

Las Positas College
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Course Outline for AJ 9992

IMPACT WEAPON INSTRUCTOR

Effective: Fall 2000

I. CATALOG DESCRIPTION:

AJ 9992 — IMPACT WEAPON INSTRUCTOR — 1.78 units

Designed to instruct potential instructors in the methodologies and practices associated with teaching the use of impact weapons. Students will develop and be able to demonstrate Psychomotor skill proficiency in using various impact weapons to include the side-handle baton, straight baton, long baton, short baton, yawara stick, expandable baton, corded double baton and personal body weapons. This course is certified through the California Commission on Peace Officers Standards and Training (P.O.S.T.) and Standards and Training for Corrections (S.T.C.) designed for full-time peace officers, reserve officers or correctional officers

0.44 Units Lecture 1.33 Units Lab

Grading Methods:

Pass/No Pass

Discipline:

	<u>MIN</u>
Lecture Hours:	8.00
Lab Hours:	72.00
Total Hours:	80.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

III. PREREQUISITE AND/OR ADVISORY SKILLS:

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

1. nomenclature each impact weapon
2. explain the safety guidelines relative to using impact weapons
3. identify target and non-target areas when using an impact weapon
4. explain the justifications for using an impact weapon
5. discuss case law relative to using an impact weapon
6. demonstrate the proper use of each impact weapon
7. demonstrate the proper stance when using an impact weapon
8. demonstrate the safe and proper use of protective equipment
9. demonstrate an ability to instruct others in the use of impact weapons

V. CONTENT:

- A. Liability issues
 1. Harris v. City of Canton, Ohio
 - a. Deliberate indifference
 2. Graham v. Connor
 - a. Objective reasonableness
 3. Sager v. Woodland Park
 - a. Documentation
- B. Target Areas
 1. Good
 - a. Hands
 - b. Arms
 - c. Legs
 - d. Bone areas
- C. Avoid (if possible)
 1. Head
 2. Throat
 3. Groin
 4. Heart
 5. Spine
 6. Kidney
 7. Typhoid process
- D. Striking Techniques

1. Side-handle baton
 - a. Zones 1-4
 2. Straight baton-
 - a. zones 1-4
 3. Long baton
 - a. Zones 1-4
 4. Short baton
 - a. Zones 1-4
 5. Expandable baton
 - a. Zones 1-4
 6. OPN
- E. Kata
1. Straight Stick
 2. Side Handle
 3. Long Baton
- F. Specialty Strikes
1. Short Billy
 - a. 2 count series
 - b. Circle series
 2. Expandable Baton
 - a. Six openings
 3. Personal Body Weapons
 4. Side Handle
 - a. Upward Rollover
 - b. Extended Yawara
 5. Straight Stick
 - a. Sword Strike
 - b. Arm Tucks
 6. Long Baton
 - a. Oar Strike
 - b. One Hand Sweep
- G. Baton Retentions
1. Front
 - a. In hand
 - b. In holder
 2. Rear
 - a. In hand
 - b. In holder
- H. Yawara Strikes
1. Yawara Kata (10 Strike Series)
- I. Controls
1. OPN
 - a. Trap and wrap
 - b. Inverted hand
 2. Yawara
 - a. Ulmer bone
 - b. Finger grip
- J. Fist Usage
1. Against shift strikes
 2. Against tip and butt strikes

VI. METHODS OF INSTRUCTION:

- A. **Demonstration** -
- B. **Discussion** -
- C. **Lecture** -
- D. Teaching exercises
- E. Attendance and participation
- F. Student activity

VII. TYPICAL ASSIGNMENTS:

- A. Lecture 1. "Justification for use of impact weapons" 2. "Target and non-target area when striking with an impact weapon"
- B. Teaching exercises 1. "One hand striking techniques" 2. "Two hand striking techniques"

VIII. EVALUATION:

A. **Methods**

1. Exams/Tests
2. Class Participation

B. **Frequency**

1. Frequency of Evaluation
 - a. Attendance and participation are evaluated daily
 - b. Activity critiques are performed as needed.
 - c. Written, demonstration and teaching tests come at the end of the
 - d. Two-week course.

IX. TYPICAL TEXTS:

1. All course reading materials are produced and distributed by the Alameda County Sheriff's Department

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. All students are required to wear suitable workout clothing during class and to supply their own gloves and baton. Note: students that do not have the all the impact weapons listed will be supplied with them during class.

