

Las Positas College
3000 Campus Hill Drive
Livermore, CA 94551-7650
(925) 424-1000
(925) 443-0742 (Fax)

Course Outline for KIN BD2

BADMINTON 2

Effective: Spring 2019

I. CATALOG DESCRIPTION:

KIN BD2 — BADMINTON 2 — 0.50 - 2.00 units

The techniques of badminton for the intermediate player will be reviewed and performed. This course will also incorporate match analysis for singles and doubles play.

0.50 - 2.00 Units Lab

Strongly Recommended

KIN BD1 - Badminton 1
with a minimum grade of C

Grading Methods:

Letter Grade

Discipline:

- Physical Education

Family: Kinesiology Badminton

	MIN	MAX
Lab Hours:	27.00	108.00
Total Hours:	27.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

III. PREREQUISITE AND/OR ADVISORY SKILLS:

Before entering this course, it is strongly recommended that the student should be able to:

A. KINBD1

1. Execute and demonstrate the fundamental badminton grips as defined by a USBA checklist
2. Demonstrate the forehand and backhand service techniques
3. Exhibit proficiency in the forehand clear technique
4. Execute the forehand drop shot
5. Demonstrate the forehand smash.
6. Exhibit proficiency in the forehand drive
7. Identify the badminton court lines, areas and dimensions
8. Identify basic scoring methods

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

- A. Execute the backhand clear technique
- B. Demonstrate the backhand drop-shot technique
- C. Exhibit proficiency in the backhand smash technique
- D. Execute the backhand drive technique
- E. Compare performance against a model performance using a focused observation criteria for singles and doubles play
- F. Identify strengths and areas to improve in singles and doubles play utilizing a Badminton Scatter Graph

V. CONTENT:

- A. Techniques of the following badminton skills
 1. The backhand clear
 2. The backhand drop-shot
 3. The backhand smash
 4. The backhand drive
- B. Analysis of badminton matches
 1. How to compare performance utilizing a focused observation criteria for (i) singles and (ii) doubles play
 2. Identify strengths and areas to improve in singles and doubles play using a Badminton Scatter Graph

VI. METHODS OF INSTRUCTION:

- A. **Written exercises and case studies** - Of badminton match analysis against a model performance using a focused observation

- criteria for (i) singles and (ii) doubles play
- B. **Demonstration** - Of advanced badminton techniques. In particular, backhand shots as well as advanced service techniques
- C. **Research** - Study and discuss methods of badminton match analysis
- D. **Demonstration** - Of badminton skill execution
- E. **Individualized Instruction** - Of specific areas for individuals to improve advanced badminton techniques
- F. **Classroom Activity** - Conduct badminton match analysis using a Scatter Graph to ascertain strengths and areas to improve in (i) singles and (ii) doubles play

VII. TYPICAL ASSIGNMENTS:

- A. The student will identify advanced badminton techniques.
 - 1. Following this, students will be asked to teach these techniques to their peers.
- B. Analyze a badminton match between peers using two methods:
 - 1. Compare performance against a model performance using a focused observation criteria
 - 2. Use a badminton scatter graph to ascertain strengths and areas to improve
- C. Students will be asked to design activities/drills which will test the following skills:
 - 1. Backhand clear, backhand drop-shot, backhand smash, and backhand drive.

VIII. EVALUATION:

Methods/Frequency

- A. Exams/Tests
 - Mid term and final exam as well as weekly skills tests
- B. Projects
 - One project per semester on physiological or psychological components of badminton.
- C. Class Participation
 - Participation is expected at every class.
- D. Class Performance
 - Performance activities will occur at every class
- E. Other
 - a. Performance of intermediate/advanced badminton skills
 - b. Written final exam incorporating rules, scoring methods, advanced technical execution, and match analysis methods

IX. TYPICAL TEXTS:

- 1. Wadood, T. (2017). *Badminton Essentials* (1st ed.). Oslo, Norway: Total Health Publications.
- 2. Plitt, S. (2017). *Badminton for Beginners* (1st ed.). Scotts Valley, California: Create Space Publishing.
- 3. Golds, M. (2017). *High Performance Badminton* (1st ed.). Marlborough, Wiltshire: The Crowood Press.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. B. Athletic clothing
- B. A. Badminton racket is optional
- C. B. Court footwear approved by the student (non-marking sole)