

Las Positas College
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Course Outline for KIN FN3

FENCING 3

Effective: Fall 2018

I. CATALOG DESCRIPTION:

KIN FN3 — FENCING 3 — 0.50 - 2.00 units

This intermediate fencing course continues to develop the skills specific to foil and epee. Emphasis is placed on the further development of technical and tactical skills unique to each weapon. The electrical equipment will be used extensively.

0.50 - 2.00 Units Lab

Strongly Recommended

KIN FNF1 - Fencing - Foil 1
with a minimum grade of C
and/or

KIN FNE1 - Fencing - Epee 1
with a minimum grade of C

Grading Methods:

Letter or P/NP

Discipline:

- Physical Education

Family: Kinesiology Fencing

	<u>MIN</u>	<u>MAX</u>
Lab Hours:	27.00	108.00
Total Hours:	27.00	108.00

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: 1

III. PREREQUISITE AND/OR ADVISORY SKILLS:

Before entering this course, it is strongly recommended that the student should be able to:

- A. KINFNF1
- B. KINFNE1

IV. MEASURABLE OBJECTIVES:

Upon completion of this course, the student should be able to:

- A. Execute all basic and compound footwork movements with precision
- B. Demonstrate blade action skills with appropriate footwork movements
- C. Observe and analyze the tactical skills of other fencers
- D. Demonstrate strategic offensive and defensive moves in a competitive bout
- E. Apply knowledge of rules to officiate a bout
- F. Set-up the electrical scoring apparatus on the strip
- G. Confidently compete in bouts using electric equipment

V. CONTENT:

- A. Fitness preparation to strengthen body for endurance, coordination, and balance
- B. Compound footwork drills to include changes in tempo combinations
- C. Blade work to emphasize control for precision and accuracy
- D. Offensive and defensive tactical blade actions with and without footwork
- E. Strategies for offensive and defensive attacks
- F. Rules and regulations for electric bouts
- G. How electric equipment works
- H. Directing and judging a bout
- I. Practice with the electric fencing equipment

VI. METHODS OF INSTRUCTION:

- A. **Observation and Demonstration** - Observed errors are corrected by verbal explanation accompanied by demonstration.

- B. **Individualized Instruction** - Instruction given to whole class with individual comments given when needed.
- C. **Critique** - Provide feedback to correct errors in technical and tactical performance of students.
- D. **Classroom Activity** - Student participation in class drills and group activity.

VII. TYPICAL ASSIGNMENTS:

- A. Fencers practice footwork drills using changes of tempo.
- B. *Prise-de-fer* drill: As attacking fencer engages partner's blade while front foot moves forward, the defender either retreats with that engagement or evades with an advance.
- C. Pool bouts using the electric equipment. Winner in each bout is first to five touches.

VIII. EVALUATION:

A. **Methods**

- 1. Class Participation
- 2. Class Work

B. **Frequency**

- 1. Daily assessment of participation and skill

IX. TYPICAL TEXTS:

- 1. Taitt, Muriel *Foil Fencing*. 8th ed., McGraw-Hill, 1997.
- 2. Volkmann, R. *The Big Book of Fencing*. 3rd ed., Hammertez Forum, 2012.
- 3. Garret, Maxwell *Foil, Saber, and Epee Fencing*. 1st ed., Pennsylvania State University Press, 1994.
- 4. Online websites: usfa.org; fencing.net

X. OTHER MATERIALS REQUIRED OF STUDENTS:

- A. Students must provide their own fencing equipment: mask, glove, jacket, foil/epee.
- B. The instructor will recommend appropriate electrical fencing equipment from various suppliers.