Example 1:		
Diagnostic lens:		-2.00D
	Spherical over-refraction	-0.25D
	Final lens power:	-2.25D
Example 2:		
Diagnostic lens:		-2.00D
	Spherical over-refraction	+0.25D
	Final lens power:	-1.75D

If vision is acceptable, perform a slit lamp examination to assess adequate fit (centration and movement). If fit is acceptable, dispense the lenses instructing the patient to return in one week for reassessment (see dispensing and follow up information in PATIENT MANAGEMENT).

#### III. TORIC FITTING GUIDELINES

Although most aspects of the fitting procedure are identical for all types of soft contact lenses, including torics, there are some additional steps and/or rules to follow to assure the proper fit of toric lenses.

The only new steps you must follow in prescribing the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM are that you must determine the stability, repeatability and drift angle of the lens axis so that you can prescribe the correct lens axis for your patient.

## A. How to Determine Lens Cylinder and Axis Orientation for **ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM**

### 1. Locate the Orientation Marks

To help determine the proper orientation of the toric lens, you'll find two primary marks about 1mm from the lens edge representing the vertical position on opposite ends of the lens at 6 and 12 o'clock (Fig. 1). Because of the lens' ballasting system, either mark can represent the vertical position – there is no "top" and "bottom" as in a prism-ballasted lens. You don't need to view both marks to assess orientation; simply look for the 6 o'clock mark as you would with a prism-ballasted lens.



You'll need a biomicroscope and a 1mm or 2mm parallelepiped to highlight the marks when the lens is fitted to the eye. There are a number of techniques you can use to improve the visibility of the 6 o'clock mark. With your parallelepiped and medium magnification (10x or 15x), slowly pan down the lens, looking just below the direct illumination at the retroilluminated area. Backlighting the mark this way should make them more visible. Sometimes manipulating the lower lid may be necessary to uncover the mark

dizziness, headaches and a feeling of slight imbalance. You should explain the adaptational symptoms to the patient. These symptoms may last for a brief minute or for several weeks. The longer these symptoms persist, the poorer the prognosis for successful adaptation.

To help in the adaptation process, the patient can be advised to first use the lenses in a comfortable familiar environment such as in the home. Some patients feel that automobile driving performance may not be ontimal during the adaptation process. This is particularly true when driving at night. Before driving a motor vehicle, it may be recommended that the patient be a passenger first to make sure that their

satisfactory for operating an automobile. During the first several weeks of wear (when adaptation is occurring), it may be advisable for the patient to only drive during optimal driving conditions. After adaptation and success with these activities, the patient should be able to drive under other conditions with caution

## Other Suggestions

The success of the monovision technique may be further improved by having your patient follow the suggestions below:

- Have a third contact lens (distance power) to use when critical distance viewing is needed
- Have a third contact lens (near power) to use when critical near viewing is needed
- Having supplemental spectacles to wear over the monovision contact lenses for specific visual tasks may improve the success of monovision correction. This is particularly applicable for those patients who cannot meet state licensing requirements with a monovision correction.
- . Make use of proper illumination when carrying out visual tasks.

Monovision fitting can be improved by the following suggestions:

- · Reverse the distance and near eyes if a patient is having trouble adapting. • Refine the lens powers if there is trouble with adaptation. Accurate lens power is critical for presbyopic patients.
- Emphasize the benefits of clear near vision and straight ahead and upward gaze with monovision.

The decision to fit a patient with a monovision correction is most appropriately left to the eve care professional in conjunction with the patient after carefully considering the patient's needs.

2. Observe Lens Rotation and Stability

Observe the position and stability of the "bottom" mark. It usually stabilizes at the 6 o'clock position. If it does, calculation of the lens power will be straightforward. The 6 o'clock position is not a "must". however; the absolute requirement is that the axis position be stable and repeatable

The mark may stabilize somewhat left or right (drift) of the vertical meridian and still enable you to fit a toric lens for that eye, as long as the lens always returns to the same "drift axis" position after settling. The deviation can be compensated for in the final prescription. Your objective is to ensure that whatever position the initial lens assumes near 6 o'clock, this position must be stable and repeatable. With full eye movement or heavy blink, you may see the marks swing away, but they must return quickly to the original stable position. If the lens does not return quickly, you may need to select a different lens.

#### Assessing Rotation

Imagine the eye as a clock dial and every hour represents a 30° interval. If the orientation mark of the initial lens stabilizes somewhat left or right of the vertical position, the final lens will orient on the eye with the same deviation. You can use an axis reticule in the slit lamp or use a line-scribed lens in a spectacle trial frame to measure or estimate the "drift angle" of the cylinder axis.

To compensate for this "drift", measure or estimate the "drift", then add or subtract it from the refractive axis to determine the correct cylinder axis. Use the LARS (Left Add, Right Subtract) method to determine which direction to compensate

## B. How to determine the Final Lens Power for ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM

When the diagnostic lens has its axis aligned in the same meridian as the patient's refractive axis, a spherocylindrical over-refraction may be performed and visual acuity determined. However, in the case of crossed axes, such as when the diagnostic lens axis is different from the patient's refractive axis, it is not advisable to over-refract because of the difficulty in computing the resultant power.

In fitting contact lenses, it is customary to prescribe the full power in the sphere. In the cylinder, however, any lens rotation is visually disturbing to the patient, so it's more practical to prescribe as weak a cylinder as possible. So, here is how to determine the final lens power.

