

Las Positas College  
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## Course Outline for KIN 38C

### POST SEASON INTERCOLLEGIATE MEN'S SOCCER

Effective: Spring 2015

#### I. CATALOG DESCRIPTION:

KIN 38C — POST SEASON INTERCOLLEGIATE MEN'S SOCCER — 1.00 - 2.00 units

Students will learn and develop fundamental to advanced outdoor soccer skills of kicking, passing and conditioning necessary for playing field soccer at an intercollegiate level. Students will learn the rules governing outdoor soccer play.

1.00 - 2.00 Units Lab

#### Grading Methods:

Letter Grade

#### Discipline:

- Coaching

	<u>MIN</u>	<u>MAX</u>
<b>Lab Hours:</b>	54.00	108.00
<b>Total Hours:</b>	54.00	108.00

#### II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 4

#### III. PREREQUISITE AND/OR ADVISORY SKILLS:

#### IV. MEASURABLE OBJECTIVES:

**Upon completion of this course, the student should be able to:**

- Demonstrate safety procedures for playing soccer
- Incorporate terminology appropriate during advanced competitive play
- Perform soccer skills such as advanced passing, advanced dribbling, advanced trapping, advanced shooting, advanced heading and receiving the ball
- Exhibit fair play, good sportsmanship traits
- Execute the various speeds of playing soccer required for advanced competitive play
- Incorporate strategy and formations being used during soccer games by other teams/competitors

#### V. CONTENT:

- Present safety procedures for playing soccer
- Discuss terminology appropriate during advanced competitive soccer play
- Performance of advanced skills and techniques for passing, dribbling, shooting, trapping, heading and receiving for soccer
- Exhibiting knowledge of fair play and good sportsmanship during performance
- Demonstration of the various speeds of playing soccer required during advanced competitive play
- Benefits and drawbacks of various formations and game strategies used at the collegiate playing level.

#### VI. METHODS OF INSTRUCTION:

- Discussion** - Individual and group interpretation of different soccer concepts
- Lecture** - on material, basic concepts and skills of class
- Lab** - Skills performances on a daily basis

#### VII. TYPICAL ASSIGNMENTS:

- Video tape individual and group skill levels of passing, dribbling, shooting, trapping, heading and receiving
- Planning a typical soccer session from warm-ups, playing game situation to cool down session
- Analyzing a soccer game to recognize the formations and strategy being used by the teams

#### VIII. EVALUATION:

##### A. **Methods**

- Exams/Tests
- Projects
- Class Participation
- Class Performance
- Final Performance
- Other:
  - Class participation on a daily basis
  - Written tests on materials covered throughout course
  - Skills improvement assessment pre test and post test

d. Demonstrating a proper class session to classmates and instructor

**B. Frequency**

1. Participation in daily activities will be monitored
2. Skills demonstration and conditioning exercises evaluated on a regular basis
3. Weekly presentations of individual and group on proper soccer sessions

**IX. TYPICAL TEXTS:**

1. Wayne Harrison (2012). *Coaching the 4-2-3-1* (First ed.). Charleston, South Carolina: Reedswain Publishing.
2. Fraughton, P.W. (2012). *Forward in Football IV: Elite Skill Development Volume 4* (4th ed.). : Kindle.
3. FIFA "FIFA.com." [FIFA World Organization](http://www.fifa.com) 2013.
4. 2. Tim Schum (2004). *The Soccer Coaching Bible* (First ed.). Champaign, Illinois: Human Kinetics  
To be used as a primary resource

**X. OTHER MATERIALS REQUIRED OF STUDENTS:**

- A. Proper soccer equipment such as Shirt Top, Short, Shoes, Socks, Shin Guards, ball and other safety equipment as needed.