

Human capital mediates natural selection in contemporary humans

David Hugh-Jones ^{*}, Abdel Abdellaoui [†]

23 July 2021

Abstract

Natural selection has been documented in contemporary humans, but little is known about the mechanisms behind it. We test for natural selection through the association between 33 polygenic scores and fertility, across two generations, using data from UK Biobank (N = 409,629 British subjects with European ancestry). Consistently over time, polygenic scores associated with lower (higher) earnings, education and health are selected for (against). Selection effects are concentrated among lower SES groups, younger parents, people with more lifetime sexual partners, and people not living with a partner. The direction of natural selection is reversed among older parents (22+), or after controlling for age at first live birth. These patterns are in line with economic theories of fertility, in which higher earnings may either increase or decrease fertility via income and substitution effects in the labour market. Studying natural selection can help us understand the genetic architecture of health outcomes: we find evidence in modern day Great Britain for multiple natural selection pressures that vary between subgroups in the direction and strength of their effects, that are strongly related to the socio-economic system, and that may contribute to health inequalities across income groups.

Living organisms evolve through natural selection, in which allele frequencies change in the population through differential reproduction rates. Studying the mechanisms behind natural selection can help us better understand how individual differences in complex traits and disease risk arise (Benton et al. 2021). Recent work confirms that natural selection is taking place in modern human populations, using genome-wide analysis (Barban et al. 2016; Beauchamp 2016; Kong et al. 2017; Sanjak et al. 2018). In particular, genetic variants associated with higher educational attainment are being selected against, although effect sizes appear small.

As yet we know little about the social mechanisms behind these effects. This study uses data from UK Biobank (Bycroft et al. 2018) to learn more. We test for natural selection on 33 different polygenic scores by estimating their correlation with fertility. We extend the analysis over two generations, using data on respondents' number of siblings as well as their number of children. This is interesting because consistent natural selection over multiple generations could lead

^{*}Corresponding author. School of Economics, University of East Anglia, Norwich, UK. Email: D.Hugh-Jones@uea.ac.uk

[†]Department of Psychiatry, Amsterdam UMC, University of Amsterdam, Amsterdam, The Netherlands.

to substantive effects in the long run. Most importantly, we examine reproductive rates in different subgroups of the population, in order to uncover patterns that can help illuminate the mechanisms behind modern natural selection.

We find selection effects on many polygenic scores. Effects are largely consistent across generations. The strength of natural selection on a polygenic score is associated with that score’s correlation with education and earnings: scores that predict lower education and earnings are being selected for. Also, across the board, polygenic scores have stronger relationships with fertility among specific subgroups. Selection effects are stronger in groups with lower income and less education, among younger parents, people not living with a partner, and people with more lifetime sexual partners. Outside these groups, effects are weaker and often statistically insignificant. In some subgroups, the direction of selection is even reversed: polygenic scores predicting higher education and earnings are associated with *higher* fertility.

These patterns are in line with economic theories of fertility (Becker 1960). In these, higher potential earnings have two opposite effects on fertility: a fertility-increasing *income effect* (higher income makes children more affordable), and a fertility-lowering *substitution effect* (time spent on childrearing has a higher cost in foregone earnings). Our results suggest that the substitution effect dominates for single parents and younger parents, while among couples and older parents (22+) effects are more evenly balanced.

Results

We created polygenic scores for 33 traits in 409,629 individuals, corrected for ancestry using 100 genetic principal components (see Materials and Methods). Figure 1 plots mean polygenic scores in the sample by 5-year birth intervals. Several scores show consistent increases or declines over this 30-year period, of the order of 5% of a standard deviation. These changes could reflect natural selection within the UK population, but also emigration, or ascertainment bias within the sample. Respondents have higher income and are better educated than the UK population, and they may also differ on other unobserved characteristics (Fry et al. 2017). Since richer and more educated people also live longer, this bias could also increase with age. Lastly, the sample sex ratio skews 54.05% female.

To test more directly for natural selection, we regress respondents’ number of children (N_i) on their polygenic scores (PGS):

$$N_i = \alpha + \beta \text{PGS}_i + \varepsilon_i \quad (1)$$

The “selection effect,” β , reflects the strength of natural selection within the sample. In fact, since polygenic scores are normalized, β is the expected polygenic score among children of the sample (Beauchamp 2016).¹ Note that equation

¹The selection effect β equals $\text{Cov}(N, \text{PGS})/\text{Var}(\text{PGS})$ where N is the number of children. Since PGS are normalized to variance 1 and



Figure 1: Mean polygenic scores (PGS) by birth year in UK Biobank. Points are means for 5-year intervals. Lines are 95% confidence intervals. Green triangles show a significant linear increase over time ($p < 0.05/33$). Red squares show a significant decrease.

(1) does not include many possible environmental and genetic confounds that could affect fertility, and as a result, β is not an estimate of the causal effect of a polygenic score on fertility. However, natural selection is a correlational phenomenon, not a causal one: if a polygenic score correlates with low fertility, it is being selected against, whatever the underlying causal relationship.

To correct for ascertainment bias, we weight participants using population data. We try three alternative weighting schemes: (1) “Geographical” weighting, by geography, age and presence/absence of a partner; (2) age and highest educational qualification; and (3) for women only, age, highest qualification, and age at first live birth. Figure 2 plots selection effects among the entire sample, estimated with the three weighting schemes, and also with uniform weights. Effects for 16 out of 33 polygenic scores are significant at $p < 0.05/33$ under all four weighting schemes, with 26 scores reaching significance under at least one scheme. Weighting makes a large difference to estimates: mean effect sizes across all polygenic scores are increased by a factor of 1.4 (geographical weighting), 1.22 (age/qualification) or 1.89 (age/qualification/AFLB). Estimates might be further affected by weighting on other demographic variables.

We also check for balancing and diversifying selection by estimating (1) with a quadratic term. In particular, we find diversifying selection for educational attainment polygenic scores: at higher values of these scores, the negative effect on fertility is smaller (Appendix Figure 9).

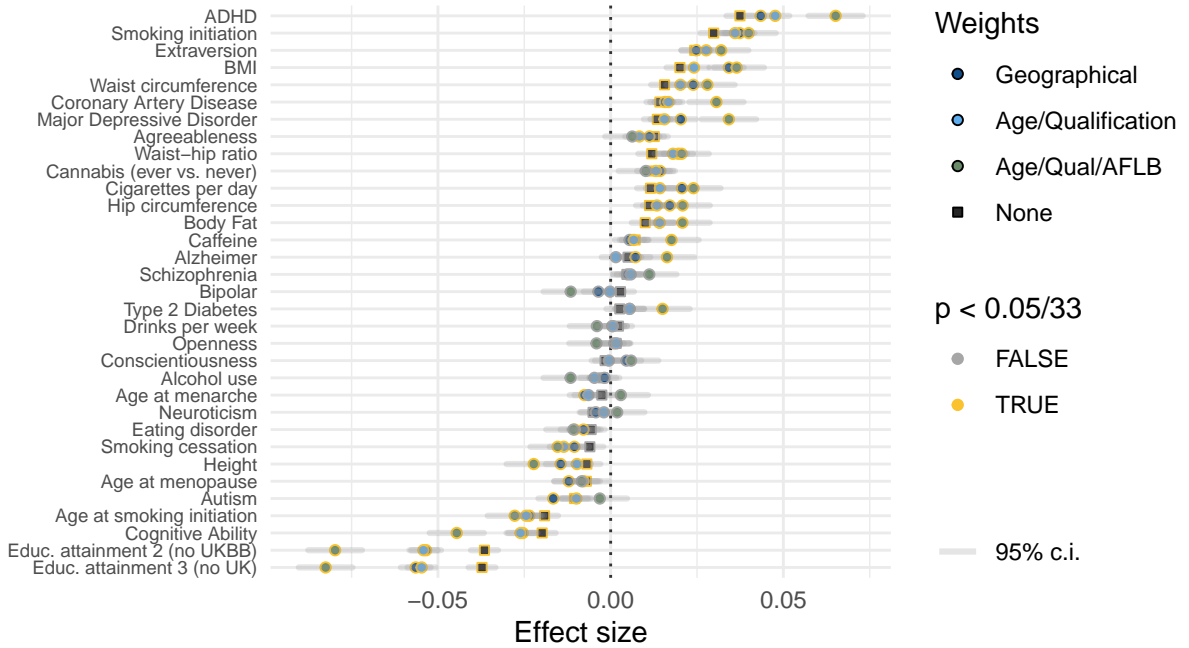


Figure 2: Selection effects: weighted and unweighted regressions. Each point represents a single bivariate regression of number of children on a polygenic score.

mean 0, this reduces to $Cov(N, PGS) \equiv E(N PGS) - E(N)E(PGS) = E(N PGS)$. This is the polygenic score weighted by the number of children, which is the average polygenic score in the next generation.

To understand the reasons for the ascertainment bias in our sample, and to learn about the mechanisms underlying natural selection, we split the sample, starting with basic demographic variables including education, income and sex. These are all potential sources of ascertainment bias, as mentioned above. We then re-estimate (1) within each subgroup.

We emphasize that this exercise does *not* apportion the total correlation with fertility into subgroups. That is because the polygenic score may also affect the probability of being in each subgroup. For example, the EA3 polygenic score for educational attainment not only affects fertility among university graduates, and among non-graduates; it also changes a person’s chance of attending university. Nevertheless, differences in equation (1) across subgroups can inform us about how natural selection works, by constraining the set of possible mechanisms.

Figure 3 plots selection effects for each polygenic score, grouping respondents by age of completing full-time education, and by household income. Effects are larger and more significant for the lowest income category, and for the lowest education category. These results could be explained by age, if older respondents have lower income and are less educated, and also show more natural selection on polygenic scores. However, when we rerun the regressions, interacting the polygenic score with income category and also with a quadratic in age, the interaction with income remains significant at $p < 0.05/33$ for 16 out of 33 regressions. Similarly if we interact the PGS with age of leaving full time education and a quadratic in age, the interaction with age leaving full time education remains significant at $p < 0.05/33$ for 12 out of 33 regressions.

Selection effects are also different between men and women (Appendix Figure 8). Differences are particularly large for educational attainment, height and MDD. Several polygenic scores for mental illness and personality traits are more selected for (or less against) among women, including major depressive disorder (MDD), schizophrenia and neuroticism, while extraversion is more selected for among men. Scores for waist circumference and waist-hip ratio are less selected for among women. One possible reason for these sex differences is that polygenic scores may affect fertility via success in marriage markets, and men and women may value different characteristics in these.

We next focus on variables related to household type and reproductive strategy. We split males and females by lifetime number of sexual partners, at the median value of 3 (Figure 4a). For both sexes, selection effects are larger and more significant among those with more than 3 lifetime partners. Next we split respondents by whether they were living with a spouse or partner at the time of interview. Effects are larger among those not living with a spouse or partner (Figure 4b).

Lastly, we split female respondents by age at first live birth (AFLB).² There is evidence for genetic effects on AFLB (Barban et al. 2016), and there is a close link between this variable and number of children born. Figure 5a shows effect sizes estimated separately for each tercile of AFLB. Several effects are strikingly different across terciles. ADHD

²This information is unavailable for men.

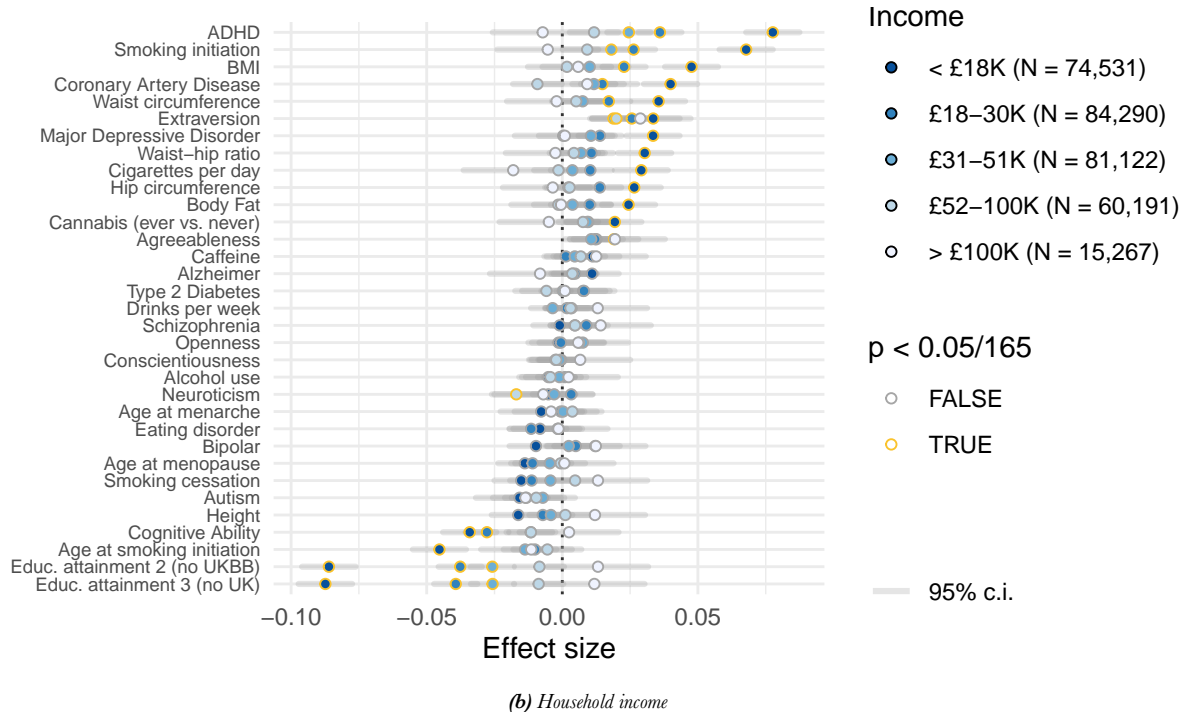


Figure 3: Selection effects by education and income.

and MDD are selected for amongst the youngest third of mothers, but selected against among the oldest two-thirds. Educational attainment is selected for among the oldest two-thirds of mothers, but is not significantly selected among the youngest third. Similarly, several polygenic scores for body measurements are selected against only among older mothers. The correlation between effect sizes for the youngest and oldest terciles is -0.46.

