# **OXFORD COLLEGE** of Emory University

Division of Physical Education & Dance

#### P.E. 125 Badminton

Mr. Harris -Fall 2000

### **Course Description**

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

#### **Text**

Badminton, James Poole

#### **Dress/Equipment**

Students should wear tennis or basketball shoes. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

#### **Attendance**

Students will be exposed to new skills on a daily basis with course content unfolding rapidly. Regular attendance is very important. An individual may incur three absences without penalty. These absences are to be used for illness, emergencies, religious holidays, etc. Students absent more than three times will have two points per absence subtracted from their final grade.

#### Grading

Skills component	40%
Written Test	40%
Homework-Practice	20%

#### **Skills Test**

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear forehand and backhand.

\* There are a possible 10 good shots per test:

10  good shots  = 100	5 good shots	= 72
9  good shots = 94	4 good shots	= 67
8  good shots = 88	3 good shots	= 60
7  good shots = 82	2 good shots	= 54
6  good shots = 77	1 good shot	= 49
	0 good shots	= 40

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# Written Test

Mid-Term Chapters 2, 3, 5

Final Exam Chapters 3, 4, Appendix C

#### Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

#### Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week span. It is preferred that not more than one homework session be performed on any given day. (A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions.) Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security.

Homework Sessions/per 3-week period	<u>Grade</u>
7	100
6	90
5	80
4	65
3	45
2	20
1	10

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# **Class Schedule**

DATES	REQUIREMENTS
August 31	Orientation to Class, Overview of Skills, Film
September 05	Putting the Shuttle in Play, Overhead Clear
September 07	Review Clear, Overhead Drop, Footwork
September 12	Review Clear and Overhead Drop, Net Drop, Net Clear
September 14	Review All Strokes, Clear-Drop-Drop-Clear Drill
September 19	Smash, Smash, Return, Drop-Smash-Clear Drill
September 21	Backhand Stroking Mechanics (Clear, Smash, Drop)
September 26	High Clearing Serve, Short-Low Serve, Drive Serve, Service Return
September 28	HOMEWORK DUE; Combination Drills, Forehand-Backhand Drive
October 03	Flick Serve, Drive, Supplementary Strokes
October 05	Skills Test 1
October 10	Skills Test 1
October 12	Mid-Term Review, Drills
October 16-17	Mid-Semester Break
October 19	Mid-Term Written Exam
October 24	Match Warm-Up, Singles Play Rules/Regulations
October 26	Continuation of Singles Play
October 31	HOMEWORK DUE, Singles Play
November 02	Singles Play
November 07	Singles Play
November 09	Singles Play
November 14	Doubles Play-Strategy
November 16	Doubles Play
November 21	HOMEWORK DUE - Doubles Play
November 28	Mixed Doubles
November 30	Skills Test II-Doubles Play
December 05	Skills Test II-Doubles Play
December 07	Skills Test III
December 12	HOMEWORK DUE / FINAL EXAM