If sphere alone or combined sphere and cylinder Rx >±4.00D, compen-

All patients should be supplied with a copy of the "ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM Patient Instruction Guide"

## PATIENT MANAGEMENT

## Disnensing Visit

 PROVIDE THE PATIENT WITH A COPY OF THE ACLIVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM PATIENT INSTRUCTION GUIDE. REVIEW THESE INSTRUCTIONS WITH THE PATIENT SO THAT HE OR SHE CLEARLY UNDERSTANDS THE PRESCRIBED WEARING AND REPLACEMENT SCHEDULE (DISPOSABLE OR FREQUENT REPLACEMENT).

- · Recommend an appropriate cleaning and disinfecting system and provide the patient with instructions regarding proper lens care. Chemical or hydrogen peroxide disinfection is recommended
- · Schedule a follow-up examination.

### Follow-up Examinations

- Follow-up care (necessary to ensure continued successful contact lens wear) should include routine periodic progress examinations, management of specific problems, if any, and a review with the patient of the wear schedule. lens replacement schedule and proper lens care and handling procedures.
- Recommended Follow-up Examination Schedule for ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM (complications and specific problems should be managed on an individual patient basis):
- 1. One week from the initial lens dispensing to patient
- 2. One month post-dispensing
- 3. Every three to six months thereafter

NOTE: More frequent or additional follow-up visits may be recommended for patients on an extended wear schedule.

- Preferably, at the follow-up visits, lenses should be worn for at least six hours. If the lenses are being worn for continuous wear, the examination should be performed as early as possible on the morning following overnight wear.
- Recommended Procedures for Follow-Up Visits:
- 1. Solicit and record patient's symptoms, if any,
- 2. Measure visual acuity monocularly and binocularly at distance and near with the contact lenses
- 3. Perform an over-refraction at distance and near to check for residual refractive error
- 4. With the biomicroscope, judge the lens fitting characteristics (as described in the General Fitting Guidelines) and evaluate the lens

sate for vertex distance. If sphere alone or combined sphere and cylinder Rx ≤± 4.00D, vertex compensation is not necessary.

## For the Cylinder:

Adjust the axis by the drift angle using LARS. Choose a cylinder that is > 0.25D from the refractive cylinder.

## Case Examples

## Example 1

Manifest (spectacle) refraction:

0.D. -2.50 -1.25 x 180 20/20

0.S. -2.00 -1.00 x 180 20/20

Choose a diagnostic lens for each eye with an axis as close to 180° as possible. Place the lens on each eye and allow a minimum of 3 minutes for it to equilibrate, based on the patient's initial response to the lens

Check the orientation of the axis mark. If the bottom axis mark is in the 6 o'clock position on both eyes, choose the appropriate cylinder as listed previously

Here is the Rx Prescribed/Ordered:

0.D. -2.50 -1.25 x 180 0.S. -2.00 -0.75 x 180

## Example 2

Manifest (spectacle) refraction:

0.D. -3.00 -1.00 x 90 20/20 0.S. -4.75 -2.00 x 90 20/20

Choose diagnostic lenses of -3.00 -0.75 x 90 for the right eve and -4.50 -1.75 x 90 for the left eye, the nearest lenses available to the spherical power and axis needed. Place the lens on each eye and allow a minimum of 3 minutes for it to equilibrate. The orientation mark on the right lens rotates left from the 6 o'clock position by 10°.

The fitting indicates the following:

### Right Eye

Compensate the 10° axis drift by adding it to the manifest refraction axis. Here is the Rx prescribed:

0.D. -3.00 -0.75 x 100

Left Eve

The lens on the left eye shows good centration, movement and a consistent tendency for the mark to drift right by 10° from the 6 o'clock position following a forced blink.

surface for deposits and damage.

- 5. Following lens removal, examine the cornea and conjunctiva with the biomicroscope and fluorescein (unless contraindicated).
  - The presence of vertical corneal striae in the posterior central cornea and/or corneal neovascularization is indicative of excessive corneal edema
  - The presence of corneal staining and/or limbal-conjunctival hyperemia can be indicative of an unclean lens, a reaction to solution preservatives, excessive lens wear and/or a poorly fitting lens.
- Papillary conjunctival changes may be indicative of an unclean and/or damaged lens.

6. Periodically perform keratometry and spectacle refractions. The values should be recorded and compared to the baseline measurements.

If any observations are abnormal, use professional judgment to alleviate the problem and restore the eve to optimal conditions. If the criteria for successful fit are not satisfied during any follow-up examinations, repeat the patient's trial fitting procedure and refit the patient.

## WEARING SCHEDULE

The wearing and replacement schedules should be determined by the Eye Care Professional. Patients tend to over wear the lenses initially. The Eye Care Professional should emphasize the importance of adhering to the initial maximum wearing schedule. Regular checkups, as determined by the Eye Care Professional, are also extremely important.

## Daily Wear (less than 24 hours, while awake)

- For Daily Wear, VISTAKON® recommends that the ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM prescribed for frequent replacement wear be discarded and replaced with a new lens every 2 weeks. However, the Eye Care Professional is encouraged to determine an appropriate lens replacement schedule based upon the response of the patient.
- When prescribed for disposable wear, the ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM should be discarded upon removal.

