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Abhangācyā Rasāt (Marathi)

abhangācyā rasāt raṅgīlē man
tan man tsālē dēvā tutsyā caraṇī līn

O God, my mind is so immersed in singing Your praises that my body and mind are both completely focussed at Your lotus feet.

māyā ca tāvaḍīt sāpaḍla jīv
kṛpā asō dēvā tujhī man hō nisaṅg

O God bless me with grace that I may become detached from the clutches of maya.

āḷa sācyā sākhaḷīla tōḍun dē gōvind
prakāśīt nirantar bōdha antaraṅg

O Lord, please break the shackles of my ignorance that awareness may dawn within me.

dēvācī mahima sāṅgumī kiti
he janm avagē nā karāyā tyāci kīrti

This entire life of mine too will not be enough for me to sing your glory

bōlā viṭhal viṭhal viṭhal
jay viṭhal viṭhal viṭhal
māūlī viṭhal viṭhal viṭhal
jay viṭhal viṭhal viṭhal

Victory to Lord Vithala!

Akṣara-Rūpiṇī Amṛtēśvarī (Malayalam)

akṣara-rūpiṇī amṛtēśvarī
śubhrābja-nīlayē nādāmbikē
ōmkāra-nāda taraṅgam uyartti nī
nṛttam āṭiṭumō en vāciyil

Immortal goddess, Goddess Sarasvati seated on a pure white lotus, origin of sound... will you awaken the Omkara within, and be present in my words?

vāgdēvatē mama hr̥ttil vasicc-en
hr̥dayam nin maṇivīṇa ākkīṭaṇē
ā maṇi-vīṇayil nī śruti mīṭṭumbōl
kanmaṣa-bhāram akanniṭunnu

O Goddess of speech, reside within my heart, make my heart your divine veena. When you play music on that veena, the burdens of my heart are lifted.

ātma-prakāśinī jñānāmbikē
uyirārnn-uṇarttuk-en ātmabōdham
ātmānandāmṛta-lahariyil nān ammē
'nī tanne' nān enn-ariñṇiṭaṭṭe

O Mother, source of all knowledge, light of the atman, awaken within me as awareness of the Self. In the blissful intoxication of the effulgent self let me know that you are my true essence.

‘Amma’ Endru Solvatum (Tamil)

‘amma’ endru solvatum ōr arumandiramē
bandhaṅkaḷai viḍuvikkum aruḷ mandiramē
pēdai ivaḷ endrum untan kuzhantai amma
paṭṭrudal vēṇondrum illai amma

‘Amma’ is a miraculous mantra to chant. It is a mantra that showers grace and frees us from worldly ties. This innocent one is always your child, Amma. I have no other attachment, Amma.

sirupiḷḷai unaimaṛavā varam taruvāyē
cittamenum kōyililē kuṭiyiruppāyē
nēsattuḍan enaikkāttu aravaṇaippāyē
nīṅgāda un suḍarāy oḷiravaippāyē

Grant this little child a boon to never forget you. Dwell in the temple of my heart. Lovingly protect me and embrace me, make me shine as your eternal light.

ammā ennai aravaṇaippāyē

Amma embrace me.

anbum yen annayum vēru illaiyē

anbē vaḍivāṇa tāyē amṛtēśvariye
akilattai aravaṇaikkum akhilāṇḍēśvariye
tiruppādam śaraṇaṭaindēn sarvēśvariye

Love and my mother are not different; O love incarnate, Mother, eternal Goddess, Goddess of the Universe who embraces the universe. Goddess of all, I surrender at your lotus feet.

ammā unnai śaraṇaṭaintēnē

Amma I surrender to You.

Amma Tan Prāṇan (Malayalam)

amma tan prāṇan pakarnnīṭum mantram
cittatte niścalam ākkiṭum mantram
hṛttinn-aṭittaṭṭil āzhnn-īraṅgi
ātma-caitanyam uṇarttum mantram

The mantra transfers Amma's divine energy to us and makes our mind still. It goes down into the depths of our soul and awakens the glorious self within

janma-janmāntara-sukṛtam ī mantram
sañcita-pāpam akattum ī mantram
kavacamāy rakṣa ēkīṭum mantram
mukti-pradāyakam bīja-mantram

The mantra is the fruit of many lives of great merit; it removes the accumulated burden of our sins. It acts as a protective shield and is the seed mantra that grants liberation.

niṣāda-hṛttinde āsura-bhāvam
unmūlanam ceyyum puṇya-mantram
bhavarōga-duḥkha-vināśaka-mantram
vandē bhaya-haram guru-mantram

The mantra removes the wicked tendencies of the dark and asuric mind. It destroys the sorrows and disease of the external world. I pray to the Guru mantra that destroys all fear.

puṇyam ī mantram guru-mantram mahā-mantram guru-mantram
dhanyam ī mantram bīja-mantram mahā-mantram guru-mantram

This great mantra, the Guru mantra is the most sacred. This great mantra, the potent mantra is the Guru mantra.

