

Las Positas College
3000 Campus Hill Drive
Livermore, CA 94551-7650
(925) 424-1000
(925) 443-0742 (Fax)

Course Outline for DANC 1

DANCE TECHNIQUE

Effective: Fall

I. CATALOG DESCRIPTION:

DANC 1 — DANCE TECHNIQUE — 0.50 units

Movement skills, rhythmic structure of dance, qualities of movement, special design and appreciation of dance. Emphasis on creation of individual and group compositions. Includes Afro-American dance, ballet, disco/ballroom dance, folk dance, jazz dance, modern dance, square dance, and tap dance. See Physical Education 1.

0.50 Units Studio Lab

Grading Methods:

Letter or P/NP

Discipline:

	<u>MIN</u>
Studio Lab Hours:	36.00
Total Hours:	0.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 3

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. develop a vocabulary of dances and a knowledge and appreciation of different rhythms;
2. develop an understanding and appreciation of the dance as an art form and as an expression of a specific cultural heritage;
3. work abstract problems of dance and concentration on perfection of technique and form in group dance and/or individual improvisations in response to musical forms, moods, and ideas.

V. CONTENT:

- A. Free movement expression, warm-up stretching and strengthening exercises, rhythmic devices, and movement fundamentals
- B. Dance activity in groups and as individuals stressing quality of movement and movement combination
- C. Movement fundamentals, including locomotor, axial sustained, and procussive (?)

VI. METHODS OF INSTRUCTION:

- A. **Lecture** -
- B. **Demonstration** -
- C. improvisations
- D. studies in group movements
- E. exercises and practice in specific techniques

VII. TYPICAL ASSIGNMENTS:

VIII. EVALUATION:

A. **Methods**

1. Class Performance
2. Other:
 - a. Skills assessment

B. **Frequency**

IX. TYPICAL TEXTS:

X. OTHER MATERIALS REQUIRED OF STUDENTS: