

## **betaDelta and betaSandwich: Confidence Intervals for Standardized Regression Coefficients in R**

Ivan Jacob Agaloos Pesigan<sup>1</sup>, Rong Wei Sun<sup>2</sup>, and Shu Fai Cheung<sup>1</sup>

<sup>1</sup>Department of Psychology, University of Macau

<sup>2</sup>School of Arts and Humanities, Tung Wah College

### **Author Note**

Ivan Jacob Agaloos Pesigan  <https://orcid.org/0000-0003-4818-8420>; Rong Wei Sun  <https://orcid.org/0000-0003-0034-1422>; Shu Fai Cheung  <https://orcid.org/0000-0002-9871-9448>

Correspondence concerning this article should be addressed to Ivan Jacob Agaloos Pesigan, Department of Psychology, Faculty of Social Sciences, University of Macau, Avenida da Universidade, Taipa, Macao SAR, China, or by email ([i.j.a.pesigan@connect.um.edu.mo](mailto:i.j.a.pesigan@connect.um.edu.mo)).

The Version of Record of this manuscript has been published and is available in *Multivariate Behavioral Research* 2023  
<http://www.tandfonline.com/10.1080/00273171.2023.2201277>.

To cite this article: Pesigan, I. J. A., Sun, R. W., & Cheung, S. F. (2023). betaDelta and betaSandwich: Confidence intervals for standardized regression coefficients in R. *Multivariate Behavioral Research*. <https://doi.org/10.1080/00273171.2023.2201277>

### Abstract

The multivariate delta method was used by Yuan and Chan (2011) to estimate standard errors and confidence intervals for standardized regression coefficients. Jones and Waller (2015) extended the earlier work to situations where data are nonnormal by utilizing Browne's (1984) asymptotic distribution-free (ADF) theory. Furthermore, Dudgeon (2017) developed standard errors and confidence intervals, employing heteroskedasticity-consistent (HC) estimators, that are robust to nonnormality with better performance in smaller sample sizes compared to Jones and Waller's ADF technique. Despite these advancements, empirical research has been slow to adopt these methodologies. This can be a result of the dearth of user-friendly software programs to put these techniques to use. We present the `betaDelta` and the `betaSandwich` packages in the R statistical software environment in this manuscript. Both the normal-theory approach and the ADF approach put forth by Yuan and Chan and Jones and Waller are implemented by the `betaDelta` package. The HC approach proposed by Dudgeon is implemented by the `betaSandwich` package. The use of the packages is demonstrated with an empirical example. We think the packages will enable applied researchers to accurately assess the sampling variability of standardized regression coefficients.

*Keywords:* standardized regression coefficients, confidence intervals, delta method standard errors, heteroskedasticity-consistent standard errors, R package

## **betaDelta and betaSandwich: Confidence Intervals for Standardized Regression Coefficients in R**

Measurements in social and behavioral sciences typically do not have known scales. Standardized regression coefficients, often denoted by  $\beta$ , are used to explain, compare, and communicate results in a common and interpretable scale. Yuan and Chan (2011) showed that the common approach of scaling the data and then fitting the regression model to get standardized estimates results in biased standard errors (SEs) and confidence intervals (CIs). Using the multivariate delta method, they derived the SEs of standardized regression coefficients by treating the vector of standardized regression coefficients as a nonlinear function of the unique elements of the covariance matrix. These SEs are used to generate CIs for standardized regression coefficients. Assuming multivariate normality (MVN), they arrived at a simple formula for the SEs that can be easily computed and incorporated in statistical software (delta-MVN). Data from the social and behavioral sciences, however, are typically nonnormal (Micceri, 1989). Jones and Waller (2015), building on the work of Yuan and Chan (2011), proposed the use of the asymptotic distribution-free (ADF: Browne, 1984) approach to generate SEs and CIs for the standardized regression coefficients (delta-ADF). While delta-ADF had better CI coverage compared to delta-MVN for nonnormal data, it required moderate to large sample sizes ( $n \geq 250$ ). R functions from Jones and Waller (2015) to generate delta method SEs are available in the **fungible** package (Waller, 2022).

Dudgeon (2017), proposed some improvements to the delta method by introducing the heteroskedasticity-consistent (HC) estimators (also known as sandwich estimators) of SEs and CIs for standardized regression coefficients that are robust to nonnormality and have better small sample size performance compared to delta-ADF. The idea is to fit a covariance structure model with standardized estimates namely, standardized regression coefficients, the standard deviations of the regressors and regressand, and the unique elements of the correlation matrix of the regressors. The normal-theory sampling

variance-covariance matrix is adjusted to account for nonnormality using the squared residuals and leverage. Since the model is saturated, there is no need to perform model fitting in a structural equation modeling software as closed form solutions of the parameter estimates and SEs are available. Following the HC literature in econometrics (e.g., Cribari-Neto et al., 2007; White, 1980), Dudgeon derived the following estimators for the SEs and CIs for standardized regression coefficients: HC0, HC1, HC2, HC3, HC4, HC4M, and HC5.