Ammē Ādiparāśakti (Malayalam)

ammē ādiparāśakti
aṛiv-ētum illā paital ival
dīnata ērunna makkaḷōṭ-anyathā
bhāvam pularttuvān ākumō ammē...

O Mother, the primal supreme power! I am your daughter, who lacks all knowledge. But you will never consider your distressed children as separate from you...

prārabdha-bhāram tāngiṭuvān ākāte
cakitayāy stabdhayāy ninnu pōy ṇān
ā prēma-gaṅgayām śrīpāda-tīrtthattil
ennum enne magna ākkiṭēṇam ammē

Unable to bear the burden of my accumulated karma I stand sad and helpless. O Mother! immerse me in the divine Ganga, the water that has bathed your holy feet..

ulakamām māyā-marīcikayil peṭṭu
ninne ṇān orunālum maṛannīṭollē
ōrō aṇuvilum nin prēmam tuṭikkēṇam
prāṇan poliyumbōzhum nin nāmam uruviṭēṇam

Let me never become trapped in the mirage of the world and forget you. Let your love pulsate in every atom, let me chant your name as life leaves my body...

Ammē Bhagavati Kālī Mahēśvari (Malayalam)

ammē bhagavati kālī mahēśvari
amṛtēśvari pādam kumbiṭunnēn
bhavarōga-śāntikkāy kēzhunnor-enne nī
bhava-nāśinī nī anugrahikkū

O Mother Kali, the supreme goddess Amriteswari, I bow down at your divine feet. I beg of you to release me from all the sorrows of this illusory world. O destroyer of all delusion, bless me.

nin cintayil āṇḍu en manam ennum
prēmattin tantrikaḷ mīṭṭiṭaṇē
karmaṅgaḷ ōrōnnum antaraṅgattile
śrīpāda-pūjayāy tīrttiṭaṇē

May my mind immersed in thoughts of you strum the musical notes of love. May my actions be the worship of your lotus feet placed within my heart.

nin naṛum-puñciri en manatārile
mōhāndhakāram akattīṭaṇē
nin mahā-maunam en antarātmāvine
bōdha-svarūpamāy tīrnnīṭaṇē

May your radiant smile illumine my mind, destroying the darkness of ignorance. May the stream of constant thoughts of you reveal the true Self within me...

Ammē Jaganmātē Māyē (Malayalam)

ammē jaganmātē māyē
hṛttil viḷaṅguk-en bhāmē
iniyum tāmasam entē tāyē
ennuḷḷil nī nīraññīṭān

O Mother! Goddess of this universe, embodiment of brilliance, shine within me. Why do you delay, my Mother, to fill my heart with your presence?

rāgādi-vairikaḷ antaraṅgam
svantam ākkān ennavanṇam ennum
nitya-sandarśakar āyiṭunnu
nīyillā nērattu nōkki ammē

Likes and dislikes, all dualities of the mind regularly visit my heart to make it their home, when you do not reside within me.

dhyāna-japādikaḷ ceyta nēram
telloru śānti labhiccirunnu
nin prēmam ennil nīrañña nēram

nī ennil āṇennu ñān ariññu

I gain a little peace when I meditate and chant. When love for you filled my heart, I found you within me.

ennullil ennumā nīravu nilkkān
entu ñān ceyyēṇḍat-ende tāyē
nīn prēma-lahariyil nṛttam ceyyān
en manam ennum koticciṭunnu

*What should I do, my Mother, for your light to always inundate my heart?
My mind ever longs to dance in the bliss of your love.*

Amṛta-Mahēśvari Akhilāṇḍēśvari (Sanskrit)

amṛta-mahēśvari akhilāṇḍēśvari
anavadhi śānti-sudātri

aṭimalariṇa tozhum aṭiyanu nalkaṇam
amṛtānanda-padam

śrīkari sumanōhari
hari-vidhivinutē śubhadē

māmaka-janani mānasa hariṇi
mātaṅgi śyāmāṅgi

bhūtaḷamātē tāvakapādē
sādaram-abhivandē

Ānandamē Saccidānanda (Malayalam)

ānandamē... saccidānanda-svarūpiṇi ammē
aṇayū prāṇanil nitya-vasantamāy nī nīrayū
anantatē... viśva-caitanyamē en jīvanil
nī jñāna-dīpamāy teḷiyū

O Mother, embodiment of truth, consciousness and bliss! Come to me and become the eternal spring season within my heart. O infinite one... you are the consciousness that pervades the universe. Shine within me as the lamp of knowledge.

