

PE 125 BADMINTON

LOCATION: Gym [Basketball Court]
INSTRUCTOR: Dr. Yit Aun Lim **OFFICE:** Gym 2
SECTION: 10A
DAY/TIME: MON/WED/FRI: 10:00 AM - 11:00 AM
PHONE NO.: (770) 784-4675 **ON CAMPUS:** 4-4675
E-MAIL: ylim@learnlink.emory.edu
OFFICE HOUR: Monday/Wednesday: 2:00 - 3:00 PM; Tuesday: 1:00 - 3:00 PM
Thursday: 1:00 - 2:00 PM

COURSE OBJECTIVES:

1. To understand the game of badminton.
2. To acquire the basic and advanced strokes and footwork necessary to play the game of badminton.
3. To learn the strategies for singles, doubles, and mixed doubles.
4. To learn the rules and regulations for playing singles and doubles.
5. To discuss the physical conditioning and mental development for badminton.

GRADING SCALES:

90-100% = A; 80-89% = B; 70-79% = C; 60-69% = D; 0-59% = F

COURSE OUTLINE:

- A. INTRODUCTION:
 1. Equipment, Court, and Playing Attire
- B. BASIC & ADVANCED STROKES AND FOOTWORK
- C. BASIC & ADVANCED STRATEGIES
 1. Singles Strategy
 2. Doubles Strategy
 3. Mixed Doubles Strategy
- D. PLAYING RULES & REGULATION
 1. Singles
 2. Doubles

EXAMINATION:

1. **WRITTEN EXAMS [40%]**
 - MID-TERM EXAM [20%]
 - FINAL EXAM [20%]
2. **SKILLS COMPONENT [40%]**
3. **HOMEWORK-PRACTICE [20%]**

TEXT BOOKS:

Badminton (4th Edition) by James R. Poole and Jon R. Poole.

EQUIPMENT/ATTIRE:

Students should wear any type of shoes (tennis, basketball, fitness) that leave no mark on the court. Comfortable, loose-fitting, athletic wear is encouraged.

Students are expected to furnish their own badminton racket.

EXTRA CREDIT:

Extra points can be earned through the form of spontaneous class presentations, skills demonstrations, and specified outside participation in badminton related activities.

HOMEWORK-PRACTICE

Each session of homework must be performed in 30-minute increments. It is preferred that not more than one homework session is performed on any given day. However, a student is allowed to performed an additional homework session if there exit a separation between sessions. Homework is graded weekly; the final homework grade is the average of all weeks.

100 = 4/wk; 90 = 3/wk; 70 = 2/wk; 60 = 1/wk [i.e., one 30-min session/wk]

ATTENDANCE:

1. A maximum of three (3) absences will be allowed without penalty for the semester.
2. Three (3) points will be deducted from the final grade on each absence thereafter.
3. A total of five (5) bonus points will be added to the final grade for student who does not miss any classes during the semester; three (3) points will be given to those who missed one class; and one (1) point will be added for those who missed two classes.
4. Three (3) late arrivals to the class constitute an absence.
5. If you are unable to participate in the class, it is recommended and strongly encouraged that you observe the class. A maximum of 2 class observations will be allowed in a semester. Any more observations thereafter will be considered as absences.

RISK AWARENESS STATEMENT:

1. Read and understand before signing.
2. If you have any conditions which would limit your participation to fulfill the course requirements, then the following steps need your attention:
 - a. Have your physician state the nature of your limitation(s) in writing.
 - b. Have your physician make suggestions of activities in writing so that you can fulfill the course requirements.

FALL 1999 PE 125 BADMINTON: 10A [MWF] CLASS CALENDER

WEEK	DAY	DATE	ACTIVITIES	ASSIGNMENT
1	WED	8/25	INTRODUCTION	
	FRI	8/27	THE GAME OF BADMINTON	
2			RACQUETS/SHUTTLES/COURT DIMENSIONS	
	MON	8/30	BASICS STROKES	
			<ul style="list-style-type: none"> • GRIPS • SERVES 	
3	WED	9/1	FOOTWORK	
	FRI	9/3	BACKCOURT STROKES	
	MON	9/6	LABOR DAY HOLIDAY	
	WED	9/8	BACKCOURT STROKES	
4	FRI	9/10	FRONTCOURT STROKES	
	MON	9/13	FRONTCOURT STROKES	
	WED	9/15	BASIC SINGLES STRATEGY	
5	FRI	9/17	BASIC SINGLES STRATEGY	
	MON	9/20	BASIC DOUBLES STRATEGY	
	WED	9/22	BASIC DOUBLES STRATEGY	
6	FRI	9/24	PDO: WATCH VIDEO:	
	MON	9/27	PDO: WATCH VIDEO:	
	WED	9/29	BASIC MIXED DOUBLES STRATEGY	
	FRI	10/1	BASIC MIXED DOUBLES STRATEGY	
7	MON	10/4	REVIEW FOR MID-TERM	
	WED	10/6	MID-TERM EXAM [CH 1,2,3]	
	FRI	10/8	FALL BREAK	
8	MON	10/11	ADV. STROKES	
			<ul style="list-style-type: none"> • DRIVES • AROUND-THE-HEAD STROKES 	
	WED	10/13	SMASH RETURNS	
	FRI	10/15	ADV. SERVES	
9	MON	10/18	BACKHAND SMASHES	
	WED	10/20	ATTACKING CLEARS	
	FRI	10/22	FAST DROP SHOTS	
10	MON	10/25	HALF-SMASHES	
	WED	10/27	BRUSH RETURNS OF TIGHT NET SHOTS	
	FRI	10/29	SKILL TEST I	
11	MON	11/1	SKILL TEST I	
	WED	11/3	SKILL TEST I	
	FRI	11/5	ADV. SINGLES STRATEGY	
12	MON	11/8	ADV. SINGLES STRATEGY	
	WED	11/10	ADV. DOUBLES STRATEGY	
	FRI	11/12	ADV. DOUBLES STRATEGY	
13	MON	11/15	ADV. MIXED DOUBLES STRATEGY	
	WED	11/17	ADV. MIXED DOUBLES STRATEGY	

	FRI	11/19	SKILL TEST II [DOUBLE PLAY]
14	MON	11/22	SKILL TEST II [DOUBLES PLAY]
	WED	11/24	THANKSGIVING HOLIDAY
	FRI	11/26	THANKSGIVING HOLIDAY
15	MON	11/29	SKILL TEST II [DOUBLES PLAY]
	WED	12/1	SKILL TEST III
	FRI	12/3	REVIEW FOR FINAL
16	MON	12/6	FINAL WRITTEN EXAM [CH 4,5,6, APPENDIX C]