The maximum suggested wearing time for these lenses is:

DAY	HUUKS	
1	6-8	
2	8-10	
3	10-12	
4	12-14	
5 and after	all waking hours	

Since the manifest refraction called for a power of -4.75D, adjust for the vertex distance and reduce the sphere by 0.25D and prescribe the -1.75D cylinder. Compensate for the 10° axis drift by subtracting it from the manifest refraction. Here is the Rx prescribed: 0.S. -4.50 -1.75 x 80

If vision is acceptable, perform a slit lamp examination to assess adequate fit (centration and movement). If fit is acceptable, dispense the lenses instructing the patient to return in one week for reassessment (see dispensing and follow up information in PATIENT MANAGEMENT).

## IV. MONOVISION (SPHERICAL AND TORIC FITTING GUIDELINES)

## A. Patient Selection

### Monovision Needs Assessment

For a good prognosis, the patient should have adequately corrected distance and near visual acuity in each eye. The amblyopic patient or the patient with significant astigmatism (greater than 1.00 D) in one eye may not be a good candidate for monovision correction with the ACUVUE® OASYS™ Brand Contact Lens and the ACUVUE® OASYS™ Brand Contact Lens for ASTIGMATISM

Occupational and environmental visual demands should be considered. If the patient requires critical vision (visual acuity and stereopsis), it should be determined by trial whether this patient can function adequately with monovision correction. Monovision contact lens wear may not be optimal for such activities as: (a) visually demanding situations such as operating potentially danger-

ous machinery or performing other potentially hazardous activities; and (b) driving automobiles (e.g., driving at night). Patients who cannot pass their state drivers license requirements with monovision correction should be advised to not drive with this correction, OR may require that additional over-correction be prescribed.

## Patient Education

All patients do not function equally well with monovision correction. Patients may not perform as well for certain tasks with this correction as they have with spectacles (multifocal, bifocal, trifocal, readers, progressives) Each natient should understand that Monovision, as well as other presbyopic alternatives, can create a vision compromise that may reduce visual acuity and depth perception for distance and near tasks. Therefore, caution should be exercised when the patient is wearing the correction for the first time until they are familiar with the vision provided in visually challenging environments (e.g., reading a menu in a dim restaurant,

## Extended Wear (greater than 24 hours, including while asleep)

- The Eye Care Professional should determine the wearing and replacement schedule, based upon the patient's history and their ocular examination, as well as the practitioner's experience and clinical judgment
- ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM have been approved for extended wear for up to 6 nights/ 7 days of continuous wear. Not all patients can achieve the maximum wear time.
- It is recommended that the contact lens wearer first be evaluated on a daily wear schedule. If successful, then a gradual introduction of extended wear can be followed as determined by the prescribing Eye Care Professional.
- Once removed, it is recommended that the lens remain out of the eve for a period of rest overnight or longer and discarded in accordance with the prescribed wearing schedule. The Eye Care Professional should examine the patient during the early stages of extended wear.
- For Therapeutic lens wear, close supervision by the Eye Care Professional is necessary. ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM can be worn for extended wear for up to 6 nights/7 days of continuous wear. The Eye Care Professional should determine the appropriate wearing time and provide specific instructions to the patient regarding lens care, insertion and removal.

## LENS CARE DIRECTIONS

When lenses are dispensed, the Eye Care Professional should provide the patient with appropriate and adequate warnings and instructions in accordance with the individual patient's lens type and wearing schedule. The Eve Care Professional should recommend an appropriate care system tailored to the patient's individual requirements. For complete information concerning contact lens handling, care, cleaning,

disinfecting and storage, refer to the ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM Patient Instruction Guide for Disposable & Frequent Replacement Lenses. For ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM prescribed for disposable wear: The Eve Care Professional should review with natients that no cleaning or disinfection is needed with disposable lenses. Patients should always dispose of lenses when they are removed and have replacement lenses or spectacles available. Lenses should only be cleaned, rinsed and disinfected on an emergency basis when replacement lenses or spectacles are not available For ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand

driving at night in rainy/foggy conditions, etc.). During the fitting process, it is necessary for the patient to realize the disadvantages as well as the advantages of clear near vision and straight ahead and upward gaze that monovision contact lenses provide.

## B. Eve Selection

Generally, the non-dominant eye is corrected for near vision. The following two methods for eve dominance can be used.

Method 1: Determine which eve is the "sighting eve". Have the

## 1. Ocular Preference Determination Methods

Cover one eye. If the patient is still pointing directly at the object, the eye being used is the dominant (sighting) eye. Method 2: Determine which eye will accept the added power with the least reduction in vision. Place a hand-held trial lens equal to the spectacle near ADD in front of one eye and then the other while the distance refractive error correction is in

place for both eyes. Determine whether the patient func-

tions best with the near ADD lens over the right or left eye.

patient point to an object at the far end of the room.

Other methods include the refractive error method and the visual demands method.

### 2. Refractive Error Method

For anisometropic correction, it is generally best to fit the more hyperopic (less myopic) eye for distance and the more myopic (less hyperopic) eye for near

### 3 Visual Demands Methor

Consider the patient's occupation during the eye selection process to determine the critical vision requirements. If a patient's gaze for near tasks is usually in one direction, correct the eye on that side for near.

A secretary who places copy to the left side of the desk will function best with the near lens on the left eye.

## C. Special Fitting Characteristics

## 1. Unilateral Lens Correction

There are circumstances where only one contact lens is required. As an example, an emmetropic patient would only require a near lens while a bilateral myope may only require a distance lens.

A presbyopic emmetropic patient who requires a +1.75D ADD would

Contact Lenses for ASTIGMATISM prescribed for frequent replacement wear: Eye Care Professional should review with the patient, lens care directions for cleaning, disinfecting and storing, including both basic lens care information and specific instructions on the lens care regimen recommended for the patient.

## Care for sticking (non-moving) lenses

If the lens sticks (stops moving), the patient should be instructed to apply a few drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely on the eye before removing it. If non-movement of the lens continues after a few minutes, the patient should immediately consult the Eye Care Professional.

### EMERGENCIES

The patient should be informed that if chemicals of any kind (household products, gardening solutions, laboratory chemicals, etc.) are splashed into the eyes, the patient should: FLUSH EYES IMMEDIATELY WITH TAP WATER AND IMMEDIATELY CONTACT THE EYE CARE PROFESSIONAL OR VISIT A HOSPITAL EMERGENCY ROOM WITHOUT DELAY

## HOW SUPPLIED

Each sterile lens is supplied in a foil-sealed plastic package containing buffered saline solution with 0.005% methyl ether cellulose. The plastic package is marked with base curve, diopter power, diameter, color (visibility tint noted on visibility tinted product only), lot number and expiration date. [ADD power, cylinder and axis will be included as appropriate].

## REPORTING OF ADVERSE REACTIONS

All serious adverse experiences and adverse reactions observed in patients wearing ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM or experienced with the lenses should be reported to:

> VISTAKON®, Division of Johnson & Johnson Vision Care, Inc. P.O. Box 10157 Jacksonville, FL 32247-0157 Tel: 1-800-843-2020 www.acuvue.com



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## 2. Near ADD Determination

Always prescribe the lens power for the near eye that provides optimal near acuity at the midpoint of the patient's habitual reading distance. However, when more than one power provides optimal reading performance, prescribe the least plus (most minus) of the powers.

have a +1.75D lens on the near eye and the other eye left without a lens.

A presbyopic patient requiring a +1.50D ADD who is -2.50D myopic in

the right eve and - 1.50D myopic in the left eye may have the right eye

corrected for distance and the left uncorrected for near.

## 3. Trial Lens Fitting

A trial fitting is performed in the office to allow the patient to experience monovision correction. Lenses are fit according to the General Fitting Instructions for base curve selection in this Package Insert

Case history and standard clinical evaluation procedure should be used to determine the prognosis. Determine the distance correction and the near correction. Next determine the near ADD. With trial lenses of the proper nower in place, observe the reaction to this mode of correction

Allow the lenses to settle for about 20 minutes with the correct power lenses in place. Walk across the room and have the patient look at you. Assess the patient's reaction to distance vision under these circumstances. Then have the patient look at familiar near objects such as a watch face or fingernails. Again assess the reaction. As the patient continues to look around the room at both near and distance objects, observe the reactions. Only after these vision tests are completed should the natient be asked to read print. Evaluate the natient's reaction to large print (e.g., typewritten copy) at first and then graduate to newsprint and finally smaller type sizes.

After the patient's performance under the above conditions is completed, tests of visual acuity and reading ability under conditions of moderately dim illumination should be attempted.

An initial unfavorable response in the office, while indicative of a quarded prognosis, should not immediately rule out a more extensive trial under the usual conditions in which a patient functions.

## 4. Adaptation

Visually demanding situations should be avoided during the initial wearing period. A patient may at first experience some mild blurred vision,

IMPORTANT: Please read carefully and keep this information for future use.

This Package Insert and Fitting Guide is intended for the Eye Care Professional, but should be made available to patients upon request. The Eye Care Professional should provide the patient with the patient instructions that pertain to the patient's prescribed lens.

ACUVUE® OASYS™ Brand Contact Lenses with HYDRACLEAR® Plus

ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM with HYDRACLEAR® Plus (senofilcon A)

> Visibility Tinted with UV Blocker For Daily and Extended Wear



ACUVUE® OASYS™ Brand Contact Lenses with HYDRACLEAR® Plus (senofilcon A); ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM with HYDRACLEAR® Plus (senofilcon A) Visibility Tinted with UV Blocker for Daily and Extended Wear.

The following symbols may appear on the label or carton:

SYMBOL	DEFINITION
Δ	See Instruction Leaflet
Z	Use By Date (expiration date)
LOT	Batch Code
STERILE	Sterile Using Steam or Dry Heat
DIA	Diameter
BC	Base Curve
D	Diopter (lens power)
€ 0086	Quality System Certification Symbol
0	UV-Blocking
0	Fee Paid for Waste Management
3	Peel Back Foil
R <sub>x</sub> Only	CAUTION: Federal law restricts this device to sale by or on the order of a licensed practitioner
C.T.	Center Thickness
-	Lens Orientation Correct
-	Lens Inside Out
Cyl	Cylinder Power
Avio	Avia

Spherical Lenses For: Mvopia, Hvperopia, Phakic or Aphakic

## Toric Lenses For:

The ACUVUE® OASYS™ Brand Contact Lenses with HYDRACLEAR® Plus Myopic Astigmatism, (senofilcon A) and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIG-Hyperopic Astigmatism, MATISM with HYDRACLEAR® Plus (senofilcon A) are a hemispherical and/or Mixed Astigmatism, hemitoric shell available within the following dimensions: Phakic or Aphakic Diameter Range: 12.0mm to 15.0mm

Lenses for Therapeutic Use as a Bandage Lens

licensed practitioner DESCRIPTION

The ACUVUE® OASYS™ Brand Contact Lenses with HYDRACLEAR® Plus (senofilcon A) and the ACLIVIJE® OASYS™ Brand Contact Lenses for ASTIGMATISM with HYDRACLEAR® Plus (senofilcon A) Soft (hydrophilic) Contact Lenses are available as a Spherical & Toric lens. The lenses are made of a silicone hydrogel material containing an internal wetting agent with visibility tinted UV absorbing monomer. The ACLIVLIE® OASYS™ Brand Contact Lenses with HYDRACLEAR Plus (senofilcon A) and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIG-MATISM with HYDRACL FAR® Plus (senofilcon A) Visibility Tinted with LIV Blocker are tinted blue using Reactive Blue Dye #4 to make the lenses more visible for handling. A benzotriazole UV-absorbing monomer is used to block UV radiation. The transmittance characteristics are less than 1% in the UVB range of 280 nm to 315 nm and less than 10% in the UVA range of 316 nm to 380 nm for the entire power range.

