# FOLLOW-UP EXAM

## **FOLLOW-UP VISIT**

- If the patient is satisfied with vision at distance and near, dispense the final prescription and recommend an annual supply.
- If the patient has a visual concern, repeat **Distance Over-Refraction** on previous page.
- If **Distance Over-Refraction** does not solve the visual concern, proceed to the **Supplemental Fitting Guidelines** insert sheet.



# DAILIES® AquaComfort Plus® Multifocal contact lenses product information

MATERIAL: nelfilcon A

#### **MOISTURIZING AGENTS:**

Unique Blink-Activated Moisture System

- Hydroxypropyl methylcellulose (HPMC)
- Polyethylene glycol (PEG)
- Polyvinyl alcohol (PVA)

**WATER CONTENT: 69%** 

**HANDLING TINT:** Light blue VISITINT®

**SPHERE POWERS (D):** +6.00 to -10.00 (0.25D steps)

ADDS: LO, MED, HI
DIAMETER (mm): 14.0
BASE CURVE (mm): 8.7

CENTER THICKNESS (mm): 0.10 @ -3.00D

**WEAR/REPLACEMENT SCHEDULE:** 

Daily Wear, Daily Disposable

**PACK SIZES:** 

Trials – 5 lenses/Revenue – 30 and 90 lens packs



# AIR OPTIX® AQUA Multifocal contact lenses product information

MATERIAL: lotrafilcon B

**SURFACE:** Permanent plasma surface technology

**Dk, Dk/t:** 110, 138 @ -3.00D

**WATER CONTENT: 33%** 

HANDLING TINT: Blue visibility tint

**SPHERE POWERS (D):** +6.00 to -10.00 (0.25D steps)

ADDS: LO, MED, HI
DIAMETER (mm): 14.2
BASE CURVE (mm): 8.6

**APPROVED WEAR SCHEDULE:** 

Daily wear and up to 6 nights extended wear

**RECOMMENDED REPLACEMENT SCHEDULE:** 

Monthly

**RECOMMENDED LENS CARE:** 

OPTI-FREE® PureMoist® MPDS

For further questions, or if the visual acuity is still not satisfactory, please call consultation at **1-800-241-7468** for additional support.

Visit myalcon.com for more details.

DAILIES® AquaComfort Plus® Multifocal and AIR OPTIX® AQUA Multifocal Contact Lenses

# FITTING GUIDELINES

Follow these easy steps to fit successfully

# **INITIAL LENS SELECTION**

- Determine vertex-corrected, least minus/most plus, spherical equivalent distance Rx.
- Determine lowest acceptable spectacle add. Then use the chart at right to select the trial lenses.

DAILIES® AquaComfort Plus® Multifocal and AIR OPTIX® AQUA Multifocal Contact Lenses ADD Selection		
Spectacle Add	Both Eyes	
Up to +1.25	Ю	
+1.50 to +2.00	MED	
+2.25 to +2.50	HI	

## **ADAPTATION TIME**

- Allow patients to adapt to the lenses for 5 to 10 minutes while experiencing real-world vision outside the exam room.
- If the patient is satisfied with vision at distance and near, dispense the initial diagnostic lenses.

**NOTE:** If the patient has a visual concern at distance or near, proceed to a **Distance Over-Refraction.** 



## **DISTANCE OVER-REFRACTION**

- Any over-refraction should be done **outside of the phoropter** with the patient viewing a distant target under binocular conditions. Without occlusion, perform a monocular distance over-refraction for each eye.
- Begin by placing **additional plus in 0.25D steps** until the patient reports a decline in the quality of the distance vision. Try to over-refract with minus lenses only after plus lenses are rejected.
- Verify results binocularly at distance and near, utilizing hand-held lenses and everyday viewing objects instead of acuity charts.
- Insert the new trial lenses, keeping the ADD the same, and re-evaluate distance and near vision binocularly.

**NOTE:** If distance and near vision are <u>functional</u> for the patient after the **Distance Over-Refraction**, dispense the new lenses for a one- to two-week, real-world experience and adaptation, and schedule a **Follow-Up Visit**.



PERFORMANCE DRIVEN BY SCIENCE™

Important information for AIR OPTIX® AQUA Multifocal (lotrafilcon B) contact lenses: For daily wear or extended wear up to 6 nights for near/far-sightedness and/or presbyopia. Risk of serious eye problems (i.e., corneal ulcer) is greater for extended wear. In rare cases, loss of vision may result. Side effects like discomfort, mild burning or stinging may occur. Reference: 1. Rappon J, Bergenske P. AIR OPTIX® AQUA Multifocal contact lenses in practice. Contact Lens Spectrum. 2010;25(3);57-9. 2. In a survey of 221 eye care practitioners in the U.S. who fit over 2,000 patients with AIR OPTIX® AQUA Multifocal contact lenses; significance demonstrated at the 0.05 level; Alcon data on file, 2009.

