

West Los Angeles College
FALL 2018 – Allied Health 21 Course Syllabus

Basic Life Support (BLS) for Health Care Provider Course: Allied health 21 (O.5 units);

Section #: 11414; Lecture: Saturday, 9/8, 9/22, 9/29 : TBA

Instructor: Nezy Pullukalayil / Benoy Pullukalayil, RN, MSN; pullukbj@wlaac.edu

Course Description: Designed to teach CPR to healthcare providers and interested students. This course covers infant, child, and both one-rescuer and two-rescuer adult CPR. Treatment of choking the patient and heart disease prevention is also included. Successful course completion earns an American Heart Association Basic Cardiovascular Life Support Card for the Healthcare Provider valid for two years.
Prerequisite: None

Course Objectives: The student will be able to:

- Perform adult and pediatric (infant and child) one and two-rescuer CPR.
- Perform adult and pediatric (infant and child) foreign body airway obstruction (choking) techniques.
- Integrate the automatic external defibrillator into resuscitations.

Materials: (Please have these items before the day of class)

Basic Life Support for Healthcare Providers Student Manual, the American Heart Association, 2015; BLS for Healthcare Providers Student Manual, Jane John-Nwankwo, 2014 ISBN- 13: 978-1616690397; ISBN-10: 1616690399

Assignments:

Attend video presentation and participate in demonstration.

Evaluation:

- *Practical examination:* Instructors will assist students in skill practice. Students are welcome to take as much time as they like to practice before demonstrating skill competency. Skills will be evaluated on a pass/needs remediation basis. If skills are not successfully completed, students will be remediated by the instructor(s). Students may practice and be reevaluated. Students are required to pass all skills to successfully complete the course.
- *Written examination:* Consists of 25 multiple choice questions. Students must receive a score of 80% or higher to successfully complete the course. If unsuccessfully completed, students will be remediated by the instructor(s). Students may be asked to complete a second examination or to correct the initial examination, at the instructor's discretion.

Certification:

American Heart Association Healthcare Provider Basic Life Support. BLS card will be issued with fee of \$15. (Replacement cards will be issued by request for a fee of \$15/card).

Student Learning Outcomes (SLOs):

1. Demonstrate basic life saving techniques, including CPR and use of an Automated External Defibrillation.

Additional Information:

- Students are reminded to dress comfortably, as labs will involve physical activity and movement on the floor. The wearing of skirts is discouraged.
- If students have physical challenges that will prevent them from participating in the manner that the course has been designed, please inform the instructor so that modification can be made.
- The written exam will be administered following the demonstration of practical skills proficiencies.

TERMINAL OBJECTIVE Given a simulated situation, perform artificial ventilation, cardiopulmonary resuscitation (CPR) and obstructed airway procedures on infants, children, and adults; implement the use of barrier devices and Automatic External Defibrillators (AED's) as appropriate.