# Modern Methods and Tools for Human Biosignal Analysis

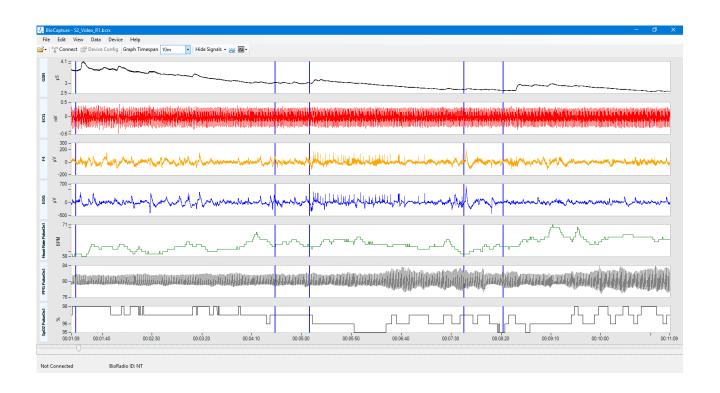
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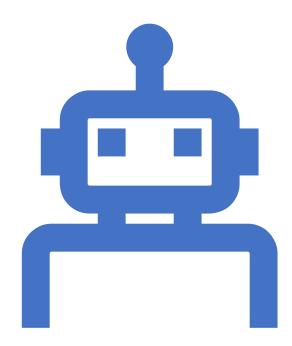
# What is a Biosignal?

- The term biosignal refers to any signal that can be measured from living organisms.
- Biosignals can be classified as:
  - Bioelectrical signals (signals that originate in nerves and muscles), electrical conductance (e.g. Galvanic skin response),
  - Bioimpedance signals,
  - Bioacoustic signals,
  - Bio-optical signals (e.g. bloodoxygen saturation based on reflection or pulse rate by the change in skin color)



### How are biosignals useful?

- Medical applications, e.g. heart rate, blood oxygen levels
- Sleep studies (Polysomnography)
- Affective computing, recognizing human emotion based on physiological variations.
- Human-Computer Interaction, e.g. Affect-aware Virtual Reality



# Common types of Biosignals

Brain activity: Electroencephalogram (EEG) and Near-infrared spectroscopy (NIRS)

Electrical activity of muscles: Electromyogram (EMG) and Electrooculogram (EOG)

Heart activity: Heart rate (HR), and Electrocardiogram (ECG)

Electrodermal Activity (EDA), also known as skin conductance, or Galvanic Skin Response (GSR)

Air flow in and out of lungs, Breathing effort and rate

The level of oxygen in the blood (Oximetry-PPG)

How are Biosignals collected?

Invasive or non-invasive devices can be used



# Case Study 1: Peripheral Biosignal Analysis

# How are you doing?

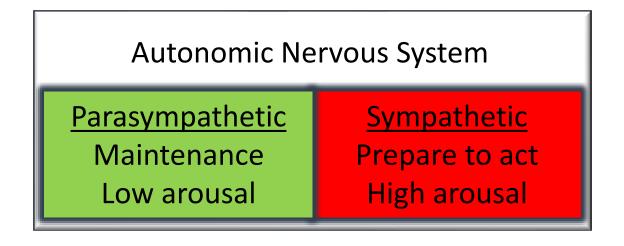
- Humans can recognize emotional state
- Facial expression
- Appearance, Movement
- Voice inflection
- Ekman and Friesen conducted research starting in the late 1960s involving facial expression as an indicator of six <u>universal emotions</u>: happiness, sadness, anger, fear, surprise, disgust, interest.
- Concept of affective computing described by Rosalind Picard in 1995 incorporates emotion as an input to automated systems.



- Signals non-detectable by humans known to provide additional information regarding emotional state
- Galvanic Skin Response (Electrodermal Activity)
  is an example key signal used during the
  administration of a lie detector test
- Technological developments have lowered the cost of monitoring physiological signals
  - *Consumer*: heart rate, movement (acceleration)
  - Research: brain/muscle/heart electrical activity, respiration

#### A bit of Biology

- Detectable emotional responses have origins in "fight or flight"
- Body attempts to stay in steady state homeostatis
- When stressed physiological changes occur in preparation for action
- ✓ Heart rate increases
- ✓ Restricted peripheral blood flow
- ✓ Sweat glands express
- ✓ Hormones are released.

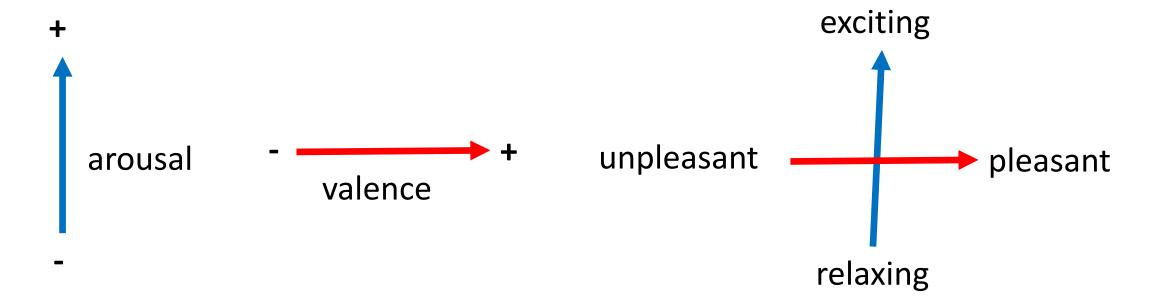


### Emotional Response Classification

"How does that make you feel?"