**CAUTION:** Federal law restricts this device to sale by or on the order of a

- Patients who wear the ACUVUE® OASYS™ Brand Contact Lenses or the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM to correct preshyonia using Monovision may not achieve the best corrected visual acuity for either far or near vision. Visual requirements vary with the individual and should be considered when selecting the most appropriate type of lens for each patient.
- Fluorescein, a yellow dye, should not be used while the lenses are on the eyes. The lenses absorb this dve and become discolored. Whenever fluorescein is used in eyes, the eyes should be flushed with a sterile saline solution that is recommended for in-eye use.
- Eve Care Professionals should instruct the patient to remove the lenses immediately if the eyes become red or irritated.

Eye Care Professionals should carefully instruct frequent replacement lens wear patients about the following care regimen and safety precautions:

## Handling Precautions:

- Before leaving the Eve Care Professional's office, the patient should be able to promptly remove lenses or should have someone else available who can remove the lenses for him or her
- DO NOT use if the sterile blister package is opened or damaged.
- Always wash and rinse hands before handling lenses. Do not get cosmetics, lotions, soaps, creams, deodorants or sprays in the eyes or on the lenses. It is best to put on lenses before putting on makeup. Waterbased cosmetics are less likely to damage lenses than oil-based products
- . Do not touch contact lenses with the fingers or hands if the hands are not free of foreign materials, as microscopic scratches of the lenses may occur, causing distorted vision and/or injury to the eve.
- · Carefully follow the handling, insertion, removal, cleaning, disinfecting, storing and wearing instructions in the "Patient Instruction Guide" for the ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM and those prescribed by the Eve Care Professional
- Always handle lenses carefully and avoid dropping them.
- . Never use tweezers or other tools to remove lenses from the lens container unless specifically indicated for that use. Pour the lens and the packing solution into the hand.
- . Do not touch the lens with fingernails
- . Close Supervision is necessary for the Therapeutic use of the ACUVUE® OASYS™ Brand Contact Lenses and the ACLIVIJE® OASYS™ Brand Contact Lenses for ASTIGMATISM. Ocular medications used during

### Lens Properties: • Specific Gravity (calculated): 0.98 – 1.12 • Refractive Index: 1.42

Center Thickness: Low minus lens – varies with power

Axis: 2.5° to 180°

Base Curve Range: 7.85mm to 10.00mm

ACUVUE® OASYS™ Brand Contact Lenses

Plus lens – varies with power

Extended Wear -20 00D to +14 00D

**AVAILABLE LENS PARAMETERS** 

**Center Thickness:** Low minus lens – varies with power (e.g., –4.00D: 0.070mm)

Center Thickness: Low minus lens – varies with power (e.g., –4.00D: 0.080mm)

-6.50D to -9.00D (in 0.50D increments)

+0.25D to +6.00D (in 0.25D increments)

Cylinder: -0.75D, -1.25D, -1.75D, -2.25D

Care Professional. In certain ocular conditions, only the Eye Care

should be instructed not to handle the lenses themselves.

treatment with a bandage lens should be closely monitored by the Eye

Professional will insert and remove the lenses. In these cases, patients

If the lens sticks (stops moving) on the eye, follow the recommended

directions in "Care for a Sticking Lens". The lens should move freely on

the eye for the continued health of the eye. If non-movement of the lens

continues, the patient should be instructed to immediately consult his or

Never wear lenses beyond the period recommended by the Eve Care Professional.

· Ask the Eye Care Professional about wearing lenses during sporting activ-

ities, especially swimming and other water sports. Exposing contact lens-

es to water during swimming or while in a hot tub may increase the risk

schedule after the recommended wearing schedule prescribed by the Eye

· Different solutions cannot always be used together and not all solutions

are safe for use with all lenses. Use only recommended solutions.

Never use solutions recommended for conventional hard contact lenses

Chemical disinfection solutions should not be used with heat unless.

· Always use fresh, unexpired lens care solutions and lenses.

specifically indicated on product labeling for use in both heat and chemi-

• Always follow directions in the package inserts for the use of contact lens

Use only a chemical (not heat) lens care system. Use of a heat (thermal)

care system can damage the ACUVUE® OASYS™ Brand Contact Lenses

and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM.

Sterile unpreserved solutions, when used, should be discarded after the

. Do not use saliva or anything other than the recommended solutions for

If aerosol products, such as hair spray, are used while wearing lenses,

exercise caution and keep eyes closed until the spray has settled

· Avoid all harmful or irritating vapors and fumes while wearing lenses.

