

**Psychology 100**  
**Introductory Psychology**  
**Fall 2003**

**Instructor: Dr. Sharon Lewis**  
**Office: 214B Seney Hall, Office Tel 4-8374**  
**Office Hours: Mon/Wed : 11:00-12:30,**  
**Tues/Thurs: 2:30-3:30**

These hours are subject to change. Other times by appointment; anytime by LL

“Body and soul are not two different things, but only two different ways of perceiving the same thing. Similarly, physics and psychology are only different attempts to link our perceptions together by way of systematic thought.”

- Albert Einstein



## **Texts**

Wade, C. & Tavris, C. (2003) Psychology (7<sup>th</sup> edition).

Tavris, C. (2001) Psychobabble and Biobunk: Using Psychology to Think Critically About Issues in the News

Learning to Think Critically: The Case of Close Relationships (Available on reserve in the library)

## **Class Organization**

The class will meet 2 times a week. Although attendance is not required, it is in your best interest to attend class regularly, as the exams will include items based on my lectures. In addition, from time to time, there will be some fun and interesting class exercises you can participate in which will help you understand some of the basic concepts in psychology.

**LearnLink:** Everyone is required to sign on to the Psy 100 LearnLink conference for your section (e.g, Psy 100 – 10J Lewis) within the first three weeks of the semester (i.e. by 9/17) and write a 1-2 paragraph essay reflecting your thoughts on something you’ve learned in Introductory Psychology. You may earn up to 5 points extra credit for writing additional essays on LearnLink. Changes in assignments, test dates, and office hours will be posted on the class conferences.

**Calculating your grade:** The final grade will be based on 4 exams, each worth 100 points for a possible total of 400 points. A letter grade will be assigned to the total points accumulated during the semester. An A requires a minimum of 360 points, a B 320, a C 280, a D 240, and anything below 240 points is an F. If your total puts you a few (2-3) points below a higher grade, your attendance and participation (in class and on LL) will be taken into consideration when assigning a grade. Make-up tests will be allowed only for officially excused absences. Please make sure you are familiar with the College’s Honor Code.

## Goals

- 1) I hope you will gain a better understanding of the science of psychology. I think this will be an advantage to you no matter what your chosen occupation. Psychological information is often critical in understanding the many feelings and experiences you will have throughout your life.
- 2) I hope that your ability to analyze and evaluate scientific information will grow enabling you to utilize this information in your everyday life.
- 3) Finally I hope you have a great time in this course; learning about why people and animals behave the way they do should be a lot of fun. So relax, (but not too much), get ready to question all those “truths” you hold so dear, and have a good semester.

## Reading Assignments

Chapters are from your text, Psychology, and Tavis #’s refer to article numbers in Psychobabble.

### Section I

- Chapter 1. What is Psychology
- Chapter 2. How Psychologists Do Research, Tavis # 1-6
- Chapter 3. Evolution, Genes and Behavior, Tavis # 17
- Chapter 4. Neurons, Hormones and the Brain

***Exam I - Tuesday, September 23***

### Section II

- Chapter 5. Body Rhythms and Mental States, Tavis # 29
- Chapter 6. Sensation and Perception
- Chapter 11. Emotion, Tavis # 24
- Handbook. Learning to Think Critically - On reserve in the library
- Chapter 12. Motivation, Also pp. 82-86, Tavis # 26

***Exam II – Tuesday, October 21***

### Section III

- Chapter 7. Learning and Conditioning
- Chapter 10. Memory
- Chapter 9. Thinking and Intelligence
- Chapter 14. Development Over the Lifespan, Tavis # 9-12, 16
- Chapter 13. Theories of Personality, Tavis # 13-15

***Exam III – Thursday, November 13***

### Section IV

- Chapter 8. Behavior in Social and Cultural Context, Tavis # 23
- Chapter 15. Health, Stress, and Coping, Tavis # 7
- Chapter 16. Psychological Disorders, Tavis # 18, 20, 29
- Chapter 17. Approaches to Treatment and Therapy, Tavis # 8, 27, 28, 30
- Epilogue

***Exam IV – : Tuesday, December 16: 10:00 Class – 10:00-12:30***

***11:30 Class – 2:00-3:30***