

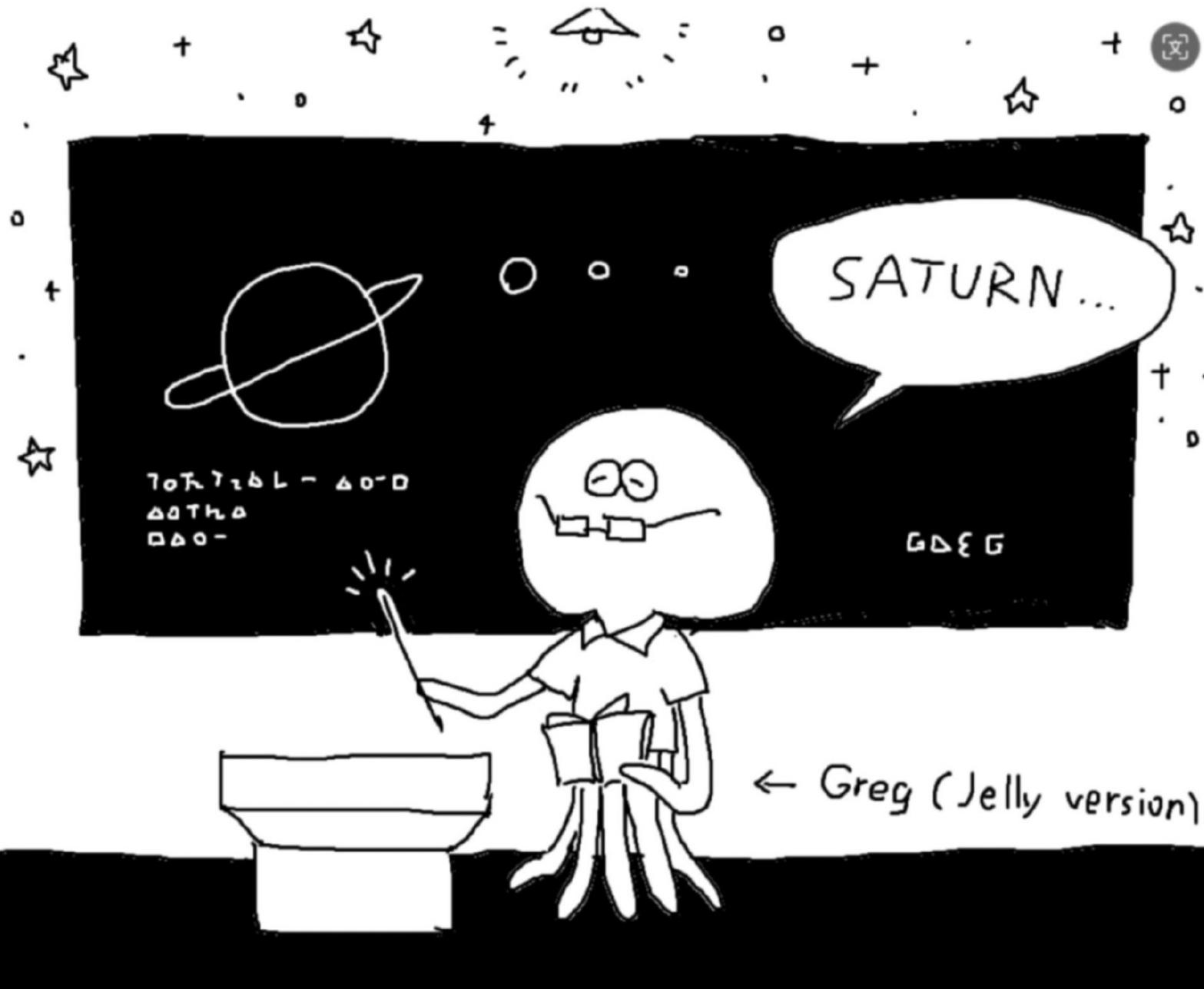


A close-up, high-resolution image of the Sun's surface, showing solar granulation and bright filaments of plasma.

# Stars: The Building Blocks of the Universe

# Homeworks and lectures

- wechat: circulating vidos of lectures, slides, homework
- Introduction: grades mailed back to most of you
  - “boring” things about you are usually more interesting!
  - 30% of you said that you are shy/introverts!
  - Grades not yet returned if submitted after 9.18 at 1pm
  - If you did not receive a grade, email me: gjh1@pku.edu.cn
- Homework 1: due Thurs, Oct. 10, 1:00pm
  - Some files to be circulated by wechat and at github
  - <https://gherczeg.github.io/modernastronomy/>



# openstax “textbook”

<https://openstax.org/details/books/astronomy>

# Astronomy

X

Preface

Chapter 1. Science and the Universe: A Brief Tour

- [Introduction](#)
- [1.1. The Nature of Astronomy](#)
- [1.2. The Nature of Science](#)
- [1.3. The Laws of Nature](#)
- [1.4. Numbers in Astronomy](#)
- [1.5. Consequences of Light Travel Time](#)
- [1.6. A Tour of the Universe](#)
- [1.7. The Universe on the Large Scale](#)
- [1.8. The Universe of the Very Small](#)
- [1.9. A Conclusion and a Beginning](#)

[For Further Exploration](#)

Chapter 2. Observing the Sky: The Birth of Astronomy

- [Thinking Ahead](#)
- [2.1. The Sky Above](#)
- [2.2. Ancient Astronomy](#)
- [2.3. Astrology and Astronomy](#)
- [2.4. The Birth of Modern Astronomy](#)

[Key Terms](#)

[Summary](#)

[For Further Exploration](#)

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Exercises

[Review Questions](#)

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**Summary**

*Astronomy* is designed to meet the scope and sequence requirements of one- or two-semester introductory astronomy courses. The book begins with relevant scientific fundamentals and progresses through an exploration of the solar system, stars, galaxies, and cosmology. The *Astronomy* textbook builds student understanding through the use of relevant analogies, clear and non-technical explanations, and rich illustrations. Mathematics is included in a flexible manner to meet the needs of individual instructors.

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**Contributing Authors**

John Beck, Stanford University  
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# Optional reading

## Chapter 5. Radiation and Spectra

[Thinking Ahead](#)

[5.1. The Behavior of Light](#)

[5.2. The Electromagnetic Spectrum](#)

[5.3. Spectroscopy in Astronomy](#)

[5.4. The Structure of the Atom](#)

[5.5. Formation of Spectral Lines](#)

[5.6. The Doppler Effect](#)

[Key Terms](#)

[Summary](#)

— — — — —

## Chapter 19. Celestial Distances

[Thinking Ahead](#)

[19.1. Fundamental Units of Distance](#)

[19.2. Surveying the Stars](#)

[19.3. Variable Stars: One Key to Cosmic Distances](#)

[19.4. The H-R Diagram and Cosmic Distances](#)

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## Chapter 17. Analyzing Starlight

[Thinking Ahead](#)

[17.1. The Brightness of Stars](#)

[17.2. Colors of Stars](#)

[17.3. The Spectra of Stars \(and Brown Dwarfs\)](#)

[17.4. Using Spectra to Measure Stellar Radius, Composition, and Motion](#)

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## Chapter 18. The Stars: A Celestial Census

[Thinking Ahead](#)

[18.1. A Stellar Census](#)

[18.2. Measuring Stellar Masses](#)

[18.3. Diameters of Stars](#)

[18.4. The H-R Diagram](#)

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# Homework

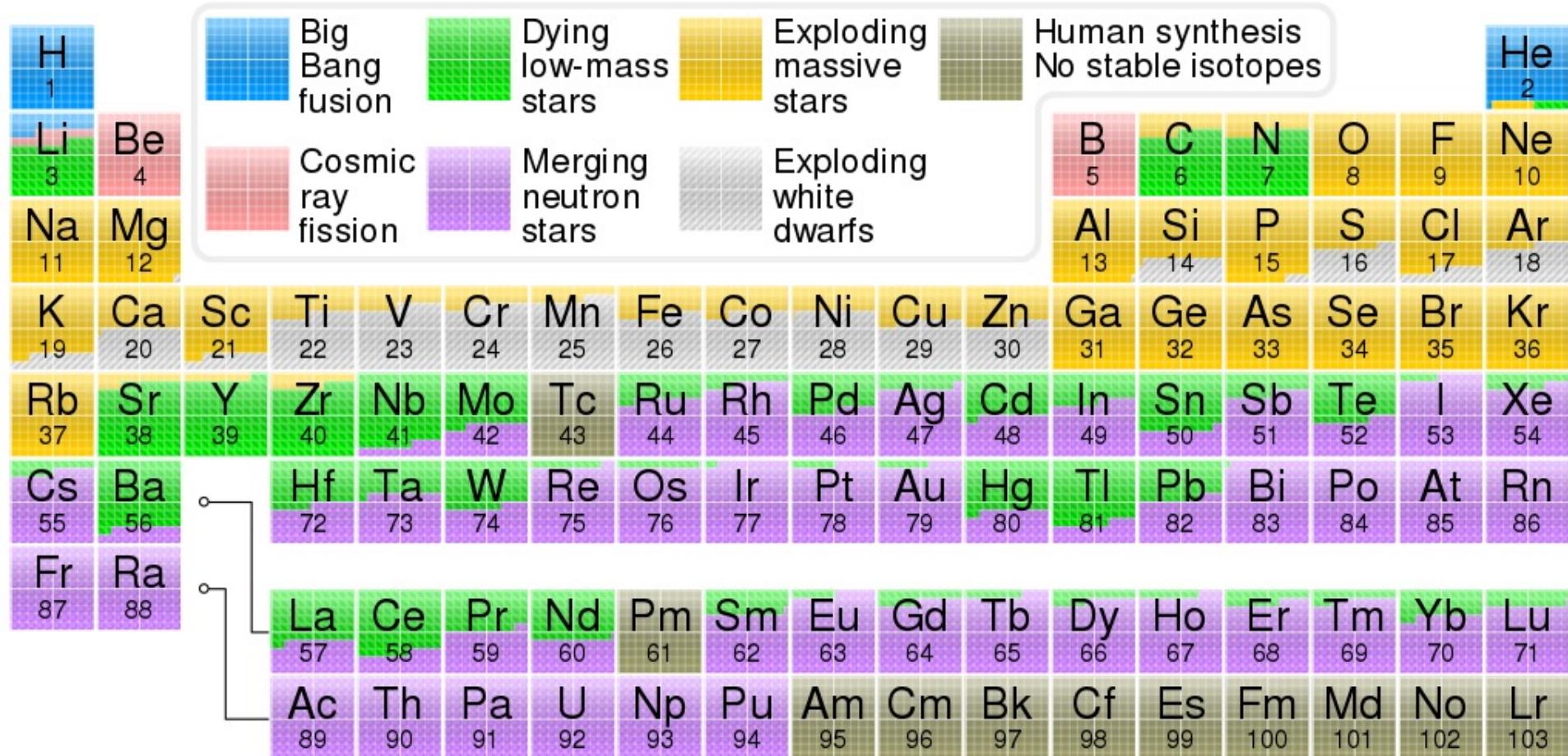
- Question 1: Space is big!
  - part b: calculate the distance, then convert to something (for example, Shanghai)
  - part d: remember scientific notation!
- Question 2: star clusters
  - Look up “HR diagrams”
- Question 3: Gaia and star clusters
  - Hard! Not everyone will be able to get through all the steps
  - Clusters: stars born at the same time, should have similar motions through space
  - Real data!
- Question 4: Kepler’s laws
  - Sort-of real data (processed, but real)
  - Exoplanets!

General tip: Use resources combined with your own brain! The homework is intended to provide a path to learning about astronomy in a way that is separate from class. **It's ok to not finish every part of every question. There is no final exam, so some homework questions are hard. I do not expect all of you to finish all of the homework!**

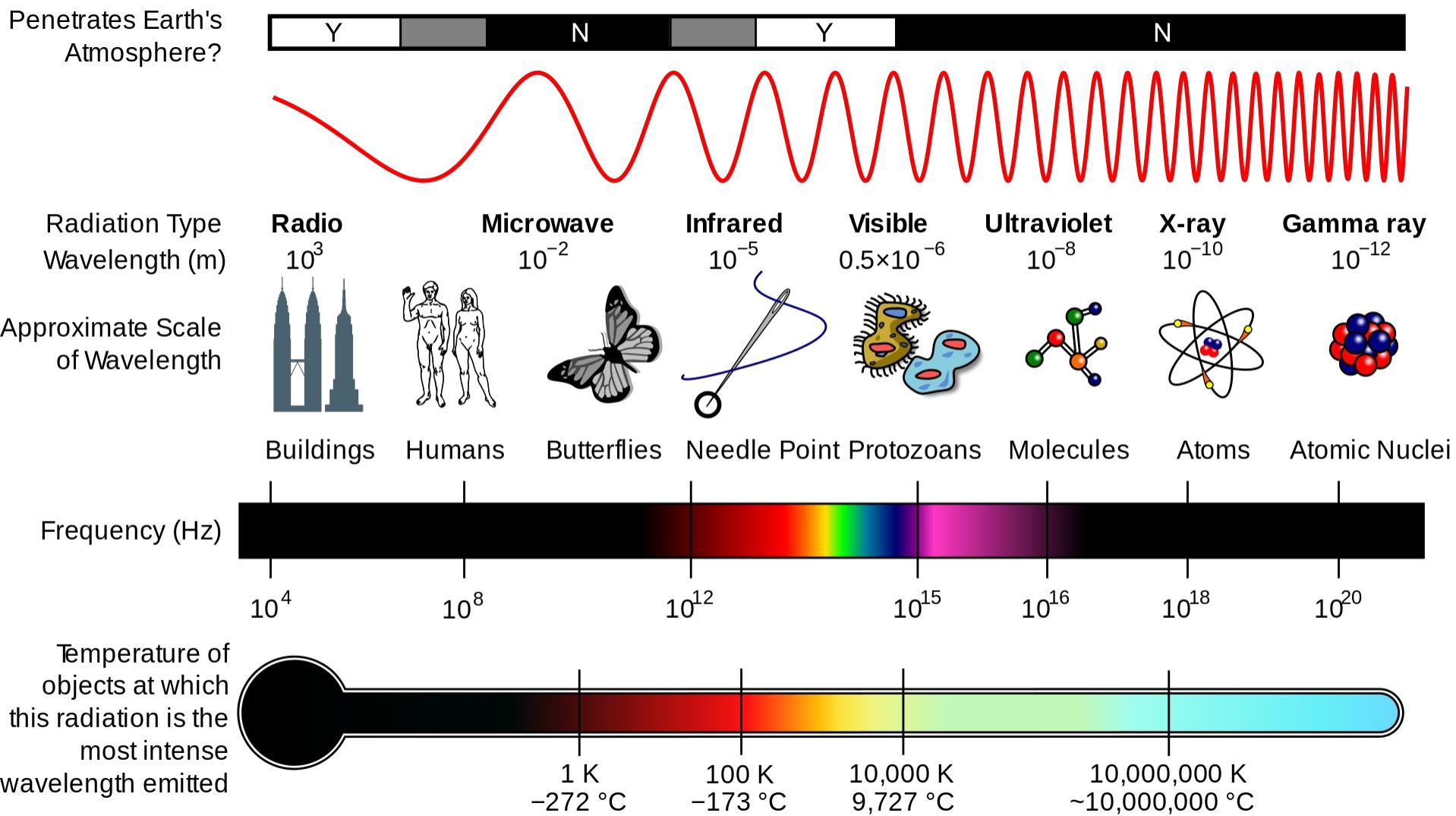
Bring questions to class next week!

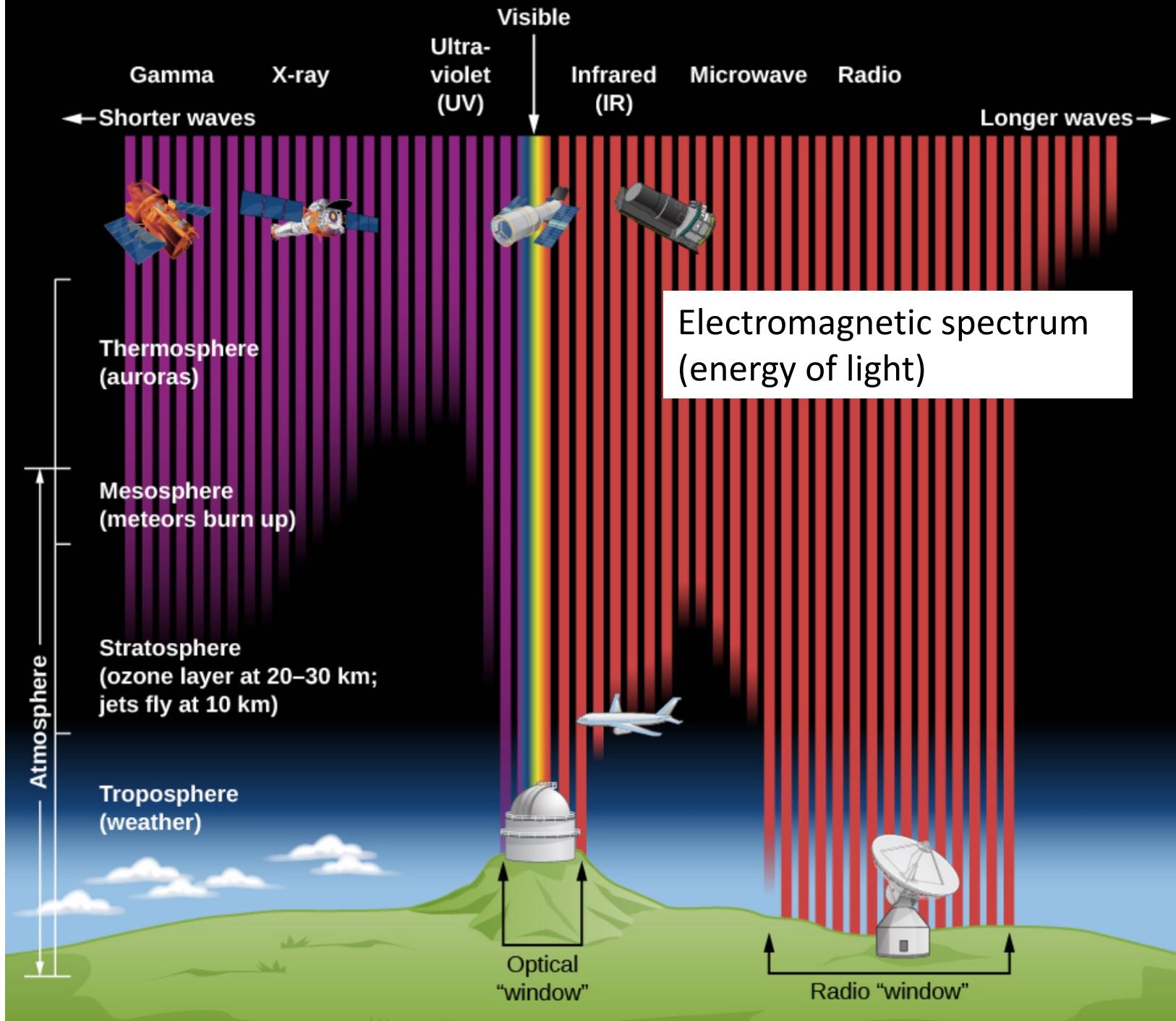
## The Cosmically Abundant Elements

| Element <sup>[1]</sup> | Symbol | Number of Atoms per Million Hydrogen Atoms |
|------------------------|--------|--|
| Hydrogen               | H      | 1,000,000                                  |
| Helium                 | He     | 80,000                                     |
| Carbon                 | C      | 450  |
| Nitrogen               | N      | 92   |
| Oxygen                 | O      | 740  |
| Neon                   | Ne     | 130  |
| Magnesium              | Mg     | 40   |
| Silicon                | Si     | 37   |
| Sulfur                 | S      | 19   |
| Iron                   | Fe     | 32   |



