

Course Outline for KIN 38A

PRE-SEASON INTERCOLLEGIATE MEN'S SOCCER

Effective: Spring 2014

I. CATALOG DESCRIPTION:

KIN 38A — PRE-SEASON INTERCOLLEGIATE MEN'S SOCCER — 0.50 - 2.00 units

Students will work on advanced skills of soccer, such as, kicking, passing, trapping, heading and physical conditioning which are needed for controlled outdoor higher levels of soccer play, discuss and employ basic offensive and defensive strategies and tactics; use and apply the rules governing outdoor soccer play.

0.50 - 2.00 Units Lab

Grading Methods:

Letter Grade

Discipline:

- Coaching

	<u>MIN</u>	<u>MAX</u>
Lab Hours:	27.00	108.00
Total Hours:	27.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 4

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. A. Perform basic soccer skills such as passing, dribbling, heading, shooting, trapping, and receiving the ball. B. Demonstrate offensive and defensive soccer play. C. Demonstrate proper soccer conditioning exercises for soccer play. D. Identify and show sportsmanship during soccer play. E. Follow and incorporate proper rules of soccer play. F. Identify and recognize equipment used for soccer.

V. CONTENT:

- A. Proper usage of advanced soccer skills of passing, dribbling, heading, shooting, trapping and receiving of the ball.
- B. Usage and maintenance of soccer equipment.
- C. Using the established rules of soccer.
- D. Apply and show the proper use of sportsmanship while playing soccer
- E. Accepting and following the rules of soccer play.
- F. Implementing the different offensive and defensive strategies of soccer play.

VI. METHODS OF INSTRUCTION:

- A. **Projects** - Hands-on experiences with creation and analysis of video performance
- B. **Discussion** - Individual and group interpretation of soccer play
- C. **Lab** - Skills performances on daily basis
- D. **Lecture** - on basic concepts and skills
- E. Readings in current soccer media both American and International

VII. TYPICAL ASSIGNMENTS:

- A. Skills assessment of passing, dribbling, heading, shooting and receiving.
- B. Group competitive play.
- C. Exercises and drills proper for soccer play.
- D. Participate in soccer activities at various positions.

VIII. EVALUATION:

A. Methods

1. Exams/Tests
2. Quizzes
3. Lab Activities
4. Class Performance
5. Final Performance

B. Frequency

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1. Daily evaluation of students class participation
2. Weekly demonstration of class exercises and drills
3. Weekley practice games and competition

IX. TYPICAL TEXTS:

1. Jonathan Wilson (2008). *Inverting the Pyramid - A History of Football Tactics* (First ed.). London, Englad: The Orion Publishing Group.
2. Fraughton, Paul Watson (2012). *Forward in Football IV: Elite Skill Development Volume 4* (4th Edition ed.). Kindle , Kindle Edition: Forward In Football.
3. National Soccer Coaches Association of America "Soccer Journal." Bimonthly Volume July-August 2012.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Proper soccer equipment such as Shirt Top, Short, Shoes, Socks, Shin Guards, ball and other safety equipment as needed.