Vim Movement Table

Start of the File `g` `g`

Back (up) a Full Screen `Ctrl` + `b`

Back (up) a Half Screen `Ctrl` + `u`

Up One Line `k`

Beginning of Previous Line `-`

Forward (right) One Character
Forward One Word
End of Line
End of Sentence
End of Paragraph

`{` `(` `0` `^` `b` `h` ← → ↕ `L` `w` `$` `)` `}`

Beginning of Paragraph
Beginning of Sentence
Beginning of Line
First (nonspace) Character on Line
Back One Word
Back (left) One Character

`j` Down One Line

`Ctrl` + `d` Forward (down) a Half Screen

`Ctrl` + `f` Forward (down) a Full Screen

`Shift` + `g` End of the File (last line)