OXFORD COLLEGE of Emory University

Division of Physical Education & Dance

P.E. 125 Badminton

Mr. Harris – Fall 1999

Course Description

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

Text

Badminton, James Poole

Dress/Equipment

Students should wear tennis or basketball shoes. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton racket.

Attendance

Students will be exposed to new skills on a daily basis with course content unfolding rapidly. Regular attendance is very important. An individual may incur three absences without penalty. These absences are to be used for illness, emergencies, religious holidays, etc. Students absent more than three times will have two points per absence subtracted from their final grade.

Grading

Skills component	40%	
Written Test	40%	(20% mid-term; 20% final)
Homework-Practice	20%	

Skills Test

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear forehand and backhand.

* There are a possible 10 good shots per test:

10 good shots = 100	5 good shots	= 72
9 good shots = 94	4 good shots	= 67
8 good shots = 88	3 good shots	= 60
7 good shots = 82	2 good shots	= 54
6 good shots = 77	1 good shots	= 49
	0 good shots	= 40

Written Test

Mid-Term Chapters 2, 3, 5 Final Exam Chapters 3, 4, Appendix C

Extra Credit

An opportunity for extra credit exist in the form of spontaneous class presentations, skills demonstrations, and specified outside participation in badminton related activities. These points will be added to the students final grade.

Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week span. It is preferred that not more than one homework session is to be performed on any given day. (A student is allowed to perform an additional homework session provided there exist a morning/afternoon/evening separation between the homework sessions.) Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment room manager or from security.

Homework Sessions/per 3-week period	<u>Grade</u>
7	100
6	90
5	80
4	65
3	45
2	20
1	10

P.E. 125 Badminton Class Schedule

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August	26 31	Orientation to Class, Overview of Skills, Film Putting the Shuttle in Play, Overhead Clear
September	2 7 9 14 16 21 23 28 30	Review Clear, Overhead Drop, Footwork Review Clear and Overhead Drop, Net Drop, Net Clear Review All Strokes, Clear-Drop-Drop-Clear Drill Smash, Smash Return, Drop-Smash-Clear Drill Backhand Stroking Mechanics (Clear, Smash, Drop) High Clearing Serve, Short-Low Serve, Drive Serve, Service Return HOMEWORK DUE; Combination Drills, Forehand-Backhand Drive Flick Serve, Drive, Supplementary Strokes Skills Test 1
October	5 7-8 12 14 19 21 26 28	Skills Test 1 Mid-Semester Break Mid-Term Review, Drills Mid-Term Written Test Match Warm-Up, Singles Play Rules/Regulations Continuation of Singles Play HOMEWORK DUE; Singles Play Singles Play
November	2 4 9 11 16 18 23 30	Singles Play Singles Play Doubles Play - Strategy Doubles Play HOMEWORK DUE, Doubles Play Mixed Doubles Skills Test II - Doubles Play Skills Test II - Doubles Play
December	2 7	Skills Test III Final Exam / HOMEWORK DUE

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Mr. Harris - Fall 1999

January	12 14 19 21 26 28	Orientation to Class, Overview of Skills, Film Putting the Shuttle in Play, Overhead Clear Review Clear, Overhead Drop, Footwork Review Clear and Overhead Drop, Net Drop, Net Clear Review All Strokes, Clear-Drop-Drop-Clear Drill Smash, Smash Return, Drop-Smash-Clear Drill
February	2 4 9 11 16 18 23 25	Backhand Stroking Mechanics (Clear, Smash, Drop) High Clearing Serve, Short-Low Serve, Drive Serve, Service Return HOMEWORK DUE; Combination Drills, Forehand-Backhand Drive Flick Serve, Drive, Supplementary Strokes Combination Drills, Point Play Combination Drills, Point Play Skills Test 1 Skills Test 1
March	2 4 8-12 16 18 23 25 30	HOMEWORK DUE; Skills Test I, Mid-Term Review MID-TERM EXAM Spring Break Match Warm-Up, Singles Play Rules/Regulations Singles Play Singles Play Singles Play Singles Play
April	1 6 8 13 15 20 22 27	HOMEWORK DUE; Doubles Play Rules/Regulations Doubles Play Doubles Play Mixed Doubles Skills Test II Skills Test II Skills Test III, Review Final Exam HOMEWORK DUE; FINAL EXAM