Results from simulation studies (Jones & Waller, 2013; Yuan & Chan, 2011) showed that when multivariate normality holds, delta-MVN performed well in general, but less so when sample sizes were small. When data is nonnormal, delta-ADF required moderate to large sample sizes ( $n \geq 250$ ) to perform well (Jones & Waller, 2015). HC3 and HC5 were superior to delta-ADF especially when sample sizes were small to moderate (Dudgeon, 2017). Furthermore, unless the strength of prediction of the regression model is extremely high and sample size is fairly small, researchers can be reasonably confident in utilizing the HC3 CI for standardized regression coefficients in the presence of nonnormality. The interval estimator to utilize in these circumstances where HC3 might fail is HC5. In summary, when multivariate normality holds, delta-MVN is appropriate. Caution, however, has to be made when sample sizes are small. When data is nonnormal, delta-ADF is appropriate as long as sample sizes are moderate to large ( $n \geq 250$ ). Alternatively, the HC approach, particularly HC3 is a good general purpose approach except when effect sizes are extremely large and sample sizes are on the low end where HC5 is a good option.

### **betaDelta and betaSandwich**

Despite the availability of the approaches discussed above, the adoption of these approaches in empirical research has been slow due to the dearth of easy to use statistical software implementations. In this manuscript, we present the **betaDelta** and the **betaSandwich** packages in the free and open-source R statistical environment (R Core Team, 2022). The **betaDelta** package implements the delta method while the

**betaSandwich** implements the HC approach. Both packages are available on the Comprehensive R Archive Network (CRAN) (<https://CRAN.R-project.org/package=betaDelta>, <https://CRAN.R-project.org/package=betaSandwich>). Documentation and examples can be found in the accompanying websites (<https://jeksterslab.github.io/betaDelta>, <https://jeksterslab.github.io/betaSandwich>).

In the next section, an empirical example is presented that shows how to use the packages. We also demonstrate the use of generic R methods to extract specific information from the results. The packages can be installed as follows:

```
install.packages("betaDelta")
install.packages("betaSandwich")
```

## Empirical Example

In this example, a multiple regression model is fitted using program quality ratings (**QUALITY**) as the regressand variable and number of published articles attributed to the program faculty members (**NARTIC**), percent of faculty members holding research grants (**PCTGRT**), and percentage of program graduates who received support (**PCTSUPP**) as regressor variables using a data set from 1982 ratings of 46 doctoral programs in psychology in the USA (National Research Council., 1982). This data set (**nas1982**) is available on both the **betaDelta** and the **betaSandwich** packages.

### Fit the Unstandardized Regression Model Using the **lm** Function

The **lm** function in R is used to fit the multiple regression model. The model is specified using the formula **QUALITY ~ NARTIC + PCTGRT + PCTSUPP** where the regressand is placed on the left-hand side of the tilde sign (**~**) and the regressors separated by plus signs on the right-hand side. Column names from the input data are used to specify the model. As the fitted model is needed in the succeeding analysis, we save the result in the object **fit**.

```
data(nas1982, package = "betaDelta")
fit <- lm(QUALITY ~ NARTIC + PCTGRT + PCTSUPP, data = nas1982)
```

## Delta Method

The `betaDelta` package generates SEs and CIs for the standardized regression coefficients using delta-MVN (Yuan & Chan, 2011) and delta-ADF (Jones & Waller, 2015). The output of `lm` is used as the first argument in the `BetaDelta` function. The argument `type` ("mvn" or "adf") specifies the approach used.

```
library(betaDelta)
BetaDelta(fit, type = "mvn")

#> Call:
#> BetaDelta(object = fit, type = "mvn")
#>
#> Standardized regression slopes with MVN standard errors:
#>      est      se      t      p  0.05%  0.5%  2.5%  97.5%  99.5%  99.95%
#> NARTIC  0.4951 0.0759 6.5272 0.000  0.2268 0.2905 0.3421 0.6482 0.6998 0.7635
#> PCTGRT  0.3915 0.0770 5.0824 0.000  0.1190 0.1837 0.2360 0.5469 0.5993 0.6640
#> PCTSUPP 0.2632 0.0747 3.5224 0.001 -0.0011 0.0616 0.1124 0.4141 0.4649 0.5276

BetaDelta(fit, type = "adf")

#> Call:
#> BetaDelta(object = fit, type = "adf")
#>
#> Standardized regression slopes with ADF standard errors:
#>      est      se      t      p  0.05%  0.5%  2.5%  97.5%  99.5%  99.95%
#> NARTIC  0.4951 0.0674 7.3490 0.0000  0.2568 0.3134 0.3592 0.6311 0.6769 0.7335
#> PCTGRT  0.3915 0.0710 5.5164 0.0000  0.1404 0.2000 0.2483 0.5347 0.5830 0.6426
#> PCTSUPP 0.2632 0.0769 3.4231 0.0014 -0.0088 0.0558 0.1081 0.4184 0.4707 0.5353
```