# Electromagnetic spectrum (energy of light)





X-ray

ultraviolet

optical

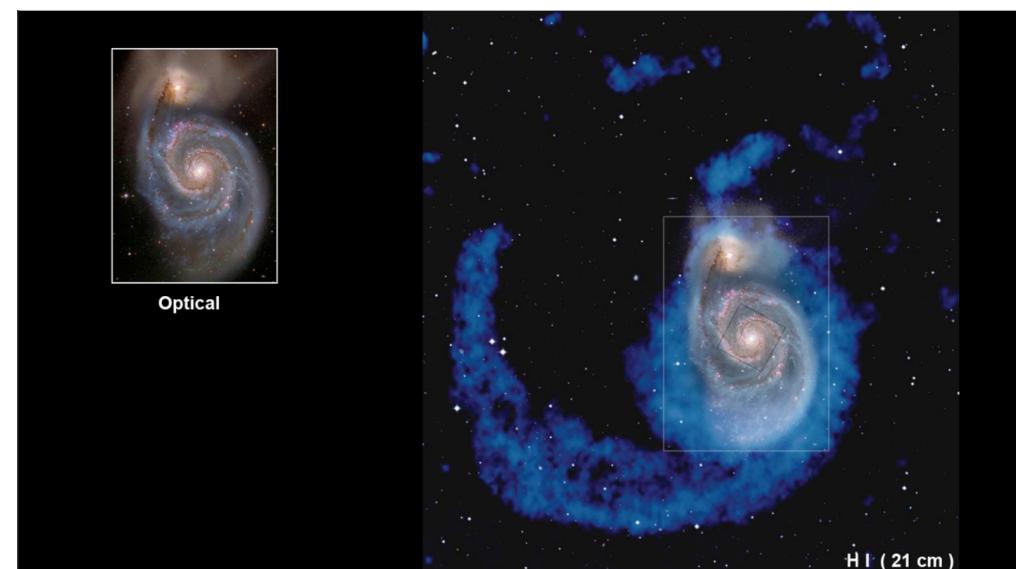
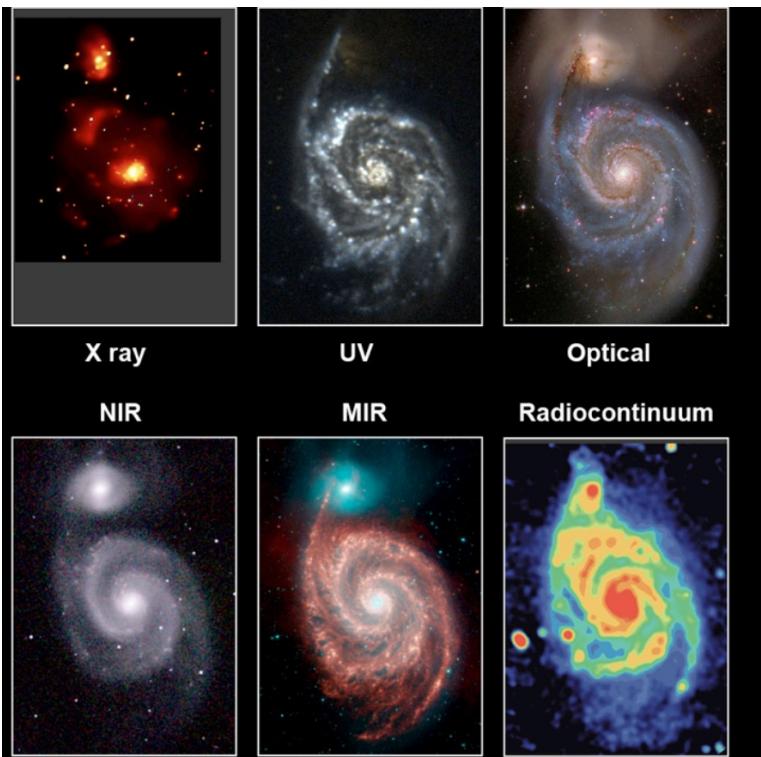
infrared

radio



short  
wavelength

long  
wavelength



Source of  
continuous  
spectrum



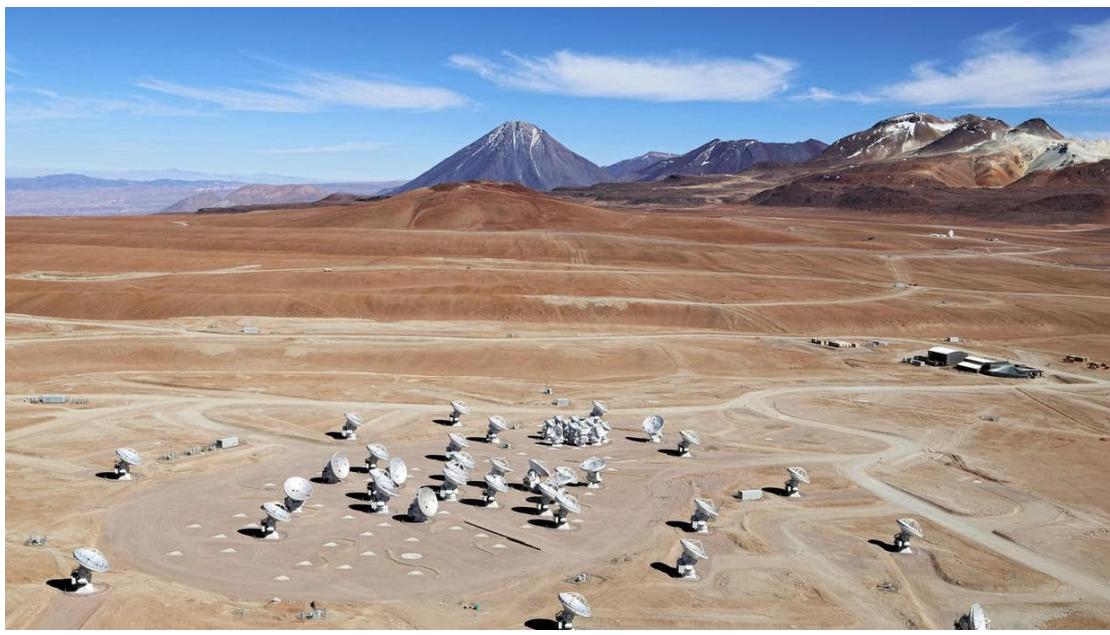
Cloud of gas



Absorption lines

Continuous spectrum  
with dark lines

Emission lines



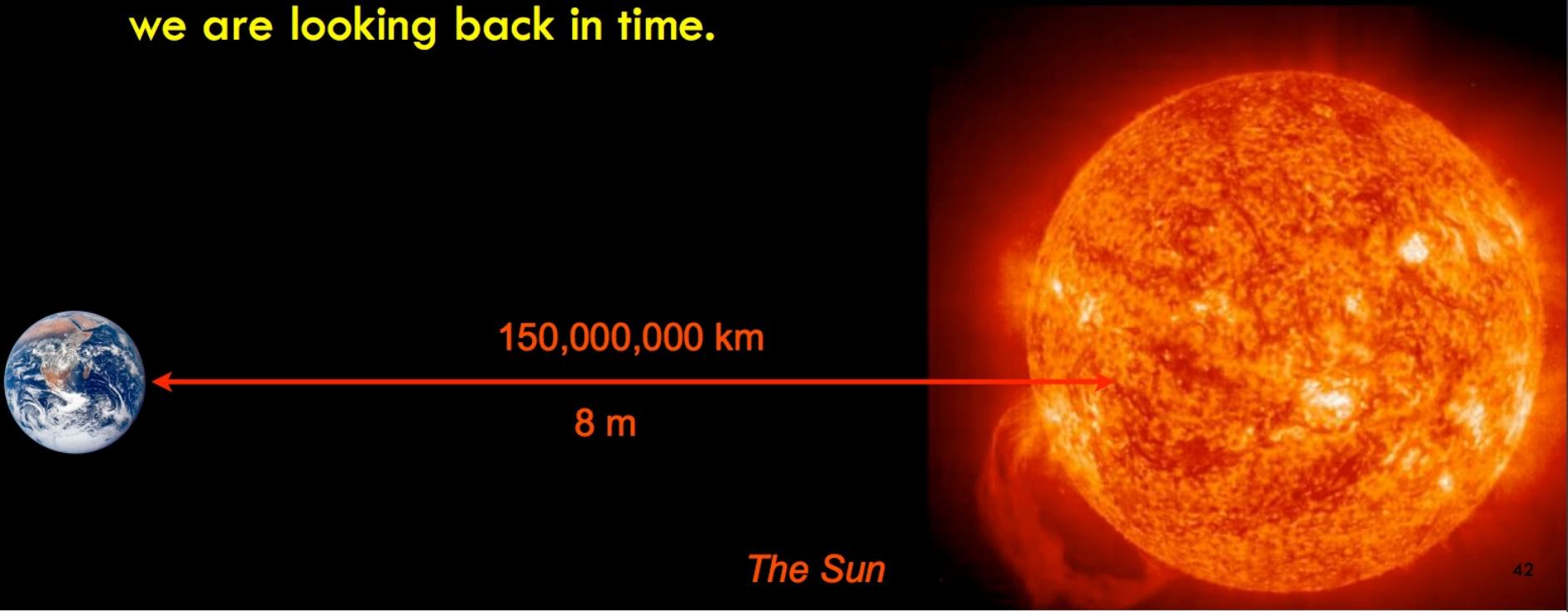
WWW.NEWS.CN

The finite speed of light, combined with these enormous distances, means that when we look out into the universe, the light we see was emitted some time ago – a long time ago, if the object is very distant. When we look out into the Universe, we are looking back in time.



*The Moon*

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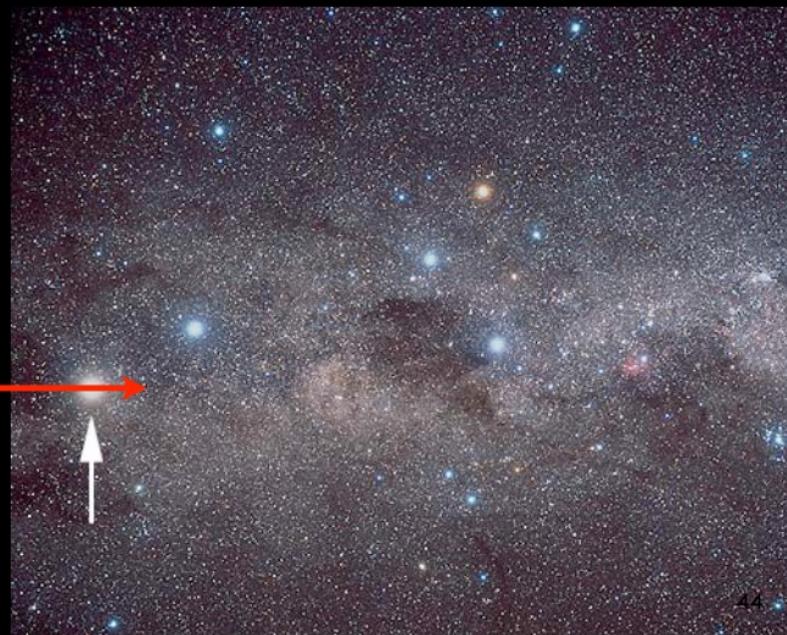
The finite speed of light, combined with these enormous distances, means that when we look out into the universe, the light we see was emitted some time ago – a long time ago, if the object is very distant. When we look out into the Universe, we are looking back in time.



40 trillion km

4.3 y

*The nearest star, alpha Centauri*

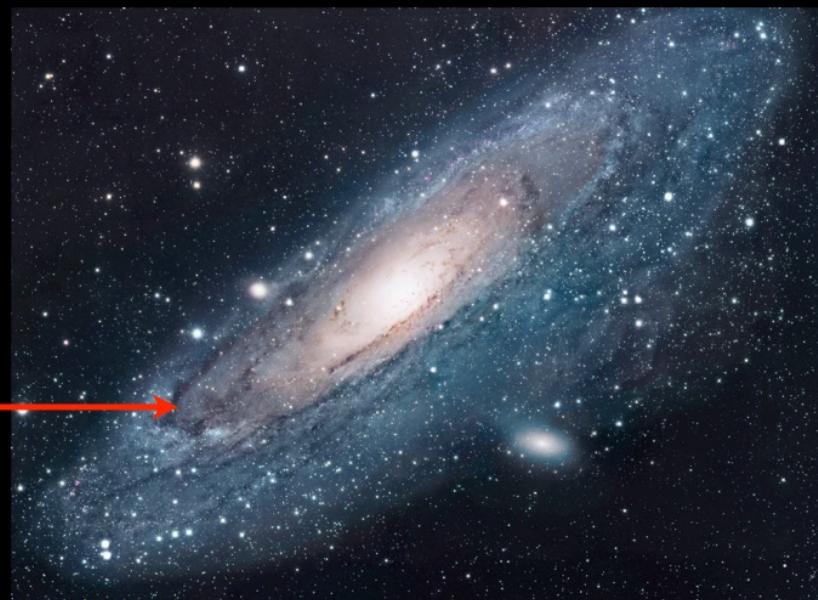


The finite speed of light, combined with these enormous distances, means that when we look out into the universe, the light we see was emitted some time ago – a long time ago, if the object is very distant. When we look out into the Universe, we are looking back in time.



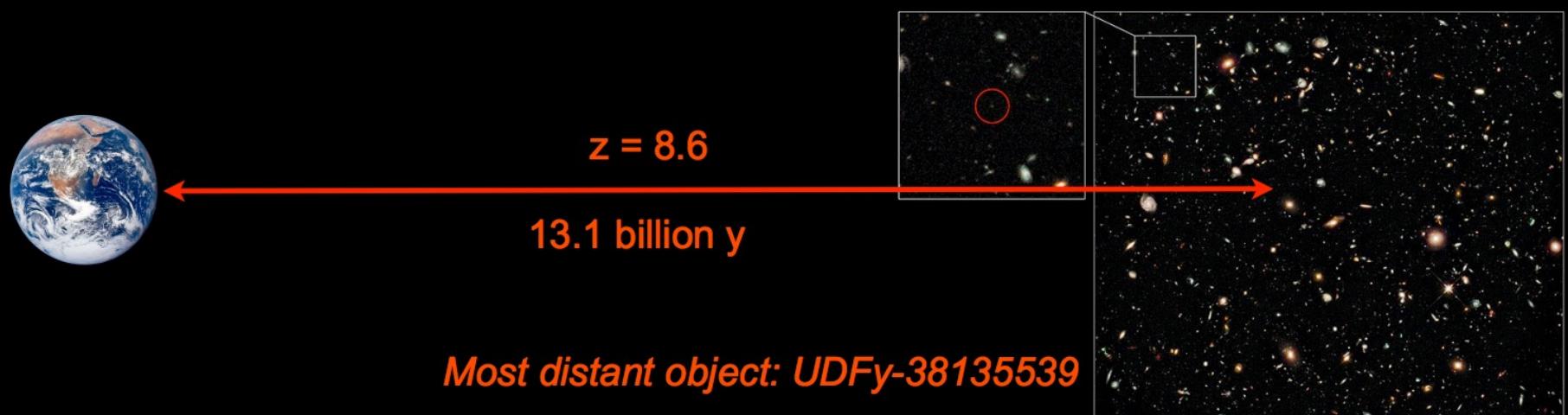
2,000,000 ly

2 million y



*The Andromeda galaxy*

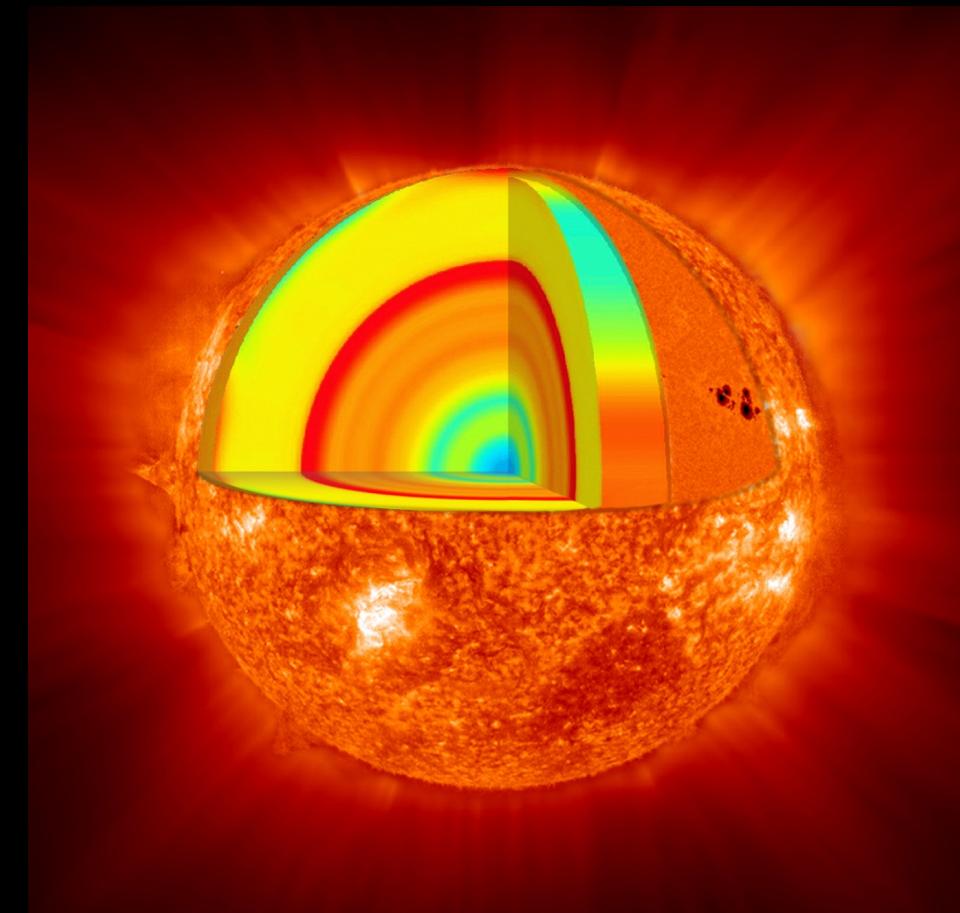
The finite speed of light, combined with these enormous distances, means that when we look out into the universe, the light we see was emitted some time ago – a long time ago, if the object is very distant. When we look out into the Universe, we are looking back in time.



# Important numbers

- Astronomical Unit (AU):  $1.5 \times 10^{13}$  cm
  - Sun to Earth
- Speed of light:  $3 \times 10^5$  km/s
- Light year:  $10^{18}$  cm

# Stars: the Building Blocks of the Universe



# Important concepts for Lecture 2

- HR Diagram: how we understand stars and stellar evolution
  - Apparent magnitude: the magnitude we see
  - Absolute magnitude (luminosity): corrected for distance
  - x-axis: temperature (measured from spectra or colors)
- Main sequence: where stars spend most of their life
  - H burning
- After H burning: stars become giants
  - Core shrinks until He burning
- Fusion: lighter elements => heavier elements
  - Difference in mass converted to energy
  - Occurs in very hot core
- Sun: we see the cool photosphere in optical light
  - Hot corona in X-rays



Galaxy:  
Almost all light from stars

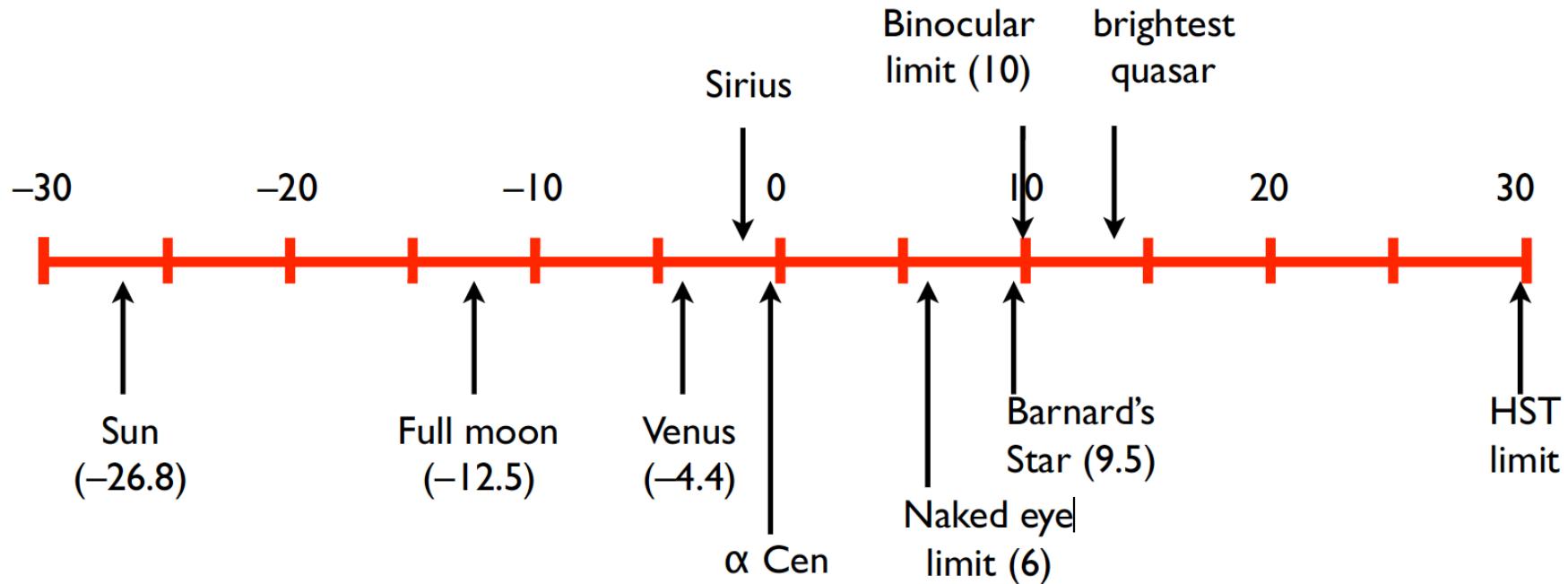
# How to describe a star?

Easy or hard to measure? Raise your hands

- Temperature:
- Radius:
- Composition:
- Rotation:
- Mass:
- Age:
- Density:
- Does it have planets?:
- Brightness:
- Luminosity:

# Magnitudes (how bright are stars)

Reverse system: negative magnitude brighter



- Brightness: how bright are they at Earth
- Luminosity: how much energy are they emitting?

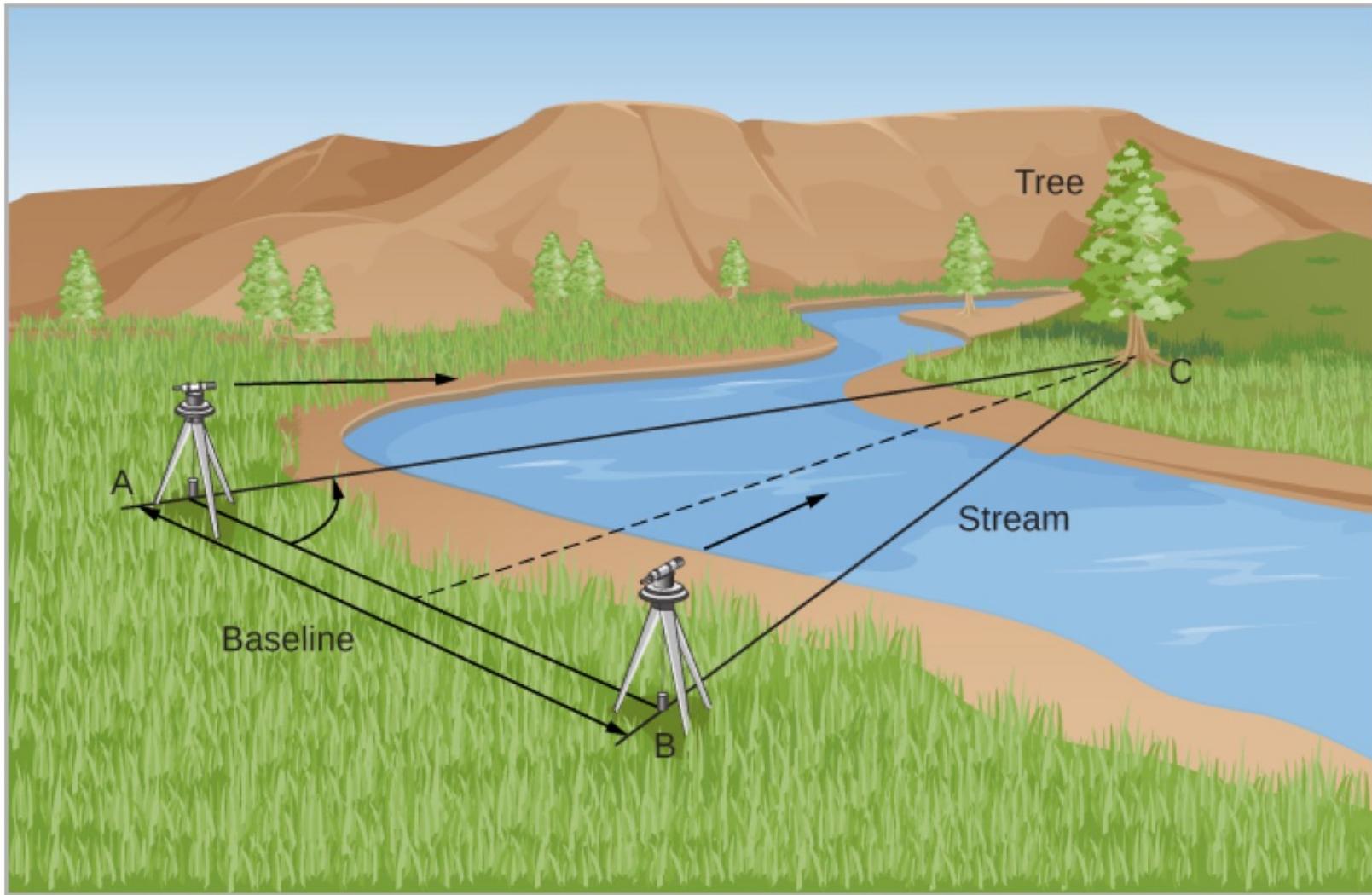
| star           | apparent mag |   |
|----------------|--------------|---|
| Sirius         | -1.50        |   |
| Canopus        | -0.73        |   |
| Alpha Centauri | +0.10        | Sky is 2D!                                  |
| Vega           | +0.04        |   |
| Arcturus       | 0            | Distance is usually uncertain               |
| Capella        | +0.05        |   |
| Rigel          | +0.08        |   |
| Procyon        | +0.34        | Reverse system: negative magnitude brighter |
| Betelgeuse     | +0.41        |   |
| Achernar       | +0.47        |   |



Other galaxies: all stars at same distance!  
[challenge is distance to each galaxy]

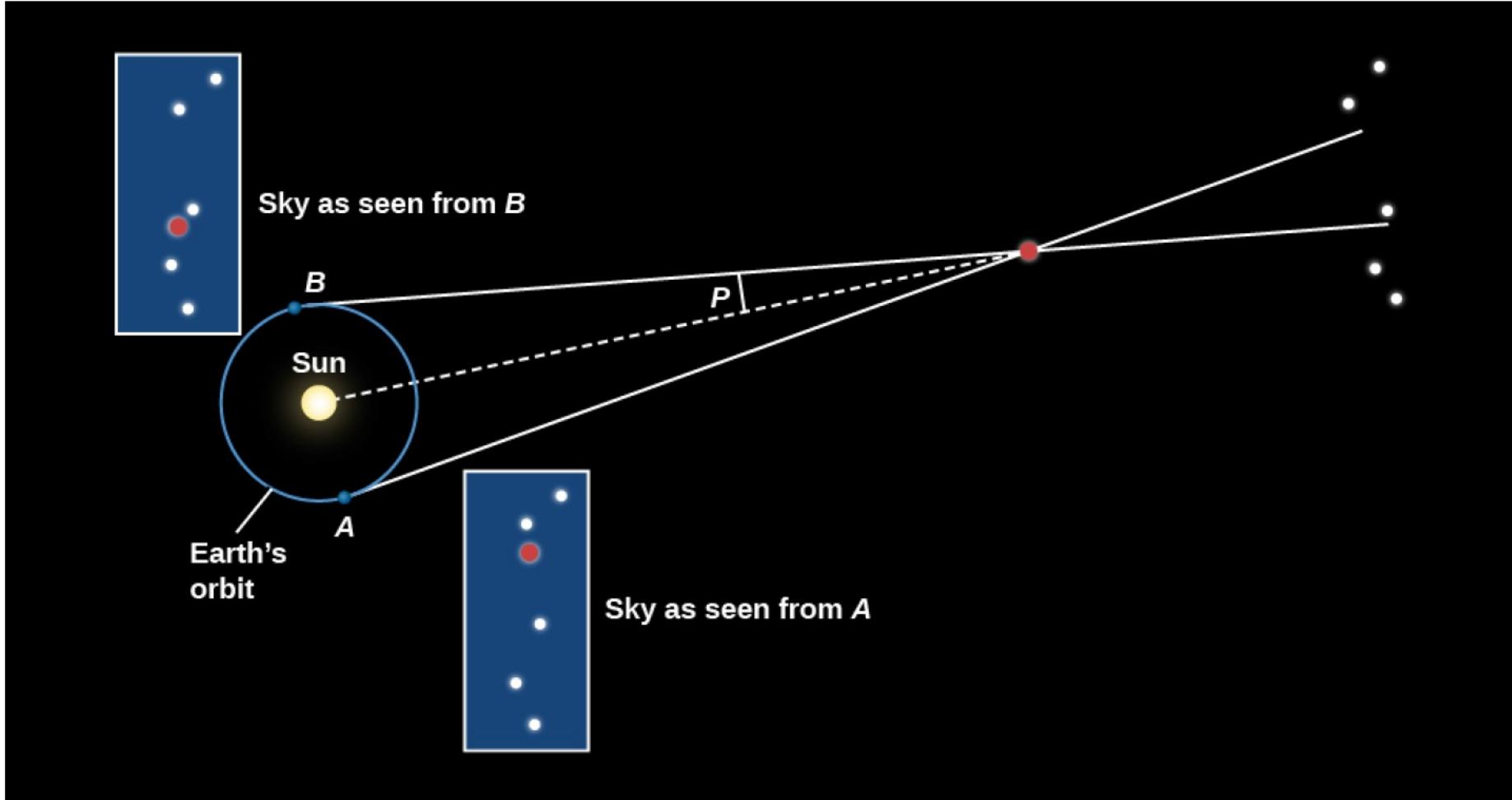
Our own galaxy (Milky Way):  
3D, must have distances!

# Distance: parallax



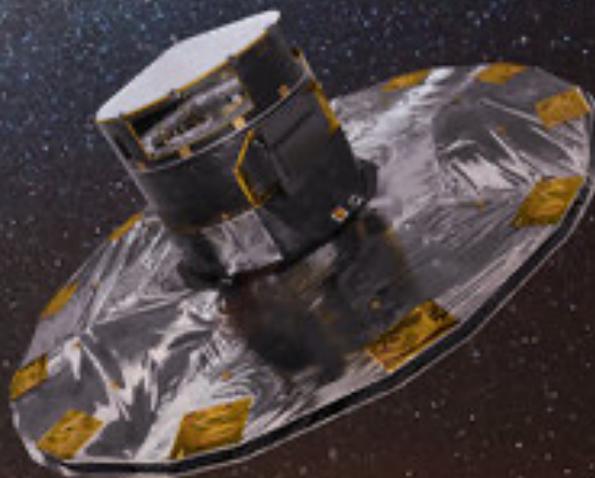
# Distance: parallax

## Very hard to measure



# Gaia satellite: parallax distances to ~1 billion stars!

Accuracy of positions:  
Human hair at distance of 1000 km!  
(or a coin on the moon)



Ordered by brightness

| star           | apparent mag | distance (pc) |
|----------------|--------------|---------------|
| Sirius         | -1.50        | 2.6           |
| Canopus        | -0.73        | 96            |
| Alpha Centauri | +0.10        | 1.3           |
| Vega           | +0.04        | 7.9           |
| Arcturus       | 0            | 11.6          |
| Capella        | +0.05        | 13.1          |
| Rigel          | +0.08        | 184           |
| Procyon        | +0.34        | 3.5           |
| Betelgeuse     | +0.41        | 131           |
| Achernar       | +0.47        | 45            |

Ordered by distance

| star             | apparent mag | distance (pc) |
|------------------|--------------|---------------|
| Proxima Centauri | 11.5         | 1.3           |
| Alpha Centauri   | 0.1          | 1.3           |
| Barnard's Star   | 9.5          | 1.8           |
| Wolf 359         | 13.5         | 2.3           |
| Lalande 21185    | 7.5          | 2.5           |
| Sirius           | -1.5         | 2.6           |
| Luyten 726-8     | 12.5         | 2.7           |
| Ross 154         | 10.6         | 2.9           |
| Ross 248         | 12.2         | 3.2           |
| Epsilon Eridani  | 3.7          | 3.3           |

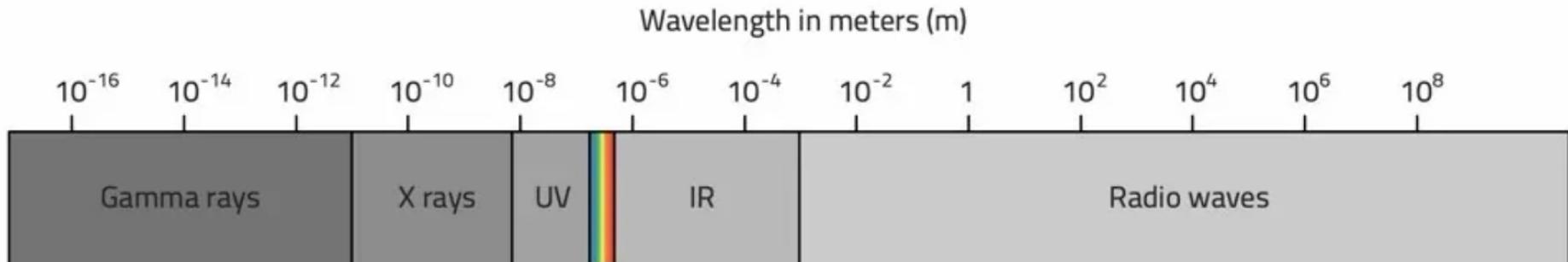
| Known star systems within 5.0 parsecs (16.3 light-years) |                                     |  |                      |   |   |  |              |
|--|-------------------------------------|--|----------------------|---|---|--|--------------|
| Designation  |                                     | Distance <sup>[6]</sup><br>(light-years<br>(±err)) | Stellar<br>class     | Apparent<br>magnitude<br>(m <sub>V</sub> <sup>[5]</sup> or m <sub>J</sub> ) | Absolute<br>magnitude<br>(M <sub>V</sub> <sup>[5]</sup> or M <sub>J</sub> ) | Epoch J2000.                                       |              |
| System   | Star                                |  |                      |   |   | Right<br>ascension <sup>[5]</sup>                  | Decl.        |
| Solar System   | Sun                                 | 0.000 0158   | G2V <sup>[5]</sup>   | -26.74 #  | 4.85  | N/A  |              |
| Alpha Centauri<br>(Rigil Kentaurus)                      | Proxima Centauri<br>(V645 Centauri) | 4.2441 ±0.0011                                     | M5.5Ve               | 11.09   | 15.53   | 14 <sup>h</sup> 29 <sup>m</sup> 43.0 <sup>s</sup>  | -62° 51' 35" |
|  | α Centauri A<br>(HD 128620)         | 4.3650 ±0.0068                                     | G2V <sup>[5]</sup>   | 0.01 #  | 4.38  | 14 <sup>h</sup> 39 <sup>m</sup> 36.5 <sup>s</sup>  | -60° 50' 57" |
|  | α Centauri B<br>(HD 128621)         |  | K1V <sup>[5]</sup>   | 1.34 #  | 5.71  | 14 <sup>h</sup> 39 <sup>m</sup> 35.1 <sup>s</sup>  | -60° 50' 57" |
| Barnard's Star (BD+04°3561a)                             |                                     | 5.9577 ±0.0032                                     | M4.0Ve               | 9.53  | 13.22   | 17 <sup>h</sup> 57 <sup>m</sup> 48.5 <sup>s</sup>  | +04° 35' 00" |
| Luhman 16<br>(WISE 1049–5319) §                          | Luhman 16A §                        | 6.5029 ±0.0011                                     | L8±1 <sup>[12]</sup> | 10.7 J  | 14.2 J  | 10 <sup>h</sup> 49 <sup>m</sup> 15.57 <sup>s</sup> | -53° 15' 00" |
|  | Luhman 16B §                        |  | T1±2 <sup>[12]</sup> |   |   |  |              |
| WISE 0855–0714 §   |                                     | 7.26 ±0.13 <sup>[16]</sup>                         | Y2                   | 25.0 J  |   | 08 <sup>h</sup> 55 <sup>m</sup> 10.83 <sup>s</sup> | -07° 14' 00" |
| Wolf 359 (CN Leonis)                                     |                                     | 7.856 ±0.031                                       | M6.0V <sup>[5]</sup> | 13.44   | 16.55   | 10 <sup>h</sup> 56 <sup>m</sup> 29.2 <sup>s</sup>  | +07° 14' 00" |
| Lalande 21185 (BD+36°2147)                               |                                     | 8.307 ±0.014                                       | M2.0V <sup>[5]</sup> | 7.47  | 10.44   | 11 <sup>h</sup> 03 <sup>m</sup> 20.2 <sup>s</sup>  | +35° 51' 00" |

| Known star systems within 5.0 parsecs (16.3 light-years) |                                     |  |                      |   |   |   |              |
|--|-------------------------------------|--|----------------------|---|---|---|--------------|
| Designation  |                                     | Distance <sup>[6]</sup><br>(light-years<br>(±err)) | Stellar<br>class     | Apparent<br>magnitude<br>(m <sub>V</sub> <sup>[5]</sup> or m <sub>J</sub> ) | Absolute<br>magnitude<br>(M <sub>V</sub> <sup>[5]</sup> or M <sub>J</sub> ) | Epoch J2000.                                      |              |
| System   | Star                                |  |                      |   |   | Right<br>ascension <sup>[5]</sup>                 | Decl.        |
| Solar System   | Sun                                 | 0.000 0158   | G2V <sup>[5]</sup>   | -26.74 #  | 4.85  | N/A   |              |
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| Luhman 16<br>(WISE 1049–5319) §                          | Luhman 16A §                        | 6.5029 ±0.0011                                     | L                    | 11.7  | 16.55   | 10 <sup>h</sup> 56 <sup>m</sup> 29.2 <sup>s</sup> | +07° 30' 00" |
|  | Luhman 16B §                        |  | T                    |   |   |   |              |
| WISE 0855–0714 §   |                                     | 7.26 ±0.13 <sup>[16]</sup>                         | M7.5V <sup>[5]</sup> | 13.44   | 16.55   | 10 <sup>h</sup> 56 <sup>m</sup> 29.2 <sup>s</sup> | +07° 30' 00" |
| Wolf 359 (CN Leonis)                                     |                                     | 7.856 ±0.031                                       | M6.0V <sup>[5]</sup> |   |   |   |              |
| Lalande 21185 (BD+36°2147)                               |                                     | 8.307 ±0.014                                       | M2.0V <sup>[5]</sup> | 7.47  | 10.44   | 11 <sup>h</sup> 03 <sup>m</sup> 20.2 <sup>s</sup> | +35° 42' 00" |

Brown dwarfs:  
don't burn hydrogen!

## Stars within 21 Light-Years of the Sun

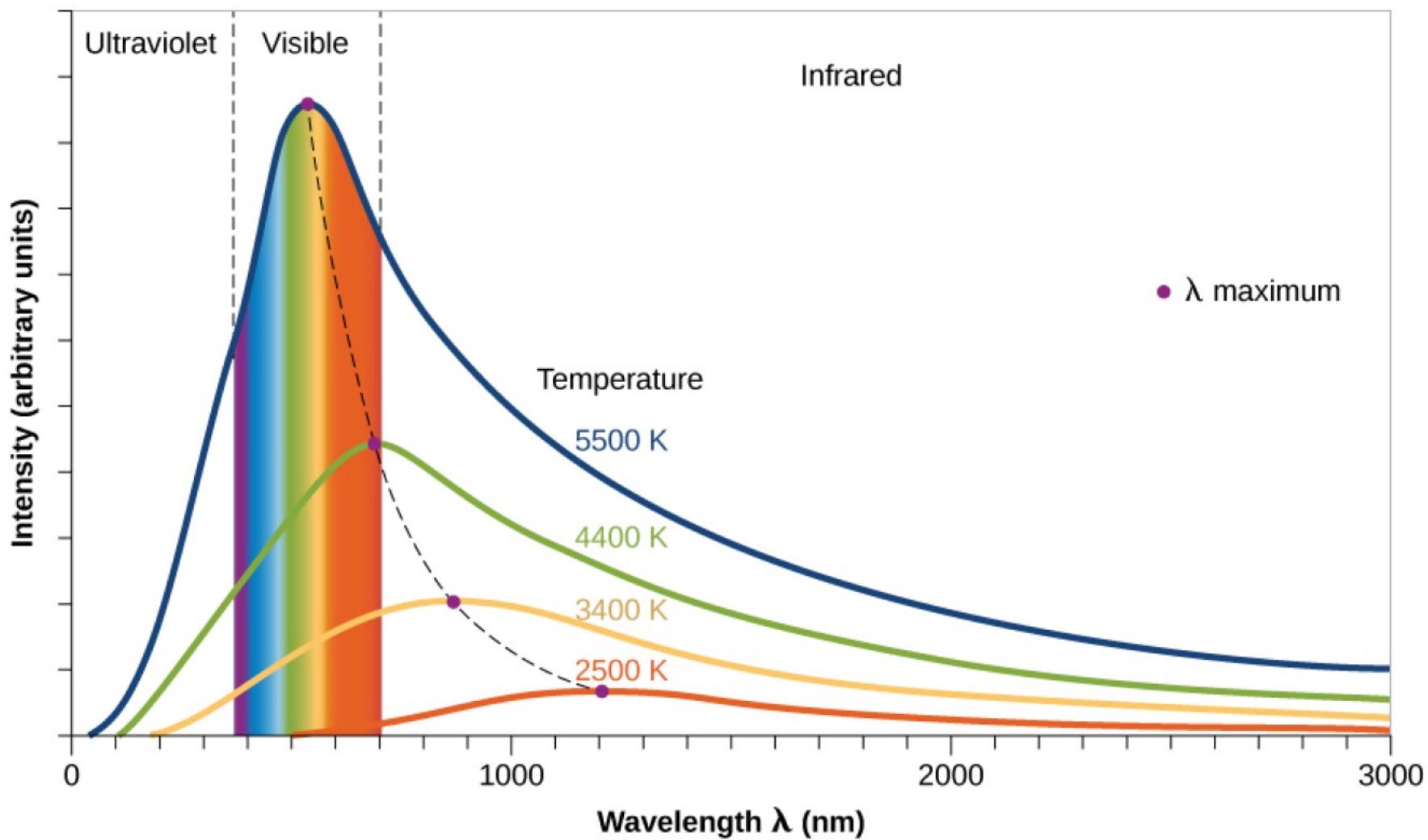
| Spectral Type | Number of Stars |
|---------------|-----------------|
| A             | 2               |
| F             | 1               |
| G             | 7               |
| K             | 17              |
| M             | 94              |
| White dwarfs  | 8               |
| Brown dwarfs  | 33              |



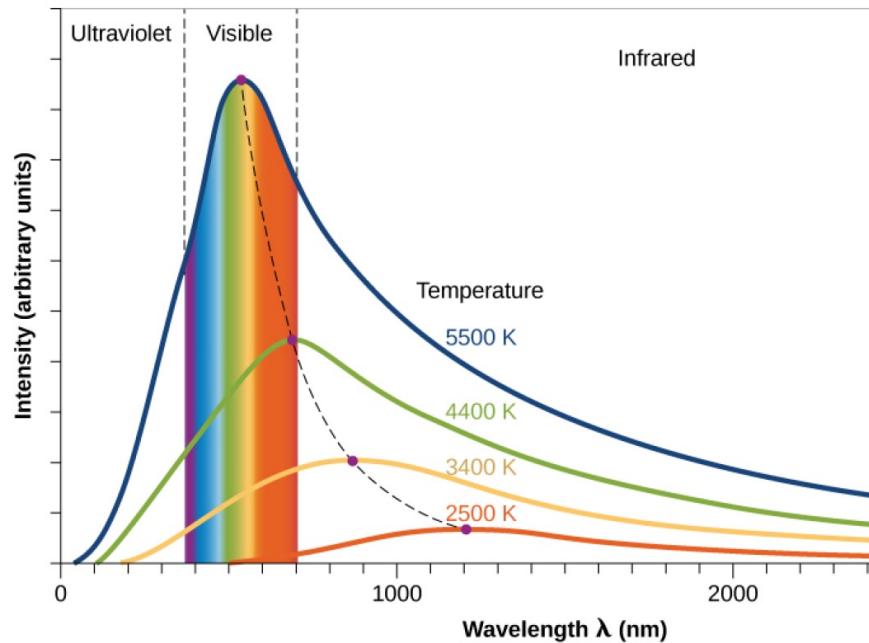
| Type of Radiation | Wavelength Range (nm) | Radiated by Objects at This Temperature | Typical Sources   |
|-------------------|-----------------------|---|---|
| Gamma rays        | Less than 0.01        | More than $10^8$ K                      | Produced in nuclear reactions; require very high-energy processes |
| X-rays            | 0.01–20               | $10^6$ – $10^8$ K                       | Gas in clusters of galaxies, supernova remnants, solar corona     |
| Ultraviolet       | 20–400                | $10^4$ – $10^6$ K                       | Supernova remnants, very hot stars                                |
| Visible           | 400–700               | $10^3$ – $10^4$ K                       | Stars   |
| Infrared          | $10^3$ – $10^6$       | $10$ – $10^3$ K                         | Cool clouds of dust and gas, planets, moons                       |
| Microwave         | $10^6$ – $10^9$       | Less than 10 K                          | Active galaxies, pulsars, cosmic background radiation             |
| Radio             | More than $10^9$      | Less than 10 K                          | Supernova remnants, pulsars, cold gas                             |