ēkāntam ākum en mauna-tīraṅgaḷe
kuḷiriḷam tennalāy nī toṭṭuṇarttavē
anubhūti-dhanyam ī nimiṣaṅgaḷ ammē
prēmārdram nī inn-en janmapuṇyam

You awakened my lonely and silent shores of my mind like a cool and gentle breeze. These moments are enriched with blissful experiences, they are filled with your love...

aham enna bhāvavum bhēda-bhāvaṅgaḷum
akannātmabōdhattil uṇartīṭuvān
coriyēṇamē nin kṛpāvarṣam ennil nī
saphalam ākkīṭaṇē ende janmam

Let my ego and sense of duality disappear, let me awaken to my true self. Mother, let your grace flow into me so that my life becomes fulfilled!

Ānandam Uḷḷattil (Malayalam)

ānandam uḷḷattil uṇḍeṅkilum
ārāyunnilla nām antaraṅgē

Though supreme bliss is in our heart, we do not search for it within.

āyiram vātilil muṭṭunnu nām
ātmāvin vātil aṭacciṭunnu

We knock at a thousand doors but keep the door of the Atman closed.

āṛeyum āśrayikkunnu nammal
ā paramēśane onnozhiye

We are willing to depend on anyone, other than on that Supreme Lord.

āvōḷam bhōgaṅgaḷ āsvadikkē
āntarayōgam taṭuttiṭunnu

Our spiritual growth is hindered as we enjoy pleasures of the senses to our fill.

āśrama-jīvitam ēre iṣṭam
'ā' śramam āṇēṅkil vēre kaṣṭam

We very much like ashram life, but making that effort (a shramam) is a different matter.

ārillum kuṭṭaṅgaḷ kāṇumbōzhum
ārānum kāṇunnō tande kuṭṭam

We are keen to find fault with anyone, but are we willing to see our own faults?

ācāryan ākuvān entu mōham
ācariccīṭuvān illa dāham

We have such desire to become a teacher, but no eagerness to practice what we teach.

āmnāyam colli-paṭhikkunnatō
ādyantamāya viśuddhi nēṭān

We chant the Veda mantras to gain ultimate purity.

āreyum taccutakarkkānulla
āyudham ākkēṇḍatalla vidya

Spiritual knowledge should not become a weapon used to destroy another.

ānanda-dhāmam aṇaṇṇiṭuvān
āgraham ullil uṇḍāyiṭēṇam

Within us we need the yearning to reach the abode of bliss.

ā mahāśaktiyām amma uṇḍē
ātmārtthamāya vazhi kāṭṭuvān

Mother, the Supreme Goddess, is here to show us the right path.

Arṣabhārata Samskr̥ti (Malayalam)

arṣabhārata samskr̥ti tan
ādimaddhyānta-porulē

ādi dēvi nin mahassil
āzhaṇē ṇān vāzhaṇē

You are the everlasting essence of the Vedic culture of India. O Devi, the creator, let me dwell within your splendour.

ādi-dēvan tan kiraṇam
āzhiyil ninn-uyaravē
āzhnn-iraṅgi ennil ammē
ā nabhassin vaibhavam

As the rays of the Sun God arise from the ocean, the majesty of the resplendent sky entered deep within my heart.

ārttirambi ende ulḷil
ā vacassin vaibhavam
ādi-dēvi nin padattil
āzhaṇē ṇān vāzhaṇē

The wisdom of your words inundated my mind like the waves of the ocean. O Devi, primordial goddess, may I delve deep and dwell in you.

