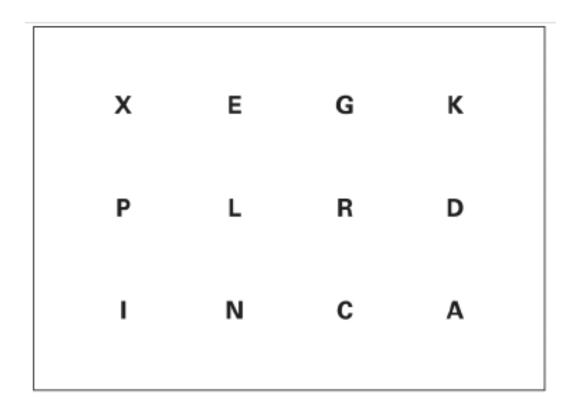
Class 12 Working memory and cognitive control

Monday

25th September 2022



How many letters do you remember?

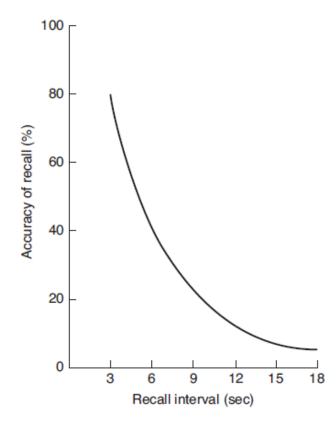
List of words

DRUM	
CURTAIN	
FARMER	
SCHOOL	
MOON	
GARDEN	
PARENT	
HAT	
NOSE	
BELL	
COFFEE	
TURKEY	
COLOR	
HOUSE	
RIVER	

Sensory memory

Auditory (echoic) sensory memory

Visual (iconic) sensory memory



Primacy & Recency effect



Try to remember the following list of digits 19254981121

Now try to remember them in groups 19 25 49 81 121

Now memorize them using a strategy

 1^2 3^2 5^2 7^2 9^2 11^2

Chunking information helps retention

- Indian phone numbers 98672 61423
- American phone numbers 234-456-867

Short-Term Memory (part 1)

• William James: memory as being of limited capacity, effortlessly available, and fleeting in contrast to long-term memory

STM	LTM
Active contents of consciousness	Not currently in consciousness
Rapidly accessed	Accessed more slowly
Limited in capacity	Unlimited in capacity
Forgotten quickly	Forgotten more slowly



Short-term memory (STM)

- · Lasts for seconds to hours
- . 'Labile' (sensitive to disruption)
- Does not require new RNA or protein synthesis

Long-term memory (LTM)

- · Lasts for days to weeks
- Consolidated (insensitive to disruption)
- Does require new RNA or protein synthesis

IS
$$(5 \times 3) + 4 = 17$$
? BOOK

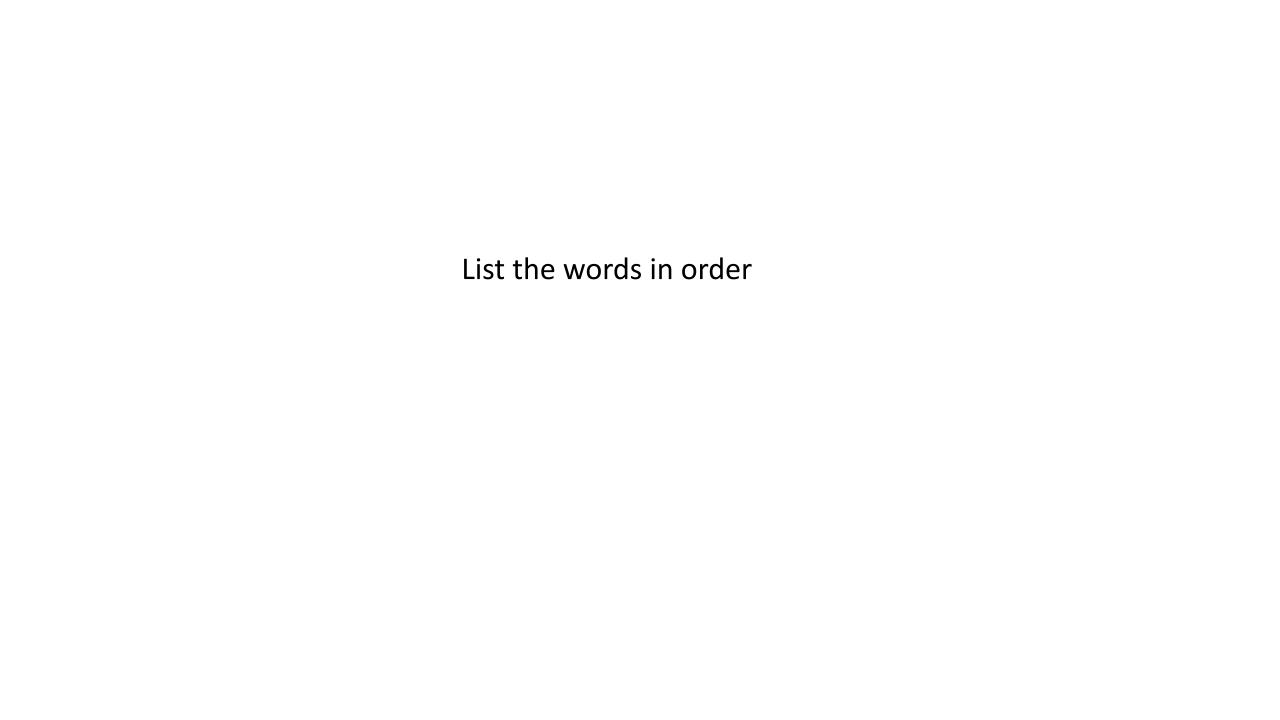
IS
$$(5 \times 3) + 4 = 17$$
? BOOK
IS $(6 \times 2) - 3 = 8$? HOUSE