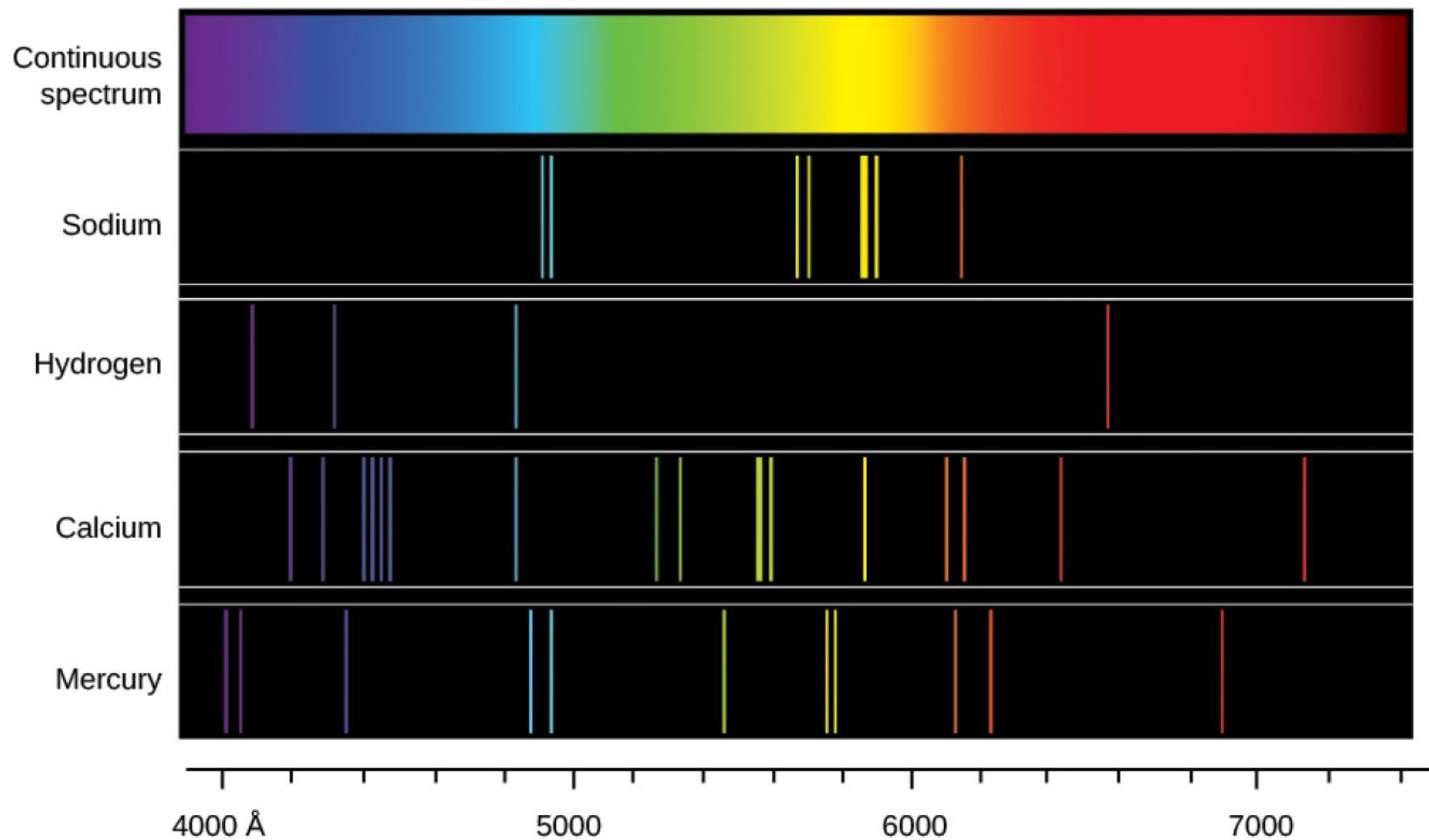
Blackbody emission: hotter things emit at higher energies (=shorter wavelengths)

Peak of blackbody:  $\lambda_{\max} \cdot T = 0.288 \text{ cm} \cdot \text{K}$



| Star Color | Approximate Temperature |      | Example   |
|------------|-------------------------|------|-----------|
| Blue       | 25,000 K                | Blue | Spica     |
| White      | 10,000 K                |      | Vega      |
| Yellow     | 6000 K                  |      | Sun       |
| Orange     | 4000 K                  | Red  | Aldebaran |





# Spectral Type (temperature) from dark absorption lines

O



B



A



F



G



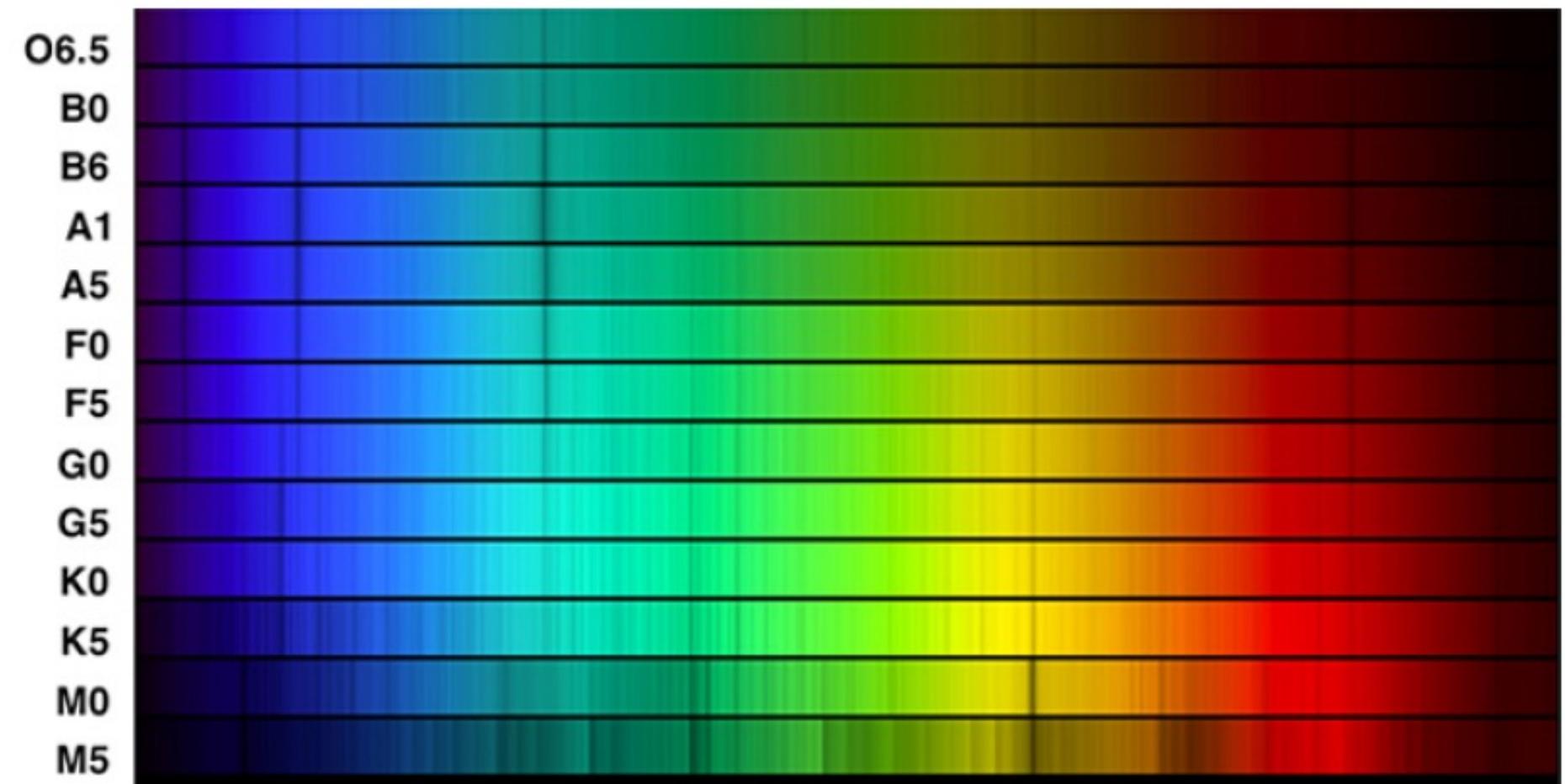
K



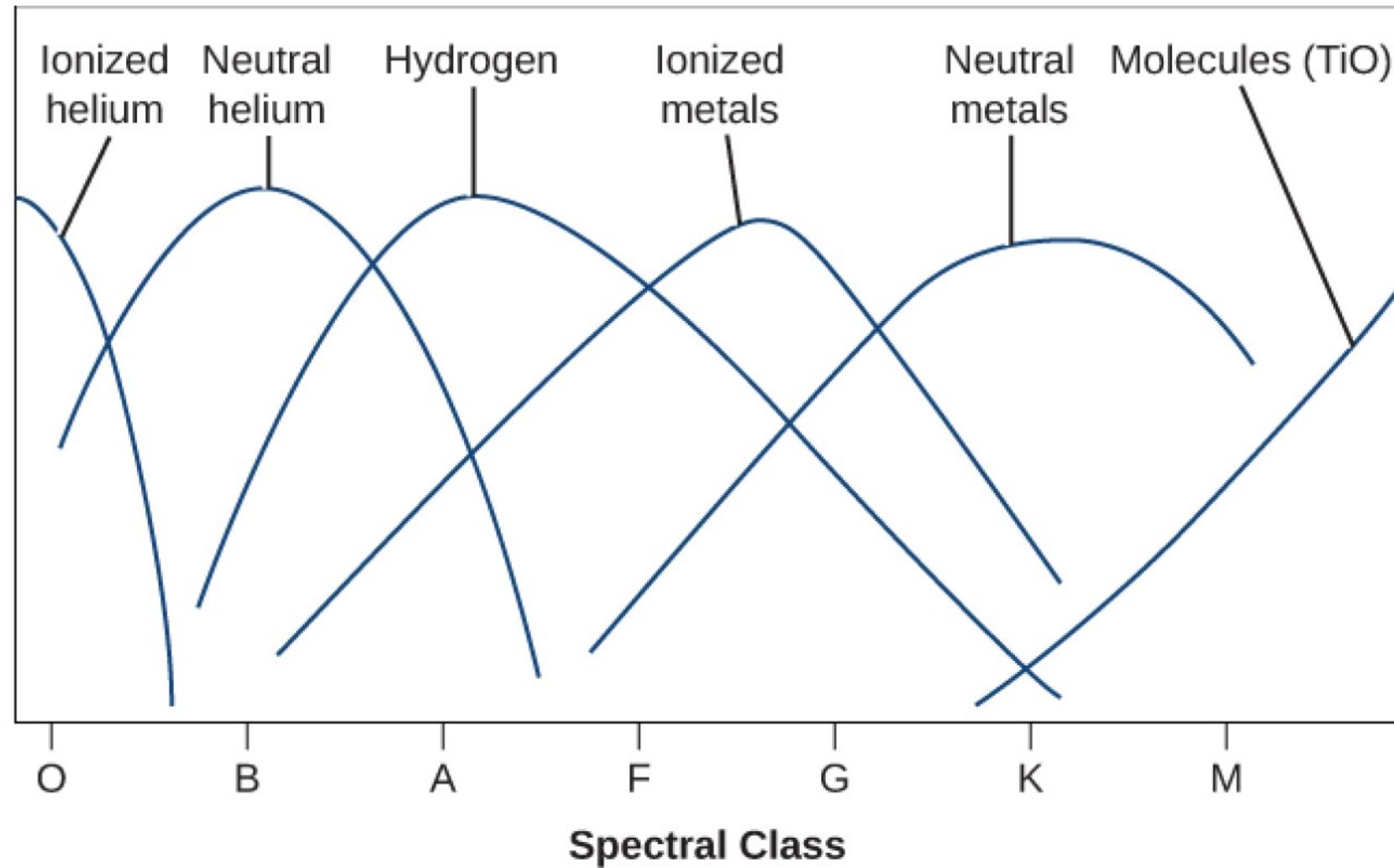
M



# Spectral Type (temperature) from dark absorption lines



Relative Strengths of  
Absorption Lines



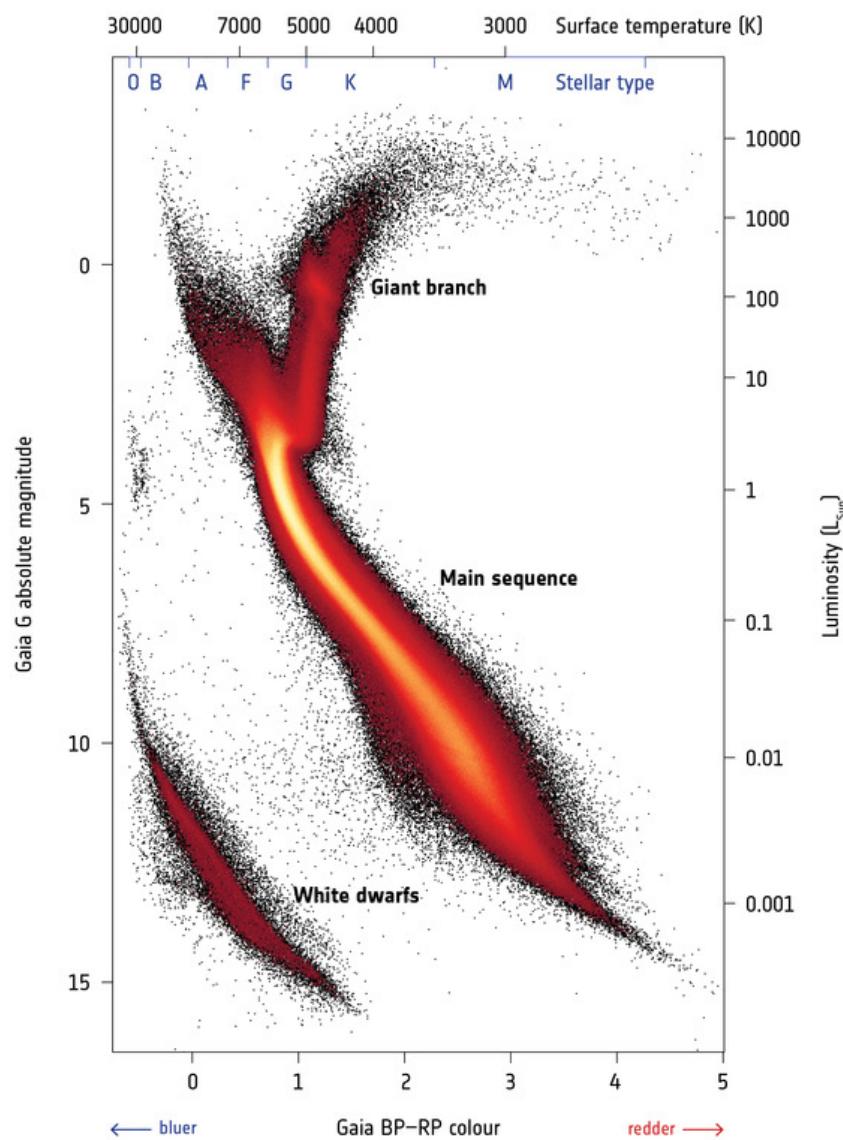
Spectral Class

>30,000      10,000–  
30,000      7500–  
10,000      6000–  
7500      5200–  
6000      3700–  
5200      2400–  
3700

Approximate Temperature (K) →

| Type | Colour          | Main characteristics                                    |
|------|-----------------|---|
| O    | Blue            | Ionised helium and metals; weak hydrogen                |
| B    | Blue            | Neutral helium, ionised metals, stronger hydrogen       |
| A    | Blue            | Hydrogen dominant,singly-ionised metals                 |
| F    | Blue to white   | Hydrogen weaker, neutral and singly-ionised metals      |
| G    | White to yellow | Singly-ionised calcium, hydrogen weaker, neutral metals |
| K    | Orange to red   | Neutral metals, molecular lines begin to appear         |
| M    | Red             | Titanium oxide molecular lines dominate, neutral metals |

## → GAIA'S HERTZSPRUNG-RUSSELL DIAGRAM



# HR diagram (Hertzsprung-Russell)

Main sequence:

- most stars on main sequence
- Defined by hydrogen burning

Stars in other locations:

- Stellar evolution! (age)

# Women of Harvard University



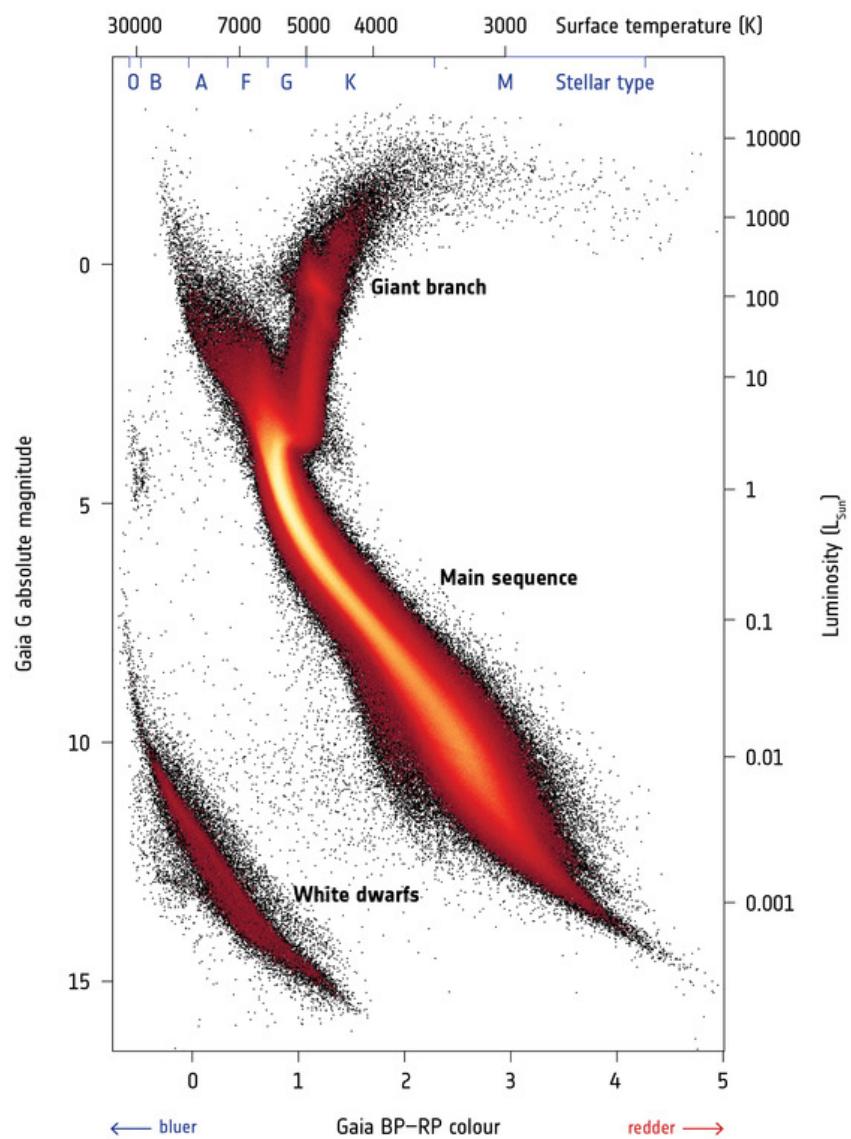


Annie Jump-Cannon



Cecilia Payne: “most brilliant PhD thesis” ever

## → GAIA'S HERTZSPRUNG-RUSSELL DIAGRAM



# HR diagram (Hertzsprung-Russell)

Main sequence:

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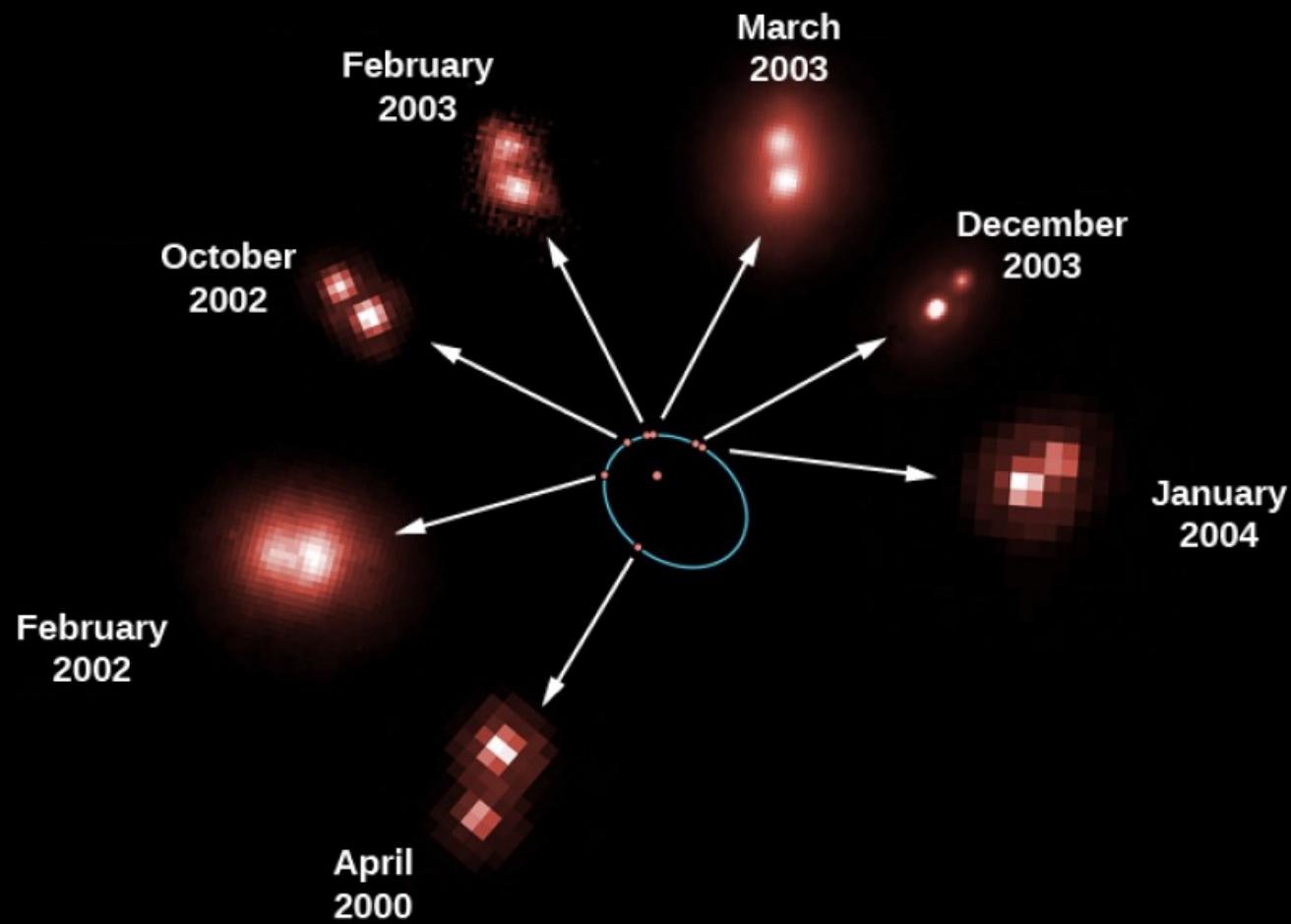
- Stellar evolution! (age)

