

PE 122 BEGINNING TENNIS  
Dr. England, Gym 3, 4-8350  
email: penglan@emory.edu

Spring, 2000  
Office Hours: MW 10:15-11, 1-2  
TTH 9-9:30; 1:30-2:30  
F 10:15-11

**Course Objectives:**

1. learn the basic groundstrokes (forehand and backhand), the basic serve, and the volley
2. understand fundamental tennis terminology, etiquette, rules, and strategy
3. move!

*Class activities may include vigorous exercise. If there is any medical condition which would cause you undue risk or prevent your full participation in such activity, it is your responsibility to inform me immediately. If you have a chronic condition which limits your potential for fulfilling the requirements for this class, you should have your physician FAX (770/784-4677) a letter stating the nature of your limitation(s) and recommendations for physical activities you can use to achieve the objectives of this course as listed above.*

**Text:** Gould, Tennis. Anyone?

**Class Participation:** You are expected to contribute/participate fully in each class period. If you do not feel well enough to participate in class physical activity you should attend class, take notes with your comment on activities of the day. Turn those notes in to me at the end of that class period.

**Grading:**

**Written work--**All assignments are due at the beginning of class on the due date.

400 points      Two Take-home, Open-book Tests

**IT IS AN HONOR CODE VIOLATION TO CONSULT WITH ANYONE (DR. ENGLAND EXCEPTED) ABOUT YOUR ANSWERS FOR THESE QUESTIONS.** However, you are encouraged to seek help from the Writing Center (or other qualified people) regarding grammar and mechanics, organization, and clarity of your work.

**Practical work**

600 points      Tennis Fundamentals

400 points: 20 for each successful serve, volley, forehand, backhand (sets of five)

100 points singles scoring/strategy

100 points doubles scoring/positioning/strategy

**Absences:** If you miss more than 2 classes FOR ANY REASON (including sickness, religious holidays, doctor/lawyer appointments) fifty points per overcut will be deducted from your final grade.. THERE ARE NO MAKE-UPS FOR ANY CLASSES, WRITTEN OR SKILLS TESTS, PAPERS, OR HOMEWORK EXCEPT UNDER VERY UNUSUAL CIRCUMSTANCES. Students who experience unusual circumstances must speak with me in a timely manner (within the week) in order for exceptions to be made in this policy. If you arrive after roll is called, you must see me AT THE END OF THAT CLASS to initiate a change in your recorded absence.

**Extra credit points:** Points may be added to your final grade for hustle, collaboration/participation in class, and thoughtful one minute papers.

Fifty points will be added to your final grade if you have missed NO classes.

**Grading Scale** A=>899 points; B=800-899; C=700-799; D=600-699; F=<600

**THE OXFORD COLLEGE HONOR CODE APPLIES TO ALL WORK FOR THIS CLASS.**

**Oxford College of Emory University**  
**Division of Physical Education and Health**

**CLASS POLICIES FOR TENNIS**

I have access to a copy of the course outline and have read it. Further, the instructor has explained: 1) the course requirements, 2) the policies on attendance, and 3) the grading policies. I have had an opportunity to ask questions and understand the three areas listed above.

**WARNING OF RISK FOR TENNIS**

Every sport has certain inherent risks and regardless of the precautions taken, it is impossible to ensure the safety of the participant. Tennis is a physical activity requiring a certain degree of physical exertion and concentration. Tennis is a reasonably safe sport as long as certain guidelines are followed. Students having a physical condition that precludes such activity should see the instructor before participating.

Many injuries may occur while participating in tennis. Some examples of possible injuries are:

1. bruises and abrasions
2. muscle sprains and strains
3. joint injuries
4. broken bones
5. heat exhaustion and/or heat stroke
6. eye injuries
7. cardiovascular incidents

These and other injuries may occur as a result of such hazards as:

1. tripping and falling
2. environmental factors
3. dehydration
4. stepping on tennis balls or other objects
5. flying objects (balls, tennis rackets)
6. collisions with other players or court structures

To help reduce the likelihood of injury to yourself and other students, the following rules need to be followed while in class:

1. wear proper shoes and clothing when playing;
2. never begin hitting or/and stop play when balls or other objects are in the playing area (playing area is defined as the entire area inside the court fences excepting against the fence and against the net);
3. be aware of where other people are when playing;
4. demonstrate proper tennis etiquette while playing;
5. be considerate of other players' abilities while playing;
6. be sure all players are aware and ready before beginning play;
7. be sure gates are closed.
8. drink adequate water before, during, and after class