

Las Positas College
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Course Outline for AJ 9962

WEAPONLESS DEFENSE-INST UPDATE

Effective: Spring 1999

I. CATALOG DESCRIPTION:

AJ 9962 — WEAPONLESS DEFENSE-INST UPDATE — 0.44 units

Designed to give certified instructors an opportunity to update their skills and training techniques, and to review pertinent case laws and legislation effecting defensive tactics. This is a Peace Officer Standards and Training (POST) approved course designed for full-time or reserve peace officer or correctional office.

0.22 Units Lecture 0.22 Units Lab

Grading Methods:

Pass/No Pass

Discipline:

	MIN
Lecture Hours:	4.00
Lab Hours:	12.00
Total Hours:	16.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 3

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. explain the safety guidelines relative to weaponless defense;
2. list the basic principles of weaponless defense;
3. know the vulnerable areas and how to protect them;
4. demonstrate the technique of using counter measures;
5. demonstrate various control techniques;
6. demonstrate the carotid restraint and list the hazards associated with its application;
7. demonstrate a prone handcuffing technique;
8. during a training exercise, demonstrate the proper techniques for taking a combative suspect into custody;
9. demonstrate techniques for disarming a combative suspect;
10. discuss case law relative to weaponless defense liability;
11. demonstrate an ability to instruct others in weaponless defense.

V. CONTENT:

- A. Review of safety guidelines
- B. Review of basic weaponless defense techniques
 1. Basic principles
 2. Protecting vulnerable areas
 3. Using counter measures
 4. Using various control techniques
 - a. Hand controls
 - b. Ground controls
 - c. Handling a charging suspect
 - d. Wall defenses
- C. Advanced Techniques
 1. Carotid defense
 2. Personal body weapons
 3. Escapes
 4. Altercation pattern management
 5. Restraint devices including handcuffs
- D. Training exercises
 1. Restraining an unarmed, combative suspect
 2. Restraining an armed, combative suspect
 3. Restraining multiple suspects
- E. Weaponless defense liability case law
 1. Documentation: Harris v City of Canton, Ohio
 2. Objective reasonableness: Graham v. Connor

- 3. Documentation: Sager v. Woodland Park
- F. Instructional techniques
 - 1. Review
 - 2. Demonstration

VI. METHODS OF INSTRUCTION:

- A. **Demonstration** -
- B. **Lecture** -
- C. Scenarios
- D. Student activity

VII. TYPICAL ASSIGNMENTS:

- A. Lecture 1. "Gun Take Aways" 2. "Carotid Control Case Law: Lyonns v. Los Angeles, Wright v. Los Angeles" B.
- Demonstration 1. "Knife Defenses" 2. "Escapes"

VIII. EVALUATION:

A. **Methods**

- 1. Class Participation

B. **Frequency**

- 1. Frequency of Evaluation
 - a. Attendance and participation are evaluated daily
 - b. Activity critiques are performed as needed
 - c. Written, demonstration, and teaching test come at the end of the two-day class

IX. TYPICAL TEXTS:

- 1. All course reading materials are produced and distributed by the Alameda County Sheriff's Department

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. All students are required to wear suitable workout clothing during class, and to supply their own gun belt, hand gun, handcuffs and batons.