

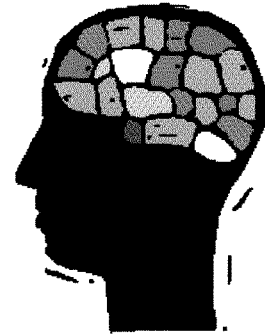
**Psychology 100**  
**Introductory Psychology**  
**Fall 2000**

**Instructor: Dr. Sharon Lewis**  
**Office: 214C Seney Hall, Office Tel 4-8374**  
**Office Hours: Mon : 11:00 – 12:30**  
**Tues. (1<sup>st</sup> & 4<sup>th</sup>): 3:15 – 5:00**  
**Thurs.: 3:15 – 5:00**

These hours are subject to change. Other times by appointment; anytime by LL

“Body and soul are not two different things, but only two different ways of perceiving the same thing.  
Similarly, physics and psychology are only different attempts to link our perceptions together by way of systematic thought.”

- Albert Einstein



## **Texts**

Wade, C. & Tavris, C. (2000) Psychology (6<sup>th</sup> edition).

Tavris, C. (1995) Psychobabble and Biobunk: Using Psychology to Think Critically About Issues in the News (Available on reserve in the library)

Learning to Think Critically: The Case of Close Relationships (Available on reserve in the library)

## **Class Organization**

The class will meet 2 times a week. Although attendance is not required it is in your best interest to attend class regularly, as the exams will include items based on my lectures. In addition, from time to time, there will be some fun and interesting class exercises you can participate in which will help you understand some of the basic concepts in psychology.

**LearnLink:** Everyone is required to sign on to the Psy 100 LearnLink conference for your section (e.g., Psy 100 9J or Psy 100 11J) within the first three weeks of the semester and write a 1-2 paragraph essay reflecting your thoughts on something you've learned in Introductory Psychology. You may earn up to 5 points extra credit for writing additional essays on LearnLink. Changes in assignments, test dates, and office hours will be posted on the class conferences.

The final grade will be based on 3 exams, each worth 100 points for a possible total of 300 points. A letter grade will be assigned to the total points accumulated during the semester. An A requires 270 points, a B 240, a C 210, a D 180 and anything below 180 points is an F. If your total puts you a few (2-3) points below a higher grade, your attendance and participation will be taken into consideration when assigning a grade. Make-up tests will be allowed only for officially excused absences.

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## **Goals**

- 1) I hope you will gain a better understanding of the science of psychology. I think this will be an advantage to you no matter what your chosen occupation. Psychological information is often critical in understanding the many feelings and experiences you will have throughout your life.
- 2) I hope that your ability to analyze and evaluate scientific information will grow enabling you to utilize this information in your everyday life.
- 3) Finally I hope you have a great time in this course; learning about why people and animals behave the way they do should be a lot of fun. So relax, (but not too much), get ready to question all those “truths” you hold so dear, and have a good semester.

## **Reading Assignments**

Chapters are from your text, Psychology, and Tavis #'s refer to article numbers in Psychobabble (on reserve in the library).

### **Section I**

- Chapter 1. The Science of Psychology
- Chapter 2. How Psychologists Do Research, Tavis # 1-4
- Chapter 4. Neurons, Hormones and the Brain, Tavis # 14
- Chapter 11. Emotion
- Handbook. Learning to Think Critically - On reserve in the library
- Chapter 12. Motivation, Also pp. 77-80, 84-88, 95, Tavis # 5, 19
- Chapter 5. Body Rhythms and Mental States, Tavis # 7, 15

### **Exam I – Tuesday, October 3**

### **Section II**

- Chapter 6. Sensation and Perception
- Chapter 7. Learning and Conditioning, Tavis # 11, 12
- Chapter 10. Memory
- Chapter 3. Evolution, Genes and Behavior
- Chapter 9. Thinking and Intelligence
- Chapter 13. Theories of Personality, Tavis # 8, 9

### **Exam II – Tuesday, November 14**

### **Section III**

- Chapter 14. Development Over the Lifespan
- Chapter 8. Behavior in Social and Cultural Context, Tavis # 16, 18
- Chapter 15. Health, Stress, and Coping, Tavis # 10
- Chapter 16. Psychological Disorders, Tavis # 17
- Chapter 17. Approaches to Treatment and Therapy, Tavis # 6, 13
- Epilogue

### **Exam III – Psy 100 9J : Thursday, December 14; 10:00-12:00**

**Psy 100 11J :Thursday, December 14; 2:00-5:00**