

Las Positas College
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Course Outline for KIN CSVB
COURT SPORTS VOLLEYBALL BADMINTON
Effective: Spring 2017

I. CATALOG DESCRIPTION:
 KIN CSVB — COURT SPORTS VOLLEYBALL BADMINTON — 0.50 - 2.00 units

No longer taught

0.50 - 2.00 Units Lab

Grading Methods:

Discipline:

	MIN	MAX
Lab Hours:	27.00	108.00
Total Hours:	27.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 4

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. No longer taught

V. CONTENT:

No longer taught

VI. METHODS OF INSTRUCTION:

- A. Verbal explanation accompanied by demonstration
- B. Instruction given to the whole class with individual comments given when needed
- C. Student participation in class workouts

VII. TYPICAL ASSIGNMENTS:

VIII. EVALUATION:

A. **Methods**

- 1. Class Participation
- 2. Other:
 - a. Student participation
 - 1. Participation is evaluated daily
 - b. Fitness improvement as determined by increased speed and student's self-evaluation

B. **Frequency**

No longer taught

IX. TYPICAL TEXTS:

- 1. Seiger and Hesson *Walking for Fitness*. 4th ed., Brown & Benchmark, 2001.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Students will need to wear appropriate walking shoes and attire.