

PE 122 Beginning Tennis (PED) Fall, 2014

Center for Healthful living - Course Syllabus

Instructor: Pernilla Hardin - Pernilla.Hardin2@emory.edu Office #: 770-784-8355

Location: Oxford Tennis Courts & Williams Gym (room 105)

Class Time: Tuesday & Thursday 1:40pm to 2:55pm

Office House Hours: 10:30am to 11:30am Tuesday/Thursday by appt.

If the courts are wet at class time, we will meet in Williams Gymnasium Room #105 (dress for activity).

Physical Education 122. Beginning Tennis (PED)

Fall or Spring. Credit, one hour. Intermediate/advanced players should not take this course (those above 2.5 USTA rating). Those who do may be subject to intermediate/advanced grading standards at the discretion of the instructor. History, rules, ground strokes, serve, volley, and singles and doubles strategy and play are included. Students must furnish racket.

Course Objectives:

1. Enjoy playing the game of tennis
2. Develop basic groundstrokes, serve, volley, and overhead
3. Understand and use the rules and scoring of tennis, its courtesies and conventions through playing elementary singles and doubles games
4. Develop the ability to move to the ball with confidence and return the ball over the net consistently
5. Develop relaxation techniques for managing the pressure and frustration associated with learning or improving tennis skills.

Evaluation:

- 1.) Participation/Attitude/Attendance/Dress (50%)
- 2.) Mid-Term Written Exam (10%) (10/07/14)
- 3.) Skill tests 1 & 2 (30%) (10/9/14 & 11/20/14)
- 4.) Final Evaluation Written Exam (10%) (12/09/14)

Grading Summary: A=90–100 B=80–89 C=70-79 D=60–69 F=59 or lower

Grade Appeal Process: If you wish to appeal the final grade you receive in this class you are to put your request to me in writing within 5 days of final grade posting. Your request must address the specific reasons as to why I should re-examine your grade. I will not respond to informal e-mail messages or appeals submitted after the 5 day deadline.

TEXT: There is no required text for this course. Handouts and web links will be provided by the instructor during the semester to supplement class lectures.

Dress Code: You must provide your own tennis racket. Athletic shorts, shirts and tennis shoes are required. Shoes must be smooth-soled, and must not make marks on the court. Running shoes are not safe for tennis and are not permitted. You may not wear blue jeans or other street clothes unsuited to athletic endeavor. Shirts must be worn at all times. Failure to wear the required attire will result in an absence.

Class Participation and Contribution:

In order to pass this course you must actively participate and contribute during each class meeting. Since I teach you as individuals, when I am working with other students I expect you to be practicing the skills on

which you need most practice. I expect you to encourage and help each other. Each of you will learn at a different rate. Once you have mastered a skill, I expect you to help others learn it.

Come to class! Even if you do not feel well enough to participate you will watch your classmates and make notes giving helpful advice to a list of students that you observe that day. That way your grade will not be penalized.

CLASS ATTENDANCE: Divisional Attendance Policy Class Attendance Policy:

A. Religious holidays approved by the college may be observed without penalty but your instructor must be informed of your intention to do so in writing and in advance of the holiday.

B. You are expected to attend all classes at the scheduled time; therefore tardiness and absences affect your final grade. A maximum of two absences are allowed without penalty. There are no excused absences in this class. If you have to miss a class due to unusual circumstances (serious illness/emergencies), you must communicate your reasons to your instructor prior to the absence via email or voice message; if that is impossible, you must communicate with your instructor as soon as you are able. **If you miss three consecutive days it is the instructor's responsibility to report your name to the Office of Academic Services.

C. After the allowed absences (2), each following absence will result in a 5% reduction of your final grade, e.g.,

3 absences = 5% reduction; 4 absences = 10% reduction; 5 absences = 15% reduction; 6 absences = 20% reduction; 7 absences = 25% reduction;

8 absences = automatic final grade of F.

D. You are expected to be on time for class. If you arrive after roll call, you are responsible to confirm your presence with your instructor.

E. At the end of the semester, MAKE UP work may be provided at the instructor's discretion. For make-up work to be considered, 1) all absences must be valid 2) you must provide acceptable medical documentation or a reasonable explanation regarding an exceptional circumstance must be provided 3) you must schedule an appointment in a timely manner for the purpose of presenting a record of missed classes and your justification for the absences. Your instructor will

decide whether make-up opportunities should be granted and will set a deadline for the completion of such work before final grades are due.

Class Calendar

Aug 28 Overview of class work and expectations

Week 1 Introduction of basic ground strokes

Week 2 Continue to work on ground strokes plus learn how to volley

Week 3 Introduction of serving and overheads

Week 4 Introduction singles and doubles strategy

Week 5 Work on strokes, singles and doubles strategy

Week 6 Review

Week 7 Mid-Term on Oct 7th - Skill Test #1 October 9th, 2014

Week 8 Singles play and strategy

Week 9 Doubles play and strategy

Week 10 Work on serves and overheads

Week 11 Work on volleys

Week 12 Learn slice backhand

Week 13 Learn the forehand and backhand drop shot

Week 14 Skill Test # 2 – November 20th, 2014

Week 15 Tuesday: Match Play. Thursday: Thanksgiving break

Week 16 Review

Week 17 Final exam December 9th, 2014

Skill Test # 1 Be able to play a singles match and keep the proper score

Skill Test # 2 Be able to play doubles and keep the proper score

Important Information:

Students are expected to adhere to the honor code with reference to all matters relating to the evaluative process of this course. Any violation of Oxford College's HONOR CODE will not be tolerated.

NO devices that allow communication via phone, pager, text message, e-mail, etc. are permitted in class. Recurring problems will result in disciplinary action as stated in the Oxford College student Handbook. If such communication is needed during class please notify Coach Hardin prior to class. If you have questions or do not understand please see me for clarification.

At Coach Hardin's discretion, any behavior that disrupts class or is offensive will not be tolerated and will lead to disciplinary action as stated in the Oxford College student Handbook.

All students must come to class dressed appropriately for class. (i.e., tennis shoes/sneakers with socks, shorts or athletic pants, a nice T- shirt). No dress shoes, sandals, cut off shorts, blue jeans, old ripped-up T-shirts or T- shirts with negative propaganda.

Reasonable accommodation for students with writing deficiencies: Students are expected to have developed certain competencies necessary for success in college. If you have not developed the competencies needed to function at this level, you will be required to do so, in order to pass this course. For this reason, referrals to the writing center are required. Students with identified or suspected disabilities of any kind should contact the Writing Center located in Language Hall (770-784-4722). No special arrangements will be made for any student unless the instructor is contacted directly via official request from this office.

Reasonable accommodation for students with disabilities: If you have a disability that may require assistance or accommodation, or you have questions related to any accommodations for testing, note takers, readers, physical activity, etc., please speak with me as soon as possible. Students may also contact the Office of Disability Services (404-727-6016) with questions about such services. It is the student's responsibility to initiate considerations; all students must self-disclose to ODS and complete the registration process.

Reminder: Class activities may include vigorous activities. If you have any medical condition or physical problems to prevent you from full participation in such activity, it is your responsibility to inform the instructor of its nature and provide documentation from your physician stating 1) the medical condition, 2) limitations of the condition, and 3) recommendations that would help you

meet the requirements of the course. Students may also contact the Office of Disability Services (404- 727-6016).