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by

AUTHOR NAME

A dissertation submitted to the Graduate Faculty in Psychology in partial  
fulfillment of the requirements for the degree of Doctor of Philosophy,  
The City University of New York

2023

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## ABSTRACT

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## CHAPTER 1

### Introduction

The main text of the dissertation should begin on page 1, after all front matter pages have used lowercase Roman numeral page numbering. To achieve this using Microsoft Word, you'll need to insert a section break (not a page break) at the start of the first chapter. This may be located in the *Insert* menu or *Layout* menu, depending on your software version. A section break allows you to format the headers and footers of each section differently. After creating the section break, place your cursor on a page preceding the main text and navigate to the Page Number Format menu to select lowercase Roman numerals. Then, place your cursor on this page and navigate to the Page Number Format menu to select Arabic numbers. There will also be an option for numbering to "Continue from previous section" or "Start at" a specific number (see Fig. 1). Select the "Start at" option and input 1.

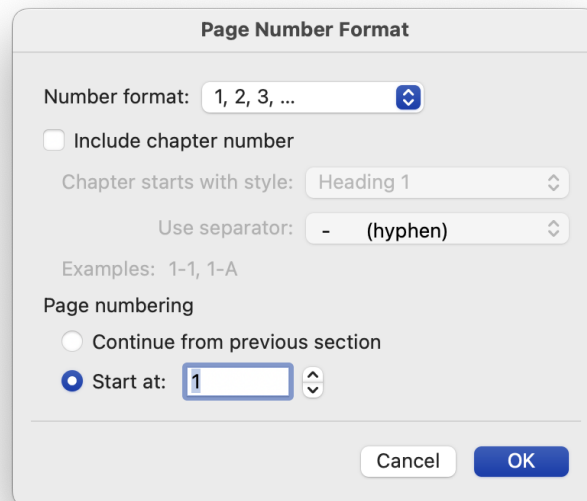


Figure 1.1 Page number format menu in Microsoft Word with number format selecting Arabic numbers. Also note the option to start page numbers at 1.

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