



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, <https://eoc.anthem.com/eocdps/9ZVGIND01012024>. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call (855) 738-6674 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	\$0 at Indian Health Care Provider (IHCP) or with IHCP <a href="#">referral</a> at non-IHCP; or \$6,500/person or \$13,000/family for Non-IHCP In- <a href="#">Network Providers</a> .	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. All services for Indian Health Care <a href="#">Providers</a> (IHCP). Primary Care <a href="#">Preventive Care</a> for Non-IHCP <a href="#">Providers</a> . Certain <a href="#">Prescription Drugs</a> for Non-IHCP <a href="#">Providers</a> . Vision for Non-IHCP <a href="#">Providers</a> . For more information see below.	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	\$9,450/person or \$18,900/family for Non-IHCP In- <a href="#">Network Providers</a> .	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a <a href="#">network</a></b>	Yes, Maine HMO Tiered Options. See <a href="http://www.anthem.com">www.anthem.com</a>	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive

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<b><a href="#">provider?</a></b>	or call (855) 738-6674 for a list of <a href="#">network providers</a> . Lower cost shares may apply when using a Value Based Provider*. Costs may vary by site of service and how the <a href="#">provider</a> bills.	a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
<b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>	Yes.	This <a href="#">plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services but only if you have a <a href="#">referral</a> before you see the <a href="#">specialist</a> .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-Of-Network Provider (You will pay the most)	
<b>If you visit a health care <a href="#">provider's</a> office or clinic</b>	Primary care visit to treat an injury or illness	No charge	No charge for the first visit, then \$60/visit <a href="#">deductible</a> does not apply	Not covered	<a href="#">Preferred Network</a> No charge for the first visit, then \$40/visit <a href="#">deductible</a> does not apply. Virtual visits (Telehealth) benefits available.
	<a href="#">Specialist</a> visit	No charge	\$130/visit	Not covered	<a href="#">Preferred Network</a> \$80/visit <a href="#">deductible</a> does not apply. Virtual visits (Telehealth) benefits available.
	<a href="#">Preventive care</a> / <a href="#">screening</a> /immunization	No charge	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	Lab – Office No charge X-Ray – Office No charge	Lab – Office Same as In- <a href="#">Network</a> Tier 1 X-Ray – Office 50% <a href="#">coinsurance</a>	Lab – Office Not covered X-Ray – Office Not covered	<a href="#">Preferred Network</a> \$15/service <a href="#">deductible</a> does not apply for Lab. <a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> for X-Ray.
	Imaging (CT/PET scans, MRIs)	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
<b>If you need drugs to treat</b>	Typically Generic (Tier 1)	No charge	Level 1 \$25/prescription,	Not covered (retail and home delivery)	For more information, refer to “Select Drug List” at

\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://eoc.anthem.com/eocdps/9ZVGIND01012024>.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-Of-Network Provider (You will pay the most)	
<b>your illness or condition</b> More information about <a href="http://www.anthem.com/pharmacyinformation/">prescription drug coverage</a> is available at <a href="http://www.anthem.com/pharmacyinformation/">http://www.anthem.com/pharmacyinformation/</a>			<a href="#">deductible</a> does not apply (retail) and \$62.50/prescription, <a href="#">deductible</a> does not apply (home delivery) Level 2 \$35/prescription, <a href="#">deductible</a> does not apply (retail only)		<a href="http://www.anthem.com/pharmacyinformation/">http://www.anthem.com/pharmacyinformation/</a> *See Prescription Drug section.
	Typically Preferred Brand & Non-Preferred Generic Drugs (Tier 2)	No charge	Level 1 \$50/prescription, <a href="#">deductible</a> does not apply (retail) and \$150/prescription, <a href="#">deductible</a> does not apply (home delivery) Level 2 \$60/prescription, <a href="#">deductible</a> does not apply (retail only)	Not covered (retail and home delivery)	
	Typically Non-Preferred Brand (Tier 3)	No charge	Level 1 30% <a href="#">coinsurance</a> up to \$300/prescription (retail) and 30% <a href="#">coinsurance</a> up to \$900/prescription (home delivery) Level 2 50% <a href="#">coinsurance</a> up to	Not covered (retail and home delivery)	

