

Oxford College
PE 144 Softball/Volleyball
MWF 10:45 – 11:35
Spring 2014

Instructor: Amanda Fischer
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Office: Williams Athletic Training Room
Hours: By Appointment Only

Course Description: This course focuses on learning fundamental softball and volleyball skills, basic softball/volleyball tactics, game strategies, and rules etc.

Course Objectives: The purpose of this class is to introduce, discuss, demonstrate and participate in volleyball and softball activities and techniques. The students will be able to perform specific proficiencies of each game as well as have a greater understanding for team sports and competition. Along the way they will learn teamwork and team sports that can be played throughout their lifetime to encourage a healthier living.

Week Of:	Activity:
Jan 15	Introduction to Volleyball / Positions / Rules
Jan 20	Mon:NO CLASS Wed /Fri Forearm pass
Jan 27	Overhand Pass / Setting
Feb 3	Serves
Feb 10	Spiking / Blocking
Feb 18	Games
Feb 24	Games
March 3	Mon / Wed – <i>Skills Test 1</i> , Fri - <i>Written Exam 1(volleyball)</i>
March 10	Spring Break NO CLASS
March 17	Introduction to Softball Positions / Rules / Throwing and Catching
March 24	Hitting
Apr 31	Infield play
Apr 7	Base Running
Apr 14	Outfield Play
Apr 21	Mon / Wed- Games, Fri – <i>Written Exam 2 (softball)</i>
April 28	Mon - <i>Skills Test II</i>

*Schedule is subject to change

Attendance: You are expected to attend all of the class at the scheduled times. **There are no UNEXCUSED absences in this class.** If you have to miss a class, it has to be **serious illness or emergency** and you have to communicate with me before/after in order to make up your missed work. **The maximum three (3) absences (one-week class) may be allowed with my consensus.**

After allowed 3 absences, each subsequent absence will result in a 5% deduction from your final grade per department policy.

Religious Holidays approved by the college may be excused. However, you must inform me and seek approval in advance for each of the holidays. You may also be responsible to make up the missed classes if it is needed.

Students are expected to come to the class on time. If you arrive after roll-call, you are late. Tardiness will affect your participation grade.

Participation: Student participation is a key for success in this class. Four(4) points will be given each day for participation as follows:

- 4 = excellent participation of class activities
- 3 = good participation
- 2 = average participation
- 1 = below average participation
- 0 = no participation or absent

Skills Test: You will have two (2) skills tests in this class, one for softball and one for volleyball. Softball will evaluate proper technique and execution of throwing and catching (short and long), hitting, base running, fielding (ground ball and pop ups). This assessment is scheduled for Monday April 28th. Volleyball will evaluate proper technique and execution of forearm pass, overhand pass, setting, serves, spiking and blocking. This assessment is scheduled for Monday and Wednesday March 5th and 7th. Each skill is worth sixteen (16) points for a total of 96 points per skills test.

Written Assignments: You will have two (2) written assignments in this class. The first one is an observational piece on the Emory Eagles Women's Softball Team. You may attend a home event at Main Campus with your ID for free. If you cannot attend an event you can watch a live broadcast on the Emory Athletics website. This assignment is due Monday, April 14th. The second assignment is a written paper of reflection. This assignment is due the final day of the semester. Each assignment is worth 15 points. A handout will be given to explain in more detail.

Written Exams: You will have two (2) written exams in this class. The first exam will be given on Friday, March 7th, and will cover the game of volleyball. The second exam will be given on Friday, April 25th, and will cover the game of Softball. Each exam is worth 35 points. There is no make-up for written exams.

Evaluation: Participation = 41 days x 4 points = 164 points total (36%)
Written Assignments = 2 x 15 points = 30 points total (7%)
Skills Test = 2 exams x 96 points = 192 points total (42%)
Written Exams = 2 exams x 35 points = 70 points total (15%)

Total Points = 456 points total

The grading scale for this class is as follows:

100-93% A	79-77% C+
92-90% A-	76-73% C
89-87% B+	72-70% C-
86-83% B	69-60% D
82-80% B-	< 60% F

Attire: As a college student, you are responsible to present yourself in a professional manner. Pants / shorts should not be worn so the undergarments are exposed. Shirts should not represent any negative propaganda. Athletic Attire is required and should be worn for the appropriate climate. NO JEANS, dress clothes, flip flops etc.

