

# OXFORD COLLEGE OF EMORY UNIVERSITY

Department of Physical Education

## Course Syllabus

PE 144: Volleyball/Softball      12:00 pm – 1:05 pm      1 CREDIT HOUR

**Instructor:** Brian Schiffbauer      **Office Location:** Williams Hall – Athletic Offices

**Office Hours:** MWF 9:00-10:30 am & 1:30-3:00 pm  
Tues & Thurs 1:00-3:00 pm. Appointments are always preferred

**Telephone:** 770-784-8586      **Email Address:** bschif3@emory.edu

**Course Description:** This course is designed to increase the students' knowledge and appreciation of the sports of volleyball and softball. The course focuses on the background, rules, and basic techniques, skills, and practices of each sport. Basic skills, technique and strategies are also taught and practiced through participation.

**Objectives:** Upon completion of the course the student will be able to:

1. Explain the historical background of both volleyball and softball.
2. Define, understand, and implement game strategies.
3. Perform the basic fundamental skills of volleyball and softball.
4. Recognize different rules and styles of playing volleyball and softball.

**Value Awareness:** Throughout the course the student are challenged to question the bases for each sport and physical fitness as an impact on individual, the family, the community and society in general. The student is encouraged to examine other values and their own values in the application of international and multicultural lifetime fitness activities.

**Instructional Activities and Methodology:** The developmental and systematic approaches will be employed for teaching this course. Students will have ample opportunities in classroom lectures, discussions, visual aids, and a variety of on-court exercise sessions and game activities to improve their cognitive knowledge and motor skills, and personal health and wellness.

**Text:** There is no required text for this course. The use of library resources and handouts provided by the instructor will act as study and reference materials for the class.

## PERFORMANCE GOALS AND EXPECTATIONS

Assignments: Each student will demonstrate knowledge of subject through written and/or oral examinations, class presentations, and skills test. Each student will be required to complete test and class assignments on assigned dates. Late materials and make-ups are not acceptable unless excused by instructor. All written assignments are expected to follow the general format of the American Psychological Association (APA) 6<sup>th</sup> edition manual, which states the writing "should be typed, double-spaced on standard-sized paper (8.5" x 11") with 1" margins on all sides. You should use a clear font that is highly readable. APA recommends using 12 pt. Times New Roman font." Proper grammar and punctuation is expected in all written assignments.

If you are going to be absent on assignment due dates or test days, it is the student's responsibility to make arrangements with the instructor no later than one class period before the day that will be missed. In case of death (in the family), severe illness, and school functions, Please make all attempts to notify the instructor. Further documentation may be required if a prolonged absence occurs.

### Evaluation:

1.) Participation/Attitude/Attendance/Dress (30 %)

2.) Skill Assessment Improvement (10%)

Offensive Skills (10%)

Bump/Set/Spike – Volleyball  
Rotations – Volleyball

Batting - Softball  
Baserunning - Softball

Defensive Skills (10%)

Digs>Returns – Volleyball  
Alignments – Volleyball

Ground balls/Flyballs- Softball  
Pitching/Catching - Softball

3.) Midterm Exam 10%

4.) Cumulative Final 20%

5.) Assignments (10%)

### Grading Summary:

A=92.0–100 A-= 90.0-91.9 B+=88.0–89.9 B=82.0-87.9 B-=80.0–81.9

C+=78.0–79.9 C=72.0-77.9 C-=70.0-71.9 D+=68.0-69.9 D=60.0–67.9

F=0 – 59.9

**Grade Appeal Process:** If you wish to appeal the final grade you receive in this class you are to put your request to me in writing within 5 days of final grade posting. Your request must address the specific reasons as to why I should re-examine your grade. I will not respond to informal e-mail messages or appeals submitted after the 5 day deadline.

## **DIVISIONAL ATTENDANCE POLICY**

### **Class Attendance Policy:**

A. Religious holidays approved by the college may be observed without penalty but your instructor must be informed of your intention to do so in writing and in advance of the holiday.

B. You are expected to attend all classes at the scheduled time; therefore tardiness and absences affect your final grade. A maximum of three (MWF) absences are allowed without penalty. There are no excused absences in this class. If you have to miss a class due to unusual circumstances (serious illness/emergencies), you must communicate your reasons to your instructor prior to the absence via email or voice message; if that is impossible, you must communicate with your instructor as soon as you are able. \*\*If you miss three consecutive days it is the instructor's responsibility to report your name to the Office of Academic Services.

