

Protostellar Variability and the Assembly of Stars and Planets

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Photo of KIAA by former PKU PhD student Ma Chao

Kavli Institute for Astronomy and Astrophysics Peking University



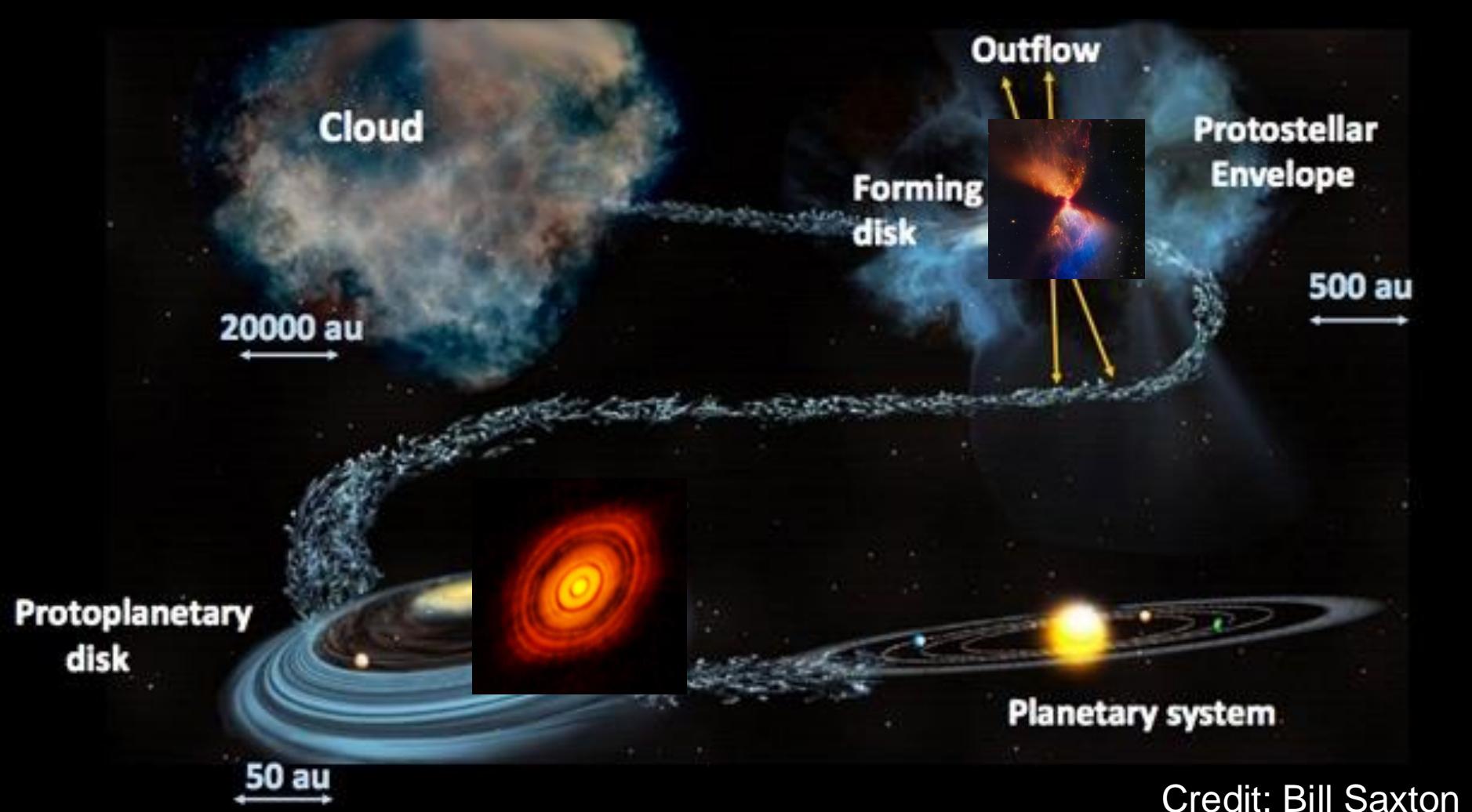


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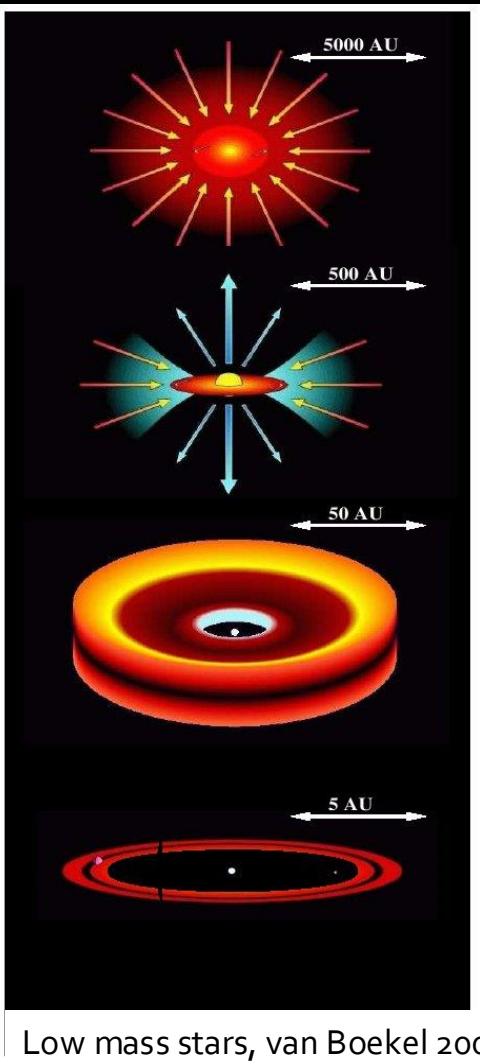
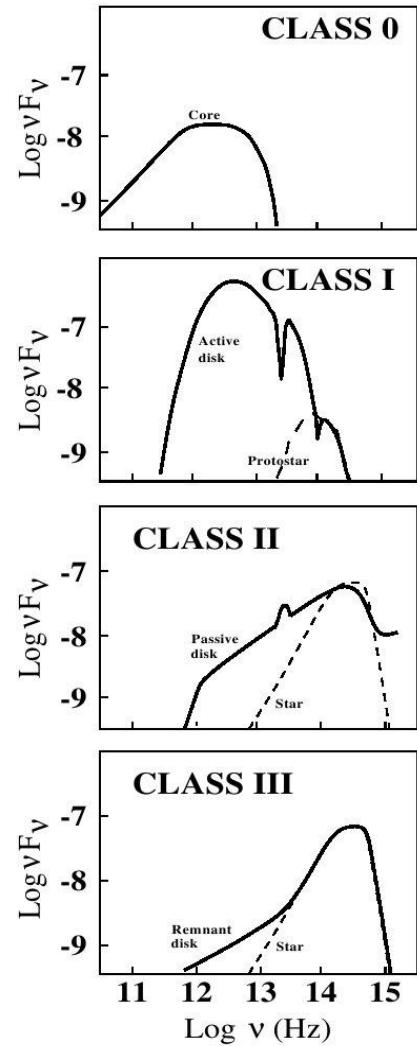
Peking University Astronomy Family Photo

October 26, 2018



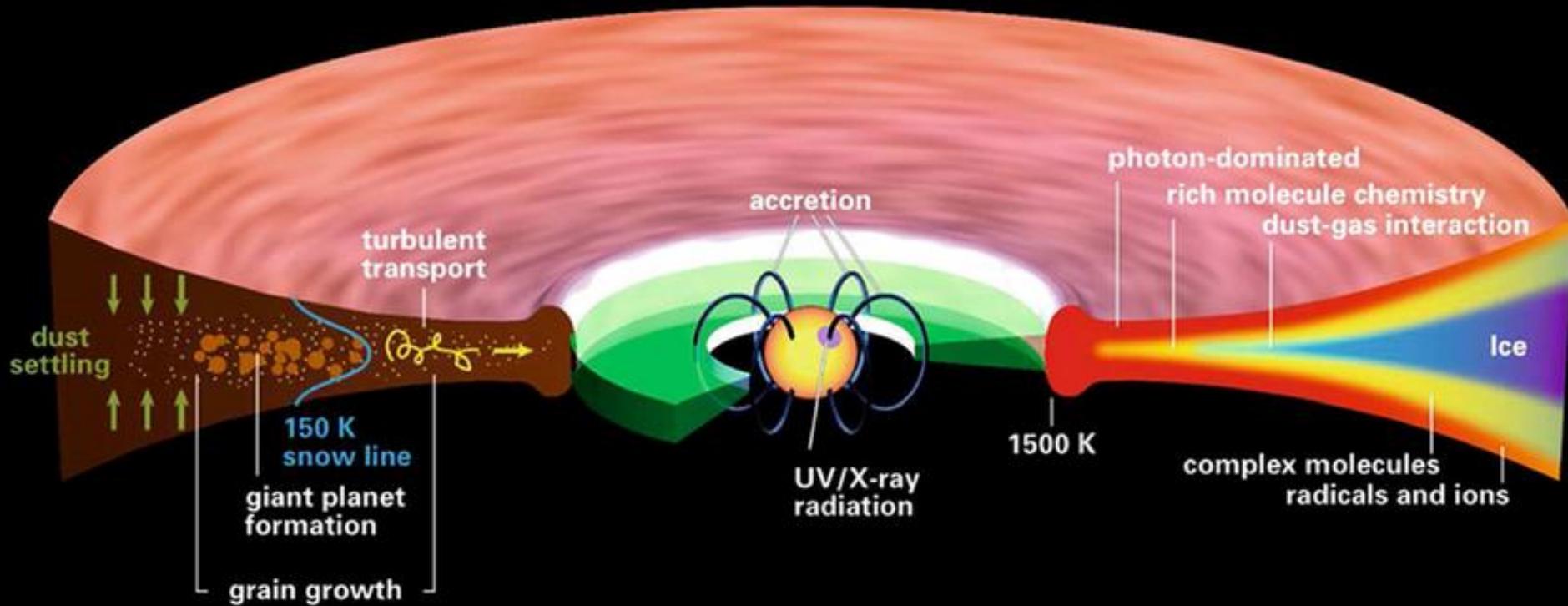


Credit: Bill Saxton

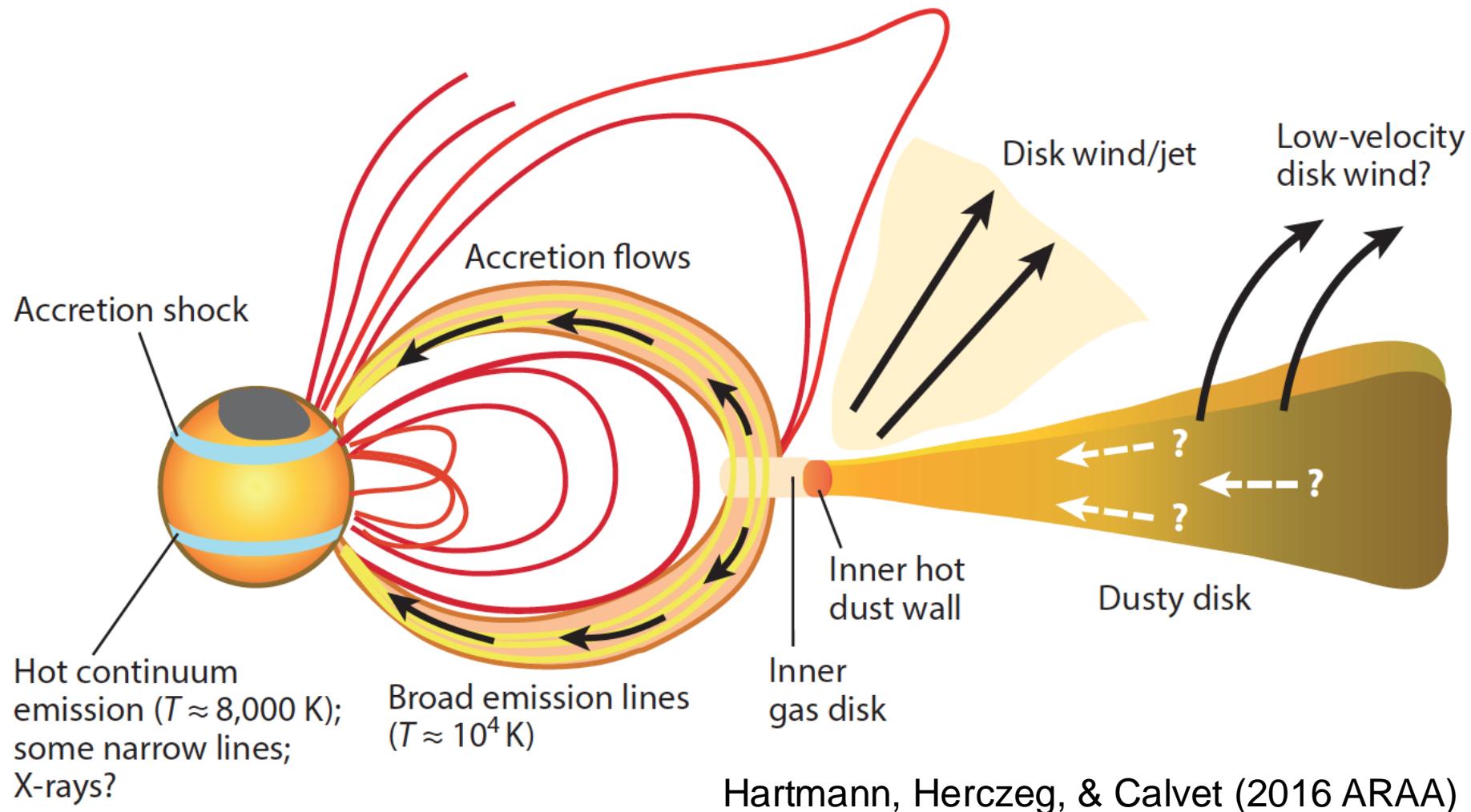


Protostars:
~few 10^5 yr
Stellar growth

Disks
~few 10^6 yr
Planet formation

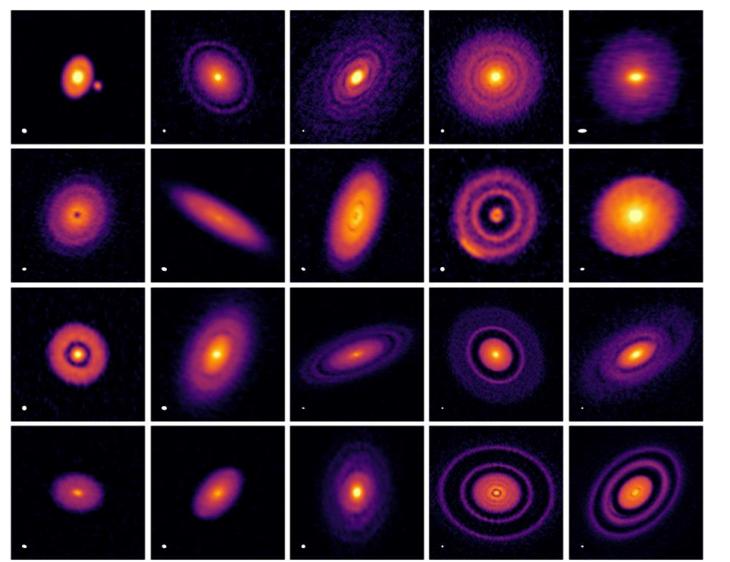


Henning & Semenov (2013)

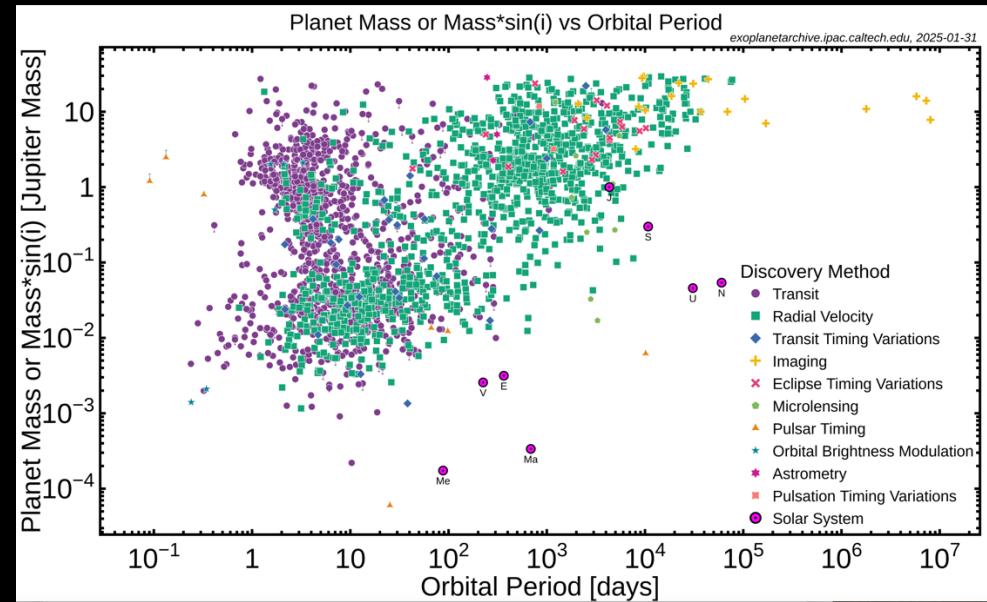


Hartmann, Herczeg, & Calvet (2016 ARAA)

Diversity in star and disk outcomes: Accretion physics is instability physics: variability