To investigate this further, we estimate equation (1) *controlling* for AFLB, again among females (Figure 5b). In 24 out of 33 cases, effects change sign when controls are added. The correlation between effect sizes controlling for AFLB, and raw effect sizes, is -0.79. Thus, selection effects seem to come through two opposing channels: an effect on AFLB, and an opposite-signed effect on number of children controlling for AFLB. Again, we do not claim that AFLB is exogenous to an individual's polygenic scores. Indeed, our analyses show that it is not (Appendix Figure 15). Rather, we argue that AFLB mediates part of the relationship between polygenic scores and fertility, and that once this is controlled for, the remaining part of the relationship has the opposite sign.

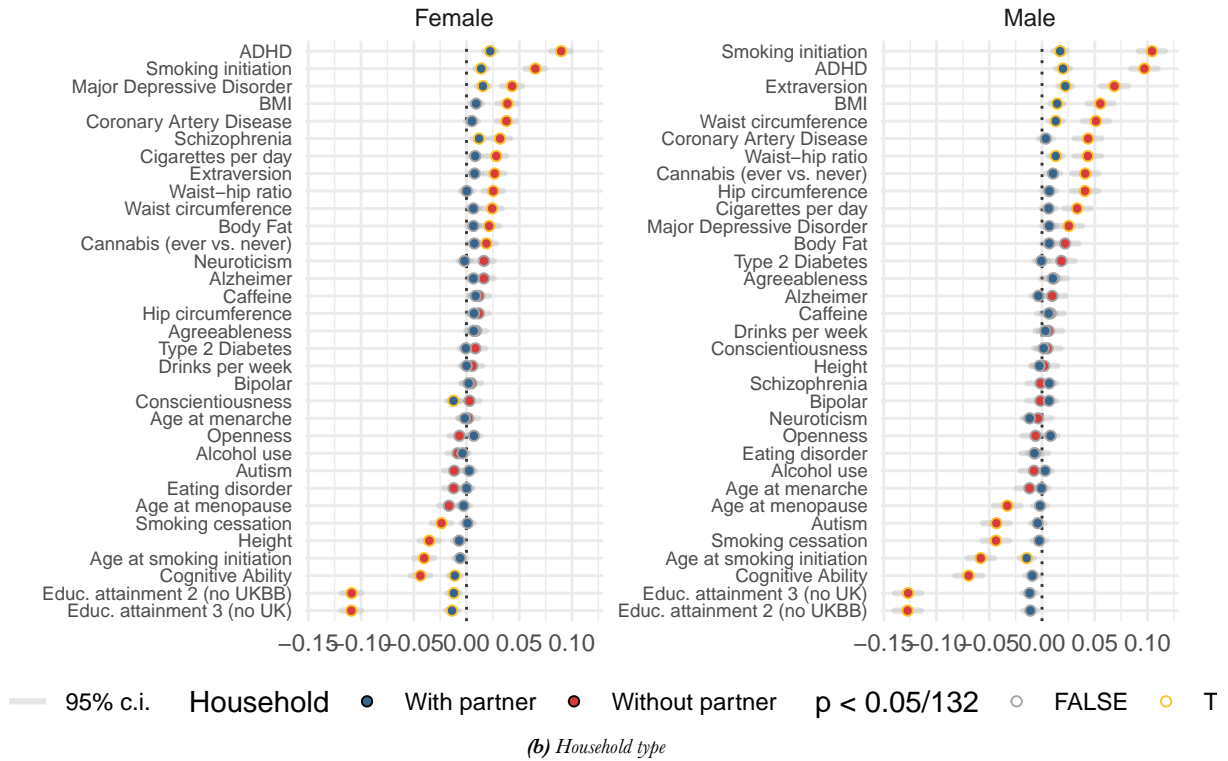


Figure 4: Selection effects by number of sexual partners and household type.



(a) Effect sizes by age at first live birth terciles (women only)



(b) Effect sizes controlling for age at first live birth. Effect sizes without controls (for women only) shown for comparison.

Figure 5: Selection effects by age at first live birth, and controlling for age at first live birth (women only).

Selection in the parents' generation

The UK Biobank data contains information on respondents' number of siblings. Since respondents' polygenic scores are equal in expectation to the mean scores of their parents, we can use this to look at selection effects in the parents' generation. We estimate equation (1) using *number of siblings* (including the respondent) as the dependent variable. The parents' generation has an additional source of ascertainment bias: sampling parents of respondents overweights parents who have many children. For instance, parents of three children will have, on average, three times more children represented in UK Biobank than parents of one child. Parents of no children will by definition not be represented. To compensate, we reweight our preferred weightings (Age/Qualification) by the inverse of *number of siblings*.

Selection effects are highly correlated across the two generations, and most share the same sign (Appendix Figure 10). Absolute effect size estimates are larger for the parents' generation. We treat this result cautiously, because when we split respondents up by year of birth, we find few differences in effect sizes between early- and late-born respondents, for either generation. In other words, since estimated effect sizes change across "generations," but do not change over time within either generation, the change may be due to remaining ascertainment bias within the sample or other effects. In particular, effect sizes in both generations may depend on polygenic scores' correlation with childlessness, and we cannot estimate this for the parents' generation.

Although the direction of selection effects does not change between the generations, there are other differences. Compared to our standard polygenic scores (residualized on 100 principal components of genetic data), selection effects on unresidualized scores are about ten percent higher on average for *number of siblings*, whereas effects for *number of children* barely change (Appendix Figure 12). This could be because earlier fertility is driven more by geographically clustered deprivation (e.g. via an insurance motive, Rendall and Bahchieva 1998), which may correlate with the broad-scale genetic variation captured by principal components, such as ancestry.

We also check whether selection effects differ by socio-economic status in the parents' generation. We have no information about parents' income, so we use the 1971 Townsend deprivation score of respondents' birthplace as a proxy (Townsend 1987). Results (Appendix Figure 11) show the same pattern as for respondents: effect sizes are larger and more often significant in the most deprived areas.

Lastly, the siblings data lets us check for a "quantity-quality tradeoff" between number of children and number of grandchildren (for the parents' generation). We do not find any: in fact, the correlation between *number of siblings* and *number of children* is positive ($\rho = 0.1$, $p < 2 \times 10^{-16}$).

Human capital and natural selection

These results show that selection effects are weaker, absent, or even reversed among some subgroups of the population. A possible explanation for this comes from the economic theory of fertility (Becker 1960; Willis 1973; Becker and Tomes 1976). According to this theory, increases in a person's wage affect their fertility via two opposing channels. There is an *income effect* by which children become more affordable, like any other good. There is also a *substitution effect*: since childrearing has a cost in time, the opportunity cost of childrearing increases if one's market wage is higher. The income effect leads higher earners to have more children. The substitution effect leads them to have fewer children.

Suppose that certain genetic variants correlate with human capital – skills or other characteristics that affect an individual's earnings in the labour market. These variants may then be associated with opposing effects on fertility. The income effect will lead to natural selection in favour of earnings-increasing variants (or variants that are merely associated with higher earnings). The substitution effect will do the reverse.

To show this, we write down a simple model of fertility choices. h is an individual's level of human capital. For now, we simply identify this with his or her wage W . Raising a child takes time b . People maximize utility from the number of children N , and income $Y \equiv (1 - bN)W$. An individual's payoff is

$$U = u(Y) + aN.$$

Here a captures the strength of preference for children. $u(\cdot)$ captures the taste for income, and is concave and increasing. We treat N as continuous, in line with the literature: this can be thought of as the expected number of children among similar people. The marginal benefit of an extra child is $\frac{dU}{dN} = -bWu'(Y) + a$. The effect of an increase in human capital on this marginal benefit is

$$\frac{d^2U}{dNd h} = \underbrace{-bu'(Y)}_{\text{Substitution effect}} \underbrace{-bYu''(Y)}_{\text{Income effect}}.$$

The *substitution effect* is negative and reflects that when wages increase, time devoted to childcare costs more in foregone income. The positive *income effect* depends on the curvature of the utility function, and reflects that when income is higher, the marginal loss of income from children is less painful.

To examine education and fertility timing, we extend the model to two periods. For convenience we ignore time discounting, and assume that credit markets are imperfect so that agents cannot borrow. Write

$$U(N_1, N_2) = u(Y_1) + u(Y_2) + aN_1 + aN_2 \quad (2)$$

Instead of identifying human capital with wages, we now allow individuals to choose a level of education $s \in [0, 1]$, which has a time cost in period 1. Education is complementary to human capital $h > 0$, and increases period 2 wages, which take the simple functional form $w(s, h) = sh$. We normalize period 1 wages to 1. Letting $u(\cdot)$ take the constant relative risk aversion (CRRA) form $u(y) = \frac{y^{1-\sigma}-1}{1-\sigma}$, where $\sigma > 0$ captures risk aversion in income, we examine total fertility $N^* = N_1^* + N_2^*$ and the *fertility-human capital relationship*, $\frac{dN^*}{dh}$. For $\sigma < 1$, and in a neighbourhood of $\sigma = 1$, Table 1 shows five theoretical predictions, along with corresponding empirical results for the correlation between polygenic scores and fertility.³

Table 1: Predictions from the theoretical model and corresponding empirical results.

	Theory	Empirical results
1.	The fertility-human capital relationship is negative: $\frac{dN^*}{dh} < 0$.	Figures 1 and 2.
2.	The fertility-human capital relationship is weaker (closer to zero) at higher wages and/or levels of human capital.	Figure 3a. Selection effects are also weaker at higher polygenic scores for EA (Appendix Figure 9).
3.	The relationship is more negative when the time burden of children, b , is larger.	Stronger effects for single parents (Figure 4).
4.	The relationship is weaker at higher levels of education s .	Figure 3b.
5.	The relationship is weaker among those who start fertility in period 2 ($N_1^* = 0$) than among those who start fertility in period 1 ($N_1^* > 0$).	Effects weaker among those starting fertility later (Figure 5a).

The above does not aim to provide a complete theory of fertility. Rather, it shows that a relatively simple economic model can explain many of our results. Other empirical work in economics also supports our mechanism. Caucutt, Guner, and Knowles (2002) and Monstad, Propper, and Salvanes (2008) show that education and skills affect age at first birth and fertility. Income decreases fertility at low income levels, but increases it at higher income levels (Cohen, Dehejia, and Romanov 2013). US fertility decreases faster with education among single mothers than married mothers (Baudin, De La Croix, and Gobbi 2015), in line with our prediction 3 and as predicted by Becker (1981).

³Predictions 1-3 also hold in the one-period model. Our empirical results are actually stronger than prediction 5, in that correlations with fertility are *reversed* at higher AFLB. This prediction can be accommodated in the model if children have a money cost as well as a time cost. Appendix Figure 21 shows an example.

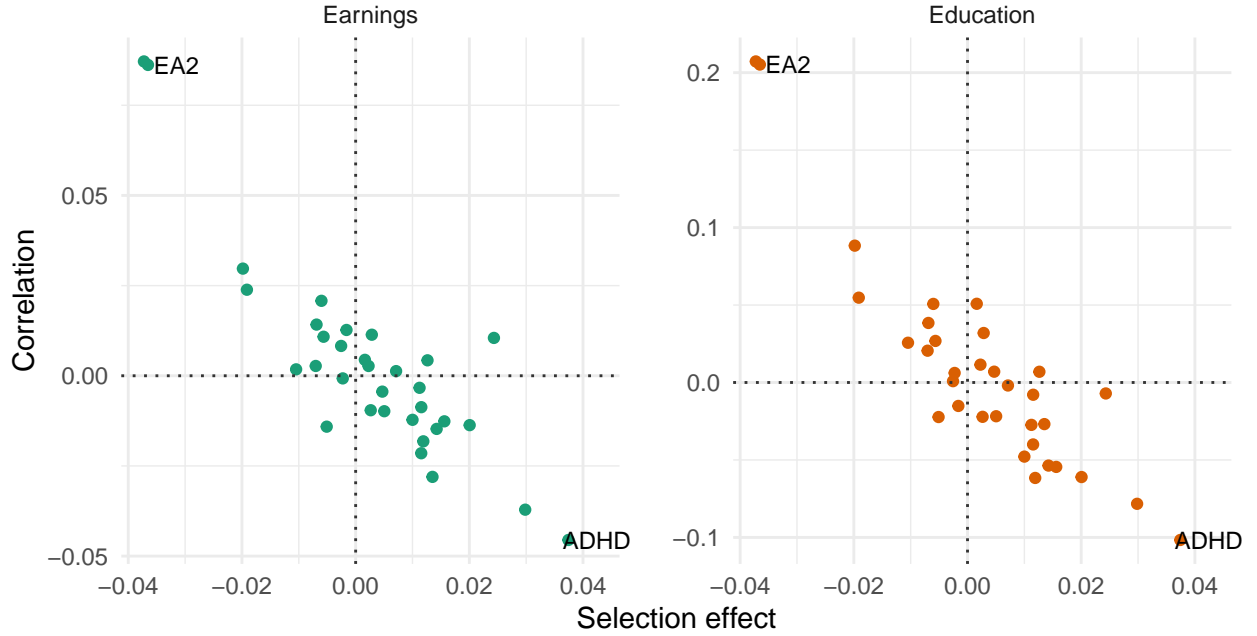


Figure 6: Selection effects by correlations with earnings and educational attainment. Each point represents one polygenic score.

