BIOL121 HUMAN ANATOMY AND PHYSIOLOGY I LAB SYLLABUS

Fall 2015 Ann Massey, PhD

Pierce 119 Clinical Assistant Professor

T 1:40pm – 4:40pm Office(s):

HUM 205C or NHWSN332

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REQUIRED MATERIALS

Allen, C., and Harper, V. Laboratory Manual for Anatomy and Physiology (5thed.)

Hoboken: John Wiley and Sons (2014)

Bundled with WileyPLUS ISBN 9781118946466

DESCRIPTION

This syllabus describes in more detail the laboratory component of the BIOL121 course. The laboratory involves overview and review of general biological concepts (osmosis, diffusion and movement of substances across a semipermeable membrane; cell anatomy, mitosis and meiosis); an introduction to the language of anatomy and physiology; an introduction to tissue types and classification schemes; and in-depth study of organ systems including integument, bone, muscle and nervous system. Activities are designed to illustrate morphology of organs as well as physiological concepts. Participation in and completion of the laboratory component is mandatory.

Technology Requisites

Students should bring laptops to lab. System requirements for WileyPLUS can be found at

http://help.wileyplus.com/browsercheck/index.html

Students should know how to access course materials via Canvas and post questions / replies to the discussion board feature.

Learning Community Overview

Lab is intended to be hybrid in format, with in-class activities accompanied by online resources and activities that can be completed outside of the scheduled lab times. Students should expect to work and communicate in several media, traditional and electronic, and should expect to find themselves working in groups and independently. Many jobs require that people work together in teams - this is particularly true in healthcare settings, where evidence indicates that effective teamwork leads to improved patient care and outcomes. Collaborative work also increases the effectiveness of learning. The laboratory learning community is a bit less formal and structured than that in the classroom.

LEARNING OUTCOMES

By the end of this course, students will be able to

- use and describe anatomical terms related to location and direction
- identify and describe basic physiological processes of cells
- compare and contrast active and transport processes, and discuss their importance in living systems
- identify and describe tissue types, and predict organ function based on the types of tissues found within
- describe the composition and functions of the musculoskeletal, nervous, and integumentary systems, and predict their functions based on the organs comprising them

GRADING SCHEME Grades will be based on the following:	POINTS
Exams Exams will include practical and essay questions.	200
Art Project	25
Quizzes	50
Online glossary of anatomical terms For each module, students will contribute 2 terms, with definitions	10
Online bibliography For ONE module, students will contribute to the course bibliography	15
TOTAL (NOTE - the points earned in lab contribute to the overall grade for BIOL course syllabus for the details related to the grade assignments for the course syllabus for the details related to the grade assignments for the course syllabus for the details related to the grade assignments for the course syllabus for the details related to the grade assignments for the course syllabus for the details related to the grade assignments for the course syllabus for the details related to the grade assignments for the course syllabus for the details related to the grade assignments for the course syllabus for the details related to the grade assignments for the details related to the grade assignment for the details related to the	

