

Oxford College
PE 144 Softball/Volleyball
MWF 10:45 – 11:35

Fall 2013

Instructor: Amanda Fischer
Email: Aconway@emory.edu
Phone: 770-784-4691

Office: Williams Athletic Training Room
Hours: By Appointment Only

Course Description: This course focuses on learning fundamental softball and volleyball skills, basic softball/volleyball tactics, game strategies, and rules etc.

Course Objectives: The purpose of this class is to introduce, discuss, demonstrate and participate in volleyball and softball activities and techniques. The students will be able to perform specific proficiencies of each game as well as have a greater understanding for team sports and competition. Along the way they will learn teamwork and team sports that can be played throughout their lifetime to encourage a healthier living.

Week Of:	Activity:
Aug 28	Introduction to Softball/ Positions / Rules
Sept 2	Mon - NO CLASS / Throwing and Catching
Sept 9	Hitting/ Base Running
Sept 16	Infield play
Sept 23	Outfield Play
Sept 30	Strategies / Special Plays / Games
Oct 7	Mon-Wed <i>Skills Test 1</i> , Fri <i>Written Exam 1 (softball)</i>
Oct 14	Mon - NO CLASS , Wed-Fri Introduction to Volleyball / Positions / Rules
Oct 21	Forearm pass
Oct 28	Overhand Pass / Setting
Nov 4	Serves
Nov 11	Spiking / Blocking
Nov 18	Games
Nov 25	Mon – Games Wed / Fri-NO CLASS
Dec 2	Mon / Wed– Games, Fri – <i>Skills Test 2</i>
Dec 9	Mon - <i>Written Exam 2 (volleyball)</i>

*Schedule is subject to change

Attendance: You are expected to attend all of the class at the scheduled times. **There are no UNEXCUSED absences in this class.** If you have to miss a class, it has to be **serious illness or emergency** and you have to communicate with me before/after in order to make up your missed work. **The maximum three (3) absences (one-week class) may be allowed with my consensus.**

After allowed 3 absences, each subsequent absence will result in a 5% deduction from your final grade per department policy.

Religious Holidays approved by the college may be excused. However, you must inform me and seek approval in advance for each of the holidays. You may also be responsible to make up the missed classes if it is needed.

Students are expected to come to the class on time. If you arrive after roll-call, you are late. Tardiness will affect your participation grade.

Participation: Student participation is a key for success in this class. Four(4) points will be given each day for participation as follows:

- 4 = excellent participation of class activities
- 3 = good participation
- 2 = average participation
- 1 = below average participation
- 0 = no participation or absent

Skills Test: You will have two (2) skills tests in this class, one for softball and one for volleyball. Softball will evaluate proper technique and execution of throwing and catching (short and long), hitting, base running, fielding (ground ball and pop ups). This assessment is scheduled for Monday and Wednesday, Oct 7-9th. Volleyball will evaluate proper technique and execution of forearm pass, overhand pass, setting, serves, spiking and blocking. This assessment is scheduled for Wednesday and Friday, December 4-6th. Each skill is worth sixteen (16) points for a total of 96 points per skills test.

Written Assignments: You will have two (2) written assignments in this class. The first one is an observational piece on the Emory Eagles Women's Volleyball Team. You may attend a home event at Main Campus with your ID for free. If you cannot attend an event you can watch a live broadcast on the Emory Athletics website. This assignment is due Monday, November 4th. The second assignment is a written paper of reflection. This assignment is due Monday, November 25th. Each assignment is worth 15 points. A handout will be given to explain in more detail.

Written Exams: You will have two (2) written exams in this class. The first exam will be given on Friday, October 11th, and will cover the game of softball. The second exam will be given on Monday, December 9th, and will cover the game of Volleyball. Each exam is worth 35 points. There is no make-up for written exams

Evaluation: Participation = 41 days x 4 points = 164 points total
Written Assignments = 2 x 15 points = 30 points total
Skills Test = 2 exams x 96 points = 192 points total
Written Exams = 2 exams x 35 points = 70 points total

Total Points = 456 points total

The grading scale for this class is as follows:

100-93% A	79-77% C+
92-90% A-	76-73% C
89-87% B+	72-70% C-
86-83% B	69-60% D
82-80% B-	< 60% F

Attire: As a college student, you are responsible to present yourself in a professional manner. Pants / shorts should not be worn so the undergarments are exposed. Shirts should not represent any negative propaganda. Athletic Attire is required and should be worn for the appropriate climate. NO JEANS, dress clothes, flip flops etc.

Required: You are required to obtain a softball glove for class. You are permitted but not required to wear softball cleats. When we transition to volleyball you may want to purchase knee pads but it is not required. You will need tennis shoes.

Honor Code: Article 2.A “A student’s signature on a paper or test submitted for credit shall indicate he/she has neither given nor received unauthorized information on the work, nor has condoned the giving or receiving of unauthorized information by others.”

Reminder: Class activities may include vigorous physical activity. If you have any medical condition or physical problems that prevent you from full participation in such activity, it is your responsibility to inform the instructor of its nature and provide documentation from your physician stating 1) the medical condition, 2) limitations of the condition, and 3) recommendations that would help you meet the requirements of the course. Students may also contact the Office of Disability Services (404-727-6016)

Reasonable Accommodations for Students with Disabilities: If you have a disability that may require assistance or accommodations, or you have questions related to any accommodations for testing, note taking, reading, physical activity, etc., please speak with me as soon as possible. Students may also contact the Office of disability Services (404-727-6016) with questions about such services. It is the student’s responsibility to initiate considerations’ all students must self-disclose to ODS and complete the registration process. Students with identified or suspected writing disabilities of any kind should contact the Writing Center located in Language Hall (770-784-4722).

Grade Appeal Process: If you wish to contest the final grade you receive in this class you are to put your request to me in writing within five (5) days of the final grades being posted. Your request must address the specific reasons as to why I should re-examine your grade. I will not respond to informal e-mail messages or appeals submitted after the five (5) day deadline.