Testing the theory

We test this explanation in two ways. First, the economic theory predicts that genetic variants will be selected for (or against) in proportion to their correlation with human capital. Figure 6 plots selection effects on each polygenic score against that score’s correlation with two measures of human capital: earnings in a respondent’s first job, and educational attainment. The relationships are strongly negative. Thus, human capital appears to be relevant to natural selection. Substitution effects dominate income effects overall, which fits the known association between income and lower fertility (Becker 1960; L. Jones and Tertilt 2006). The correlations reverse when we control for age at first live birth, suggesting that within AFLB categories, the income effect dominates. (See also the Supplementary Animations for the uncorrected effects per AFLB group, which show the correlation reversing after age 22.)

Second, we re-estimate equation (1) for each polygenic score, controlling for education levels. Effect sizes are generally reduced (Appendix Figure 17), with large reductions for polygenic scores for educational attainment. This suggests that education indeed mediates the effect of polygenic scores on fertility.

One interpretation of these results is that natural selection on polygenic scores is driven by their correlation with human capital, which affects fertility as our model describes. This does not necessarily imply that polygenic scores are causal of either human capital or fertility. Instead they may simply correlate with different family environments, for example via “genetic nurture” effects (Kong et al. 2018) or population stratification. To test whether polygenic scores cause fertility,

we estimate equation (1) among full siblings, controlling for a full set of sibling group dummies (Appendix Figure 18). All within-sibling effects are insignificant after Bonferroni correction. Effect sizes are positively correlated with effect sizes from the pooled model, and about 1/3 smaller (regressing within-sibling on pooled effect sizes, $b = 0.71$, $se = 0.13$). Thus, there is only weak evidence that polygenic scores are causally linked to fertility, and selection effects are at least partially driven by gene-environment correlation. Also, if we add a control for education to the within-sibling regressions, effect sizes barely change. This suggests that our measure of education only mediates differences in fertility between sibling groups; among siblings, other causal channels are more important.

An alternative theory is that polygenic scores correlate with the motivation to have children (parameter a in the model; cf. L. E. Jones, Schoonbroodt, and Tertilt (2008)). However, this theory would not explain why our results are weaker at higher incomes and education levels.⁴ Another alternative is that traits under selection are linked to externalizing behaviour and risk-seeking. This might be partially captured by our risk-aversion parameter σ , which affects fertility by changing the marginal utility of income, but a more direct channel is risky sexual behaviour (Mills et al. 2021). The data here provide some support for this: scores which might plausibly be linked to externalizing behaviour, like ADHD and (younger) age at smoking initiation, are selected for. However, this theory is less good at explaining variation in selection across the full range of scores, including physical measures such as waist-hip ratio and BMI. We test this theory directly by re-estimating equation (1) controlling for a measure of risk attitude (UK Biobank field 2040). The median ratio of effect sizes between regressions with and without controls is 0.97; all scores which are significant at $p < 0.05/33$ in uncontrolled regressions remain so when controlling for risk attitude. This non-result could simply reflect the imprecision of the risk aversion measure, which is a single yes/no question. However, the risk aversion measure *does* predict the overall number of children, highly significantly ($p < 2 \times 10^{-16}$ in 33/33 regressions). Given that, and the statistical power we get from our sample size, we believe that the non-result is real: while risk aversion does predict fertility in the sample, it is not an important channel for natural selection.

Discussion

Previous work has documented natural selection in modern populations on variants underlying polygenic traits (Beauchamp 2016; Kong et al. 2017; Sanjak et al. 2018). We show that correlations between polygenic scores and fertility are highly concentrated among specific subgroups of the population, including people with lower income, lower education, younger first parenthood, and more lifetime sexual partners. Among older mothers (22+), selection effects are reversed. Furthermore, the size of selection effects on a polygenic score correlates with that score’s association with labour market earnings. The economic theory of fertility provides a parsimonious explanation for these findings.

⁴Indeed in the one-period model, while $\frac{dN^*}{da} > 0$, this effect becomes stronger, not weaker, at higher wages.

Because of the substitution effect of earnings on fertility, scores are selected for when they correlate with low human capital, and this effect is stronger at lower levels of income and education.

Polygenic scores which correlate with high (low) earnings and more (less) education are being selected against (selected for). In addition, many of the phenotypes under positive selection are linked to disease risk. Many people would probably prefer to have high educational attainment, a low risk of ADHD and major depressive disorder, and a low risk of coronary artery disease, but natural selection is pushing against genes associated with these traits. Potentially, this could increase the health burden on modern populations, but that depends on effect sizes. Our results suggest that naïve estimates can be affected by sample ascertainment bias. This problem may be less serious in surveys which aim to be representative (as the UK Biobank does not). However, there is still scope for bias, since not all respondents consent to the collection of genetic data. For instance, completion rates for genotype data in the US Health and Retirement Study were around 80-85% (HRS 2020). Researchers should be aware of the risks of ascertainment when studying modern natural selection.

We also do not know how estimated effect sizes of natural selection will change as more accurate measures of genetic variation are produced. And we are unsure whether genetic variants underlying other phenotypes will show a similar pattern of natural selection to those studied here. In addition, genetic effects on educational attainment have been shown to be inflated in population-based samples as compared to within-family designs, likely because of indirect genetic effects, gene-environment correlations, and/or assortative mating (Lee et al. 2018; Selzam et al. 2019; Kong et al. 2018). In short, it is probably too early to tell whether modern natural selection has a substantively important effect on the genetic make-up of the population. Nevertheless, we note that selection effects on our measured polygenic scores are still relatively small, even after reweighting to account for ascertainment bias.

Because selection effects are concentrated in lower-income groups, they may also increase inequality with respect to polygenic scores. For example, Figure 7 graphs mean polygenic scores for educational attainment (EA3) among children from households of different income groups. The blue bars show the actual means, i.e. parents' mean polygenic score weighted by number of children. The grey bars show the hypothetical means if all households had equal numbers of children. Natural selection against genes associated with educational attainment, which lowers the mean, is stronger at the bottom of the income distribution, and this increases the differences between groups. Overall, natural selection increases inequality for 29 out of 33 polygenic scores, with a median increase of 14.45% in the difference between highest and lowest income groups (Appendix Table 5). If inequalities in polygenic scores are important for understanding class mobility and structure (Belsky et al. 2018; Rimfeld et al. 2018), then these increases are substantial effects. Since many polygenic scores are predictive of disease risk, they could also potentially increase health inequalities. In general, the evolutionary history of anatomically modern humans is related to disease risk (Benton et al. 2021); understanding the role of contemporary natural selection may aid in mapping the genetic architecture of current health disparities.

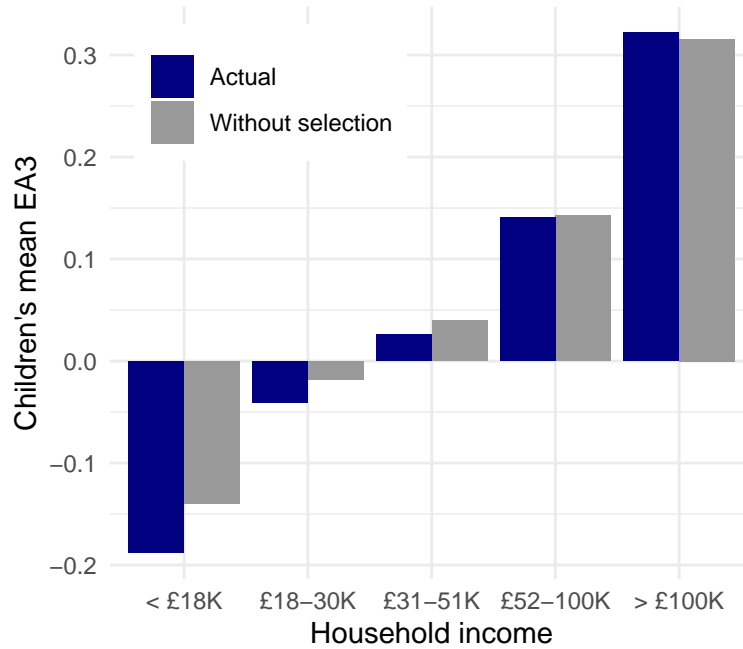


Figure 7: Mean polygenic score for educational attainment (EA3) of children by household income group. Blue is actual. Grey is hypothetical in the absence of selection effects.

Existing evidence on human natural selection has led some to “biocosmic pessimism” (Sarraf, Feltham, and others 2019). Others are more sanguine, and argue that natural selection’s effects are outweighed by environmental improvements, such as those underlying the Flynn effect (Flynn 1987). The evidence here may add some nuance to this debate. Patterns of natural selection have been relatively consistent across the past two generations, but they are not the outcome of a universal, society-wide phenomenon. Instead they result from opposing forces, operating in different parts of society and pulling in different directions.

Any model of fertility is implicitly a model of natural selection, but so far, the economic and human genetics literatures have developed in parallel. Integrating the two could deepen our understanding of natural selection in modern societies. Economics possesses a range of theoretical models on the effects of skills, education and income (see Hotz, Klerman, and Willis 1997; Lundberg and Pollak 2007). One perennial problem is how to test these theories in a world where education, labour and marriage markets all interact. Genetic data, such as polygenic scores, could help to pin down the direction of causality, for example via Mendelian randomization (Davey Smith and Ebrahim 2003). Conversely, theory and empirical results from economics can shine a light on the mechanisms behind natural selection, and thereby on the nature of individual differences in complex traits and disease risk.

Materials and methods

We use participant data from UK Biobank (Bycroft et al. 2018), which has received ethical approval from the National Health Service North West Centre for Research Ethics Committee (reference: 11/NW/0382). We limit the sample to white British participants of European descent, as defined by genetic estimated ancestry and self-identified ethnic group (Abdellaoui et al. 2019), giving a sample size of 409,629. For regressions on number of children we use participants over 45, since most fertility is completed by this age. This gives a sample size of 371,088.

Polygenic scores were computed by summing the alleles across ~ 1.3 million genetic variants weighted by their effect sizes as estimated in 33 genome-wide association studies (GWASs) that excluded UK Biobank. To control for population stratification, we corrected the polygenic scores for 100 principal components (PCs). To compute polygenic scores and PCs, the same procedures were followed as described in Abdellaoui et al. (2019).

Earnings in first job are estimated from mean earnings in the 2007 Annual Survey of Hours and Earnings, using the SOC 2000 job code (Biobank field 22617).

Population data for weighting is taken from the 2011 UK Census and the 2006 General Household Survey (GHS). Weighting for Age/Qualification and Age/Qualification/AFLB weights was done using marginal totals from a linear model, using the `calibrate()` function in the R “survey” package (Lumley 2020). Geographical weighting was done with iterative post-stratification using the `rake()` function, on Census Middle Layer Super Output Areas, sex and presence/absence of a partner.

Acknowledgements

AA is supported by the Foundation Volksbond Rotterdam and by ZonMw grant 849200011 from The Netherlands Organisation for Health Research and Development. This study was conducted using UK Biobank resources under application numbers 40310 and 19127.

Appendix

Natural selection by sex

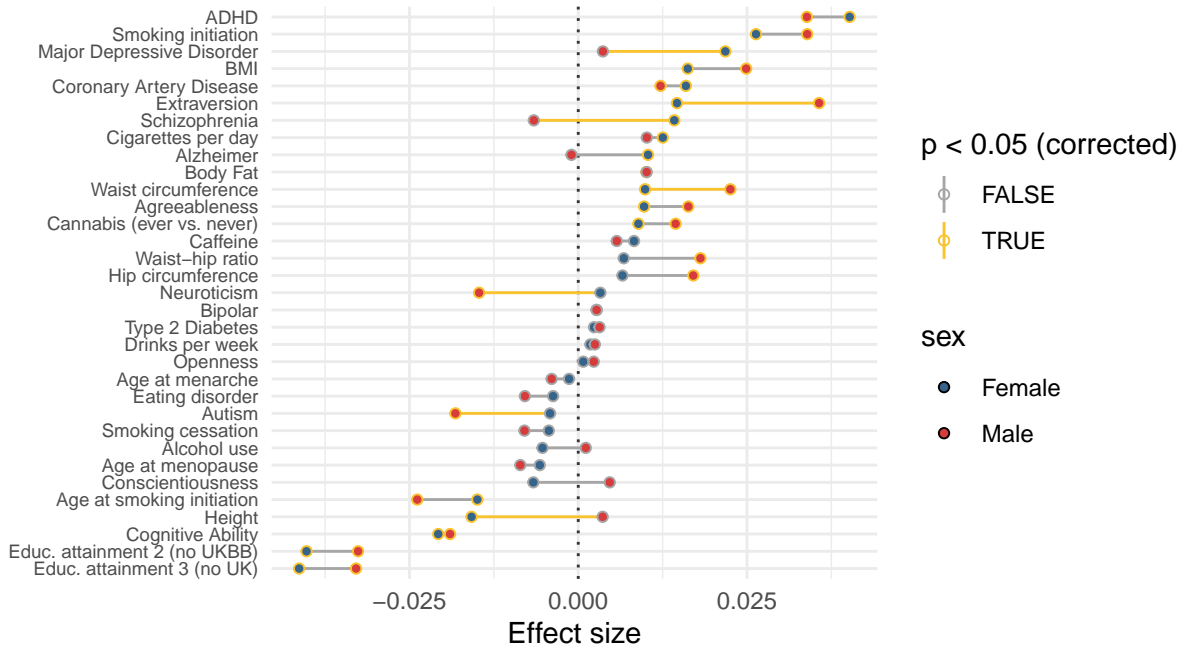


Figure 8: Selection effects by sex. Highlighted lines are significant differences at $p < 0.05/33$. Highlighted points are significantly different from 0 at $p < 0.05/66$.

Weighted regressions

Table 2 gives effect sizes as a proportion of the unweighted effect size, for all polygenic scores which are consistently signed and which are significantly different from zero in unweighted regressions.

