

Biomedical Wearable Technologies  
for Healthcare and Wellbeing

# Advanced Topics & Research

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A.Y. 2021-2022

Giacomo Cappon

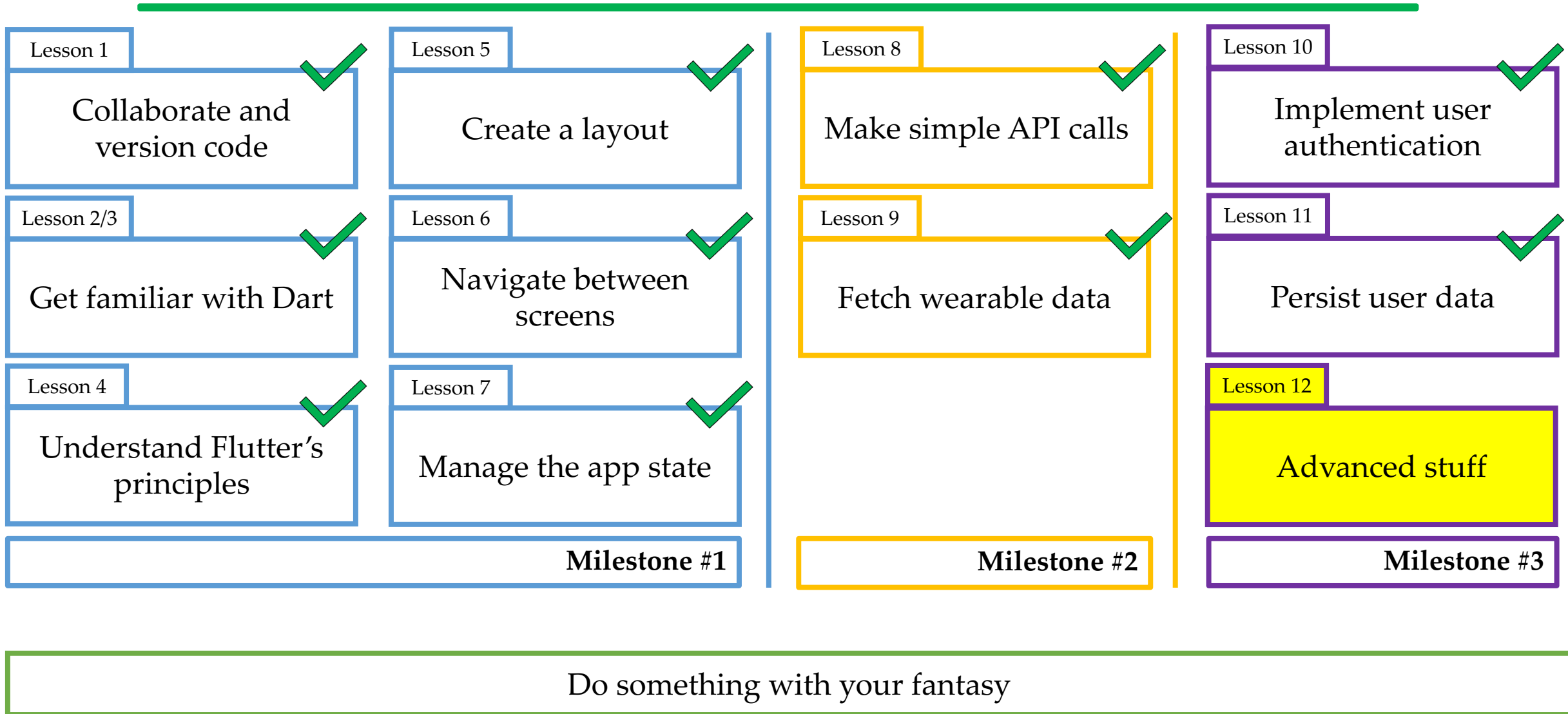


# Outline

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- **Recap**
- Backend development
- Deployment & Flutter's future
- Research at DEI
- IMPACT
- Resources