Lab Calendar f2015

August 27	MODULE 1 - Review of Basic Cellular Anatomy and Physiology;
	Introduction to Anatomical Terminology
	Lab 1: Exercise 1 – Anatomical Language (Activities 1-4, pp. 2-6)
	Exercise 2 – Organ Systems and Body Cavities (Activities 1-4, pp.13-18)
	Homework Assignment (due 2 nd lab meeting):
	Reviewing / Using Your Knowledge, Exercises 1 (pp. 7-12); 2 (pp. 19-22); 4
	(pp. 37-40)
	M1 online quizzes OPEN
	NOTE: We will be meeting in the lab during our scheduled class time
September 1	HAPS STANDARDIZED EXAM
	Exercise 4 – Cell Structure and Cell Cycle (Activities 1-3, pp. 31-36)
September 8	Lab 2: PowerPhys Experiment 1, Enzyme Activity or TBA
	Introduction to RealAnatomy use
September 15	MODULE 2 - Tissues
	Lab 3: Exercise 6 – Tissues (Activities 1-4, pp. 51-73)
	Exercise 7 – The Integumentary System (Activities 1-4, pp. 83-90)
	Homework Assignment (due next lab meeting):
	Reviewing / Using Your Knowledge, Exercise 6 (pp. 75-82)
	M1 online quizzes CLOSE
	M2 online quizzes OPEN
September 22	Lab 4: Exercise 6 (continued) – Tissues (Activities 1-4, pp. 51-73)
	Exercise 7 (continued) – The Integumentary System (Activities 1-4, pp. 83-90)
	Homework Assignment (due next lab meeting)
	Reviewing / Using Your Knowledge, Exercise 7 (pp. 91-94)
September 29	MODULE 3 - Skeletal System
	Lab 5: Exercise 8 - Bone Structure and Function (Activity 1, p. 96;
	Activities 3-5, pp. 97-100);
	Exercise 9 – The Axial Skeleton (Activity 1-10, pp. 95 -130)
	Homework Assignment (due next lab meeting):
	Reviewing / Using Your Knowledge, Exercises 8 (pp. 101-104);
	9 (pp. 131-136)
	M2 online quizzes CLOSE
	M3 online quizzes OPEN
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October 6	Lab 6: Exercise 10 – The Appendicular Skeleton (Activities 1-6, pp. 146-156)
	Homowork Assignment (due nout leb monting)
	Homework Assignment (due next lab meeting):
	Reviewing / Using Your Knowledge, Exercise 10 (pp. 153-158)
	M3 quizzes CLOSE
October 13	FALL BREAK
October 20	LABORATORY TEST #1
	NOTE: The exam will be given during the scheduled lab time, beginning at 1:30pm. (Make-up exam by permission only)
October 27	MODULE 4 - Muscles and Joints
	Lab 7: Exercise 11 – Joints and Synovial Joint Movements (Activities 1-5,
	pp. 159-168; Activities 5-10, pp. 174-182)
	Exercise 12 - Skeletal Muscle Structure (Activities 2-4, pp. 189-192)
	Exercise 14 - Skeletal Muscles(Activities 1-5, pp. 197-224)
	(Emphasis upon head and neck muscles, back, thorax, and abdomen.)
	Homework Assignment
	Reviewing / Using Your Knowledge, Exercises 11, 12, 14
	(pp. 169-172; 181-184; 225-232)
	M4 quizzes OPEN
November 3	Lab 8: Continue Exercise 14 - Skeletal Muscles(Activities 1-5,
	pp. 197-224 - Emphasis upon muscles of arms, legs, pectoral and pelvic
	girdles)
	Homework Assignment (above)
November 10	Lab 9: Continue Exercise 14 - Skeletal Muscles(Activities 1-5,
	pp. 197-224 - Emphasis upon muscles moving wrist, fingers, lower leg)
	Massage Therapy Assignment TBA
November 17	MODULE 5 - Brain, Spinal Cord and Nervous Tissue
	Lab10: Exercise 16 – Nervous Tissue (Activities 1-5, pp. 255-264)
	Exercise 17 – Spinal Cord (Activities 1-3, pp. 269-272)
	Homework Assignment (due next lab meeting)
	Reviewing / Using Your Knowledge, Exercises 16 (pp. 275-278)
	M4 online quizzes CLOSE
	M5 online quizzes OPEN

November 24	Lab 11: Exercise 19 – Somatic Reflexes (Activities 1-6, pp.289-294) Exercise 20 - Brain Structure (Activities 1-6, pp. 299-310; Activities 9-10, pp. 310-314) Exercise 21 - Cranial Nerves (Activities 1-2, pp. 323-327) Homework Assignment (due next lab meeting) Reviewing / Using Your Knowledge, Exercises 19 - 21 (pp. 275-278; pp. 317-322; pp. 329-332)
December 1	Lab 12: Exercise 22 – Autonomic Nervous System (Activities 1-3, pp. 333-338; Activity 5, p. 340) cow eye dissection, pp. 368-369; Activities 5-11, pp. 371-374) Exercise 23 – General Senses (Activities 1-6, pp. 345-354) Exercise 24 - Special Senses (Activities 1-3, pp.359-363; Activity 5-13, pp. 365-376) Homework Assignment (due next lab meeting) Reviewing / Using Your Knowledge, Exercises 19 - 21 (pp. 275-278;
	pp. 317-322; pp. 329-332)
December 8 (last day of class)	NOTE: The exam will be given during the scheduled lab time, beginning at 1:30pm. (Make-up exam by permission only)

POLICIES

ATTENDANCE: Attendance is required at all labs. Please refer to the Biology Department's Absence Policy (attached).

LABORATORY SUPPLIES: Supplies are provided for student use. Equipment, models, slides, etc. may not be removed from the lab.

LABORATORY EXAMS: Lab tests are to be taken on the day scheduled. Emory University ID or valid picture ID may be required for entrance into the laboratory exam.

Laboratory exams are timed. No student will be allowed to exceed the allotted time for any laboratory exam. Students arriving more than 5 minutes late to a laboratory exam may be asked to take the exam during the open lab time, if space and resources allow. Each lab exam is composed of a written portion (with fill-in-the-blank and essay questions) and a practical portion. Each lab exam will be worth 100 points, for a total of 200 points contributing to the overall course grade.

