

Las Positas College
3000 Campus Hill Drive
Livermore, CA 94551-7650
(925) 424-1000
(925) 443-0742 (Fax)

Course Outline for KIN FS2

ADVANCED FUTSAL

Effective: Fall 2013

I. CATALOG DESCRIPTION:

KIN FS2 — ADVANCED FUTSAL — 0.50 - 2.00 units

This is an intermediate/advanced course. Students will learn, practice and play Futsal, with an emphasis on positions, strategies, skills and movements used in this game

0.50 - 2.00 Units Lab

Strongly Recommended

KIN FS1 - Introduction to Futsal
with a minimum grade of C

Grading Methods:

Letter or P/NP

Discipline:

	MIN	MAX
Lab Hours:	27.00	108.00
Total Hours:	27.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

III. PREREQUISITE AND/OR ADVISORY SKILLS:

Before entering this course, it is strongly recommended that the student should be able to:

A. KINFS1

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. Differentiate positions and responsibilities of each position in futsal
2. Describe strategies used in futsal
3. Demonstrate skills used in futsal
4. Differentiate movement with and without the ball in futsal
5. Demonstrate defensive skills
6. Demonstrate offensive skills
7. Describe the different formations used in futsal

V. CONTENT:

- A. Positions and responsibilities of each position
- B. Strategies incorporated in futsal
- C. Skills of futsal
 1. Dribbling
 2. Passing
 3. Heading
 4. Shooting
 5. Trapping
 6. Receiving
- D. Movement with the ball and movement without the ball
- E. Defensive skills
- F. Offensive skills
- G. Formations of futsal

VI. METHODS OF INSTRUCTION:

- A. **Audio-visual Activity** -
- B. **Discussion** -
- C. **Lab** -
- D. **Observation and Demonstration** -
- E. **Lecture** -

VII. TYPICAL ASSIGNMENTS:

- A. Futsal physical exercises performed in-court to demonstrate the understanding of positions, movements and strategies used in futsal games
- B. Watch futsal videos to make written comments based the strategies, movements and positions observed on the videos
- C. As a group, create excercises that demonstrate offensive and defensive strategies

VIII. EVALUATION:

A. **Methods**

- 1. Simulation
- 2. Group Projects
- 3. Class Participation

B. **Frequency**

- 1. Group projects/exercises performed throughout the course to demonstrate understanding positioning, strategies and movement in futsal
- 2. Student Participation is evaluated daily

IX. TYPICAL TEXTS:

- 1. United States Futsal Federation (2010). *Laws of the Game*. : FIFA.
- 2. Hermans, Vic (2010). *Futsal: Techniques, Tactics, Training*. : Meyer & Meyer Sport.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Internet websites as assigned by instructor
- B. Students need to provide proper soccer attire and indoor soccer shoes