## Heteroskedasticity-Consistent Approach

The `betaSandwich`<sup>1</sup> package generates SEs and CIs for the standardized regression coefficients using the heteroskedasticity-consistent approach (Dudgeon, 2017). The output of `lm` is used as the first argument in the `BetaHC` function. The argument `type` ("hc0", "hc1", "hc2", "hc3", "hc4", "hc4m", "hc5") specifies the approach used.

---

<sup>1</sup> The `betaSandwich` package also has functions that use normal-theory (`BetaN`) and ADF (`BetaADF`) asymptotic sampling covariance matrices. These functions apply the SEM approach described by Dudgeon (2017) but without the HC adjustment. While both functions use different calculations compared to the delta method, they generate numerically equivalent results to `betaDelta::BetaDelta(object, type = "mvn")` and `betaDelta::BetaDelta(object, type = "adf")`, respectively.

```
library(betaSandwich)
BetaHC(fit, type = "hc3")

#> Call:
#> BetaHC(object = fit, type = "hc3")
#>
#> Standardized regression slopes with HC3 standard errors:
#>      est      se      t      p  0.05%  0.5%  2.5%  97.5%  99.5%  99.95%
#> NARTIC  0.4951 0.0786 6.3025 0.0000  0.2172 0.2832 0.3366 0.6537 0.7071 0.7731
#> PCTGRT  0.3915 0.0818 4.7831 0.0000  0.1019 0.1707 0.2263 0.5567 0.6123 0.6810
#> PCTSUPP 0.2632 0.0855 3.0786 0.0037 -0.0393 0.0325 0.0907 0.4358 0.4940 0.5658
```

## Methods

Common methods used in R are made available to classes associated with the packages. These methods include `summary`, `coef`, `vcov`, and `confint`. We first use the `BetaDelta` and `BetaHC` functions and save the results to the objects `delta` and `hc`, respectively.

```
delta <- BetaDelta(fit, type = "mvn")
hc <- BetaHC(fit, type = "hc3")
```

The `summary` function can be used to return a matrix of standardized regression coefficients, SEs, test statistics, *p*-values, and CIs.

```
summary(delta, alpha = c(0.05, 0.01, 0.001))

#> Call:
#> BetaDelta(object = fit, type = "mvn")
#>
#> Standardized regression slopes with MVN standard errors:
#>      est      se      t      p  0.05%  0.5%  2.5%  97.5%  99.5%  99.95%
#> NARTIC  0.4951 0.0759 6.5272 0.000  0.2268 0.2905 0.3421 0.6482 0.6998 0.7635
#> PCTGRT  0.3915 0.0770 5.0824 0.000  0.1190 0.1837 0.2360 0.5469 0.5993 0.6640
#> PCTSUPP 0.2632 0.0747 3.5224 0.001 -0.0011 0.0616 0.1124 0.4141 0.4649 0.5276

summary(hc, alpha = c(0.05, 0.01, 0.001))

#> Call:
#> BetaHC(object = fit, type = "hc3")
#>
#> Standardized regression slopes with HC3 standard errors:
#>      est      se      t      p  0.05%  0.5%  2.5%  97.5%  99.5%  99.95%
#> NARTIC  0.4951 0.0786 6.3025 0.0000  0.2172 0.2832 0.3366 0.6537 0.7071 0.7731
#> PCTGRT  0.3915 0.0818 4.7831 0.0000  0.1019 0.1707 0.2263 0.5567 0.6123 0.6810
#> PCTSUPP 0.2632 0.0855 3.0786 0.0037 -0.0393 0.0325 0.0907 0.4358 0.4940 0.5658
```

