# **OXFORD COLLEGE** of Emory University

Division of Physical Education & Dance

### P.E. 125 Badminton

Mr. Harris -Spring 2001

### **Course Description**

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

### Text

Badminton, James Poole

### Dress/Equipment

Students should wear tennis or basketball shoes. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

### **Attendance**

Students will be exposed to new skills on a daily basis with course content unfolding rapidly. Regular attendance is very important. An individual may incur three absences without penalty. These absences are to be used for illness, emergencies, religious holidays, etc. Students absent more than three times will have two points per absence subtracted from their final grade.

A student that is late for class on two occasions will be considered absent on one occasion.

### Grading

| Skills component  | 40% |
|-------------------|-----|
| Written Test      | 40% |
| Homework-Practice | 20% |

### **Skills Test**

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear forehand and backhand.

\* There are a possible 10 good shots per test:

| 10  good shots  = 100 | 5 good shots | = 72 |
|-----------------------|--------------|------|
| 9  good shots = 94    | 4 good shots | = 67 |
| 8  good shots = 88    | 3 good shots | = 60 |
| 7  good shots = 82    | 2 good shots | = 54 |
| 6  good shots = 77    | 1 good shot  | = 49 |
|                       | 0 good shots | = 40 |

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# Written Test

Mid-Term Chapters 2, 3, 5

Final Exam Chapters 3, 4, Appendix C

# Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

### **Homework**

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week span. It is preferred that not more than one homework session be performed on any given day. (A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions.) Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security.

| Homework Sessions/per 3-week period | <u>Grade</u> |
|-------------------------------------|--------------|
| 7                                   | 100          |
| 6                                   | 90           |
| 5                                   | 80           |
| 4                                   | 65           |
| 3                                   | 45           |
| 2                                   | 20           |
| 1                                   | 10           |

# OXFORD COLLEGE of Emory University Division of Physical Education & Dance P.E. 125 Badminton Mr. Harris –Spring 2001 Class Schedule

| DATES        | REQUIREMENTS  |
|--------------|---|
| January 18   | Orientation to Class, Overview of Skills, Film                    |
| January 23   | Putting the Shuttle in Play, Overhead Clear                       |
| January 25   | Review Clear, Overhead Drop, Footwork                             |
| January 30   | Review Clear and Overhead Drop, Net Drop, Net Clear               |
| February 1   | Review All Strokes, Clear-Drop-Drop-Clear Drill                   |
| February 6   | Smash, Smash, Return, Drop-Smash-Clear Drill                      |
| February 8   | Backhand Stroking Mechanics (Clear, Smash, Drop)                  |
| February 13  | High Clearing Serve, Short-Low Serve, Drive Serve, Service Return |
| February 15  | HOMEWORK DUE; Combination Drills, Forehand-Backhand Drive         |
| February 20  | Flick Serve, Drive, Supplementary Strokes                         |
| February 22  | Skills Test 1   |
| February 27  | Skills Test 1   |
| March 1      | Mid-Term Review, Drills   |
| March 6      | Mid-Term Written Exam   |
| March 8      | Match Warm-Up, Singles Play Rules/Regulations                     |
| March 12- 16 | SPRING BREAK  |
| March 20     | Singles Play  |
| March 22     | "HOMEWORK DUE" Singles Play                                       |
| March 27     | Singles Play  |
| March 29     | Singles Play  |
| April 3      | Singles Play  |
| April 5      | Doubles Play Strategy   |
| April 10     | Doubles Play  |
| April 12     | Doubles Play  |
| April 17     | "HOMEWORK DUE" Mixed Doubles                                      |
| April 19     | Skills Test II  |
| April 24     | Skills Test II  |
| April 26     | Skills Test III   |
| April 30     | FINAL WRITTEN EXAM  |