

## **PE 125 BADMINTON**

**LOCATION:** Gym [Basketball Court]  
**INSTRUCTOR:** Dr. Yit Aun Lim      **OFFICE:** Gym 2  
**SECTION:** 10A  
**DAY/TIME:** MON/WED/FRI: 10:00 AM - 11:00 AM.  
**PHONE NO.:** (770) 784-4675      **ON CAMPUS:** 4-4675  
**E-MAIL:** ylim@learnlink.emory.edu  
**OFFICE HOUR:** Monday/Wednesday/Friday: 11 AM – 12 PM; Tuesday/Thursday: 10-11 AM

### **COURSE OBJECTIVES:**

1. To understand the game of badminton.
2. To acquire the basic and advanced strokes and footwork necessary to play the game of badminton.
3. To learn the strategies for singles, doubles, and mixed doubles.
4. To learn the rules and regulations for playing singles and doubles.
5. To discuss the physical conditioning and mental development for badminton.

### **GRADING SCALES:**

90-100% = A; 80-89% = B; 70-79% = C; 60-69% = D; 0-59% = F

### **COURSE OUTLINE:**

- A. INTRODUCTION:
  - 1. Equipment, Court, and Playing Attire
- B. BASIC & ADVANCED STROKES AND FOOTWORK
- C. BASIC & ADVANCED STRATEGIES
  - 1. Singles Strategy
  - 2. Doubles Strategy
  - 3. Mixed Doubles Strategy
- D. PLAYING RULES & REGULATION
  - 1. Singles
  - 2. Doubles

### **EXAMINATION:**

1. **WRITTEN EXAMS [40%]**
  - MID-TERM EXAM [20%]
  - FINAL EXAM [20%]
2. **SKILLS COMPONENT [40%]**
3. **HOMEWORK-PRACTICE [20%]**

### **TEXT BOOKS:**

Badminton (4<sup>th</sup> Edition) by James R. Poole and Jon R. Poole.

**EQUIPMENT/ATTIRE:**

Students should wear any type of shoes (tennis, basketball, fitness) that leave no mark on the court. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton racket.

**EXTRA CREDIT:**

Extra points can be earned through the form of spontaneous class presentations, skills demonstrations, and specified outside participation in badminton related activities.

**HOMEWORK-PRACTICE**

Each session of homework must be performed in 30-minute increments. It is preferred that not more than one homework session is performed on any given day. However, a student is allowed to performed an additional homework session if there exit a separation between sessions. Homework is graded weekly; the final homework grade is the average of all weeks.

100 = 4/wk; 90 = 3/wk; 70 = 2/wk; 60 = 1/wk [i.e., one 30-min session/wk]

**ATTENDANCE:**

1. A maximum of three (3) absences will be allowed without penalty for the semester.
2. Three (3) points will be deducted from the final grade on each absence thereafter.
3. A total of five (5) bonus points will be added to the final grade for student who does not miss any classes during the semester; three (3) points will be given to those who missed one class; and one (1) point will be added for those who missed two classes.
4. Three (3) late arrivals to the class constitute an absence.
5. If you are unable to participate in the class, it is recommended and strongly encouraged that you observe the class. A maximum of 2 class observations will be allowed in a semester. Any more observations thereafter will be considered as absences.

**RISK AWARENESS STATEMENT:**

1. Read and understand before signing.
2. If you have any conditions which would limit your participation to fulfill the course requirements, then the following steps need your attention:
  - a. Have your physician state the nature of your limitation(s) in writing.
  - b. Have your physician make suggestions of activities in writing so that you can fulfill the course requirements.

# **SPRING 2000 PE 125 BADMINTON: 10A [MWF] CLASS CALENDER**

<b>WEEK</b>	<b>DAY</b>	<b>DATE</b>	<b>ACTIVITIES</b>	<b>ASSIGNMENT</b>
1	WED	1/19	INTRODUCTION	
	FRI	1/21	THE GAME OF BADMINTON	
2	MON	1/24	SERVES: HIGH CLEARING, SHORT-LOW	
	WED	1/26	FOOTWORK, SERVICE RETURN	
	FRI	1/28	OVERHEAD CLEAR	
3	MON	1/31	FOOTWORK OF OVERHEAD CLEAR	
	WED	2/2	OVERHEAD DROP	
	FRI	2/4	FOOTWORK OF OVERHEAD DROP	
4	MON	2/7	FRONT COURT STROKES: NET DROP, NET CLEAR	
	WED	2/9	REVIEW; CLEAR-DROP-DROP-CLEAR DRILL	
	FRI	2/11	VIDEO	
5	MON	2/14	SMASH, SMASH RETURN, DROP-SMASH-CLEAR DRILL	
	WED	2/16	BACKHAND STOKES MECHANICS	
	FRI	2/18	SKILL TEST I	
6	MON	2/21	SKILL TEST I	
	WED	2/23	SKILL TEST I	
	FRI	2/25	SINGLE PLAY	
7	MON	2/28	SINGLE PLAY	
	WED	3/1	REVIEW FOR MID-TERM	
	FRI	3/3	MID-TERM EXAM [CH 1,2,3]	
8	MON	3/6	ADV. STROKES	
	WED	3/8	SMASH RETURNS	
	FRI	3/10	ADV. SERVES	
9	MON	3/13	SPRING BREAK	
	WED	3/15	SPRING BREAK	
	FRI	3/17	SPRING BREAK	
10	MON	3/20	REVIEW, SINGLE PLAY	
	WED	3/22	REVIEW, SINGLE PLAY	
	FRI	3/24	SKILL TEST II	
11	MON	3/27	SKILL TEST II	
	WED	3/29	SKILL TEST II	
	FRI	3/31	DOUBLES	
12	MON	4/3	DOUBLES	
	WED	4/5	CLASS TOURNAMENT: SINGLES PLAY	
	FRI	4/7	CLASS TOURNAMENT: SINGLES PLAY	
13	MON	4/10	CLASS TOURNAMENT: SINGLES PLAY	
	WED	4/12	CLASS TOURNAMENT: SINGLES PLAY	
	FRI	4/14	SKILL TEST III	
14	MON	4/17	SKILL TEST III	
	WED	4/19	SKILL TEST III	
	FRI	4/21	CLASS TOURNAMENT: DOUBLES PLAY	
15	MON	4/24	CLASS TOURNAMENT: DOUBLES PLAY	
	WED	4/26	CLASS TOURNAMENT: DOUBLES PLAY	
	FRI	4/28	REVIEW FOR FINAL	
16	MON	5/1	FINAL WRITTEN EXAM [CH 4,5,6, APPENDIX C]	