C. After the allowed absences (3), each following absence will result in a 5% reduction of your final grade, e.g.,

MWF: 4 absences = 5% reduction; 5 absences = 10% reduction; 6 absences = 15% reduction; 7 absences = 20% reduction; 8 absences = 25% reduction; 9 absences = automatic final grade of F.

D. You are expected to be on time for class. If you arrive after roll call, you are responsible to confirm your presence with your instructor.

E. At the end of the semester, MAKE UP work may be provided at the instructor's discretion. For make-up work to be considered, 1) all absences must be valid 2) you must provide acceptable medical documentation or a reasonable explanation regarding an exceptional circumstance must be provided 3) you must schedule an appointment in a timely manner for the purpose of presenting a record of missed classes and your justification for the absences. Your instructor will decide whether make-up opportunities should be granted and will set a deadline for the completion of such work before final grades are due.

**HONOR CODE:** Students are expected to adhere to the honor code with reference to all matters relating to the evaluative process of this course. Any violation of Oxford College's HONOR CODE will not be tolerated.

### **CLASSROOM ETIQUETTE:**

NO devices that allow communication via phone, pager, text message, e-mail, etc. are permitted in class. Reoccurring problems will result in disciplinary action as stated in the Oxford College student Handbook. If such communication is needed during class please notify the instructor prior to class. If you have questions or do not understand please see me for clarification.

At the instructors discretion any behavior that disrupts class or is offensive will not be tolerated and will lead to disciplinary action as stated in the Oxford College student Handbook.

**Dress code:** All students must come to class dressed appropriately for class. (i.e., tennis shoes/sneakers with socks, shorts or athletic pants, a nice t-shirt). No dress shoes, sandals, cut off shorts, blue jeans, old ripped-up T-shirts or T- shirts with negative propaganda.

### **Important Information:**

- Reasonable accommodation for students with writing deficiencies: Students are expected to have developed certain competencies necessary for success in college. If you have not developed the competencies needed to function at this level, you will be required to do so, in order to pass this course. For this reason, referrals to the writing center are required. Students with identified or suspected disabilities of any kind should contact the Writing Center located in Language Hall (770-784-4722). No special arrangements will be made for any student unless the instructor is contacted directly via official request from this office.
- Reasonable accommodation for students with disabilities: If you have a disability that may require assistance or accommodation, or you have questions related to any accommodations for testing, note takers, readers, physical activity, etc., please speak with me as soon as possible. Students may also contact the Office of Disability Services (404-727-6016) with questions about such services. It is the student's responsibility to initiate considerations; all students must self-disclose to ODS and complete the registration process.
- Class activities may include vigorous activities. If you have any medical condition or physical problems to prevent you from full participation in such activity, it is your responsibility to inform the instructor of its nature and provide documentation from your physician stating 1) the medical condition, 2) limitations of the condition, and 3) recommendations that would help you meet the requirements of the course. Students may also contact the Office of Disability Services (404-727-6016).

## *Class Itinerary & Important Dates*

August 27th – August 29th	Class Introduction and Softball Terminology
September 1st – September 5th	Review of Softball Terminology and Introduction of Offensive Skills <b>*No Class 9/1*</b>
September 8th – September 12th	Offensive Skills - Batting & Introduction of Baserunning
September 15th – September 19th	Batting Review & Baserunning <b>*In-Class Assignment (9/19)*</b>
September 22nd – September 26th	Introduction of Defensive Skills
September 29th – October 3rd	Defensive Skills & Team Games
October 6th – October 10th	Team Games & <b>Midterm (10/10)</b>
October 13th – October 17th	Volleyball Introduction & Terminology <b>*No Class 10/13*</b>
October 20th – October 24th	Offensive Skills Introduction - Bump/Set/Spike
October 27th - October 31st	Offensive Skills (cont.) & Introduction of Defensive Skills
November 3rd – November 7th	Offensive Skills Review & Defensive Skills - Digs/Returns <b>*In-Class Assignment (11/7)*</b>
November 10th – November 14th	Offensive & Defensive Alignments
November 17th – November 21st	Alignment Review & Team Games
November 24th – November 28th	Team Games <b>*NO CLASS 11/26 &amp; 11/28*</b>
December 1st – December 5th	Softball & Volleyball Review for Final
December 8th	<b>Final Exam</b>