Table 2: *Weighted effect sizes as a proportion of unweighted effect sizes.*

PGS	Weighting		
	Geographical	Age/Qualification	Age/Qual/AFLB
Height	2.10	1.42	1.41
Cigarettes per day	1.79	1.24	1.91
Age at menopause	1.73	1.12	1.47
BMI	1.71	1.20	2.25
Waist-hip ratio	1.65	1.52	3.05
Autism	1.59	0.95	0.75
Waist circumference	1.53	1.29	2.83
Hip circumference	1.52	1.19	3.18
Educ. attainment 3 (no UK)	1.52	1.47	2.00
Major Depressive Disorder	1.50	1.15	1.57
Educ. attainment 2 (no UKBB)	1.46	1.48	1.98
Body Fat	1.41	1.42	2.06
Cognitive Ability	1.28	1.32	2.15
Smoking initiation	1.25	1.21	1.52
Cannabis (ever vs. never)	1.24	1.14	1.14
Age at smoking initiation	1.23	1.28	1.86
ADHD	1.16	1.27	1.62
Coronary Artery Disease	1.10	1.17	1.92
Extraversion	1.02	1.14	2.19
Agreeableness	0.89	0.66	0.64
Caffeine	0.77	0.94	2.13
<i>Mean</i>	1.40	1.22	1.89
<i>Median</i>	1.46	1.21	1.92

Only consistently-signed and significant (when unweighted) estimates are shown.
Age/Qual/AFLB as a proportion of unweighted regressions including females only.

Balancing and diversifying selection

We rerun equation (1), adding a quadratic term in PGS_i , and using our age/qualification weights. Scores for hip circumference and drinks per week show significant balancing selection ($p < 0.05/33$, negative coefficient). Scores for educational attainment (EA2 and EA3) show significant diversifying selection ($p < 0.05/33$, positive coefficient), which reduces the strength of selection against educational attainment at very high levels of the PGS. Figure 9 plots predicted number of children against polygenic score from these regressions.

We also checked for balancing selection in the parents' generation, using age/qualification weights multiplied by the inverse of number of siblings. Scores for EA2 and EA3 again show significant diversifying selection ($p < 0.05/33$, positive coefficient). Other scores including hip circumference and drinks per week are not significant.

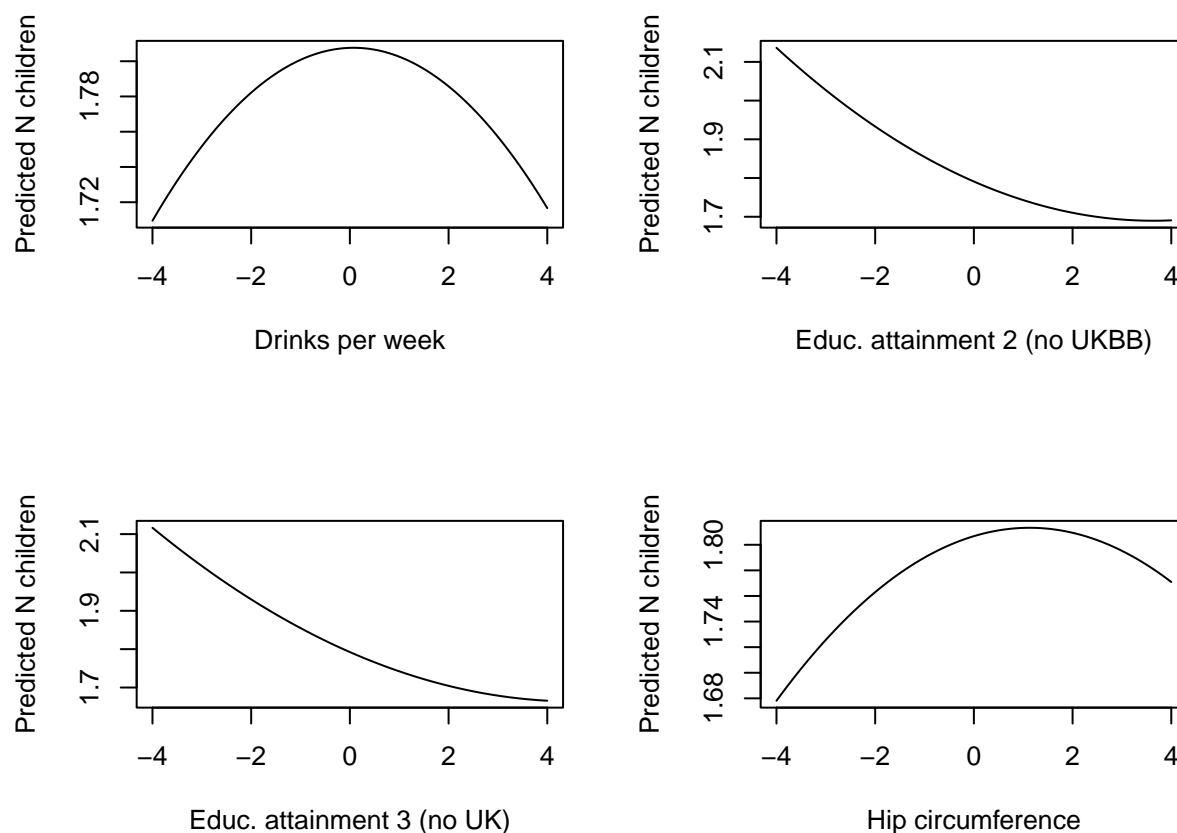


Figure 9: Purifying/diversifying selection: predicted number of children by polygenic score.

Parents' generation

Figure 10 shows regressions of *number of siblings*, i.e. parents' number of children, on polygenic scores. By definition, members of the parents' generation who had no children cannot be included in this data. For a clean comparison with the respondents' generation, we rerun regressions on *number of children* excluding those with no children, and show results in the figure.

Excluding childless people in the parents' generation could bias our estimates. To learn about this, we compare effect sizes excluding and including childless people in the *current* generation. The correlation between the two sets of effect sizes is 0.92. So, patterns across different scores are broadly similar whether the childless are counted or not. However, absolute effect sizes are smaller when the childless are excluded, for 26 out of 33 scores; the median percentage change is -51.49%. The fact that childless people have such a strong effect on estimates makes it hard to compare total effect sizes across generations. In particular, since the parents' generation has a different distribution of numbers of children, childless people may have had more or less effect in that generation.

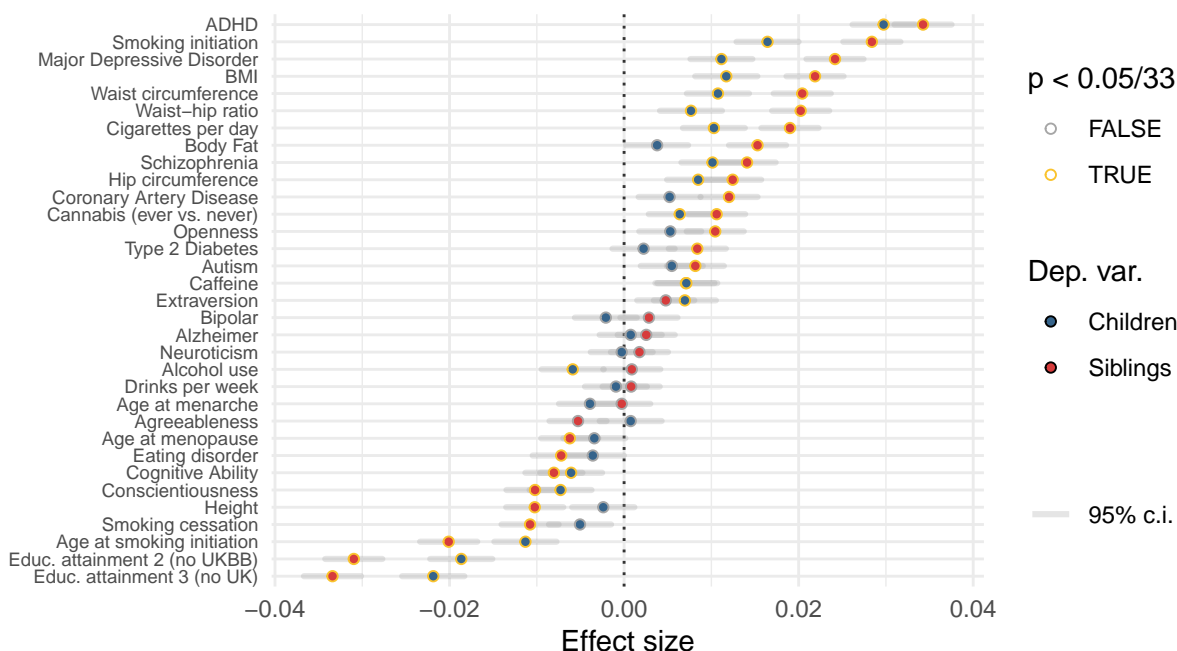


Figure 10: Selection effects, respondents' parents vs. respondents.

As an alternative approach, we run regressions interacting polygenic scores with birth year, median split at 1950 ("early born" versus "late born"). We use both *number of children* and *number of siblings* as a dependent variable. We weight using age/qualification cells, and further adjust for selection in the parents' generation (see above).

Tables 3 and 4 summarize the results. There is no evidence for changes in selection effects within the parents' gen-

eration. In the respondents' generation, effect sizes were significantly larger in absolute size among the later-born for four polygenic scores: cognitive ability, EA2, EA3 and extraversion. These changes are inconsistent with the intergenerational change, where estimated effect sizes were larger among the earlier, parents' generation. One score, conscientiousness, showed a significant change in sign, from negative to positive effects on fertility.

Overall, there is weak evidence for change over time. The clearest results are that (a) the direction of selection, and (b) the pattern of relative effect sizes across scores, are broadly consistent over time.

Table 3: *Change in selection effects between parents of early and late born respondents (regressions on number of siblings).*

Change	Number of scores
Insignificant	33
Significance is measured at $p < 0.05/66$	

Table 4: *Change in selection effects between early and late born respondents (regressions on number of children).*

Change	Number of scores
Change sign	1
Insignificant	28
Size increasing	4
Significance is measured at $p < 0.05/66$	

Figure 11 plots effects on *number of siblings* by Townsend deprivation quintile of birth area.

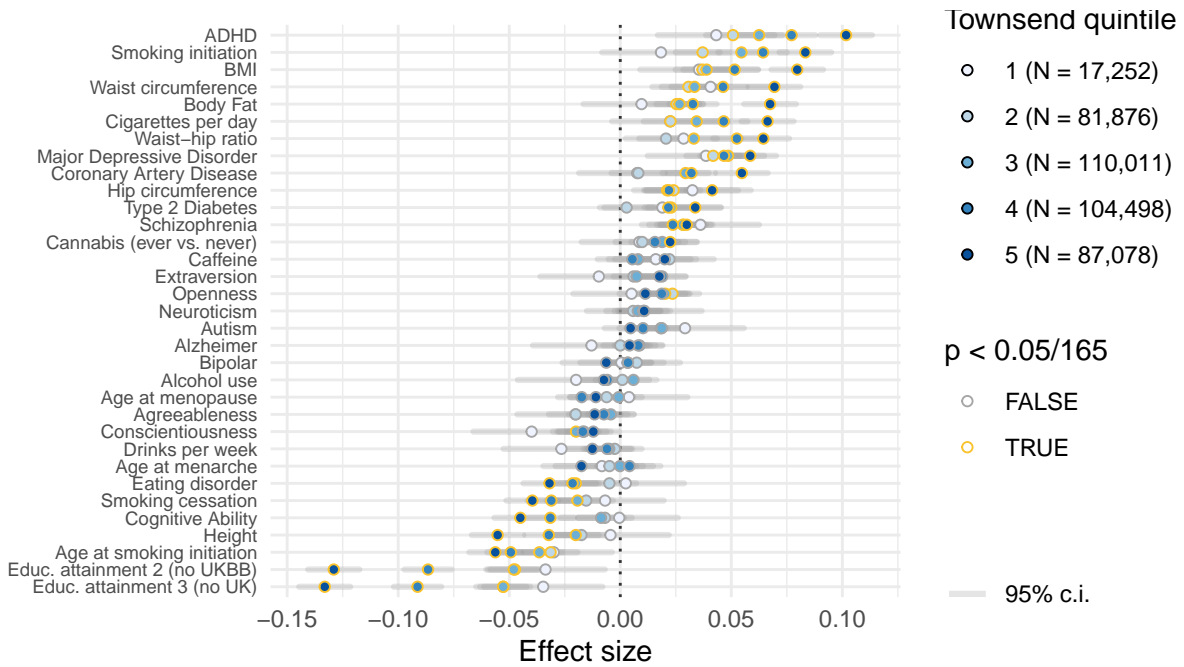


Figure 11: *Selection effects in the parents' generation by Townsend deprivation quintile of birth area.*

Selection effects on raw polygenic scores

Figure 12 compares selection effects on polygenic scores residualized for the top 100 principal components of the genetic data, to selection effects on raw, unresidualized polygenic scores. In siblings regressions, effect sizes are larger for raw scores – sometimes much larger, as in the case of height. 28 out of 33 “raw” effect sizes have a larger absolute value than the corresponding “residualized” effect size. The median proportion between raw and controlled effect sizes is 0.87. Among the children regressions, this no longer holds. Effect sizes are barely affected by controlling for principal components.

Overall, 81.82 per cent of effect sizes are consistently signed across all four regressions (on children and siblings, and with and without residualization).