Eṅkaḷ Kuladaivam (Tamil)

eṅkaḷ kuladaivam ammā vēppilaikkālī
andham ellām paḍaittavaḷe ādiśakti
anbu vaḍivānavaḷe akhilāndha-nāyakiyē
kāppāṭtra vandavaḷe kuṅkumakāri

O Mother, Goddess Kali, who has neem leaves in hand Creator of the universe, You are the primordial power. You are love personified, You are the empress of the world. O Goddess who wears vermillion (kumkum), You have come to save us.

sīri varum siṅkattayum naṅcuḍaya nāgattayum
unnarugil sēvakarāy aḍakki ninḍrāy
māriverum manakkuraṅgin maruḷaceyum agantayinai
ennakatte kuḍi koṇḍu azhittiṭammā

You tamed the roaring lion and the poisonous snake and made them Your attendants. Please reside in my heart and destroy the bewildering ego of the fickle-monkey-mind.

sambantanin kural kēṭṭu jñāna pālai ūṭṭiviṭṭa
ambikayē ūzhvinaiyai aruppavalē – (jñāna)
cikkanavē un pāda-padmaṅḡalai piḍittōmē
cittam tanai suttam seytu kāṭṭiṭammā

*O Goddess, who heard the cries of Thirujnana Sambandar (an ancient sages) and fed him
Your milk, You are the one who cuts asunder the effects of past karma. O Mother, we hold
on tightly to Your lotus feet. Please clean our minds and protect us.*

ōm kāḷi... hrīm kāḷi... vēppilaikkāḷi...
amma...

O Kali, who holds the neem leaves, O Mother....

Entē Ammē En Manam (Malayalam)

entē ammē en manam vāṭunnu
ennuḷḷil ennum viḷaṅgunna sattē
nin viḷi kēḷkkān kazhiyāttat-entē
ā prēma-nisvanam ñān maṛann-ennō?

*O Mother who ever shines within as my true essence, why is my mind wilted? Why am I
unable to hear your call? Is it that I forgot the voice of your divine love?*

ninnil ninn-en cittam oru mātra akalumbōḷ
nī ariyunn-ennu ñān ariññiṭilum
entin-enn-ariyāte en hṛdantam vṛthā
entinō vēṇḍi kaṇṇīr pozhikkunnu

*I know you are aware when my mind strays away from you, for even a moment. Still my
heart sheds tears for something, I know not why.*

śvāsa-niśvāsamāy prāṇanāy nī sadā
ennuḷḷil ennum vasiṇṇiṭun-n-ēṅkilum
eṅgu nī ammē nin vāsam eṅg-ammē
oru mātra darśanam nalkiṭukammē

*Though you ever dwell within me as my breath, as my very life force, where are you
Mother? Where do you dwell? O Mother, please give me a glimpse of your form.*

Hṛdaya-Sandēśam (Malayalam)

hṛdaya-sandēśam en kaṇṇande tṛppādē
arccanā-puṣpamāyi vīṇiṭumbōḷ
mana-murukīṭunnu tanu taḷarnnīṭunnu
kaṇṇā nī enne maṛanniṭallē

The message of my heart falls as flowers of worship at the feet of my Krishna. My mind and body are stricken with grief. Krishna, please do not forget me...

prēma-gaṅgayāy ozhukunna vēṇu-gānam
hṛdayattil ennō āzhnnu pōyī
kaṇṇunīr muttāl orukkiya mālyam
svīkariccīṭumō nī mukil-varṇṇā
svīkariccīṭumō nī mukil-varṇṇā

The music from your flute flowed as the Ganga of love and entered deep within my heart. O Krishna, dark hued one, will you accept this garland made from the beads that are my tears?

kēḷkkunnuvō nī en maunamām tēṅgalukaḷ
kāṇunnuvō en nīramizhikaḷ
janmaṅgaḷ ini etra uṇḍenkilum tava
tṛppāda-smaraṇayil ozhukīṭaṇē
tṛppāda-smaraṇayil ozhukīṭaṇē

Do you hear my silent cry? Do you see my tear filled eyes? I may have many more lives but please fill them with the memory of Your lotus feet...

Irulārnnna Jīvita-Vīthiyil (Malayalam)

irulārnnna jīvita-vīthiyil ennum nī
kanivārnnu pāliccirunna satyam
aṛiyave enmanam ārdramāy tīrunnu
aḷavāṭṭa nin kṛpa ōrttu nityam

O Mother! in the dark path of my life, You compassionately guarded the truth. When I realize your love, my mind becomes tender, knowing your grace towards me!

vīṇum uruṇḍum piṭaṇṇum ṇān – nīṅgavē
ōrō cuvaṭilum nī tuṇaccu
vīṇiṭum vīthiyil tāṅgi nirtti enne
nērvazhi kāṭṭi anugrahiccu

As I stumbled and fell and tried to get back on my feet, You helped me in each step that I took. Even though I fell, You kept me on the right path, blessing me so that I did not go astray.

nēti nēti ennat-ārāṇṇu ṇān innu
nērāya nin tiru munnil etti
nērāya ninne ariyuvānāy in
nērāyi enne anugrahikku

I have now reached your sacred presence, knowing that you are the Truth. Bless me so that I may know you well as the Absolute Truth reached by constant self- inquiry.

Jagadambikē Hṛdayāmbikē (Malayalam)

jagadambikē hṛdayāmbikē
jagadambikē dēvī amṛtāmbikē

Mother of the Universe, Mother of my heart, Devi, my immortal Mother!

vazhi ariyāte vann-ettiya jīvanu
nin kṛpāvarṣam abhayam ēki
arhata yātonnum illennākilum
artthikkunnu ṇān nin prēma-bhaktikkāy

Your grace granted refuge to this jiva who wandered without knowing the way. I am not deserving yet I beg for loving devotion to you.

cañcalamām en hṛttil irunnum
puñciri tūki nērvazhi kāṭṭum
nin tṛppādamām lakṣyam pūkān
ennil kaniyān tāmasam arutē

You reside smiling within my fickle heart and show me the right path. Do not tarry to show your compassion so that I may reach the goal of your lotus feet.

mārgavum lakṣyavum nī tanne ammē
mārga-vighnam nīkkum śaktiyum nīyē
ātma-kṛpayāy ennīl nīrayū
jñānamṛtam tūki ninnōṭu cērkkū

O Mother! You are both the way and the goal, you are the strength that removes all the obstacles on the way. Fill my heart as grace for my own true self. Grant me knowledge of immortality and hold me close to you.

Janimṛti-Cakrattin (Malayalam)

janimṛti-cakrattin poruḷ ariyāte
iruḷ ārnna jīvita-pātayil ñān
nēr-arīyāte poy pōya nāl onnil
kaṇḍu ñān kāruṇya-rūpamām ammaye

I knew not the meaning of the cycle of birth and death and walked the dark path of ignorance. One day, I saw the compassionate form of my Mother.

māṭṛ-vātsalyattāl vāri puṇarnn-amma
śānti tan pāta teliccor-ā nāl
ātma-viśvāsamām neyttiri nāḷavum
uḷḷil telicc-enne dhanya ākki

My Mother embraced me with so much love and shone light in the path of peace. She lit within me the lamp of self-confidence and gave meaning to my life...

jīvande mārgavum jīvita-lakṣyavum
īśvara-prēmattāl pūrṇṇam ākum
vismariccīṭāte nīṣṭhayōṭ-ennum ī
pātē carikkān anugrahikkū

The path of life and its ultimate goal become complete in God's love. Bless me that I may not forget this truth so that I may travel the path of love.

Jōgoto Jononī (Odiya)

jogoto jononī mātā durgā bhovānī
krpā koro krpāmoyī bhokti-prodāyīnī

O Goddess Durga, Mother of the universe, compassionate one, please shower your grace and bestow devotion.

jāhā mu pāūci mātā jahā mu dēkhūchi
sobū rē pochore mātā saṅkēto āsuchi
bujhi no pāri yē monō bhromito heyūchi
soṅsāro bondhonore mā choṭo poṭo heūcchi

Whatever I receive and see in life happens because of some cause which I am not able to understand. My confused mind wanders in the world of samsara and feels restless.

bipodo āsīle mātā bisvāso rohunī
tumo binā mono moro sthira hi rohūnī
tumo anubhobo mātā dhorito pārūni
jñāno diyo prēmo diyo śokti prodāyīnī

During times of trouble, I lose my faith. Without your presence my mind is not calm. I get many experiences but am not able to co-relate the same when the situation arises. O Mother, please give me knowledge, love and strength.

guhārī suṇogō mātā duḥkha nivāriṇi
prēmō bhokti diyo mote mukti prodāyīnī
bisvāso bondhono re mā diyo mote bāndhī
ē bhobo sāgoru mātā diyo mote mukti

O Mother, healer of sorrows, please listen to my prayer; give me love, devotion and eternal bliss. Bind me in profound faith in you. Sail me across the bondage of the world and free me from the cycle of birth and death.

mā... mā... mā... mā...

Mā Kā Mantr-Jap (Hindi)

mā kā mantr-jap rē man
prēm mantr jap rē man

O mind, chant the mantra of 'Ma'. Chant the mantra of love.

bhakti na jānu jñān na jānu
phir bhi ās hai man mēñ mā
āvō mērē dil mēñ mā
man mandir mēñ bas jāvō

I do not know of devotion nor do I know of knowledge. Still there is hope in this heart, O Mother. Come into my heart and reside forever in its temple O Mother.

prēm bhakti kā sudhā pilāvō
bhav sāgar sē pār karō mā
mōh jāl sē hame chuḍāvō
mērē dil mēñ nācō mā

Feed me the nectar of love and devotion and help me cross this ocean of transmigration. Free me from the net of attachments and dance in my heart Mother!

jñān bhakti kā dīp jalākē
śuddh bōdh kā uday karākē
param śānti mēñ līn karāvō
mērā jīvan dhanya banādō

Lighting the lamp of knowledge and devotion, awakening pure awareness immerse me in supreme peace and make my life fruitful and worthy.

Mārivillin Ēzhu Varṇaṅgaḷil (Malayalam)

mārivillin ēzhu varṇaṅgaḷil
amma tan rūpam viṭarnnu
śōṇima ārnnoru sandhya tan ceñcāyam
amma tan sindūram allē

Mother's form blossomed as the colours of the rainbow, the crimson colour of the setting sun is the vermilion of Mother's forehead.

nīlavāṇiṭattil nakṣatra-śōbha en
amma tan nāsābharaṇam allē
kāḷima ōlunna niśayute cāruta

amma tan kār-kuntalābha allē

The sparkle of the stars up in the deep blue sky is Mother's brilliant nose ring, the beauty of the black night is the shine of Her dark hair.

ī prapañcattin nitya-caitanyam en
amma tan prēma-prabhāvam allē
ā prēmādhārayil āmagnayāyi ñān
amma tan hṛdayamāy tīrnniṭaṇē

*The eternal energy of the universe is the resplendence of Mother's love.
Immersed in the flow of Her love, may I become one with Her heart.*

Nīramayil-Pīliyil (Malayalam)

nīramayil-pīliyil oru śyāma-varṇṇamāy
kuṛunira azhakāy tīrnnēṅkil
kaṇṇande kāl-svanam ennum śraviccu ñān
ānanda-pūrṇṇayāy tīrnnēne

*if I could become a deep colour in the peacock feather that adorns Krishna's curly hair, I
would be ever blissful listening to the foot steps of my Lord.*

tava trppāda-sparśana-mātrayil
pūtt-ulaññā kadambattin caritam
ennōṭ-ōtiya kuḷiriḷam tennal
tazhuki-talōṭi kaṭannu pōyi

*As she passed me by, the gentle breeze caressed me and softly whispered the story of the
Kadamba tree that flowered at the touch of your feet.*

ī virahattin kanalil eriññu ñān
avaniyil vīṇiṭum mupē en kaṇṇā
varika en cāre nin prēmattin mādhuri
mukarnnu ñānum taḷir-aṇiyaṭṭe

*O Krishna! Before I fall to the earth, under the scorching heat of my sorrow, come to me, let
me imbibe the sweetness of your love and blossom like the Kadamba tree.*

Pādam Nanayāte (Malayalam)

pādam nanayāte sāgaram tāṇḍuvān
kazhivuttōr-uṇḍākilum ennāl
jīvitam ākum arṇṇavam kaṭannīṭān
nayanam nanaykka tanne vēṇam

There might be some capable of crossing the ocean without wetting their feet. But in order to cross over the ocean of life we will have to cry.

māmara-kūṭṭaṅgaḷ onnāyi tōnnīṭum
dūrattu ninnu nām kaṇḍīṭumbōḷ
arikattu cellukil ariyumār-āyiṭum
akalam uṇḍennulla satyam

When seen from afar a cluster of trees will seem like one, but when we go near we see the gaps in between each tree

uṭṭavar uṭayavar aṭuttu ninnīṭum
akalattu ninnu nām nōkkiṭumbōḷ
cārattu cellukil bōdhyavum āyiṭum
namukku nām enna satyam

When seen from afar our near and dear ones seem to stand together for us. But when we go near we will see the truth that we stand alone, we have only our own self!

bandhaṅgaḷ duḥkhattin hētu ennākilum
manam alayunnu mōha-bandhaṅgaḷkkāy
en manam ennum bandhurāṅgi ninnil
bandhitam ākuvān kṛpa aruḷū

Attachment is the cause of suffering, still the deluded mind wanders in search of relationships. O Bandhurangi, bestow your grace that my bond may be with you alone.

Prēma-Pravāhamē (Malayalam)

prēma-pravāhamē jñāna-prakāśamē
kēḷkkunnatillayō en rōdanam
kāttirunnīṭunna paital āṇ-ī makal
kaṇṇunīr oppīṭān vannīṭaṇē

Mother! you are the river of love and the light of knowledge, won't you hear my cries? This child is waiting for you to come and wipe away her tears.

antaraṅgattil tuṭikkunnu vēdana
aviṭutte darśana-bhāgyattināy
ī duḥkha-sāgaram nīntikkaṭanniṭān
ammayillāte ivaḷkkāvatilla

My heart is aching, yearning for the fortune of your darshan. Without you, my Mother, I will not be able to swim across this ocean of sorrow.

tāṅgāy taṇalāy ēzhaye kākkaṇē
kāruṇya-vāridhē kaniyēṇamē
prēma-pravāhattil nīnti tuṭiccu ṇān
jñāna-pravāhamāy māriṭaṭṭe

Be my support and my shade, protect me, O ocean of compassion! Let me bathe in the river of your love and become one with the flow of your supreme knowledge...

Pūntiṅkaḷāyi (Malayalam)

pūntiṅkaḷāyi prēmam uṇarnnu cidākāṣē
pūmukham onnu ṇān darśicca mātrayil
puñcirikk-āyiram artthaṅgaḷ uṇḍ-ennu
pūrṇamāy innu nī teliccu tannu

Love awoke like the full moon within my heart. The moment I glimpsed your lovely face I became absorbed in your smile that contains a thousand meanings.

nērinde vazhiyil nērāyi naṭatti nin
nirmala-prēmatte pulkīṭuvān
ninnilēkkullorā nīṇḍa ī yātrayil
nilaykkātta prēmamām ēkāśrayam

You guide me along the straight road to the truth so that I may embrace pure love. The way to you is very long. My only support is your unending love.

kuttam ēreyuḷḷa śilpamallō ṇānum
kāḷikē līlayil paṅku cērnnu^[SEP]
kālattinotta kōlaṅgaḷ āṭi ṇān^[SEP]

kāruṇyam onnināyi bhikṣa yācikkunnu

*Numerous are my faults; still you have given me a part in your divine play.
I play the parts envisioned by time, O Kalika! I beg for the alms of your compassion!*

ambā... bhikṣām dēhi
ambā... bhikṣām dēhi
ambā... bhikṣām dēhi

Mother- I beg alms from you!

Saccinmayi Amba (Sanskrit)

saccinmayi amba sadguru-rūpiṇi
tava kṛpā-varṣam bhavabhaya-bhañjakam
śādhi mām śādhi mām dēvī dayāmayī
pāhi mām pāhi mām lōka-mātē

*O Mother, pure consciousness embodied in the form of the Sadguru! The shower of your
grace destroys the fear of samsāra. Please instruct me, most compassionate Goddess!
Please protect me, O Mother of the world!*

bhakti-sandāyini saṅkaṭa-hāriṇi
tava vacanāmṛtam mama mārṅga-darśakam
maṅgaḷa-dāyini mama mōha-nāśini
pāhi mām pāhi mām lōka-mātē
pāhi mām pāhi mām lōka-mātē

*You bestow devotion and destroy our sorrow. Your immortal words are the light on my
path. You bring auspiciousness and destroy my delusion. Please protect me, O Mother of
the world!*

kāruṇya-rūpiṇi kaivalya-dāyini
tava pāda-cintanam jñāna-prakāśakam
tava divya-darśanam mama harṣa-kāraṇam
pāhi mām pāhi mām lōka-mātē
pāhi mām pāhi mām lōka-mātē

You are the embodiment of compassion and the giver of liberation. The very thought of Your feet reveals knowledge. The sight of your divine form fills me with joy. Please protect me, O Mother of the world!

Samsāra-Duḥkha-Pūrṇamām (Malayalam)

samsāra-duḥkha-pūrṇamām jīvitam
aviṭuttek-arpiccu mēvunnu nin makkaḷ
janani tava tiru kṛpāmṛtattināy
anudinam kāttirikkunnu nin makkaḷ

Your children offer their lives to you, their lives which are full of worldly sorrow. O Mother, they wait every day to receive your ambrosial grace.

uḷḷatullattil ariyān ammē
nin makkaḷkk-ātma-bōdham uṇarttu
ellām orātmāv-ennatu darśikkān
bōdhattāl uḷḷam teḷiccu tarū

Mother, awaken the knowledge of the self within your children, so that they may know the truth. Enlighten us so that we become aware that all is the one atman.

māyājālaṅgaḷ kāṇunna kaṇkaḷe
antarātmāvilēkk-ānayaḥcītu
sāndramām saccidānandābdhi pūkuvān
ātma-samarppaṇam ceyyunnu makkaḷ

Guide our eyes mesmerized by the outer world into the inner world of the Self. Your children offer themselves to you, immerse us in the calm ocean of truth, bliss and consciousness.

