PE 122 Beginning Tennis (PED) Spring 2019 Course Syllabus Oxford College of Emory University Tuesday & Thursday 2:30 pm-3:45pm

Instructor: Coach Pernilla Hardin Email: pernilla.hardin2@emory.edu Office #: 770-784-8585

Co-Facilitator: Coach Anna Hardin Email: ahardi8@emory.edu **Location**: Oxford Tennis Courts & Williams Gym (room 105)

Physical Education 122. Beginning Tennis (PED)

Fall/Spring. Credit, one hour. Intermediate/advanced players should not take this course (those above 2.5 USTA rating). Those who do may be subject to intermediate/advanced grading standards at the discretion of the instructor. The history of tennis, rules, groundstrokes, serve, volley, singles and doubles strategy will be covered in this class.

Students must supply their own racket and tennis shoes as well as proper athletic attire. Bringing water to class is HIGHLY recommended.

Office Hours: 1:00pm - 2:00pm Tuesday/Thursday by appt.

Instructional Goals and Purposes:

The Center for Healthful Living at Oxford College main instructional goal is to create a healthy atmosphere in which students may develop a better understanding of personal health and wellness in both an academic setting, as well as through physical participation.

General Course Objectives:

- 1. Develop basic groundstrokes, serve, volley, and overhead.
- 2. Understand and use the rules and scoring of tennis, its courtesies and conventions through playing elementary singles and doubles games.
- 3. Develop the ability to move to the ball with confidence and return the ball over the net consistently.
- 4. Develop relaxation techniques for managing the pressure and frustration associated with learning or improving tennis skills.

Reminder: Class activities may include vigorous physical activity. If you have any medical condition or physical problems to prevent you from full participation in such activity, it is your responsibility to inform me of its nature and provide documentation from your physician stating 1) the medical condition, 2) limitations of the condition, and 3) recommendations that would help you meet the requirements of the course. Students may also contact the Office of Accessibility Services (OAS) (770-784-4690).

Evaluation:

1.) Participation/Attitude/Attendance/Dress (50%)

2.) Mid-Term Written Exam (10%) Thurs. Feb. 28th 2019

3.) Skill tests 1 & 2 (30%) TBA

4.) Final Paper Due (10%) Tues. April 29th 2019

Grading Summary: A=90-100 B=80-89 C=70-79 D=60-69 F=59 or lower

Grade Appeal Process: If you wish to appeal the final grade you receive in this class you are to put your request to me in writing within 5 days of final grade posting. Your request must address the specific reasons as to why I should re-examine your grade. I will not respond to informal e-mail messages or appeals submitted after the 5-day deadline.

TEXT: There is no required text for this course. Handouts and web links will be provided by the instructor during the semester to supplement class lectures.

Dress Code: You must provide your own tennis racket. Athletic shorts, shirts and tennis shoes are required. Shoes must be smooth-soled, and must not make marks on the court. Running shoes are not safe for tennis and are not permitted. You may not wear blue jeans or other street clothes unsuited to athletic endeavor. Shirts must be worn at all times. Failure to wear the required attire will result in an absence.

Class Participation and Contribution:

In order to pass this course, you must actively participate and contribute during each class meeting. Since I teach you as individuals, when I am working with other students I expect you to be practicing the skills on which you need the most practice. I expect you to encourage and help each other. Each of you will learn at a different rate. Once you have mastered a skill, I expect you to help others learn it.

CLASS ATTENDANCE: Divisional Attendance Policy Class Attendance Policy:

- A. Religious holidays approved by the college may be observed without penalty but your instructor must be informed of your intention to do so in writing and in advance of the holiday.
- B. You are expected to attend all classes at the scheduled time; therefore, tardiness and absences affect your final grade. A maximum of two absences are allowed without penalty. There are no excused absences in this class. If you have to miss a class due to unusual circumstances (serious illness/emergencies), you must communicate your reasons to your instructor prior to the absence via email or voice message; if that is impossible, you must communicate with your instructor as soon as you are able. **If you miss three consecutive days it is the instructor's responsibility to report your name to the Office of Academic Services.
- C. After the allowed absences (2), each following absence will result in a 5% reduction of your final grade, e.g., 3 absences = 5% reduction; 4 absences = 10% reduction; 5 absences = 15% reduction; 6 absences = 20% reduction: 7 absences = 25% reduction:
- 8 absences = automatic final grade of F.
- D. You are expected to be on time for class. If you arrive after roll call, you are responsible to confirm your presence with your instructor.(3 lates equal 1absence)
- E. At the end of the semester, MAKE UP work may be provided at the instructor's discretion. For make-up work to be considered, 1) all absences must be valid 2) you must provide acceptable medical documentation or a reasonable explanation regarding an exceptional circumstance must be provided 3) you must schedule an appointment in a timely manner for the purpose of presenting a record of missed classes and your justification for the absences. Your instructor will decide whether make-up opportunities should be granted and will set a deadline for the completion of such work before final grades are due.

Important Information:

NO devices that allow communication via phone, pager, text message, e-mail, etc. are permitted in class. Recurring problems will result in disciplinary action as stated in the Oxford College Student Handbook. If such communication is needed during class, please notify Coach Hardin prior to class. If you have questions or do not understand please see me for clarification.

At Coach Hardin's discretion, any behavior that disrupts class or is offensive will not be tolerated and will lead to disciplinary action as stated in the Oxford College Student Handbook.

Reasonable accommodation for students with disabilities: If you have a disability that may require assistance or accommodation, or you have questions related to any accommodations for testing, note takers, readers, physical activity, etc., please speak with me as soon as possible. Students may also contact the Office of Accessibility Services (770-784-4690) with questions about such services. It is the student's responsibility to initiate considerations; all students must self-disclose to ODS and complete the registration process. Students

with identified or suspected writing disabilities of any kind should contact the Writing Center located in Language Hall (770. 784-4722).

HONOR CODE: Article 2.A "A student's signature on a paper or test submitted for credit shall indicate he or she has neither given nor received unauthorized information on the work, nor has condoned the giving or receiving of unauthorized information by others." I expect that you will have read the Honor Code and that you will abide by its dictates. Whenever you take a written test or skills test for this class you are under dictates of the Honor Code Any violation of Oxford College's HONOR CODE will not be tolerated. If you have questions regarding my expectations, do not hesitate to ask. Ignorance will not be an acceptable plea.

Please see https://inside.oxford.emory.edu/academics/student-services/student-honor-code/