Always discard lenses worn on a disposable or frequent replacement

Axis: 10° to 180° (in 10° increments)

**Base Curve:** 8.4mm, 8.8mm **Power Range:** -12.00D to +8.00D

ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM

**Power Range:** Sphere: plano to -6.00D (in 0.25D increments)

Cylinder Power: -0 25D to -10 00D

Spherical Power: Daily Wear -20.00D to +20.00D

Plus lens – varies with power (e.g., +4.00D: 0.168mm)

Plus lens – varies with power (e.g., +4.00D: 0.172mm)

Water Content: 38%

103 x 10-11 (cm2/sec)

122 x 10-11 (cm2/sec)

Lens Parameters:

Power Range:

Diameter: 14 0mm

Diameter: 14.5mm

**Lens Wearing Precautions:** 

her Eve Care Professional.

Care Professional

Solution Precautions:

cal disinfection.

time specified in the directions.

lubricating or wetting lenses.

solutions

of eve infection from microorganisms

(ml 02/ml x mm Hg) at 35°C

(ml O2/ml x mm Hg) at 35°C

 Light Transmittance: 85% minimum Surface Character: Hydrophilic Oxygen Permeability:

Fatt (boundary corrected, edge corrected)

Fatt (boundary corrected, non-edge corrected)

VISTAKON® (senofilcon A) Contact Lens visibility 60 tint with UV Blocker\* 24 YR OLD HUMAN 25 YR OLD HUMAN CRYSTALLINE LENS

WAVELENGTH (NANOMETERS)

1. Lerman, S., Radiant Energy and the eye, MacMillan, New York, 1980, p.58, figure 2-21

tive UV absorbing eyewear such as UV absorbing goggles or sunglasses because they do not completely cover the eye and surrounding area. You should continue to use UV absorbing eyewear as directed.

## ACTIONS

In their hydrated state, the ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM, when placed on the cornea, act as a refracting medium to focus light rays on the retina. When hydrated and placed on the cornea for therapeutic use, the ACIIVIIF® OASYS™ Brand Contact Lenses and the ACIIVIIF® OASYS™ Brand Contact Lenses for ASTIGMATISM act as a bandage to protect the cornea.

for the entire power range.

 Always keep the lenses completely immersed in the recommended storage solution when the lenses are not being worn (stored). Prolonged periods of drying will reduce the ability of the lens surface to return to a wettable state. Follow the lens care directions in "Care For A Dried Out. (Dehydrated) Lens" if lens surface does become dried out.

## Lens Case Precautions:

. Contact lenses can be a source of bacterial growth and require proper use, cleaning and replacement at regular intervals as recommended by the lens case manufacturer or eye care professional.

## Other Topics to Discuss with Patients:

- · Certain medications, such as antihistamines, decongestants, diuretics, such conditions exist, proper remedial measures should be prescribed. Depending on the severity, this could include the use of lubricating drops that are indicated for use with soft contact lenses or the temporary
- As with any contact lens, follow-up visits are necessary to assure the

## Who Should Know That the Patient is Wearing Contact Lenses?

- Inform the doctor (Health Care Professional) about being a contact lens
- . Always inform the employer of being a contact lens wearer. Some jobs may require use of eye protection equipment or may require that the patient not wear contact lenses.

## ADVERSE REACTIONS

The patient should be informed that the following problems may occur when wearing contact lenses:

- The eye may burn, sting and/or itch.
- There may be less comfort than when the lens was first placed on the eye.
- There may be the potential for some temporary impairment due to peripheral infiltrates, peripheral corneal ulcers and corneal erosion.

Note: Long-term exposure to UV radiation is one of the risk factors associated with cataracts. Exposure is based on a number of factors such as environmental conditions (altitude, geography, cloud cover) and personal factors (extent and nature of outdoor activities). UV blocking contact lenses help provide protection against harmful UV radiation. However, clinical studies have not been done to demonstrate that wearing UV blocking contact lenses reduces the risk of developing cataracts or other eye disorders. Consult your Eye Care Professional for more information.

All ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM contain a UV Blocker to help protect against transmission of harmful UV radiation to the cornea and into the eve.

The ACUVUE® OASYS™ Brand Contact Lens is indicated for the optical correction of refractive ametropia (myopia and hyperopia) in phakic or aphakic persons with non-diseased eyes who have 1.00D or less of astigmatism.

for the optical correction of visual acuity in phakic or aphakic persons with non-diseased eyes that are hyperopic or myopic and may have 10.00D or less of astigmatism.

disposable wear or frequent/planned replacement wear with cleaning. disinfection and scheduled replacement (see "Wearing Schedule"). When prescribed for frequent/planned replacement wear, the lenses may be cleaned and disinfected using a chemical disinfection system only.

ACUVUE® OASYS™ Brand Contact Lenses and ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM have been approved for daily and extended wear for up to 6 nights/7 days of continuous wear. It is recommended that the contact lens wearer first be evaluated on a daily wear schedule. If successful, then a gradual introduction of extended wear can be followed as determined by the prescribing Eye Care Professional.

The ACLIVITE® OASYS™ Brand Contact Lenses and the ACLIVITE® OASYS™ Brand Contact Lenses for ASTIGMATISM are also indicated for therapeutic use as a bandage lens for the following acute and chronic ocular conditions:

 For corneal protection in lid and corneal abnormalities such as entropion, trichiasis, tarsal scars and recurrent corneal erosion. In addition they are indicated for protection where sutures or ocular structure malformation, degeneration or paralysis may result in the need to protect the cornea from exposure or repeated irritation.

local or generalized edema, corneal neovascularization, corneal staining, injection, tarsal abnormalities, iritis and conjunctivitis, some of which are clinically acceptable in low amounts

 Poor visual acuity, blurred vision, rainbows or halos around objects, photo-phobia, or dry eyes may also occur if the lenses are worn

tion at least once a day. They should ask themselves:

- How do the lenses feel on my eyes?
- Have I noticed a change in my vision?

