

Las Positas College
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Course Outline for KIN SD1

SALSA DANCE 1

Effective: Fall 2019

I. CATALOG DESCRIPTION:

KIN SD1 — SALSA DANCE 1 — 1.00 - 2.00 units

An introductory course in salsa music and the basics of salsa dance. Various patterns will be introduced, allowing students to improve their technique and develop a strong awareness of the rhythm of the dance. No partner required.

1.00 - 2.00 Units Lab

Grading Methods:

Letter or P/NP

Discipline:

- Physical Education

	<u>MIN</u>	<u>MAX</u>
Lab Hours:	54.00	108.00
Total Hours:	54.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

- Identify the origins of Salsa and its historical and cultural context
- Recall a dance pattern and either lead or follow it correctly
- Successfully complete a salsa dance routine with a partner
- Demonstrate improved ability to stay on the beat

V. CONTENT:

- The origins of Salsa and its historical and cultural context
- Dancing posture, elegance, and sensuality in Salsa
- Introduction to Salsa steps
 - Basic step, side step, openings, and couple hold
 - Right turn, left turn for ladies and men, variations of lead for the turns
 - Sombrero, Puerto Rico, Compicala, Echufia
 - Dance floor combinations
 - Couple work
 - Practice to music

VI. METHODS OF INSTRUCTION:

- Lecture** - Verbal explanation
- Directed Study** - Practice salsa steps solo and with a partner
- Demonstration** - Visual and physical demonstration

VII. TYPICAL ASSIGNMENTS:

- Follow instructor through choreographed dance routines
- Practice dance movements solo and with a partner and remember the steps

VIII. EVALUATION:

Methods/Frequency

- Class Participation
Observed daily.
- Class Work
Observed daily.
- Class Performance
At least one performance during the semester.
- Final Class Performance
To be completed on the final day of class.

IX. TYPICAL TEXTS:

1. Harry, Jason. *¡Dale Mambo! A Perspective on Salsa Dancing*. 1 ed., Jason Harry, 2018.
2. Hickman, Michael. *The Salsa Dancing Game for Women: The ABC's*. 1 ed., CreateSpace Independent Publishing Platform, 2016.
3. Hickman, Michael. *The Salsa Dancing Game for Men: The ABC's*. 1 ed., CreateSpace Independent Publishing Platform, 2016.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Students to wear clothes that are easy to move in and shoes with soles that turn on the floor.