

P.E. 125 Badminton Mr. Harris, Instructor SPRING 2013

Goals/Purpose

It is the purpose of this course to develop the basic skills of badminton. These skills include but are not limited to backcourt clear, backcourt drop, high-clearing serve, short-low serve, net clear, net drop, service return, smash, smash return, drive, and all related movement.

Course Description

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

Text

All study materials will be provided by the instructor.

Dress/Equipment

Students should wear tennis or basketball shoes. Jogging shoes, cross trainers, and hiking boots **are not** permitted. Students with improper footwear will not be allowed to participate. Shoeless participation is prohibited. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

Attendance

Divisional Attendance Policy

MWF (3) TTH (2) attendance policy

Class Attendance Policy:

- A. Religious holidays approved by the college may be observed without penalty but your instructor must be informed in writing of your intention to do so at least 48 hours in advance of the holiday.
- B. You are expected to attend all classes at the scheduled time; therefore, tardiness and absences affect your final grade. A maximum of three (MWF)/two (TTH) absences are allowed without penalty. There are no excused absences in this class. If you have to miss a class due to unusual circumstances (serious illness/emergencies), you must communicate your reasons to your instructor prior to the absence via email or voice message; if that is impossible, you must communicate with your instructor as soon as you are able.

If you miss three consecutive days, it is the instructor's responsibility to report your name to the Office of Academic Services.

C. After the allowed absences (3/2), each following absence will result in a 5% reduction of your <u>final</u> grade, e.g.,

MWF: <u>4 absences</u> = 5% reduction; 5 absences = 10% reduction; 6 absences = 15% reduction; 7 absences = 20% reduction; 8 absences = 25% reduction; 9 absences = automatic final grade of F.

TTH: <u>3 absences</u> = 5% reduction; 4 absences = 10% reduction; 5 absences = 15% reduction; 6 absences = 20% reduction; 7 absences = 25% reduction; 8 absences = automatic final grade of F.

- D. You are expected to be on time for class. If you arrive after roll call, you are responsible to confirm your presence with your instructor. A student who is late for class on two occasions will be considered absent on one occasion.
- E. Any student attending all classes during the semester will have 2 points added to his/her final grade.

Grading

Skills Component	30%	Grading Scale		
Written Tests	50% (Mid-term 25%; Final 25%)	A = 90 – Above	•	
Homework-Practice	20%	B = 80 - 89 C = 70 - 79		
		D = 60 - 69		
		F = 59 - Below	,	

Skills Test

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear (forehand and backhand).

*There are possible 10 good shots per test:

10 good shots = 10	0 5 good shots	=	72
9 good shots = 94	4 good shots	=	67
8 good shots = 88	3 good shots	=	60
7 good shots = 82	2 2 good shots	=	54
6 good shots = 77	7 1 good shot	=	49
	0 good shot	=	40

The skills test will be administered at mid-term and again at the end of the semester. Each skill is to be graded individually with only the best score for each skill to be graded.

Written Exam

Mid-Term All beginning Physical Skills Relevant to Singles Play

Final Exam Rules, Regulations, Procedures for Playing Singles and Doubles

Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week period. It is preferred that not more than one homework session be performed on any given day. A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions. Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security. Homework slips must be filled out correctly in order to receive credit.

Homework Sessions/per 3-Week Period

<u>Session</u>	<u>Grade</u>
6	100
5	80
4	60
3	50
2	30
1	20

Honor Code

The Honor Code is to be adhered to at all times.

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DATES		REQUIREMENTS	
Tu	Jan 15	Overview of Skills, Class and Film	
Th	Jan 17	Putting the Shuttle in Play, Overhead Clear	
Tu	Jan 22	Forehand Clear, Net Drop, Movement to Front of Court	
Th	Jan 24	Net Clear, Net Drop, Movement to Front of Court	
Tu	Jan 29	Overhead Drop, Movement, Net-Clear - Overhead Drop Drill	
Th	Jan 31	Smash, Movement, Smash, Return, Clear Drop - Drop Clear Drill	
Tu	Feb 5	High Clearing Serve, Smash-Drop – Clear Drill, Movement	
Th	Feb 7	Short-Low Serve, Review All Drills/Skills, Service Return	
Tu	Feb 12	Homework Due / Backhand Mechanics (Clear, Drop Smash)	
Th	Feb 14	Controlled Point Play, Practice Skills Test	
Tu	Feb 19	Skills Test 1	
Th	Feb 21	Skills Test 1, Review for Mid-Term Exam	
Tu	Feb 26	Mid-Term Exam	
Th	Feb 28	Rules, Regulations Procedure, Mechanics of Play-Singles	
Tu	Mar 5	Homework Due	
Th	Mar 7	Singles Play	
Tu	Mar 19	Singles Play	
Th	Mar 21	Singles Play	
Tu	Mar 26	Singles Play	
Th	Mar 28	Singles Play	
Tu	Apr 2	Singles Play	
Th	Apr 4	Homework Due / Procedure, Mechanics of Play-Doubles	
Tu	Apr 9	Doubles Play	
Th	Apr 11	Doubles Play	
Tu	Apt 16	Skills Test II	
Th	Apr 18	Skills Test II	
Tu	Apr 23	Skills Test II	
Th	Apr 25	Final Written Exam	
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