

Las Positas College  
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## Course Outline for KIN 23

### SPORTS OFFICIATING

Effective: Fall 2004

#### I. CATALOG DESCRIPTION:

KIN 23 — SPORTS OFFICIATING — 4.00 units

Theory and practical applications of sports officiating. Discussion, study, and implementation of rule enforcement, mechanics, and techniques used by officials in officiating athletic contests.

1.00 Units Lecture 3.00 Units Lab

#### Grading Methods:

#### Discipline:

	<b>MIN</b>
<b>Lecture Hours:</b>	18.00
<b>Lab Hours:</b>	162.00
<b>Total Hours:</b>	180.00

#### II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 4

#### III. PREREQUISITE AND/OR ADVISORY SKILLS:

#### IV. MEASURABLE OBJECTIVES:

**Upon completion of this course, the student should be able to:**

- A. Identify, recall, and distinguish the official rules of the student's selected sport;
- B. Perform and recognize the proper mechanics and positioning used by officials in the student's selected sport;
- C. Categorize and distinguish the general goals and objectives of sports officiating;
- D. Identify fouls and violations by players, coaches, and spectators of the student's selected sport;
- E. After identifying fouls and violations, administer the proper penalty and enforcement;
- F. Identify safety concerns related to the performance of a sports official;
- G. Perform conditioning and training programs to meet the physical demands of an officiating in the student's selected sport;
- H. Gain experience through lab assignments in developing sports officiating skills and awareness.

#### V. CONTENT:

- A. Select a specific sport of study
- B. Study, examine, and identify official rules of the selected sport(s)
- C. Identify the proper equipment, uniform, mechanics, and protocol of the selected sport
- D. Objectives and purpose of sport officials
- E. Observations of other officials and games related to the student's selected sport(s)
- F. Participation in lab sessions involving officiating games and contests
- G. Exercise programs to development and maintain fitness levels appropriate for officiating selected sport(s)

#### VI. METHODS OF INSTRUCTION:

- A. **Discussion** -
- B. Individual and small group workshops
- C. **Lecture** -
- D. Field trips and attendance of sports official organization meetings
- E. "Hands-on" lab assignments of officiating games and contests
- F. Audio/visual and Internet educational programs and materials

#### VII. TYPICAL ASSIGNMENTS:

A. Lecture: Softball 1. Rule 2: The Playing Field B. Reading 1. Read Rule 2 in the Official Rules of Softball ASA Rules Book. C. Class and group discussion of significant issues and topics 1. Class activity: Set up and inspect a legal softball field. 2. Group discussion: Determine modifications of field setup given Las Positas College's limited facilities. 3. Discuss base location, ground rule double situations, in or out of bound rules, etc. D. Skill-building exercises and projects 1. Practice umpire signal chart signs with other students. 2. Participate in intramural athletic contest as a sports official. 3. Participate in post game discussion and evaluation group. E. Written exam of official rules of the selected sport F. Class Project 1. Participate in an outside class activity such as observing a game and/or attending a referee clinic.

#### VIII. EVALUATION:

- A. **Methods**

1. Exams/Tests
2. Quizzes
3. Class Participation
4. Other:

- a. Methods

1. Objective examinations and quizzes (on lecture, class handouts, and text reading assignments)

- a. Typical questions

1. In flag football, any K player, except the holder and kicker, is in advance of his/her team's restraining line when the ball is kicked, the player(s) will be guilty of encroachment? True or False
2. Runners at first & third, one out. Both runners tag on a fly out, but the runner from first leaves too soon. The runner is called out on a dead ball appeal. The run from third does not count? True or False

2. Analysis and assessment of skill-building exercises

- a. Student's attendance/participation: 80%
- b. Self evaluation and written exam results
- c. Instructor's evaluation on student's improvement, knowledge, hustle, and/or fitness level.

## B. Frequency

1. Frequency

- a. Final exam and periodic test, quizzes, and instructors assessments
- b. Immediate and continual evaluation of students progress
- c. End of term evaluation of student's knowledge and physical skills as a sports official.

## IX. TYPICAL TEXTS:

1. Davis *The Art of Sports Officiating.*, -, 1999.
2. USA Amateur Softball Association Official Rule Book.
3. Current year rule book for student's selected sport (e.g. NIRSA Flag Football Rules, 2003-2004).

## X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Students will provide his/her own clothing, footwear, and nutrients for class participation.
- B. Whistles and Shirts will be provided by intramural department.