

LENS CARE DIRECTIONS:

Eye care practitioners should review with the patient lens care directions, including both basic lens care information and specific instructions on the lens care regimen recommended for the patient:

- General Lens Care:** (To First Clean and Rinse, the Disinfect Lenses)
Basic Instructions:
- Always wash, rinse, and dry hands before handling contact lenses.
 - Always use **fresh, unexpired** lens care solutions.
 - Use the recommended chemical (not heat) system of lens care and carefully follow instructions on solution labeling. Different solutions cannot always be used together, and not all solutions are safe to use with all lenses. **Do not alternate or mix lens care systems unless indicated on solution labeling.**
 - Do not use saliva or anything other than the recommended solutions for lubricating or rewetting. Do not put lenses in the mouth.
 - Lenses should be cleaned, rinsed, and disinfected each time they are removed. **Cleaning and rinsing** are necessary to remove mucus and film from the lens surface. **Disinfecting** is necessary to destroy harmful germs.
 - Always remove, clean, rinse, enzyme (as recommended by the eye care practitioner) and disinfect lenses according to the schedule prescribed by the eye care practitioner. The use of enzyme or any cleaning solution does not substitute for disinfection.
 - The eye care practitioner should recommend a care system that is appropriate for tetrafilcon A contact lenses. Each lens care product contains specific directions for use and important safety information, which should be read and carefully followed.

LENS CARE TABLE		
Purpose	Heat (thermal)	Chemical (not heat)
Clean	Pligel®	Renu® Multi- Purpose Daily Solution, Miraflow® Extra Strength Daily Cleaner, Opti-Free® Daily Cleaner, Opti-Free® Express Multi- Purpose Solution, Superclens® Daily Protein Remover, Quick Care® Solution, Complete® Multi-Purpose Solution, Solo-Care® Solution
Rinse	Unisol® 4 Saline Solution	Renu® Multi-Purpose Solution, SoftWear® Saline, Opti-Free® Rinsing, Disinfecting, and Storage Solution, Opti-Free® Express Multi- Purpose Storage Solution, Opti-One® Multi-Purpose Solution, Quick Care® Finishing Solution, Complete® Multi- Purpose Solution, Solo- Care® Multi-Purpose Solution
Disinfect	Unisol® 4 Saline Solution	Renu® Multi-Purpose Solution, AOSEPT® Disinfection/Neutralizing Solution, Opti-Free® Express Multi-Purpose Solution, Opti-Free Rinsing, Disinfecting, and Storage Solution, Quick Care® Finishing Solution, Complete® Multi-Purpose Solution, Solo- Care® Multi-Purpose Solution
Store	Leave in unopened case after disinfecting	Renu® Multi-Purpose Solution, Opti-Free Rinsing, Disinfecting, and Storage Solution, Opti-Free® Express Multi- Purpose Solution, Opti-One® Multi-Purpose Solution, Quick Care® Finishing Solution, Complete® Multi- Purpose Solution, Solo-Care® Multi- Purpose Solution
Lubricating & Rewetting	Clerz®	Renu® Rewetting Drops Opti-One® Rewetting Drops Complete® Lubricating/Re-wetting Drops
Enzyme	Allergan® Enzymatic Contact Lens Cleaner	Renu® Effervescent Enzymatic Cleaner Complete® Enzymatic Cleaner, Opti-One® Enzymatic Cleaner

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- **Note:** Some solutions may have more than one function, which will be indicated on the label. Read the label on the solution bottle, and follow directions.

- **Clean** one lens first (always the same lens first to avoid mix-ups), rinse the lens thoroughly with recommended saline or disinfection solution to remove cleaning solution, mucus, and film from the lens surface, and put that lens into the correct chamber of the lens storage case. Then repeat the procedure for the second lens.
- **After cleaning**, and rinsing, **disinfect** lenses using the system recommended by the manufacturer and/or eye care practitioner.
- To store lenses, disinfect and leave them in the closed/unopened case until ready to wear. If lenses are not to be used immediately following disinfection, the patient should be instructed to consult the package insert or the eye care practitioner for information on the storage of lenses.
- After removing the lenses from the lens case, empty, and rinse the lens storage case with solution as recommended by the lens case manufacturer; then allow the lens case to air dry. When the lens case is used again, refill it with storage solution. Replace the lens case at regular intervals as recommended by the lens case manufacturer or your eye care practitioner.
- Eye care practitioners may recommend a lubrication/rewetting solution, which can be used to wet (lubricate) the lenses while they are being worn to make them more comfortable.

HEAT (THERMAL) DISINFECTION:

- Prepare the empty lens storage case by filling the lens chambers with the solution, which the eyecare practitioner has recommended to keep the lenses wet during disinfection.
- **After cleaning**, thoroughly rinse contact lenses with recommended solutions. **To keep the lenses wet during disinfection**, use the solution that is recommended by the lens manufacturer and/or eyecare practitioner.
- Put each lens into its correct chamber.
- Fill the chamber of the lens case to the line with fresh saline solution. Completely cover the lenses.
- Tightly close the top of each chamber of the lens storage case.
- Put the lens storage case into the disinfection unit and follow the disinfection unit manufacture’s directions for operating the unit (turning the unit on, assuring that it is working, and leaving it on for a sufficient time to disinfect the lenses).
- Before reinsertion of the lenses, no rinsing is necessary unless the eyecare practitioner recommends rinsing.
- Lens cases should be emptied, cleaned, and allowed to air dry.

