

P.E. 125 Badminton Mr. Harris, Instructor <u>FALL 2012</u>

Goals/Purpose

It is the purpose of this course to develop the basic skills of badminton. These skills include but are not limited to backcourt clear, backcourt drop, high-clearing serve, short-low serve, net clear, net drop, service return, smash, smash return, drive, and all related movement.

Course Description

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

Text

All study materials will be provided by the instructor.

Dress/Equipment

Students should wear tennis or basketball shoes. Jogging shoes, cross trainers, and hiking boots **are not** permitted. Students with improper footwear will not be allowed to participate. Shoeless participation is prohibited. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

Attendance

Divisional Attendance Policy

MWF (3) TTH (2) attendance policy

Class Attendance Policy:

- A. Religious holidays approved by the college may be observed without penalty but your instructor must be informed in writing of your intention to do so at least 48 hours in advance of the holiday.
- B. You are expected to attend all classes at the scheduled time; therefore, tardiness and absences affect your final grade. A maximum of three (MWF)/two (TTH) absences are allowed without penalty. There are no excused absences in this class. If you have to miss a class due to unusual circumstances (serious illness/emergencies), you must communicate your reasons to your instructor prior to the absence via email or voice message; if that is impossible, you must communicate with your instructor as soon as you are able.

If you miss three consecutive days, it is the instructor's responsibility to report your name to the Office of Academic Services.

C. After the allowed absences (3/2), each following absence will result in a 5% reduction of your <u>final</u> grade, e.g.,

MWF: <u>4 absences</u> = 5% reduction; 5 absences = 10% reduction; 6 absences = 15% reduction; 7 absences = 20% reduction; 8 absences = 25% reduction; 9 absences = automatic final grade of F.

TTH: <u>3 absences</u> = 5% reduction; 4 absences = 10% reduction; 5 absences = 15% reduction; 6 absences = 20% reduction; 7 absences = 25% reduction; 8 absences = automatic final grade of F.

- D. You are expected to be on time for class. If you arrive after roll call, you are responsible to confirm your presence with your instructor. A student who is late for class on two occasions will be considered absent on one occasion.
- E. Any student attending all classes during the semester will have 2 points added to his/her final grade.

Grading

Skills Component	30%	O% Grading Scale		
Written Tests	50% (Mid-term 25%; Final 25%)	A =	90 -	Above
Homework-Practice	200/	B =	80 –	89
	20%	C =	70 –	79
		D =	60 -	69
		F =	59 –	Below

Skills Test

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear (forehand and backhand).

*There are possible 10 good shots per test:

10 good shots = 100	5 good shots	= 72
9 good shots = 94	4 good shots	= 67
8 good shots = 88	3 good shots	= 60
7 good shots = 82	2 good shots	= 54
6 good shots = 77	1 good shot	= 49
	0 good shot	= 40

The skills test will be administered at mid-term and again at the end of the semester. Each skill is to be graded individually with only the best score for each skill to be graded.

Written Exam

Mid-Term All beginning Physical Skills Relevant to Singles Play

Final Exam Rules, Regulations, Procedures for Playing Singles and Doubles

Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week period. It is preferred that not more than one homework session be performed on any given day. A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions. Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security. Homework slips must be filled out correctly in order to receive credit.

Homework Sessions/per 3-Week Period

<u>Session</u>	<u>Grade</u>
6	100
5	80
4	60
3	50
2	30
1	20

Honor Code

The Honor Code is to be adhered to at all times.

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DATES		REQUIREMENTS			
Th	Aug 30	Overview of Skills, Class and Film			
Tu	Sept 4	Putting the Shuttle in Play, Overhead Clear			
Th	Sept 6	Forehand Clear, Net Drop, Movement to Front of Court			
Tu	Sept 11	Net Clear, Net Drop, Movement to Front of Court			
Th	Sept 13	Overhead Drop, Movement, Net-Clear - Overhead Drop Drill			
Tu	Sept 18	Smash, Movement, Smash, Return, Clear Drop - Drop Clear Drill			
Th	Sept 20	High Clearing Serve, Smash-Drop – Clear Drill, Movement			
Tu	Sept 25	Short-Low Serve, Review All Drills/Skills, Service Return			
Th	Sept 27	Homework Due / Backhand Mechanics (Clear, Drop Smash)			
Tu	Oct 2	Controlled Point Play, Practice Skills Test			
Th	Oct 4	Skills Test 1			
Tu	Oct 9	Skills Test 1, Review for Mid-Term Exam			
Th	Oct 11	Mid-Term Exam			
Tu	Oct 18	Rules, Regulations Procedure, Mechanics of Play-Singles			
Th	Oct 23	Homework Due			
Tu	Oct 25	Singles Play			
Th	Oct 30	Singles Play			
Tu	Nov 1	Singles Play			
Th	Nov 6	Singles Play			
Tu	Nov 8	Singles Play			
Th	Nov 13	Singles Play			
Tu	Nov 15	Homework Due / Procedure, Mechanics of Play-Doubles			
Th	Nov 20	Doubles Play			
Tu	Nov 27	Doubles Play			
Th	Nov 29	Skills Test II			
Tu	Dec 4	Skills Test II			
Th	Dec 6	Skills Test II			
Tu	Dec 11	Final Written Exam			
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