PE 122 Beginning Tennis Spring, 2007

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Office Hours: MWF 11:30-noon; 3:30-4. TTH 2:30-3:30 p.m. and other times

by appointment

Course Objectives:

1. Develop relaxation techniques for managing the pressure and frustration associated with learning or improving tennis skills.

- 2. Develop basic groundstrokes and serve
- 3. Understand and use the rules and scoring of tennis
- 4. Understand and use tennis courtesies and conventions
- 5. Develop the ability to move to the ball with confidence and return the ball over the net consistently

Course Activities: Please refer to the course calendar. The student will be involved in class discussion and participation, in-class assignments, and PHYSICAL ACTIVITY (i.e., tennis).

Text: Tennis Fundamentals: A Better Way to Learn Tennis, Carol Matsuzaki

Web Site: Visit my web site <u>www.oxford.emory.edu/Directories/index</u> to watch video of the skills you practice and analyze.

Evaluation: The final grade will be based on:

Tennis skills: 600 pts. (60%)

Journal: 100 pts. (10%)

Match Play: 100 pts. (10%) Written test: 100 pts. (10%)

Homework: 50 pts. (5%) Video Analyses: 50 pts. (5%)

Grading Scale: A - 90 - 100

B - 80 - 89

C - 70 - 79

D - 60 - 69

F - < 60

no plus or minus scale

<u>Written tests</u> – One written test on topics covered in class and textbook assignments. Refer to course calendar for test dates.

<u>Journal</u> – Journal will include the following sections, neatly presented and arranged in order:

(1) Class notes, (2) Practice record, and (3) Creative section. See handout for details.

<u>Video Analyses</u> - Refer to course calendar for due dates. This will be reported in the journal as well as emailed to me.

<u>Homework</u> – Refer to course calendar for due dates. This homework will be reported in the journal.

<u>Match play</u> – Students will play three complete matches, one singles match and two doubles matches. Refer to course calendar for due dates. These matches will be reported in the journal as well as emailed to me.

Tennis Skill Tests:

Each of these skills tests may be taken more than one time (weather and other conditions permitting. The score used to calculate your grade will be the highest score you make on any one of the tests. Other scores on the same test will be eliminated (exceptions to this are the serve and doubles tests). Those test grades will be averaged.

Singles Play (Groundstrokes) – 200 points. You will return 12 balls delivered by the instructor or a qualified student. The first two balls are practice. The next ten are your test. Your returns must be over the net and inside the singles court. Returns that hit the net and go over the net and land inside the singles court are considered good.

Doubles Play – 300 points. You will play **TIE-BREAKS** doubles. You must demonstrate that you know how to keep score, that you know the rules, courtesies, and conventions of the doubles game. In addition, you will demonstrate that you understand the basic strategy in doubles:

Beginners – return most shots over the net. **Intermediates** – same as beginner and keep the ball away from the net player and hit most shots crosscourt. **Advanced** – same as beginner and intermediate plus use good form on the first serve and play aggressive net. **Everyone** – Support your partner, respect your opponent and yourself.

Scoring: You can earn no higher than a B if you make two double faults. You can earn no higher than a C if you hit three balls (volley or ground stroke) into the net.

Serve Testing – 100 points. While you are playing TIE-BREAKS in singles or doubles, your serve will be evaluated. The purpose of the serve for EVERYONE is to begin the point. Therefore you must learn a serve that will go in consistently. Beginners – serve will be evaluated on whether it goes in consistently; Intermediates – will be graded on a serve that goes in consistently with depth; Advanced – will be grade on a serve that is consistent and deep with pace.

*** All tests must be taken on the day that the test is posted. LATE ASSIGNMENTS WILL NOT BE ACCEPTED AND TESTS THAT ARE NOT TAKEN ON TEST DAY WILL NOT BE MADE-UP. If you are going to be absent on assignment due dates or test days, it is your responsibility to make arrangements with Dr. England <u>before</u> the day that will be missed.

Grade Appeal Process: If you wish to appeal the final grade you receive in this class you are to put your request to me in writing within 5 days of final grade posting. Your request must address the specific reasons as to why I should re-examine your grade. I will not respond to informal e-mail messages or appeals submitted after the 5-day deadline.

Class Participation and Contribution:

In order to pass this course you must actively participate and contribute during each class meeting. Since I teach you as individuals, when I am working with other students I expect you to be practicing the skills on which you need most practice. I expect you to encourage and help each other. Each of you will learn at a different rate. Once you have mastered a skill, I expect you to help others learn it.