CHEMICAL LENS DISINFECTION (Including Hydrogen Peroxide):

- **Clean** the contact lenses with a recommended cleaning solution and thoroughly rinse them with a recommended rinsing solution.
- **After cleaning** and rinsing, to disinfect, carefully follow the instructions accompanying the disinfecting solution in the eye care regimen recommended by the lens manufacturer or the eye care practitioner.
- When using hydrogen peroxide lens care systems, lenses **must be neutralized** before wearing. Follow the recommendations on the hydrogen peroxide system labeling.
- Thoroughly rinse lenses with a fresh solution recommended for rinsing before inserting and wearing, or follow the instructions on the disinfection solution labeling.
- **Do not heat the disinfection solution and lenses.**
- Leave the lenses in the unopened storage case until ready to put on the eyes.
- **CAUTION:** Lenses that are chemically disinfected may absorb ingredients from the disinfecting solution, which may be irritating to the eyes. A thorough rinse in fresh sterile saline solution prior to placement in the eye should reduce the potential for irritation.

LENS DEPOSITS AND USE OF ENZYMATIC CLEANING:

Enzymatic cleaning may be recommended by the eye care practitioner. Enzyme cleaning removes protein deposits on the lens. These deposits cannot be removed by regular cleaners. Removing protein deposits is important for the well-being of the patient’s lenses and eyes. If these deposits are not removed, they can damage the lenses and cause irritation. Enzyme cleaning does NOT replace routine cleaning and disinfecting. For enzyme cleaning, the patient should carefully follow the instructions in the enzymatic cleaning labeling.

LENS CASE CLEANING AND MAINTENANCE:

Contact lens cases can be a source of bacteria growth. Lens cases should be emptied, cleaned, and rinsed with solution recommended by the lens case manufacturer, and allowed to air dry. Lens cases should be replaced at regular intervals as recommended by the lens case manufacturer or the eye care practitioner.

CARE FOR A DRIED OUT (DEHYDRATED) LENS:

If a tetrafilcon A lens is exposed to air while off the eye, it may become dry and brittle and need to be rehydrated. If the lens is adhering to a surface, apply sterile saline solution before handling.

To rehydrate the lens:

- Handle the lens carefully.
- Place the lens in its storage case and soak the lens in a recommended rinsing and storage solution for at least one hour until it returns to a soft state.
- Clean the lens first, then disinfect the rehydrated lens using a recommended lens care system.
- If after soaking, the lens does not become soft, if the surface remains dry, the lens **should not be used unless it has been examined by the eye care practitioner.**

CARE FOR A STICKING (NONMOVING) LENS:

If the lens sticks (stops moving or cannot be removed), the patient should be instructed to apply 2 to 3 drops of the recommended lubricating or rewetting solution directly to the eye and wait until the lens begins to move freely on the eye before removing it. If non-movement of the lens continues more than 5 minutes, the patient should **immediately** consult the eye care practitioner.

DIAGNOSTIC LENS CARE:

Eyecare practitioners should educate contact lens technicians concerning proper care of diagnostic lenses.

Each contact lens is sterilized in a glass vial containing a sterile buffered isotonic saline solution.

- Hands should be washed, rinsed, and dried with a lint-free towel prior to handling a lens.
- To ensure sterility, the vial should not be opened until immediately prior to use.
- Lenses should be surface cleaned and disinfected prior to reusing in a diagnostic procedure or dispensing to the patient.
- Diagnostic lenses may be disinfected by heat (thermal) of chemical (not heat). Refer to the sections titled “Heat (Thermal) Lens Disinfection” or “Chemical (Not Heat) Lens Disinfection”.
- Do not alternate or mix lens care systems.

EMERGENCIES:

The patient should be informed that if chemicals of any kind (household products, gardening solutions, laboratory chemicals, etc.) are splashed into the eyes, the patient should: **FLUSH THE EYES IMMEDIATELY WITH TAP WATER AND IMMEDIATELY CONTACT THE EYE CARE PRACTITIONER OR VISIT A HOSPITAL EMERGENCY ROOM WITHOUT DELAY.**

HOW SUPPLIED:

Each lens is supplied **STERILE** in a glass vial containing buffered isotonic saline solution. The glass vial is labeled with the base curve, diameter, dioptric power, manufacturing **LOT** number, and expiration date of the lens. Additionally the vial label for **Preference Toric** and **Preference Toric XR** are also marked with the cylinder power and axis.

DO NOT USE IF THE GLASS VIAL OR SHRINK WRAP HAS BEEN DAMAGED OR BROKEN

REPORTING OF ADVERSE REACTIONS:

All serious adverse experiences and adverse reactions observed in patients wearing the tetrafilcon A contact lens or experienced with the lenses should be reported to:



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