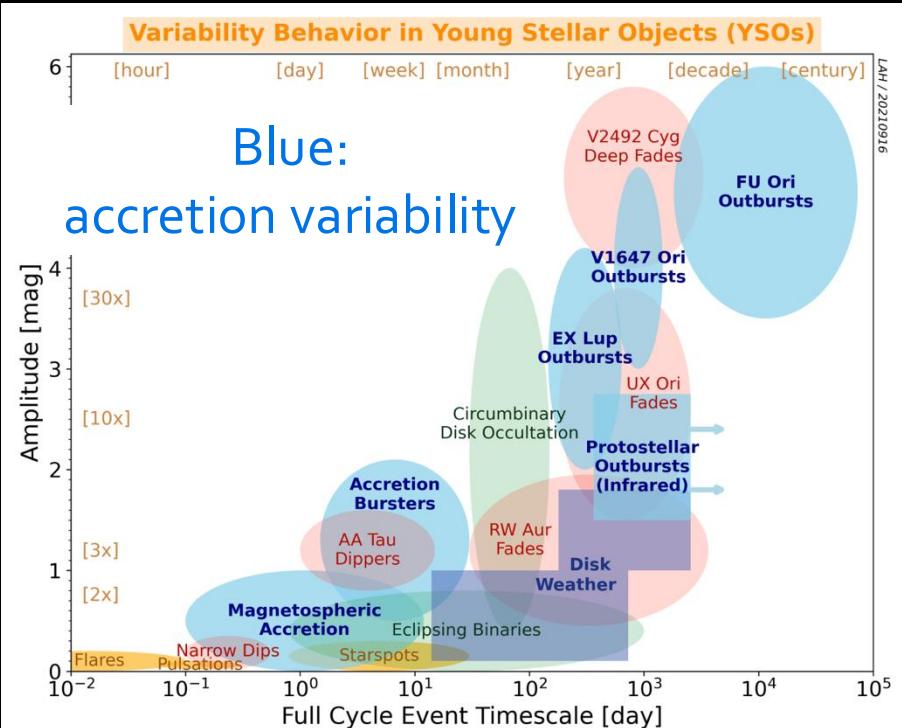


ALMA DSHARP, Andrews+2018:
brightness-selected disks
See also, e.g., Long+2018



NASA Exoplanet Archive

Diversity in star and disk outcomes: Accretion physics is instability physics



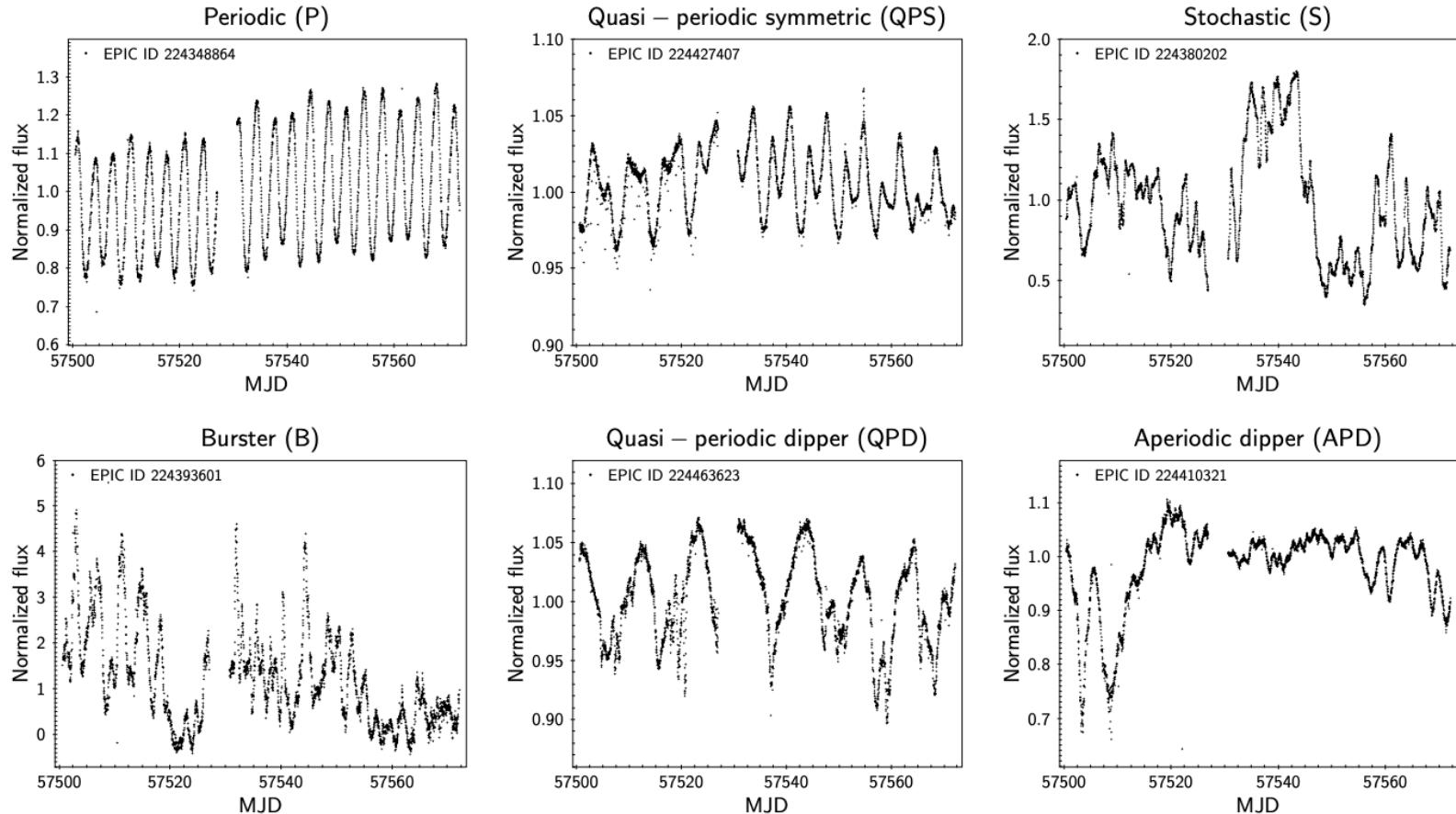
What is the role of variability
in stellar mass assembly?

PPVII Review

Will Fischer
Lynne Hillenbrand
Gregory Herczeg
Doug Johnstone
Agnes Kospal
Mike Dunham

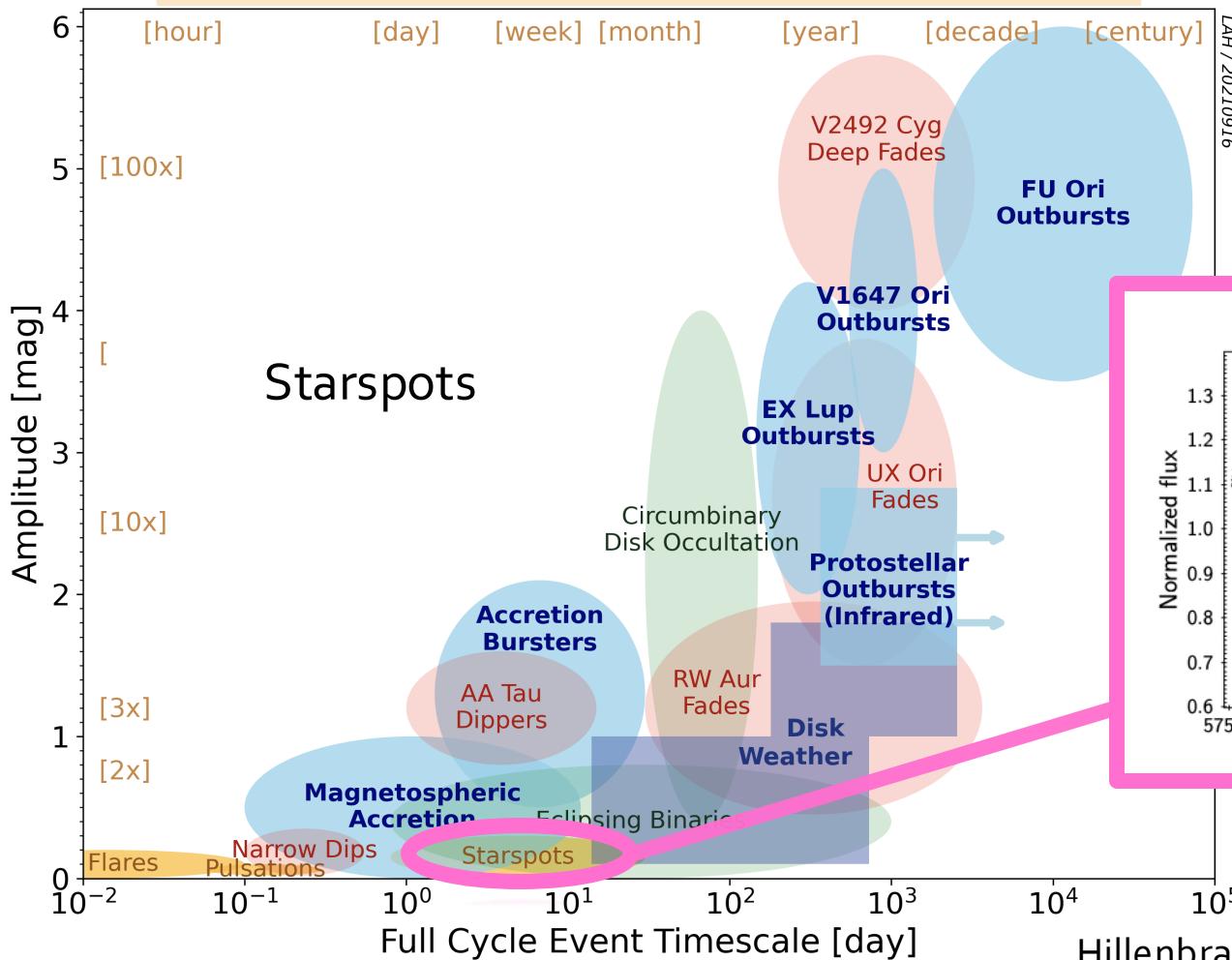


Will Fischer, 1980-2024

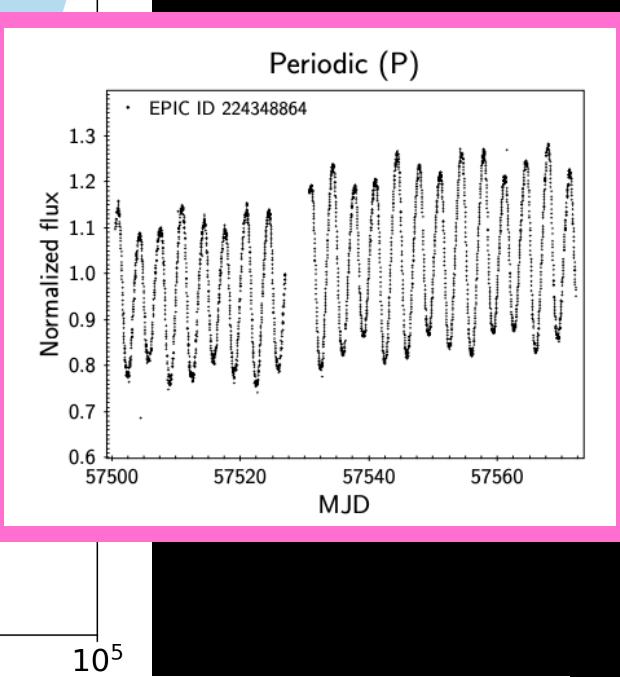


Venuti+2021 from K2, see also, YSOVar and K2 from Cody, Stauffer, et al.; COROT (Alencar et al. 2010); TESS (e.g., Serna et al. 2023)

Variability Behavior in Young Stellar Objects (YSOs)



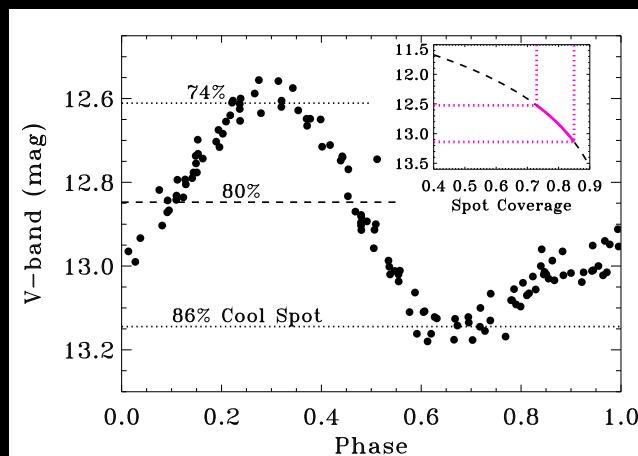
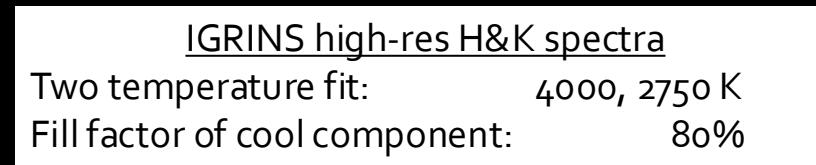
Starspots



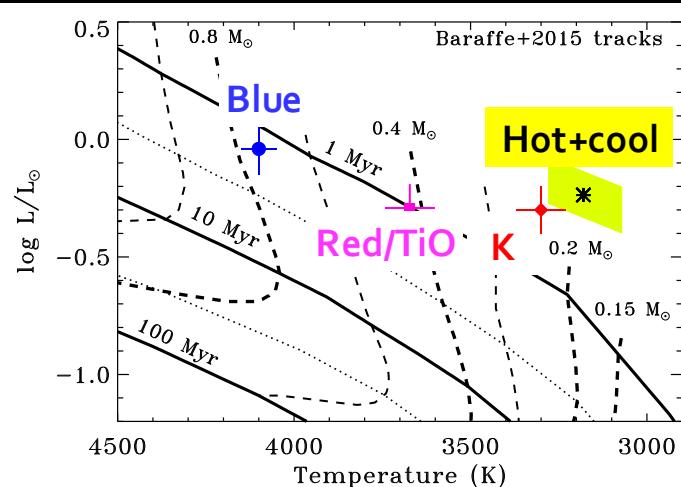
Hillenbrand & Findeisen (2015)

Placing the spotted young star LkCa 4 on the HR diagram

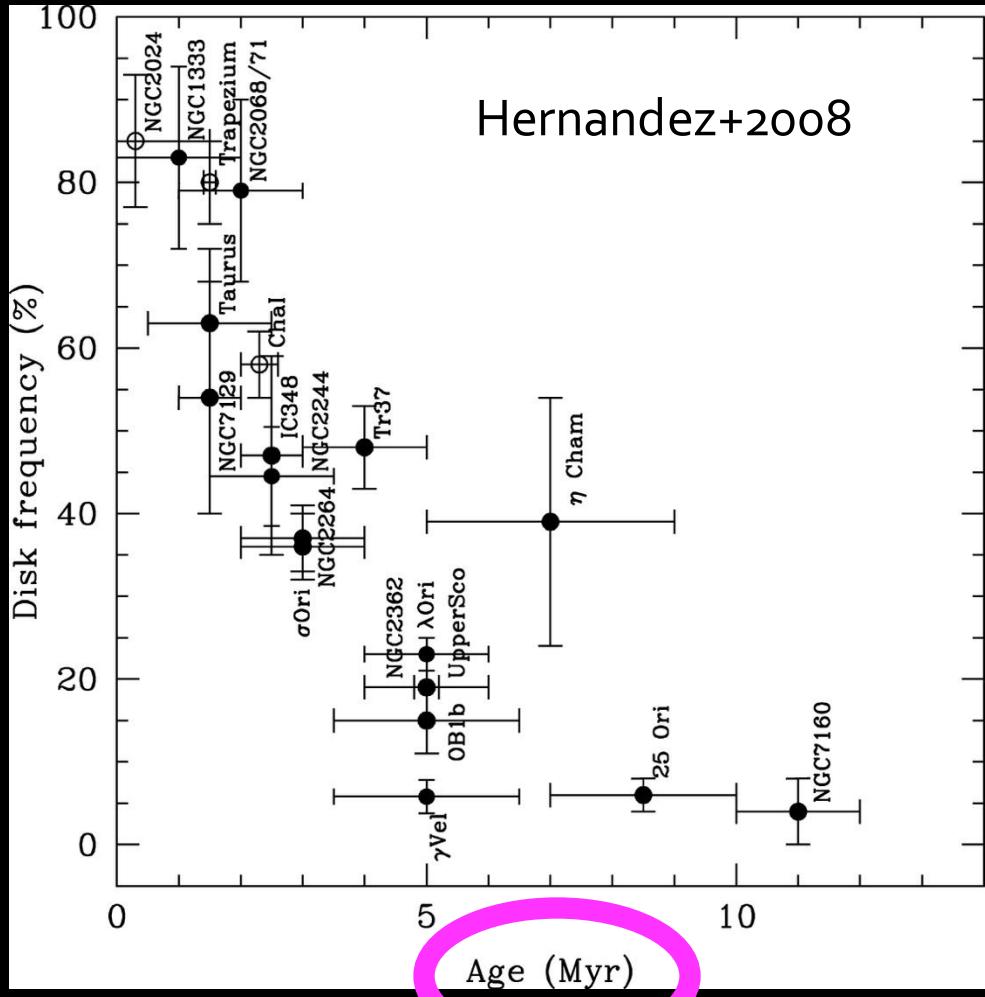
(Gully-Santiago, Herczeg, et al. 2017, using the STARFISH code from Czekala+ 2015)



Large amplitude: filling factor must be high



Extreme case but spots are universal for convective stars:
See, e.g., Fang et al. 2016, Cao et al. 2022

