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IBC Project: Optimism Bias

In this experiment you will see a life episode presented on the screen and you will have to think of autobiographical events related to a description of the presented life episode. An example could be “Leaving home”. This could either be in the “past” or “future” as indicated on the screen. So you will have to think of a memory or a projection accordingly.

When the memory/projection begins to form in your mind, please press the button under your index finger. You will have 14 seconds to do this.

For the practice session use the ‘Y’ key.

At the end of this period, you will be asked to rate the memory for emotional arousal and valence, and you will have 2 seconds for each rating.

Emotional arousal is rated as:

- Very arousing : Index finger
- A little arousing: Middle finger
- Not arousing : Ring finger

Valence is rated as:

- Positive : Index finger
- Neutral : Middle finger
- Negative : Ring finger

For the practice session use the keys 'Y', 'U', 'I'.

There will be 5 runs that last approximately 10 minutes each. Do not hesitate to ask any questions you may have.