

PE 125 BADMINTON

LOCATION: S Gym [Basketball Court]
INSTRUCTOR: Dr. Yit Aun Lim **OFFICE:** S Gym Trailer RM 3
SECTION: 09A
DAY/TIME: MON/WED/FRI: 9:00 AM - 10:00 AM.
PHONE NO.: (770) 784-4675 **ON CAMPUS:** 4-4675
E-MAIL: ylim@learnlink.emory.edu
OFFICE HOUR: Monday/Wednesday/Friday: 10:00 – 11: 00 AM
Tuesday/Thursday: 1:00 – 2:30 PM

COURSE OBJECTIVES:

1. To understand the game of badminton.
2. To acquire the basic and advanced strokes and footwork necessary to play the game of badminton.
3. To learn the strategies for singles, doubles, and mixed doubles.
4. To learn the rules and regulations for playing singles and doubles.
5. To discuss the physical conditioning and mental development for badminton.

GRADING SCALES:

90-100% = A; 80-89% = B; 70-79% = C; 60-69% = D; 0-59% = F

COURSE OUTLINE:

- A. INTRODUCTION:
 - 1. Equipment, Court, and Playing Attire
- B. BASIC & ADVANCED STROKES AND FOOTWORK
- C. BASIC & ADVANCED STRATEGIES
 - 1. Singles Strategy
 - 2. Doubles Strategy
 - 3. Mixed Doubles Strategy
- D. PLAYING RULES & REGULATION
 - 1. Singles
 - 2. Doubles

EXAMINATION:

1. **WRITTEN EXAMS [50%]**
 - MID-TERM EXAM [25%]
 - FINAL EXAM [25%]
2. **SKILLS COMPONENT [40%]**
3. **CLASS PARTICIPATION [10%]**

TEXT BOOKS:

Badminton (4th Edition) by James R. Poole and Jon R. Poole.

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EQUIPMENT/ATTIRE:

Students should wear any type of shoes (tennis, basketball, fitness) that leave no mark on the court. Comfortable, loose-fitting, athletic wear is encouraged.

Students are expected to furnish their own badminton racket.

EXTRA CREDIT:

Extra points can be earned through the form of spontaneous class presentations, skills demonstrations, and specified outside participation in badminton related activities.

ATTENDANCE:

1. Three absences will be allowed without penalty for the semester.
2. Three (3) points will be deducted from the final grade on each absence thereafter.
3. A total of 5 bonus points will be added to the final grade for the student who does not miss any classes during the semester; three (3) points will be given to those who miss one class; and one (1) point will be added for those who miss two classes.
4. Three (3) late arrivals to the class constitute an absence.
5. If you are unable to participate in the class, it is recommended and strongly encouraged that you observe the class. A maximum of 2 class observations will be allowed in a semester. Any more observations thereafter will be considered an absence.

RISK AWARENESS STATEMENT:

1. Read and understand before signing.
2. If you have any conditions which would limit your participation to fulfill the course requirements, then the following steps need your attention:
 - a. Have your physician state the nature of your limitation(s) in writing.
 - b. Have your physician make suggestions of activities in writing so that you can fulfill the course requirements.

STUDENT HONOR CODE:

It is the student responsibility to uphold the honor code as described in Oxford College's catalog.

SPRING 2001**PE 125 BADMINTON: 9A [MWF] CLASS CALENDER**

WEEK	DAY	DATE	ACTIVITIES	ASSIGNMENT
1	WED	1/17	INTRODUCTION	
	FRI	1/19	THE GAME OF BADMINTON/VIDEO	
2	MON	1/22	FUNDAMENTALS OF BADMINTON	
	WED	1/24	BASICS STROKES	
			• GRIPS	
			• SERVES	
	FRI	1/26	FOOTWORK	
3.	MON	1/29	OVERHEAD CLEAR: FOREHAND	
	WED	1/31	OVERHEAD CLEAR: BACKHAND	
	FRI	2/2	OVERHEAD DROP: FOREHAND	
4	MON	2/5	OVERHEAD DROP: BACKHAND	
	WED	2/7	OVERHEAD SMASH: FOREHAND	
	FRI	2/9	OVERHEAD SMASH: BACKHAND	
5	MON	2/12	NET CLEAR: FOREHAND	
	WED	2/14	NET CLEAR: BACKHAND	
	FRI	2/16	NET DROP: FOREHAND	
6	MON	2/19	NET DROP: BACKHAND	
	WED	2/21	SERVES: HIGH & LOW	
	FRI	2/23	WATCH VIDEO: SINGLES	
7	MON	2/26	REVIEW FOR MID-TERM	
	WED	2/28	MID-TERM EXAM [CH 1,2,3, HANDOUTS]	
	FRI	3/2	REVIEW ALL STROKES FOR SKILL TEST	
8	MON	3/5	SKILL TEST I	
	WED	3/7	SKILL TEST I	
	FRI	3/9	SKILL TEST I	
9	MON	3/12	SPRING BREAK	
	WED	3/14	SPRING BREAK	
	FRI	3/16	SPRING BREAK	
10	MON	3/19	ADVANCED STROKES	
	WED	3/21	ADVANCED STROKES	
	FRI	3/23	BASIC SINGLES STRATEGY & GAMES	
11	MON	3/26	BASIC SINGLES STRATEGY & GAMES	

	WED	3/28	BASIC SINGLES STRATEGY & GAMES
	FRI	3/30	ADV. SINGLES STRATEGY & GAMES
12	MON	4/2	ADV. SINGLES STRATEGY & GAMES
	WED	4/4	ADV. DOUBLES STRATEGY & GAMES
	FRI	4/6	ADV. DOUBLES STRATEGY & GAMES
13	MON	4/9	ADV. MIXED DOUBLES STRATEGY & GAMES
	WED	4/11	ADV. MIXED DOUBLES STRATEGY & GAMES
	FRI	4/13	ADV. MIXED DOUBLES STRATEGY & GAMES
14	MON	4/16	REVIEW OF ALL STROKES
	WED	4/18	SKILL TEST II [DOUBLES PLAY]
	FRI	4/20	SKILL TEST II [DOUBLES PLAY]
15	MON	4/23	SKILL TEST II [DOUBLES PLAY]
	WED	4/25	SKILL TEST MAKE UP DAY
	FRI	4/27	REVIEW FOR FINAL
16	MON	4/30	FINAL WRITTEN EXAM [CH 4,5,6, APPENDIX C]

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NAME OF STUDENT: _____

SKILLS TEST	TEST 1	TEST 2	TEST 3	SCORE
10 FOREHAND CLEAR				
10 FOREHAND SMASH				
10 FOREHAND DROP				
NET CLEAR: 5 FOREHAND/5 BACKHAND				
NET DROP: 5 FOREHAND/5 BACKHAND				
10 HIGH CLEARING SERVE				
10 SHORT LOW SERVE				

THERE ARE A POSSIBLE 10 GOOD SHOTS PER TEST
THE FINAL SCORE WILL BE THE BEST OF THE THREE TESTS

10 GOOD SHOTS = 100
9 GOOD SHOTS = 94
8 GOOD SHOTS = 88
7 GOOD SHOTS = 82
6 GOOD SHOTS = 77
5 GOOD SHOTS = 72
4 GOOD SHOTS = 67
3 GOOD SHOTS = 62
2 GOOD SHOTS = 58
1 GOOD SHOTS = 54
0 GOOD SHOTS = 50