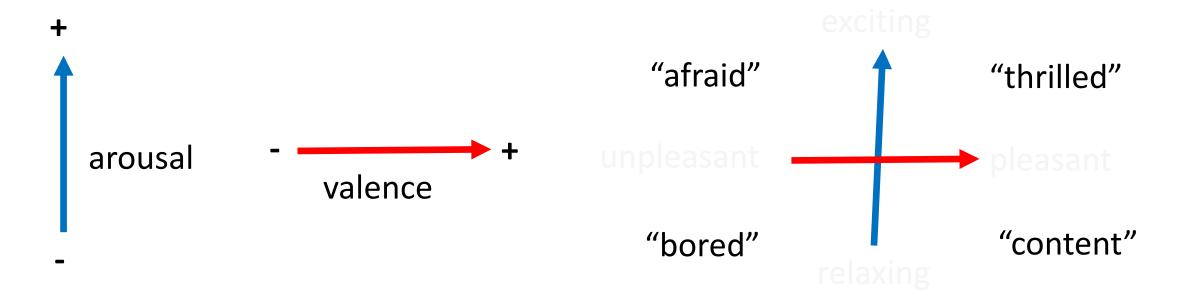
### Emotional Response Classification

"How does that make you feel?"



#### Emotional Response Classification

"How does that make you feel?"



# Experimental Design and Data Collection

#### Tools: BioRadio

- Physiological Data Collection
- Electrical Activity 4/8 configurable inputs
  - Heart electrocardiography (ECG)
  - Muscle electromyography (EMG)
  - Eye Movement electrooculography (EOG)
  - Brain electroencephalography (EEG)
  - Skin Response electrodermal activity (EDA aka GSR)
  - Breath respiratory inductance plethysmography (RIP)
- Motion 6-axis accelerometer, triaxial linear acceleration and angular velocity
- Auxiliary Inputs Surface Temperature, Photoplethysmogram (PPG), Heart Rate (optical), and Oxygen Saturation (SpO<sub>2</sub>)

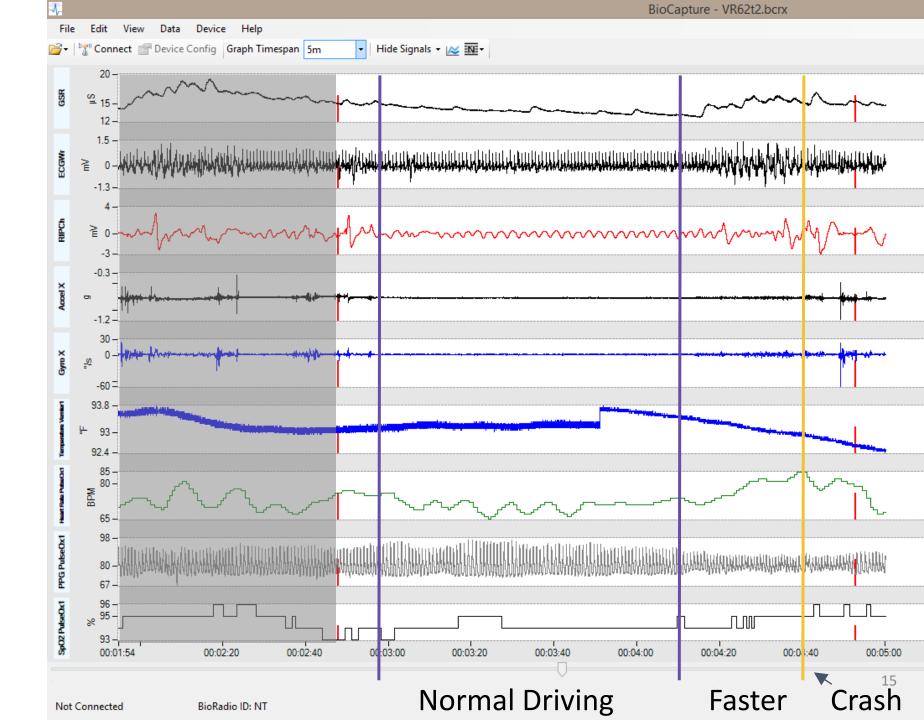


# Early Work VR Test Run

"Leisurely" lap

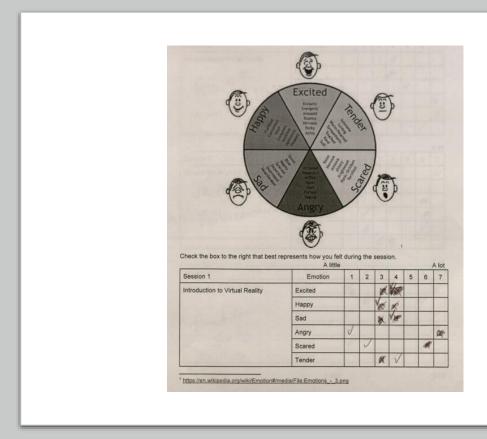
faster lap

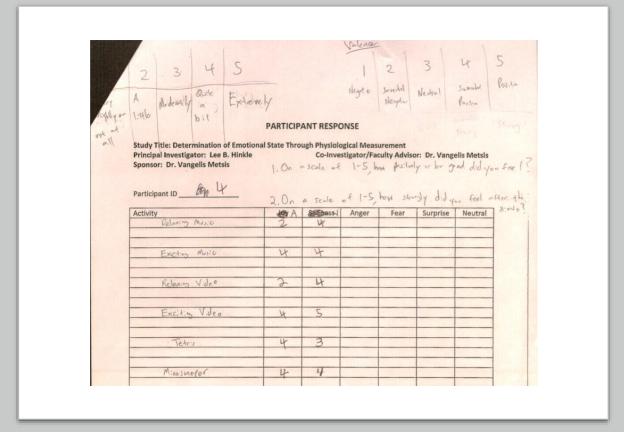
unexpected wreck



### Classification Labels – Keep it Simple!

Preliminary testing showed it was very difficult to self-classify experience





#### Classification Labels

#### **Subject Self-Reporting**

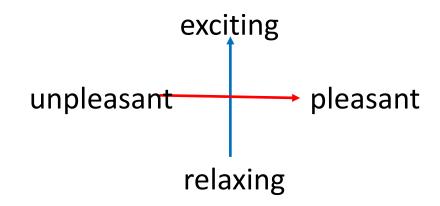
- Too difficult to remove headset must be oral
- Simplified version of arousal valence model used

#### After each session:

Question 1: "Did you find this movie exciting, relaxing, or neutral?"

Question 2: "Did you find this movie pleasant, unpleasant, or neutral?"