IMMEDIATELY REMOVE THE LENS.

If the discomfort or problem stops, the patient should then look closely at the lens.

back on the eye. The patient should discard the lens and apply a new fresh lens on the eye.

stops and the lens appears undamaged, he or she should be instructed to dispose of the lens and apply a new fresh lens.

eye but IMMEDIATELY CONSULT HIS OR HER EYE CARE PROFESSIONAL.

for the problem.

The patient should be advised that when any of the above symptoms occur,

ease or injury or may be due to the effects of wearing a contact lens. worse when a soft contact lens for therapeutic use is used to treat an LY if there is an increase in symptoms while wearing the lens.

• For corneal pain relief in conditions such as bullous keratopathy, epithelial erosion and abrasion, filamentary keratitis, and post-keratoplasty.

- as chronic epithelial defects, corneal ulcer, neurotrophic and neuroparalytic keratitis, and chemical burns
- post refractive surgery, lamellar grafts, corneal flaps, and additional ocular surgical conditions.
- gas permeable (RGP) lenses to be fit. In addition the use of the lens can prevent irritation and abrasions in conditions where there are elevation differences in the host/graph junction or scar tissue.

## CONTRAINDICATIONS (REASONS NOT TO USE)

When prescribing contact lens wear for REFRACTIVE AMETROPIA DO NOT USE the ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM when any of the following conditions exist:

- or eyelids
- . Any systemic disease that may affect the eye or be exaggerated by
- wearing contact lenses
- ACLIVITE® OASYS™ Brand Contact Lenses for ASTIGMATISM
- If eyes become red or irritated.

ACIIVIJE® OASYS™ Brand Contact Lenses and the ACIIVIJE® OASYS™ Brand Contact Lenses for ASTIGMATISM to aid in the healing process of certain

lenses, all refractive powers, design configurations or lens parameters available in the lens material are not evaluated in significant numbers. Consequently, when selecting an appropriate lens design and parameters, the Eye Care Professional should consider all characteristics of the lens that can affect lens performance and ocular health, including oxygen permeability, wettability, central and peripheral thickness and optic

WARNINGS

Problems with contact lenses or lens care products could result in

are essential for the safe use of these products.

serious injury to the eye. Patients should be cautioned that proper use

. Eye problems, including corneal ulcers, can develop rapidly and lead to

. When daily wear users wear their lenses overnight (outside the approved

. The overall risk of ulcerative keratitis may be reduced by carefully follow-

Studies have shown that the risk of ulcerative keratitis among contact lens

If patients experience eye discomfort, excessive tearing, vision changes,

redness of the eye or other problems, they should be instructed to immedi-

ately remove their lenses and promptly contact their Eye Care Professional.

It is recommended that contact lens wearers see their Eye Care Professional

PRECAUTIONS

Due to the small number of patients enrolled in clinical investigation of

indication), the risk of ulcerative keratitis is greater than among those who

. Studies have shown that the risk of ulcerative keratitis is greater for

extended wear contact lens users than for daily wear users'.

ing directions for lens care, including cleaning the lens case.

users who smoke is greater than among non-smokers.

Special Precautions for Eye Care Professionals:

and care of contact lenses and lens care products, including lens cases,

lens wear:

loss of vision

routinely as directed.

do not wear them overnight

The potential impact of these factors on the patient's ocular health should be carefully weighed against the patient's need for refractive correction; therefore, the continuing ocular health of the patient and lens performance on the eye should be carefully monitored by the prescribing Eye Care Professional.

'New England Journal of Medicine, September 21, 1989; 321 (12), pp. 773-783

keratometry readings. However, corneal curvature measurements should be performed to establish the patient's baseline ocular status. ACLIVITE® OASYS™ Brand Contact Lens trial lenses should be placed on each of the patient's eyes and evaluated after the patient has adjusted to the lenses

## 1. Criteria of a Properly Fit Lens

A properly fit lens will center and completely cover the cornea (i.e., no limbal exposure), have sufficient movement to provide tear exchange under the contact lens with the blink and be comfortable. The lens should move freely when manipulated digitally with the lower lid, and then return to its properly centered position when released. If resistance is encountered when pushing the lens up, the lens is fitting tightly and should not be dispensed to the patient.

## 2. Criteria of a Flat Fitting Lens

A flat fitting lens may exhibit one or more of the following characteristics: decentration, incomplete corneal coverage (i.e., limbal exposure), excessive movement with the blink and/or edge standoff. If the ACUVUE® OASYS™ Brand Contact Lenses is judged to be flat fitting. it should not be dispensed to the patient.

## 3. Criteria of a Steep Fitting Lens

A steep fitting lens may exhibit one or more of the following characteristics: insufficient movement with the blink, conjunctival indentation and resistance when pushing the lens up digitally with the lower lid. If the ACUVUE® OASYS™ Brand Contact Lens is judged to be steep fitting, it should not be dispensed to the patient.

If the initial ACUVUE® OASYS™ Brand Contact Lens base curve is judged to be flat or steep fitting, the alternate base curve, if available should be trial fit and evaluated after the patient has adjusted to the lens. The lens should move freely when manipulated digitally with lower lid, and then return to a properly centered position when released. If resistance is encountered when pushing the lens up, the lens is fitting tightly and should not be dispensed to the patient.