IS
$$(5 \times 3) + 4 = 17$$
? BOOK
IS $(6 \times 2) - 3 = 8$? HOUSE
IS $(4 \times 4) - 4 = 12$? JACKET

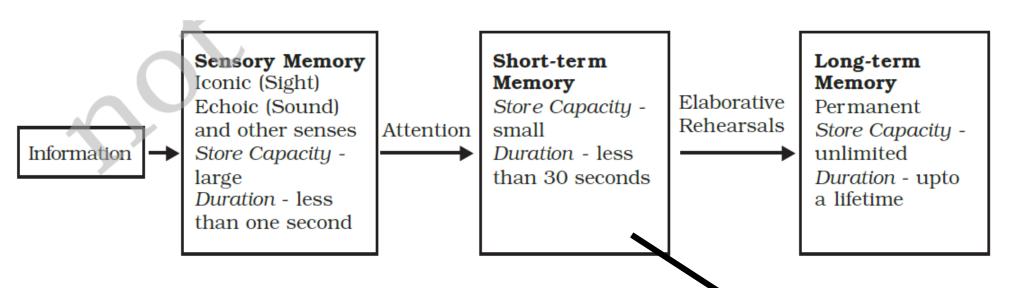
IS
$$(5 \times 3) + 4 = 17$$
? BOOK
IS $(6 \times 2) - 3 = 8$? HOUSE
IS $(4 \times 4) - 4 = 12$? JACKET
IS $(3 \times 7) + 6 = 27$? CAT

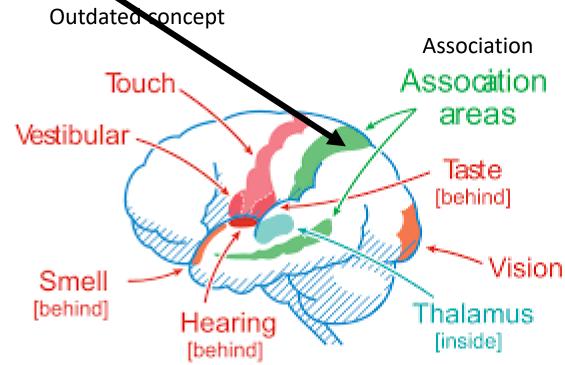
IS
$$(5 \times 3) + 4 = 17$$
? BOOK
IS $(6 \times 2) - 3 = 8$? HOUSE
IS $(4 \times 4) - 4 = 12$? JACKET
IS $(3 \times 7) + 6 = 27$? CAT
IS $(4 \times 8) - 2 = 31$? PEN