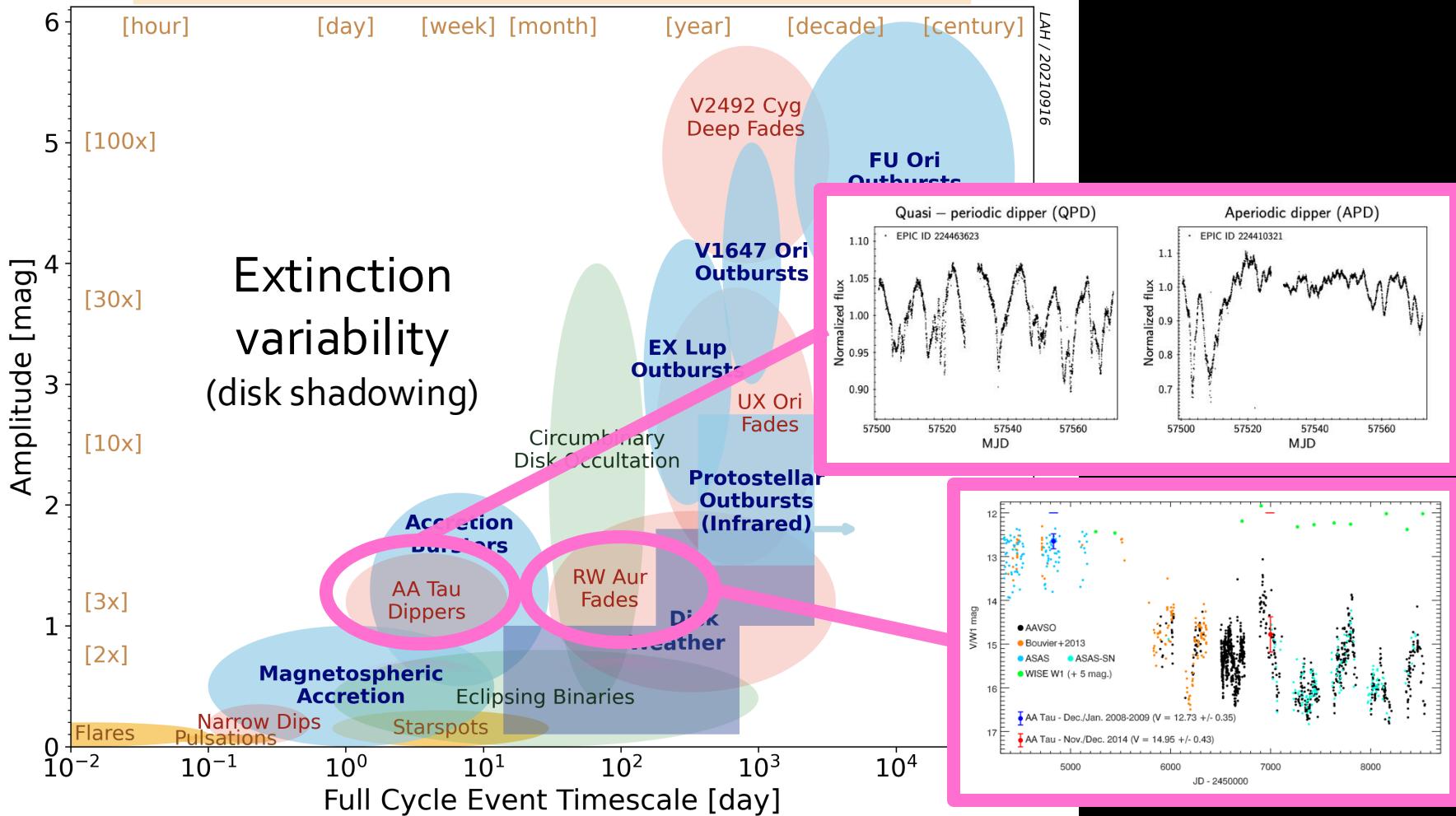


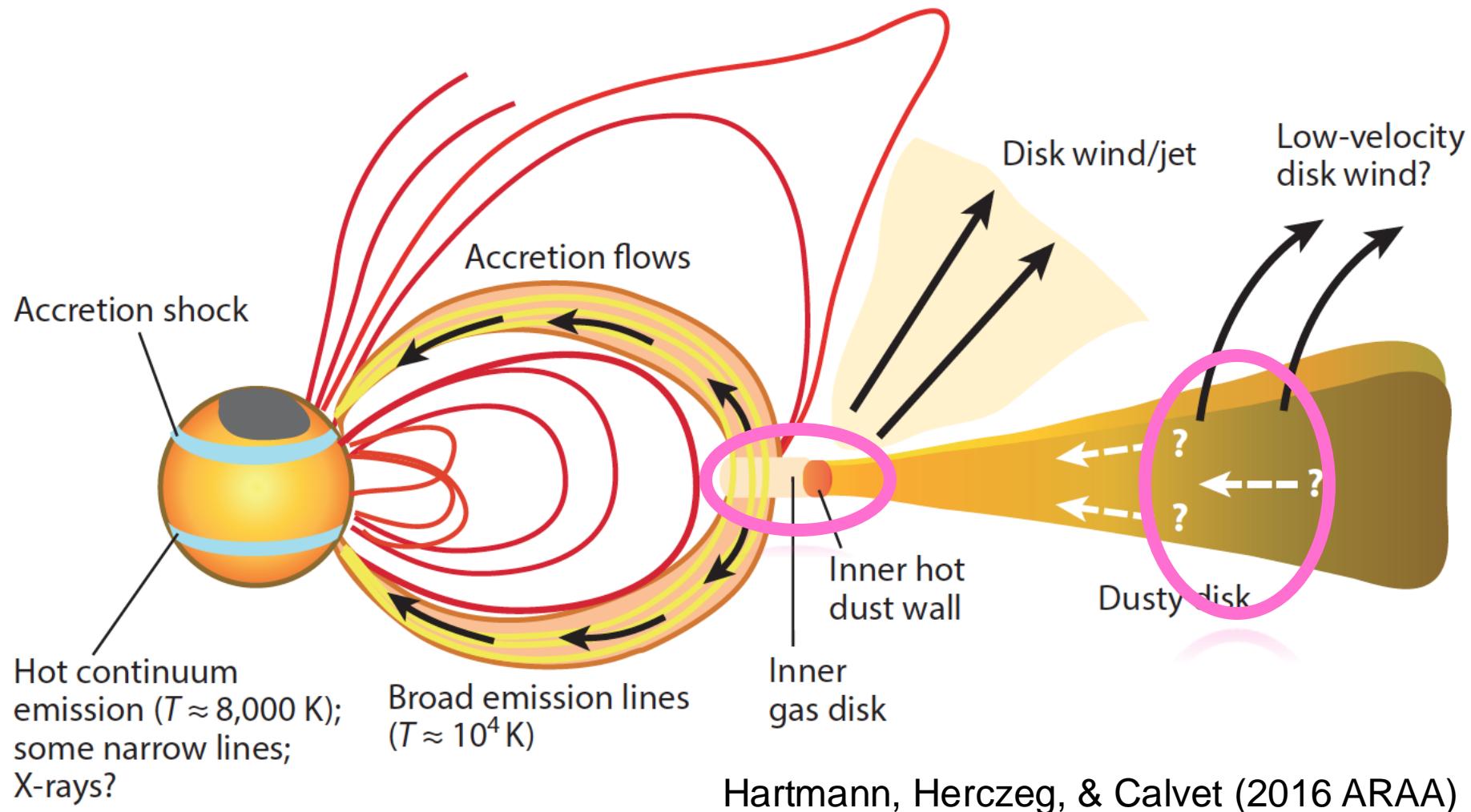
Spots affect ages

Age from HR diagram:
Luminosity and Teff

- Factors of 2 uncertainty in disk (and envelope) lifetimes
- Spotted evolutionary models (Somers+ 2020)
- Spot measurements in many young regions (Cao+ 2023)

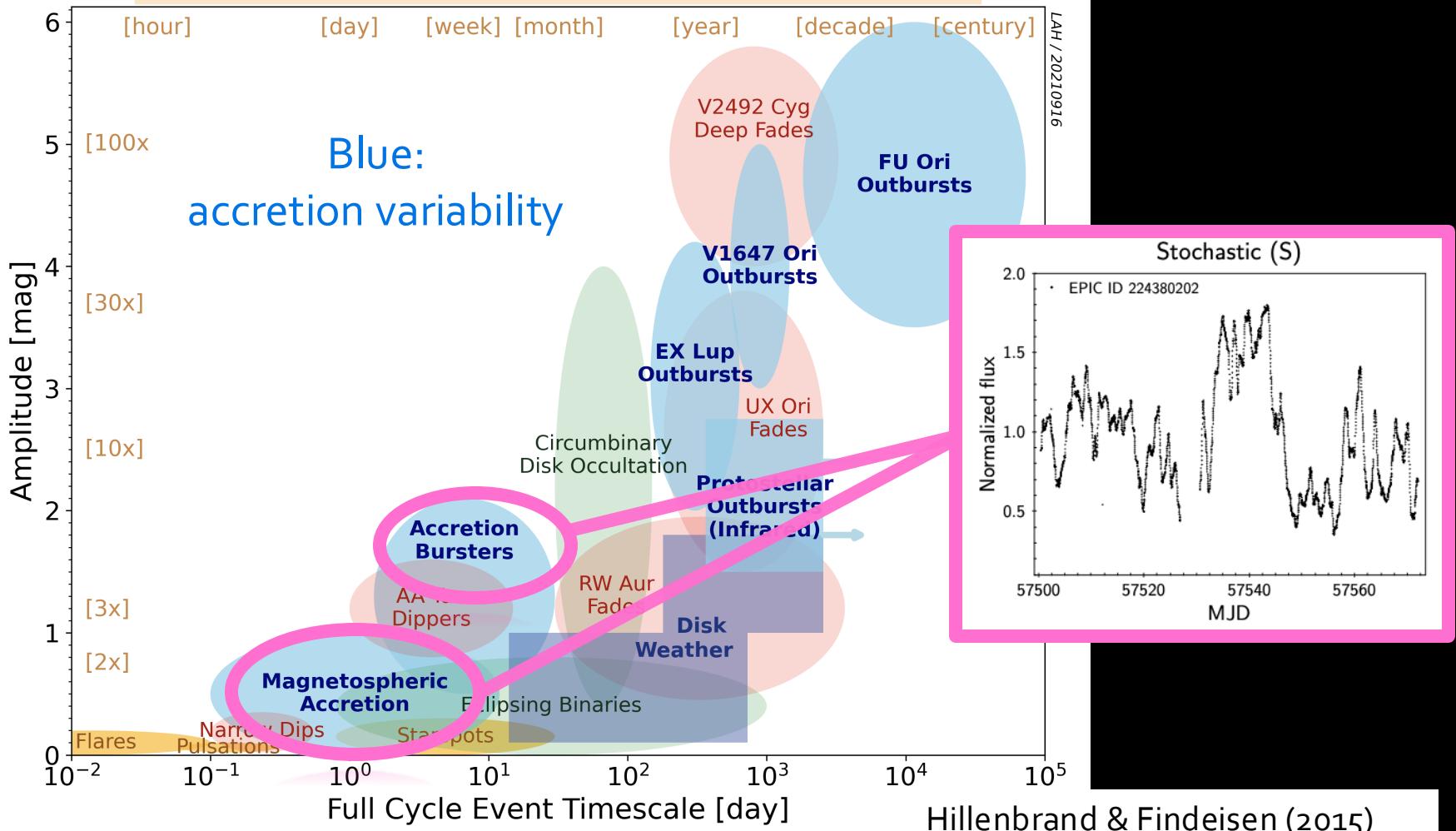
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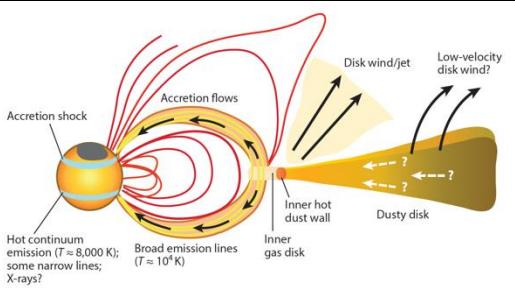




Hartmann, Herczeg, & Calvet (2016 ARAA)

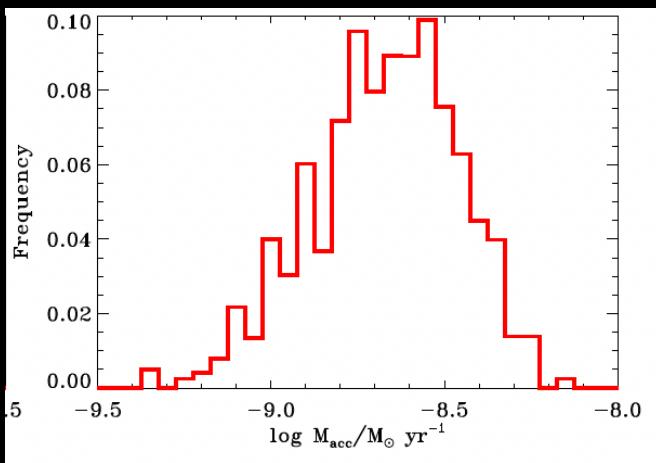
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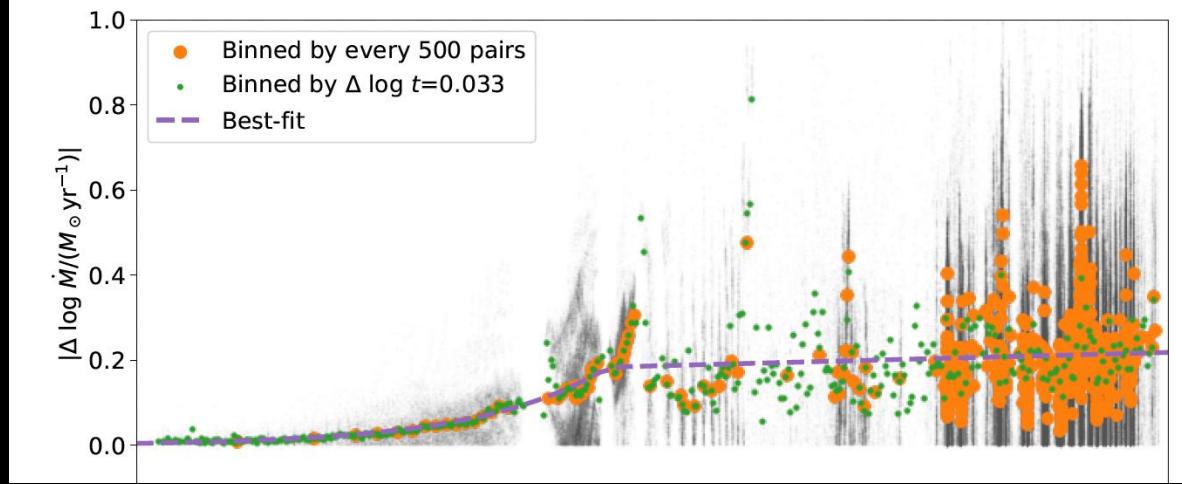


Variability of accretion onto TW Hya

(Herczeg, Yuguang Chen, et al., 2023)



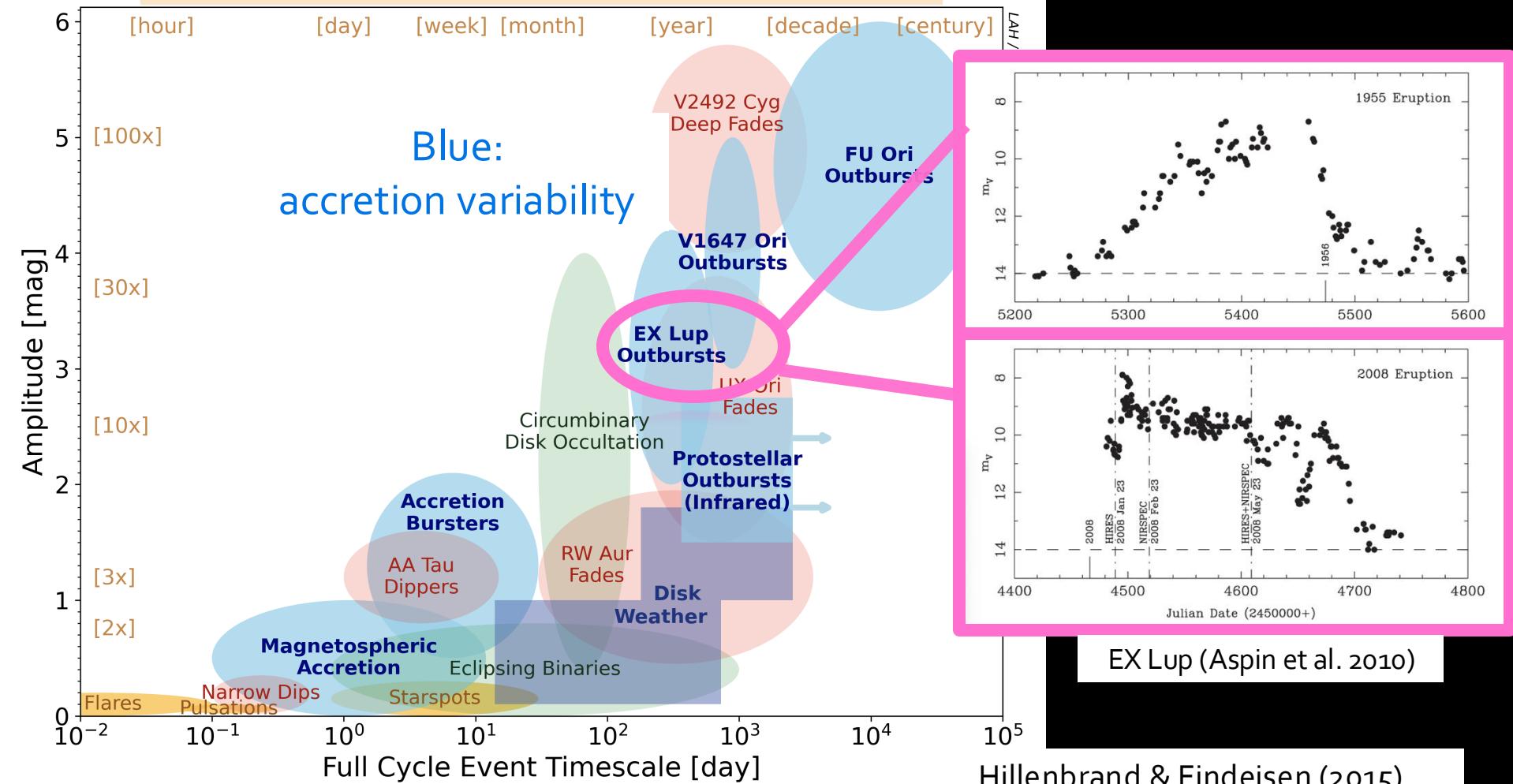
Accretion rates from
1168 high-resolution spectra(!)



Structure function:

- reset timescale of 1.6 days
- Variability of ~0.2 dex

Variability Behavior in Young Stellar Objects (YSOs)

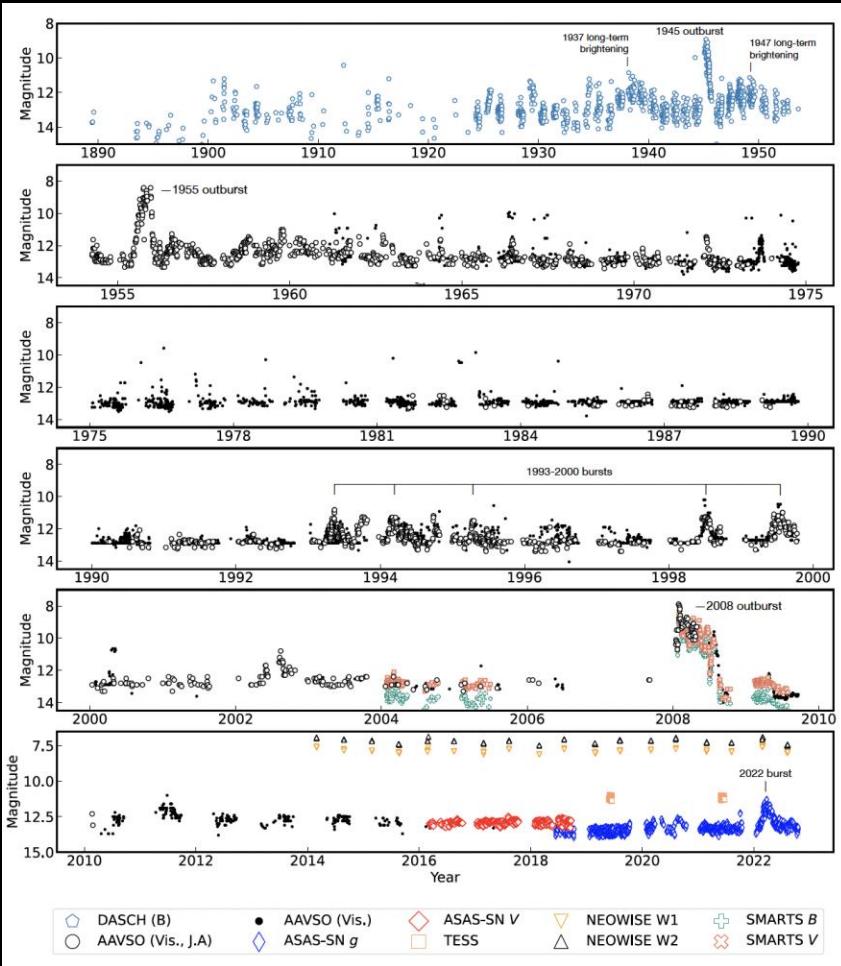


A century of accretion bursts onto EX Lup

Wang Mu-Tian, Herczeg, et al. 2023;

see also Cruz Saenz de Miera et al. 2023, Sicilia-Aguilar et al. 2023

- Archetype of EX Lup-type bursts
 - Herbig 1951; 2008
- Small and large bursts
- Roughly half of mass accreted during bursts

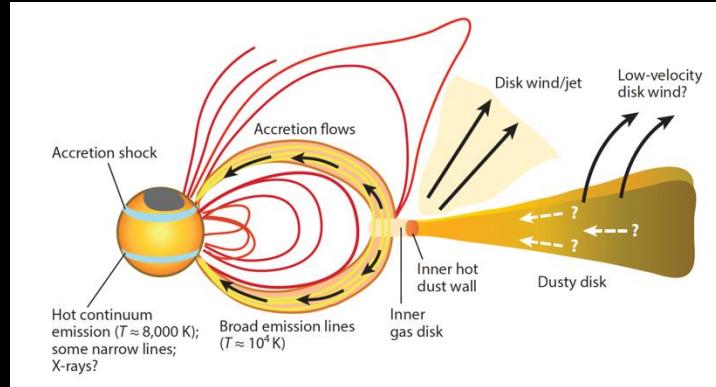


“Weather” of Young Stellar Objects

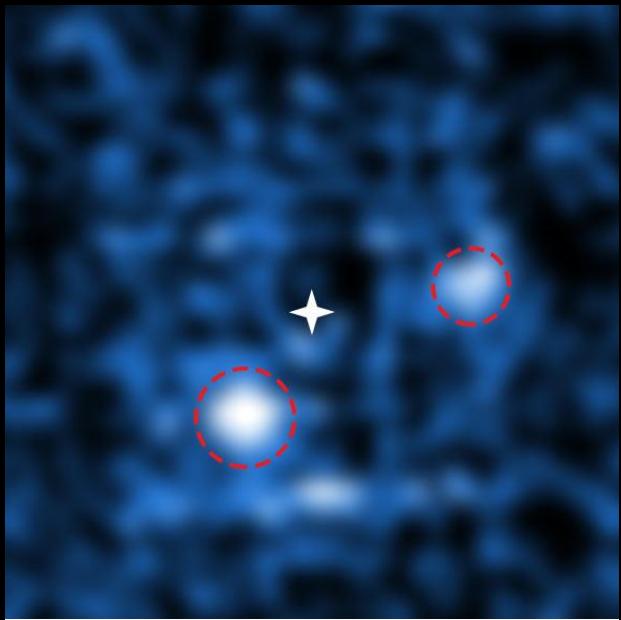
- Diskless (often older): starspots
- Disks: accretion, extinction, winds

Not stellar mass assembly!