The `coef` function can be used to return the standardized regression coefficients.

```
coef(delta)

#>      NARTIC      PCTGRT      PCTSUPP
#> 0.4951451 0.3914887 0.2632477

coef(hc)

#>      NARTIC      PCTGRT      PCTSUPP
#> 0.4951451 0.3914887 0.2632477
```

The `vcov` function can be used to return the sampling variance-covariance matrix of the standardized regression coefficients.

```
vcov(delta)

#>           NARTIC      PCTGRT      PCTSUPP
#> NARTIC  0.005754524 -0.003360334 -0.002166127
#> PCTGRT -0.003360334  0.005933462 -0.001769723
#> PCTSUPP -0.002166127 -0.001769723  0.005585256

vcov(hc)

#>           NARTIC      PCTGRT      PCTSUPP
#> NARTIC  0.006172168 -0.003602529 -0.001943469
#> PCTGRT -0.003602529  0.006699155 -0.002443584
#> PCTSUPP -0.001943469 -0.002443584  0.007311625
```

The `confint` function can be used to return the CIs of the standardized regression coefficients given a specified confidence level.

```
confint(delta, level = 0.95)

#>           2.5%      97.5%
#> NARTIC  0.3420563 0.6482339
#> PCTGRT  0.2360380 0.5469395
#> PCTSUPP 0.1124272 0.4140682

confint(hc, level = 0.95)

#>           2.5%      97.5%
#> NARTIC  0.33659828 0.6536920
#> PCTGRT  0.22631203 0.5566654
#> PCTSUPP 0.09068548 0.4358099
```

## Conclusion

The following are some ways that the packages can contribute. To start, they can promote the widespread use of the right techniques for producing SEs and CIs for standardized regression coefficients. Because the packages are simple to use and are accessible in the free and open-source R statistical environment, it is hoped that researchers will be able to produce accurate SEs that yield accurate CIs to appropriately assess the



uncertainty of standardized regression estimates. The packages can also be used by methodologists to explore previously unexplored aspects of the methods. For instance, empirical support for the HC method's robustness has only been offered when the model's misspecification involves nonnormality in the regressors and the residuals. Other types of misspecification, such as heteroskedasticity of the residuals, have not been tested for the HC method described above. To close this gap, `betaSandwich` can be used to empirically investigate the performance of the HC approach in different forms of heteroskedasticity.

## References

- Browne, M. W. (1984). Asymptotically distribution-free methods for the analysis of covariance structures. *British Journal of Mathematical and Statistical Psychology*, 37(1), 62–83.  
<https://doi.org/10.1111/j.2044-8317.1984.tb00789.x>
- Cribari-Neto, F., Souza, T. C., & Vasconcellos, K. L. P. (2007). Inference under heteroskedasticity and leveraged data. *Communications in Statistics - Theory and Methods*, 36(10), 1877–1888. <https://doi.org/10.1080/03610920601126589>
- Dudgeon, P. (2017). Some improvements in confidence intervals for standardized regression coefficients. *Psychometrika*, 82(4), 928–951. <https://doi.org/10.1007/s11336-017-9563-z>
- Jones, J. A., & Waller, N. G. (2013). Computing confidence intervals for standardized regression coefficients. *Psychological Methods*, 18(4), 435–453. <https://doi.org/10.1037/a0033269>
- Jones, J. A., & Waller, N. G. (2015). The normal-theory and asymptotic distribution-free (ADF) covariance matrix of standardized regression coefficients: Theoretical extensions and finite sample behavior. *Psychometrika*, 80(2), 365–378.  
<https://doi.org/10.1007/s11336-013-9380-y>
- Micceri, T. (1989). The unicorn, the normal curve, and other improbable creatures. *Psychological Bulletin*, 105(1), 156–166. <https://doi.org/10.1037/0033-2909.105.1.156>
- National Research Council. (1982). *An assessment of research-doctorate programs in the United States: Social and behavioral sciences*. Washington, D.C., National Academies Press.
- R Core Team. (2022). *R: A language and environment for statistical computing*. R Foundation for Statistical Computing. Vienna, Austria. <https://www.R-project.org/>
- Waller, N. G. (2022). *fungible: Psychometric functions from the Waller Lab*. The R Foundation.  
<https://CRAN.R-project.org/package=fungible>
- White, H. (1980). A heteroskedasticity-consistent covariance matrix estimator and a direct test for heteroskedasticity. *Econometrica*, 48(4), 817. <https://doi.org/10.2307/1912934>
- Yuan, K.-H., & Chan, W. (2011). Biases and standard errors of standardized regression coefficients. *Psychometrika*, 76(4), 670–690. <https://doi.org/10.1007/s11336-011-9224-6>