

Dr. England, Trailer 3, 4-8350  
email: penglan@emory.edu  
or Penny England

Office Hours: MW 10:15-11, 1-2  
TTH 9-11; 1:30-2  
F 10:15-11

**Overview:**

Each person comes to this class with differing backgrounds in movement. Some have had much more experience in motion than others. Some have had little experience in sports activities. This class is designed for the person who has had no experience in tennis. The class is suitable for those who have had a little experience. Those who have had more experience will be held to higher grading standards than those with little or no experience, and will need to improve more independently of the instructor.

To be a good tennis player demands good movement skills, good hand-eye coordination, practice, and high motivation. The purpose of this class is to learn the basics of the game. To learn the game means that you will understand how to produce sound strokes (forehand, backhand, volley, and serve), even if you cannot consistently produce them. To learn the game means that you will understand the strategies and rules of the game even if you cannot perform them well. It does not take special movement skills or hand-eye coordination to learn the game. It does take high motivation and practice. With motivation and practice, anyone can learn and enjoy the basics of the game.

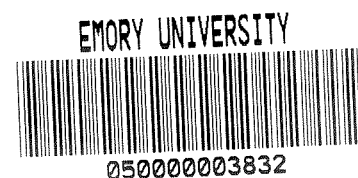
Playing tennis can be joyful or unpleasant, depending on your expectations of yourself. If you expect too much of yourself, put too much pressure on yourself, you will not enjoy playing the game. It is a game. It is playing. Let yourself be playful while you learn and you will give yourself the gift of learning a sport you can play for a lifetime.

Your responsibility is to practice, be motivated, to participate fully in every class, and to hit as many tennis balls as possible this semester. My responsibility is to help you and to make learning to play tennis as easy and enjoyable as can reasonably be expected. I teach so that each class's skills build toward the next skills to be learned. If you have to miss class, you will be missing the foundational skills for the following classes. It is important, for your own learning success, that you find out what was practiced in any class you miss and that you practice before attending the next class.

The format for each class is:

1. I assign you reading homework.
2. I teach the next class assuming you have studied your homework. I refer to the assigned homework during class, and may give extra credit/credit quizzes.
3. You practice drills during class which enhance your learning performance.
4. You hit as many balls as possible, while I help you as much as possible.

**Text:** handouts distributed in class and class instruction



**Course Objectives:**

1. practice the basic strokes
2. practice hitting **many** balls.
3. practice rules and strategy through playing the game

*Physical activities for this class include mild to vigorous movement in hot to cold weather. If there is now, or ever, any medical condition which would cause you undue risk or prevent your full participation in such activity, it is your responsibility to inform me immediately. If you have a chronic condition which limits your potential for fulfilling the requirements for this class, have your physician FAX (770/784-4677) a letter stating the nature of your limitation(s) and) recommendations for physical activities you can use to achieve the objectives of this course as listed above.*

**Class Participation:** This is a participation class. It is important that you contribute/participate fully during each class. If you do not feel well enough to participate in class physical activity, you should attend class, take notes, and give your commentary on activities of the day. Turn those notes in to me at the end of that class period. If you miss more than 3/2 classes FOR ANY REASON (including sickness, religious holidays, doctor/lawyer appointments) fifty points per overcut will be deducted from your final grade.. THERE ARE NO MAKE-UPS FOR ANY CLASSES, WRITTEN OR SKILLS TESTS, PAPERS, OR HOMEWORK EXCEPT UNDER **VERY UNUSUAL** CIRCUMSTANCES. If you experience such unusual circumstances you must speak with me in a timely manner (within the week) in order for exceptions to be made in this policy. If you arrive after roll is called, see me AT THE END OF THAT CLASS to initiate a change in your recorded absence.

**Grading:**

200 points      Two Written Tests

100 points      Journal of Weekly Practice

700 points      Tennis Fundamental Skills

400 points: 20 for each successful serve, volley, forehand, backhand (sets of five)

100 points singles scoring

100 points singles strategy

100 points doubles scoring/positioning/strategy

Extra credit points: Points may be added to your final grade for hustle, hitting many balls, collaboration/participation in class, extra credit quizzes, and thoughtful one minute papers.

Fifty points will be added to your final grade if you have missed NO classes.

Grading Scale    A=>899 points; B=800-899; C=700-799; D=600-699; F=<600

**THE OXFORD COLLEGE HONOR CODE APPLIES TO ALL WORK FOR THIS CLASS.**

**You are expected to be honorable in your practice inside and outside class, complete all written tests and written work with your own mind, independently of others, and perform the skills tests honorably.**