

Las Positas College  
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**Course Outline for KIN 21A**  
**SOCCER THEORY AND PRACTICE I**

**Effective: Fall 2013**

**I. CATALOG DESCRIPTION:**

KIN 21A — SOCCER THEORY AND PRACTICE I — 0.50 - 2.00 units

The examination and analysis of theories and strategies in international soccer. This course includes examination of offensive and defensive strategies, and playing styles used at many different levels of soccer play such as: club, amateur, and collegiate. Students will also be exposed to the evolution and history of soccer in the United States.

0.50 - 2.00 Units Lab

**Grading Methods:**

Letter or P/NP

**Discipline:**

	<b>MIN</b>	<b>MAX</b>
<b>Lab Hours:</b>	27.00	108.00
<b>Total Hours:</b>	27.00	108.00

**II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1**

**III. PREREQUISITE AND/OR ADVISORY SKILLS:**

**IV. MEASURABLE OBJECTIVES:**

**Upon completion of this course, the student should be able to:**

- A. Describe the basic soccer strategies being used by the different levels of soccer community (club, amateur, intercollegiate);
- B. Identify and compare various styles of soccer play;
- C. Explain the most popular soccer strategies being implemented in the different levels (club, amateur, intercollegiate);
- D. Describe the historical trends and evolution of soccer in the United States;
- E. Describe and analyze the various skill levels of soccer (skills playing ability), such as amateur soccer, collegiate soccer, club soccer;
- F. Participate in a comprehensive personal video analysis project;
- G. Describe and recognize the rules of soccer established by FIFA
- H. Distinguish between the rules of soccer across the different levels of play (club, high-school, amateur, intercollegiate)

**V. CONTENT:**

- A. Orientation and introduction to the theory of soccer and the different levels of soccer community (club, amateur, intercollegiate)
- B. Introduction to different styles of soccer play
- C. Introduction to different strategies of soccer implemented in the different levels (club, amateur, intercollegiate)
- D. Historical background and evolution of soccer in the United States
- E. Introduction to the different skill levels of soccer (playing ability) presented in the different levels (club, amateur, intercollegiate)
- F. Analysis of championship soccer games
- G. Introduction of the soccer rules established by the International Federation (FIFA)
- H. Comparison of the different rules applied to the different levels of play (club, high-school, amateur, intercollegiate)

**VI. METHODS OF INSTRUCTION:**

- A. **Research -**
- B. **Audio-visual Activity -**
- C. **Demonstration -**
- D. **Lecture -**
- E. **Student Presentations -**

**VII. TYPICAL ASSIGNMENTS:**

- A. Watch and analyze intercollegiate or high-school soccer games presenting the rules of the game used.
- B. Written report on the history and evolution of soccer in the United States
- C. Group discussions about the different strategies used in the different levels of play (club, amateur, intercollegiate)
- D. Participate in lab practice sessions on the soccer field. For example – each student will research specific strategies to teach to peers.
- E. Observe and analyze a local high school or club soccer game.

**VIII. EVALUATION:**

**A. Methods**

- 1. Research Projects
- 2. Simulation

3. Class Participation

4. Other:

a. Research Projects

1. Written analysis of an intercollegiate or high-school soccer game presenting the rules of the game observed

2. Written report on the history and evolution of soccer in the United States

b. Simulation - Participation of sessions performed on the soccer field

c. Class Participation - Students will be evaluated in every class according to their level of participation

d. Other - Group discussions based on different soccer strategies observed in the different levels of play (club, amateur, intercollegiate)

**B. Frequency**

1. Class Participation will be observed and evaluated in every class

2. Projects and discussions will be conducted throughout the semester according to video (televised) or local games opportunities that will be pointed out by the instructor

**IX. TYPICAL TEXTS:**

1. U.S. Soccer Federation (2011). *Laws of the Game*. : ussoccer.com.

2. Harrison, Wayne (2011). *Recognizing The Moment to play*. Spring City, PA: Reedswain Publishing.

3. Articles written by professional and collegiate soccer coaches as published in soccer journals.

4. Soccer club newsletters as appropriate.

**X. OTHER MATERIALS REQUIRED OF STUDENTS:**

A. Proper soccer attire including soccer footwear and shin guards for class activities.