Opportunities for make-up exams are extremely limited and are at the discretion of the laboratory coordinator. If a lab exam is to be missed, the laboratory coordinator is to be notified immediately. Students needing to miss a laboratory exam must obtain permission from the Laboratory Coordinator to take a make-up exam. Only students having written permission from the instructor will be allowed to take the make-up exam. No student will be allowed to make up more than one lab exam. Students missing a second laboratory exam will be assigned a score of 0 of the missed exam.

Students who are unable to take the lab test during a regularly scheduled exam time may have the option of taking a COMPREHENSIVE make-up exam at the end of the semester. This comprehensive lab exam may replace one missed lab exam only. Only students who have earned 55% of the possible lab points (ie, 165 out of 300 possible points) will have the option of taking the comprehensive lab exam. Students who are not eligible to take the comprehensive lab exam will receive a 0 score for the missed exam.

Laboratory exam papers remain the property of the NHWSN and Oxford College. Students will have an opportunity to review their performance on each exam and discuss their grade with their instructor. Students may NOT keep their exam papers. Students who do not return their exam papers to their instructor will be considered in violation of the Student Code of Conduct regarding theft of University property.

HOMEWORK ASSIGNMENTS: If you answer all of the Lab Manual Homework Assignments listed in the Lab Syllabus you can earn up to **5 points** on each lab exam score.

OPEN LAB TIME: The A&P lab will be open for student self-review. A teaching assistant will be present to assist students with questions and review. Time TBA.

CHILDREN and VISITORS IN LAB: Children should never accompany students to lab. Students bringing children to lab will be asked to leave.

Adult visitors may be welcome in the lab at the discretion of the instructor. Adult visitors are expected to abide by the policies and procedures outlined in this syllabus. Adult visitors may be asked to leave at any time, for any reason.

GRADES: Grades will be available via Blackboard throughout the semester. You may contact the course instructor to obtain your grade in person. NO GRADES WILL BE PROVIDED VIA TELEPHONE OR EMAIL.

OTHER

Academic Dishonesty

Dishonesty in the classroom will not be tolerated. The (abridged) policy regarding student dishonesty at Oxford College of Emory University can be found in "Honor Code," under Oxford College Code of Conduct, pages 112-116 of the 2014-2015 Catalog. An electronic version of the complete policy regarding academic integrity and conduct can be found at http://oxford.emory.edu/academics/student-services/student-honor-code/

Violations of the Student Code of Conduct will receive a grade of 0 for the assignment and a report of the incident will be forwarded to the Honor Council.

When appropriate, students may collaborate on experiments or assignments, however students will generally be expected to turn in their own work. Instructions regarding the nature of each assignment will be provided.

Americans with Disabilities Act

Oxford College of Emory University and Nell Hodgson Woodruff School of Nursing both comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Students with disabilities who seek academic accommodations must first take appropriate documentation to the Office of Disability Services, located on the main campus, University Administration Building, Suite110 (www.ods.emory.edu) OR 100 Hamill Street on the Oxford College campus. It is the responsibility of ODS to assess the documentation of each student requesting academic accommodations based on disability.

If you believe that you possess a disability for which reasonable accommodation must be made, you must consult with the instructor before the close of the second class meeting. Should a disability requiring accommodation arise after the second class meeting, you must present documentation to the ODS for assessment as quickly as is possible.

"Civility Clause"

Students are expected to behave toward course instructors, guest lecturers and fellow students with courtesy and consideration. This means that talking and disruptive behavior will be kept to a minimum. Students who must arrive late to class should enter quietly and be prepared for class (ie, not fumbling with calculators, backpacks, papers, etc...) Students who need to leave a class early should sit near an exit, then leave quietly. Cell phones, pagers, and other electronic devices should be silenced in the classroom. Laptops are permitted for notetaking only.

The course instructors reserve the right to end a class at any time, for any reason, including the disruptive or rude behavior of anyone in the classroom.

Emails

I love emails! I actually would prefer that you contact me this way for many reasons. To ensure that I can address your issue in a timely manner, please include the following in your message...

- 1. **the problem** (which should also be included in subject line) that requires a decision or action
- 2. **the background why are you making this request?** What is the policy outlined in the syllabus?
- 3. options available to you first choice, second choice, and why each is an option.
- 4. **your specific request** (which might also be included in the subject line)
- 5. **the deadline** by which your request must be met

The subject line should include LAST NAME, COURSE and CRN, and the problem or request stated very succinctly. Email messages without this information in the subject line may not receive a response. (Messages sent through Blackboard will have this information included automatically.)