## II. SPHERICAL LENS FITTING GUIDELINES

power after the lens fit is judged acceptable. The spherical over-refraction should be combined with the trial lens power to determine the final lens prescription. The patient should experience good visual acuity with the correct lens power unless there is excessive residual astigmatism.

## TRANSMITTANCE CURVES

The ACUVUE® OASYS™ Brand Contact Lenses and the ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM Visibility Tinted with UV Blocker. 24 yr. old human cornea and 25 yr. old human crystalline lens.

\*The data was obtained from measurements taken through the central 3-5mm portion for the thinnest marketed lens (-1.00D lens, 0.070mm center thickness).

- 2. Waxler, M. Hitchins, V.M., Optical Radiation and Visual Health, CRC Press, Boca Raton, Florida,
- WARNING: UV absorbing contact lenses are NOT substitutes for protec-

The transmittance characteristics are less than 1% in the UVB range of 280nm to 315nm and less than 10% in the UVA range of 316nm to 380nm

- Always contact the Eye Care Professional before using any medicine in the eyes. muscle relaxants, tranquilizers and those for motion sickness may cause dryness of the eye, increased lens awareness or blurred vision. Should discontinuance of contact lens wear while such medication is being used.
- . Oral contraceptive users could develop visual changes or changes in lens tolerance when using contact lenses. Patients should be cautioned accordingly.
- continuing health of the patient's eyes. The patient should be instructed as to a recommended follow-up schedule.

- There may be a feeling of something in the eye (foreign body, scratched area).

There may be the potential for other physiological observations, such as

## INDICATIONS (USES)

The ACUVUE® OASYS™ Brand Contact Lens for ASTIGMATISM is indicated

Eye Care Professionals may prescribe the lenses either for single-use

There may be excessive watering, unusual eye secretions, or redness of the eye.

continuously or for too long a time. The patient should be instructed to conduct a simple 3-part self-examina-

- . How do my eyes look?

If the patient reports any problems, he or she should be instructed to

If the lens is in any way damaged, the patient SHOULD NOT put the lens

If the lens has dirt, an eyelash, or foreign body on it, or the problem

If the problem continues, the patient SHOULD NOT put the lens back on the

The patient should be instructed NOT to use a new lens as self-treatment

a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. He or she should be instructed to seek immediate professional identification of the problem and prompt treatment to avoid serious eve damage During Therapeutic use an adverse effect may be due to the original dis-

There is a possibility that the existing disease or condition might become already diseased injured eye. The patient should be instructed to avoid serious eye damage by contacting the Eye Care Professional IMMEDIATE-

# Patients should be advised of the following warnings pertaining to contact

- For use as a barrier during the healing process of epithelial defects such
- . For post surgical conditions where bandage lens use is indicated such as
- · For structural stability and protection in piggy back lens fitting where the cornea and associated surfaces are too irregular to allow for corneal rigid

Lenses prescribed for therapeutic use may be worn for daily or extended wearing periods.

Acute or subacute inflammation or infection of the anterior chamber of the

- . Any eye disease, injury or abnormality that affects the cornea, conjunctiva
- Severe insufficiency of lacrimal secretion (dry eye)
- Corneal hypoesthesia (reduced corneal sensitivity)
- . Allergic reactions of ocular surfaces or adnexa that may be induced or
- exaggerated by wearing contact lenses or use of contact lens solutions Allergy to any ingredient, such as mercury or Thimerosal, in a solution which is to be used to care for the ACUVUE® OASYS™ Brand Contact Lenses and the
- Any active corneal infection (bacterial, fungal, protozoal or viral)
- For THERAPEUTIC USE, the eye care professional may prescribe the

ocular conditions, which may include those cited above.

FITTING GUIDELINES

## I. GENERAL FITTING INSTRUCTIONS ACUVUE® OASYS™ Brand Contact Lenses ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM

A. Patient Selection: Patients selected to wear ACUVUE® OASYS™ Brand Contact Lenses and/or ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM

- should be chosen based on:
- Motivation to wear lenses
- · Ability to follow instructions regarding lens wear care General health
- Ability to adequately handle and care for the lenses

· Ability to understand the risk and benefits of lens wear. Patients who do not meet the above criteria should not be provided with

## contact lenses. B. Pre-fitting Examination

Initial evaluation of the patient should begin with a thorough case history to determine if there are any contraindications to contact lens wear. During the case history, the patient's visual needs and expectations should be determined as well as an assessment of their overall ocular, physical, and mental health.

Preceding the initial selection of trial contact lenses, a comprehensive ocular evaluation should be performed that includes, but is not limited to the measurement of distance and near visual acuity distance and near refractive prescription (including determining the preferred reading distance for presbyopes), keratometry and biomicroscopic evaluation.

Based on this evaluation, if it is determined that the patient is eligible to wear ACUVUE® OASYS™ Brand Contact Lenses and/or ACUVUE® OASYS™ Brand Contact Lenses for ASTIGMATISM, the Eve Care Professional should proceed to the appropriate lens fitting instruction outlined below.

## C. Initial Power Determination A spectacle refraction should be performed to establish the patient's

baseline refractive status and to guide in the selection of the appropriate lens power. Remember to compensate for vertex distance if the refraction is greater than ±4.00 D. D. Base Curve Selection (Trial Lens Fitting) For the ACUVUE® OASYS™ Brand Contact Lenses, the 8.4mm/14.0mm

Contact Lens should be selected for myopic patients regardless of

## A spherical over-refraction should be performed to determine the final lens