

Las Positas College
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Course Outline for KIN BD2

BADMINTON 2

Effective: Fall 2014

I. CATALOG DESCRIPTION:

KIN BD2 — BADMINTON 2 — 0.50 - 2.00 units

The techniques of badminton for the intermediate player will be reviewed and performed. This course will also incorporate match analysis for singles and doubles play.

0.50 - 2.00 Units Lab

Strongly Recommended

KIN BD1 - Badminton 1

Grading Methods:

Letter Grade

Discipline:

Family: Kinesiology Badminton

	MIN	MAX
Lab Hours:	27.00	108.00
Total Hours:	27.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

III. PREREQUISITE AND/OR ADVISORY SKILLS:

Before entering this course, it is strongly recommended that the student should be able to:

A. KINBD1

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. Execute the backhand clear technique
2. Demonstrate the backhand drop-shot technique
3. Exhibit proficiency in the backhand smash technique
4. Execute the backhand drive technique
5. Compare performance against a model performance using a focused observation criteria for (i) singles and (ii) doubles play
6. Identify strengths and areas to improve in singles and doubles play utilizing a Badminton Scatter Graph

V. CONTENT:

A. Techniques of the following badminton skills

1. The backhand clear
2. The backhand drop-shot
3. The backhand smash
4. The backhand drive

B. Analysis of badminton matches

1. How to compare performance utilizing a focused observation criteria for (i) singles and (ii) doubles play
2. Identify strengths and areas to improve in singles and doubles play using a Badminton Scatter Graph

VI. METHODS OF INSTRUCTION:

- A. **Written exercises and case studies** - Of badminton match analysis against a model performance using a focused observation criteria for (i) singles and (ii) doubles play
- B. **Demonstration** - Of advanced badminton techniques. In particular, backhand shots as well as advanced service techniques
- C. **Research** - Study and discuss methods of badminton match analysis

- D. **Demonstration** - Of badminton skill execution
- E. **Individualized Instruction** - Of specific areas for individuals to improve advanced badminton techniques
- F. **Classroom Activity** - Conduct badminton match analysis using a Scatter Graph to ascertain strengths and areas to improve in (i) singles and (ii) doubles play

VII. TYPICAL ASSIGNMENTS:

- A. The student will identify advanced badminton techniques. Following this, students will be asked to teach these techniques to their peers.
- B. Analyze a badminton match between peers using two methods; (1) Compare performance against a model performance using a focused observation criteria, and (2) Use a badminton scatter graph to ascertain strengths and areas to improve
- C. Students will be asked to design activities/drills which will test the following skills; backhand clear, backhand drop-shot, backhand smash, and backhand drive.

VIII. EVALUATION:

A. **Methods**

- 1. Exams/Tests
- 2. Projects
- 3. Class Participation
- 4. Class Performance

B. **Frequency**

- a. Pre/post performance evaluation
- b. Projects assigned periodically to assess understanding of intermediate/advanced techniques and badminton performance analysis methods.

IX. TYPICAL TEXTS:

- 1. Tennyson, E. *Badminton Tips: Bite-Size Techniques to Boost Your Game* ., Back Pocket Books, 2011.
- 2. Grice, T. *Badminton: Steps to Success*., Human Kinetics, 2009.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. A. Badminton racket is optional
- B. B. Court footwear approved by the instructor
- C. B. Athletic clothing