

TOPICS IN LIFETIME ACTIVITIES

PE 200 R

Beginning Backpacking

Tuesday Evening

Instructor: Carla Chelko
Phone: Office: (404) 727-5475
Home (678) 380-11388
Office Faculty Suite Williams Gymnasium
Office Hours: 4:00 - 5:00pm.

Text: National Outdoor Leadership Wilderness Guide by Mark Harvey

Course Description:

This course is designed to teach skill development in backpacking technique

Course Objectives:

Upon completion of this course student will be competent in:

- 1) Trip planning & wilderness ethics
- 2) Wilderness First aid
- 3) Proper selection and care of equipment
- 4) Map reading

Grading Scale:

90% - 100%	= A
80% - 89%	= B
70% - 79%	= C
60% - 69%	= D
0% - 59%	= F

Mid-Term	=	10%
Final Exam	=	10%
Outings	=	80%

Attendance:

Students will be allowed only 1 absence in this class

Extra Costs:

You will need to purchase meals en route to and from the campsite and also food utilized while backpacking.

TRIPS ARE MANDATORY!!

**PE 200R TOPICS IN LIFETIME ACTIVITIES
BACKPACKING
TUESDAY CALENDAR
MS. CARLA CHELKO**

DATES	INSTRUCTION
SEPTEMBER	
Tuesday - 4 th	Introduction
Tuesday - 11 th	Trail Identification
Tuesday - 18 th	Class Project
Tuesday - 25 th	Class Project
Saturday - 29 th	Day Hike
OCTOBER	
Tuesday - 2 nd	Class Project
Tuesday - 9 th	Topic = Clothing
Tuesday - 16 th	Mid-Term Break
Tuesday - 23 rd	Topic = Cooking & First Aide
Tuesday - 30 th	Compass/Maps/Trail Organization Setting up Camp
NOVEMBER	
Tuesday - 6 th	Trail Identification
Tuesday - 13 th	Trip Preparation 1 st group
Saturday 17 th -Sunday 18 th	Trip Group 1
Tuesday - 20 th	Trip Follow-up
Tuesday - 27 th	Trip Preparation 2 nd group
DECEMBER	
Saturday 1 st -Sunday 2 nd	Trip Group 2
Tuesday - 4 th	Trip Follow-up
Tuesday - 11th	Final Exam