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Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-Of-Network Provider (You will pay the most)	
			\$400/prescription (retail only)		
	Typically <a href="#">Specialty</a> (brand and generic) (Tier 4)	No charge	Level 1 50% <a href="#">coinsurance</a> up to \$600/prescription (retail and home delivery) Level 2 50% <a href="#">coinsurance</a> up to \$700/prescription (retail only)	Not covered (retail and home delivery)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> . Same as In- <a href="#">Network</a> Tier 1 for Ambulatory Surgical Center.
	Physician/surgeon fees	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
If you need immediate medical attention	<a href="#">Emergency room care</a>	No charge	Same as In- <a href="#">Network</a> Tier 1	Same as In- <a href="#">Network</a> Tier 1	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
	<a href="#">Emergency medical transportation</a>	No charge	Same as In- <a href="#">Network</a> Tier 1	Same as In- <a href="#">Network</a> Tier 1	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> . Non-emergency non- <a href="#">network</a> Ambulance Services are limited to \$50,000 per trip.
	<a href="#">Urgent care</a>	No charge	Same as In- <a href="#">Network</a> Tier 1	Same as In- <a href="#">Network</a> Tier 1	<a href="#">Preferred Network</a> \$40/visit <a href="#">deductible</a> does not apply.
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> . 150 days/year for Inpatient rehabilitation for Indian Health Care <a href="#">Providers</a> (IHCP) and Non-IHCP In- <a href="#">Network</a> <a href="#">Providers</a> combined.

\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://eoc.anthem.com/eocdps/9ZVGIND01012024>.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-Of-Network Provider (You will pay the most)	
	Physician/surgeon fees	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit No charge Other Outpatient No charge	Office Visit No charge for the first visit, then \$60/visit <a href="#">deductible</a> does not apply Other Outpatient 50% <a href="#">coinsurance</a>	Office Visit Not covered Other Outpatient Not covered	Office Visit <a href="#">Preferred Network</a> No charge for the first visit, then \$40/visit <a href="#">deductible</a> does not apply. Virtual visits (Telehealth) benefits available. Other Outpatient <a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
	Inpatient services	No charge	50% <a href="#">coinsurance</a>	Not covered	-----none----- <a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
If you are pregnant	Office visits	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Cost sharing</a> does not apply for <a href="#">preventive services</a> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	No charge	50% <a href="#">coinsurance</a>	Not covered	
	Childbirth/delivery facility services	No charge	50% <a href="#">coinsurance</a>	Not covered	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	No charge	50% <a href="#">coinsurance</a>	Not covered	-----none----- <a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
	<a href="#">Rehabilitation services</a>	No charge	\$60/visit <a href="#">deductible</a> does not apply	Not covered	<a href="#">Preferred Network</a> \$40/visit <a href="#">deductible</a> does not apply. *See Therapy Services section.
	<a href="#">Habilitation services</a>	No charge	\$60/visit <a href="#">deductible</a> does not apply	Not covered	
	<a href="#">Skilled nursing care</a>	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> . 150 days/year for skilled nursing services for Indian Health Care <a href="#">Providers</a> (IHCP) and Non-IHCP In- <a href="#">Network Providers</a> combined.