Absence Policy - Biology Department, Oxford College

All students are expected to attend all lecture and laboratory sessions. However, emergencies may arise which will necessitate absences from class. Students are allowed 4 cuts in lecture and **NO CUTS** in lab. Students may only miss lab without penalty in cases of illness, family emergency or a school-sponsored event which is cleared with the professor in advance. Students are responsible for all material which is covered in laboratory and lecture. When possible, students will be allowed to "make-up" laboratory material missed due to an excused absence; however, because of the nature of the laboratory material, actual "make-up" of missed activities is usually impossible. **PENALTIES**

Students who exceed the "4-cut" limit in lecture, for whatever reason, or have an unacceptable absence from laboratory will have their final grade reduced 5 points per absence. Students who miss 2 labs without acceptable reasons will fail the course (see below).

LECTURE ABSENCES

THERE ARE NO EXCUSED ABSENCES FOR LECTURE. Each student may be absent four (4) times without penalty. These four (4) cuts may be used for any reason: illness, studying, travel, family emergency, etc. However, ANY additional cuts will result in grade reduction. **USE YOUR CUTS JUDICIOUSLY**, e.g., for sick leave only.

ACCEPTABLE LABORATORY ABSENCES

Although no discretionary absences, ie, "cuts," are allowed regarding laboratory exercises, on rare occasions, illness, family emergencies or certain school sponsored events may make it necessary for a student to miss a laboratory session. The instructor MUST be notified prior to the day of the absence in all but the most extreme emergencies.

In all cases, the final decision regarding whether or not an absence is acceptable will be made by the instructor.

AN UNACCEPTABLE ABSENCE FROM LABORATORY RESULTS IN A FIVE-POINT REDUCTION IN THE FINAL GRADE. TWO UNACCEPTABLE LABORATORY ABSENCES RESULT IN FAILURE OF THE COURSE.

MISSED TESTS

Ordinarily, tests cannot be made up, however, this is up to the instructor. If a student misses a test, and the absence is acceptable, the missed test will not count either for or against the student. If the absence is not excused, the grade will be a zero. Students are cautioned that any excuse for missing an exam will come under sever scrutiny by the instructor. THE INSTRUCTOR MUST BE NOTIFIED PRIOR TO THE TIME OF THE EXAM, AND THE INSTRUCTOR MAKES THE FINAL DECISION REGARDING WHETHER OR NOT AN ABSENCE IS ACCEPTABLE. Laboratory tests which are missed for a reason that is excused MUST be made up. The instructor must be notified prior to the time of the test.

RELIGIOUS HOLIDAYS

Students must notify the instructor one week in advance if they intend to be absent for a religious holiday.

TARDINESS

Being late to class is rude and distracting. Continued tardiness by any student will result in the assignment of absences and ultimately a reduction in the student's grade. Three tardies equal an absence. The tardy student is responsible for notifying the instructor that s/he entered the classroom late and therefore was not absent. The instructor reserves the option of excluding a person from further classroom or laboratory participation if the student is continuously tardy.

Falsification of information regarding absences from class or laboratory will be considered a breach of academic integrity.

LABORATORY SAFETY POLICIES

- 1. Students should wear shoes with closed toes to lab. Safety goggles, gloves (excepting latex gloves) or lab coats are not required.
- 2. Students should arrive on time for lab. Those needing to arrive late or leave early should contact the TA.
- 3. Unauthorized laboratory experiments are NOT permitted.
- 4. Students are expected, at all times, to consider the safety and comfort of those around them. Students acting in an unsafe or disruptive manner will be asked to leave immediately.
- 5. Food is absolutely prohibited in the laboratory.
- 6. Electronic devices (CD players, iPods, etc.) should be turned off when coming to lab. Cell phones and pagers should be turned off or set on "vibrate" mode. Students speaking on cell phones during the laboratory exercise will be considered disruptive and may be asked to leave.
- 7. Students are expected to clean up after themselves. Equipment, slides and models should be returned to their places, spills cleaned and trash discarded. Dissecting tools should be cleaned with soap and water. Grade reductions may be taken if a work area is left unclean or unsafe for others working in the laboratory.
- 8. Injuries should be reported to the TA immediately. Students should familiarize themselves with the location of the safety equipment (ie, safety shower, eyewash stations, fire blankets and extinguishers, sinks, etc...)
- 9. Do not operate any equipment until you are instructed in its proper use.