(1,-1) stressed	(1,0)	(1,1) excited			
(0,-1)	(0,0)	(0,1)			
(-1,-1) bored	(-1,0)	(-1,1) relaxed			



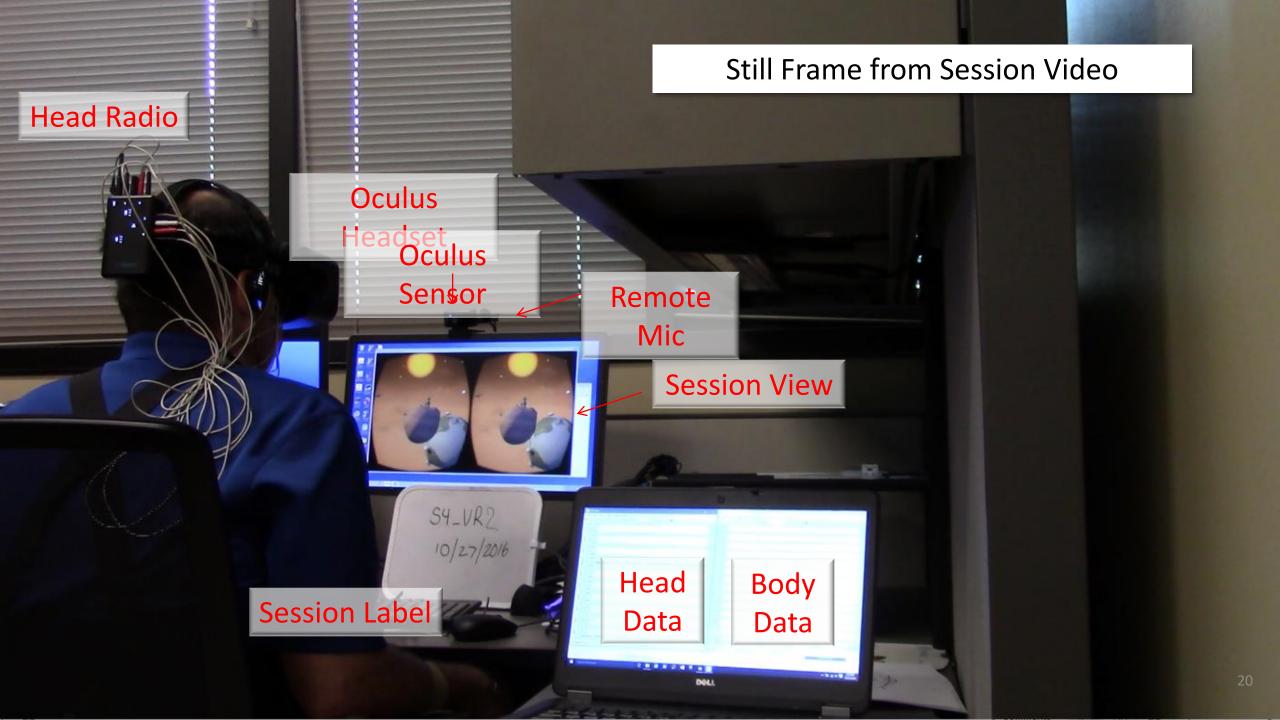
### Sensor Setup

- Headset with headphones and Xbox game controller
- Head Radio (in back)
  - EEG/EOG/EMG(smile)
- Body Radio (in Support Belt)
  - ECG/GSR/PulseOx
  - Chest & Abdomen Respiration



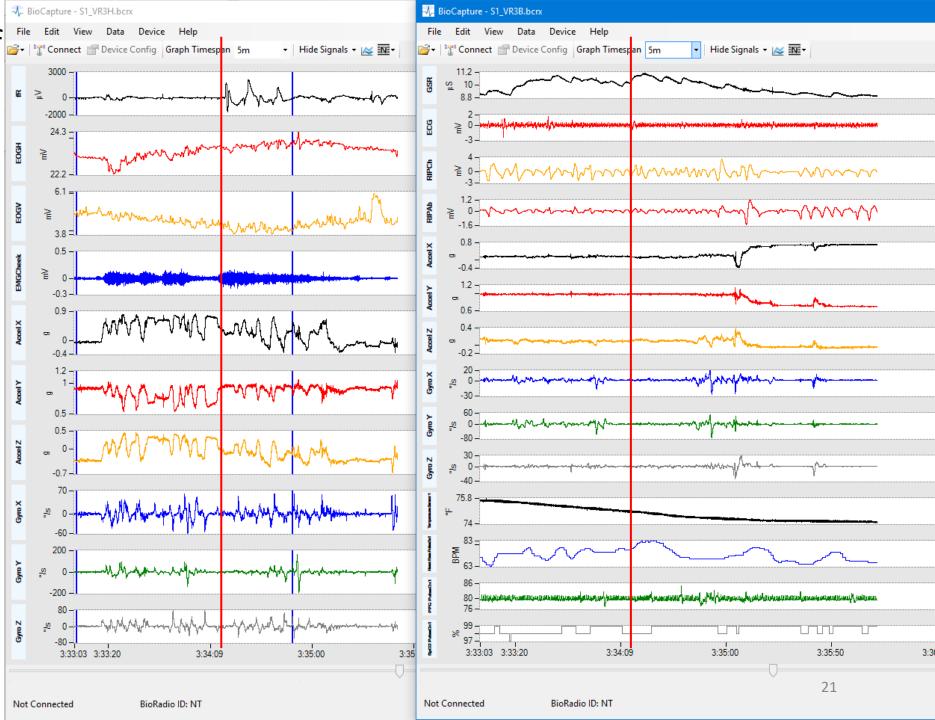
#### Sensor List 24 total channels

Radio	Signal	Sensor Location	Qty
H_Ch1	EEG f4	High right forehead	1
H_Ch2	EOG - Horizontal	Outside of eyes	1
H_Ch3	EOG - Vertical	Above and below right eye	1
H_Ch4	EMG – Zygomaticus "smile" muscle	Right cheek	1
H_int	Accel XYZ, Gyro XYZ	Rear of head	6
B_Ch1	GSR (Electrodermal Activity)	Right index and pointer finger	1
B_Ch2	ECG	Left and right wrists	1
B_Ch3	Chest Respiration (RIP)	Chest strap	1
B_Ch4	Abdomen Respiration (RIP)	Stomach strap	1
B_Aux	Peripheral Temperature	Right pinkie finger	1
B_Aux	Heart Rate via PulseOx	Right ring finger	1
B_Aux	Blood Volume (PPG) via PulseOx	Right ring finger	1
B_Aux	Blood Oxygen (SpO2) via PulseOx	Right ring finger	1
B_int	Accel XYZ, Gyro XYZ	Right waist	6



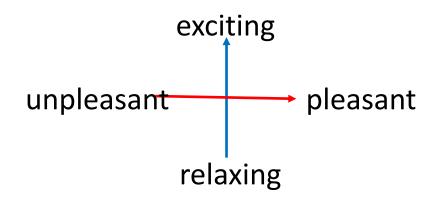
# Quick Visual Analysis of Pendulum Swing Video Signals in BioCapture

	А	В	С	
1		MVI_004	Real Time	
2			S1_VR3H	5
3	Start H	0:17:05	3:29:41 AM	
4	Start B	0:17:21		3
5	Start of Rollercoaster [Mark]	0:17:41	3:30:15 AM	
6	Start of Drop	0:18:19	3:30:53 AM	
7	Stop Rollercoaster	0:19:31	3:32:05 AM	
8	Start Standing	0:20:03	3:32:37 AM	
9	Finish Standing	0:20:14	3:32:48 AM	
10	Jump into Unknown [Mark]	0:20:30	3:33:04 AM	
11	Pushed in VR	0:21:40	3:34:14 AM	
12	Jump into Unknown Finish	0:22:10	3:34:44 AM	
13	Ending [Mark]	0:22:16	3:34:50 AM	
14				
15	NOTE: All this done in BioCa	pture - need to co	nfirm increase pre	ec

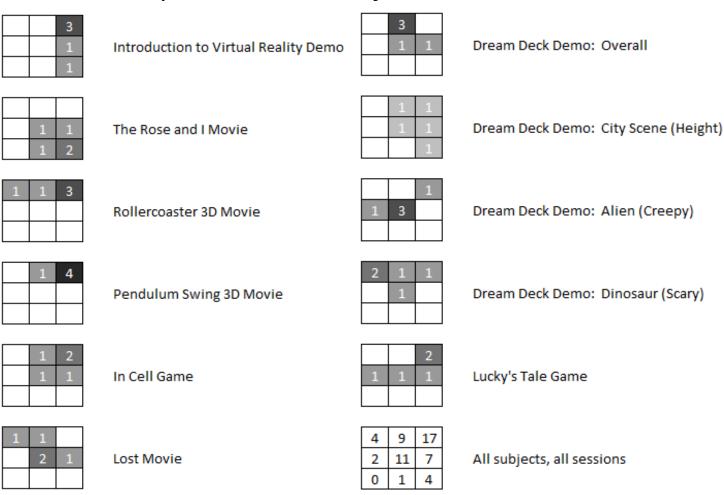


#### Classification Results

- Subject Self-Reported data for 11 segments
- Skewed toward pleasant and exciting
- No unpleasant relaxing e.g. "bored" results

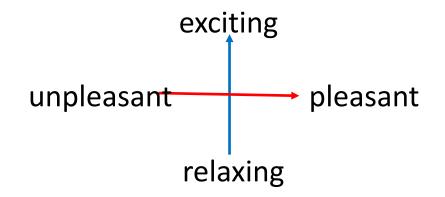


#### **Total Responses for 5 Subjects**

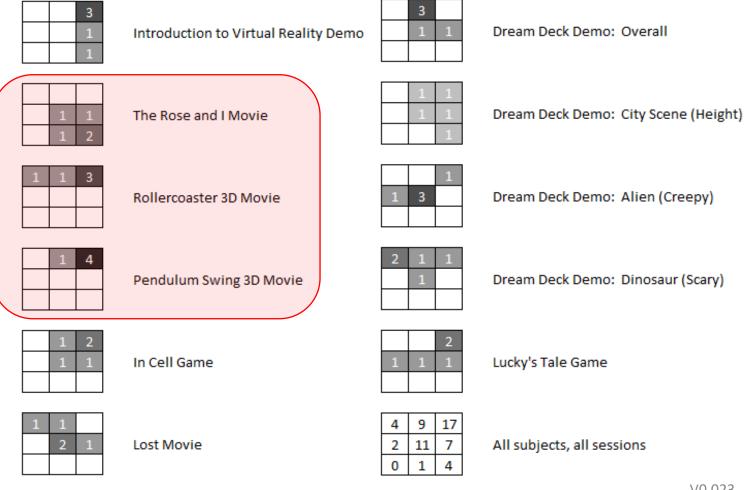


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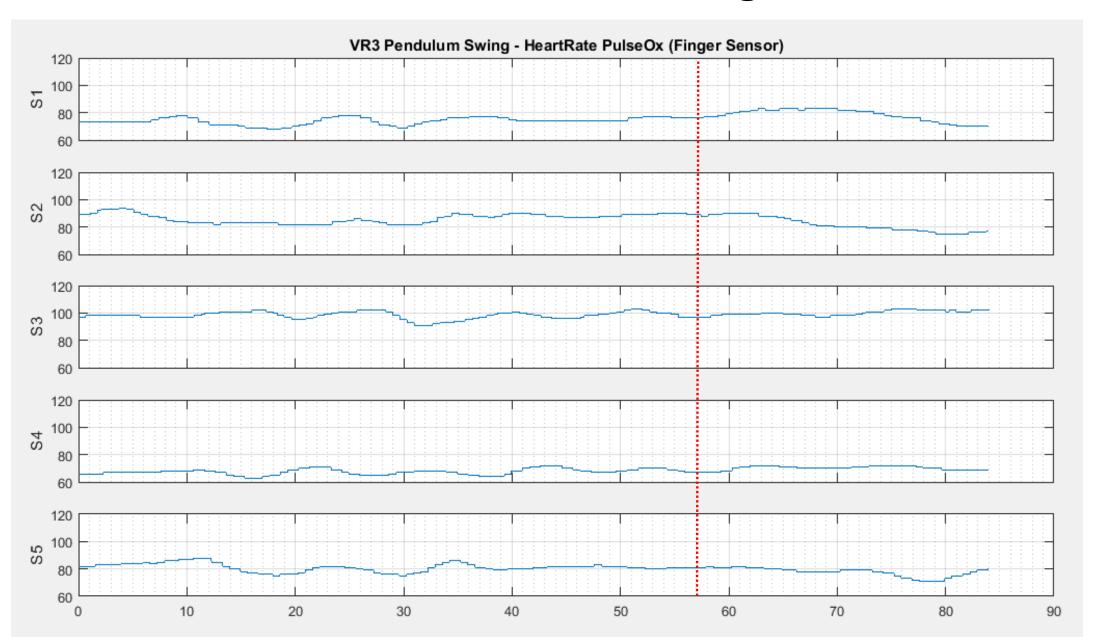


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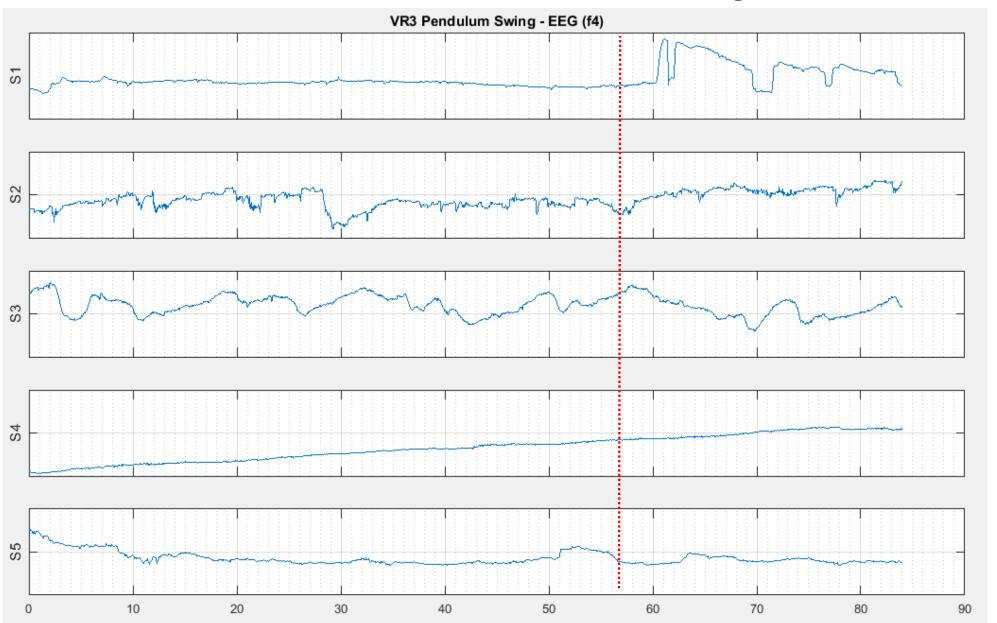


5VR23 >	5																	
317x29 <u>tal</u>	ole																	
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
fR	EOGH	EOGV	EMGCheek	AccelX	AccelY	AccelZ	GyroX	GyroY	GyroZ	GSR	ECG	RIPCh	RIPAb	AccelXB	AccelYB	AccelZB	GyroXB	GyroYB
-0.0087	0.0234	0.0040	-0.0083	-0.0654	0.9619	-0.2239	-0.0610	-0.3662	1.0986	7.0151	0.0035	0.0014	-0.0040	0.7947	0.5400	-0.2546	1.2207	
-0.0087	0.0234	0.0040	-0.0083	-0.0706	0.9573	-0.2249	0	-0.4272	1.0376	Raw [	Data:	S15\	/R23.r	mat <sup>7949</sup>	0.5405	-0.2454	.0986	0.061
-0.0087	0.0234	0.0040	-0.0083	-0.0647	0.9575	-0.2231	-0.1831	-0.5493	0.0766	7.0151	0.0025	0.0014	0.0040	0.0015	o.5322	-0.2549	1,1597	
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-0.0087	0.0234	0.0040	-0.0083	-0.0657	0.9546	-0.2244	-0.1831	-0.4883	1.2207	29 Co	lumn	s <sup>0.0014</sup>	-0.0040	0.7930	0.5400	-0.2512	.0986	
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### Data Visualization – Pendulum Swing Heart Rate



### Data Visualization – Pendulum Swing EEG

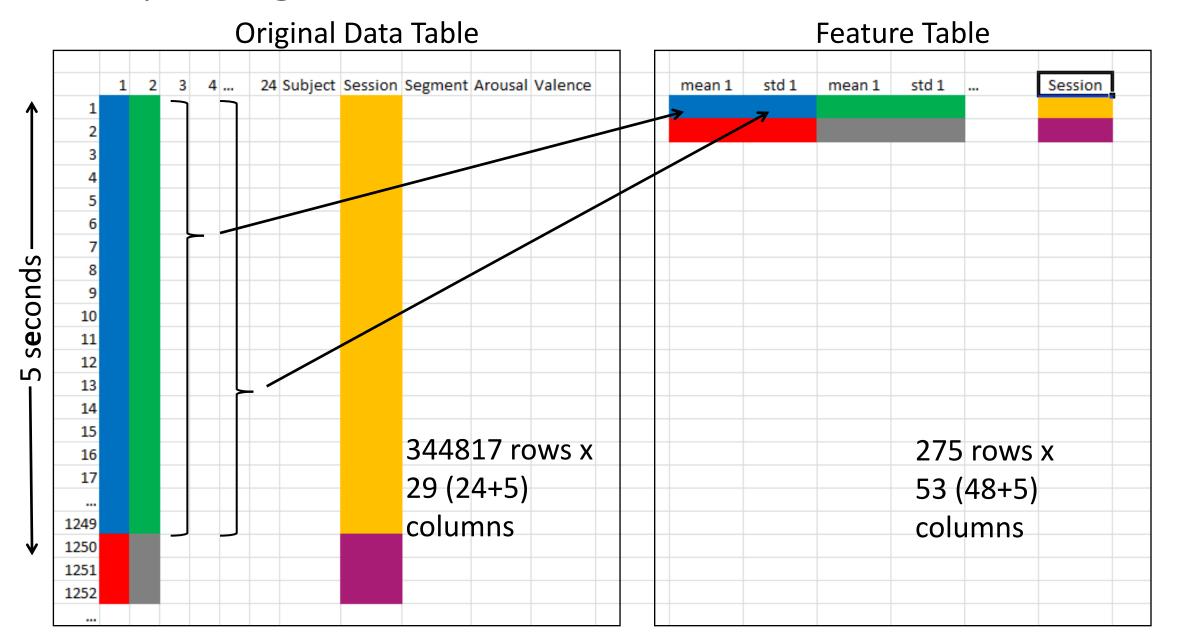


### Data Preparation

"Data scientists, according to interviews and expert estimates, spend from 50 percent to 80 percent of their time mired in this more mundane labor of collecting and preparing unruly digital data, before it can be explored for useful nuggets."

For Big-Data Scientists, 'Janitor Work' Is Key Hurdle to Insights New York Times August 18, 2014

### Simple Segmentation and Feature Extraction



#### More Complex Feature Extraction

- General-purpose signal properties
  - Time domain
  - Frequency domain
  - Other signal properties
- Caveat: these are all handengineered features.
- Python TSFRESH library

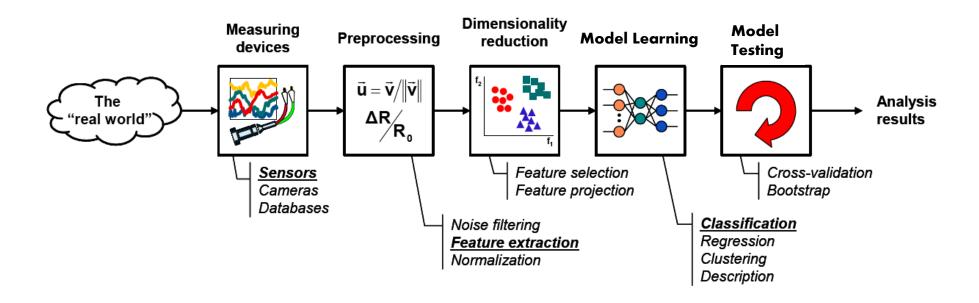
https://tsfresh.readthedocs.io/en/latest/text/list of features.html

nF.	Feature name
1	Average
2	Standard deviation
3-8	PSD- peaks frequency
9-14	PSD-peaks amplitude
15	Energy
16	Zero crossing rate
17	Energy entropy
18	Spectral centroid
19	Spectral spread
20	Spectral entropy
21	Spectral Rolloff point
22-26	MODWT- Energy of Wavelet coefficients
27-31	MODWT- Percentage of Energy of Wavelet coefficients MODWT- Standard deviation of Wavelet coefficients
32-36	
37-41	MODWT- Mean of Wavelet coefficients
42	Tsallis entropy
43	Renyi entropy
44	Shannon entropy RSP of subbands
45-54	
55	RSP- Slow wave bands-spectral bands Delta
56	RSP- Slow wave bands-spectral bands Theta
57	RSP- Slow wave bands-spectral bands Alpha
58-72	Harmonic parameters
73	Hjorth parameters- Activity
74	Hjorth parameters- Mobility
75	Hjorth parameters- Complexity
76	Skewness
77	Kurtosis
78-87	Autoregressive parameters
88-90	Percentile 25, 50, 75
	Table XIV

Table XIV

LIST OF EXTRACTED FEATURES WITH THEIR RELEVANT NUMBERS.

# The Learning Process (traditional Machine Learning)



# The Learning Process (Deep Learning)

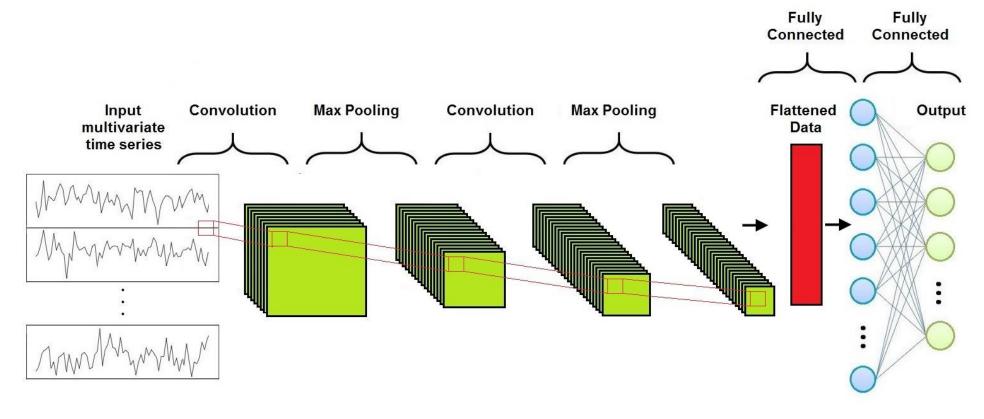


Image credit: Marco Del Pra

https://towardsdatascience.com/time-series-classification-with-deep-learning-d238f0147d6f

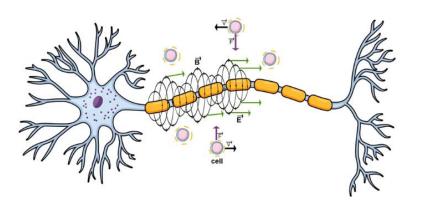
# Case Study 2: EEG Biosignal Analysis

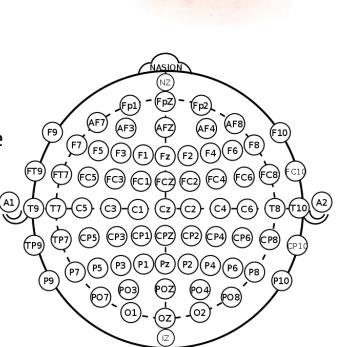
#### What is EEG?

Electroencephalography (EEG) is an electrophysiological monitoring method to record electrical activities of the brain.

It is typically noninvasive, with the electrodes placed along the scalp.

 EEG measures voltage fluctuations resulting from ionic current within the neurons of the brain.







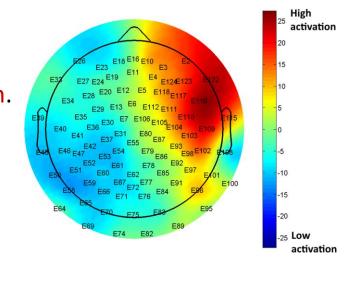
Epileptic spike and wave discharges monitored with EEG

#### EEG Advantages

- The greatest advantages of EEG is its high temporal resolution. EEG can determine the relative strengths and positions of electrical activity in different brain regions.
- Does not require the head/body to be fixed.
- Lightweight, portable.
- Affordable.
- Easy to use.









EEG fMRI / PET MEG

#### EEG usage

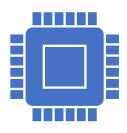
- For medical use, EEG is one of the main diagnostic tests for epilepsy. And it might also be helpful for diagnosing or treating the following disorders:
  - Brain tumor
  - Brain damage from head injury
  - Stroke
  - > Sleep disorders
  - Brain dysfunction
  - Test of brain death in comatose patients
  - > Test drug effects, Etc...
- For research use, EEG, and the related study of ERPs are used extensively in neuroscience, cognitive science, cognitive psychology, neurolinguistics and psychophysiological research, etc.
- Machine learning techniques have been used on EEG data and have shown high levels of success in classifying mental states (Relaxed, Neutral, Concentrating), mental emotional states (Negative, Neutral, Positive), Brain computer interfaces (BCI), etc.

# Challenges of EEG Processing



- Low signal-to-noise ratio (SNR). Easy to be affected by environment noise.
- Non-stationary. Statistics vary across time.
- High inter-subject variability.
   Physiological differences between individuals.
- A Variety of data recording settings.
   Different stimuli, sampling rates, number of channels.
- Require domain experts to add labels.
   Time consuming, data shortage.
- Domain approaches are used to preprocess data.

#### Is there hope for successful EEG analysis?





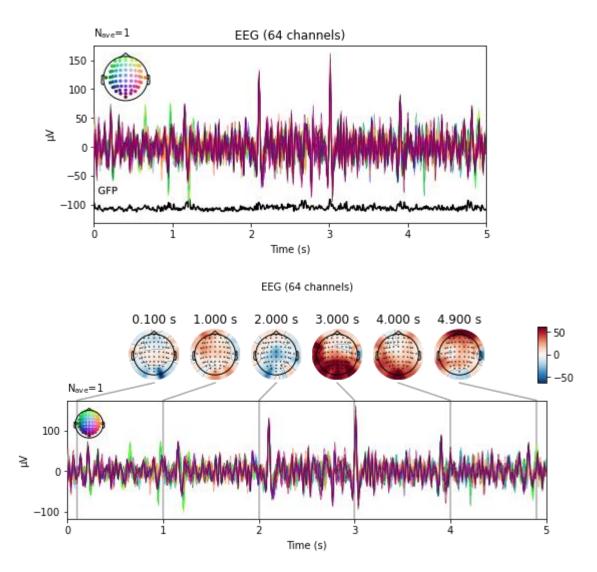


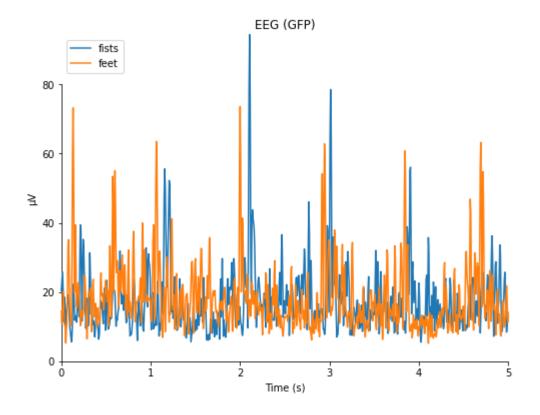
Deep learning (DL) could significantly simplify processing pipelines by allowing automatic end-to-end learning of preprocessing, feature extraction and classification modules, it potentially can reach competitive performance on the target task.

Deep learning as a data driven approach, it <u>requires a large</u> amount of data to generate considerable results comparing to traditional methods.

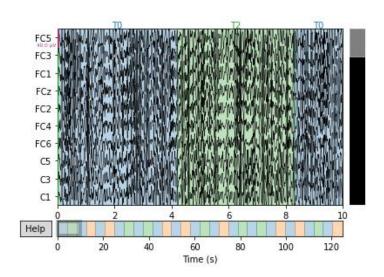
Many deep learning techniques have been used to improve EEG data classification accuracy but few of them tackle the issue to solve the data shortage problem in this field.

#### Visualizations

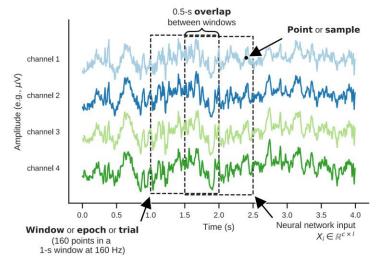




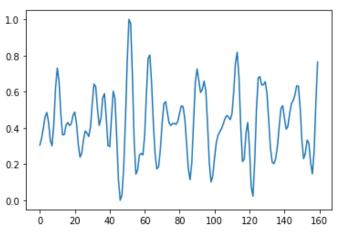
#### Common preprocessing steps



Concatenate raw data



Segment data



Amplify each channel signal and normalize to 0-1

#### Classify with traditional machine learning models



**Feature extractor:** 

e.g. Common spatial pattern (CSP)



#### **Machine learning Method:**

K Nearest Neighbors, Linear SVM, RBF SVM, Gaussian Process, Decision Tree,

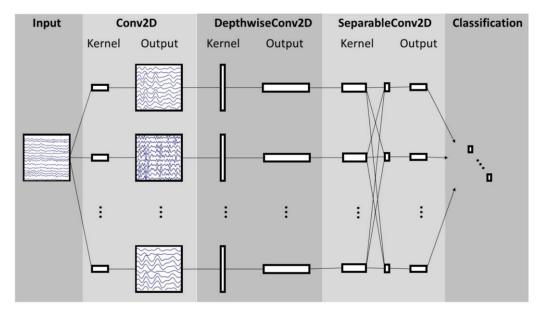
Random Forest, AdaBoost, Naive Bayes, Logistic Regression,

LinearDiscriminantAnalysis, QuadraticDiscriminantAnalysis, etc.



