UNDERSTANDING COVID-19

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WHAT IS COVID-19?

COVID-19 is a disease caused by a coronavirus (SARS-CoV-2) that caused an outbreak of respiratory illness in Wuhan, China and has since spread to other parts of China and the world. There is still a lot that we don't know about COVID-19 and the situation is evolving day-by-day, but here is what we know so far.

HOW IT SPREADS[1]

Human-to-human transmission is possible

The virus first came from an animal source, but it is now able to spread from human to human.

It travels through droplets in the air

It can infect humans through...

...**close contact** of 6 feet or less, including touching and shaking hands

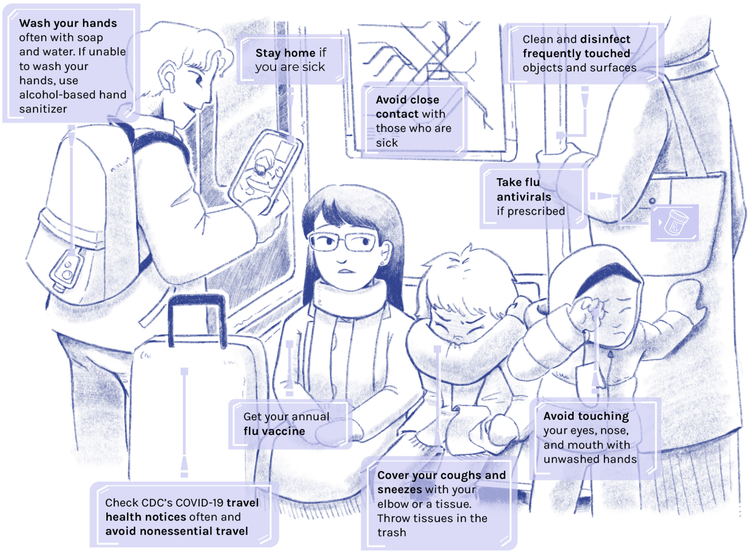
...droplets from **coughs and sneezes** that people may inhale into their lungs

...and by **touching an object or surface contaminated by the virus**, then touching one's mouth, nose, or eyes

Incubation Period

It takes 5.2-12.5 days to see symptoms. Monitor your health for 14 days after close contact with an infected person.

STAY WELL[2]



If you feel unwell within 14 days of close contact, **call your doctor** ahead of time to tell them...

...you've had **close contact** with someone confirmed to have COVID-19

...to call the **local** or **state health department**

This helps your provider prevent other people from being infected[3]

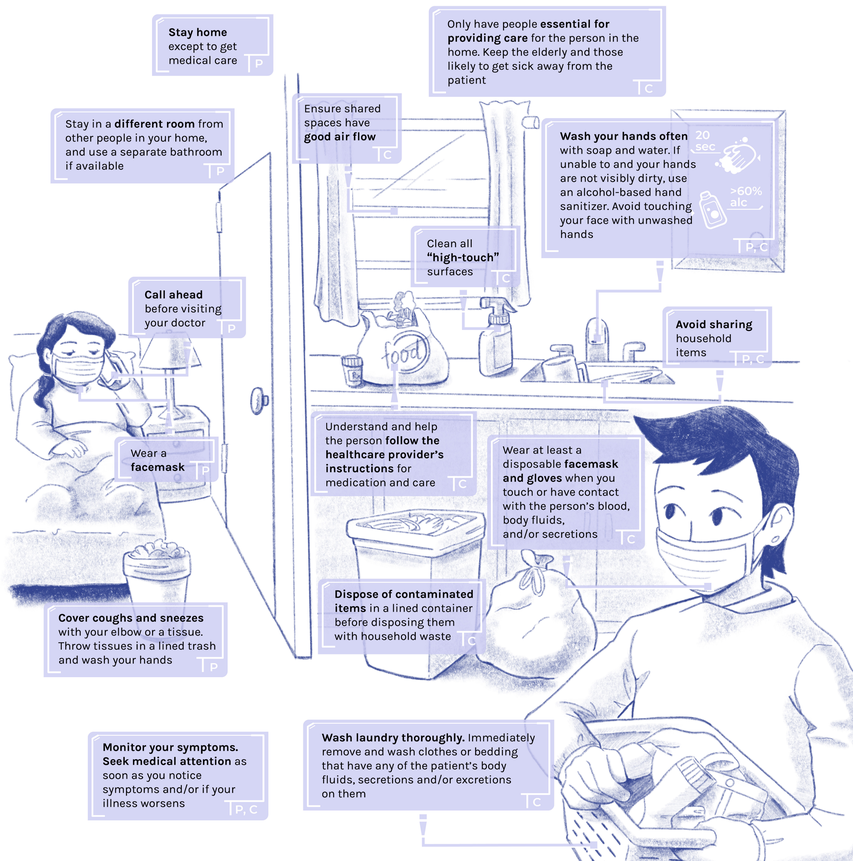
SYMPTOMS[3]

If you have any of the following symptoms, call your doctor before planning a visit:

1. Fever
2. Coughing
3. Shortness of breath

HOME CARE[4]

If you or someone you know becomes sick with COVID-19 and is told they are medically stable to stay at home, here's what **patients (P)** and **caregivers (C)** can do:



TOP LEVEL DECISIONS TO LOCAL ACTION[5]

The World Health Organization (WHO)
Their primary role is to direct international health and provide global leadership and guidance on how to manage. Its headquarters are located in Geneva, Switzerland.

