

F2000

PE 125 BADMINTON

LOCATION: S Gym [Basketball Court]
INSTRUCTOR: Dr. Yit Aun Lim **OFFICE:** S Gym Trailer RM 3
SECTION: 09A
DAY/TIME: MON/WED/FRI: 9:00 AM - 10:00 AM.
PHONE NO.: (770) 784-4675 **ON CAMPUS:** 4-4675
E-MAIL: ylim@learnlink.emory.edu
OFFICE HOUR: Monday/Wednesday/Friday: 10:00 – 11:00 AM
Tuesday/Thursday: 1:00 – 2:30 PM

COURSE OBJECTIVES:

1. To understand the game of badminton.
2. To acquire the basic and advanced strokes and footwork necessary to play the game of badminton.
3. To learn the strategies for singles, doubles, and mixed doubles.
4. To learn the rules and regulations for playing singles and doubles.
5. To discuss the physical conditioning and mental development for badminton.

GRADING SCALES:

90-100% = A; 80-89% = B; 70-79% = C; 60-69% = D; 0-59% = F

COURSE OUTLINE:

- A. INTRODUCTION:
 - 1. Equipment, Court, and Playing Attire
- B. BASIC & ADVANCED STROKES AND FOOTWORK
- C. BASIC & ADVANCED STRATEGIES
 - 1. Singles Strategy
 - 2. Doubles Strategy
 - 3. Mixed Doubles Strategy
- D. PLAYING RULES & REGULATION
 - 1. Singles
 - 2. Doubles

EXAMINATION:

1. **WRITTEN EXAMS [40%]**
 - MID-TERM EXAM [20%]
 - FINAL EXAM [20%]
2. **SKILLS COMPONENT [40%]**
3. **HOMEWORK-PRACTICE [20%]**

TEXT BOOKS:

Badminton (4th Edition) by James R. Poole and Jon R. Poole.

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EQUIPMENT/ATTIRE:

Students should wear any type of shoes (tennis, basketball, fitness) that leave no mark on the court. Comfortable, loose-fitting, athletic wear is encouraged.

Students are expected to furnish their own badminton racket.

EXTRA CREDIT:

Extra points can be earned through the form of spontaneous class presentations, skills demonstrations, and specified outside participation in badminton related activities.

HOMEWORK-PRACTICE

Each session of homework must be performed in 30-minute increments. It is preferred that not more than 1 homework session is performed on any given day. However, a student is allowed to perform an additional homework session if there is a separation between sessions. Homework is graded weekly; the final homework grade is the average of entire course.

100 = 4/wk; 90 = 3/wk; 70 = 2/wk; 60 = 1/wk [i.e., one 30-min session/wk]

ATTENDANCE:

1. Three absences will be allowed without penalty for the semester.
2. Three (3) points will be deducted from the final grade on each absence thereafter.
3. A total of 5 bonus points will be added to the final grade for the student who does not miss any classes during the semester; three (3) points will be given to those who miss one class; and one (1) point will be added for those who miss two classes.
4. Three (3) late arrivals to the class constitute an absence.
5. If you are unable to participate in the class, it is recommended and strongly encouraged that you observe the class. A maximum of 2 class observations will be allowed in a semester. Any more observations thereafter will be considered an absence.

RISK AWARENESS STATEMENT:

1. Read and understand before signing.
2. If you have any conditions which would limit your participation to fulfill the course requirements, then the following steps need your attention:
 - a. Have your physician state the nature of your limitation(s) in writing.
 - b. Have your physician make suggestions of activities in writing so that you can fulfill the course requirements.

STUDENT HONOR CODE:

It is the student responsibility to uphold the honor code as described in Oxford College's catalog.

FALL 2000 PE 125 BADMINTON: 9A [MWF] CLASS CALENDER

WEEK	DAY	DATE	ACTIVITIES	ASSIGNMENT
1	WED	8/30	INTRODUCTION	
	FRI	9/1	THE GAME OF BADMINTON/VIDEO RACQUETS/SHUTTLES/COURT DIMENSIONS	
2	MON	9/4	LABOR DAY HOLIDAY	
	WED	9/6	BASICS STROKES	
	FRI	9/8	<ul style="list-style-type: none"> • GRIPS • SERVES FOOTWORK	
3.	MON	9/11	BACKCOURT STROKES	
	WED	9/13	BACKCOURT STROKES	
	FRI	9/15	FRONT COURT STROKES	
4	MON	9/18	FRONT COURT STROKES	
	WED	9/20	BASIC SINGLES STRATEGY	
	FRI	9/22	BASIC SINGLES STRATEGY	
5	MON	9/25	BASIC DOUBLES STRATEGY	
	WED	9/27	BASIC DOUBLES STRATEGY	
	FRI	9/29	ASEP: WATCH VIDEO: SINGLES	
6	MON	10/2	BASIC DOUBLES STRATEGY	
	WED	10/4	BASIC MIXED DOUBLES STRATEGY	
	FRI	10/6	BASIC MIXED DOUBLES STRATEGY	
7	MON	10/9	REVIEW FOR MID-TERM	
	WED	10/11	MID-TERM EXAM [CH 1,2,3, HANDOUTS]	
	FRI	10/13	ADV. STROKES	
8	MON	10/16	MIDSEMESTER BREAK	
	WED	10/18	SMASH RETURNS	
	FRI	10/20	ADV. SERVES	
9	MON	10/23	BACKHAND SMASHES	
	WED	10/25	ATTACKING CLEARS	
	FRI	10/27	FAST DROP SHOTS	
10	MON	10/30	HALF-SMASHES	
	WED	11/1	BRUSH RETURNS OF TIGHT NET SHOTS	
	FRI	11/3	SKILL TEST I	

11	MON	11/6	SKILL TEST I
	WED	11/8	SKILL TEST I
	FRI	11/10	ADV. SINGLES STRATEGY
12	MON	11/13	ADV. SINGLES STRATEGY
	WED	11/15	ADV. DOUBLES STRATEGY
	FRI	11/17	ADV. DOUBLES STRATEGY
13	MON	11/20	ADV. MIXED DOUBLES STRATEGY
	WED	11/22	THANKSGIVING HOLIDAY
	FRI	11/24	THANKSGIVING HOLIDAY
14	MON	11/27	ADV. MIXED DOUBLES STRATEGY
	WED	11/29	SKILL TEST II [DOUBLES PLAY]
	FRI	12/1	SKILL TEST II [DOUBLES PLAY]
15	MON	12/4	SKILL TEST II [DOUBLES PLAY]
	WED	12/6	SKILL TEST MAKE UP DAY
	FRI	12/8	REVIEW FOR FINAL
16	MON	12/11	FINAL WRITTEN EXAM [CH 4,5,6, APPENDIX C]