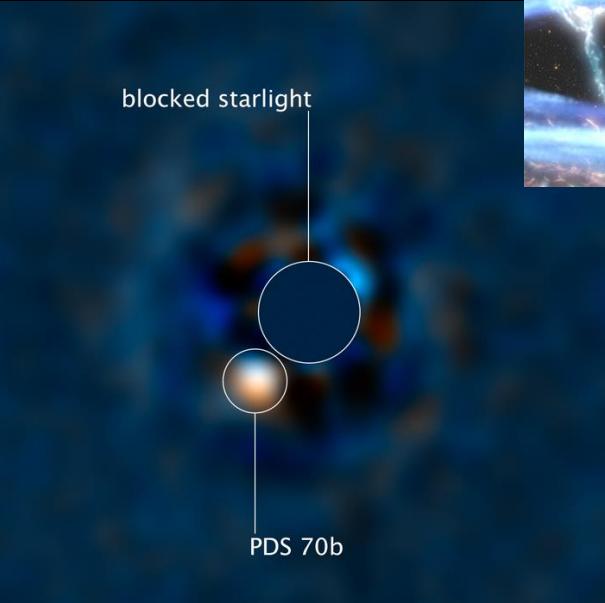
- Average accretion: $1\text{e}-8 \text{ M}_{\odot}/\text{yr}$
- Disk timescale: $3\text{e}6 \text{ yr}$
- 0.03 M_{\odot} : negligible mass



Watching young planets grow!



VLT MUSE H-alpha images
Haffert et al. 2019



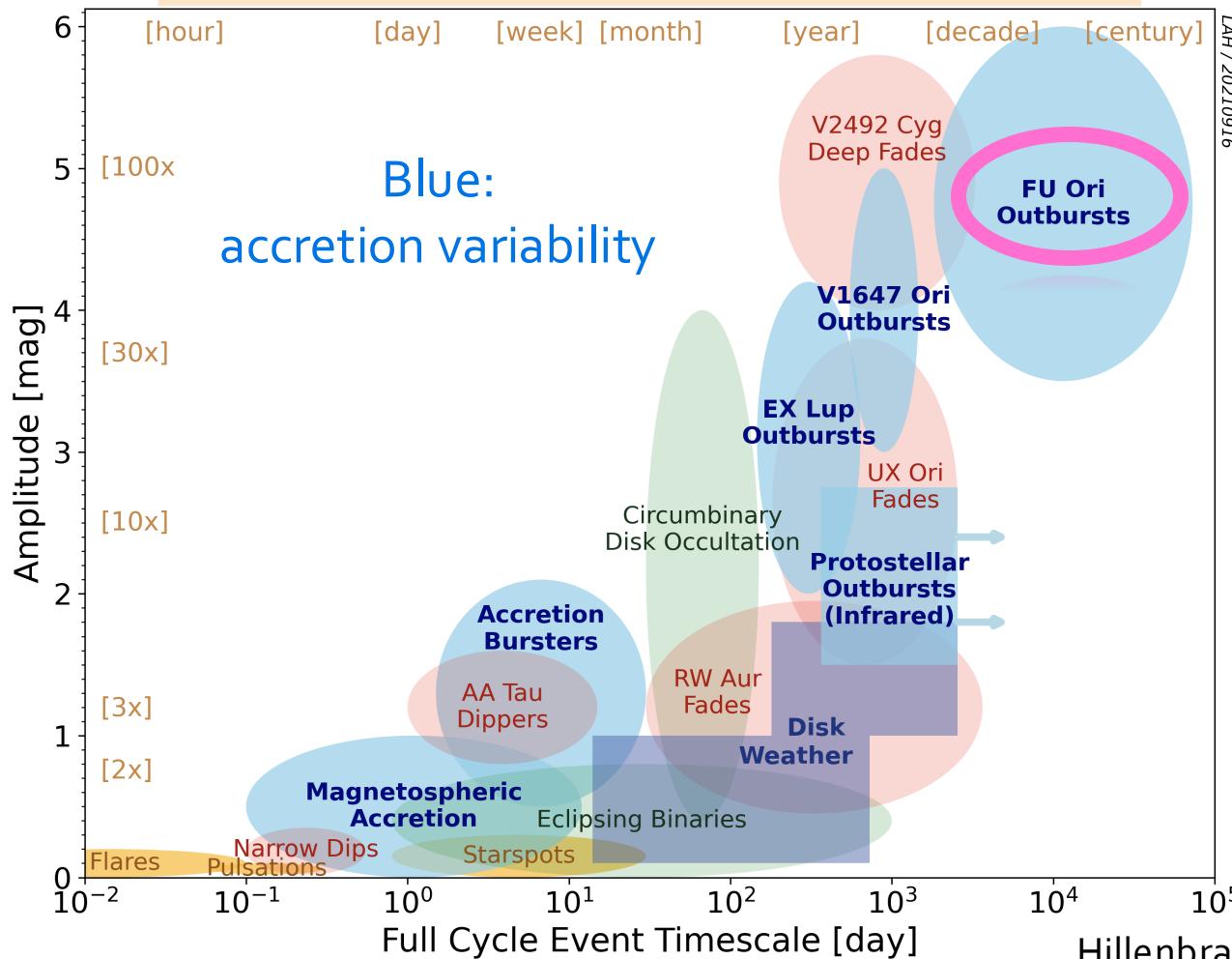
Hubble Space Telescope: H-alpha and U-band imaging
(Zhou et al. 2021;
see also Zhou, Herczeg, et al. 2014)



Planets in disk
around PDS 70

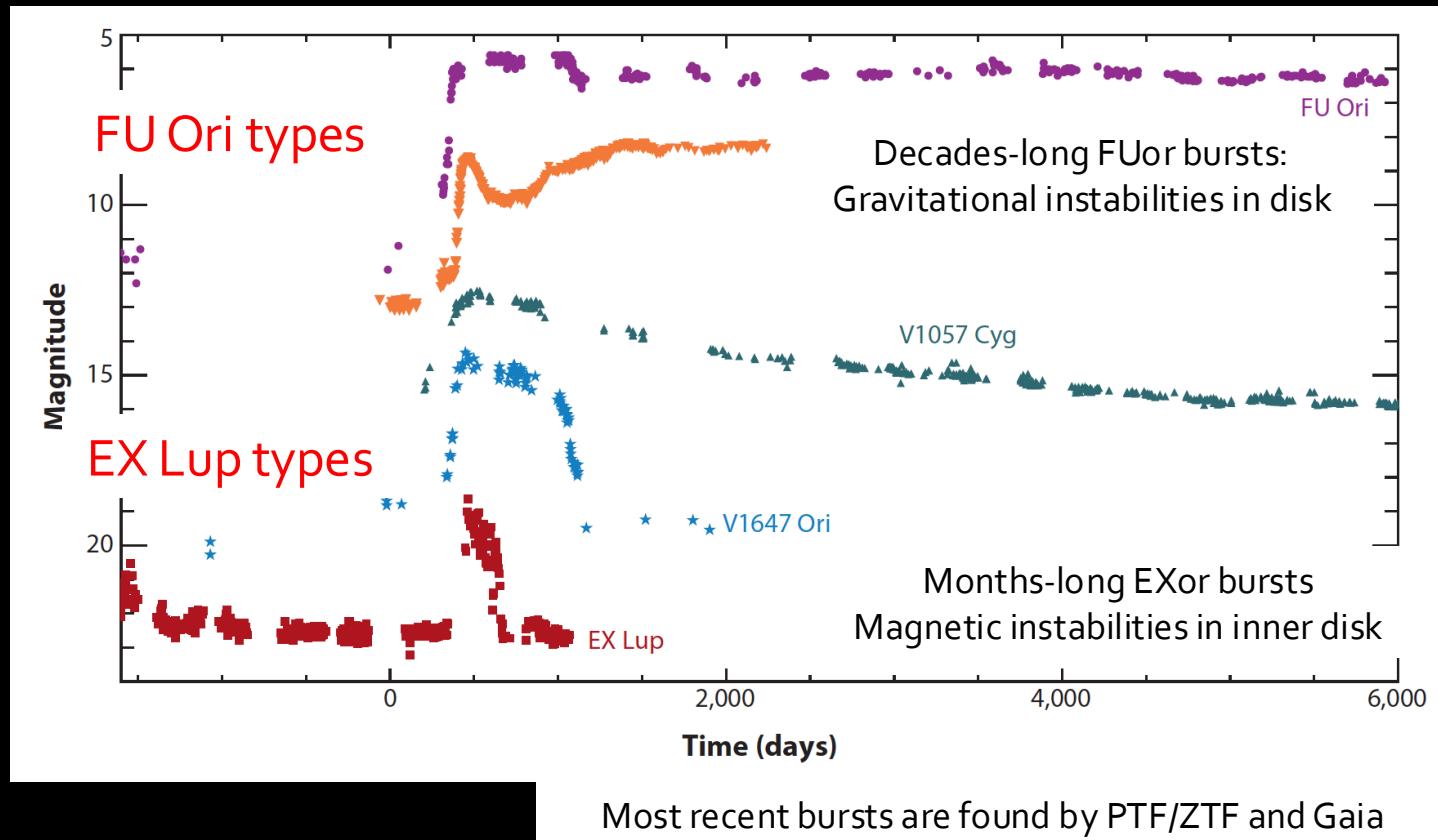
Variability Behavior in Young Stellar Objects (YSOs)

LAAH / 20210916



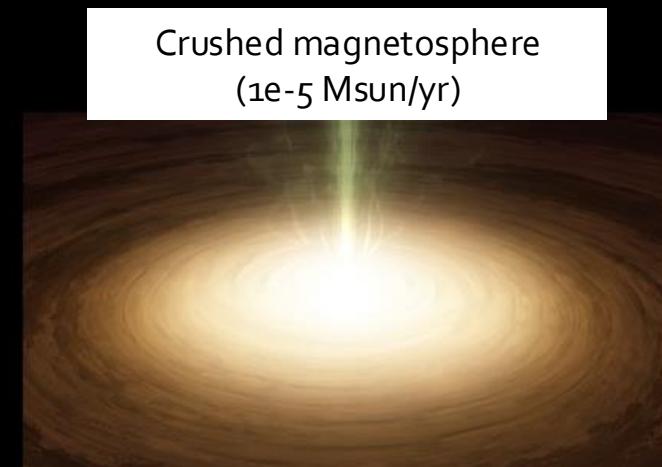
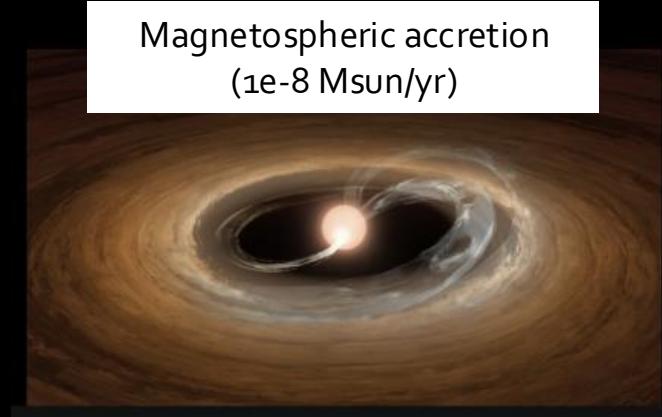
FU Ori type outbursts

(adapted from Kospal+2011)



FU Ori type outbursts

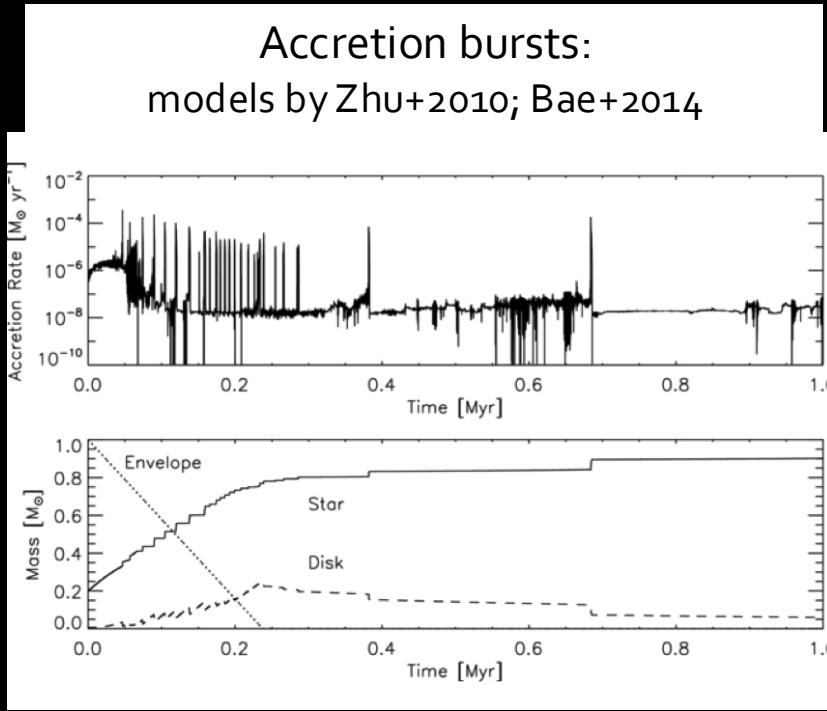
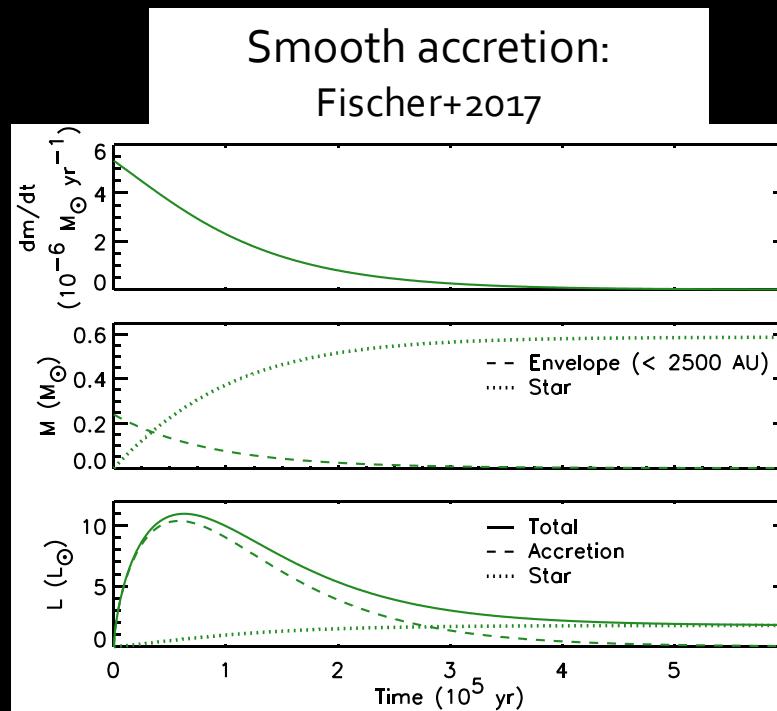
- Accretion crushes stellar magnetosphere
 - Disk viscously heated to \sim 10000 K
 - Disk emission overwhelms stellar photosphere
 - Viscous timescales: 0.1-1 AU
 - Causes: disk instabilities
-
- **May play major role in stellar assembly**
 - Macc/outburst: $1e-5 * 1e2 = 1e-3$ Msun per burst



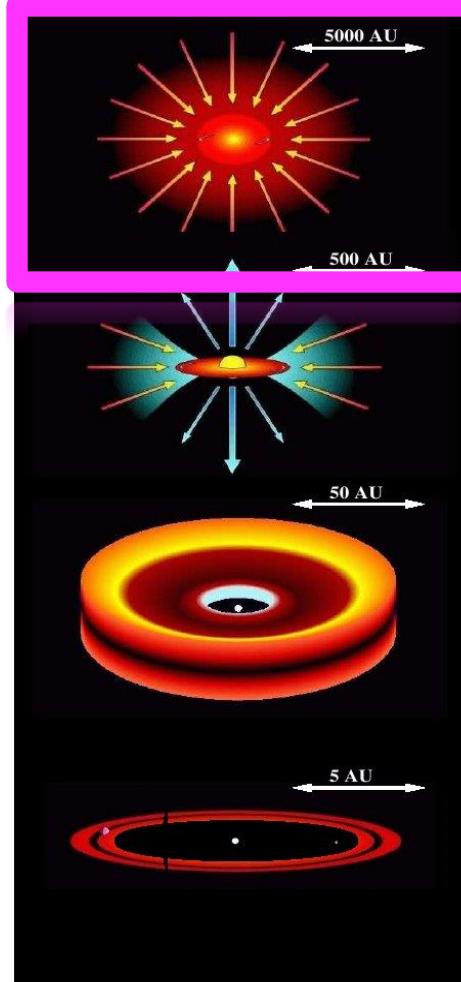
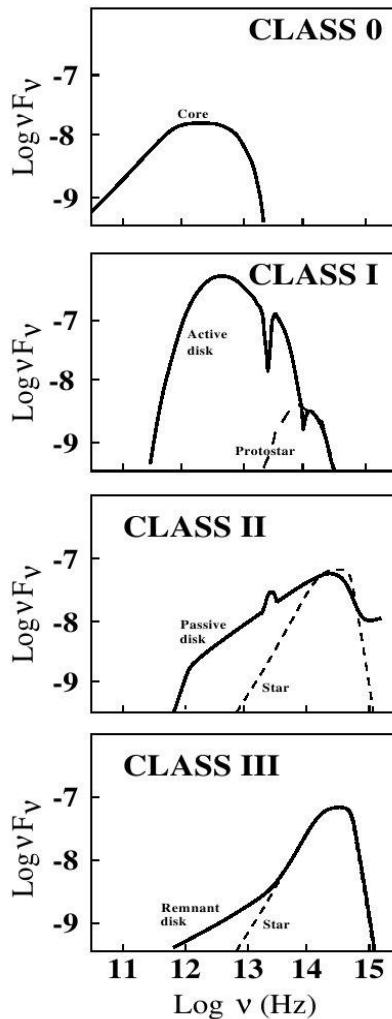
Cartoon from Fischer+2023 review

