OXFORD COLLEGE of Emory University

Division of Physical Education & Dance

P.E. 125 Badminton

Mr. Harris – Spring 2000

Course Description

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

Text

Badminton, James Poole

Dress/Equipment

Students should wear tennis or basketball shoes. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

Attendance

Students will be exposed to new skills on a daily basis with course content unfolding rapidly. Regular attendance is very important. An individual may incur three absences without penalty. These absences are to be used for illness, emergencies, religious holidays, etc. Students absent more than three times will have two points per absence subtracted from their final grade.

Grading

Skills component	40%
Written Test	40%
Homework-Practice	20%

Skills Test

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear forehand and backhand.

* There are a possible 10 good shots per test:

10 good shots = 100	5 good shots	= 72
9 good shots = 94	4 good shots	= 67
8 good shots = 88	3 good shots	= 60
7 good shots = 82	2 good shots	= 54
6 good shots = 77	1 good shot	= 49
	0 good shots	= 40

Written Test

Mid-Term Chapters 2, 3, 5

Final Exam Chapters 3, 4, Appendix C

Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week span. It is preferred that not more than one homework session be performed on any given day. (A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions.) Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security.

Homework Sessions/per 3-week period	<u>Grade</u>	
7	100	
6	90	
5	80	
4	65	
3	45	
2	20	
1	10	

OXFORD COLLEGE of Emory University Division of Physical Education & Dance P.E. 125 Badminton Mr. Harris – Spring 2000 Class Schedule

January February	20 25 27 01 03 08	Thu Tue Thu Tue Thu Tue Thu	Orientation to Class, Overview of Skills, Film Putting the Shuttle in Play, Overhead Clear Review Clear, Overhead Drop, Footwork Review Clear and Overhead Drop, Net Drop and Clear All Strokes, Clear-Drop-Drop-Clear Drill Smash, Smash Return, Drop-Smash-Clear Drill
March	10 15 17 22 24 29 02 07	Thu Tue Thu Tue Thu Tue Thu Tue Thu Tue	Backhand Stroking Mechanics (Clear, Smash, Drop) High Clearing Serve, Short-Low Serve, Drive Serve, Service Return Combination Drills, Forehand-Backhand Drive (HOMEWORK DUE) Flick Serve, Drive, Supplementary Strokes Combination Drills, Point Play Combination Drills, Point Play, Mid-Term Review Skills Test I Skills Test I
	09	Thu	MID-TERM EXAM (HOMEWORK DUE)
	10-19	SPRING BR	EAK
	21 23 28	Tue Thu Tue	Match Warm-up, Singles Play Rules/Regulations Singles Play Singles Play
April	21 23	Tue Thu	Match Warm-up, Singles Play Rules/Regulations Singles Play
April	21 23 28 30	Tue Thu Tue Thu	Match Warm-up, Singles Play Rules/Regulations Singles Play Singles Play Singles Play