\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://eoc.anthem.com/eocdps/9ZVGIND01012024>.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-Of-Network Provider (You will pay the most)	
	<a href="#">Durable medical equipment</a>	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> . *See <a href="#">Durable Medical Equipment</a> Section.
	<a href="#">Hospice services</a>	No charge	50% <a href="#">coinsurance</a>	Not covered	<a href="#">Preferred Network</a> 40% <a href="#">coinsurance</a> .
<b>If your child needs dental or eye care</b>	Children's eye exam	No charge	No charge	Not covered	*See Vision Services section.
	Children's glasses	No charge	No charge	Not covered	
	Children's dental check-up	Not covered	Not covered	Not covered	-----none-----

### Excluded Services & Other Covered Services:

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"> <li>Acupuncture</li> <li>Dental care (Adult)</li> <li>Private-duty nursing</li> <li>Weight loss programs</li> </ul>	<ul style="list-style-type: none"> <li>Children's dental check-up</li> <li>Long-term care</li> <li>Routine eye care (Adult)</li> </ul>	<ul style="list-style-type: none"> <li>Cosmetic surgery</li> <li>Non-emergency care when traveling outside the U.S.</li> <li>Routine foot care</li> </ul>

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)		
<ul style="list-style-type: none"> <li>Abortion (including Non-Hyde Abortion Services)</li> <li>Hearing aids 1 item(s) every 36 months</li> </ul>	<ul style="list-style-type: none"> <li>Bariatric surgery for morbid obesity only</li> <li>Infertility treatment</li> </ul>	<ul style="list-style-type: none"> <li>Chiropractic care 40 visits/year</li> </ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Maine Bureau of Insurance, Department of Professional and Financial Regulation, 34 State House Station, Augusta, ME 04333-0334, (800) 300-5000, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#)

\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://eoc.anthem.com/eocdps/9ZVGIND01012024>.



documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 218, North Haven, CT 06473-0218

Maine Bureau of Insurance, Department of Professional and Financial Regulation, 34 State House Station, Augusta, ME 04333-0334, (800) 300-5000

Consumers for Affordable Health Care, 12 Church Street, PO Box 2490, Augusta, ME 04338-2490, (800) 965-7476, [www.maine cahc.org](http://www.maine cahc.org), [consumerhealth@maine cahc.org](mailto:consumerhealth@maine cahc.org)

**Does this plan provide Minimum Essential Coverage? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Not Applicable**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$3,000
■ <a href="#">Specialist copayment</a>	\$80
■ Hospital (facility) <a href="#">coinsurance</a>	40%
■ Other <a href="#">copayment</a>	\$15

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$60</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$3,000
■ <a href="#">Specialist copayment</a>	\$80
■ Hospital (facility) <a href="#">coinsurance</a>	40%
■ Other <a href="#">copayment</a>	\$15

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$20</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$3,000
■ <a href="#">Specialist copayment</a>	\$80
■ Hospital (facility) <a href="#">coinsurance</a>	40%
■ Other <a href="#">copayment</a>	\$15

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$0
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$0</b>

Note: These numbers assume the patient received care from an IHCP [provider](#) or with IHCP [referral](#) at a non-IHCP. If you receive care from a non-IHCP [provider](#) without [referral](#) from an IHCP your costs may be higher.

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.



## Language Access Services:

(TTY/TDD: 711)

**Albanian (Shqip):** Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (855) 738-6674

**Amharic (አማርኛ):** ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጓሚ ለማናገር (855) 738-6674 ይደውሉ።

**Arabic (العربية):** إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على (855) 738-6674.

**Armenian (հայերեն):** Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվճար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով: Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (855) 738-6674:

**Bassa (Bàsɔ̀ Wùdù):** M̈ dyi dyi-diè-djé b̈é b̈édjé b̈á céè-djé nià k̈e dyí ní, ɔ m̈ò nì dyí-b̈édjéìn-djé b̈é m̈ k̈é gbo-kpá-kpá k̈é b̈ɔ̈ kp̈ɔ̈ djé m̈ b̈ídjí-wùdùùn b̈ó pídyi. B̈é m̈ k̈é wuɖu-zìin-nyò d̈ò gbo wùdù k̈e, d̈á (855) 738-6674.

**Bengali (বাংলা):** যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, তাহলে আপনার ভাষায় বিনামূল্যে সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা বলার জন্য (855) 738-6674 -তে কল করুন।

**Burmese (မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖု (855) 738-6674 သို့ ခေါ်ဆိုပါ။

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