## The Abundance of Elements in the Sun

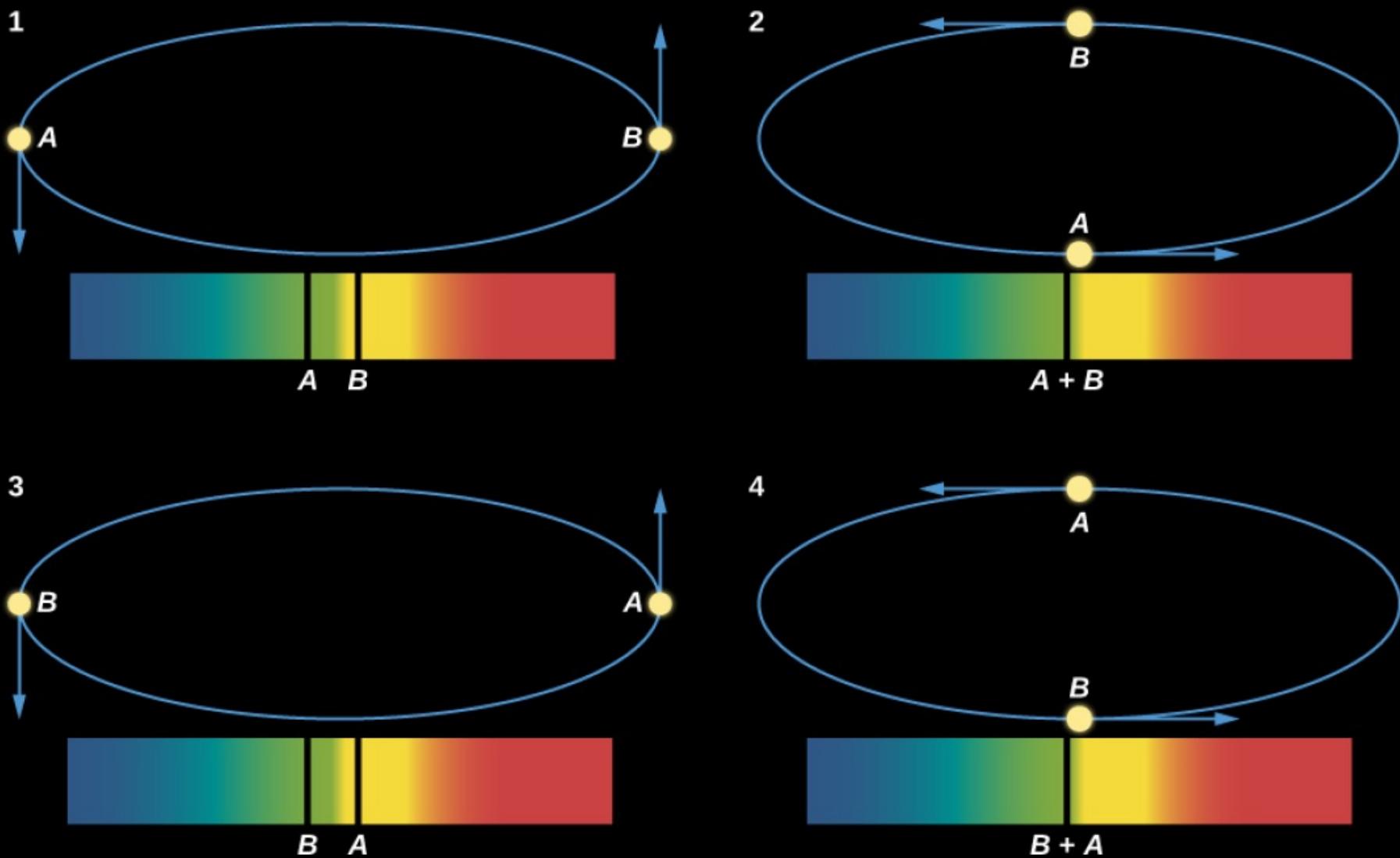
| Element   | Percentage by Number of Atoms | Percentage By Mass |
|-----------|-------------------------------|--------------------|
| Hydrogen  | 92.0                          | 73.4               |
| Helium    | 7.8                           | 25.0               |
| Carbon    | 0.02                          | 0.20               |
| Nitrogen  | 0.008                         | 0.09               |
| Oxygen    | 0.06                          | 0.80               |
| Neon      | 0.01                          | 0.16               |
| Magnesium | 0.003                         | 0.06               |
| Silicon   | 0.004                         | 0.09               |
| Sulfur    | 0.002                         | 0.05               |
| Iron      | 0.003                         | 0.14               |

## Measuring the Characteristics of Stars

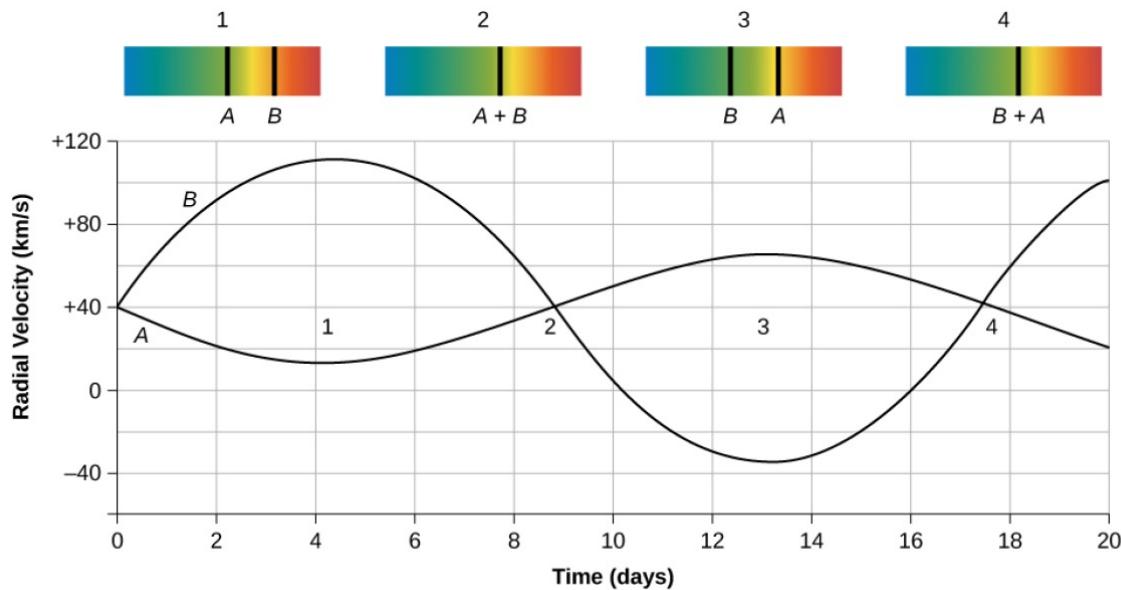
| Characteristic       | Technique  |
|----------------------|--|
| Surface temperature  | <ol style="list-style-type: none"><li>1. Determine the color (very rough).</li><li>2. Measure the spectrum and get the spectral type.</li></ol>  |
| Chemical composition | Determine which lines are present in the spectrum.   |
| Luminosity           | Measure the apparent brightness and compensate for distance.   |
| Radial velocity      | Measure the Doppler shift in the spectrum.   |
| Rotation             | Measure the width of spectral lines.   |
| Mass                 | Measure the period and radial velocity curves of spectroscopic binary stars.   |
| Diameter             | <ol style="list-style-type: none"><li>1. Measure the way a star's light is blocked by the Moon.</li><li>2. Measure the light curves and Doppler shifts for eclipsing binary stars.</li></ol> |



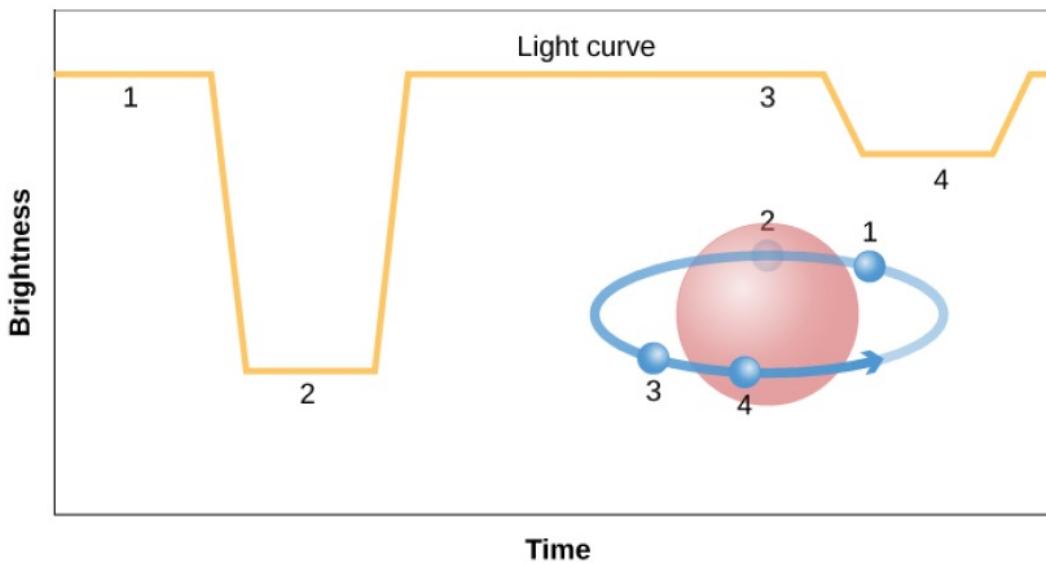
# Keplerian motion and Doppler shifts

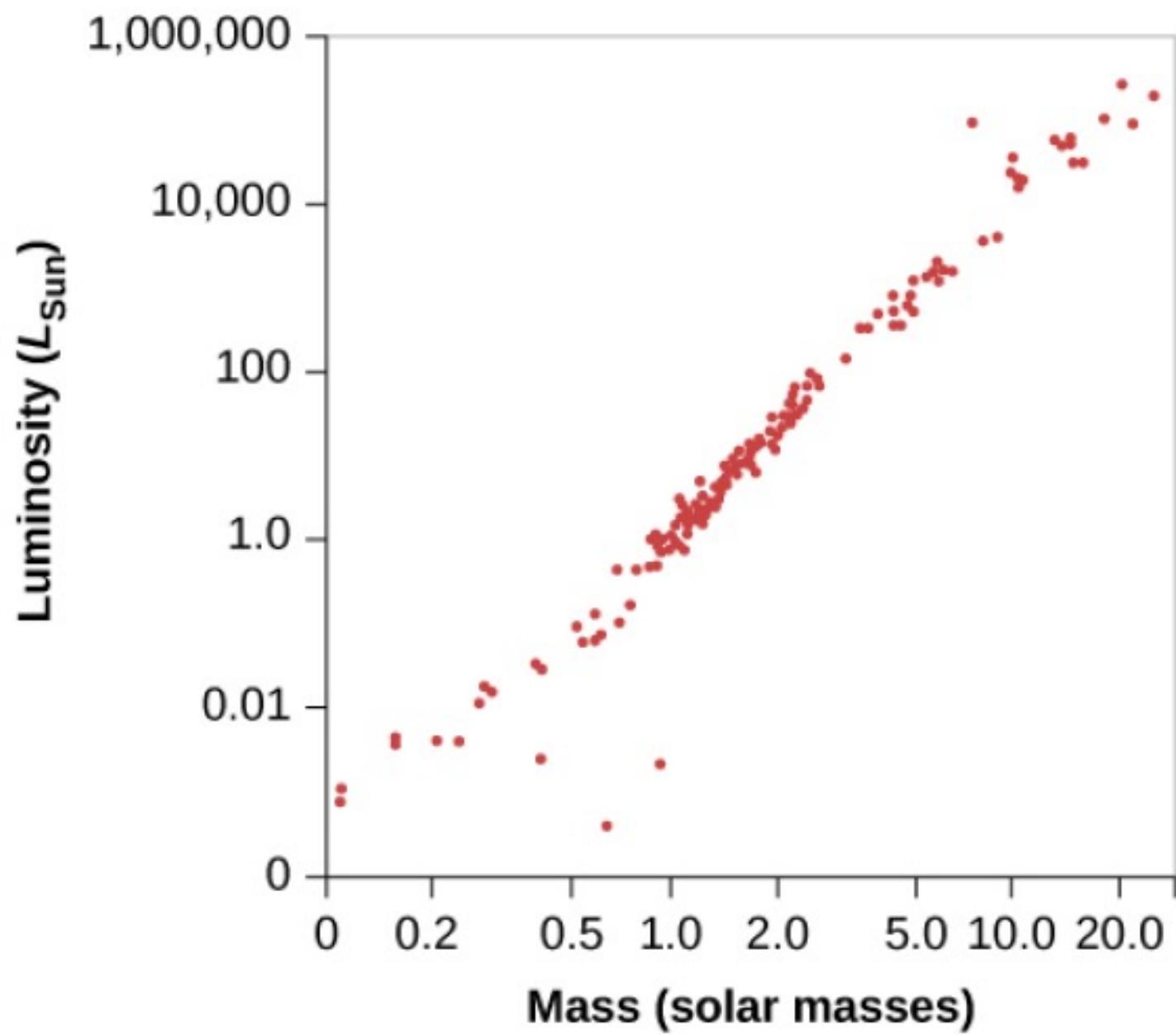


# Stellar masses from radial velocity and gravity

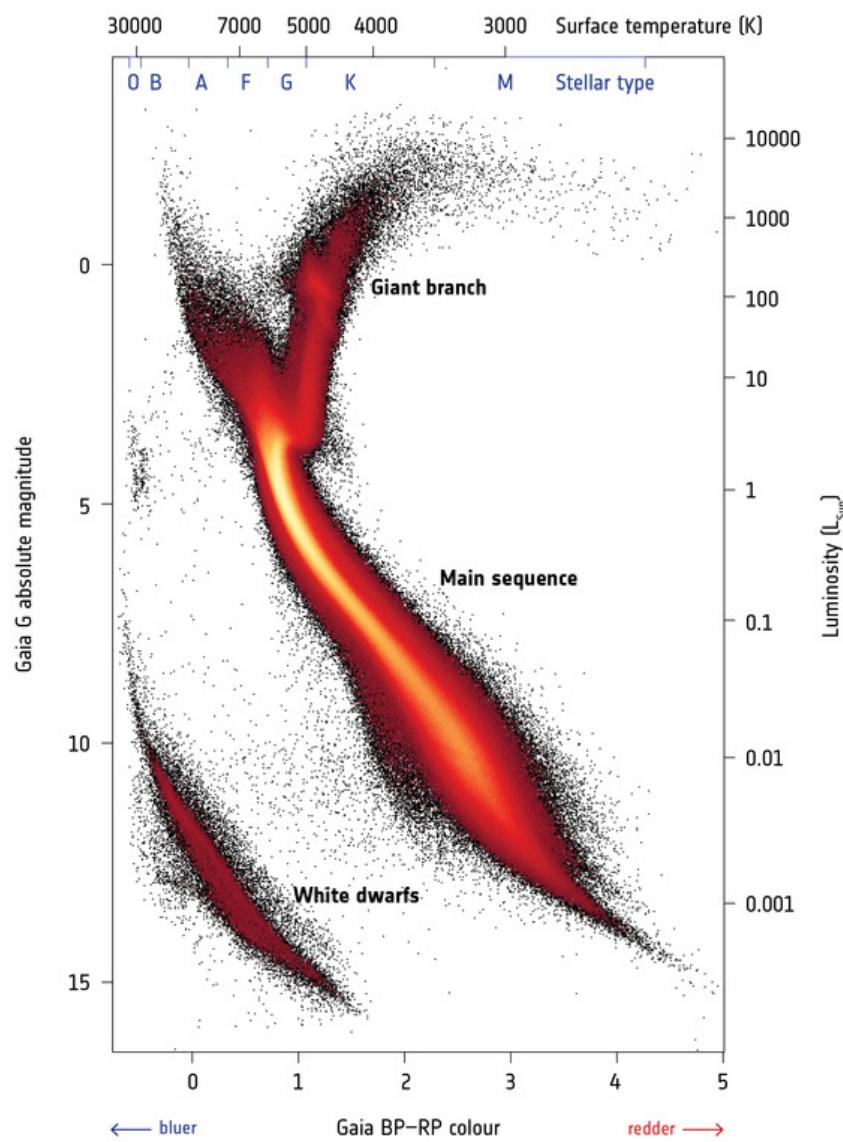


Eclipsing binary systems:  
Benchmarks for stellar masses





## → GAIA'S HERTZSPRUNG-RUSSELL DIAGRAM



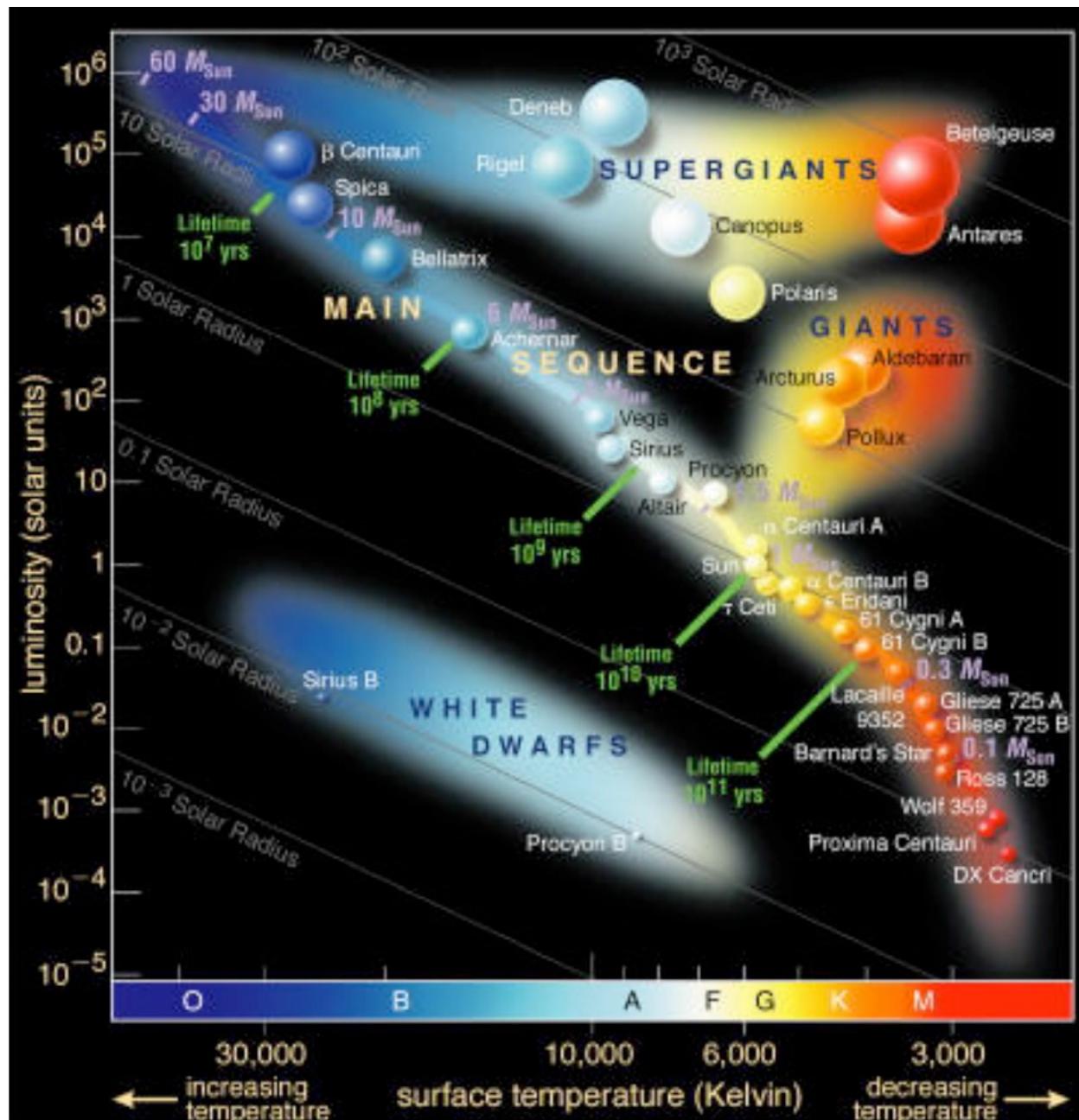
# HR diagram (Hertzsprung-Russell)

Main sequence:

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Stars in other locations:

