

TOPICS IN LIFETIME ACTIVITIES

PE 200 K

Beginning Backpacking

Thursday

Fall 2002

Instructor: Carla Chelko
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Office Faculty Suite Williams Gymnasium
Office Hours: Tuesday/Thursday 12:00-1:00pm

Text: National Outdoor Leadership Wilderness Guide by Mark Harvey (Reference not required to purchase).

Text Into the Wild by John Krachaur

Course Description:

This course is designed to teach skill development in backpacking technique

Course Objectives:

Upon completion of this course student will be competent in:

- 1) Trip planning & Wilderness ethics
- 2) Wilderness First Aide
- 3) Proper selection and care of equipment
- 4) Map reading

Grading Scale:

90% - 100%	= A
80% - 89%	= B
70% - 79%	= C
60% - 69%	= D
0% - 59%	= F

Class Presentation	30%	
Final Exam	20%	Book critique on <i>Into the Wild</i> : Minimum 5 pages
Outdoor Trips	50%	

Attendance:

Only 1 absence allowed for the semester.

Extra Costs:

You will need to purchase meals en route to and from the campsite and also food utilized while backpacking.

Honor Code: It is the student's responsibility to uphold the honor code as described in the Oxford College handbook.

Dates for Trips will be assigned on September 5th. When we have our first official class group projects will also be assigned.

PE 200R TOPICS IN LIFETIME ACTIVITIES BACKPACKING TUESDAY CALENDAR MS. CARLA CHELKO	
DATES	INSTRUCTION
SEPTEMBER	
Tuesday - 3 rd	Introduction, Projects Assigned, Trips Planned
Tuesday - 10 th	Trail Identification
Tuesday - 17 th	Class Project
Tuesday - 24 th	Class Project
Saturday - 28 th	Day Hike
OCTOBER	
Tuesday - 1 st	Class Project
Tuesday - 8 th	Topic = Clothing
Tuesday - 15 th	Mid-Term Break
Tuesday - 22 nd	Topic = Cooking & First Aide
Tuesday - 29 th	Compass/Maps/Trail Organization Setting up Camp
NOVEMBER	
Tuesday - 5 th	Trail Identification
Tuesday - 12 th	
Tuesday - 19 th	
Tuesday - 26 th	
DECEMBER	
Tuesday - 3 rd	
Tuesday - 10th	Final Exam

This calendar will change once the overnight trips have been determined.

PE 200K TOPICS IN LIFETIME ACTIVITIES BACKPACKING THURSDAY CALENDAR MS. CARLA CHELKO	
DATES	INSTRUCTION
SEPTEMBER	
Thursday -5 th	Introduction, Projects Assigned, Trips Planned
Thursday - 12 th	Trail Identification
Thursday - 19 th	Class Project
Thursday - 26 ^h	Class Project
Saturday - 28 th	Day Hike
OCTOBER	
Thursday - 3 rd	Class Project
Thursday - 10 th	Topic = Clothing
Thursday - 17 th	Mid-Term Break
Thursday - 24 th	Topic = Cooking & First Aide
Thursday - 31 st	Compass/Maps/Trail Organization Setting up Camp
NOVEMBER	
Thursday - 7 th	Trail Identification
Thursday - 14 th	
Thursday - 21 st	
Thursday - 28 th	Thanksgiving Holiday
DECEMBER	
Thursday - 5 th	Final Exam

This calendar will change when the overnight trips have been determined.