Each country has a Regional WHO Office
In the US, our Regional is in Washington, DC. Teams can communicate with the WHO headquarters and get up-to-date information about the emerging situation and consequently manage the outbreak response.

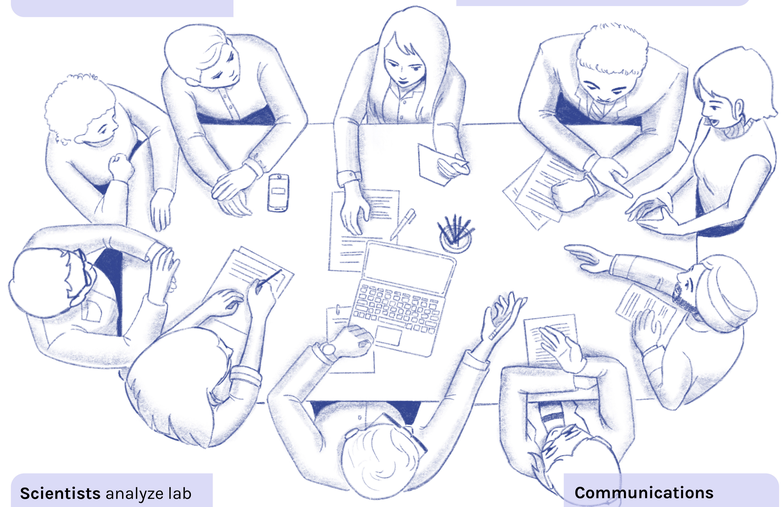
The WHO uses its international network of collaborating centers to collect information
In the US, the Centers for Disease and Control (CDC) in Atlanta, Georgia collects international and national data, analyzes that data, and synthesizes recommendations.

THE TEAM[5]

Day-to-day operations are managed by a local ground team. These centers have a set of experts that work together to control the local situation.

Policy makers ensure we have the regulations and permissions necessary to control the situation and may create new ones as needed

Incident Manager oversees the entire EOC, provides leadership to ensure coordination between the team, and is a liason to the Regional Office



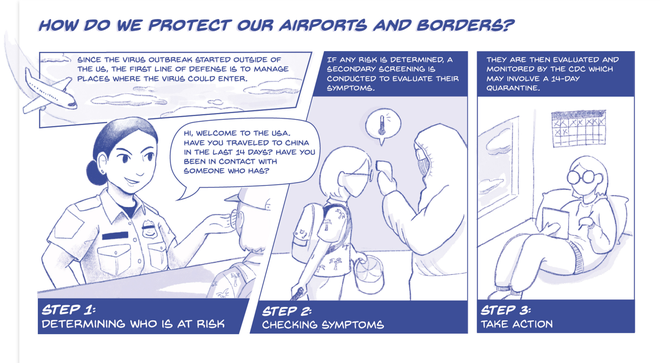
Scientists analyze lab samples, research, and learn about the disease

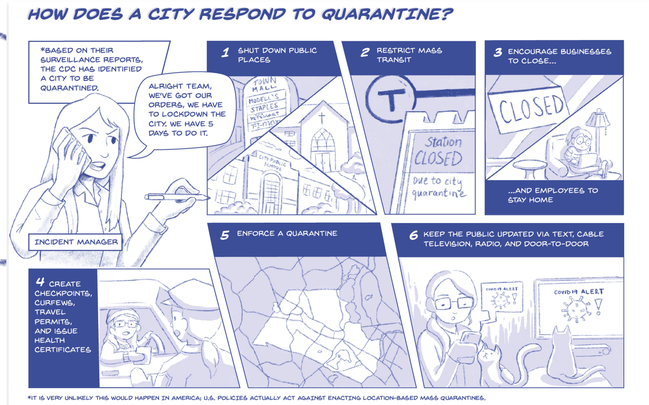
Environment experts study the environmental causes related to the disease

Communications oversee how information is being disseminated to the public to ensure a strong unified voice

THE RESPONSE[6-13]

Countries, airports, hospitals, and cities need to be prepared on how to manage the virus





HOW THE WORLD RESPONDS

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