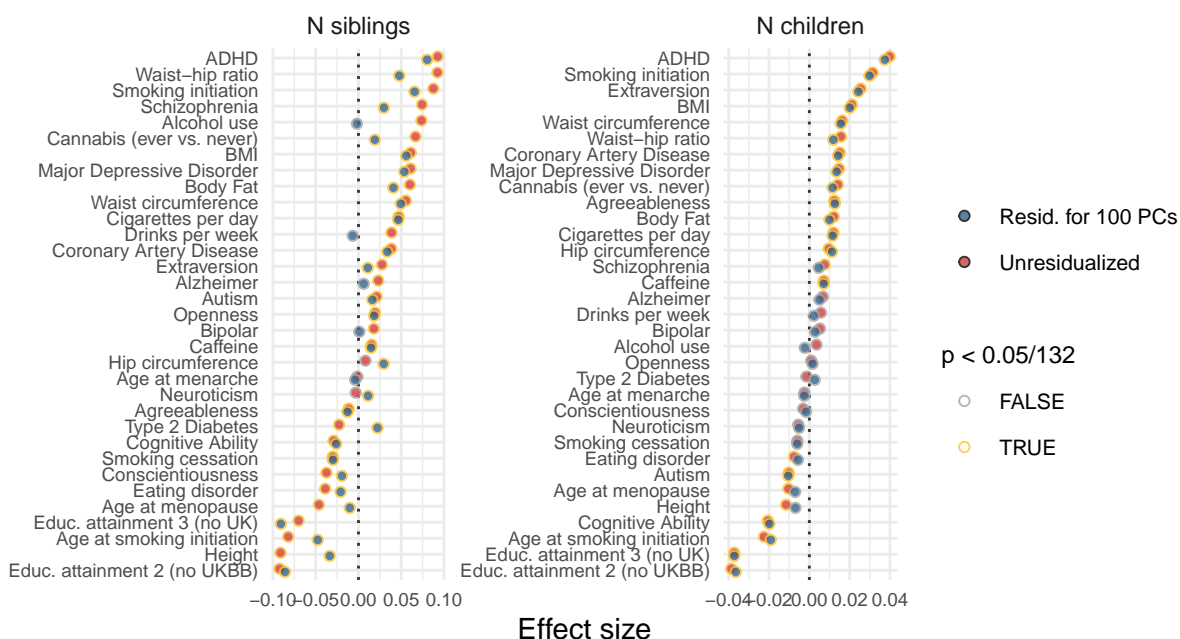


Figure 12: Selection effects using unresidualized polygenic scores on number of siblings/children.

To get a further insight into this we regress *n siblings* and *n children* on individual principal components. As Figure 13 shows, effects are larger and more significant in siblings regressions. 29 principal components significantly predicted number of siblings, while only 10 significantly predicted number of children.

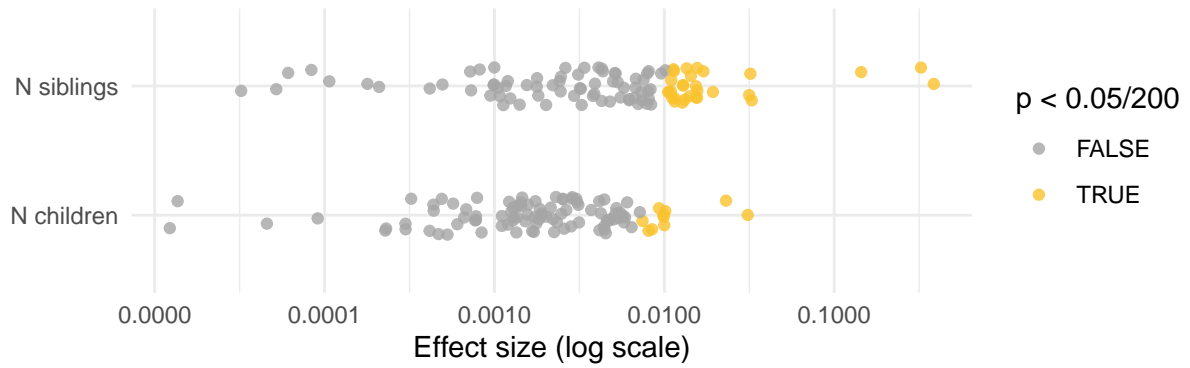


Figure 13: Selection effects of 100 principal components of genetic data. Absolute effect sizes are plotted. Each dot represents one bivariate regression. Points are jittered on the Y axis.

Selection controlling for age at first live birth: respondents' parents

Among the parents' generation, we can control for age at first live birth using the subsets of respondents who reported their mother's or father's age, and who had no elder siblings. We run regressions on *number of siblings* on these subsets, controlling for either parent's age at their birth. Figure 14 shows the results. Effect sizes are very similar, whether controlling for father's or mother's age. As in the respondents' generation, effect sizes are negatively correlated with the effect sizes from bivariate regressions without the age at birth control (father's age at birth: ρ -0.6; mother's age at birth: ρ -0.71).

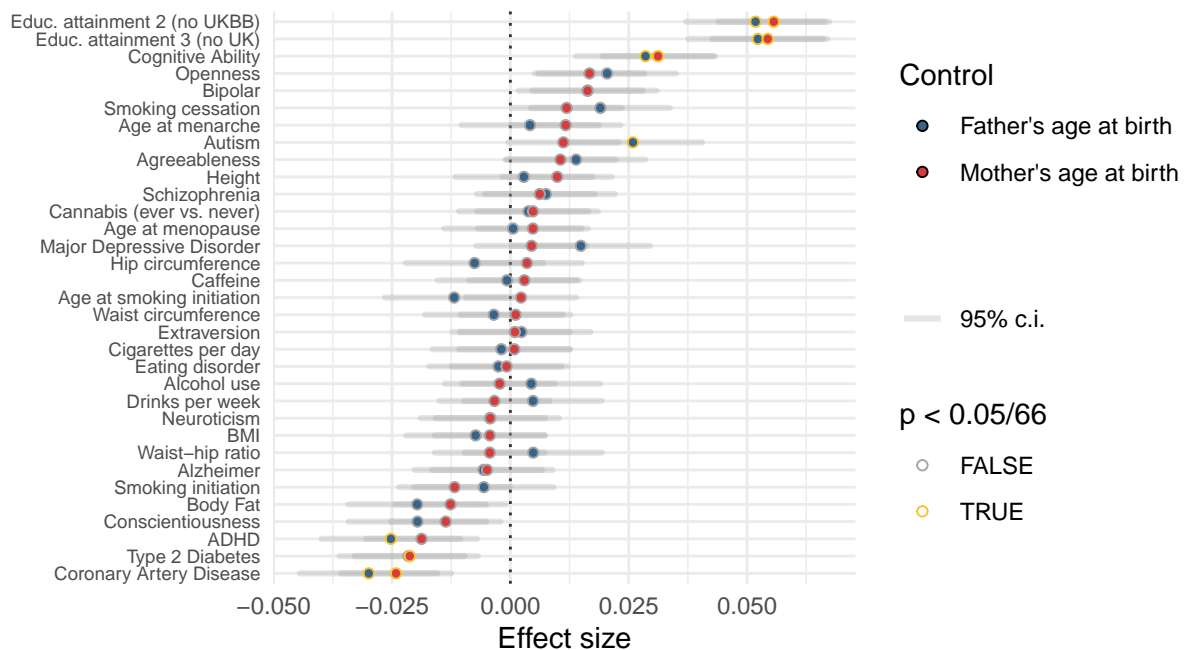


Figure 14: Selection effects (parents' generation) among eldest siblings, controlling for parents' age at birth.

Effects of polygenic scores on age at first live birth

Our results suggest that polygenic scores may directly correlate with age at first live birth. Figure 15 plots estimated effect sizes from bivariate regressions for respondents. Figure 16 does the same for their parents, using only eldest siblings.⁵ Effect sizes are reasonably large. They are also highly correlated across generations. Effect sizes of polygenic scores on father's age at own birth, and on own age at first live birth, have a correlation of 0.98; for mother's age and own age it is 0.98.

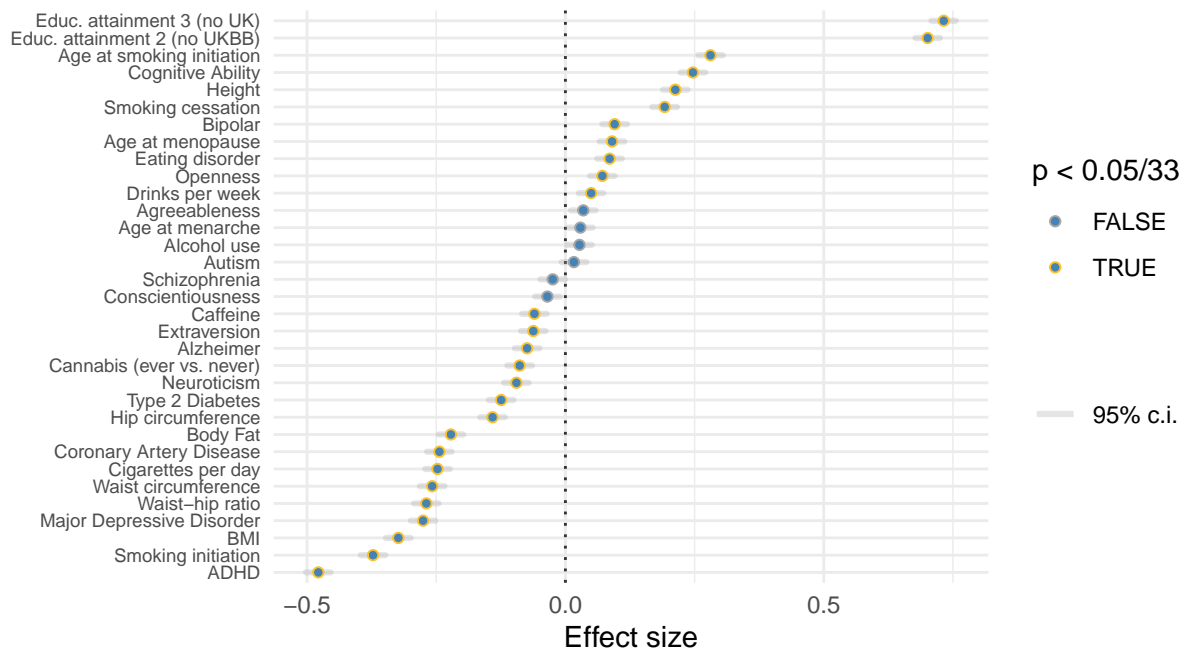


Figure 15: Effects of polygenic scores on age at first live birth.

⁵Parental AFLB can only be calculated for this group.

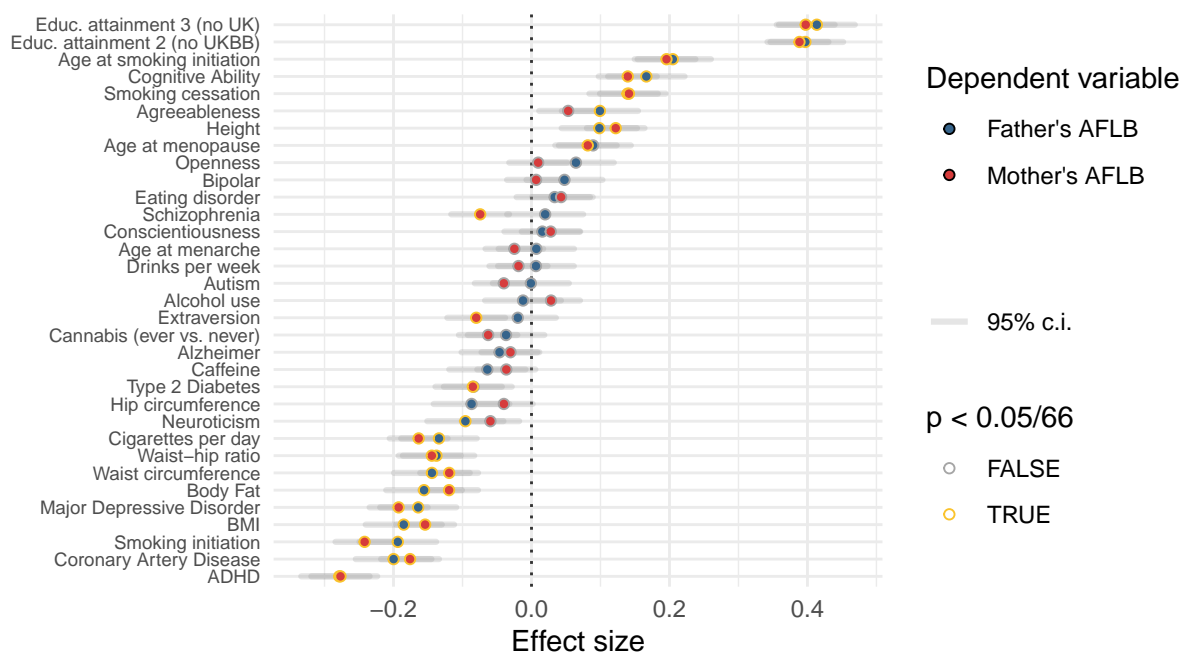


Figure 16: Effects of polygenic scores on parents' age at respondent's birth, eldest siblings.

Controlling for earnings and education

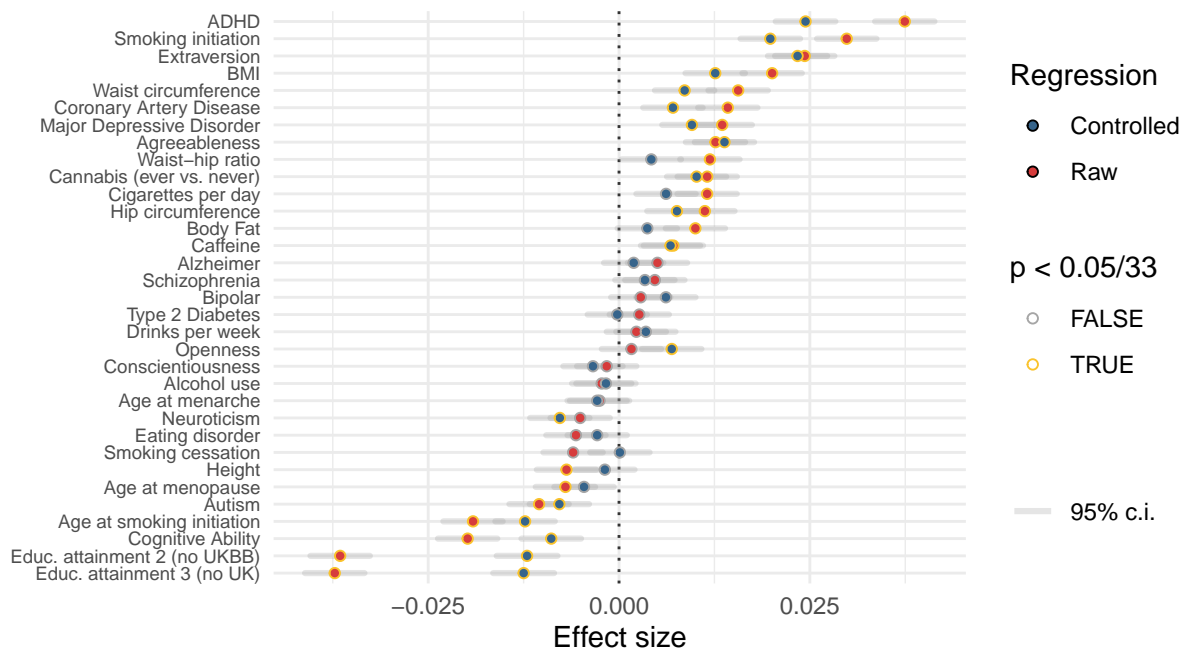


Figure 17: Selection effects controlling for education (left education before 16, 16-18, or after 18). Raw effects are shown for comparison.