Role of bursts in stellar assembly is uncertain

(Fischer, Hillenbrand, Herczeg, et al., 2023, PPVII review)



If occur early and radiative, affects initial radius (age estimate) of star
(e.g., Baraffe et al. 2009; Hosokawa et al. 2011; Kunitomo et al. 2017)

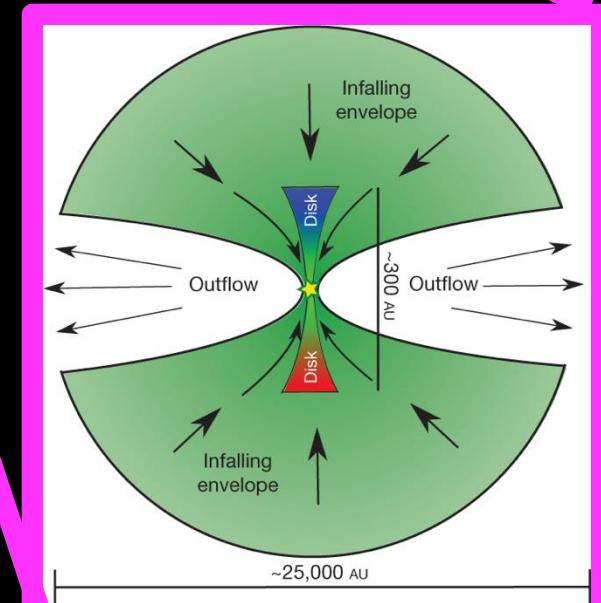


Low mass stars, van Boekel 2005

Stellar assembly occurs during protostellar phase

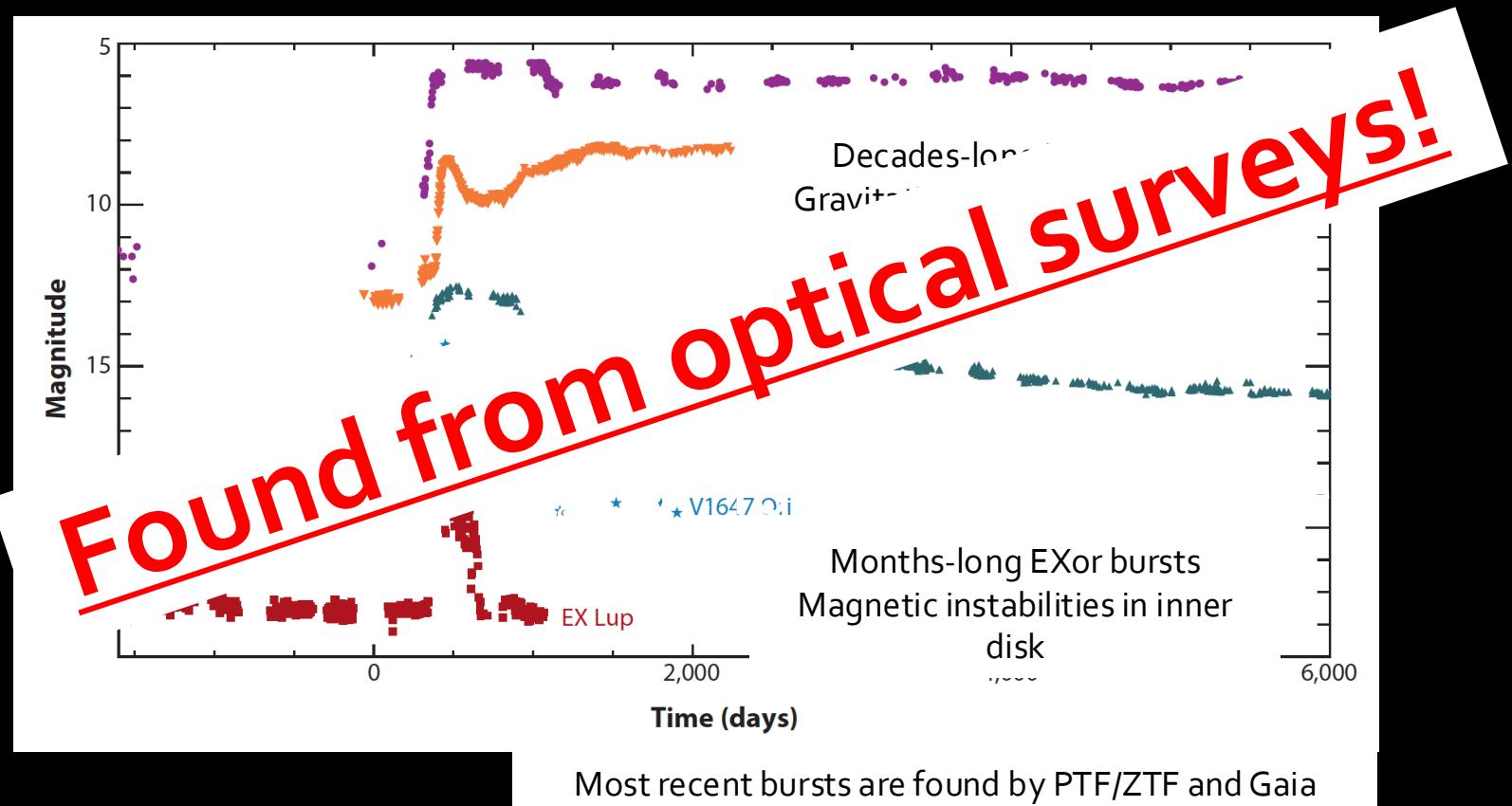
$$L_{\text{tot}} = L_{\text{acc}} + L_{\text{out}}$$

Buried in envelope, Scattered by dust

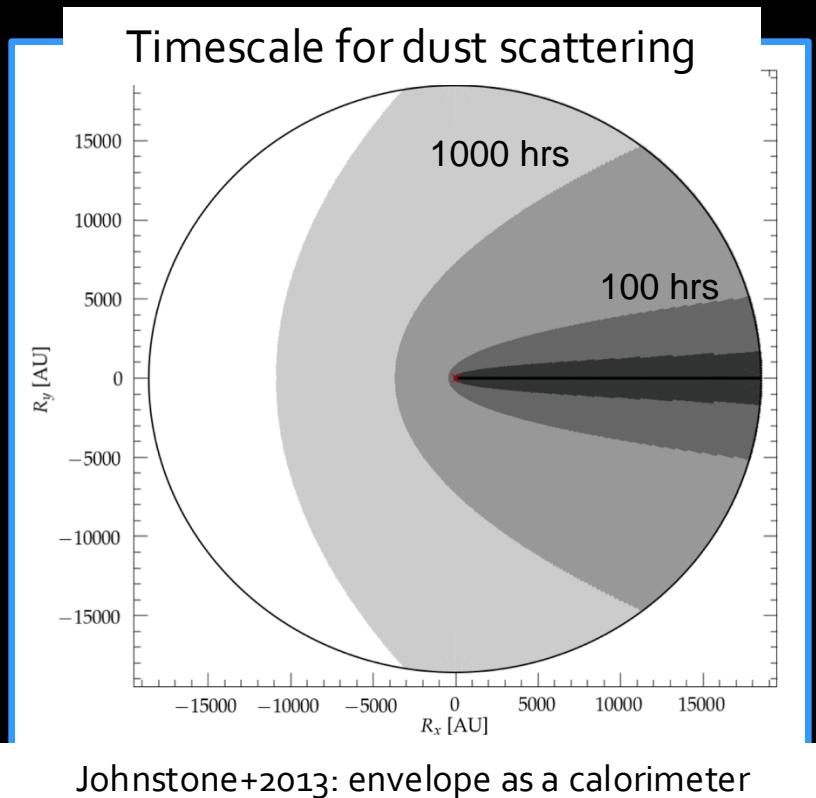


FU Ori type outbursts

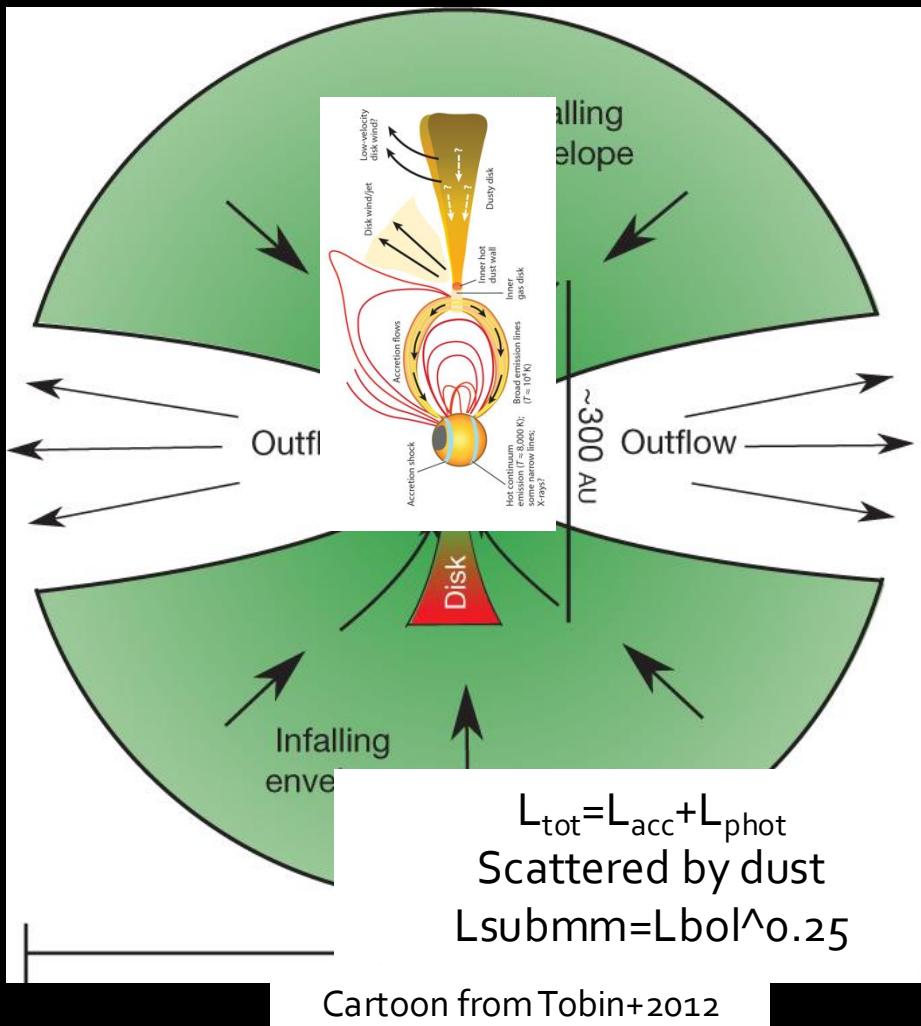
(adapted from Kospal+2011)



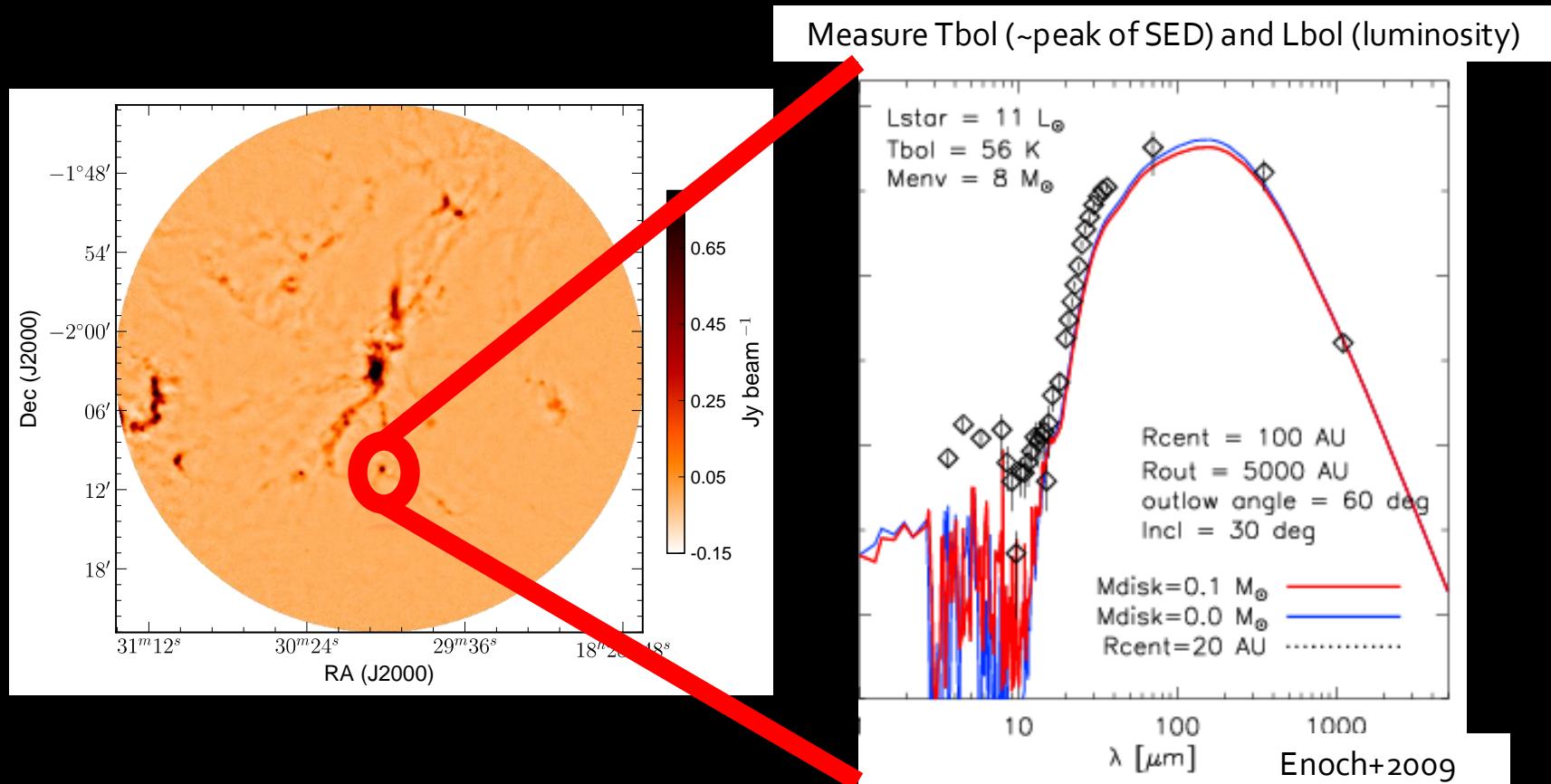
Stars grow during protostellar phase



Johnstone+2013: envelope as a calorimeter



Measure: T_{bol} (SED peak) and L_{bol}



The East Asian Observatory JCMT-Transient Survey: the first long-term sub-mm monitoring program (Herczeg+2017)



Gregory Herczeg (co-PI; PKU/China)

Doug Johnstone (co-PI; NRC/Canada)

Jeong-Eun Lee (co-PI; SNU/Korea)

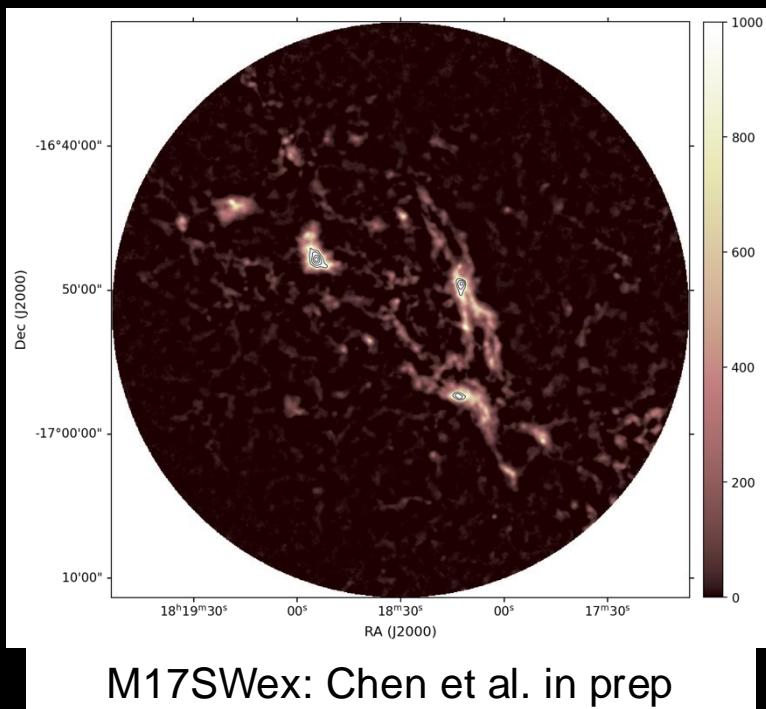
Steve Mairs (UBC/EAO/BC Health Care)

NEOWISE+follow-up: **Carlos Contreras Pena** (SNU)

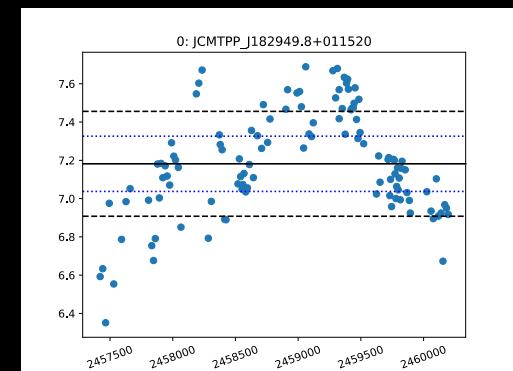
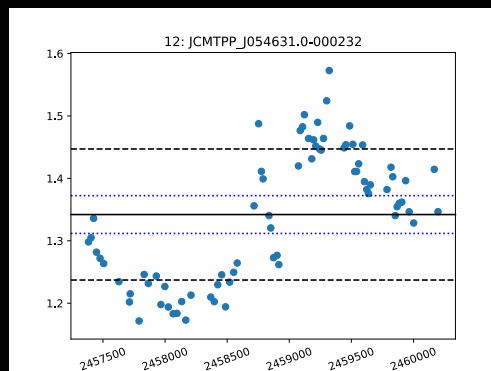
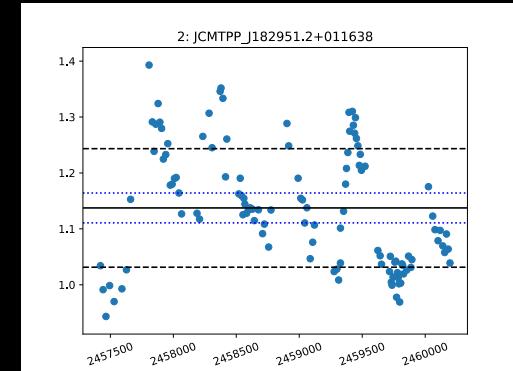
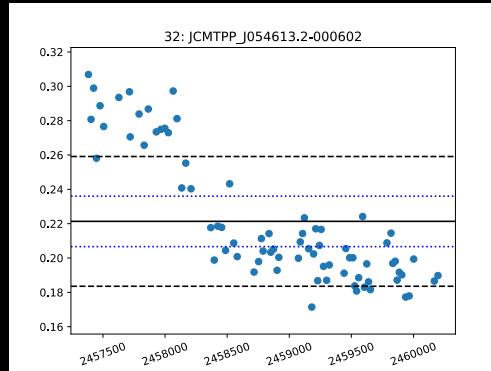
Yong-hee Lee (KHU), Wooseok Park (KHU), Jenny Hatchell (Exeter), Geoff Bower (ASIAA), Zhiwei Chen (PMO), Xu Zhang (NJU), Sheng-Yuan Liu (ASIAA/NTU), Yuri Aikawa (Tokyo), Graham Bell (EAO), Mizna Ashraf (IISER-Tirupathi), Sung-Yong Yoon (KASI), many others

