Las Positas

Las Positas College 3000 Campus Hill Drive Livermore, CA 94551-7650 (925) 424-1000 (925) 443-0742 (Fax)

Course Outline for WRKX 94

OCCUPATIONAL WORK EXPERIENCE/INTERNSHIP

Effective: Fall 2018

I. CATALOG DESCRIPTION:

WRKX 94 — OCCUPATIONAL WORK EXPERIENCE/INTERNSHIP — 1.00 - 8.00 units

This course of supervised employment provides students with the opportunity to earn college credit for developing marketable skills while working in their major field of study. Students working in a part-time or full-time, paid or unpaid internship or position related to their major field of study will contract, in collaboration with their work supervisor and instructor, to set measurable, achievable goals; accomplish new or expanded learning objectives; and broaden work skills and experiences. Students will apply discipline-specific knowledge, skills, and abilities gained in the classroom. Students can earn 1 to 8 units per semester for a maximum of 16 units of Cooperative Work Experience, which includes General Work Experience and Occupational Work Experience/Internship. Students must work 75 paid hours or 60 unpaid hours per unit earned during the semester.

1.00 - 8.00 Units Work Experience

Grading Methods:

Letter or P/NP

Discipline:

Work Experience Instructors or Coordinators

MIN MAX

Work Experience Hours: 60.00 600.00 **Total Hours:** 60.00 600.00

- II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: WX May be taken any number of times for a maximum of 16 units of Cooperative Work Experience
- III. PREREQUISITE AND/OR ADVISORY SKILLS:
- IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

- A. Develop college-level, on-the-job learning objectives, in collaboration with the instructor and workplace supervisor, which are related to job/internship responsibilities and which are specific, measurable, achievable, relevant, and time-based (SMART).
 B. Apply classroom education toward a discipline-specific job and identify those areas where changes may be required.
 C. Identify career opportunities, job requirements, employer expectations, and promotional requirements in a discipline-specific job

- D. Analyze and assess newly developed skills in preparation for employment in one's major field of study or advancement in a career.

V. CONTENT:

- A. Today's working environment in student's major field of study B. Goal setting
- - College-level objectives
 SMART process

 - 3. Application of classroom learning to the requirements of the workplace
- C. Skills to support job success in student's major field of study D. Observing work behaviors

 E. Recognizing employer and supervisory goals

- Alignment
 Conflicts
 Evaluating SMART goals
 - 1. Achievement points
 - 2. Improvement areas
- G. Reflecting and analyzing
 - Personal and career awareness
 - 2. Observations
 - 3. Action plans for the future

VI. METHODS OF INSTRUCTION:

- A. Individual consultation with students
- B. On-the-job, supervised work experience
- C. Individual consultation with supervisors

- VII. TYPICAL ASSIGNMENTS:

 A. Assignments are individualized according to the mutually set SMART objectives prepared by the student and approved by both the workplace supervisor and college instructor.
 - B. Individualized assignments may include:
 - Create a marketing plan to increase college student bus ridership by 30 percent.

 Design a drought-tolerant landscape plan for a client's backyard.

 - 3. Create an interior design for a client's kitchen using sustainable materials.

 - C. Keep a weekly journal for reflection.

 D. Write a revised resume, including the workplace experience.
 - E. Keep an accurate record of hours worked per week. F. Submit required course forms and documents.

VIII. EVALUATION:

A. Methods

- 1. Class Performance
- 2. Other:

 - a. Success on achieving each SMART goal
 b. Supervisor's performance appraisal/overall work performance
 c. Discussions with the student's supervisor

 - d. Instructor's appraisal of student progress and learning
 - e. Student's self-appraisal

B. Frequency

- Time frames for all evaluation methods will be set in collaboration with the student, supervisor, and instructor.
 Due dates for state-required forms from the student and supervisor will be provided each semester.
 a. Time cards

 - a. Time cards
 b. SMART goal agreements
 c. Performance appraisal from supervisor
 d. Student's self-appraisal

 - e. Journal entries f. Revised resume
- 3. At least one site visit will occur.
- 4. Discussions between the supervisor and instructor will occur as needed and may occur at the site visit.

- IX. TYPICAL TEXTS:
 1. LPC Work-Based Learning Handbook
 2. No other textbooks are required for this course. Instructors will provide references to or compilations of resources as needed.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

A. Access to a computer and internet connection.