# Recap

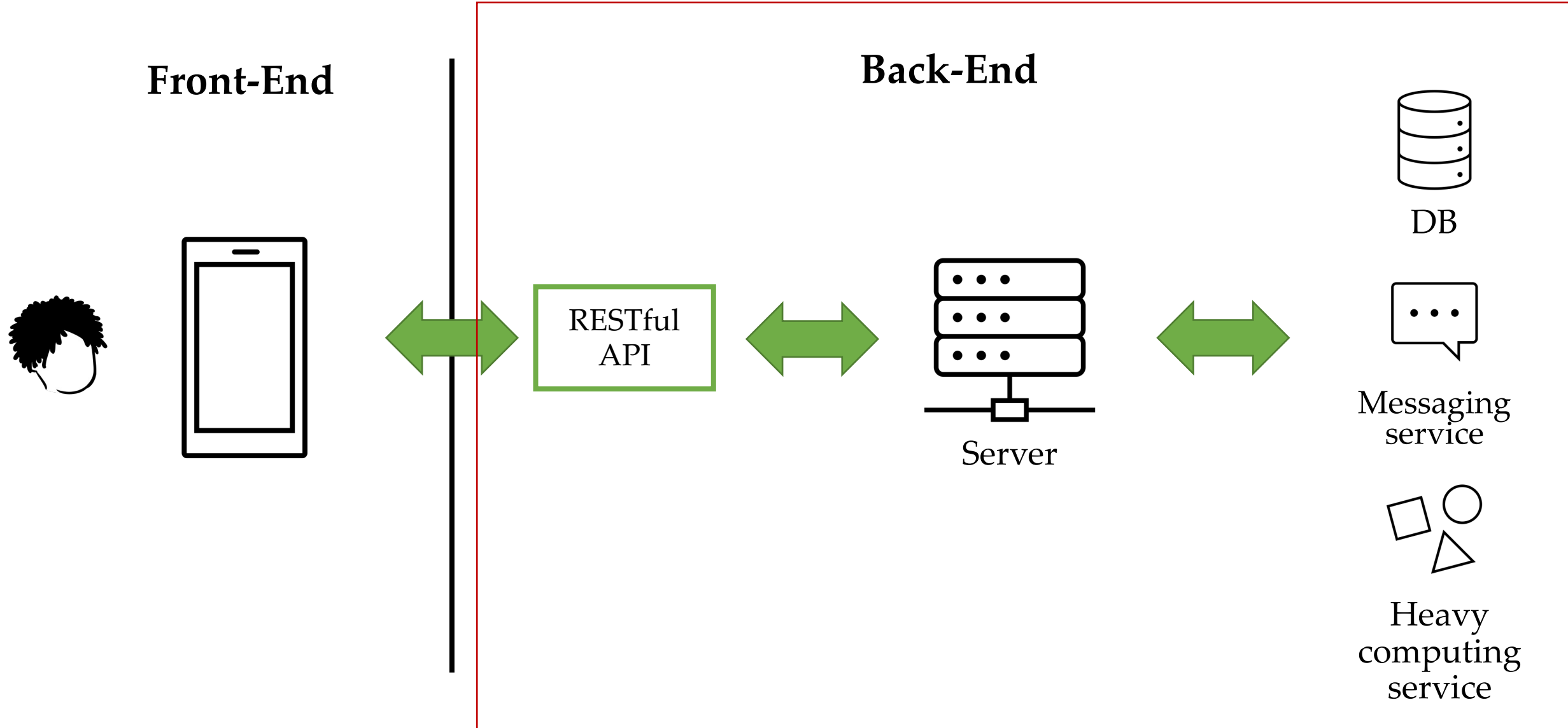


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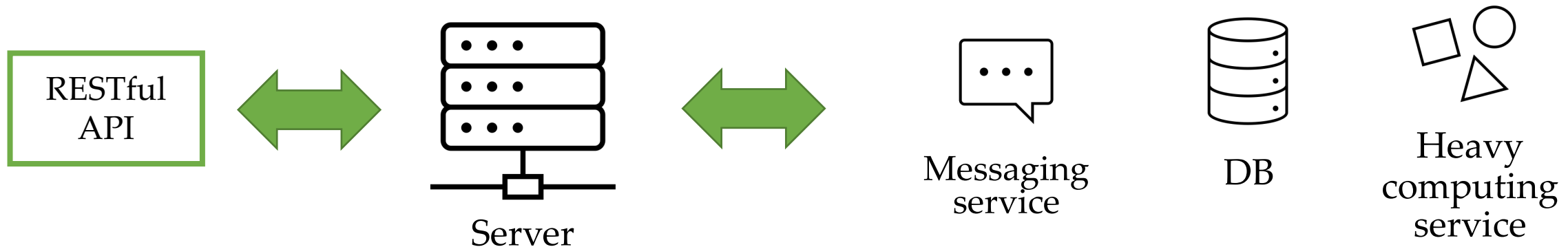
# The network flow



