

Course Outline for KIN 38C

POST SEASON INTERCOLLEGIATE MEN'S SOCCER

Effective: Spring 2014

I. CATALOG DESCRIPTION:

KIN 38C — POST SEASON INTERCOLLEGIATE MEN'S SOCCER — 0.50 - 2.00 units

Students will learn and develop the advanced outdoor soccer skills of kicking, passing and conditioning necessary for playing field soccer at an intercollegiate level. Students will learn the rules governing outdoor soccer play.

0.50 - 2.00 Units Lab

Grading Methods:

Letter Grade

Discipline:

- Coaching

	<u>MIN</u>	<u>MAX</u>
Lab Hours:	27.00	108.00
Total Hours:	27.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 4

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. A. Demonstrate safety procedures for playing soccer B. Incorporate terminology and proper usage for playing soccer C. Perform and show exercises to improve soccer skills such as passing, dribbling, trapping, shooting, heading and receiving the ball D. Demonstrate fair play, good sportsmanship traits E. Perform the various speeds of playing soccer F. Follow and incorporate strategy and formations being used by soccer teams during soccer games

V. CONTENT:

- A. Proper warm-up for soccer, which includes cardiovascular and flexibility exercises
- B. Terminology and its proper usage for soccer
- C. Have the proper skills and techniques for passing, dribbling, shooting, trapping, heading and receiving for soccer
- D. Making proper decisions with the ball and off the ball during soccer play
- E. Benefits and drawbacks of various formations and game strategies used at the collegiate playing level.
- F. Showin the knowledge and performance of fair play and good sportmanship

VI. METHODS OF INSTRUCTION:

- A. **Discussion** - Individual and group interpretation of different soccer concepts
- B. **Lecture** - on material, basic concepts and skills of class
- C. **Lab** - Skills performances on a daily basis

VII. TYPICAL ASSIGNMENTS:

- A. Video tape individual and group skill levels of passing, dribbling, shooting, trapping, heading and receiving
- B. Planning a typical soccer session from warm-ups, playing game situation to cool down session
- C. Analyzing a soccer game to recognized the formations and strategy being used by the teams

VIII. EVALUATION:

A. **Methods**

1. Exams/Tests
2. Projects
3. Class Participation

- 4. Class Performance
 - 5. Final Performance
- B. **Frequency**

- A. Participation in daily activities will be monitored
- B. Skills demonstration and conditioning exercises evaluated on a regular basis
- C. Weekly presentations of individual and group on proper soccer sessions

IX. TYPICAL TEXTS:

- 1. Wayne Harrison (2012). *Coaching the 4-2-3-1* (First ed.). Charleston, South Carolina: Reedswain Publishing.
- 2. Tim Schum (2004). *The Soccer Coaching Bible* (First ed.). Champaign, Illinois: Human Kinetics.
- 3. FIFA "FIFA.com." FIFA World Organization 2013.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Proper soccer equipment such as Shirt Top, Short, Shoes, Socks, Shin Guards, ball and other safety equipment as needed.