Training method: sklearn.Pipeline(CSP + MLModel)

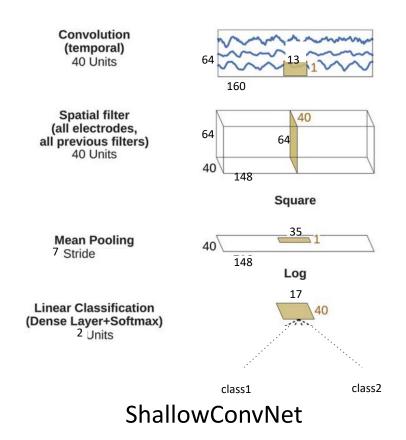
#### Classify with deep convolutional neural networks



**EEGNet** 

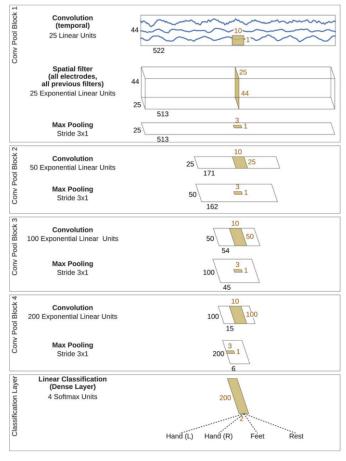
Layer (type)	Output Shape	Param #
input_2 (InputLayer)	[(None, 1, 64, 160)]	0
conv2d_2 (Conv2D)	(None, 8, 64, 160)	256
batch_normalization_1 (Batch	(None, 8, 64, 160)	32
depthwise_conv2d (DepthwiseC	(None, 16, 1, 160)	1024
batch_normalization_2 (Batch	(None, 16, 1, 160)	64
activation_3 (Activation)	(None, 16, 1, 160)	0
average_pooling2d_1 (Average	(None, 16, 1, 40)	0
dropout_1 (Dropout)	(None, 16, 1, 40)	0
separable_conv2d (SeparableC	(None, 16, 1, 40)	512
batch_normalization_3 (Batch	(None, 16, 1, 40)	64
activation_4 (Activation)	(None, 16, 1, 40)	0
average_pooling2d_2 (Average	(None, 16, 1, 5)	0
dropout_2 (Dropout)	(None, 16, 1, 5)	0
flatten (Flatten)	(None, 80)	0
dense (Dense)	(None, 2)	162
softmax (Activation)	(None, 2)	0

#### Classify with deep convolutional neural networks



Layer (type)	Output Shape	Param #
input_1 (InputLayer)	[(None, 1, 64, 160)]	0
conv2d (Conv2D)	(None, 40, 64, 148)	560
conv2d_1 (Conv2D)	(None, 40, 1, 148)	102400
batch_normalization (BatchNo	(None, 40, 1, 148)	160
activation (Activation)	(None, 40, 1, 148)	0
average_pooling2d (AveragePo	(None, 40, 1, 17)	0
activation_1 (Activation)	(None, 40, 1, 17)	0
dropout (Dropout)	(None, 40, 1, 17)	0
flatten (Flatten)	(None, 680)	0
dense (Dense)	(None, 2)	1362
activation_2 (Activation)	(None, 2)	0

### Classify with deep convolutional neural networks



DeepConvNet

Layer (type)	Output Shape	Param #
input_3 (InputLayer)	[(None, 1, 64, 160)]	0
conv2d_3 (Conv2D)	(None, 25, 64, 156)	150
conv2d_4 (Conv2D)	(None, 25, 1, 156)	40025
batch_normalization_4 (Batch	(None, 25, 1, 156)	100
activation_5 (Activation)	(None, 25, 1, 156)	0
max_pooling2d (MaxPooling2D)	(None, 25, 1, 78)	0
dropout_3 (Dropout)	(None, 25, 1, 78)	0
conv2d_5 (Conv2D)	(None, 50, 1, 74)	6300
batch_normalization_5 (Batch	(None, 50, 1, 74)	200
activation_6 (Activation)	(None, 50, 1, 74)	0
max_pooling2d_1 (MaxPooling2	(None, 50, 1, 37)	0
dropout_4 (Dropout)	(None, 50, 1, 37)	0
conv2d_6 (Conv2D)	(None, 100, 1, 33)	25100
batch_normalization_6 (Batch	(None, 100, 1, 33)	400
activation_7 (Activation)	(None, 100, 1, 33)	0
max_pooling2d_2 (MaxPooling2	(None, 100, 1, 16)	0
dropout_5 (Dropout)	(None, 100, 1, 16)	0
conv2d_7 (Conv2D)	(None, 200, 1, 12)	100200
batch_normalization_7 (Batch	(None, 200, 1, 12)	800
activation_8 (Activation)	(None, 200, 1, 12)	0
max_pooling2d_3 (MaxPooling2	(None, 200, 1, 6)	0
dropout_6 (Dropout)	(None, 200, 1, 6)	0
flatten_1 (Flatten)	(None, 1200)	0
dense_1 (Dense)	(None, 2)	2402
activation_9 (Activation)	(None, 2)	0

## Practical examples with source code

• Visit the shared Google Drive folder: <a href="https://drive.google.com/drive/folders/1-gsnRyWCjodfnnkeiY5mu9pDLxAdAs2p?usp=sharing">https://drive.google.com/drive/folders/1-gsnRyWCjodfnnkeiY5mu9pDLxAdAs2p?usp=sharing</a>

OR

• GitHub repository: <a href="https://github.com/imics-lab/biosignal analysis tutorials">https://github.com/imics-lab/biosignal analysis tutorials</a>