JCMT Transient: sample 850-micron light curves

(523 hrs from 2016-2024; Mairs+2017ab; Johnstone+2018; Lee et al. 2021; Mairs+2023)



M17SWex: Chen et al. in prep

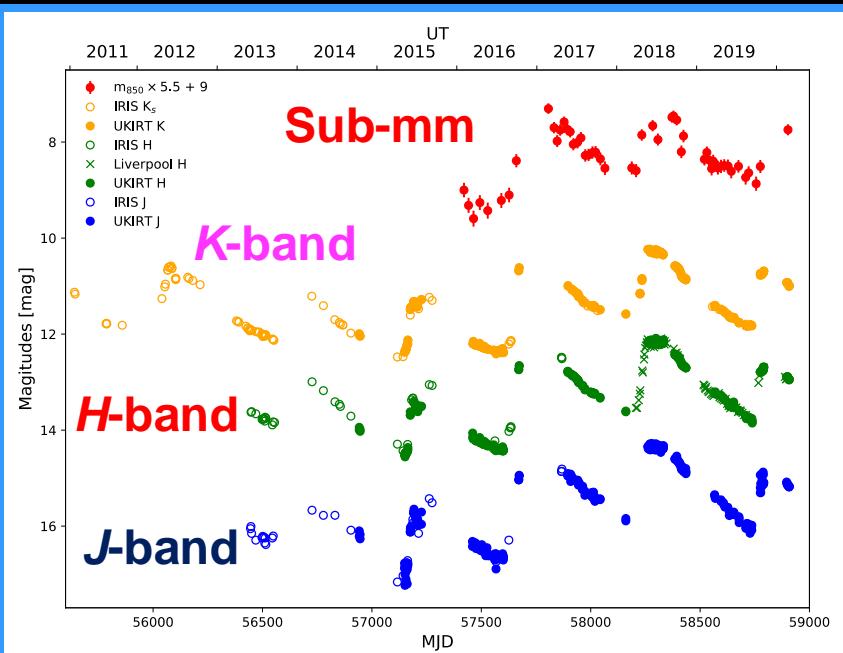


Precision of ~1% from “differential photometry” (Mairs+2023)



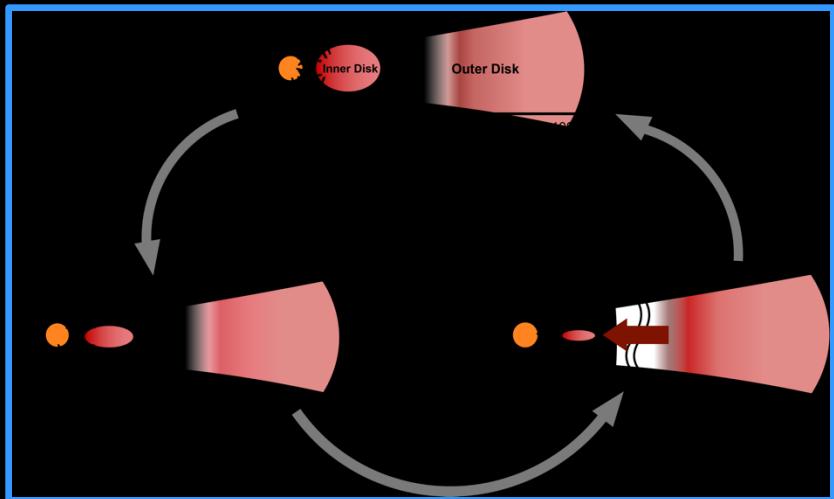
EC 53 (V371 Ser): Young Faithful

(YH Lee, Johnstone, JE Lee, et al. 2020)



Near-IR periodicity discovered by Hodapp 2012;
Source similar to Muzerolle+2011; Dahm & Hillenbrand 2020

Cycles of filling and draining the disk



Timescale (e-folding):

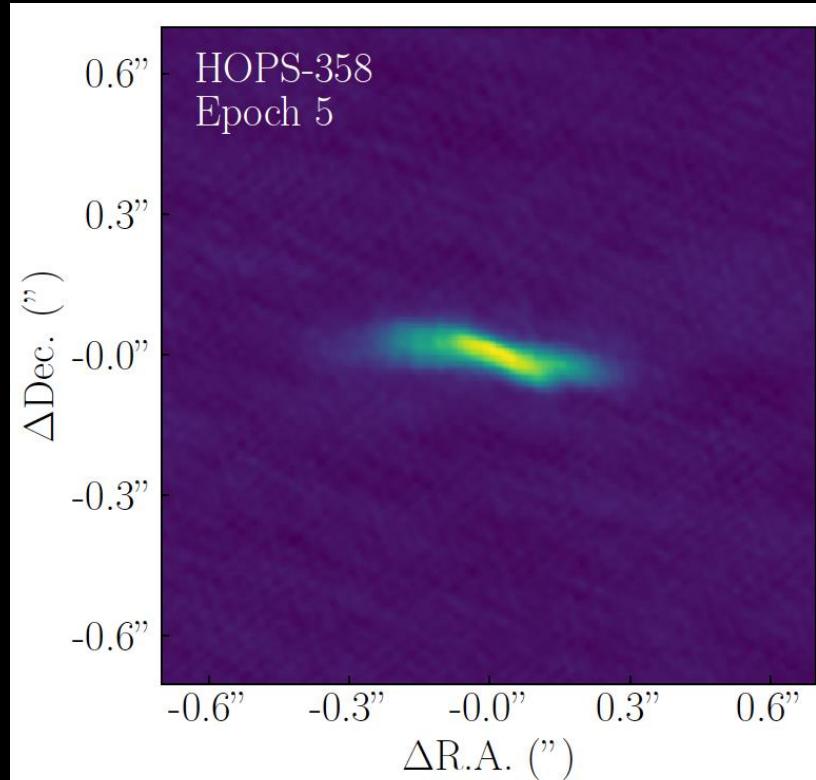
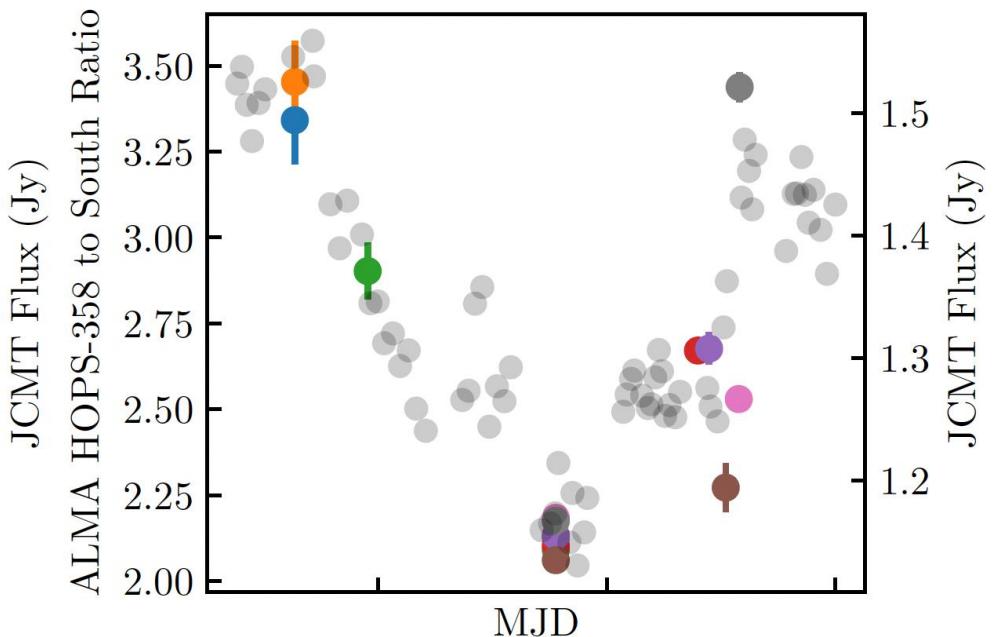
- Decay ~ 0.75 yr
- Rise ~ 0.10 yr

Accretion rate: $\sim 2.5 \text{ to } 8 \times 10^{-6} M_{\odot}/\text{yr}$

HOPS 358: variability with JCMT and ALMA

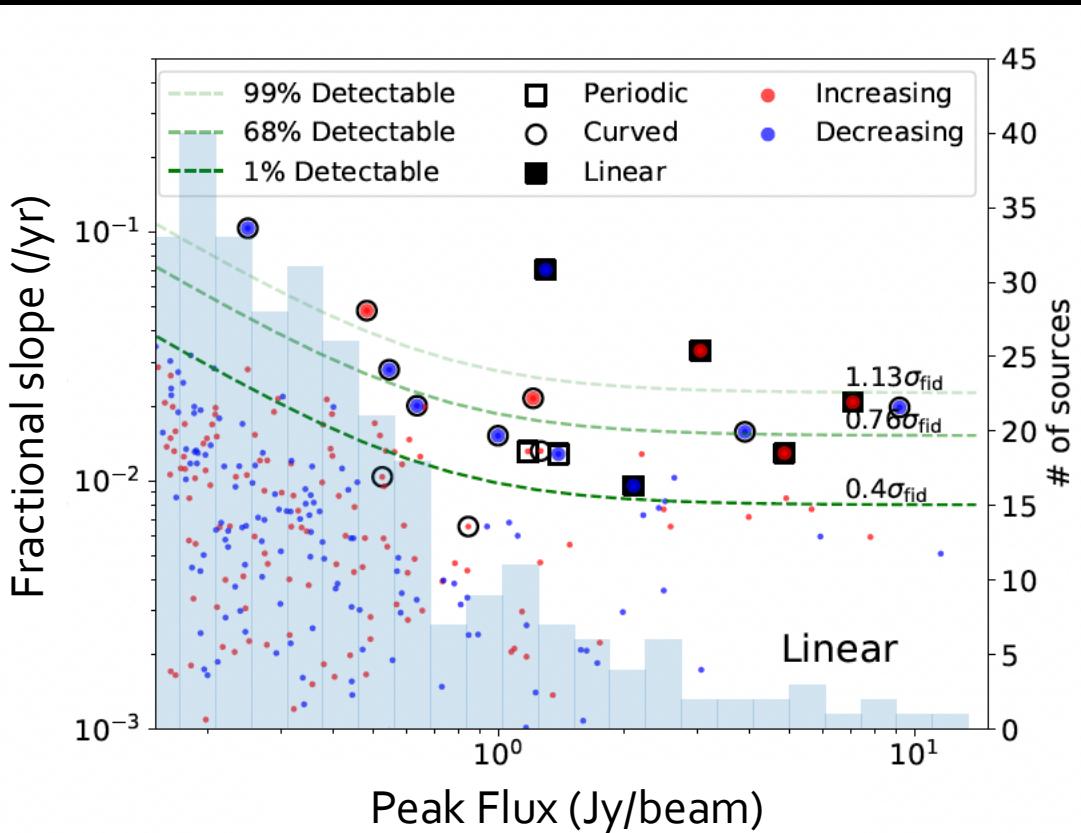
(Sheehan et al. 2024; see also Francis+2020, 2022)

Different beam sizes: reverberation mapping



Summary of sub-mm variability over 4 years

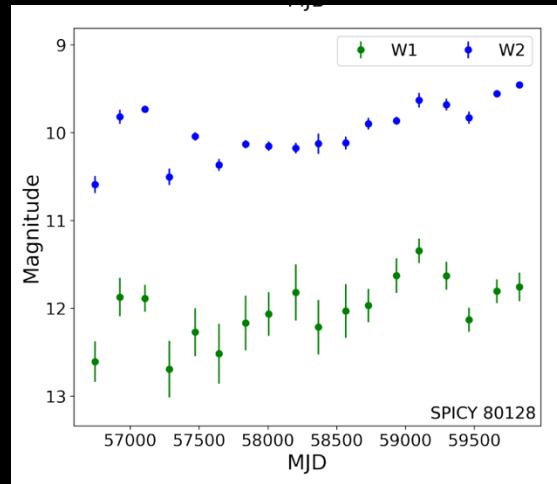
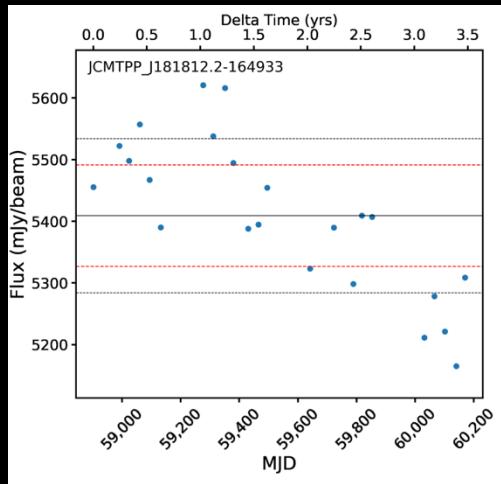
(Y-H Lee, Johnstone, JE Lee, et al. 2021; Johnstone et al. 2023)



- Protostars are variable!
 - About half by 5-10% per year
 - $L^{0.25}$, so modest changes
- Many interesting case studies
- Not enough time/number to detect largest bursts
- Expanding to more distant intermediate-mass star-forming regions

Monitoring Intermediate Mass Star-Forming regions

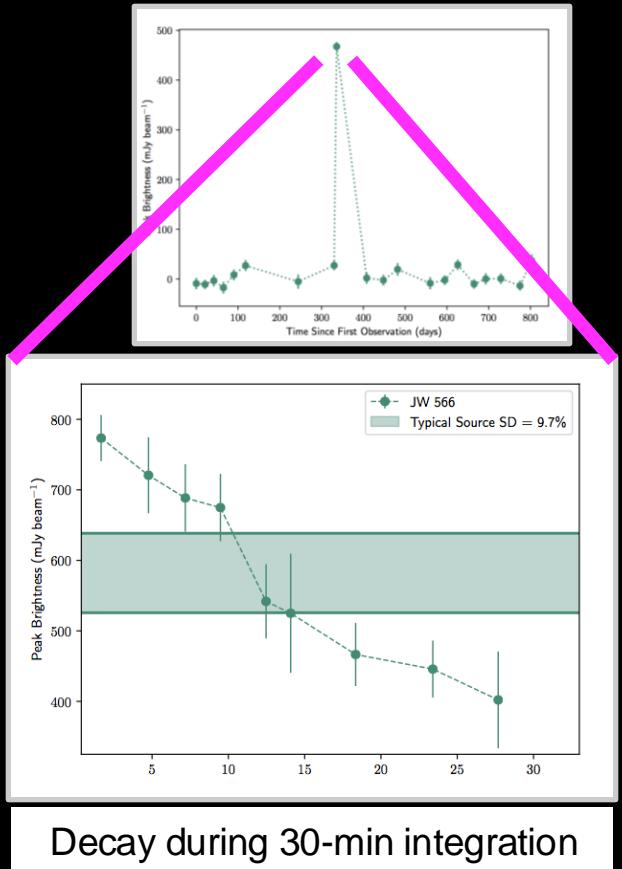
(Mairs+2024; Park et al. 2024; ZW Chen et al. in prep)



- Increase in source numbers
- Source confusion
- Source characterization
- Less survey time
- Complement with NEOWISE

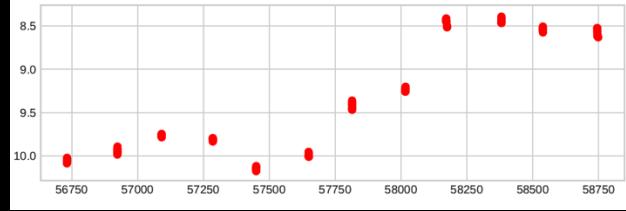
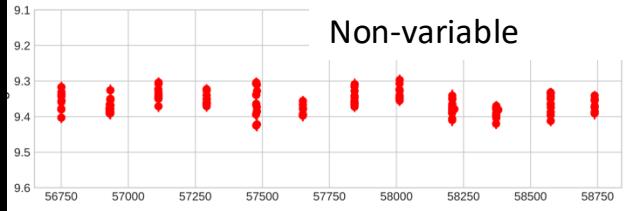
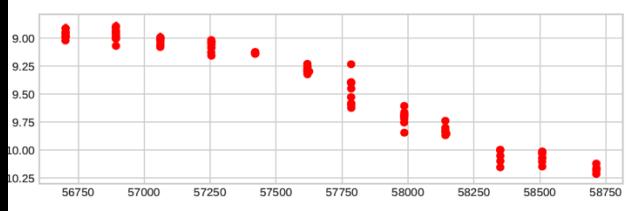
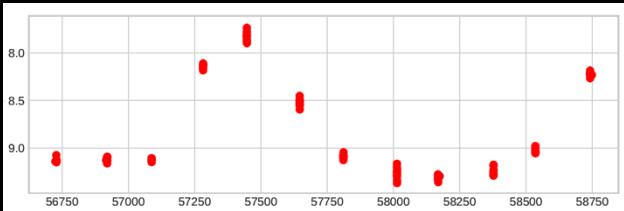
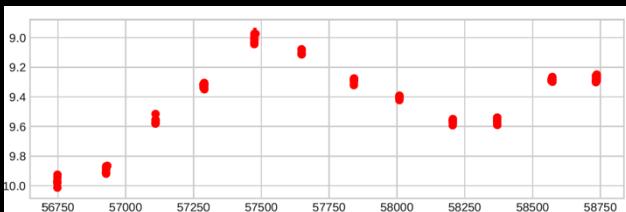
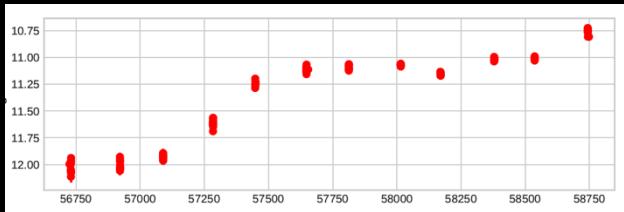
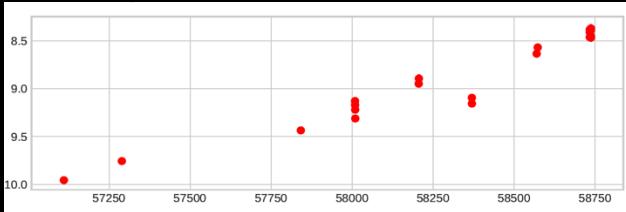
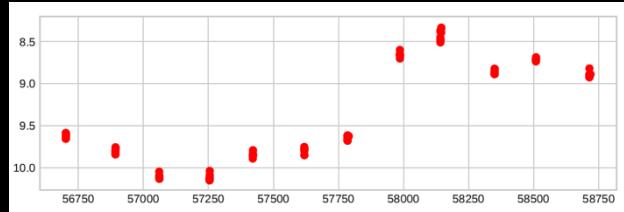
The sub-mm variable sky

- Coronal flare on a YSO
 - Strongest ever recorded?
 - Mairs et al. 2019; Johnstone et al. 2023
- Two variable AGNs
- Sub-mm flux calibration techniques
 - Previously ~10% unquantified errors