Required: You are required to obtain a softball glove for class. You are permitted but not required to wear softball cleats. When we transition to volleyball you may want to purchase knee pads but it is not required. You will need tennis shoes.

Honor Code: Article 2.A “A student’s signature on a paper or test submitted for credit shall indicate he/she has neither given nor received unauthorized information on the work, nor has condoned the giving or receiving of unauthorized information by others.”

Reminder: Class activities may include vigorous physical activity. If you have any medical condition or physical problems that prevent you from full participation in such activity, it is your responsibility to inform the instructor of its nature and provide documentation from your physician stating 1) the medical condition, 2) limitations of the condition, and 3) recommendations that would help you meet the requirements of the course. Students may also contact the Office of Disability Services (404-727-6016)

Reasonable Accommodations for Students with Disabilities: If you have a disability that may require assistance or accommodations, or you have questions related to any accommodations for testing, note taking, reading, physical activity, etc., please speak with me as soon as possible. Students may also contact the Office of disability Services (404-727-6016) with questions about such services. It is the student’s responsibility to initiate considerations’ all students must self-disclose to ODS and complete the registration process. Students with identified or suspected writing disabilities of any kind should contact the Writing Center located in Language Hall (770-784-4722).

Grade Appeal Process: If you wish to contest the final grade you receive in this class you are to put your request to me in writing within five (5) days of the final grades being posted. Your request must address the specific reasons as to why I should re-examine your grade. I will not respond to informal e-mail messages or appeals submitted after the five (5) day deadline.

“Student work submitted as part of this course may be reviewed by Oxford and Emory faculty/staff for the purposes of improving instruction and enhancing Emory education.”

Emory University Women’s Softball Schedule

Sat Feb. 8	Maryville (TN)	10:00 AM
	<i>3 n 2 Take Off Event</i>	
	Averett	12:00 PM
	<i>3 n 2 Take Off Event</i>	
Sun Feb. 9	Averett	10:00 AM
	<i>3 n 2 Take Off Event</i>	
	Maryville (TN)	2:00 PM
	<i>3 n 2 Take Off Event</i>	
Sat Feb. 15	Greensboro	10:00 AM
	<i>3 n 2 Elite Event</i>	
	East. Mennonite	12:00 PM
	<i>3 n 2 Elite Event</i>	
Sun Feb. 16	East. Mennonite	10:00 AM
	<i>3 n 2 Elite Event</i>	
	Greensboro	2:00 PM
	<i>3 n 2 Elite Event</i>	
Sat Feb. 22	Case Western Reserve	12:00 PM
	<i>3 N 2 Classic</i>	
	Centre	2:00 PM
Sun Feb. 23	Case Western Reserve	10:00 AM
	Centre	2:00 PM
	<i>3 n 2 Elite Event</i>	
Fri Feb. 28	Messiah	12:30 PM
	Messiah	2:30 PM
March		
Sun Mar. 2	DePauw	12:00 PM
	DePauw	2:00 PM
Sat Mar. 8	Agnes Scott	12:00 PM
	<i>Eagle Softball Bash</i>	
	Spalding	2:00 PM
	<i>Eagle Softball Bash</i>	
Sun Mar. 9	Spalding	10:00 AM
	<i>Eagle Softball Bash</i>	
	Agnes Scott	2:00 PM

Eagle Softball Bash

Wed Mar. 19	Berry	2:00 PM
	Berry	4:00 PM
Thu Mar. 20	Va. Wesleyan	2:00 PM
	Va. Wesleyan	4:00 PM
Tue Apr. 8	Covenant	2:00 PM
	Covenant	4:00 PM
Wed Apr. 9	Piedmont	2:30 PM
	Piedmont	4:30 PM
Sun Apr. 13	Middle Georgia State College	12:00 PM
	Middle Georgia State College	2:00 PM

Extra Credit Opportunities

TBA