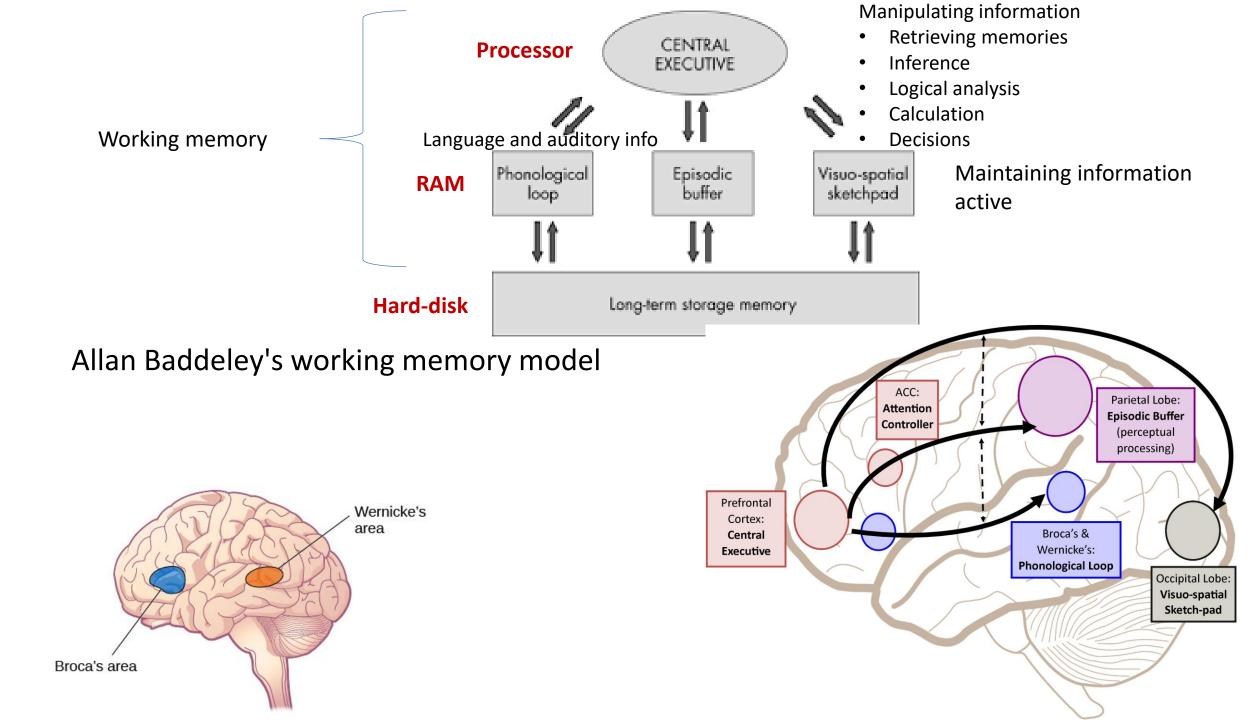
IS
$$(5 \times 3) + 4 = 17$$
? BOOK
IS $(6 \times 2) - 3 = 8$? HOUSE
IS $(4 \times 4) - 4 = 12$? JACKET
IS $(3 \times 7) + 6 = 27$? CAT
IS $(4 \times 8) - 2 = 31$? PEN
IS $(9 \times 2) + 6 = 24$? WATER

