Step 1: Gather materials.

- 1. Lid at least 50mm diameter
- 2. Microphone/headphones with built-in microphone
- 3. Tape (electrical is preferred)
- 4. Knife or Scissors
- 5. Permanent Marker
- 6. Plastic bag

Step 2: Cut hole into lid.

• Ensure hole is cut large enough to fit the microphone through it.







Step 3: Thread microphone through lid and secure.

- Tape down microphone to the lid but do not cover the microphone port.
- Cover the hole completely so that once the membrane is attached, it is airtight.





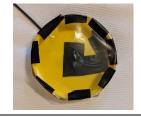
Step 4: Trace a circle and cut out.





Step 5: Tape the plastic circle to the front of the lid and secure.

• Ensure the membrane is fully attached and airtight.





Step 6: Clean up and record locally or on heart.ai!