Essential for CMB-S4 Cosmology Experiment (2020 US Decadal)

NEOWISE: mid-IR variable sky



- NEOWISE mission:
- All-sky, 3.6, 4.5 microns
- 2 epochs/year
- statistical analysis of variability

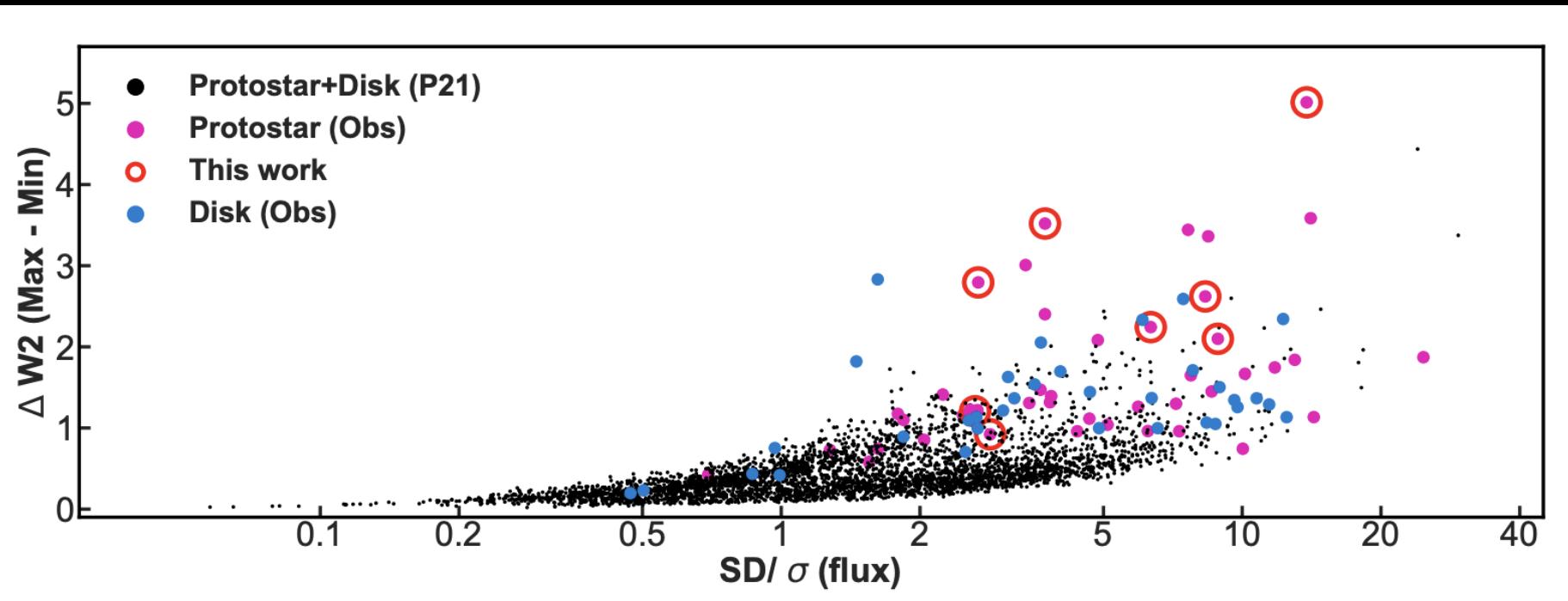
Long-term goal:
frequency of FUor outbursts

Park, JE Lee, et al. 2021
Contreras Pena et al. 2023

Follow-up spectroscopy
(Gemini, IRTF, Palomar) by
Contreras Pena, others

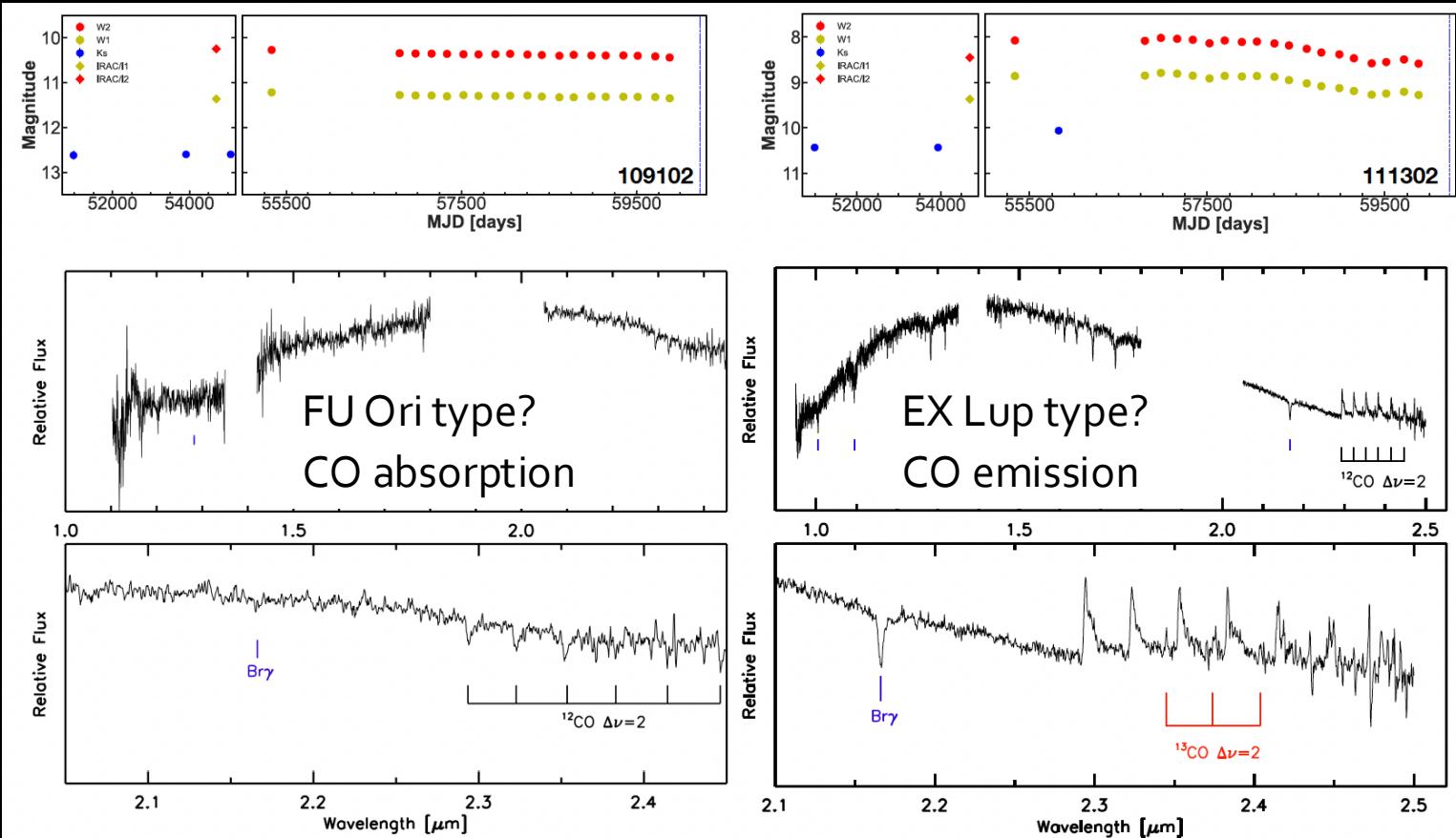
NEOWISE: from case studies to population statistics

(Contreras Pena et al. 2024; in prep)



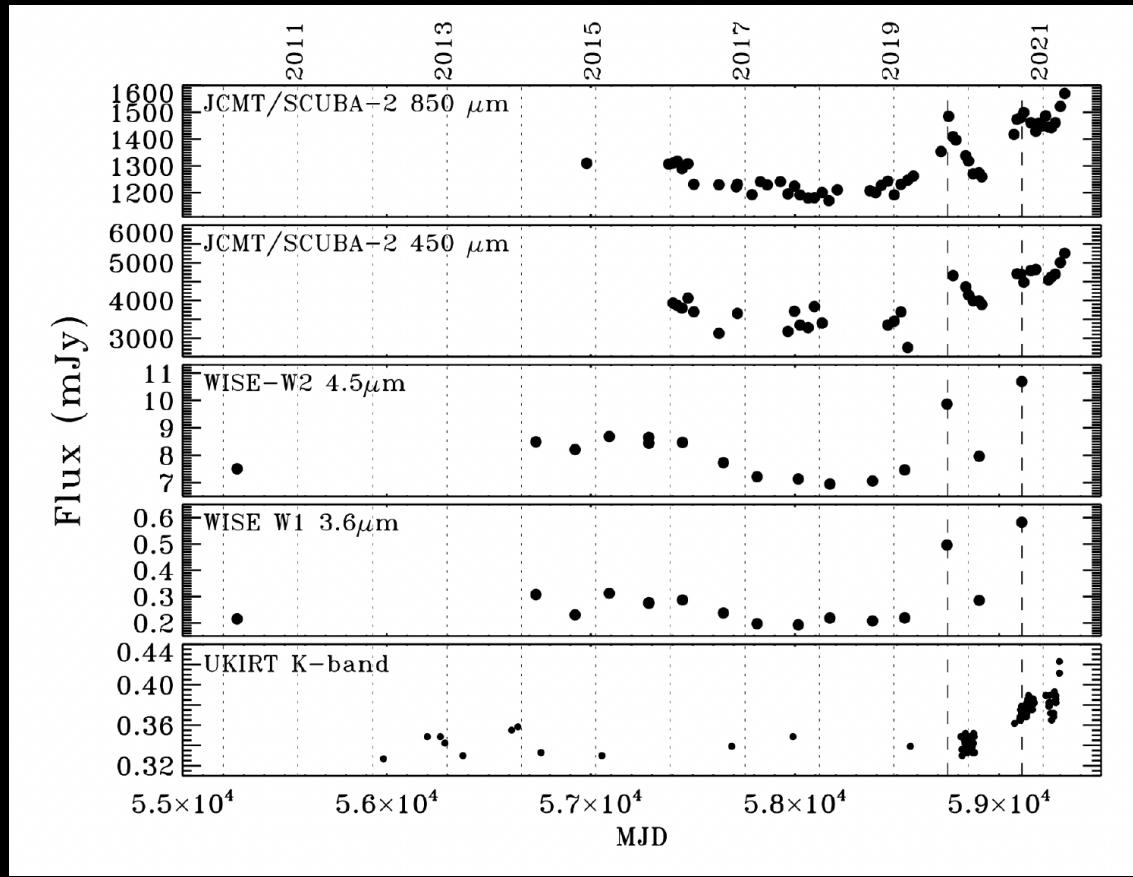
Searching for fading FU Ori-like objects

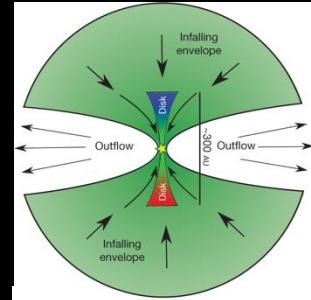
(Contreras Pena et al. in prep)



HOPS 373: a modest accretion burst found with JCMT

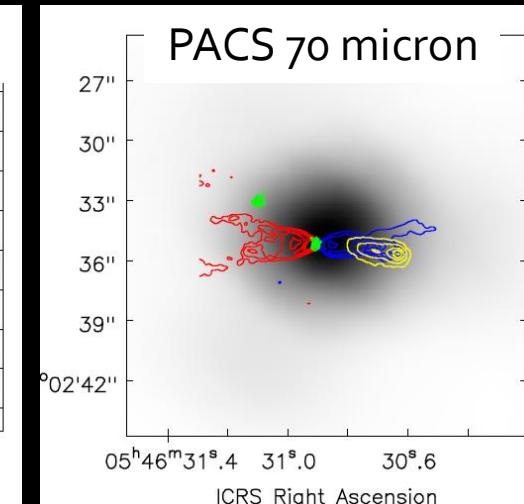
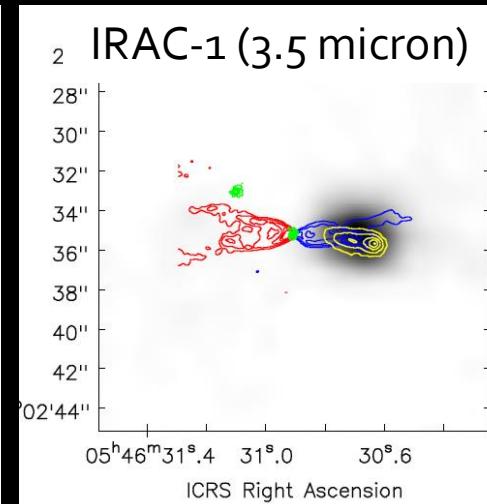
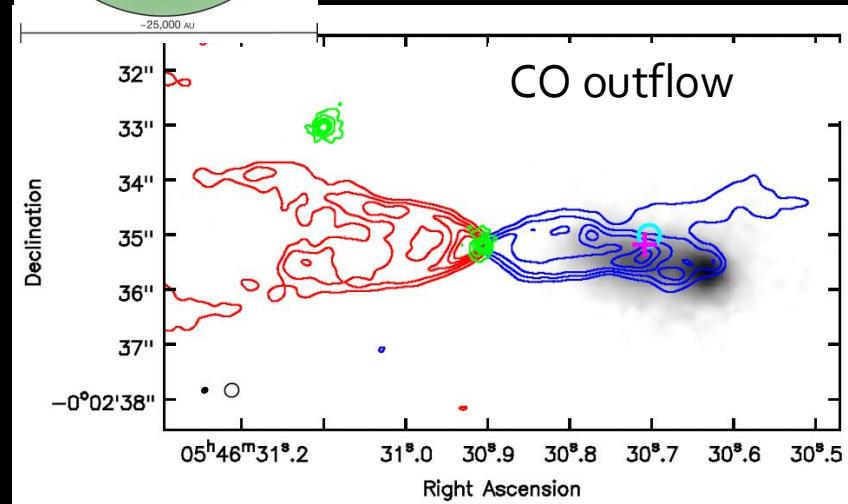
(Yoon, Herczeg, JE Lee, et al., 2022)





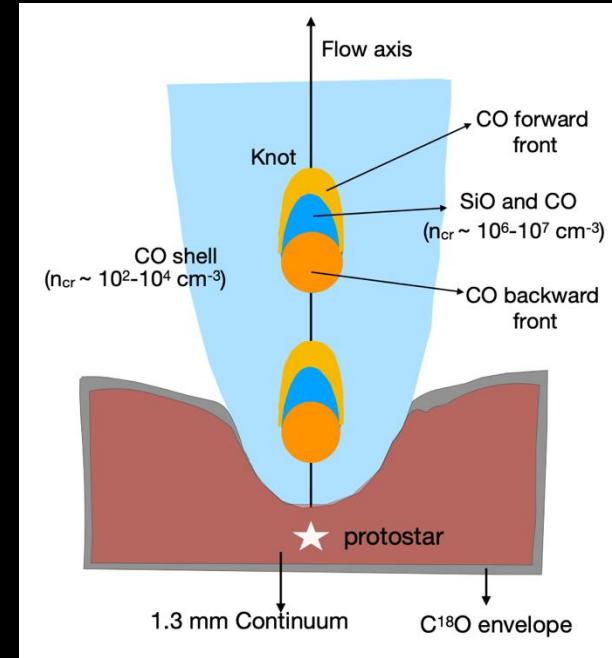
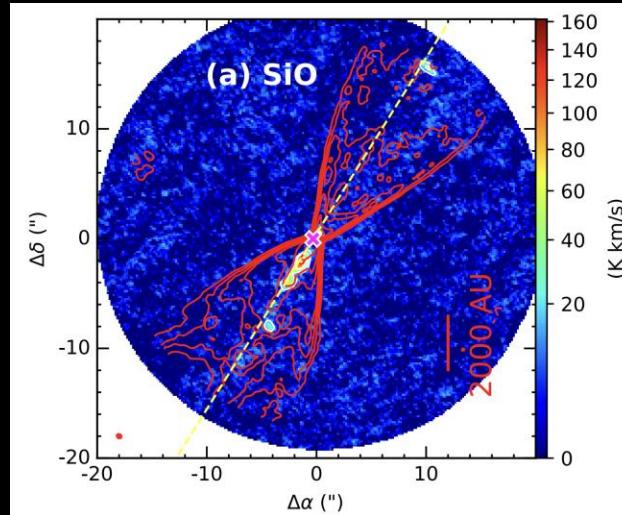
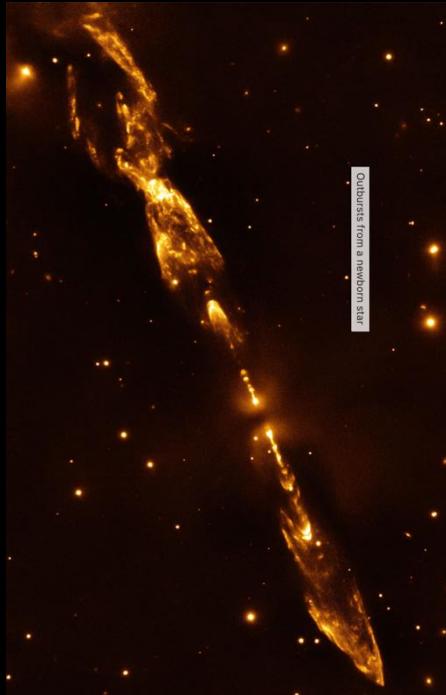
HOPS 373: a modest accretion burst

Yoon, Herczeg, JE Lee, et al. 2022



Near- and mid-IR emission: emission reflected and escapes out of cavity walls
W₂/IRAC-2, K-band variability: suppressed by H₂, CO

Outflows as a pre-historic record of outbursts (e.g., Dutta+2024)