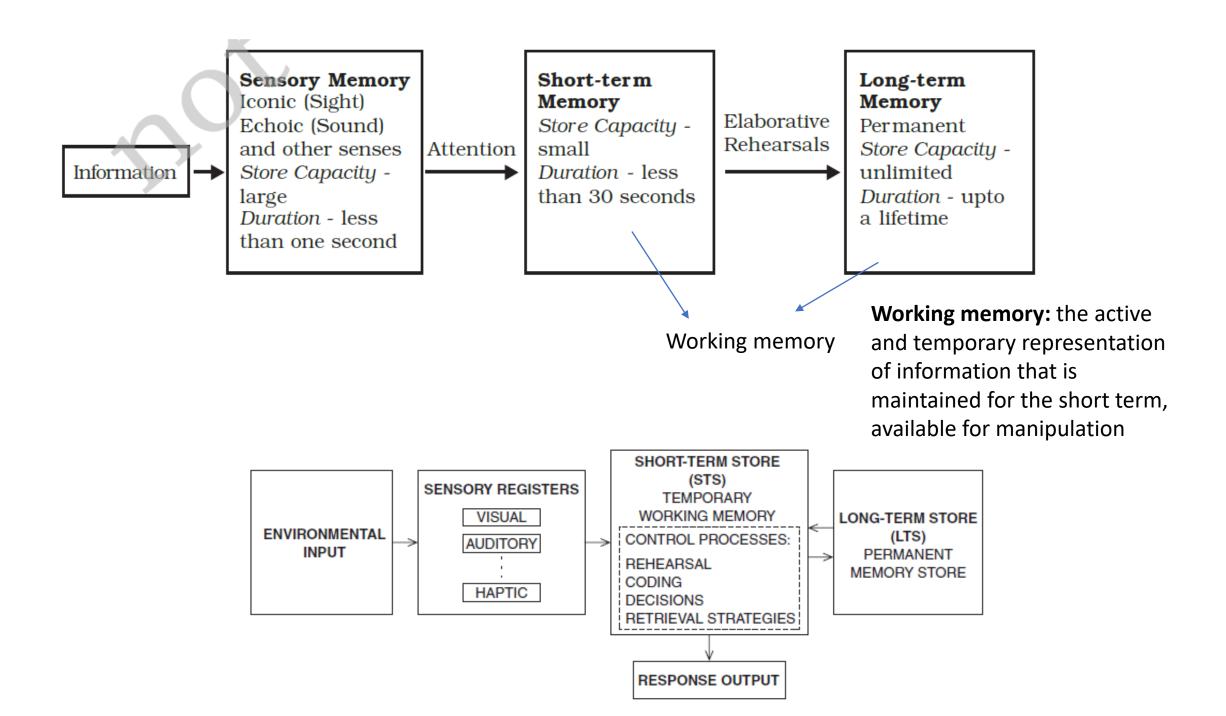


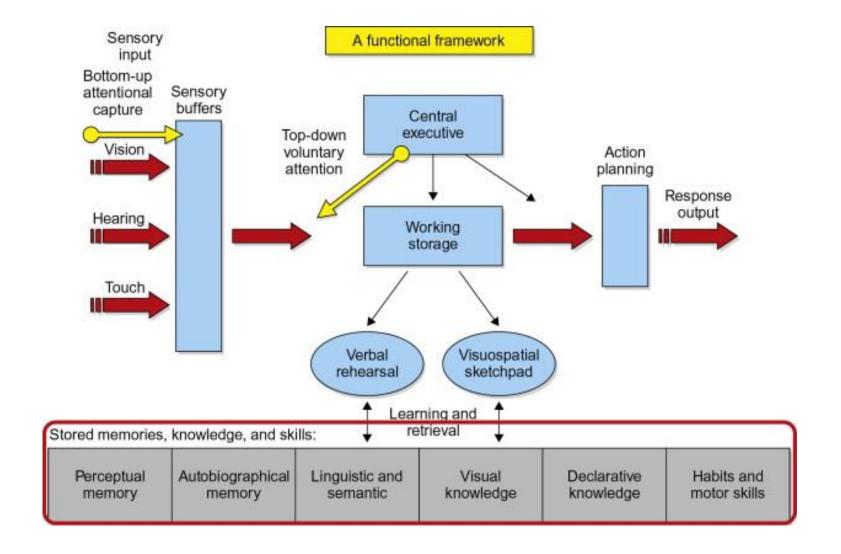
- remembering a phone number between the time of hearing it and dialling it
- figuring a tip (15% of total)
- holding driving directions in mind until you get to the landmarks you've been told
- possible sequences of moves in a chess game



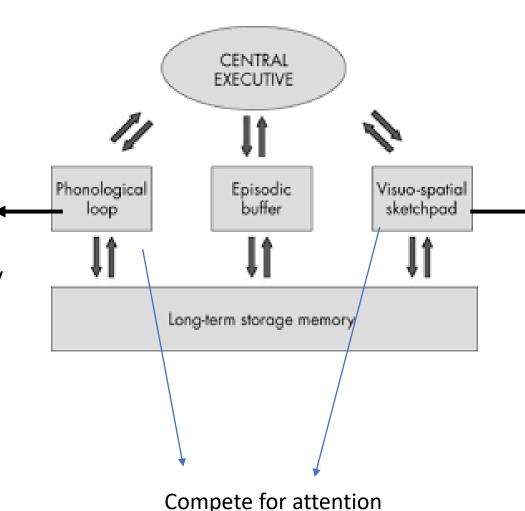








- Without rehearsal, most people retain about 2 seconds' worth of information in their phonological memory
- Internal, unspoken speech used during rehearsal is vital to the phonological loop and verbal working memory
- Word-length effect: the tendency for a person to remember fewer words from a list as the length of the words increases



- The visuospatial sketchpad is a mental workspace for storing and manipulating visual and spatial information
- Limited capacity similar to the phonological loop, but
 these capacities are independent of one another
- Dual-task experiments provide evidence for the independence of these two memory buffers