Part 2)

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➤ Do the following steps, in this order:

- **Step 4: Install GIT**

- Go to > <https://git-scm.com/book/en/v2/Getting-Started-Installing-Git>
- Follow the instructions...
- **Step 4b (for Windows users only):** Install GIT Bash
  - Go to > <https://gitforwindows.org/>
  - Click the Download button
  - Download and install Git-2.35.1.2-64-bit.exe
- After the installation, open the terminal and run the two following commands:  
`git config --global user.name "FirstName LastName"` (where FirstName and LastName are your actual first name and last name, e.g., Giacomo Cappon)  
`git config --global user.email "email@domain.com"` (where [email@domain.com](#) is the email you want to use as identifier. For simplicity, use the same email you will use to create the GitHub account)

- **Step 5: Test that everything is working**

- Go to > <https://docs.flutter.dev/get-started/test-drive?tab=vscode>
- Follow the instructions...