

Las Positas College  
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## Course Outline for AJ 76

### BATON TRAINING/SECURITY GUARDS

Effective: Fall 1993

#### I. CATALOG DESCRIPTION:

AJ 76 — BATON TRAINING/SECURITY GUARDS — 0.67 units

Legal uses of the baton, emphasis on appropriate and legal use of the baton. Exercising self-discipline in the use of the baton. Includes training and demonstration of techniques.

0.67 Units Lecture

#### Grading Methods:

Pass/No Pass

#### Discipline:

	<u>MIN</u>
<b>Lecture Hours:</b>	12.00
<b>Total Hours:</b>	12.00

#### II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

#### III. PREREQUISITE AND/OR ADVISORY SKILLS:

#### IV. MEASURABLE OBJECTIVES:

**Upon completion of this course, the student should be able to:**

1. know the legal uses of the baton and the application;
2. understand that the baton is a weapon, and should take exercises in self-discipline;
3. know the various hand grips, and the basic baton techniques.

#### V. CONTENT:

- A. Introduction
  - 1. Legalities involved
  - 2. The baton - a weapon
- B. General points
  - 1. When to use and when not to use
  - 2. Exercise in self-discipline
  - 3. Offensive and defensive use
- C. Basic Baton Techniques
  - 1. Hand grips
  - 2. Target areas
    - a. jab; fore and backhand strike; thrust strike; slash and butt strokes; various blocks
  - 3. Defenses
- D. Actual Exercises

#### VI. METHODS OF INSTRUCTION:

- A. **Discussion** -
- B. **Lecture** -
- C. Actual practice
- D. **Demonstration** -

#### VII. TYPICAL ASSIGNMENTS:

#### VIII. EVALUATION:

- A. **Methods**
- B. **Frequency**

#### IX. TYPICAL TEXTS:

#### X. OTHER MATERIALS REQUIRED OF STUDENTS: