

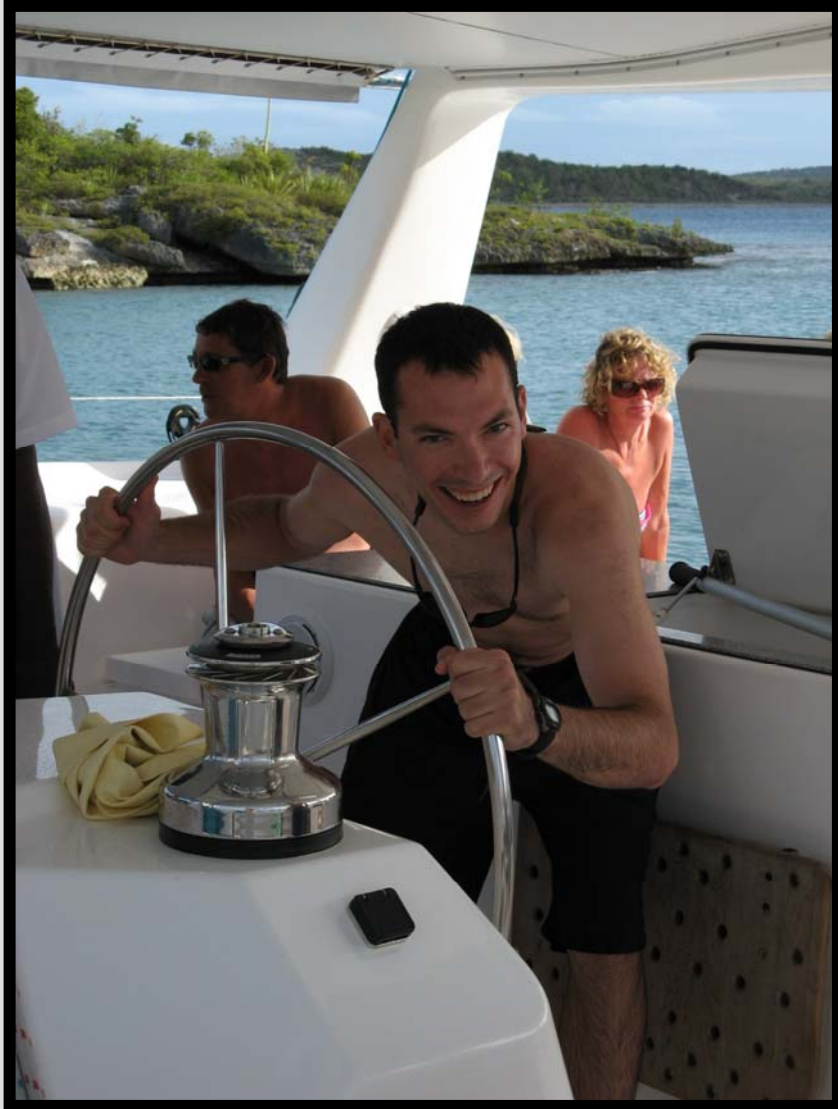


GT Options Class “Keelboat Sailing”



- Brought to you by the GT Sailing Club
www.gtsailing.org
- Meetings EVERY Thursday @7:30pm
 - CRC Room 251
- How Does GT Sailing Work:
 - Lake Lanier, Racing, Club Trips
 - Dues (included), Qualification, Lake Hosts





Matthew Widlansky

- US Sailing Certified Instructor
- Former GT Sailing Team Captain
- Qualified to teach on the GT 420s, Lasers, and J/24s
- Grew up sailing in South Florida before coming to GT
- What has Sailing Done for me?

gtg058g@mail.gatech.edu

Class Goals:

- Introduce (*or Continue*) involvement with GT Sailing
- Teach fundamentals of Keelboat Sailing
- Provide on-the-water skippering & crewing opportunities
- Introduce Keelboat Racing concepts
- Prepare you to pass GT's "Advanced Sailing" written exam
- Introduce the components of GT's on-the-water qualification process

Class Schedule

Meetings: Mondays 8-9:30PM Student Center Room 321

- June 1st: Introduction, Terminology, Gear, Steering & Sail Trim
Knots: Figure Eight, Bowline, & Coiling
- June 8th: Points of Sail, Tacking & Jibing, Spinnaker, & Racing Intro
Knots: Square Knots & Cleats
- June 15th: Rigging, Maneuvering, Right of Way & Docking
Knots: Barrel Roll & Clove Hitches
- June 22nd: Safety, Charts & REVIEW
- June 29th: “Advanced Sailing” Written Exam (*Optional*)

Instructional Opportunities

Summer 2009

Clinic #1 (Sunday 6/7)

Safety Orientation

Rigging

Crew Positions

Docking

Lots of Sailing Practice!

De-rigging

Clinic #2 (Saturday 6/20)

Docking

Tacking/Jibing

Sail Trim

Right-of-Way

Spinnaker sailing

Regatta (Sat-Sun 6/13-14th)

“Intro to Racing”

LLSC Reggae Regatta

Details TBD

Clinic #3 (Saturday 6/27)

Overboard Recovery Drill

Right-of Way

Spinnaker sailing

Motoring

Keelboat – J/24

- Crew: 5
- Sails: 3
- Georgia Tech has: 2
- Uses: Wednesday Night Racing (summer), weekend racing, cruising

**New for Summer 2009:
“Keelboat Sailing Course”**



To Begin:

Some Basic Terminology

- True Wind
- Apparent Wind
- Puff
- Lull
- Windward
- Leeward
- Luff (verb)
- Heeling
- Hiking Out
- Port
- Starboard

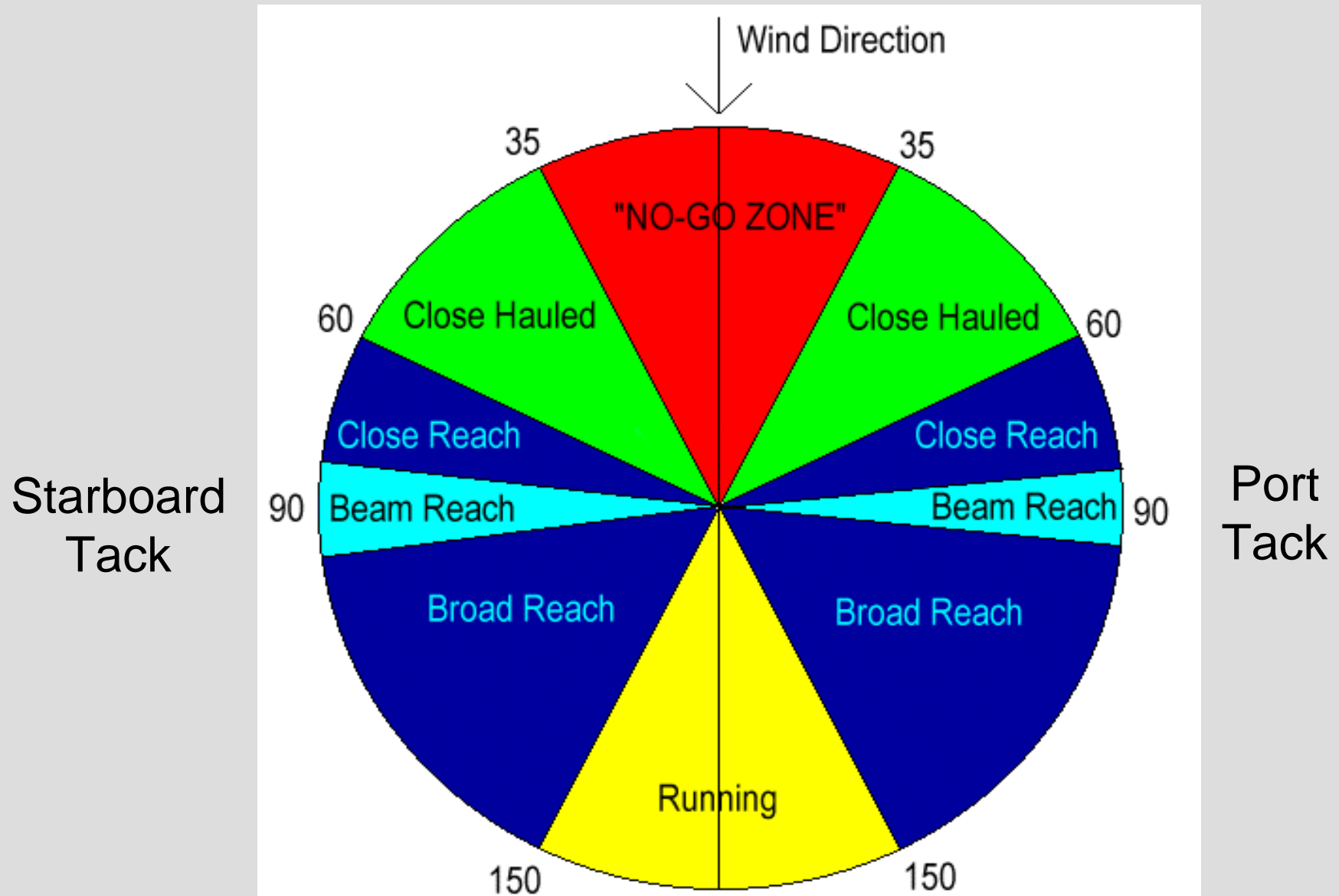
What to Wear: Warm Vs. Windy



- Sunscreen, Hat, Bottled Water, Swimsuit, Sunglasses
- Spray Jacket&Pants, Gloves, Warm & Quick-Drying Layers
- Always: Appropriate Shoes and Change of Clothes!

Comfortable Lifejackets are provided

What is the Point of Sail?



How do the Sails Look?

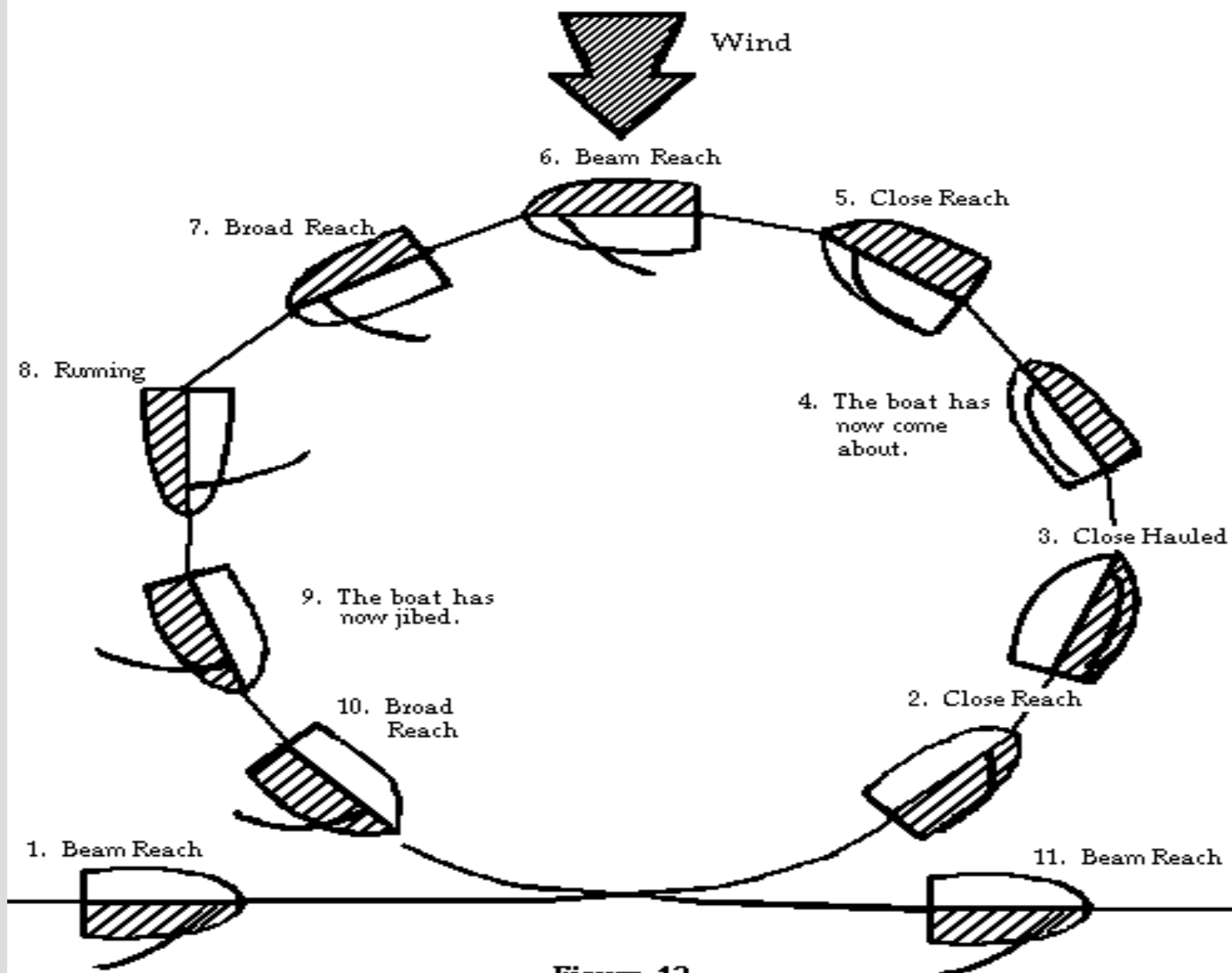


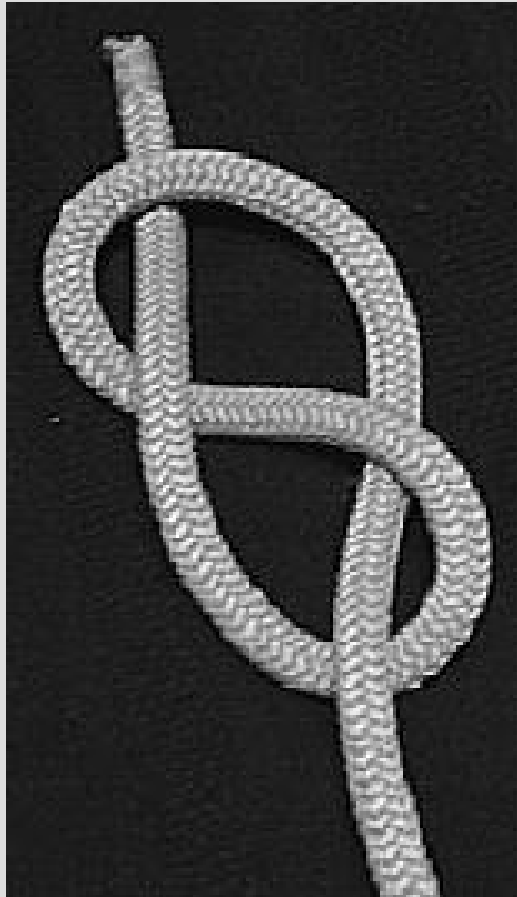
Figure 12

So What's It Really Like?

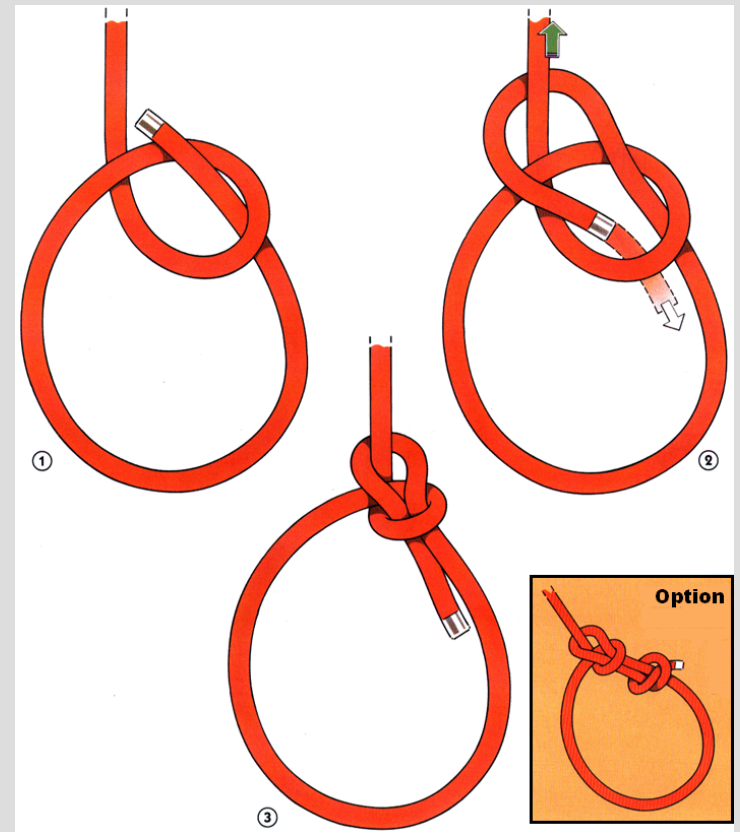


The First of Many Knots

The Figure-8 Knot



The Bowline



Coiling



How do the Clinics Work?

- Sign-up Tonight.
- Meet in front of the CRC at 10AM.
- Bring the right clothes, water, sunscreen, and lunch.
- Expect to be back at Tech around 5:30PM.
- We're Carpooling, so please be nice to your drivers.

New Member BBQ is also this weekend: Saturday

Next Week's Class:

- Parts of the Boat
- Points of Sail
- Tacking & Jibing
- Running Downwind with a Spinnaker
- Introduction to Racing
- Knots (Square knot and Cleats)
- Review the First Clinic

Readings for Next Week: Parts I & II

Remember: GT Sailing Instructors are
Volunteers