

Las Positas College
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Course Outline for AJ 9954

DEFENSIVE TACTICS INSTRUCTOR

Effective: Spring 2019

I. CATALOG DESCRIPTION:

AJ 9954 — DEFENSIVE TACTICS INSTRUCTOR — 2.50 units

Students will develop knowledge in practices and philosophy of use of force, basic principles and concepts of Arrest & Control and legal issues. Students will develop skills in course development, class planning, instructional techniques, and instructor liability for a defensive tactics program. Students will develop a basic lesson plan and teach assigned blocks of instruction in defensive tactics to other class participants. Students will demonstrate proficiency in the physical techniques of defensive tactics. Completion of this Defensive Tactics Instructor Course satisfies Regulation 1070 in the POST Administrative Manual. This course also satisfies the Arrest and Control perishable skills mandate.

1.50 Units Lecture 1.00 Units Lab

Grading Methods:

Pass/No Pass

Discipline:

- Administration of Justice

	MIN
Lecture Hours:	27.00
Expected Outside of Class Hours:	54.00
Lab Hours:	54.00
Total Hours:	135.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

- Explain the safety guidelines relative to weaponless defensive tactics
- List the basic principles of weaponless defense
- Demonstrate the technique of using physical counter measures
- Demonstrate various control techniques
- Demonstrate the carotid restraint and list the hazards associated with its application
- Demonstrate a prone handcuffing technique
- Demonstrate the proper techniques for taking an unarmed, combative suspect into custody
- Demonstrate advanced techniques such as personal body weapons and altercation pattern management (de-escalation)
 - Demonstrate techniques for disarming an armed suspect
- Discuss case law relative to weaponless defense liability
- Instruct others in unarmed defensive tactics

V. CONTENT:

- Review of safety guidelines
- Basic principles
 - Balance
 - Use of all muscles
 - Weight and momentum
 - Surprise and speed
- Motor skill development and warm-up programs
 - muscle structure
 - cardiovascular factors
 - flexibility
- Movement/positioning
 - Position of contact
 - Shuffles
 - Pivots
 - Ground fighting

- 5. Rolls
- 6. Falls
- E. Hand formations
 - 1. Wrist locks
 - 2. Twistlocks
 - 3. Reverse twist
 - 4. Hand formation drill
- F. Take Downs
 - 1. Diffusers
 - 2. Take down controls
- G. Prone controls
 - 1. From the back
 - 2. From the stomach
- H. Escapes
 - 1. Open handed chokes
 - 2. Wrist grabs
 - 3. Bear hugs
 - 4. Forearm chokes
 - 5. Head locks
 - 6. Full nelson
 - 7. Double encasing elbow
 - 8. Half nelson
 - 9. Hair pull
- I. Searches
 - 1. Cursory
 - 2. Interlock
 - 3. Prone
 - 4. Handcuffed
- J. Handcuffing
 - 1. Quick
 - 2. Rear wrist lock
 - 3. Twistlock
 - 4. Prone
- K. Gun Retentions
 - 1. Front and rear
 - 2. Combination grip
 - 3. Officer on back
 - 4. In hand
- L. Gun take aways
 - 1. Hand gun front and rear
 - 2. Long gun front and rear
 - 3. Hostage gun
- M. Knife defenses
 - 1. Hostage knife
 - 2. Universal defense
- N. Advanced techniques
 - 1. Altercation pattern management
 - 2. Restraining an unarmed, combative suspect
 - 3. Restraining an armed, combative suspect
 - 4. Restraining multiple suspects
 - 5. Carotid technique
- O. Case law
 - 1. Harris v. City of Canton, Ohio
 - 2. Graham v. Connor
 - 3. Sager v. Woodland Park
 - 4. Lyonns v. Los Angeles (carotid control)
 - 5. Wright v. Los Angeles (carotid control)
 - 6. Burns v. Honolulu (carotid control)
 - 7. Nava-Bennett v. CHP (carotid control)
- P. Instructional techniques
 - 1. Content analysis
 - 2. Learning factors
 - 3. Thought connections
 - 4. Thought disconnections

VI. METHODS OF INSTRUCTION:

- A. **Demonstration** -
- B. **Discussion** -
- C. **Lecture** -
- D. Teaching exercises
- E. Attendance and participation
- F. Student activity

VII. TYPICAL ASSIGNMENTS:

- A. Lecture
 - 1. "De-escalation"
 - 2. "Diffusers such as sterno-mastoidal and buckle nerve"
 - 3. "Hazards of carotid control"
- B. Teaching exercises
 - 1. "Front leg sweeps"
 - 2. "Gun take aways"

VIII. EVALUATION:

Methods/Frequency

- A. Exams/Tests
 - Final exam on lectures
- B. Class Participation
 - Daily workouts, practice

C. Other

1. One demonstration test
2. One teaching test

IX. TYPICAL TEXTS:

1. All course reading materials are produced and distributed by the Alameda County Sheriff's Department

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. All students are required to wear suitable workout clothing during class, and to supply their own gun belt, hand gun, handcuffs and baton.