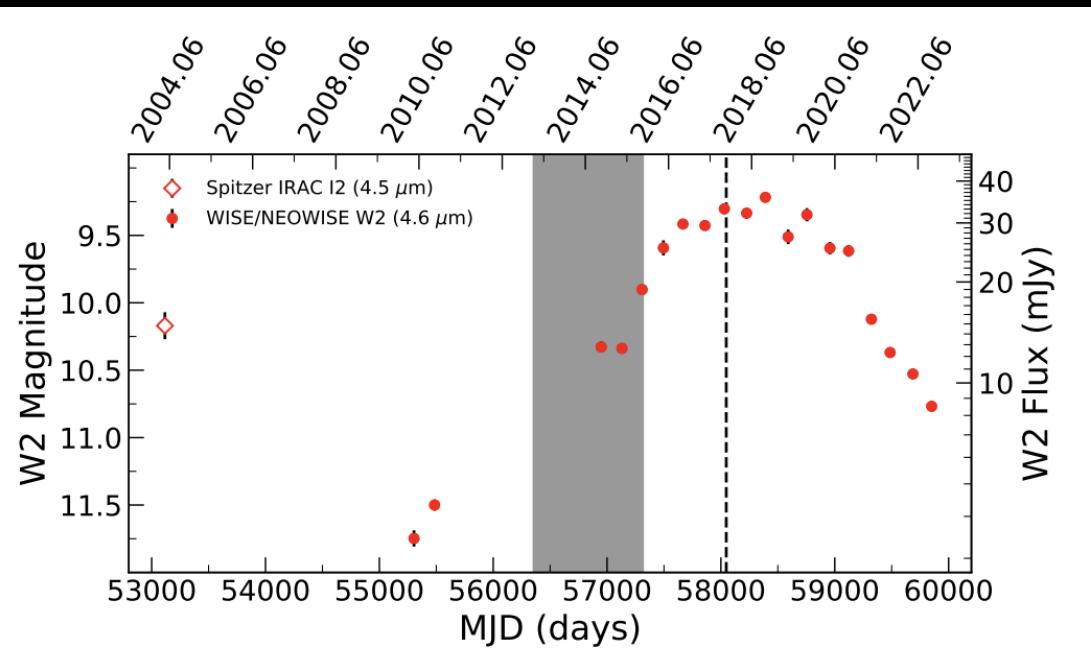
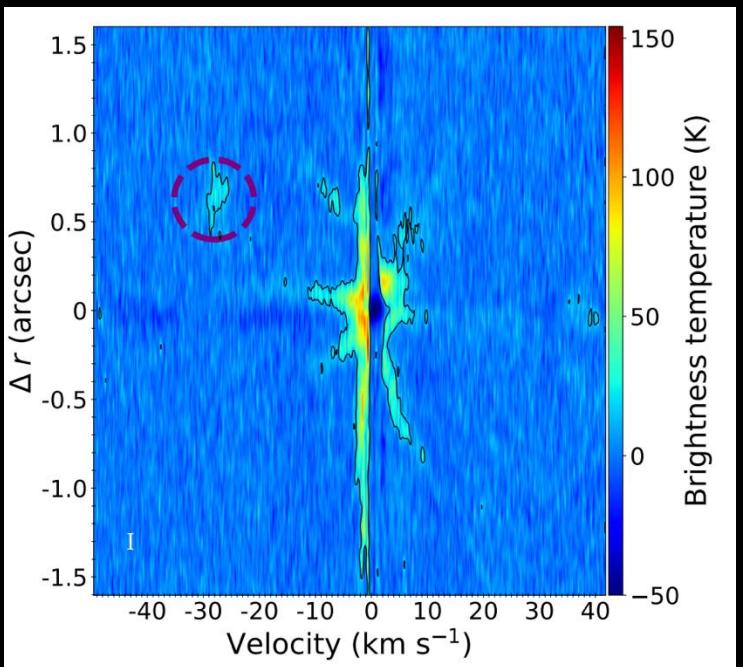


ESO/McCaughan; see
also Raga+ papers

Challenge: relationship still speculative

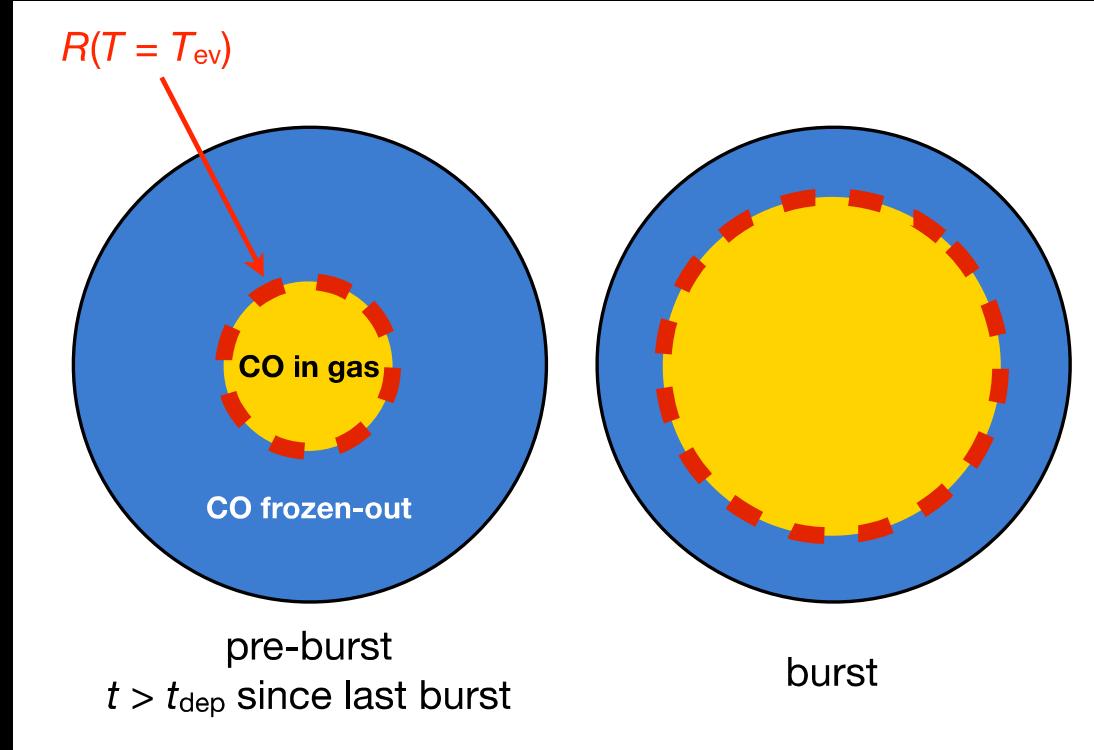
Outflows as a pre-historic record of outbursts

The case of B335 (Kim et al. 2024)



Envelope heating by stellar luminosity

freeze-out timescale longer than sublimation timescale



e.g., Lee 2007; Jørgensen+2015; Hsieh+2019

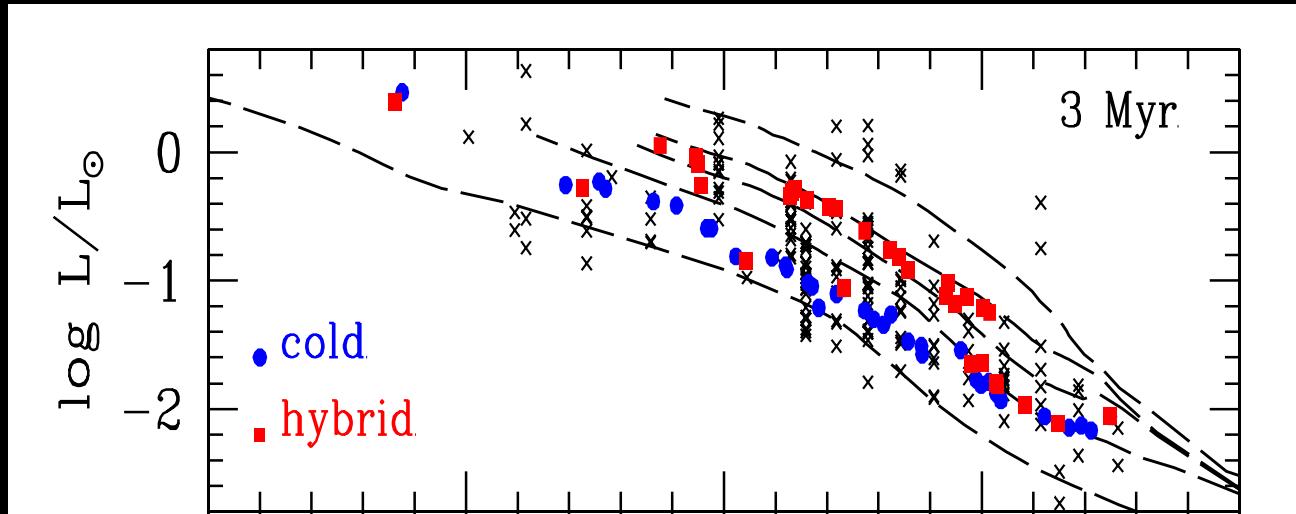
What is the role of variability in stellar assembly?

- Optical: 1 large outburst every 50,000 years
 - Contreras Pena & Naylor 2019, see also Hillenbrand & Findeisen 2015
 - Insufficient
- JCMT Survey (sub-mm): lacks number of sources and time duration
- Mid-IR (Spitzer and NEOWISE):
 - 1 large outburst every 2000 years for protostars, with large uncertainties
 - Roughly consistent with outflow shocks, envelope chemistry
 - Scholz et al. 2013; Park et al. 2021; Zakri et al. 2022; Contreras Pena et al. 2025

Role of stellar variability is still unclear!

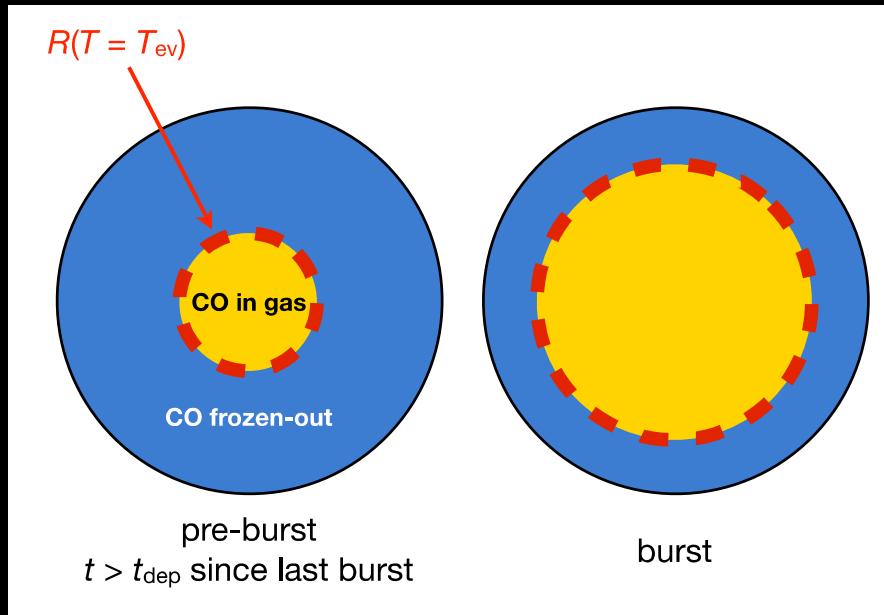
Initial Radius (Entropy): affects birth line and ages

(e.g, Stahler+1980s; Hartmann+1997; Baraffe+2009/2017; Hosokawa+2011; Kunitomo+2017)

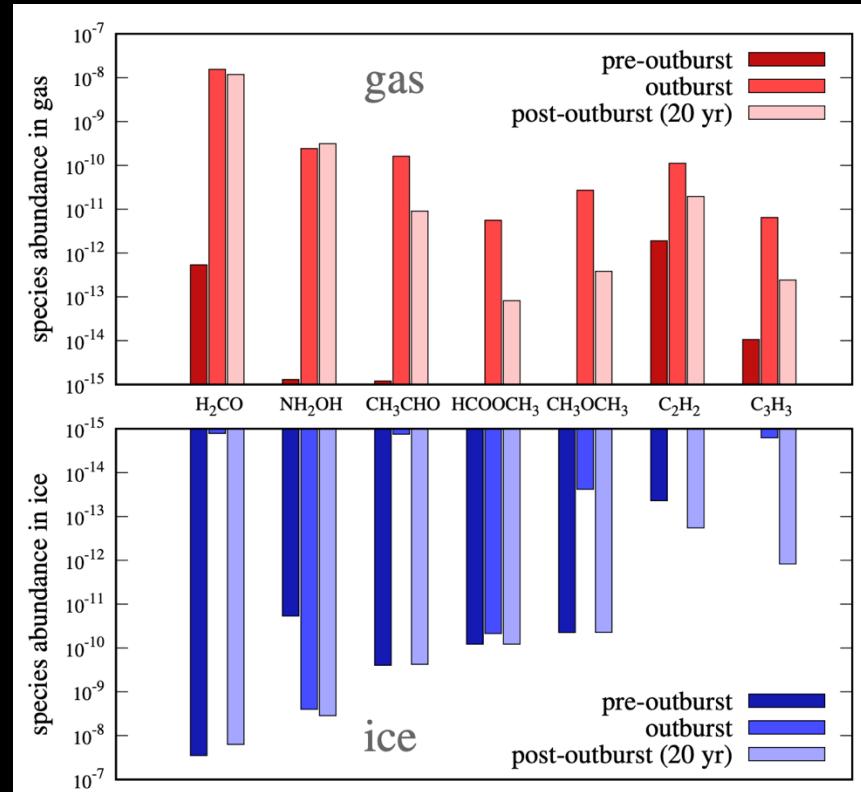


- Need accretion history of the star + initial core size
- Modest affects/outliers are possible
 - Some age spread (smaller radii)
 - Brown dwarfs appear too young: larger initial core
 - Intermediate mass stars too old: same initial core, more cold accretion

Chemistry: heating in the disk and envelope



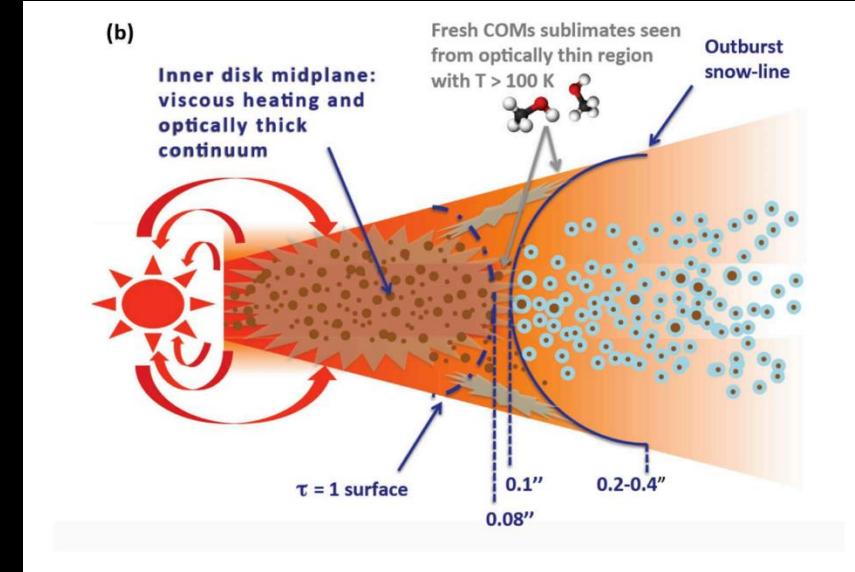
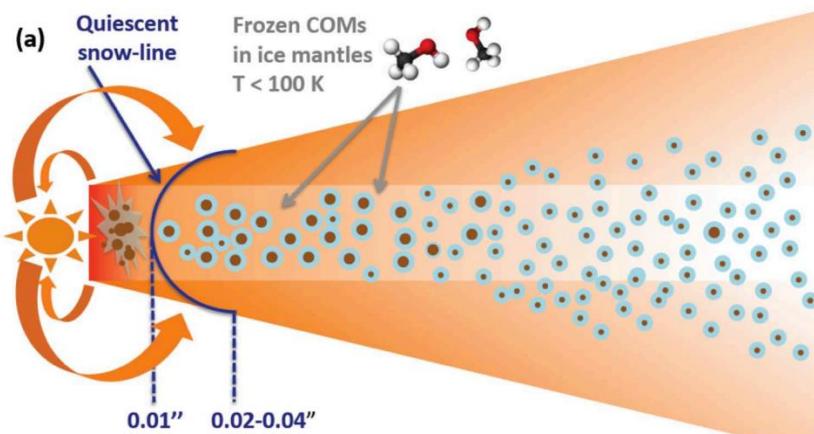
Jørgensen+2015; Lee 2007;
Hsieh+2019; Molyarova+2018; others



Molyarova et al. 2019

Outbursts as a probe of COMs abundances

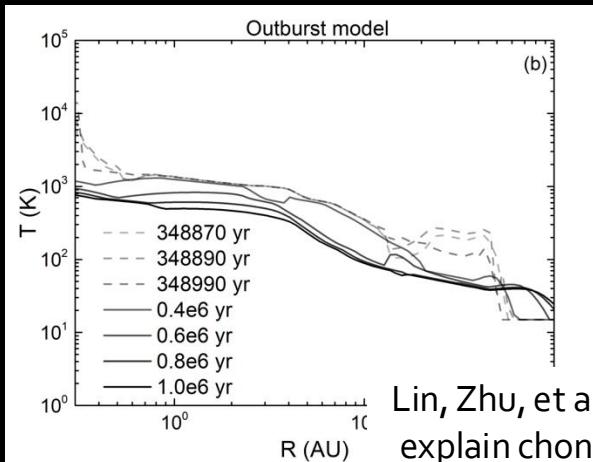
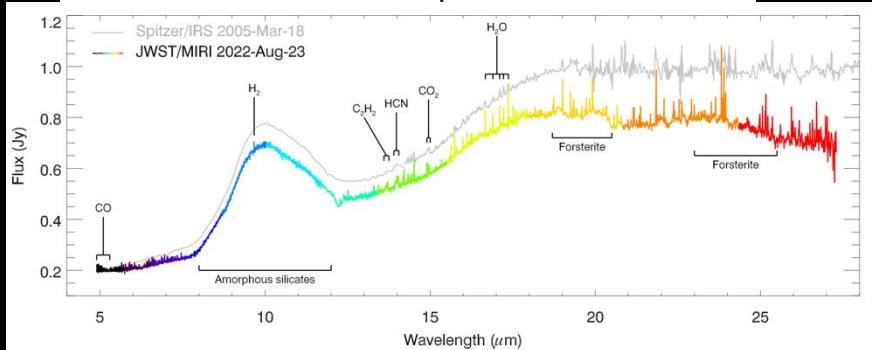
(eg, JE Lee et al. 2019; see also van 't Hoff et al. 2019)



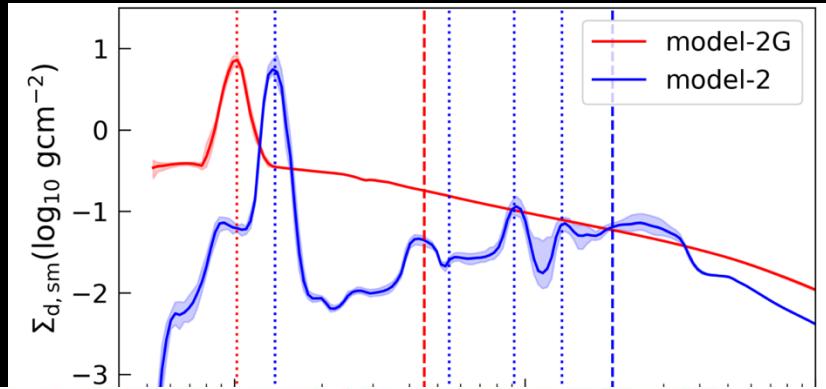
Snow line moves to larger radius: COMs sublimate
Provide comparison to cometary compositions

Outbursts and dust

Kospal+2023: crystalline grains formed in outburst then transported outward



Lin, Zhu, et al. 2023: outbursts can explain chondrites & CAIs at 1 AU



Kadam+2024: outbursts can create and change ring locations (affect streaming instability)

Following the mass flows: the assembly of stars and planets

The era of the transient sky is here (ASAS-SN, ZTF, LSST) and gone (NEOWISE, Gaia)

Variability and Stellar Mass Assembly

- Weather
 - frequent changes in star-disk connections
 - Spots on accreting, non-accreting stars can affect ages
- Climate
 - major changes in accretion rate
- Stellar mass assembly: some fraction during outbursts
 - Need to pierce through envelope: long wavelengths
 - JCMT Transient, NEOWISE; future far-IR mission?

Future for Protopstar Variability

- Far-IR Space Telescope (eg, PRIMA)
 - Ideal wavelength but limited monitoring
- Mid-IR Monitoring (eg, SPHEREx)
 - Geometry/interpretation issues
- Ground-based sub-mm monitoring
 - eg, CCAT, AtLAST, PMO-15m

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