# Backend possibilities

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- Define APIs
- Develop a custom messaging service
- Cloud storage
- Deploy heavy computing services



# Backend - How to develop one?

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- The answer again is: do not reinvent the wheel, use something already developed.
- There are a lot of solutions (each based on a different programming language), you just have to choose what's the best for your needs and requirements.
- Here's some of the most popular backend frameworks:
  - Django: Python
  - Conduit: Dart
  - Node.js: Javascript
  - ...

The Django logo, featuring the word "django" in a dark green, lowercase, sans-serif font.

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# The last step: Deploy

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- At some point, one would like to deploy the app on Apple App Store (iOS) or Google Play Store (Android)



# Deploy in Android

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➤ <https://docs.flutter.dev/deployment/android>



## Build and release an Android app



During a typical development cycle, you test an app using `flutter run` at the command line, or by using the **Run** and **Debug** options in your IDE. By default, Flutter builds a *debug* version of your app.

When you're ready to prepare a *release* version of your app, for example to [publish to the Google Play Store](#), this page can help. Before publishing, you might want to put some finishing touches on your app. This page covers the following topics:

- [Adding a launcher icon](#)
- [Enabling Material Components](#)
- [Signing the app](#)
- [Shrinking your code with R8](#)
- [Enabling multidex support](#)
- [Reviewing the app manifest](#)
- [Reviewing the build configuration](#)
- [Building the app for release](#)
- [Publishing to the Google Play Store](#)
- [Updating the app's version number](#)
- [Android release FAQ](#)

# Deploy in iOS

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➤ <https://docs.flutter.dev/deployment/ios>



## Build and release an iOS app



This guide provides a step-by-step walkthrough of releasing a Flutter app to the [App Store](#) and [TestFlight](#).

## Preliminaries

Xcode is required to build and release your app. You must use a device running macOS to follow this guide.

Before beginning the process of releasing your app, ensure that it meets Apple's [App Review Guidelines](#).

In order to publish your app to the App Store, you must first enroll in the [Apple Developer Program](#). You can read more about the various membership options in Apple's [Choosing a Membership](#) guide.

## Register your app on App Store Connect

Manage your app's life cycle on [App Store Connect](#) (formerly iTunes Connect). You define your app name and description, add screenshots, set pricing, and manage releases to the App Store and TestFlight.

Registering your app involves two steps: registering a unique Bundle ID, and creating an application record on App Store Connect.

For a detailed overview of App Store Connect, see the [App Store Connect](#) guide.

# News from Flutter 3: Casual Games Toolkit

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➤ <https://flutter.dev/games>

## Flutter Casual Games Toolkit



Get your casual, mobile game from  
idea to launch with Flutter



# Casual Games Toolkit

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➤ <https://docs.flutter.dev/resources/games-toolkit>



## What's included

The Casual Games Toolkit provides the following free resources:

- A [game template app](#), available in Flutter's [samples repo](#), includes the following prebuilt features:
  - Main menu
  - Sound & music
  - Ads
  - In-app purchases
  - Achievements and leader boards
  - Crashlytics support
- A video, [Build your own game in Flutter](#), explaining how to use the template
- Source code for a [finished tic tac toe game](#), built using the [game template](#), and released [on Android](#) and [iOS](#)
- A link to a [Flutter Games Discord](#) channel (use the [direct link](#) if you already have a Discord account)

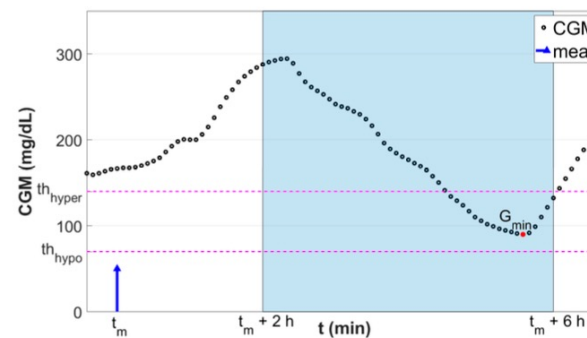
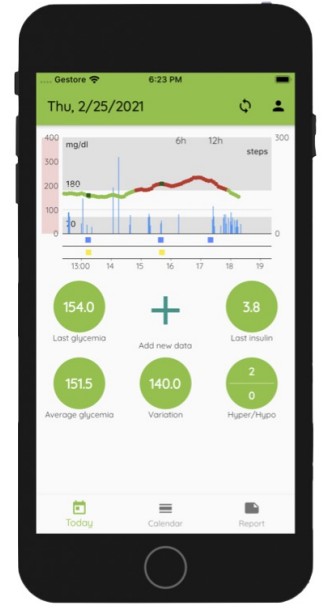
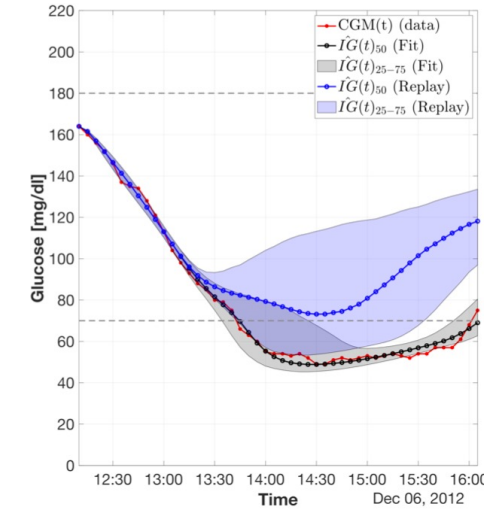
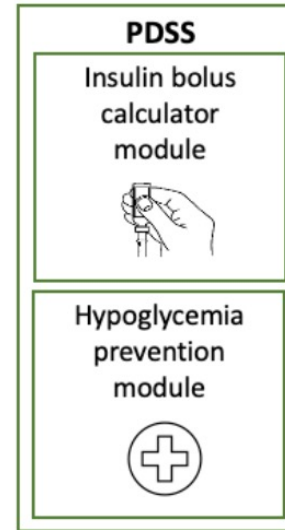
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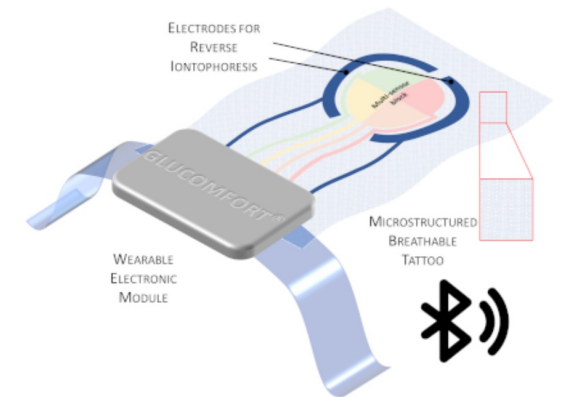
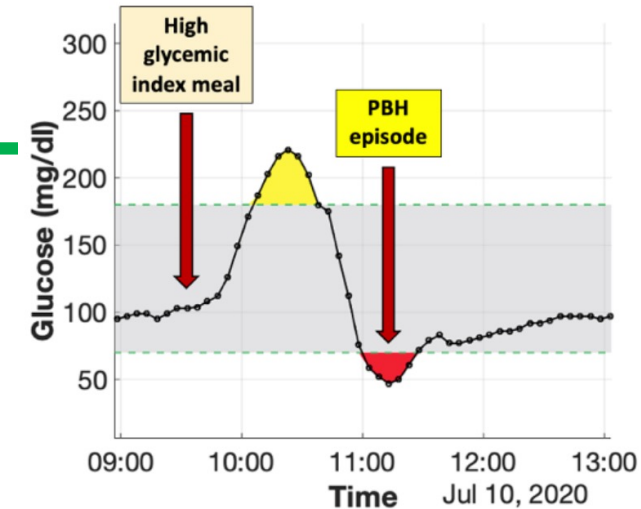
# Research @ DEI

- Decision support systems
- Prediction algorithms
- Clustering and stratification strategies
- Event detection
- Digital therapeutics solutions
- ...(much more)



# Active projects

- Development and clinical assessment of a personalized decision support system for postbariatric hypoglycemia management in people who underwent bariatric surgery
- GLUCOMFORT – Development of a noninvasive tattoo-based continuous GLUCOse Monitoring electronic system FOR Type-1 diabetes individuals
- BREATHE - Big data, internet-of-things and aRtificial intelligence to study the impact of personal Exposure to Air pollution on asTHma Exacerbations





