#### **OXFORD COLLEGE** of Emory University

Division of Physical Education & Dance

#### P.E. 125 Badminton

Mr. Harris –Spring 2008

#### **Goals/Purpose**

It is the purpose of this course to develop the basic skills of badminton. These skills include but are not limited to (backcourt clear, backcourt drop, smash, high-clearing serve, short-low serve, net clear, net drop, service return, smash, smash return, drive, and all related movement).

# **Course Description**

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

#### **Text**

Badminton Everyone, Charlie Jong-Ming Li

# **Dress/Equipment**

Students should wear tennis or basketball shoes. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

## **Attendance**

Students will be exposed to new skills on a daily basis with course content unfolding rapidly. Regular attendance is very important. An individual may incur two absences without penalty. These absences are to be used for illness, emergencies, religious holidays, etc. Students absent more than two times will have two points per absence subtracted from their final grade.

A student that is late for class on two occasions will be considered absent on one occasion.

After incurring the seventh absence a student will be dropped from this class.

#### **Grading**

Skills component 40%

Written Test 40% (Mid-Term 20%) (Final Exam 20%)

Homework-Practice 20%

# **Skills Test**

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear forehand and backhand.

\* There are a possible 10 good shots per test:

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10 good shots = 100 5 good shots = 72

9 good shots = 94 4 good shots = 67

8 good shots = 88 3 good shots = 60

7 good shots = 82 2 good shots = 54

6 good shots = 77 1 good shot = 49

0 good shots = 40
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The skills test will be administered at mid-term and again at the end of the semester. Each skill is to be graded individually with only the best score for each skill to be recorded. With the test being administered at mid-term and at the end of semester, make ups will not be permitted.

## **Written Test**

Mid-Term All Beginning Physical Skills Relevant to Singles Play
Final Exam Rules, Regulations, Procedures for Playing Singles and Doubles: History

# Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

# **Homework**

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week span. It is preferred that not more than one homework session be performed on any given day. (A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions.) Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security.

<u>Grade</u>
100
80
60
40
20
10

**Instructor** Mr. Tony Harris

**Phone Numbers** Home (678) 625-8187

Other (770) 786-2271

Office Hours Tuesday-Thursday 8:30-10:00am. Mr. Harris is in the Pool Office

**Honor Code** The honor code is to be adhered to at all times.

**E-mail address**: antdrewhar@aol.com

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# **Class Schedule**

DATES	REQUIREMENTS
January, 17 <sup>th</sup>	Overview of Skills, Class and Film
January, 22 <sup>nd</sup>	Putting the Shuttle in Play, Overhead Clear
January 24 <sup>th</sup>	Forehand Clear, Net Drop, Movement to Front of Court
January, 29 <sup>th</sup>	Net Clear, Net Drop, Movement to Front of Court
January, 31 <sup>st</sup>	Overhead Drop, Movement, Net-Clear-Overhead Drop drill
February 5 <sup>th</sup>	Smash, Movement, Smash, Return, Clear Drop-Drop Clear Drill
February 7 <sup>th</sup>	High Clearing Serve, Smash-Drop-Clear Drill, Movement
February 12 <sup>th</sup>	Short-Low Serve, Review All Drills/Skills, Service Return
February 14 <sup>th</sup>	Homework Due/ Backhand Mechanics (Clear, Drop Smash)
February 19 <sup>th</sup>	Controlled Point Play, Practice Skills Test
February 21 <sup>st</sup>	Skills Test 1
February 26 <sup>th</sup>	Skills Test1, Review for Mid-Term Exam
February, 28 <sup>th</sup>	Mid-Term Exam
March 4 <sup>th</sup>	Rules, Regulations Procedure, Mechanics of Play-Singles
March 6 <sup>th</sup>	Homework Due
March 18 <sup>th</sup>	Singles Play
March 20 <sup>th</sup>	Singles Play
March 25 <sup>th</sup>	Singles Play
March 27 <sup>th</sup>	Singles Play
April 1 <sup>st</sup>	Singles Play
April 3 <sup>rd</sup>	Singles Play
April 8 <sup>th</sup>	Homework Due/Procedure, mechanics of Play-Doubles
April 10 <sup>th</sup>	Doubles Play
April 15 <sup>th</sup>	Doubles Play
April 17 <sup>th</sup>	Skills Test II
April 22 <sup>nd</sup>	Skills Test II
April 24 <sup>th</sup>	Skills Test III
May 29th	Final Written Exam