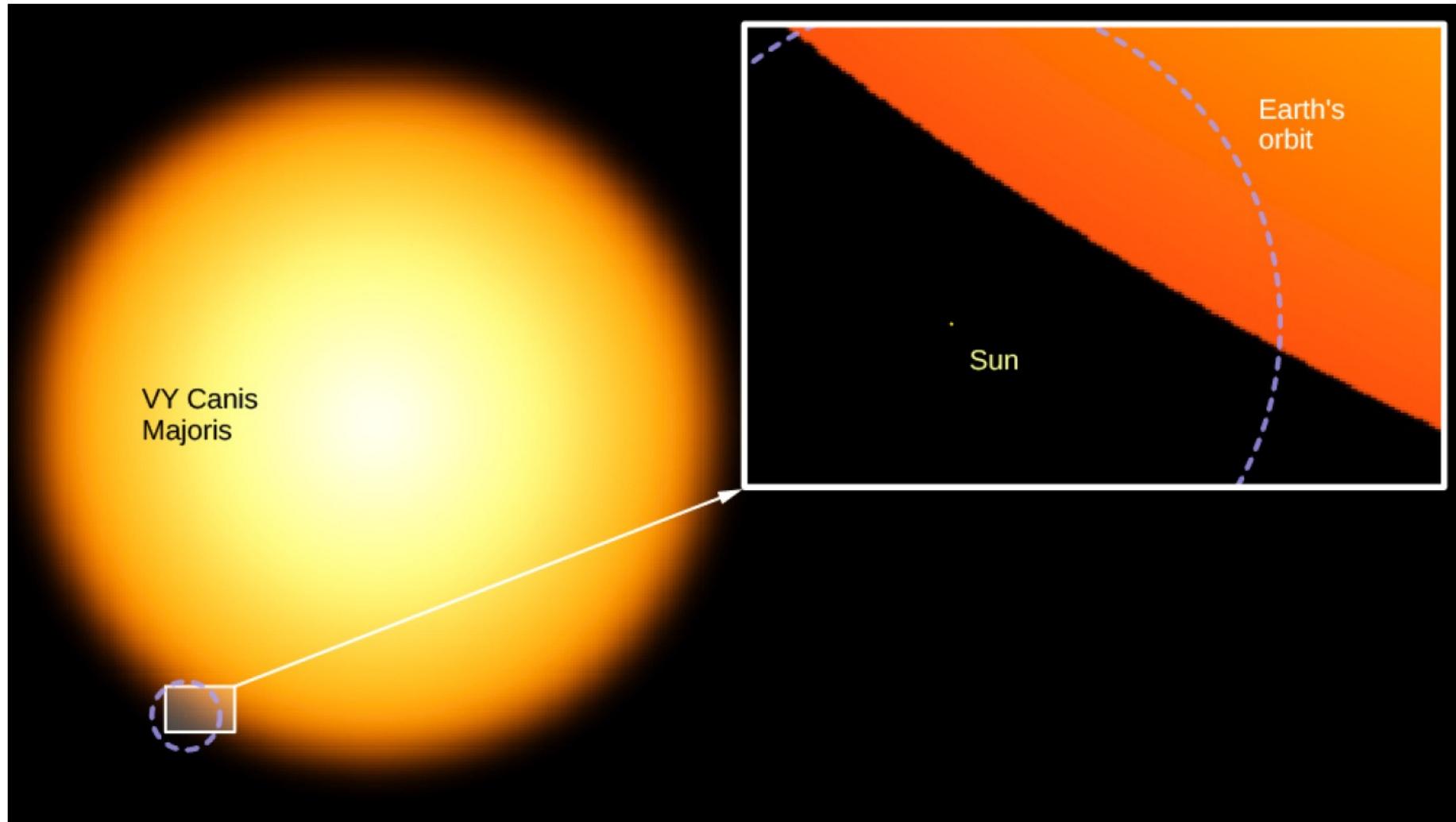
- Stellar evolution! (age)



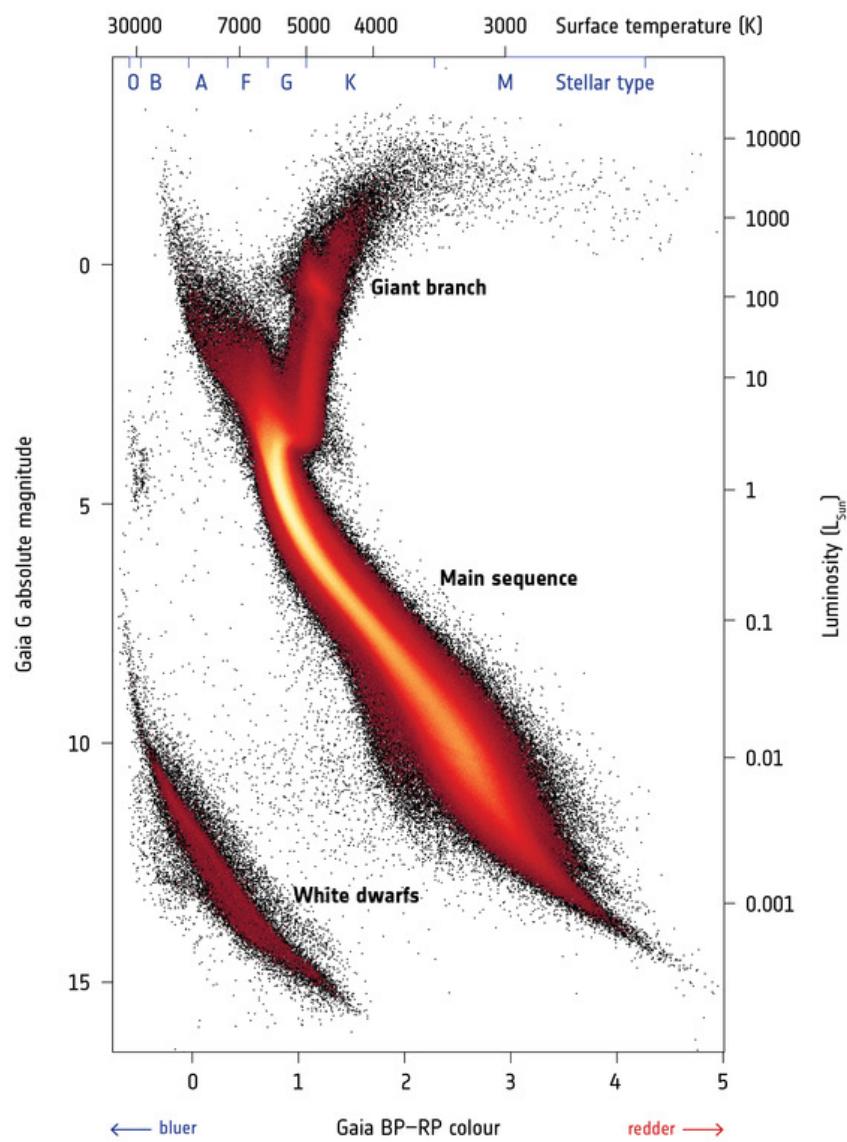
## Characteristics of Main-Sequence Stars

| Spectral Type | Mass (Sun = 1) | Luminosity (Sun = 1) | Temperature | Radius (Sun = 1) |
|---------------|----------------|----------------------|-------------|------------------|
| O5            | 40             | $7 \times 10^5$      | 40,000 K    | 18               |
| B0            | 16             | $2.7 \times 10^5$    | 28,000 K    | 7                |
| A0            | 3.3            | 55                   | 10,000 K    | 2.5              |
| F0            | 1.7            | 5                    | 7500 K      | 1.4              |
| G0            | 1.1            | 1.4                  | 6000 K      | 1.1              |
| K0            | 0.8            | 0.35                 | 5000 K      | 0.8              |
| M0            | 0.4            | 0.05                 | 3500 K      | 0.6              |

# Evolved stars: red giants, can be huge!



## → GAIA'S HERTZSPRUNG-RUSSELL DIAGRAM

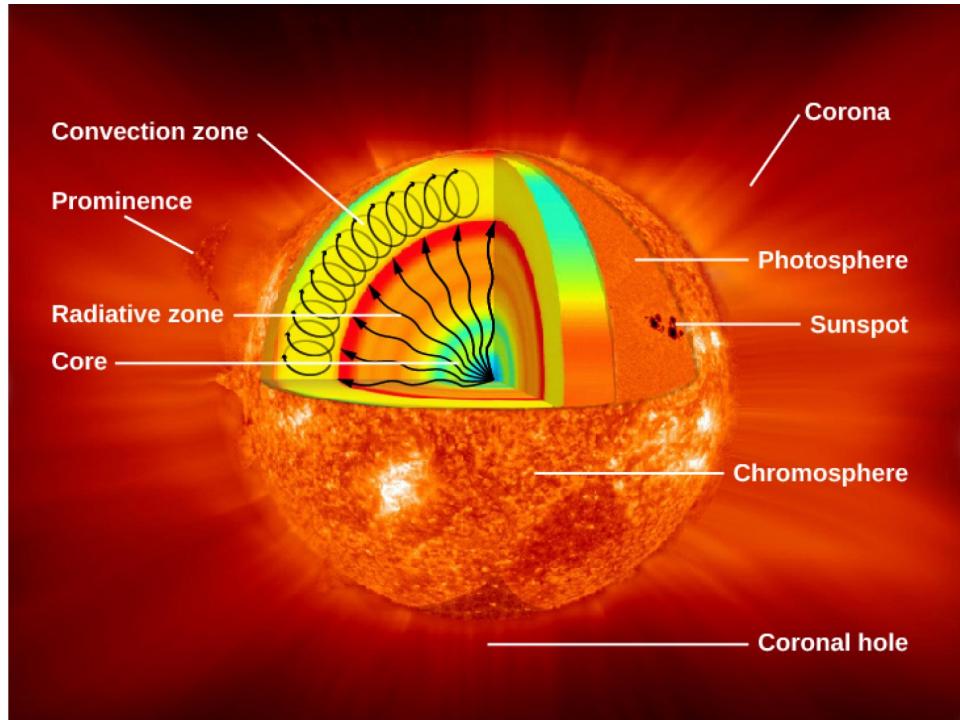


# What is the Main Sequence?

- 90% of a star's life
- Defined by hydrogen burning core
- Evolves once hydrogen is gone
- What does hydrogen burning mean?

# Where does the sun's energy come from?

## Hydrogen burning and the interior of the sun



### ▼ 15 The Sun: A Garden-Variety Star

Thinking Ahead

15.1 The Structure and Composition of the Sun

15.2 The Solar Cycle

15.3 Solar Activity above the Photosphere

15.4 Space Weather

Key Terms

Summary

For Further Exploration

Collaborative Group Activities

► Exercises

### ▼ 16 The Sun: A Nuclear Powerhouse

Thinking Ahead

16.1 Sources of Sunshine: Thermal and Gravitational Energy

16.2 Mass, Energy, and the Theory of Relativity

16.3 The Solar Interior: Theory

16.4 The Solar Interior: Observations

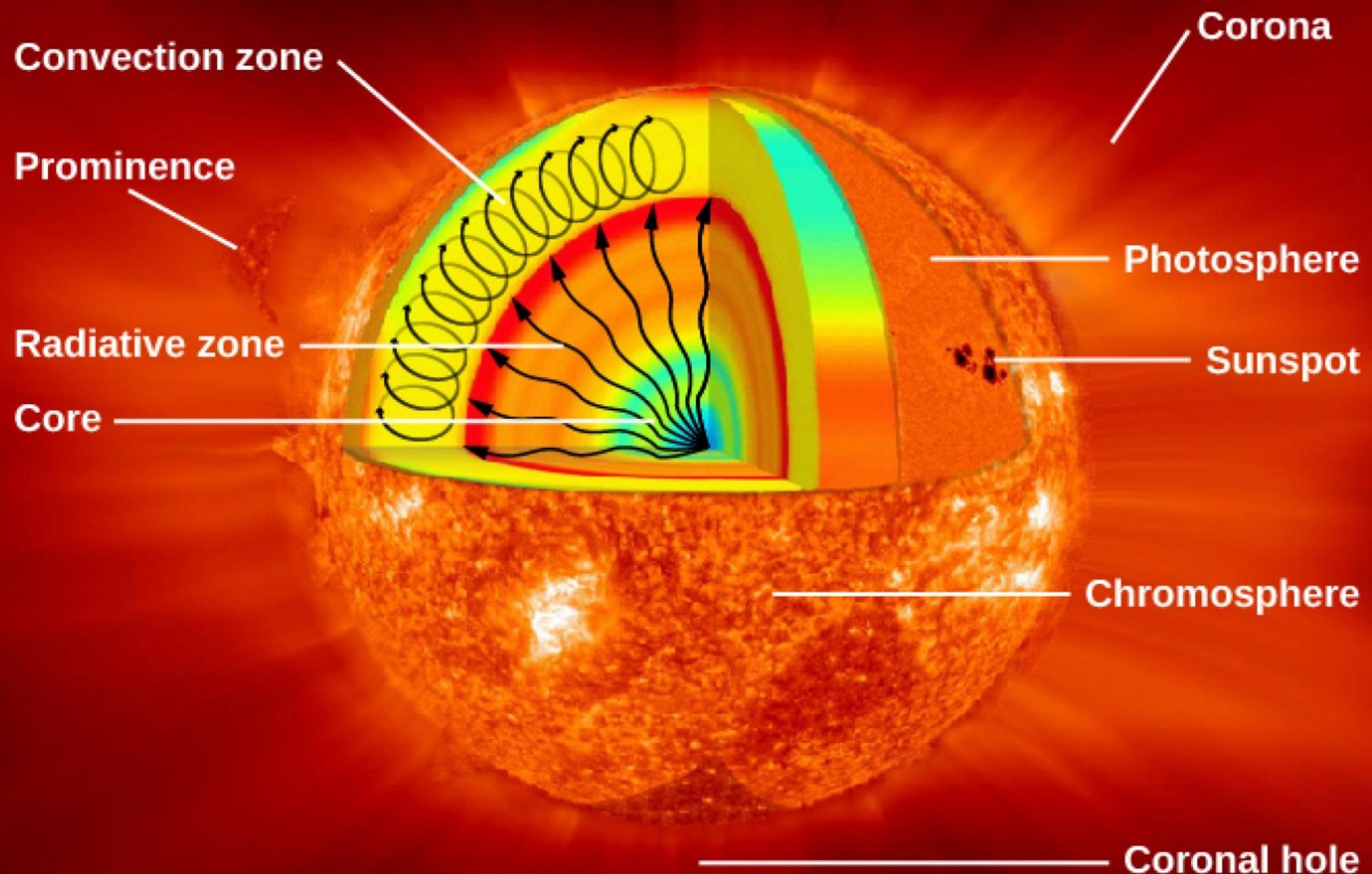
Key Terms

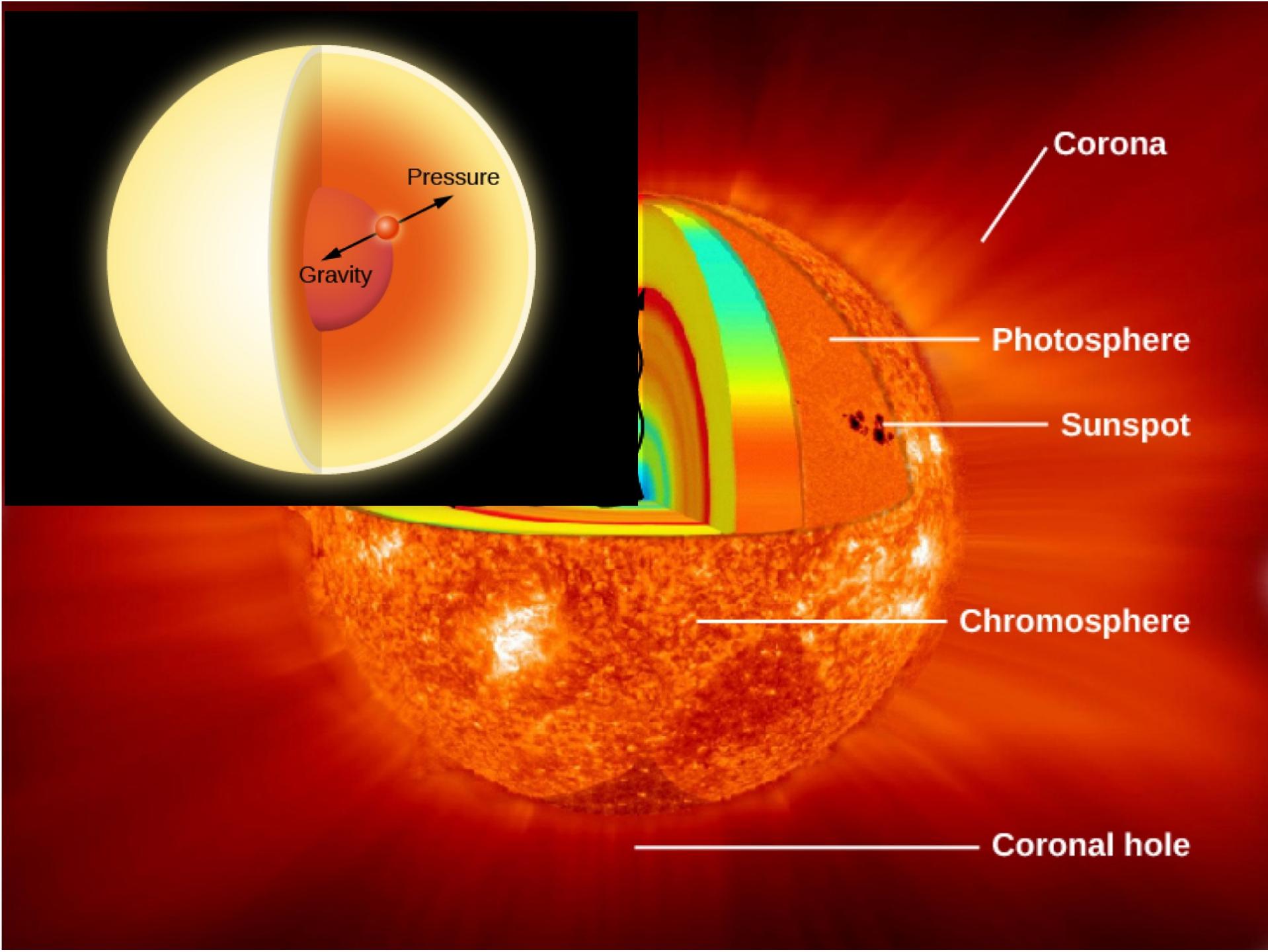
Summary

For Further Exploration

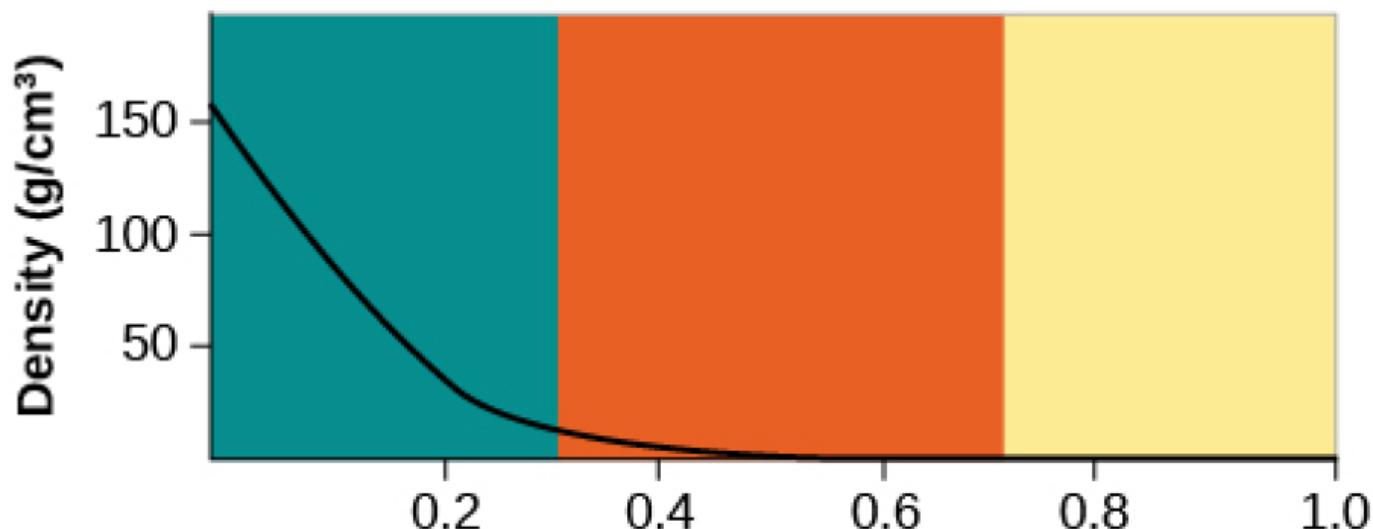
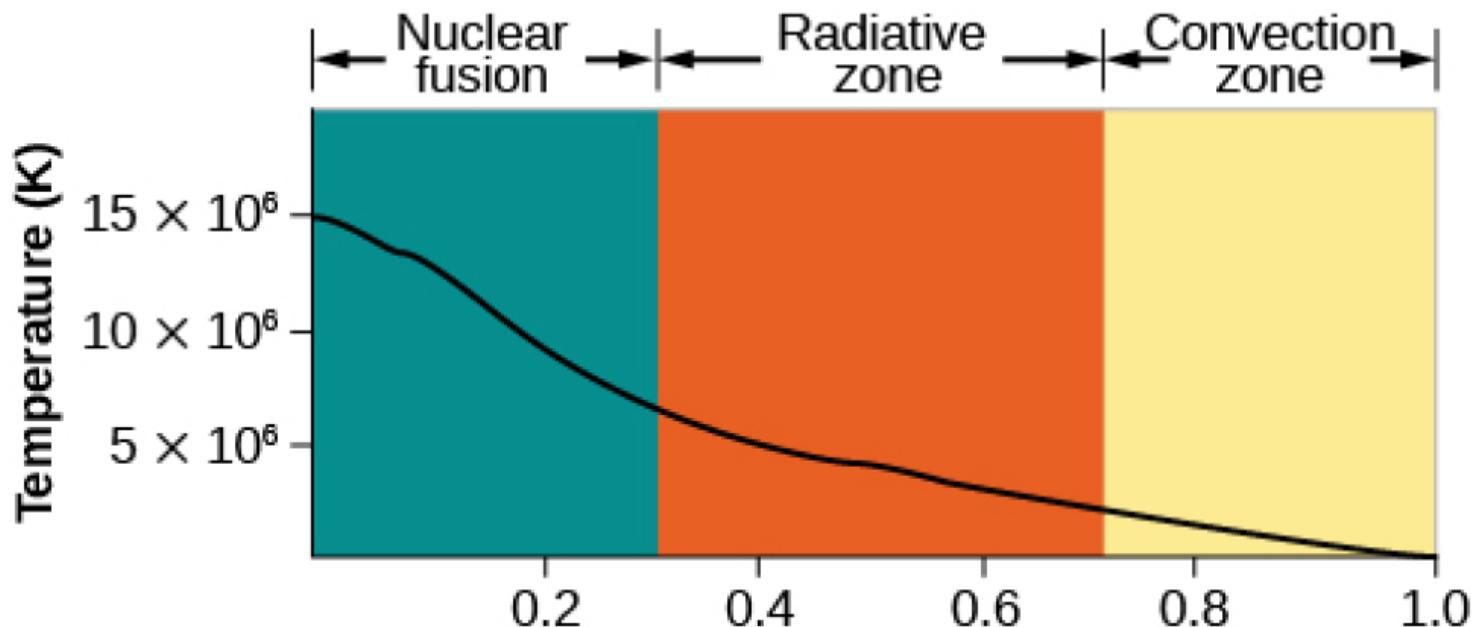
Collaborative Group Activities