Within-siblings regressions

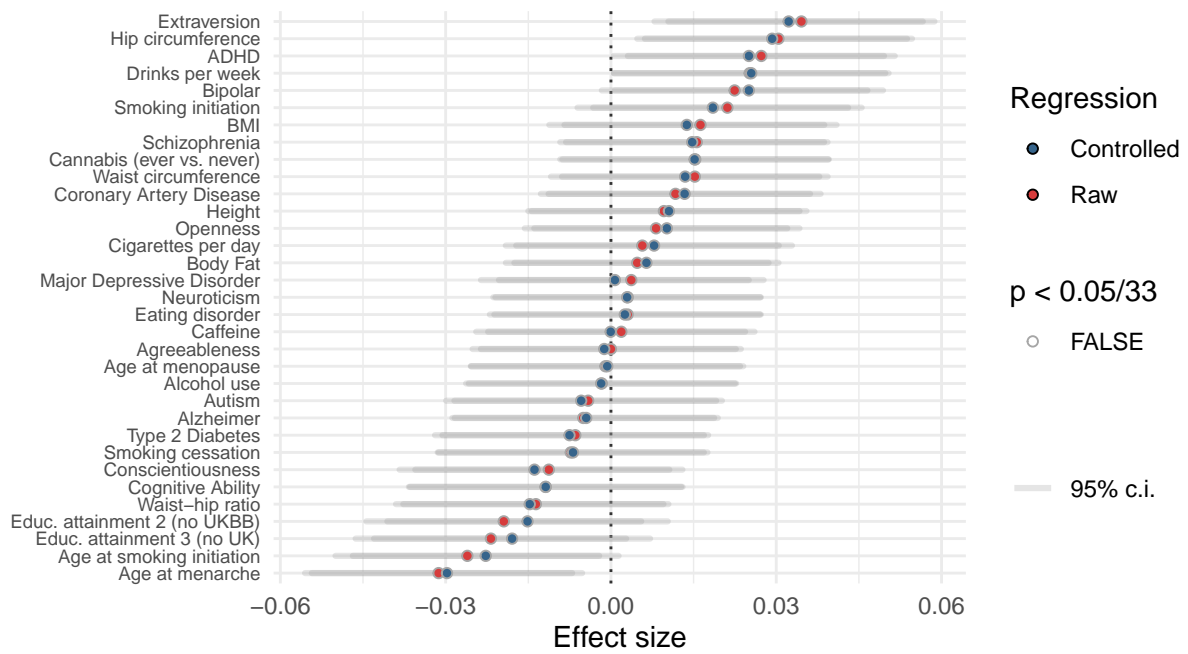


Figure 18: Selection effects controlling for sibling-group fixed effects, with and without a control for education (left education before 16, 16-18, or after 18).

Genetic correlations with EA3

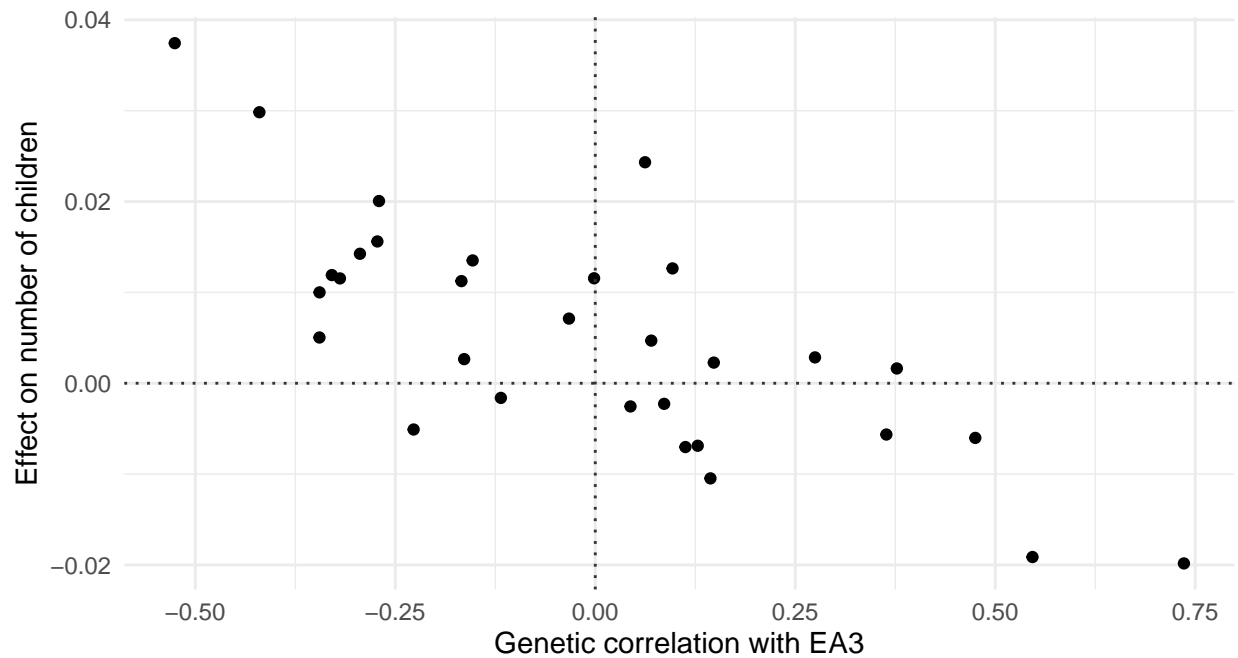


Figure 19: Selection effects plotted against genetic correlation with EA3.

Another way to examine the “earnings” theory of natural selection is to compare selection effects of polygenic scores with their genetic correlation with educational attainment (EA3). Since EA3 strongly predicts earnings, if earnings drives differences in fertility, we’d expect a correlation between the two sets of results. Figure 19 shows this is so: the correlation, after excluding EA2, is -0.75. Genetic correlations were calculated using LD score regression from GWAS summary statistics.

Effects on inequality

Table 5 estimates differences in children’s mean polygenic scores between the highest and lowest income groups. Column “With selection” uses respondents’ scores weighted by Age/Qualification times number of children. Column “Without selection” uses scores weighted by Age/Qualification only, i.e. if all couples had the same number of children.

Table 5: *Differences in polygenic scores between highest and lowest income group.*

PGS	Without selection	With selection	% change
Age at menarche	0.014	0.020	44.5
Alzheimer	−0.036	−0.047	30.1
Caffeine	−0.021	−0.027	28.4
Bipolar	0.064	0.081	27.2
Smoking initiation	−0.166	−0.210	26.6
Age at smoking initiation	0.109	0.137	25.5
Cigarettes per day	−0.084	−0.105	25.5
ADHD	−0.230	−0.281	22.0
Agreeableness	0.045	0.055	21.6
Hip circumference	−0.072	−0.086	20.3
Type 2 Diabetes	−0.039	−0.046	19.5
Smoking cessation	0.132	0.156	18.4
Waist circumference	−0.137	−0.160	16.9
Openness	0.087	0.100	15.2
Height	0.140	0.161	15.1
Coronary Artery Disease	−0.109	−0.125	14.5
Drinks per week	0.059	0.068	14.4
Waist-hip ratio	−0.146	−0.165	13.5
BMI	−0.156	−0.176	13.4
Educ. attainment 2 (no UKBB)	0.477	0.533	11.9
Major Depressive Disorder	−0.142	−0.159	11.5
Educ. attainment 3 (no UK)	0.487	0.542	11.2
Age at menopause	0.036	0.039	9.2
Extraversion	0.095	0.102	7.5
Body Fat	−0.125	−0.135	7.4
Neuroticism	−0.119	−0.125	5.2
Cognitive Ability	0.185	0.191	3.4
Eating disorder	0.056	0.057	1.7
Alcohol use	0.034	0.034	0.6
Cannabis (ever vs. never)	−0.043	−0.042	−1.6
Autism	−0.020	−0.016	−19.6
Schizophrenia	−0.050	−0.025	−50.5
Conscientiousness	−0.013	0.001	−106.7

Proofs

Solution for the one-period model

Differentiating and setting $\frac{dU}{dN} = 0$ gives the first order condition for an optimal choice of children $N^* > 0$:

$$\frac{bW}{(W(1 - bN^*))^\sigma} \geq a, \text{ with equality if } N^* > 0.$$

Rearranging gives

$$N^* = \max \left\{ \frac{1}{b} \left(1 - \left(\frac{b}{a} \right)^{1/\sigma} W^{(1-\sigma)/\sigma} \right), 0 \right\}. \quad (3)$$

Note that when $\sigma < 1$, for high enough W , $N^* = 0$. Differentiating gives the effect of wages on fertility for $N^* > 0$.

This is also the fertility-human capital relationship:

$$\frac{dN^*}{dW} = \frac{dN^*}{dW} = -\frac{1}{b} \left(\frac{b}{a} \right)^{1/\sigma} \frac{1-\sigma}{\sigma} W^{(1-2\sigma)/\sigma}. \quad (4)$$

This is negative if $\sigma < 1$. Also,

$$\frac{d^2 N^*}{dW^2} = -\frac{1}{b} \left(\frac{b}{a} \right)^{1/\sigma} \frac{1-\sigma}{\sigma} \frac{1-2\sigma}{\sigma} W^{(1-3\sigma)/\sigma}$$

For $0.5 < \sigma < 1$, this is positive, so the effect of fertility on wages shrinks towards zero as wages increase (and becomes 0 when $N^* = 0$). Next, we consider the time cost of children b :

$$\frac{d^2 N^*}{dW db} = -\left(\frac{1}{a} \right)^{1/\sigma} \left(\frac{1-\sigma}{\sigma} \right)^2 (Wb)^{(1-2\sigma)/\sigma} < 0.$$

Lastly we consider the effect of a . From (3), N^* is increasing in a . Differentiating (4) by a gives

$$\frac{d^2 N^*}{da dW} = b^{1/\sigma-1} \frac{1-\sigma}{\sigma^2} W^{(1-2\sigma)/\sigma} a^{-1/\sigma-1}$$

which is positive for $\sigma < 1$.

Solution for the two-period model

Period 1 and period 2 income are:

$$Y_1 = 1 - s - bN_1 \quad (5)$$

$$Y_2 = w(s, h)(1 - bN_2) \quad (6)$$

Write the Lagrangian of utility U (2) as

$$\mathcal{L}(N_1, N_2, s) = u(Y_1) + u(Y_2) + a(N_1 + N_2) + \lambda_1 N_1 + \lambda_2 N_2 + \lambda_3 \left(\frac{1}{b} - N_2\right) + \mu s$$

Lemma 5 below shows that if $\sigma > 0.5$, this problem is globally concave, guaranteeing that the first order conditions identify a unique solution. We assume $\sigma > 0.5$ from here on.

Plugging (5) and (6) into the above, we can derive the Karush-Kuhn-Tucker conditions for an optimum (N_1^*, N_2^*, s^*) as:

$$\frac{d\mathcal{L}}{dN_1} = -bY_1^{-\sigma} + a + \lambda_1 = 0, \text{ with } \lambda_1 = 0 \text{ if } N_1^* > 0; \quad (7)$$

$$\frac{d\mathcal{L}}{dN_2} = -bs^*hY_2^{-\sigma} + a + \lambda_2 - \lambda_3 = 0, \text{ with } \lambda_2 = 0 \text{ if } N_2^* > 0, \lambda_3 = 0 \text{ if } N_2^* < \frac{1}{b}; \quad (8)$$

$$\frac{d\mathcal{L}}{ds} = -Y_1^{-\sigma} + h(1 - bN_2^*)Y_2^{-\sigma} + \mu = 0; \quad (9)$$

$$N_1^*, N_2^*, s^*, \lambda_1, \lambda_2, \lambda_3, \mu \geq 0; N_2^* \leq \frac{1}{b}. \quad (10)$$

Note that the Inada condition ($\lim_{x \rightarrow 0} u'(x) = \infty$) for period 1 rules out $s^* = 1$ and $N_1 = 1/b$, so we need not impose these constraints explicitly. Also, so long as $N_2^* < 1/b$, the same condition rules out $s^* = 0$. We consider four cases, of which only three can occur.

