

Las Positas College  
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## Course Outline for KIN SD

### SALSA DANCE 1

Effective: Spring 2015

#### I. CATALOG DESCRIPTION:

KIN SD — SALSA DANCE 1 — 1.00 - 2.00 units

An introductory course in salsa music and the basics of salsa dance. Various patterns will be introduced, allowing students to improve their technique and develop a strong awareness of the rhythm of the dance. No partner required.

1.00 - 2.00 Units Lab

#### Grading Methods:

Letter or P/NP

#### Discipline:

	<u>MIN</u>	<u>MAX</u>
<b>Lab Hours:</b>	54.00	108.00
<b>Total Hours:</b>	54.00	108.00

#### II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

#### III. PREREQUISITE AND/OR ADVISORY SKILLS:

#### IV. MEASURABLE OBJECTIVES:

**Upon completion of this course, the student should be able to:**

- A. Recall a dance pattern and either lead or follow it correctly
- B. Successfully complete a salsa dance routine with a partner
- C. Demonstrate improved ability to stay on the beat

#### V. CONTENT:

- A. The origins of Salsa and its historical and cultural context
- B. Dancing posture, elegance, and sensuality in Salsa
- C. Introduction to Salsa steps
  - 1. Basic step, side step, openings, and couple hold
  - 2. Right turn, left turn for ladies and men, variations of lead for the turns
  - 3. Sombrero, Puerto Rico, Compicala, Echufia
  - 4. Dance floor combinations
  - 5. Couple work
  - 6. Practice to music

#### VI. METHODS OF INSTRUCTION:

- A. **Lecture** - Verbal explanation
- B. **Directed Study** - Practice salsa steps solo and with a partner
- C. **Demonstration** - Visual and physical demonstration

#### VII. TYPICAL ASSIGNMENTS:

- A. Follow instructor through choreographed dance routines
- B. Practice dance movements solo and with a partner and remember the steps

#### VIII. EVALUATION:

##### A. **Methods**

- 1. Class Participation
- 2. Class Work
- 3. Class Performance
- 4. Final Class Performance

##### B. **Frequency**

- 1. Weekly assessment of participation.
- 2. Performance observations by dancing solo and with a partner in the middle and at the end of the course.

#### IX. TYPICAL TEXTS:

- 1. Rondon, C. M., F. R. Aparicio, J. White *The Book of Salsa: A Chronicle of Urban Music from the Caribbean to New York City*. New ed., The University of North Carolina Press, 2008.

2. Redgrade, C *Learn to Dance: A Step-by-Step Guide to Ballroom and Latin Dances.*, Parragon, Incorporated, 2010.

X. OTHER MATERIALS REQUIRED OF STUDENTS:

A. Students to wear clothes that are easy to move in and shoes with soles that turn on the floor.