#### **OXFORD COLLEGE** of Emory University

Division of Physical Education & Dance

## P.E. 125 Badminton

Mr. Harris -Spring 2006

### **Goals/Purpose**

It is the purpose of this course to develop the basic skills of badminton. These skills include but are not limited to (backcourt clear, backcourt drop, smash, high-clearing serve, short-low serve, net clear, net drop, service return, smash, smash return, drive, and all related movement).

## **Course Description**

This course is designed for the student with very little knowledge of the game of badminton with all students considered as beginners. Skills and elementary strategy will be taught for both singles and doubles play with the discussion of all rules and regulations.

## **Text**

Badminton Everyone, Charlie Jong-Ming Li

## **Dress/Equipment**

Students should wear tennis or basketball shoes. Comfortable, loose-fitting, athletic wear is encouraged. Students are expected to furnish their own badminton rackets.

## **Attendance**

Students will be exposed to new skills on a daily basis with course content unfolding rapidly. Regular attendance is very important. An individual may incur two absences without penalty. These absences are to be used for illness, emergencies, religious holidays, etc. Students absent more than two times will have two points per absence subtracted from their final grade.

A student that is late for class on two occasions will be considered absent on one occasion.

After incurring the seventh absence a student will be dropped from this class.

## **Grading**

Skills component 40%

Written Test 40% (Mid-Term 20%) (Final Exam 20%)

Homework-Practice 20%

## **Skills Test**

High clearing serve, forehand clear, overhead drop-forehand, short-low serve, smash, net drop-net clear forehand and backhand.

\* There are a possible 10 good shots per test:

| 10  good shots  = 100 | 5 good shots | = 72 |
|-----------------------|--------------|------|
| 9  good shots = 94    | 4 good shots | = 67 |
| 8  good shots = 88    | 3 good shots | = 60 |
| 7  good shots = 82    | 2 good shots | = 54 |
| 6  good shots = 77    | 1 good shot  | = 49 |
|                       | 0 good shots | = 40 |

The skills test will be administered at mid-term and again at the end of the semester. Each skill is to be graded individually with only the best score for each skill to be graded.

## **Written Test**

Mid-Term All Beginning Physical Skills Relevant to Singles Play
Final Exam Rules, Regulations, Procedures for Playing Singles and Doubles: History

## Extra Credit

An opportunity for extra credit exists in the form of spontaneous class presentations, skill demonstrations, and specified outside participation in badminton-related activities. These points will be added to the student's final grade.

## Homework

Each session of homework is to be performed in 30-minute minimum increments. A student is encouraged to spread the homework sessions over the three week span. It is preferred that not more than one homework session be performed on any given day. (A student is allowed to perform an additional homework session provided there exists a morning/afternoon/evening separation between the homework sessions.) Only those skills that have been taught in class should be practiced at any given time. An attended help session will count as a homework session. Homework slips may be picked up from the equipment-room manager or from security.

| Homework Sessions/per 3-week period | <u>Grade</u> |
|-------------------------------------|--------------|
| 6                                   | 100          |
| 5                                   | 80           |
| 4                                   | 60           |
| 3                                   | 40           |
| 2                                   | 20           |
| 1                                   | 10           |

**Instructor** Mr. Tony Harris

**Phone Numbers** Home (678) 625-8187

Other (770) 786-2271

Office Hours Tuesday-Thursday 8:30-10:00am. Mr. Harris is in the Pool Office

**Honor Code** The honor code is to be adhered to at all times.

**E-mail address**: antdrewhar@aol.com

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## **Class Schedule**

| DATES                     | REQUIREMENTS  |
|---------------------------|---|
| January, 19 <sup>th</sup> | Overview of Skills, Class and Film                            |
| January, 24 <sup>th</sup> | Putting the Shuttle in Play, Overhead Clear                   |
| January 26 <sup>th</sup>  | Forehand Clear, Net Drop, Movement to Front of Court          |
| January, 31 <sup>st</sup> | Net Clear, Net Drop, Movement to Front of Court               |
| February 2 <sup>nd</sup>  | Overhead Drop, Movement, Net-Clear-Overhead Drop drill        |
| February 7 <sup>th</sup>  | Smash, Movement, Smash, Return, Clear Drop-Drop Clear Drill   |
| February 9 <sup>th</sup>  | High Clearing Serve, Smash-Drop-Clear Drill, Movement         |
| February 14 <sup>th</sup> | Short-Low Serve, Review All Drills/Skills, Service Return     |
| February 16 <sup>th</sup> | Homework Due/ Backhand Mechanics (Clear, Drop Smash)          |
| February 21 <sup>st</sup> | Controlled Point Play, Practice Skills Test                   |
| February 23 <sup>rd</sup> | Skills Test 1   |
| March 2 <sup>nd</sup>     | Skills Test1, Review for Mid-Term Exam                        |
| March 7 <sup>th</sup>     | Mid-Term Exam   |
| March 9 <sup>th</sup>     | Homework Due/Rules, Regulations Procedure, Mechanics of Play- |
|                           | Singles   |
| March 21 <sup>st</sup>    | Singles Play  |
| March 23 <sup>rd</sup>    | Singles Play  |
| March 28 <sup>th</sup>    | Singles Play  |
| March 30 <sup>th</sup>    | Singles Play  |
| April 4 <sup>th</sup>     | Singles Play  |
| April 6 <sup>th</sup>     | Singles Play  |
| April 11 <sup>th</sup>    | Homework Due/Procedure, mechanics of Play-Doubles             |
| April 13 <sup>th</sup>    | Doubles Play  |
| April 18 <sup>th</sup>    | Doubles Play  |
| April 20 <sup>th</sup>    | Skills Test II  |
| April 25 <sup>th</sup>    | Skills Test II  |
| April 27 <sup>th</sup>    | Skills Test II, Final Exam Review                             |
| May 2 <sup>nd</sup>       | Final Written Exam  |