Case 1: $N_1^* > 0, N_2^* > 0$

Rearranging (7), (8) and (9) gives:

$$N_1^* = \frac{1}{b} \left(1 - s^* - \left(\frac{b}{a} \right)^{1/\sigma} \right); \quad (11)$$

$$N_2^* = \frac{1}{b} \left(1 - \left(\frac{b}{a} \right)^{1/\sigma} (s^* h)^{(1-\sigma)/\sigma} \right); \quad (12)$$

$$s^* = \frac{1 - bN_1^*}{1 + ((1 - bN_2^*)h)^{1-1/\sigma}}. \quad (13)$$

Plugging the expressions for N_1^* and N_2^* into s^* gives

$$s^* = \frac{s^* + \left(\frac{b}{a} \right)^{1/\sigma}}{1 + \left(\left(\frac{b}{a} \right)^{1/\sigma} s^{*(1-\sigma)/\sigma} h^{1/\sigma} \right)^{1-1/\sigma}}$$

which simplifies to

$$s^* = \left(\frac{b}{a} \right)^{1/(2\sigma-1)} h^{(1-\sigma)/(2\sigma-1)}. \quad (14)$$

Plugging the above into (11) and (12) gives:

$$N_1^* = \frac{1}{b} \left(1 - \left(\frac{b}{a} \right)^{1/(2\sigma-1)} h^{(1-\sigma)/(2\sigma-1)} - \left(\frac{b}{a} \right)^{1/\sigma} \right);$$

$$N_2^* = \frac{1}{b} \left(1 - \left(\frac{b}{a} \right)^{1/(2\sigma-1)} h^{(1-\sigma)/(2\sigma-1)} \right).$$

Note that that $N_1^* < N_2^*$. For these both to be positive requires low values of h if $\sigma < 1$ and high values of h if $\sigma > 1$.

Also:

$$w(s^*, h) \equiv s^* h = \left(\frac{b}{a} \right)^{1/(2\sigma-1)} h^{\sigma/(2\sigma-1)}.$$

Observe that $w(s^*, h)$ is increasing in h for $\sigma > 0.5$, and convex iff $0.5 < \sigma < 1$.

While N_1^* and N_2^* are positive, they have the same derivative with respect to h :

$$\frac{dN_t^*}{dh} = -\frac{1}{b} \left(\frac{b}{a} \right)^{1/(2\sigma-1)} \frac{1-\sigma}{2\sigma-1} h^{(1-\sigma)/(2\sigma-1)-1} \quad (15)$$

Examining this and expression (14) gives:

Lemma 1. For $\sigma < 1$, case 1 holds for h low enough, and in case 1, N_1^* and N_2^* decrease in h , while s^* increases in h .

For $\sigma > 1$, case 1 holds for h high enough, and in case 1 N_1^* and N_2^* increase in h , while s^* decreases in h .

N_t^* is convex in h for $\sigma > 2/3$, and concave otherwise. s^* is convex in h if $\sigma < 2/3$, and concave otherwise.

Case 2: $N_1^* = 0, N_2^* > 0$

Replace $N_1^* = 0$ into the first order condition for s^* from (9), and rearrange to give:

$$s^* = \frac{1}{1 + ((1 - bN_2)h)^{1-1/\sigma}}.$$

Now since $N_2^* > 0$, we can rearrange (8) to give

$$N_2^* = \frac{1}{b} \left(1 - \left(\frac{b}{a} \right)^{1/\sigma} (s^*h)^{(1-\sigma)/\sigma} \right). \quad (16)$$

Plugging this into s^* gives

$$s^* = \frac{1}{1 + \left(\frac{bh}{a} \right)^{(\sigma-1)/\sigma^2} (s^*)^{-(1-\sigma)^2/\sigma^2}}$$

which can be rearranged to

$$(1 - s^*)(s^*)^{(1-2\sigma)/\sigma^2} = \left(\frac{a}{bh} \right)^{(1-\sigma)/\sigma^2}. \quad (17)$$

Differentiate the left hand side of the above to get

$$\begin{aligned} & \frac{1-2\sigma}{\sigma^2} (1 - s^*)(s^*)^{(1-2\sigma)/\sigma^2-1} - (s^*)^{(1-2\sigma)/\sigma^2} \\ &= \frac{1-2\sigma}{\sigma^2} (s^*)^{(1-2\sigma)/\sigma^2-1} - \frac{\sigma^2 + 1 - 2\sigma}{\sigma^2} (s^*)^{(1-2\sigma)/\sigma^2} \\ &= \frac{1-2\sigma}{\sigma^2} (s^*)^{(1-2\sigma)/\sigma^2-1} - \frac{(1-\sigma)^2}{\sigma^2} (s^*)^{(1-2\sigma)/\sigma^2}. \end{aligned} \quad (18)$$

This is negative if and only if

$$s^* > \frac{1-2\sigma}{(1-\sigma)^2}$$

which is always true since $\sigma > 0.5$. Note also that since $\sigma > 0.5$, then the left hand side of (17) approaches infinity as $s^* \rightarrow 0$ and approaches 0 as $s^* \rightarrow 1$. Thus, (17) implicitly defines the unique solution for s^* .

To find how s^* changes with h , note that the right hand side of the above decreases in h for $\sigma < 1$, and increases in h for $\sigma > 1$. Putting these facts together: for $\sigma < 1$, when h increases the RHS of (17) decreases, hence the LHS decreases

and s^* increases, i.e. s^* is increasing in h . For $\sigma > 1$, s^* is decreasing in h .

To find how N_2^* changes with h , we differentiate (16):

$$\frac{dN_2^*}{dh} = -\frac{1}{b} \left(\frac{b}{a}\right)^{1/\sigma} \frac{1-\sigma}{\sigma} (s^*h)^{(1-2\sigma)/\sigma} \left(s^* + h \frac{ds^*}{dh}\right) \quad (19)$$

which is negative for $\sigma < 1$, since $\frac{ds^*}{dh} > 0$ in this case.

Differentiating again:

$$\begin{aligned} \frac{d^2N_2^*}{dh^2} &= -X \left[\frac{1-2\sigma}{\sigma} (s^*h)^{(1-3\sigma)/\sigma} \left(s^* + h \frac{ds^*}{dh}\right)^2 + (s^*h)^{(1-2\sigma)/\sigma} \left(2 \frac{ds^*}{dh} + h \frac{d^2s^*}{dh^2}\right) \right] \\ &= X (s^*h)^{(1-3\sigma)/\sigma} \left[\frac{2\sigma-1}{\sigma} \left(s^* + h \frac{ds^*}{dh}\right)^2 - (s^*h) \left(2 \frac{ds^*}{dh} + h \frac{d^2s^*}{dh^2}\right) \right] \end{aligned}$$

where $X = \frac{1}{b} \left(\frac{b}{a}\right)^{1/\sigma} \frac{1-\sigma}{\sigma} > 0$. Note that $\frac{d^2N_2^*}{dh^2}$ is continuous in σ around $\sigma = 1$. Note also from (17) that for $\sigma = 1$, s^* becomes constant in σ . The term in square brackets then reduces to $(s^*)^2 > 0$. Putting these facts together, for σ sufficiently close to 1, $\frac{d^2N_2^*}{dh^2} > 0$, i.e. N_2^* is convex in h .

Conditions (7) and (8) give the bounds for this case. When $\sigma < 1$, (7) puts a minimum on h and (8) puts a maximum on h . The situation is reversed for $\sigma > 1$.

Summarizing:

Lemma 2. *Case 2 holds for intermediate values of h . In case 2: for $\sigma < 1$, s^* is increasing in h and N_2^* is decreasing in h . For $\sigma > 1$, s^* is decreasing in h . For σ close enough to 1, N_2^* is convex in h .*

Case 3: $N_1^* = 0, N_2^* = 0$

We can solve for s^* by substituting values of Y_1 and Y_2 into (9):

$$-(1-s^*)^{-\sigma} + h(s^*h)^{-\sigma} = 0$$

which rearranges to

$$s^* = \frac{1}{1 + h^{(\sigma-1)/\sigma}}. \quad (20)$$

Conditions (7) and (8) become:

$$-b(1 - s^*)^{-\sigma} + a \leq 0$$

$$-bs^*h(s^*h)^{-\sigma} + a \leq 0$$

equivalently

$$\frac{a}{b} \leq (1 - s^*)^{-\sigma}$$

$$\frac{a}{b} \leq s^*h(s^*h)^{-\sigma}$$

which can both be satisfied for a/b close enough to zero. Note from (20) that as $h \rightarrow \infty$, s^* increases towards 1 for $\sigma < 1$, and decreases towards 0 for $\sigma > 1$. Note also that the right hand side of the first inequality above approaches infinity as $s^* \rightarrow 1$, therefore also as $h \rightarrow \infty$ for $\sigma < 1$. Rewrite the second inequality as

$$\frac{a}{b} < (s^*h)^{1-\sigma} = \left(\frac{h}{1 + h^{(\sigma-1)/\sigma}} \right)^{1-\sigma} = (h^{-1} + h^{-1/\sigma})^{\sigma-1}$$

and note that again, as $h \rightarrow \infty$, the RHS increases towards infinity for $\sigma < 1$, and decreases towards zero otherwise. Thus, for $\sigma < 1$, both equations will be satisfied for h high enough. For $\sigma > 1$, they will be satisfied for h low enough. Summarizing

Lemma 3. *For $\sigma < 1$, case 3 holds for h high enough, and in case 3, s^* increases in h . For $\sigma > 1$, case 3 holds for h low enough and s^* decreases in h .*

Case 4: $N_1^* > 0, N_2^* = 0$

Rearranging the first order conditions (7) and (8) for N_1^* and N_2^* gives

$$\frac{a}{b} = (1 - s^* - bN_1^*)^{-\sigma}$$

$$\frac{a}{b} \leq s^*hY_2^{-\sigma}$$

hence

$$\begin{aligned}
(1 - s^* - bN_1^*)^{-\sigma} &\leq s^* h Y_2^{-\sigma} = (s^* h)^{1-\sigma} \\
\Leftrightarrow (1 - s^* - bN_1^*)^\sigma &\geq (s^* h)^{\sigma-1} \\
\Leftrightarrow 1 - s^* - bN_1^* &\geq (s^* h)^{1-1/\sigma}
\end{aligned}$$

Now rearrange the first order condition for s^* from (9), noting that since $N_2^* = 0$, $s^* > 0$ by the Inada condition.

$$\begin{aligned}
h^{1/\sigma-1}(1 - s^* - bN_1^*) &= s^* \\
1 - s^* - bN_1^* &= s^* h^{1-1/\sigma}
\end{aligned}$$

This, combined with the previous inequality, implies

$$\begin{aligned}
(s^* h)^{1-1/\sigma} &\leq s^* h^{1-1/\sigma} \\
\Leftrightarrow (s^*)^{-1/\sigma} &\leq 1
\end{aligned}$$

which cannot hold since $0 < s^* < 1$.

Comparative statics

We can now examine how the fertility-human capital relationship

$$\frac{dN^*}{dh}, \text{ where } N^* \equiv N_1^* + N_2^*,$$

changes with respect to other parameters. We focus on the case $\sigma < 1$, since it gives the closest match to our observations, and since it also generates “reasonable” predictions in other areas, e.g. that education levels increase with human capital. Figure 20 shows how N^* changes with h for $a = 0.4, b = 0.25, \sigma = 0.7$.

Lemma 4. *For $\sigma < 1$ in a neighbourhood of 1, N^* is globally convex in h .*

Proof. From Lemmas 1, 2 and 3, as h increases we move from $N_1^*, N_2^* > 0$ to $N_1^* = 0, N_2^* > 0$ to $N_1^* = N_2^* = 0$. Furthermore, for $\sigma > 2/3$, N_1^* and N_2^* are convex in h when they are both positive, and for σ close enough to 1, N_2^* is convex in h when $N_1^* = 0$. All that remains is to check that the derivative is increasing around the points where these 3 regions meet. That is trivially satisfied where N_2^* becomes 0, since thereafter $\frac{dN^*}{dh}$ is zero. The derivative as N_1^*

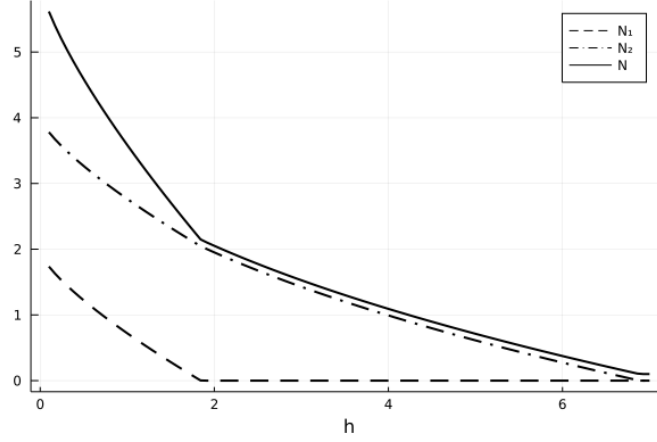


Figure 20: Fertility vs. human capital in the two-period model with $a = 0.4, b = 0.25, \sigma = 0.7$.

approaches zero is twice the expression in (15):

$$- \frac{2}{b} \left(\frac{b}{a} \right)^{1/(2\sigma-1)} \frac{1-\sigma}{2\sigma-1} h^{(1-\sigma)/(2\sigma-1)-1} \quad (21)$$

and the derivative to the right of this point is given by (19):

$$- \frac{1}{b} \left(\frac{b}{a} \right)^{1/\sigma} \frac{1-\sigma}{\sigma} (s^* h)^{(1-2\sigma)/\sigma} \left(s^* + h \frac{ds^*}{dh} \right) \quad (22)$$

We want to prove that the former is larger in magnitude (i.e. more negative). Dividing (21) by (22) gives

$$2 \frac{\sigma}{2\sigma-1} \left(\frac{b}{a} \right)^{(1-\sigma)/(\sigma(2\sigma-1))} \frac{h^{(1-\sigma)^2/(\sigma(2\sigma-1))}}{s^* (s^* + h \frac{ds^*}{dh})}$$

Examining (17) shows that as $\sigma \rightarrow 1$, $s^* \rightarrow 0.5$ and $\frac{ds^*}{dh} \rightarrow 0$, and therefore the above approaches

$$2 \frac{1}{(0.5)^2} = 8.$$

□

We can now gather the facts stated in the main text.