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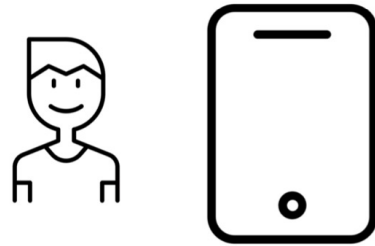
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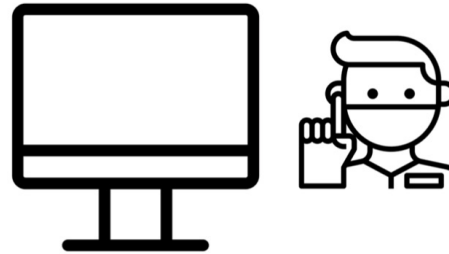
# IMPACT Platform

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- IMPACT\* is a platform that will play a key role in these projects.  
Here's the key features:



Mobile app for  
patients



Web interface  
for clinicians



Cloud  
database

\*G. Cappon, L. Cossu, F. Boscari, D. Bruttomesso, G. Sparacino, A. Facchinetti. An Integrated Mobile Platform for Automated data collection and real-time patient monitoring in diabetes clinical trials. Journal of Diabetes Science and Technology, 2021.

# The IMPACT team

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## Core Team



**Giacomo Cappon**  
Post-doc fellow



**Luca Cossu**  
1<sup>st</sup> year PhD student



**Michele Atzeni**  
1<sup>st</sup> year PhD student

## Scientific Advisors

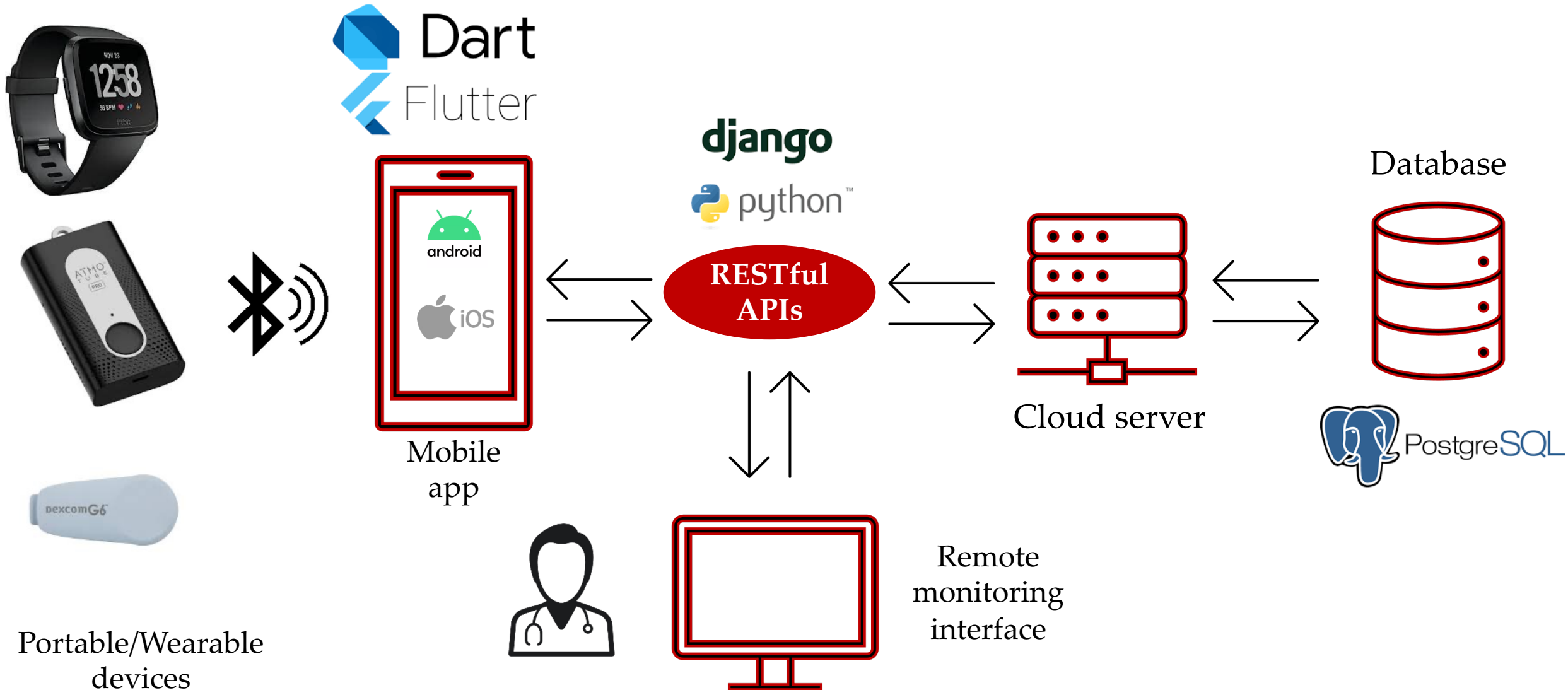


**Andrea Facchinetti**  
Associate Professor

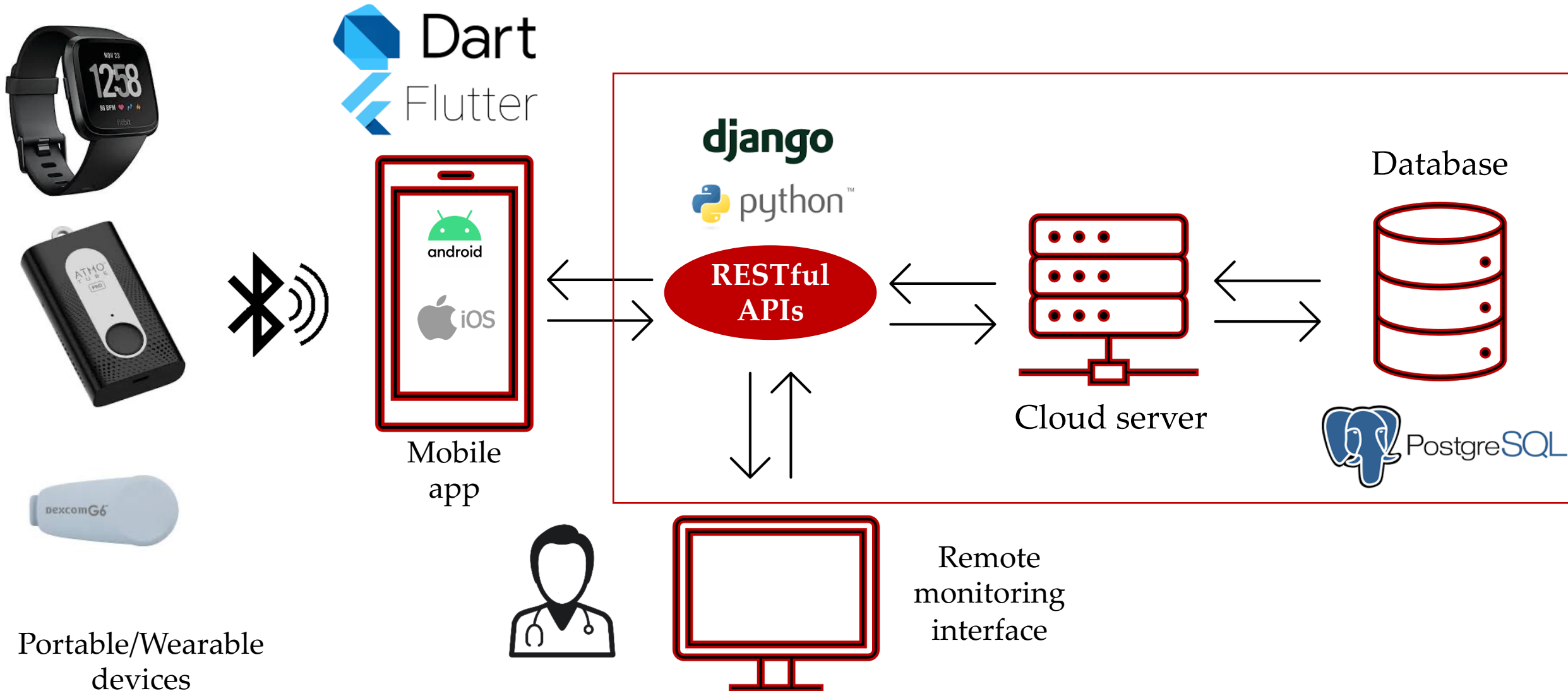


**Martina Vettoretti**  
Assistant Professor

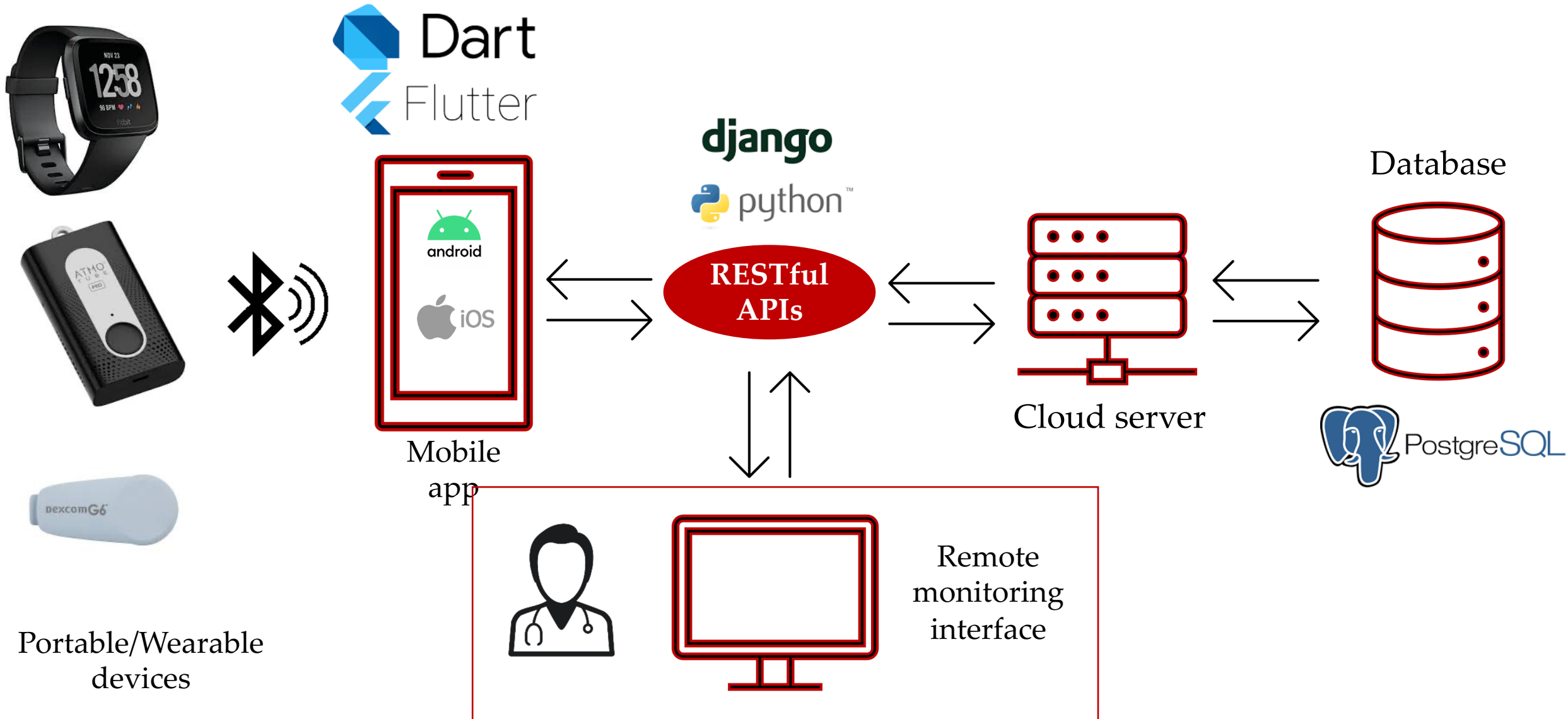
# IMPACT structure



# IMPACT: Live DEMO



# IMPACT: Live DEMO



# IMPACT: Work to do

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- Expand fitbitter and integrate it in IMPACT (difficulty: medium)
- Gamify IMPACT (difficulty: medium)
- Explore and add "mindfulness" capabilities
- Integrate the OpenFoodFacts API
- Explore and integrate open source API of air quality
- Integrating and managing geolocation
- Study and analyzing IMPACT compliance to regulatory
- ...

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# Resources

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  - [https://gcappon.github.io/files/cappon\\_jdst\\_2021.pdf](https://gcappon.github.io/files/cappon_jdst_2021.pdf)