

P.E. 125
Badminton
Mr. Harris, Instructor
Fall 2014

Goals/Purpose

It is the purpose of this course to develop the basic skills of badminton. These skills include but are not limited to backcourt clear, backcourt drop, high-clearing serve, short-low serve, net clear, net drop, service return, smash, smash return, drive, and all related movement.

Course Description

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

Text

All study materials will be provided by the instructor.

Dress/Equipment

Students should wear tennis or basketball shoes. Jogging shoes, cross trainers, and hiking boots **are not** permitted. Students with improper footwear will not be allowed to participate. Shoeless participation is prohibited. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

Attendance

Divisional Attendance Policy

MWF (3) TTH (2) attendance policy

Class Attendance Policy:

A. Religious holidays approved by the college may be observed without penalty but your instructor must be informed in writing of your intention to do so at least 48 hours in advance of the holiday.

B. You are expected to attend all classes at the scheduled time; therefore, tardiness and absences affect your final grade. A maximum of three (MWF)/two (TTH) absences are allowed without penalty. There are no excused absences in this class. If you have to miss a class due to unusual circumstances (serious illness/emergencies), you must communicate your reasons to your instructor prior to the absence via email or voice message; if that is impossible, you must communicate with your instructor as soon as you are able.

If you miss three consecutive days, it is the instructor's responsibility to report your name to the Office of Academic Services.

C. After the allowed absences (3/2), each following absence will result in a 5% reduction of your final grade, e.g.,

MWF: 4 absences = 5% reduction; 5 absences = 10% reduction; 6 absences = 15% reduction; 7 absences = 20% reduction; 8 absences = 25% reduction; 9 absences = automatic final grade of F.

TTH: 3 absences = 5% reduction; 4 absences = 10% reduction; 5 absences = 15% reduction; 6 absences = 20% reduction; 7 absences = 25% reduction; 8 absences = automatic final grade of F.

D. You are expected to be on time for class. If you arrive after roll call, you are responsible to confirm your presence with your instructor. A student who is late for class on two occasions will be considered absent on one occasion.

E. Any student attending all classes during the semester will have 2 points added to his/her final grade.

Grading

Skills Component	30%	Grading Scale
Written Tests	50% (Mid-term 25%; Final 25%)	A = 90 – Above B = 80 – 89
Homework-Practice	20%	C = 70 – 79 D = 60 – 69 F = 59 – Below

Skills Test

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear (forehand and backhand).

*There are possible 10 good shots per test:

10 good shots = 100	5 good shots = 72
9 good shots = 94	4 good shots = 67
8 good shots = 88	3 good shots = 60
7 good shots = 82	2 good shots = 54
6 good shots = 77	1 good shot = 49
	0 good shot = 40

The skills test will be administered at mid-term and again at the end of the semester. Each skill is to be graded individually with only the best score for each skill to be graded.

***All skills testing will be at level 4 ability.**

Written Exam

Mid-Term	All beginning Physical Skills Relevant to Singles Play
Final Exam	Rules, Regulations, Procedures for Playing Singles and Doubles

Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three-week period. It is preferred that not more than one homework session be performed on any given day. A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions. Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as two homework sessions. *Homework slips may be picked up from the equipment-room manager or from security. Homework slips must be filled out correctly in order to receive credit.*

Homework Sessions/per 3-Week Period

<u>Session</u>	<u>Grade</u>
6	100
5	80
4	60
3	50
2	30
1	20

Honor Code

The Honor Code is to be adhered to at all times.

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BADMINTON - FALL 2014**

DATES		REQUIREMENTS
Th	Aug 28	Overview of Skills, Class and Film
Tu	Sept 2	Putting the Shuttle in Play, Overhead Clear
Th	Sept 4	Forehand Clear, Net Drop, Movement to Front of Court
Tu	Sept 9	Net Clear, Net Drop, Movement to Front of Court
Th	Sept 11	Overhead Drop, Movement, Net-Clear - Overhead Drop Drill
Tu	Sept 16	Smash, Movement, Smash, Return, Clear Drop - Drop Clear Drill
Th	Sept 18	High Clearing Serve, Smash-Drop – Clear Drill, Movement
Tu	Sept 23	Short-Low Serve, Review All Drills/Skills, Service Return
Th	Sept 25	<i>Homework Due / Backhand Mechanics (Clear, Drop Smash)</i>
Tu	Sept 30	Controlled Point Play, Practice Skills Test
Th	Oct 2	<i>Skills Test 1</i>
Tu	Oct 7	<i>Skills Test 1, Review for Mid-Term Exam</i>
Th	Oct 9	Mid-Term Exam
Th	Oct 16	Rules, Regulations Procedure, Mechanics of Play-Singles
Tu	Oct 21	<i>Homework Due</i>
Th	Oct 23	Singles Play
Tu	Oct 28	Singles Play
Th	Oct 30	Singles Play
Tu	Nov 4	Singles Play
Th	Nov 6	Singles Play
Tu	Nov 11	Singles Play
Th	Nov 13	<i>Homework Due / Procedure, Mechanics of Play-Doubles</i>
Tu	Nov 18	Doubles Play
Th	Nov 20	Doubles Play
Tu	Nov 25	<i>Skills Test II</i>
Tu	Dec 2	<i>Skills Test II</i>
Th	Dec 4	<i>Skills Test II</i>
Tu	Dec 9	Final Written Exam
Instructor: Tony Harris antdrewhar@aol.com (678) 625-8187		