

Las Positas College  
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## Course Outline for KIN FNI

### FENCING-INTERMEDIATE

Effective: Spring 2008

#### I. CATALOG DESCRIPTION:

KIN FNI — FENCING-INTERMEDIATE — 0.50 - 2.00 units

This course continues to develop the skills specific to foil and epee fencing. Emphasis is placed on the further development of technical and tactical skills unique to each weapon. The electrical equipment will be used extensively.

0.50 - 2.00 Units Lab

#### **Strongly Recommended**

KIN FNB - FENCING-BEGINNING  
and/or

KIN FB - EPEE – BEGINNING

#### **Grading Methods:**

#### **Discipline:**

	<b>MIN</b>	<b>MAX</b>
<b>Lab Hours:</b>	27.00	108.00
<b>Total Hours:</b>	27.00	108.00

#### II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 4

#### III. PREREQUISITE AND/OR ADVISORY SKILLS:

**Before entering this course, it is strongly recommended that the student should be able to:**

##### A. KINFNB

1. Recite and demonstrate the rules for courtesy and safety
2. Identify the 3 different fencing weapons and their corresponding target areas
3. Execute all footwork with precision
4. Demonstrate basic blade action techniques
5. Describe offensive tactics that are used to establish 'right-of-way'
6. Apply knowledge of rules to officiate and judge a bout
7. Demonstrate the ability to fence in a competitive bout

##### B. KINFB

1. Recite and demonstrate the rules for courtesy and safety
2. Identify the 3 different fencing weapons and their corresponding target areas
3. Execute all footwork with precision
4. Demonstrate basic fencing positions using the blade
5. Apply knowledge of rules to officiate and judge a bout
6. Demonstrate the ability to fence in a competitive bout

#### IV. MEASURABLE OBJECTIVES:

**Upon completion of this course, the student should be able to:**

- A. Execute all basic and compound footwork movements with precision
- B. Demonstrate blade action skills with appropriate footwork movements
- C. Observe and analyze the tactical skills of other fencers
- D. Demonstrate strategic offensive and defensive moves in a competitive bout
- E. Apply knowledge of rules to officiate a bout
- F. Set-up the electrical scoring apparatus on the strip
- G. Confidently compete in bouts using electric equipment

#### V. CONTENT:

- A. Fitness preparation to strengthen body for endurance, coordination, and balance
- B. Compound footwork drills to include changes in tempo combinations
- C. Blade work to emphasize control for precision and accuracy
- D. Offensive and defensive tactical blade actions with and without footwork
- E. Strategies for offensive and defensive attacks
- F. Rules and regulations for electric bouts

- G. How electric equipment works
- H. Directing and judging a bout
- I. Practice with the electric fencing equipment

VI. METHODS OF INSTRUCTION:

- A. Verbal explanation accompanied by demonstration
- B. Instruction given to the whole class with individual comments given when needed
- C. Student participation in class drills and group activity

VII. TYPICAL ASSIGNMENTS:

A. Fencers practice footwork using changes of tempo drills as one partner advances and the other partner retreats down the strip. B. Prise-de-fer drill: As attacking fencer engages partner's blade while front foot moves forward, the defender either retreats with that engagement or evades with an advance. C. Using the electric equipment, fence all members of the pool. Winner is first to five touches.

VIII. EVALUATION:

A. **Methods**

- 1. Class Participation
- 2. Other:
  - a. Methods
    - 1. Student participation is evaluated daily
    - 2. Demonstration of correct form and effectiveness during footwork and blade drills
    - 3. Knowledge and application of tactical strategies during electrical fencing bouts

B. **Frequency**

- 1. Frequency
  - a. Daily assessment of participation and form

IX. TYPICAL TEXTS:

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Students will need to purchase their own fencing equipment.
- B. The instructor will recommend appropriate equipment from various suppliers.