

TOPICS IN LIFETIME ACTIVITIES

PE 200 R

Beginning Backpacking

Monday

Spring 2003

Instructor: Carla Chelko
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Text: National Outdoor Leadership Wilderness Guide by Mark Harvey (Reference not required to purchase).

Text Into the Wild by John Krachore

Course Description:

This course is designed to teach skill development in backpacking technique

Course Objectives:

Upon completion of this course student will be competent in:

- 1) Trip planning & Wilderness ethics
- 2) Wilderness First Aide
- 3) Proper selection and care of equipment
- 4) Map reading

Grading Scale:

90% - 100%	= A
80% - 89%	= B
70% - 79%	= C
60% - 69%	= D
0% - 59%	= F

Class Presentation	30%	
Final Exam	20%	Book critique on <i>Into the Wild</i> : Minimum 5 pages
Outdoor Trips	50%	

Attendance:

Only 1 absence allowed for the semester.

Extra Costs:

You will need to purchase meals en route to and from the campsite and also food utilized while backpacking.

Honor Code: It is the student's responsibility to uphold the honor code as described in the Oxford College handbook.

Dates for Trips will be assigned when we have our first official class and group projects will also be assigned.