Fact 1: for $\sigma < 1$, total fertility $N^* \equiv N_1^* + N_2^*$ is decreasing in human capital h .

Furthermore, for σ close enough to 1, fertility is convex in human capital, i.e.

Fact 2 part 1: the fertility-human capital relationship is closer to 0 at high levels of h .

For $\sigma < 1$, education levels s^* increase in h , and so therefore do equilibrium wages $w(s^*, h)$. This, plus fact 1, gives:

Fact 2 part 2: for $\sigma < 1$ and close to 1, the fertility-human capital relationship is weaker among higher earners.

Fact 4: for $\sigma < 1$ and close to 1, the fertility-human capital relationship is weaker at high levels of education.

Next, we compare people who start fertility early ($N_1^* > 0$) versus those who start fertility late ($N_1^* = 0$). Again, for $\sigma < 1$ the former group have lower h than the latter group. Thus we have:

Fact 5: for $\sigma < 1$ and close to 1, the fertility-human capital relationship is weaker among those who start fertility late.

Lastly, we prove fact 3. Differentiating dN_t^*/dh in (15) with respect to b , for when $N_1^* > 0$ gives:

$$\frac{d^2 N_t^*}{dhdb} = \frac{2\sigma - 2}{2\sigma - 1} b^{(3-4\sigma)/(2\sigma-1)} \left(\frac{1}{a}\right)^{1/(2\sigma-1)} \frac{1-\sigma}{2\sigma-1} h^{(\sigma-1)^2/(\sigma(2\sigma-1))}$$

which is negative for $0.5 < \sigma < 1$. When $N_1^* = 0$, differentiating dN_2^*/dh in (19) gives:

$$\frac{d^2 N_2^*}{dhdb} = -\frac{1-\sigma}{\sigma} b^{(1-2\sigma)/\sigma} \left(\frac{1}{a}\right)^{1/\sigma} \frac{1-\sigma}{\sigma} (s^* h)^{(1-2\sigma)/\sigma} (s^* + h \frac{ds^*}{dh})$$

which again is negative for $\sigma < 1$. Therefore:

Fact 3: for $\sigma < 1$, the fertility-human capital relationship is more negative when the burden of childcare b is larger.

Including a money cost

The model can be extended by adding a money cost m per child. Utility is then

$$U = u(1 - s - bN_1 - mN_1) + u(w(s, h)(1 - bN_2) - mN_2) + a(N_1 + N_2)$$

Figure 21 shows a computed example with $a = 0.4, b = 0.175, \sigma = 0.7, m = 0.075$. Fertility first declines steeply with human capital, then rises. In addition, for parents with low AFLB ($N_1 > 0$), the fertility-human capital relationship is negative, while for parents with higher AFLB ($N_1 = 0$) it is positive.

Concavity

Lemma 5. For $\sigma > 0.5$, U in equation (2) is concave in N_1, N_2 and s .

Proof. We examine the Hessian matrix of utility in each period. Note that period 1 utility is constant in N_2 and period

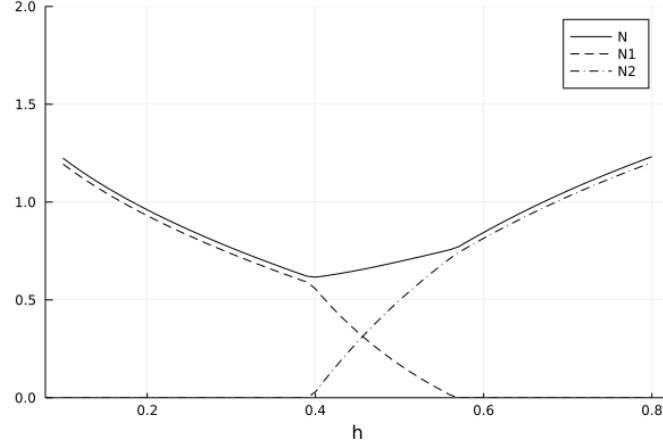


Figure 21: Fertility vs. human capital in the two-period model with money costs of children. $a = 0.4, b = 0.175, \sigma = 0.7, m = 0.075$.

2 utility is constant in N_1 . For period 1 the Hessian with respect to N_1 and s is:

$$\begin{bmatrix} d^2u/dN_1^2 & d^2u/dsdN_1 \\ d^2u/dsdN_1 & d^2u/ds^2 \end{bmatrix} = \begin{bmatrix} -\sigma b^2 & -\sigma b \\ -\sigma b & -\sigma \end{bmatrix} Y_1^{-\sigma-1}$$

with determinant

$$(\sigma^2 b^2 - \sigma^2 b^2) Y_1^{-2\sigma-2} = 0.$$

Thus, first period utility is weakly concave. For period 2 with respect to N_2 and s , the Hessian is:

$$\begin{bmatrix} d^2u/dN_2^2 & d^2u/dsdN_2 \\ d^2u/dsdN_2 & d^2u/ds^2dN_2 \end{bmatrix} = \begin{bmatrix} -\sigma(bsh)^2 Y_2^{-\sigma-1} & -(1-\sigma)bhY_2^{-\sigma} \\ -(1-\sigma)bhY_2^{-\sigma} & -\sigma[h(1-bN_2^*)]^2 Y_2^{-\sigma-1} \end{bmatrix}$$

with determinant

$$\begin{aligned} & (-\sigma(bsh)^2 Y_2^{-\sigma-1})(-\sigma[h(1-bN_2^*)]^2 Y_2^{-\sigma-1}) - (-(1-\sigma)bhY_2^{-\sigma})^2 \\ &= \sigma^2(bsh)^2[h(1-bN_2^*)]^2 Y_2^{-2\sigma-2} - (1-\sigma)^2(bh)^2 Y_2^{-2\sigma} \\ &= \sigma^2(bh)^2 Y_2^{-2\sigma} - (1-\sigma)^2(bh)^2 Y_2^{-2\sigma}, \text{ using that } Y_2 = (sh)(1-bN) \\ &= (bh)^2 Y_2^{-2\sigma}(\sigma^2 - (1-\sigma)^2) \end{aligned}$$

which is positive if and only if $\sigma > 0.5$. Thus, if $\sigma > 0.5$ then the Hessian is negative definite and thus utility is concave; this combined with weak concavity of period 1, and linearity of $a(N_1 + N_2)$, shows that (2) is concave. \square

References

- Abdellaoui, Abdel, David Hugh-Jones, Loïc Yengo, Kathryn E Kemper, Michel G Nivard, Laura Veul, Yan Holtz, et al. 2019. “Genetic Correlates of Social Stratification in Great Britain.” *Nature Human Behaviour* 3 (12): 1332–42.
- Barban, Nicola, and Rick Jansen, Ronald de Vlaming, Ahmad Vaez, Jornt J Mandemakers, Felix C Tropf, Xia Shen, et al. 2016. “Genome-Wide Analysis Identifies 12 Loci Influencing Human Reproductive Behavior.” *Nature Genetics* 48 (12): 1462–72. <https://doi.org/10.1038/ng.3698>.
- Baudin, Thomas, David De La Croix, and Paula E Gobbi. 2015. “Fertility and Childlessness in the United States.” *American Economic Review* 105 (6): 1852–82.
- Beauchamp, Jonathan P. 2016. “Genetic Evidence for Natural Selection in Humans in the Contemporary United States.” *Proceedings of the National Academy of Sciences* 113 (28): 7774–79.
- Becker, Gary S. 1960. “An Economic Analysis of Fertility.” *National Bureau Committee for Economic Research* 209.
- . 1981. “A Treatise on the Family.” *NBER Books*.
- Becker, Gary S, and Nigel Tomes. 1976. “Child Endowments and the Quantity and Quality of Children.” *Journal of Political Economy* 84 (4, Part 2): S143–62.
- Belsky, Daniel W, Benjamin W Domingue, Robbee Wedow, Louise Arseneault, Jason D Boardman, Avshalom Caspi, Dalton Conley, et al. 2018. “Genetic Analysis of Social-Class Mobility in Five Longitudinal Studies.” *Proceedings of the National Academy of Sciences* 115 (31): E7275–84.
- Benton, Mary Lauren, Abin Abraham, Abigail L. LaBella, Patrick Abbot, Antonis Rokas, and John A. Capra. 2021. “The Influence of Evolutionary History on Human Health and Disease.” *Nature Reviews Genetics*.
- Bycroft, Clare, Colin Freeman, Desislava Petkova, Gavin Band, Lloyd T Elliott, Kevin Sharp, Allan Motyer, et al. 2018. “The UK Biobank Resource with Deep Phenotyping and Genomic Data.” *Nature* 562 (7726): 203–9.
- Caucutt, Elizabeth M, Nezih Guner, and John Knowles. 2002. “Why Do Women Wait? Matching, Wage Inequality, and the Incentives for Fertility Delay.” *Review of Economic Dynamics* 5 (4): 815–55.
- Cohen, Alma, Rajeev Dehejia, and Dmitri Romanov. 2013. “Financial Incentives and Fertility.” *Review of Economics and Statistics* 95 (1): 1–20.
- Davey Smith, George, and Shah Ebrahim. 2003. “‘Mendelian Randomization’: Can Genetic Epidemiology Contribute to Understanding Environmental Determinants of Disease?” *International Journal of Epidemiology* 32 (1): 1–22.

- Flynn, James R. 1987. "Massive IQ Gains in 14 Nations: What IQ Tests Really Measure." *Psychological Bulletin* 101 (2): 171.
- Fry, Anna, Thomas J Littlejohns, Cathie Sudlow, Nicola Doherty, Ligia Adamska, Tim Sprosen, Rory Collins, and Naomi E Allen. 2017. "Comparison of Sociodemographic and Health-Related Characteristics of UK Biobank Participants With Those of the General Population." *American Journal of Epidemiology* 186 (9): 1026–34. <https://doi.org/10.1093/aje/kwx246>.
- Hotz, V Joseph, Jacob Alex Klerman, and Robert J Willis. 1997. "The Economics of Fertility in Developed Countries." *Handbook of Population and Family Economics* 1 (Part A): 275–347.
- HRS. 2020. https://hrs.isr.umich.edu/data-products/genetic-data/products?_ga=2.248005447.1729788711.1602771602-1571093872.1602771602.
- Jones, Larry E, Alice Schoonbroodt, and Michele Tertilt. 2008. "Fertility Theories: Can They Explain the Negative Fertility-Income Relationship?"
- Jones, Larry, and Michèle Tertilt. 2006. "An Economic History of Fertility in the US: 1826-1960." *NBER Working Paper*, no. w12796.
- Kong, Augustine, Michael L Frigge, Gudmar Thorleifsson, Hreinn Stefansson, Alexander I Young, Florian Zink, Gudrun A Jonsdottir, et al. 2017. "Selection Against Variants in the Genome Associated with Educational Attainment." *Proceedings of the National Academy of Sciences* 114 (5): E727–32.
- Kong, Augustine, Gudmar Thorleifsson, Michael L Frigge, Bjarni J Vilhjalmsen, Alexander I Young, Thorgeir E Thorgeirsson, Stefania Benonisdottir, et al. 2018. "The Nature of Nurture: Effects of Parental Genotypes." *Science* 359 (6374): 424–28.
- Lee, James J, Robbee Wedow, Aysu Okbay, Edward Kong, Omeed Maghzian, Meghan Zacher, Tuan Anh Nguyen-Viet, et al. 2018. "Gene Discovery and Polygenic Prediction from a Genome-Wide Association Study of Educational Attainment in 1.1 Million Individuals." *Nature Genetics* 50 (8): 1112–21.
- Lumley, Thomas. 2020. "Survey: Analysis of Complex Survey Samples."
- Lundberg, Shelly, and Robert A Pollak. 2007. "The American Family and Family Economics." *Journal of Economic Perspectives* 21 (2): 3–26.
- Mills, Melinda C, Felix C Tropf, David M Brazel, Natalie van Zuydam, Ahmad Vaez, Tune H Pers, Harold Snieder, et al. 2021. "Identification of 371 Genetic Variants for Age at First Sex and Birth Linked to Externalising Behaviour." *Nature Human Behavior*.

- Monstad, Karin, Carol Propper, and Kjell G Salvanes. 2008. "Education and Fertility: Evidence from a Natural Experiment." *Scandinavian Journal of Economics* 110 (4): 827–52.
- Rendall, Michael S, and Raisa A Bahchieva. 1998. "An Old-Age Security Motive for Fertility in the United States?" *Population and Development Review*, 293–307.
- Rimfeld, Kaili, Eva Krapohl, Maciej Trzaskowski, Jonathan R. I. Coleman, Saskia Selzam, Philip S. Dale, Tonu Esko, Andres Metspalu, and Robert Plomin. 2018. "Genetic Influence on Social Outcomes During and After the Soviet Era in Estonia." *Nature Human Behaviour* 2 (4): 269–75. <https://doi.org/10.1038/s41562-018-0332-5>.
- Sanjak, Jaleal S, Julia Sidorenko, Matthew R Robinson, Kevin R Thornton, and Peter M Visscher. 2018. "Evidence of Directional and Stabilizing Selection in Contemporary Humans." *Proceedings of the National Academy of Sciences* 115 (1): 151–56.
- Sarraf, Matthew Alexandar, Colin Feltham, and others. 2019. *Modernity and Cultural Decline: A Biobehavioral Perspective*. Springer Nature.
- Selzam, Saskia, Stuart J Ritchie, Jean-Baptiste Pingault, Chandra A Reynolds, Paul F O'Reilly, and Robert Plomin. 2019. "Comparing Within-and Between-Family Polygenic Score Prediction." *The American Journal of Human Genetics* 105 (2): 351–63.
- Townsend, Peter. 1987. "Deprivation." *Journal of Social Policy* 16 (2): 125–46.
- Willis, Robert J. 1973. "A New Approach to the Economic Theory of Fertility Behavior." *Journal of Political Economy* 81 (2, Part 2): S14–64.