OXFORD COLLEGE OF EMORY UNIVERSITY

CHL Course Syllabus

PE _OX 150-11J (5318)
Ultimate Frisbee/Soccer
1 CREDIT HOUR

Instructor: Coach Gregory Moss-Brown

Office Location: Williams Gymnasium
Office Hours: MW 1-3, all other times by

appt.

Telephone: 770-784-4672 **Email:** mossbrown@emory.edu

COURSE DESCRIPTION: This course is designed to increase the students' knowledge and appreciation of soccer and ultimate Frisbee as sports. The course focuses on the historical background, rules and strategies in both sports. Basic skills, technique and strategies are also taught and practiced through participation.

OBJECTIVES: Upon completion of the course the student will be able to:

- 1. Explain the historical background and rules of both sports.
- 2. Define, understand, and implement sport specific strategies.
- 3. Perform the basic fundamental skills of both sports.
- 4. Compare and contrast different sport specific coaching philosophies.

Value Awareness: Throughout the course the students are challenged to question the bases for both sports and physical fitness as having an impact on individual, the family, the community and society in general. The student is encouraged to examine others values and their own in the application of soccer as a multicultural lifetime fitness activity.

Instructional Activities and Methodology:

Developmental and systematic approaches will be employed for teaching this course. Students will have ample opportunity to improve their cognitive knowledge, motor skills, and personal health and wellness from classroom lectures, discussions, visual aids, and a variety of on the field exercise sessions and small sided games.

TEXT: There is no required text for this course. Handouts and web links will be provided by the instructor during the semester to supplement class lectures.

Evaluation:

Written Exams (20%)

Assignments (20%)

Research Paper (10%)

Participation/Attitude/Attendance & Dress (40 %)

Skill Assessment Improvement (10%)

Final Exam (10%)

Grading Summary:

A=92.0-100	C+=78.0-79.9
A-= 90.0-91.9	C=72.0-77.9
B+=88.0-89.9	C-=70.0-71.9
B=82.0-87.9	D+=68.0-69.9
B-=80.0-81.9	D=60.0-67.9
	F=0 - 59

Grade Appeal Process: If you wish to appeal the final grade you receive in this class you are to put your request to me in writing within 5 days of final grade posting. Your request must address the specific reasons as to why I should re-examine your grade. I will not respond to informal e-mail messages or appeals submitted after the 5 day deadline.

Performance goals and student expectations:

Assignments: Each student will demonstrate knowledge of the subject through written and/or oral examinations and skills test. Each student will be required to complete test and class assignments on assigned dates. Late materials and makeups are not acceptable unless excused by instructor. All assignments must have a flair: professional neat. typed/computer, with correct spelling and English.

If you are going to be absent on assignment due dates or test days, it is the student's responsibility to make arrangements with Coach Moss-Brown one class period before the day that will be missed.

In case of death (in the family), severe illness, and school functions, Coach Moss-Brown must be notified before missing class. Afterwards, authentic documentation must be provided to Coach Moss-Brown on the first day back to class. There will be no exceptions.