Missing more than three classes will result in a **50-point reduction** in your grade **per additional absence**. If you believe you have justification for an absence to be excused you must discuss this with me in person and authentic documentation must be provided on the first day back to class. There will be no exceptions. **If you miss three consecutive days it is my responsibility to report your name to the Office of Academic Services. **If** you accumulate a total of six absences your final grade will result in an "F"

Come to class! Even if you do not feel well enough to participate there are other ways you can contribute so that your grade will not b penalized. There will be NO MAKE UPS for written work or skills tests unless you have medical documentation or you make prior arrangements with me regarding an exceptional circumstance.

If the courts are wet at class time, we will have class in Williams Gym.

Lateness will not be tolerated! <u>Every third time</u> you are late (not in class within <u>two minutes</u> of the start time) you will be penalized an absence. You are expected to be on the pool deck in swimming attire ready to participate at the start of class time.

I will provide a daily sign-in sheet for you to write the name you wish to be called in class. If you are late, the clipboard will be turned face down. In that case, put your initials in the "late" column instead of putting your name in the "name" column.

Dress Code: You must provide your own tennis racket. Athletic shorts, shirts and tennis shoes are required. Shoes must be smooth-soled, must not make marks on the court, and must be approved by the instructor. Running shoes are not safe for tennis and are not permitted. You may not wear blue jeans or other street clothes unsuited to athletic endeavor. Shirts must be worn at all times. Failure to wear the required attire will result in an absence. You should dress so that you will be comfortable regardless of weather conditions.

Additional Important Information:

Reasonable accommodation for students with disabilities: If you have a disability that may require assistance or accommodation, or you have questions related to any accommodations for testing, note takers, readers, physical activity, etc., please speak with me as soon as possible. Students may also contact the Office of Disability Services (404.727-6016) with questions about such services. It is the student's responsibility to initiate considerations; all students must self-disclose to ODS and complete the registration process. Students with identified or suspected writing disabilities of any kind should contact the Writing Center located in Language Hall (770. 784-4722).

<u>Reminder</u>: Class activities may include vigorous physical activity. If you have any medical condition or physical problems to prevent you from full participation in such activity, it is your responsibility to inform me of its nature and provide documentation from your physician stating 1) the medical condition, 2) limitations of the condition, and

3) recommendations that would help you meet the requirements of the course. Students may also contact the Office of Disability Services (404.727-6016).

<u>Banned Materials</u>: PDAs, cell phones, or any other items that could distract the student, other students, or the instructor must be **turned off** during class. *If you have a need to have a cell phone on, please let me know. Otherwise, if I become aware of the phone, you will be asked to leave class and will receive an absence.*

<u>LearnLink</u>: I will read and answer e-mail only between 10 a.m. and 4 p.m. each class day. If you need to communicate with me at other times, leave a voice message on my office phone.

HONOR CODE: Article 2.A "A student's signature on a paper or test submitted for credit shall indicate he or she has neither given nor received unauthorized information on the work, nor has condoned the giving or receiving of unauthorized information by others." I expect that you will have read the Honor Code and that you will abide by its dictates. Whenever you take a written test or skills test for this class you are under dictates of the Honor Code Any violation of Oxford College's HONOR CODE will not be tolerated. If you have questions regarding my expectations, do not hesitate to ask. Ignorance will not be an acceptable plea.

Please see http://www.college.emory.edu/students/honor.html

"Whether you believe you can, or you can't, You're right!" Henry Ford

JANUARY	
18	Classroom - Syllabus and course introduction
23	Courts
25	Courts
30	Courts
FEBRUARY	
1	Courts
6	Courts
8	No Class Dr. England at Conference
13	Courts Homework and Groundstrokes Video Due
15	Courts
20	Courts
22	Courts Skills Testing Begins
27	Courts and Serve Video Due

MARCH	
1	Classroom Written Test
6	Courts and Homework Due
8	Courts
13	Spring RecessNO CLASS
15	Spring RecessNO CLASS
20	Courts
22	Courts
27	Courts Singles Match Due
29	Courts
APRIL	
3	Courts
5	Courts
10	Courts HOMEWORK and Doubles Match DUE
12	Courts
17	Courts
24	Courts
26	Courts Doubles Match DUE
MAY	
1	Courts Journals DUE

^{**} Syllabus and course outline is subject to change. Instructor will provide notice of such changes.