Sarva-Kāmaṅgaḷum (Malayalam)

sarva-kāmaṅgaḷum astamiccītukil
hṛttil orāyiram arkkabimbam pōl
ambika ennum jvalicc-uyarum
jagadambika ennum jvalicc-uyarum

When all our desires end our Mother will dawn within our hearts with the brilliance of a thousand suns! Our Mother, the Goddess of this Universe, will shine within.

ōrō aṇuvilūṭ-ozhukunna nādam
amma tan nāmam enn-aṛivāyiṭum
ā tiru-nāmam kēṭṭu kēṭṭ-en manam
ēkāṭma-bōdhattil āzhnn-aliyum

I will know that the sound resonating within each atom is the sacred name of our Mother. Hearing Her name everywhere I will dissolve in the awareness of the One Self...

azhalukaḷkk-ādhāram aham āṇenn-aṛiyukil
ādhiyat-ellām akale ākum
nin ānandāmṛtābdhiyil muṅgi
ñān onn-ānanda-mattayākum

When we realize that the basis of sorrow is the ego all our troubles will fall away. Immersed in your ocean of immortal bliss I will experience unparalleled joy.

Śāśvata-Śānti (Malayalam)

śāśvata-śānti tan siddhauṣadham
guru-smaraṇayat-onnu-mātram
guru-vākyam śraviccīṭṭu mānavā nityavum
cintanam ceytu manassil dhariccīṭṭu

The perfect medicine for eternal peace is the constant remembrance of the Guru. O Man! Listen to the words of the Guru, contemplate and establish them within your heart!

āśura-bhāvavum garvavum nīkki
smaraṇam ceytīṭṭu samśuddhar-āyiṭū
karma-yōgattināl pāvanamāy-oru
mānasatāril tattvam viḷaṅgiṭum

Remove your wicked tendencies and ego, contemplate on the Guru's words and become pure hearted. The essential principle will shine within a heart that has become pure by selfless action.

āśrayicc-ennāl guru kṛpa varṣikkum
ajñānam nīṅgiṭum cittam telīññiṭum
sarvavum īśvaramayam enn-aṛiyukil

amṛta-padattil uyarnniṭum niścayam

If we take refuge in Her, She will shower Her grace upon us. Our ignorance will be removed and our mind will become clear. If we experience that all is God we will surely merge into Her divine feet!

Varttamāna-Jīvitam (Malayalam)

varttamāna-jīvitam
suvarddhamānam ākkaṇam
bhaktiyum viraktiyum
vaḷarttiṭunnat-āvaṇam

May our life become meaningful, may we cultivate devotion and dispassion.

‘lakṣya-bōdham ārilum
bhavikkaṇam nirantaram’
amma ēkum ī mozhi
nammaḷil muzhaṅgaṇam

‘Everyone should be constantly aware of the goal.’ let these words of Amma resonate within.

śuddhamāya bhaktiye
bhajicciṭām namukk-ini
yuktiyum subuddhiyum
taṭukkukilla mṛtyuve

Hereafter, let us praise pure devotion. Logic and a sharp intellect will not stop death.

āśayaṭṭa mānasam
prakāśamānam āyiṭum
īśvarande vāsabhūmi
īhayatṭa hr̥ttaṭam

A mind that doesn’t desire anything shines clearly. A heart free of desire is God’s dwelling place.

vēdasāram ākum ā
tyāga-pūrṇa-jīvitam

kāṭṭiṭunnu amma ī
pāriṭattil ākavē

Mother shows the whole world a life of complete sacrifice that is the very essence of the Vedas.

bhōgavum bhujicciṭām
yōgavum varuttiṭām
ēvam ōrttu pōyiṭunnu
ēre mandabuddhikaḷ

Foolish are those who think they can enjoy sense pleasures and also progress along the spiritual path.

rātriyum veliccavum
cērttu koṇḍu pōyiṭān
ārkkum āvatillahō
ōrttu nām gamikkaṇam

Knowing that none can bring together darkness and light, let us move ahead.

klēśa-pūrṇam ākum ī
bhōga-lōla-jīvitam
tyāga-pūrṇam ākkiyāl
ārkkum ātma-nirvṛti

This life of pleasure is full of sorrow. Anyone can attain the blissful Self if they make their life one of sacrifice.