► Exercises



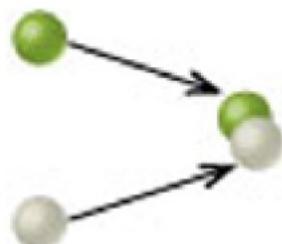


## Core: very dense, 15 million K



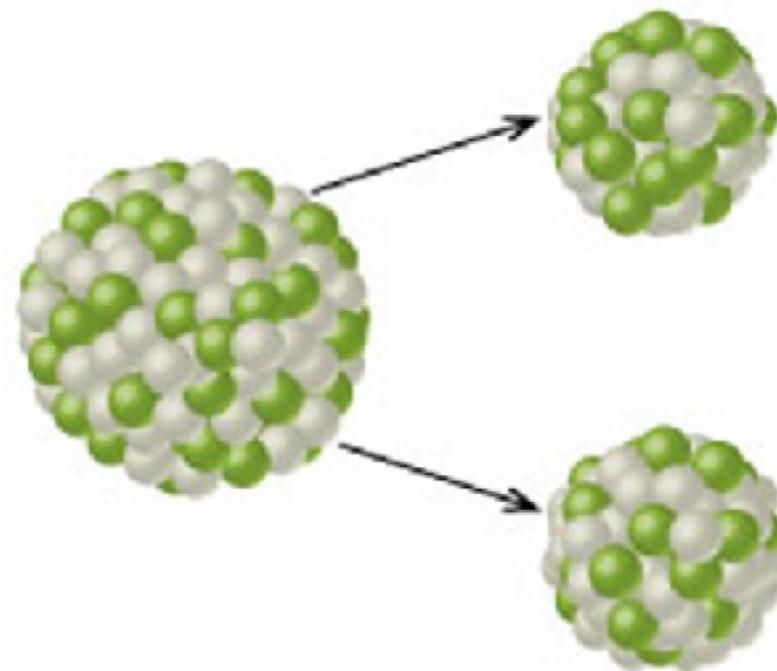
# Fusion

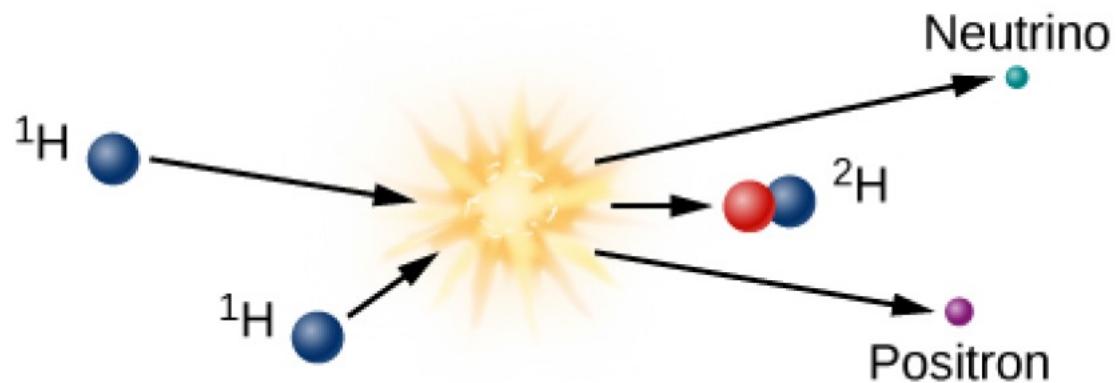
2 light => 1 heavy



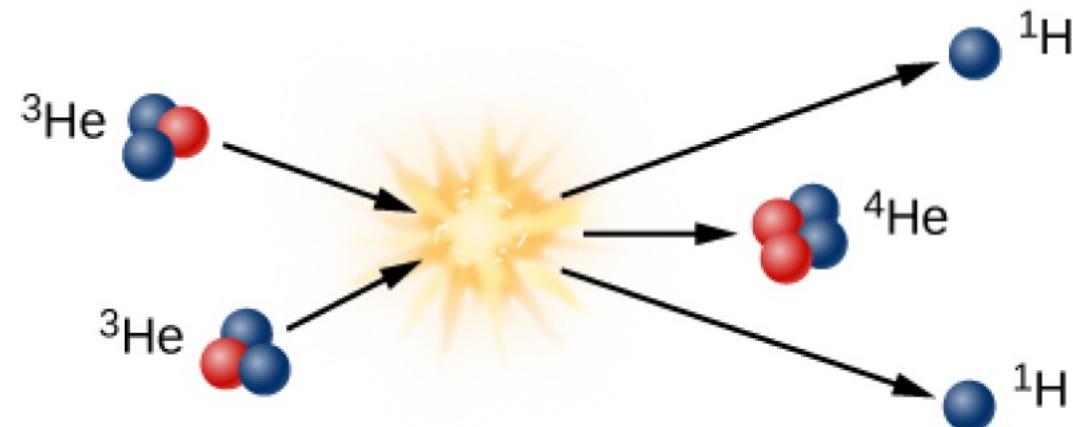
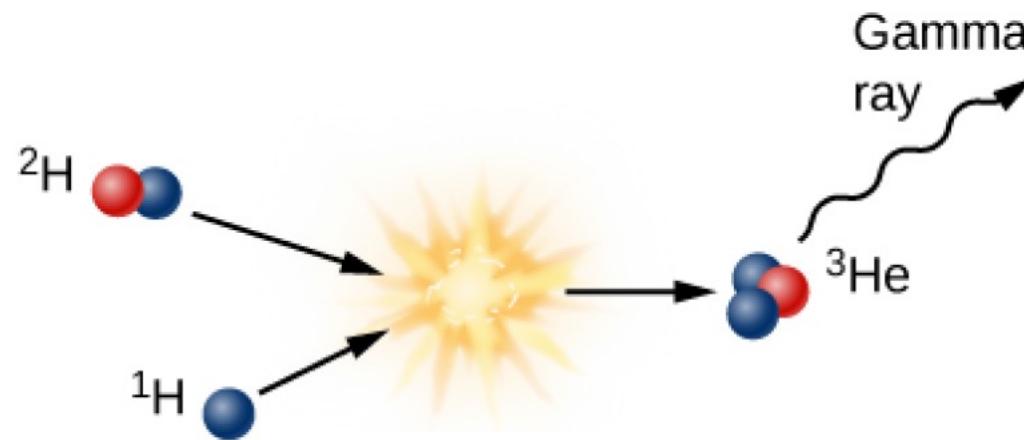
# Fission

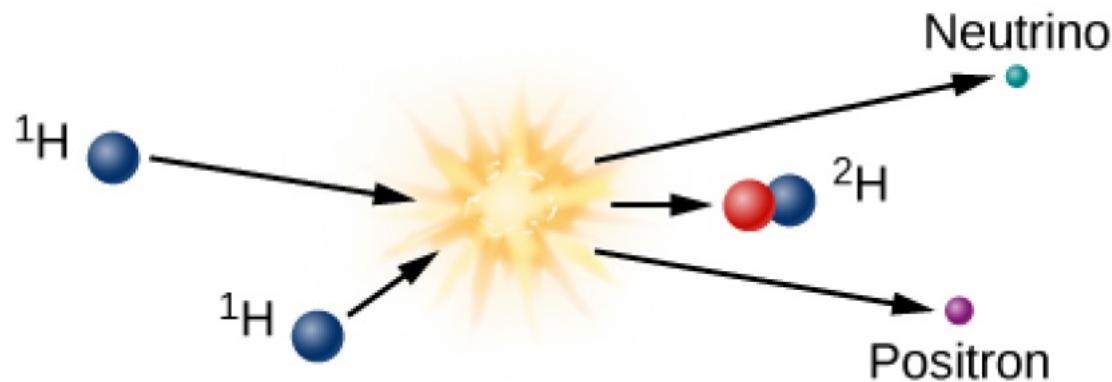
1 heavy => 2 light





Fusion at core  
4 Hydrogen atoms  
turns into 1 He atom





Fusion at core

4 Hydrogen atoms  
turns into 1 He atom

Atomic weights

4 H: 4.032

1 He: 4.003

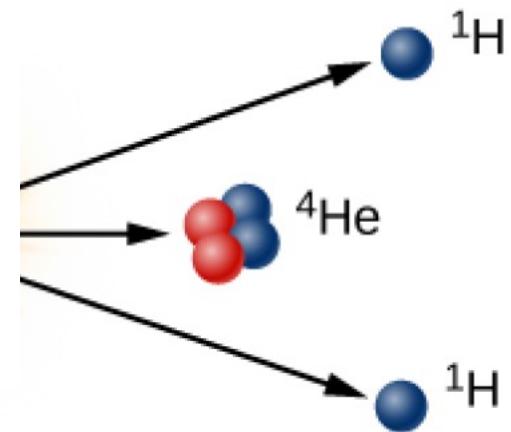
Lose 0.7% of the mass:  
it turns into energy!

na

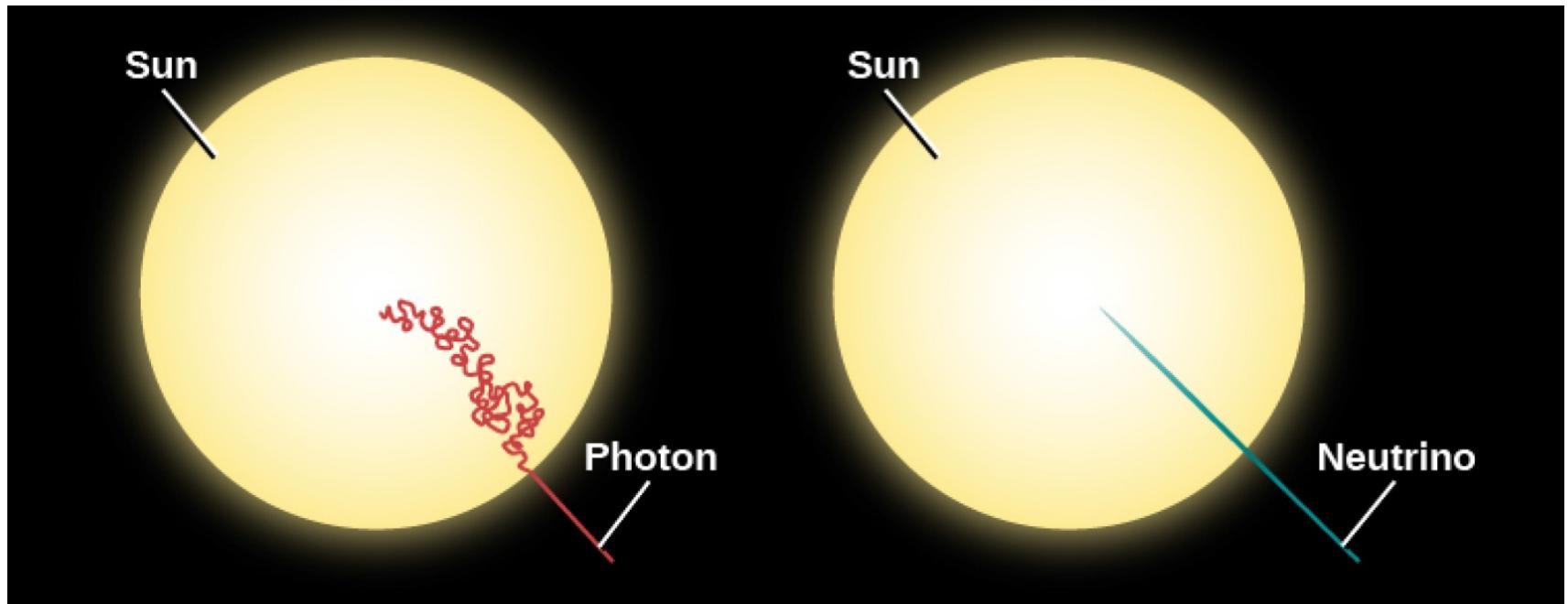


$$E=mc^2$$

(c=speed of light, E=energy,  
m=mass)



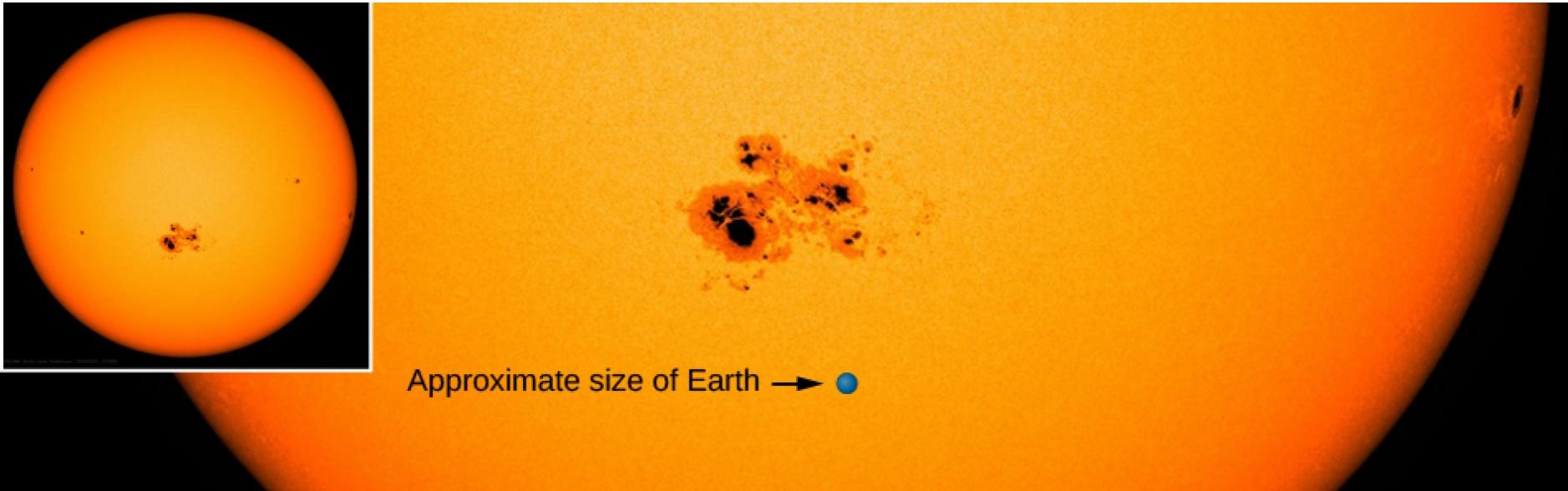
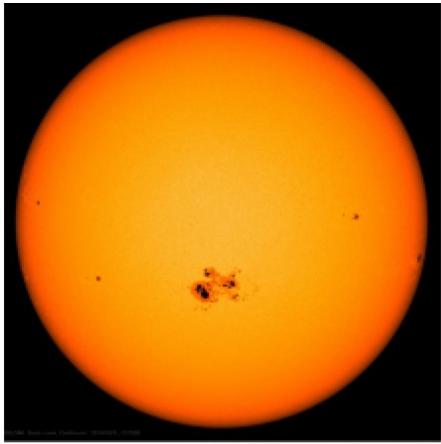
# How long does it take energy to escape from the sun's core?



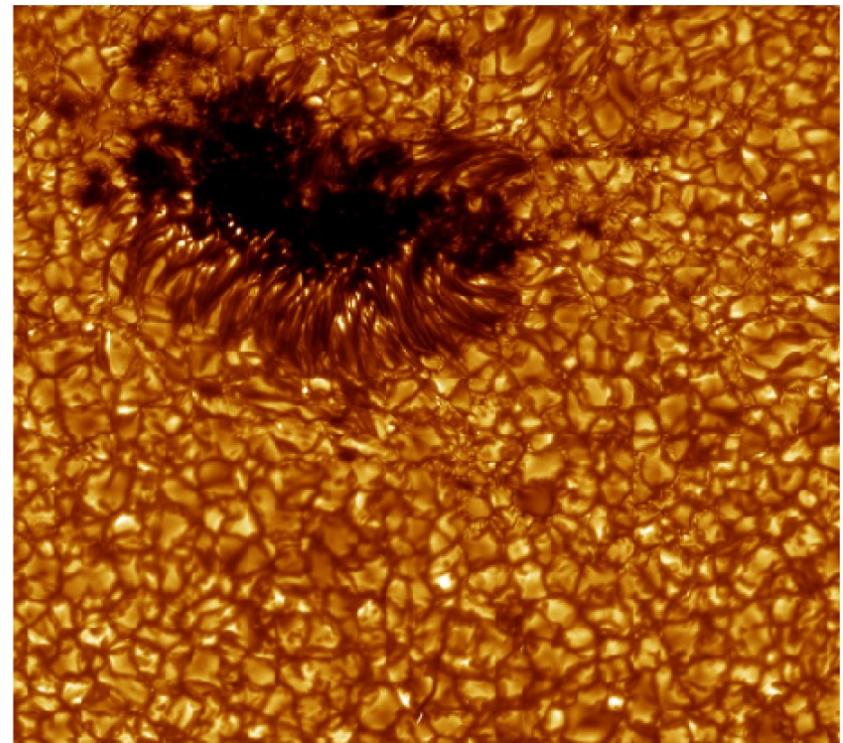
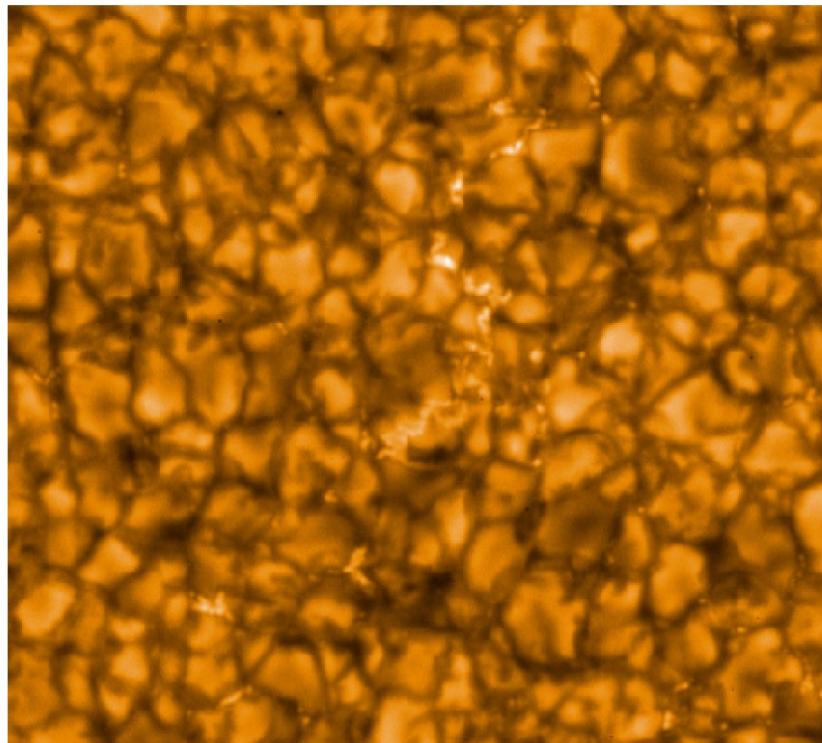
Most energy: 1 million years!

