

Optimist mind always leads to Success.

Assalam u Aleikum, I am Abdullah Sadiq and today I would talk about how an optimist mind lead a person toward success and is it important to have an optimist mind to be a successful person.

We already know the current condition of Pakistani economy, due to Rupees devaluation and increasing number of debts, the prices of petrol, food items are increasing, and the things are getting worse day by day. How many of you think that after 5 to 7 years, the things would become better, and the economy of Pakistan would become stable? How many of you still have hope.

So, many of us don't have hope that the things would become better. That's not our mistake because we see too many posts on social media about people leaving country and moving abroad and getting settle in other countries. But no one has seen the future.

We must be optimistic and should hope for better. Because optimist mind plays an important role in our life.

Sometimes we lose an opportunity just because of our pessimist mindset. Like when we are applying for something, it may be coding competition, photography contest or may be a Job Interview. There are a lot of negative thoughts in our mind. We be thinking like I am not good enough, this opportunity is not for me, there are a lot of people applying for this the interview. So, I don't have any chance. What if I didn't be able to crack it, what if I loss and we just ended up losing that opportunity. But, if you have a positive mindset, you can also think like maybe I am the one who the interviewer is looking for. Although there are hundreds of people applying for this contest but, maybe I am the one who would win. So, at least I should apply for it.

An optimist person stands in every field because of his positive attitude toward life. A study says that the people having Optimist mindset are more likely to be successful because they are open to the opportunities, and they believe in themselves.

But on other hand a pessimist person may feel less stress in life because he expects the adverse outcomes. He may feel less anxiety in certain situations.

An optimist mind gives us confidence. An optimist person has a positive attitude toward the failure, he learns from his mistake, he focuses on his weak points and work on them to be a better person. Rather than a person who is always blaming, who is always questioning that why he failed, why it always happens to him. The one who is always blaming the society, who is always blaming the conditions would never become successful.