See product instructions for complete wear, care, and safety information.





# DESIGNED TO IMPROVE NEAR VISION WITHOUT COMPROMISING DISTANCE VISION<sup>1,2</sup>

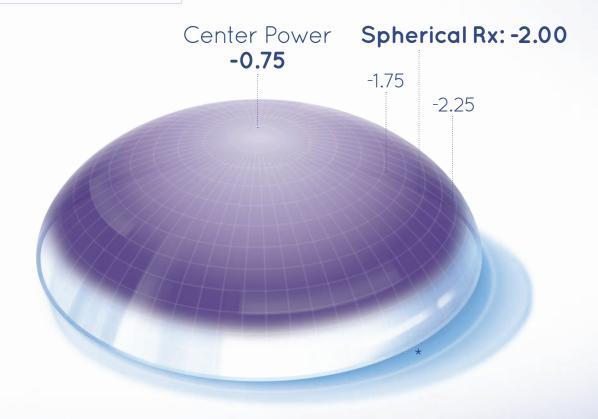
DAILIES® AquaComfort Plus® Multifocal and AIR OPTIX® AQUA Multifocal contact lenses address the varying needs of your presbyopic patients with an adaptive minus power profile

# Sample patient

-2.00 Spherical Rx

+1.25 LO ADD

-0.75 Center Power



More minus at the periphery of the contact lens allows you to "push plus" at the distance Rx without altering the ADD

# SUPPLEMENTAL FITTING GUIDELINES

For patients who have visual concerns after the **Distance Over-Refraction**, follow these **Supplemental Fitting Guidelines**.

## **DETERMINE NON-DOMINANT EYE**

• Determine eye dominance at distance by placing a +1.50 lens alternately over each eye. The eye for which binocular vision is clearest with the +1.50 is the **non-dominant** eye.

## FOR NEAR CONCERNS

#### STEP 1:

- Place a +0.50 hand-held lens over the non-dominant eye.
- If near vision is improved and distance vision is still acceptable, adjust the contact lens power by +0.50 **while keeping the ADD the same** and dispense lenses.

**NOTE:** If step 1 does not leave the patient with functional distance and near vision, proceed to step 2.

#### STEP 2:

• Remove the additional +0.50 added to the non-dominant eye and change the ADD(s) as shown at right.

DAILIES® AquaComfort Plus® Multifocal and AIR OPTIX® AQUA Multifocal Contact Lenses ADD Selection		
Spectacle Add	Dominant Eye	Non-Dominant Eye (plus accepted)
Up to +1.25	MED	MED
+1.50 to +2.00	MED	HI
+2.25 to +2.50	HI	MED

# FOR DISTANCE CONCERNS

 If the over-refraction clears the distance but compromises the near vision, keep the current spherical power and change the ADD using the chart at right.

DAILIES® AquaComfort Plus® Multifocal and AIR OPTIX® AQUA Multifocal Contact Lenses ADD Selection		
Spectacle Add	Dominant Eye	Non-Dominant Eye (plus accepted)
+1.50 to +2.00	LO	MED
+2.25 to +2.50	HI	MED

NOTE: If distance and near vision are <u>functional</u> for the patient after Supplemental Fitting, dispense the new lenses for a one- to two-week, real-world experience and adaptation.

If you have further questions after the **Supplemental Fitting**, please call consultation at **1-800-241-7468** for additional support.

Important information for AIR OPTIX® AQUA Multifocal (lotrafilcon B) contact lenses: For daily wear or extended wear up to 6 nights for near/far-sightedness and/or presbyopia. Risk of serious eye problems (i.e., corneal ulcer) is greater for extended wear. In rare cases, loss of vision may result. Side effects like discomfort, mild burning or stinging may occur.

Reference: 1. Rappon J, Bergenske P. AIR OPTIX® AQUA Multifocal contact lenses in practice. Contact Lens Spectrum. 2010;25(3);S7-9. 2. In a survey of 221 eye care practitioners in the U.S. who fit over 2,000 patients with AIR OPTIX® AQUA Multifocal contact lenses; significance demonstrated at the 0.05 level; Alcon data on file, 2009.

See product instructions for complete wear, care, and safety information.

© 2013 Novartis 11/13 MIX14023MS