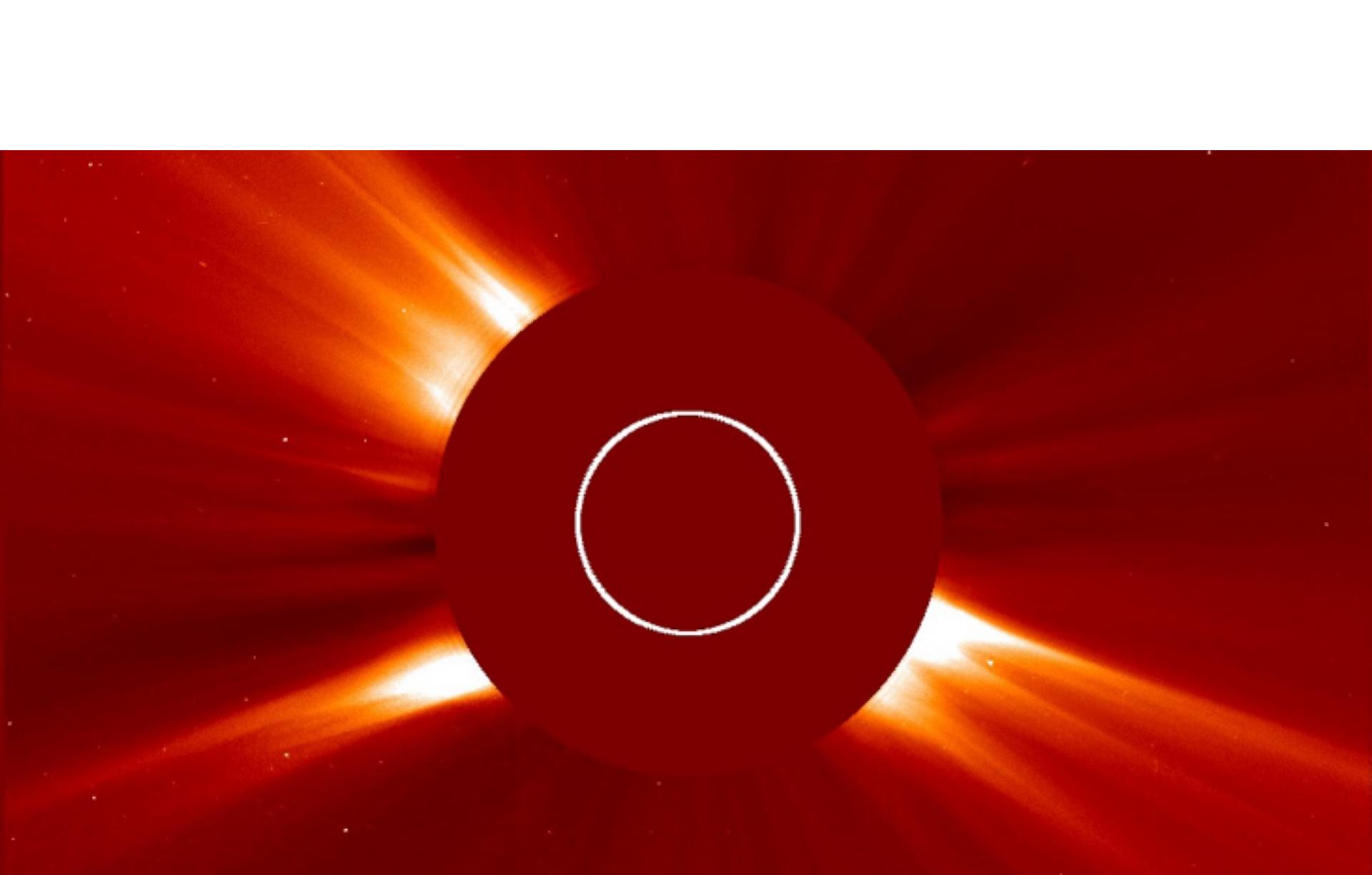
Neutrinos: do not interact with matter, so escapes immediately

Solar neutrino problem: recent Nobel Prize



Approximate size of Earth → ●

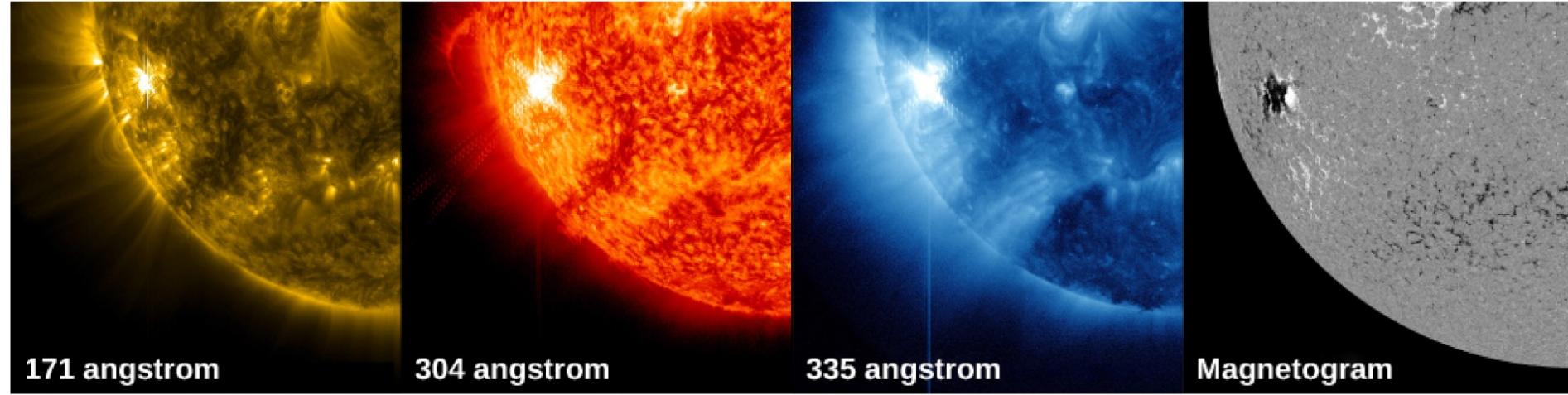






“WHITE SATIN”

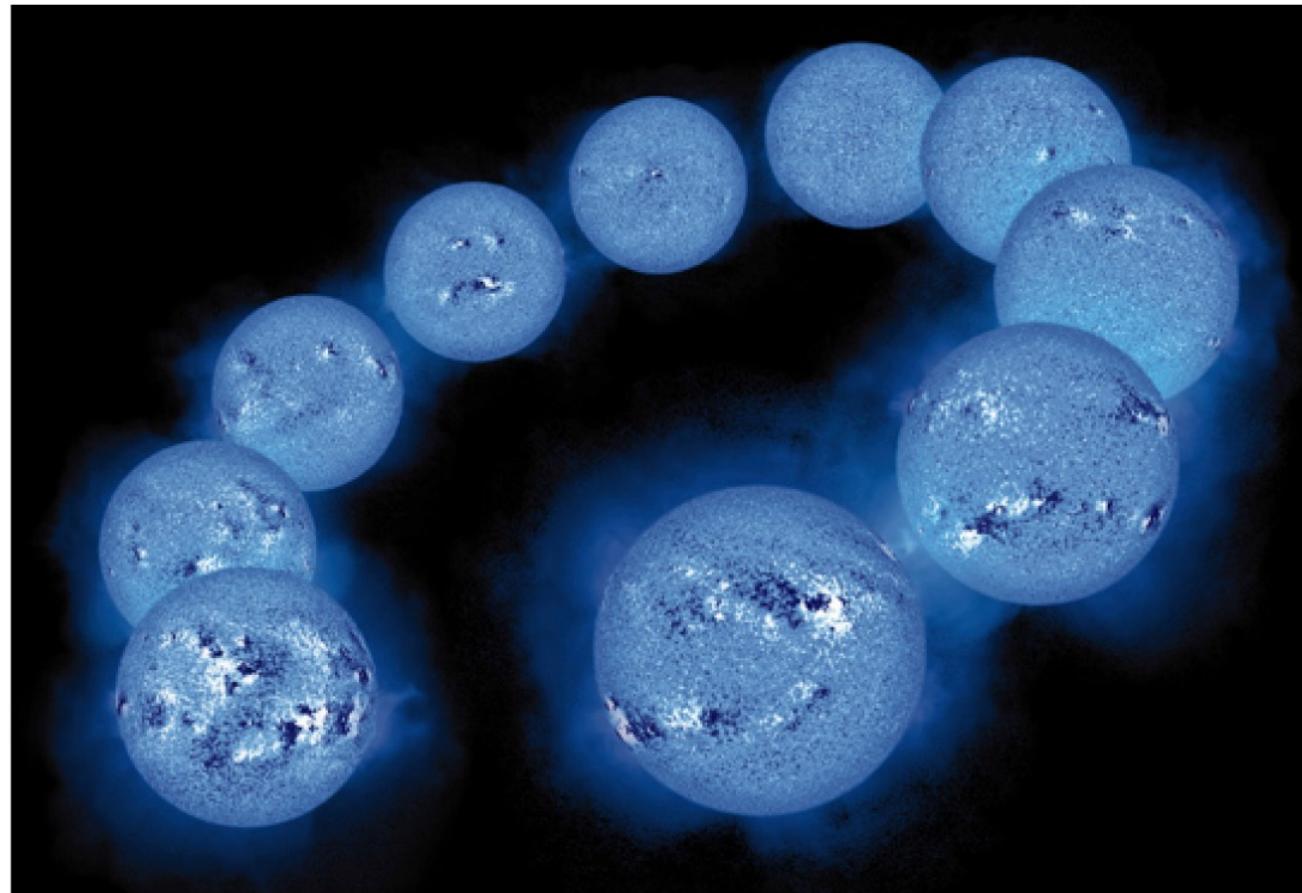
© TODD SALAT  
AURORAHUNTER.COM



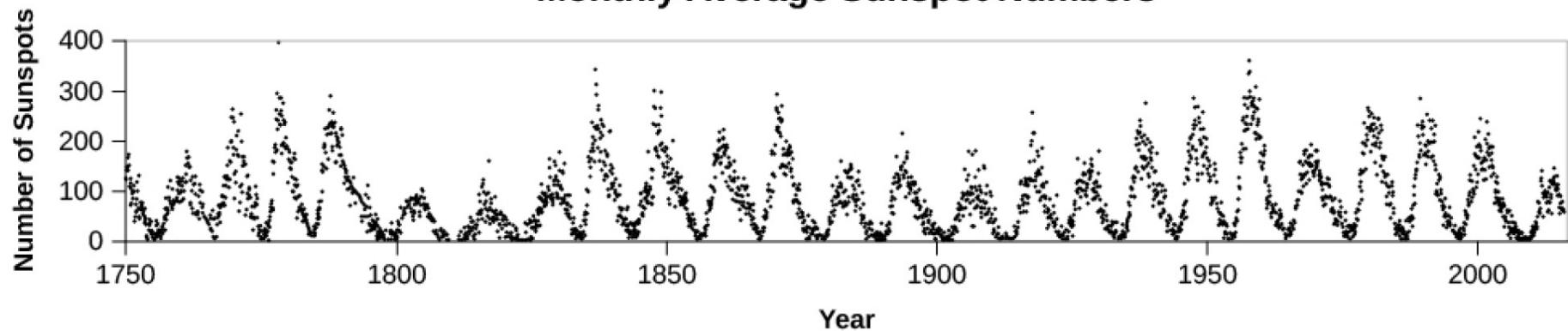
Sun: looks different at different wavelengths:  
magnetic activity!

Flares, coronal mass ejections, corona

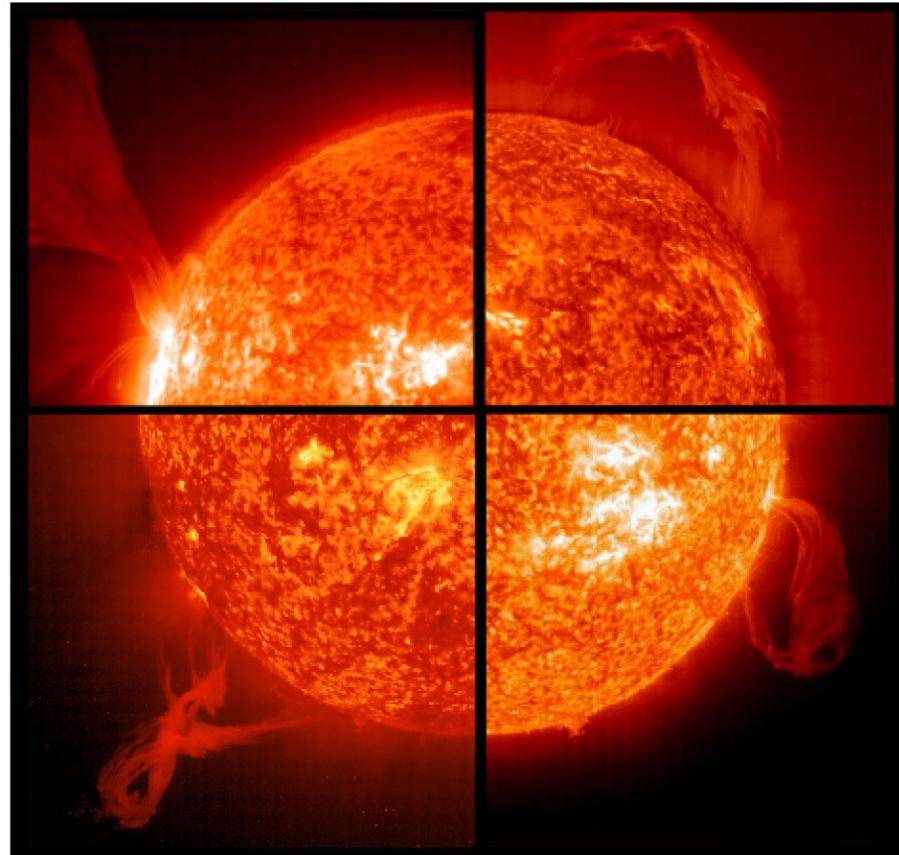
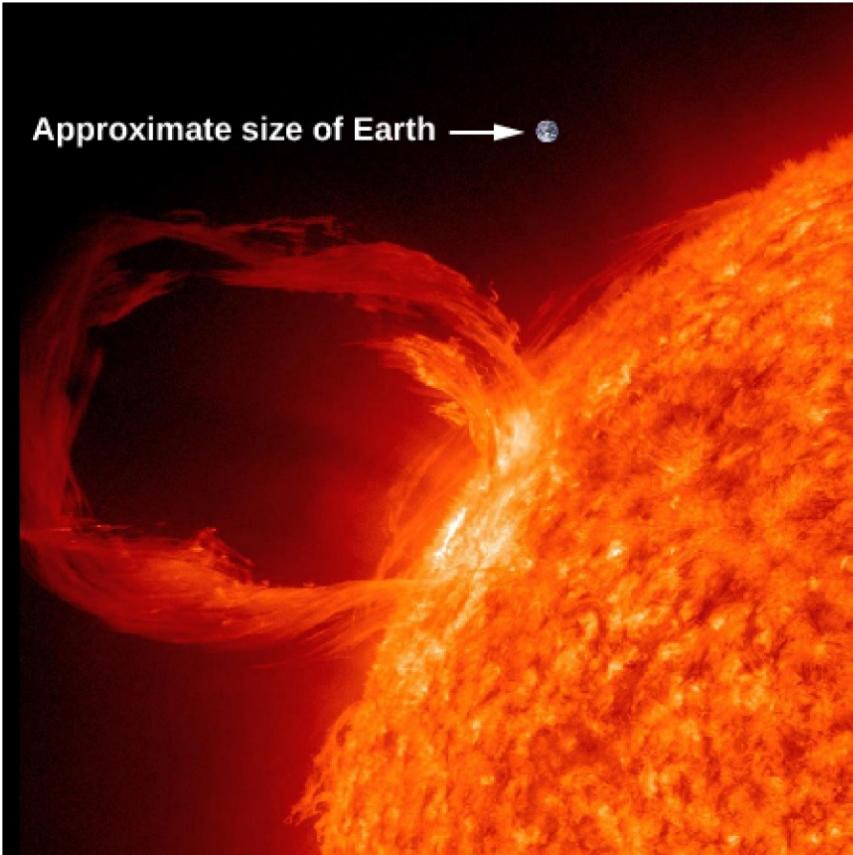
11 year  
magnetic cycles

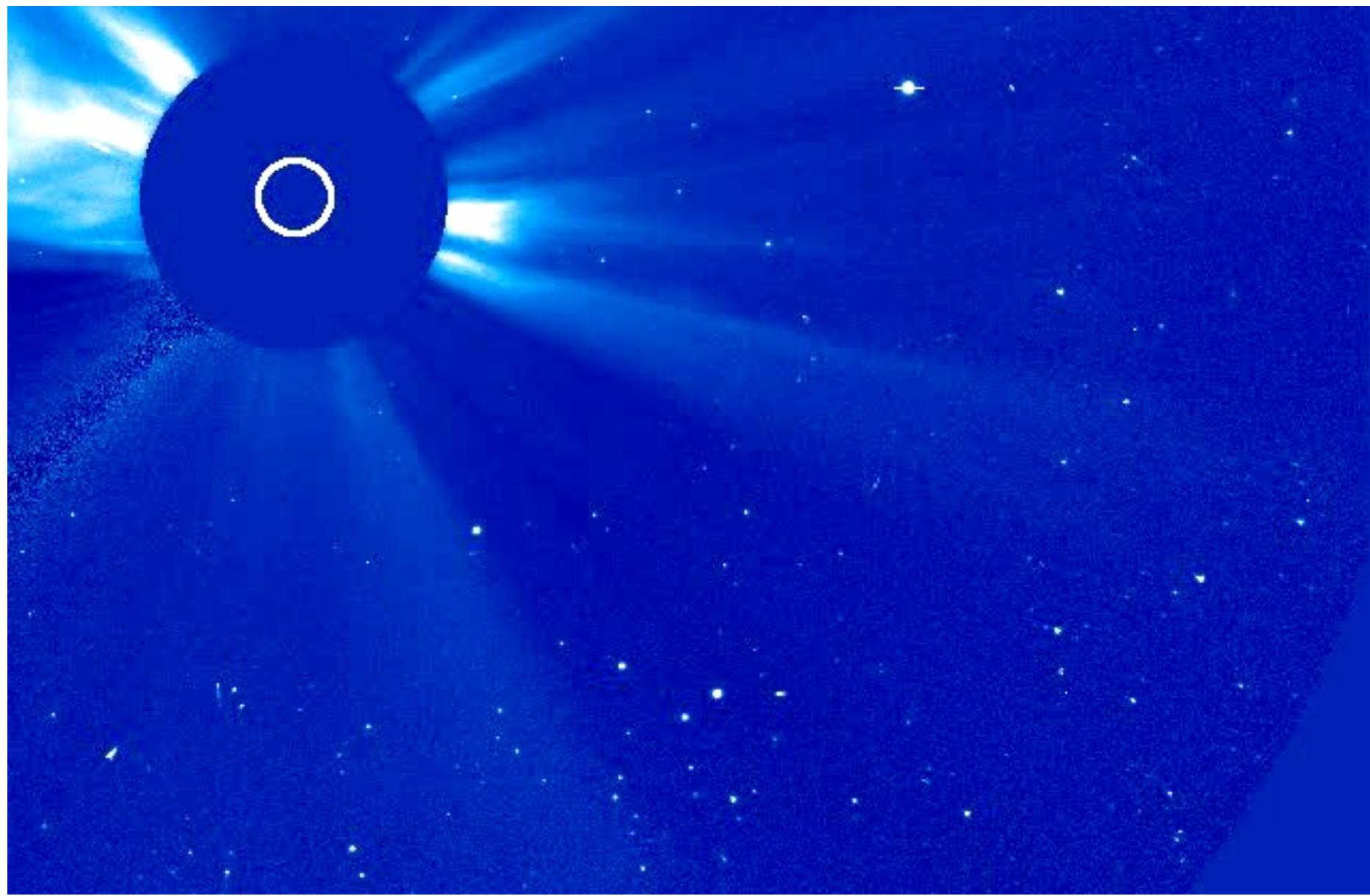


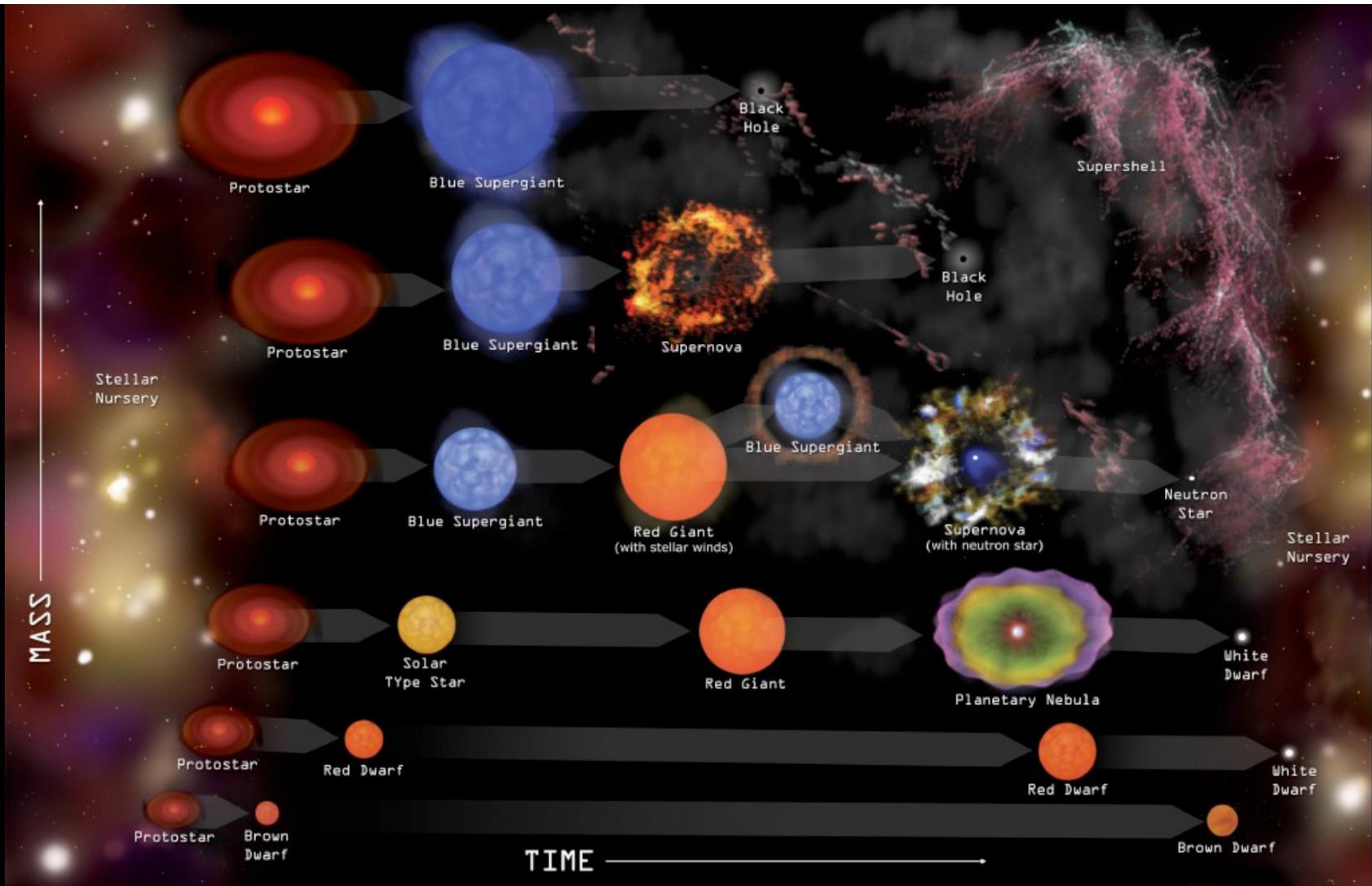
Monthly Average Sunspot Numbers



Approximate size of Earth → ☽







# Important concepts for Lecture 2

- HR Diagram: how we understand stars and stellar evolution
  - Apparent magnitude: the magnitude we see
  - Absolute magnitude (luminosity): corrected for distance
  - x-axis: temperature (measured from spectra or colors)
- Main sequence: where stars spend most of their life
  - H burning
- After H burning: stars become giants
  - Core shrinks until He burning
- Fusion: lighter elements => heavier elements
  - Difference in mass converted to energy
  - Occurs in very hot core
- Sun: we see the cool photosphere in optical light
  - Hot corona in X-rays