

P.E. 125 - Badminton
Mr. Harris, Instructor
Class Schedule - Spring 2009

Goals/Purpose

It is the purpose of this course to develop the basic skills of badminton. These skills include but are not limited to (backcourt clear, backcourt drop, smash, high-clearing serve, short-low serve, net clear, net drop, service return, smash, smash return, drive, and all related movement).

Course Description

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

Text

Badminton Everyone, Charlie Jong-Ming Li

Dress/Equipment

Students should wear tennis or basketball shoes. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

Attendance

Students will be exposed to new skills on a daily basis with course content unfolding rapidly. Regular attendance is very important. An individual may incur two absences without penalty. These absences are to be used for illness, emergencies, religious holidays, etc. Upon receiving a third absence and with each successive absence, two per absence will be deducted from their final grade.

A student that is late for class on two occasions will be considered absent on one occasion. After incurring the seventh absence a student will be dropped from this class.

Grading

Skills component	40%	
Written Test	40%	(Mid-Term 20%) (Final Exam 20%)
Homework-Practice	20%	

Skills Test

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear forehand and backhand.

*There are a possible 10 good shots per test:

10 good shots = 100	5 good shots = 72
9 good shots = 94	4 good shots = 67
8 good shots = 88	3 good shots = 60
7 good shots = 82	2 good shots = 54
6 good shots = 77	0 good shots = 40

The skills test will be administered at mid-term and again at the end of the semester. Each skill is to be graded individually with only the best score for each skill to be recorded. With the test being administered at mid-term and at the end of semester, make ups will not be permitted.

Written Test

Mid-Term	All beginning Physical Skills Relevant to Singles Play
Final Exam	Rules, Regulations, Procedures for Playing Singles and Doubles: History

Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week span. It is preferred that not more than one homework session be performed on any given day. (A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions.) Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security.

<u>Homework Sessions/per 3-Week Period</u>	<u>Grade</u>
6	100
5	80
4	60
3	40
2	20
1	10

Honor Code: The Honor Code is to be adhered to at all times.

DATES		REQUIREMENTS: P.E. 125, SPRING 2009
Th	January 15	Overview of Skills, Class and Film
Tu	January 20	Putting the Shuttle in Play, Overhead Clear
Th	January 22	Forehand Clear, Net Drop, Movement to Front of Court
Tu	January 27	Net Clear, Net Drop, Movement to Front of Court
Th	January 29	Overhead Drop, Movement, Net-Clear – Overhead Drop Drill
Tu	February 3	Smash, Movement, Smash, Return, Clear Drop - Drop Clear Drill
Th	February 5	High Clearing Serve, Smash-Drop – Clear Drill, Movement
Tu	February 10	Short-Low Serve, Review All Drills/Skills, Service Return
Th	February 12	Homework Due / Backhand Mechanics (Clear, Drop Smash)
Tu	February 17	Controlled Point Play, Practice Skills Test
Th	February 19	Skills Test 1
Tu	February 24	Skills Test 1, Review for Mid-Term Exam
Th	February 26	Mid-Term Exam
Tu	March 3	Rules, Regulations Procedure, Mechanics of Play-Singles
Th	March 5	Homework Due
Tu	March 17	Singles Play
Th	March 19	Singles Play
Tu	March 24	Singles Play
Th	March 26	Singles Play
Tu	March 31	Singles Play
Th	April 2	Singles Play
Tu	April 7	Homework Due / Procedure, Mechanics of Play-Doubles
Th	April 9	Doubles Play
Tu	April 14	Doubles Play
Th	April 16	Skills Test II
Tu	April 21	Skills Test II
Th	April 23	Skills Test II
Tu	May 28	Final Written Exam

Instructor:
Contact Numbers:
Office Hours:
E-Mail:

Tony Harris
Home: (678) 625-8187 Other: (770) 786-2271
Tuesday – Thursday: 8:30 – 10:00 a.m., Pool Office
antdrewhar@aol.com

