

CURRICULUM VITAE
BHIBHA M. DAS, PHD, MPH, FACSM
ASSOCIATE PROFESSOR

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EDUCATION

University of Illinois, Urbana, IL Bachelor's of Science, Molecular and Integrative Physiology	May 2003
University of Illinois, Springfield, IL Masters of Public Health, Health Promotion and Epidemiology <i>Internship: Illinois Department of Public Health, Office of Women's Health</i> <i>Advisor: Remi Imeokparia, PhD</i>	May 2005
University of Illinois, Urbana, IL Doctor of Philosophy, Kinesiology and Community Health <i>Dissertation Title: The Use and Tailoring of an Evidence-Based Physical Activity Behavior Change Program in a Unique Worksites Population</i> <i>Advisor: Steven J. Petruzzello, PhD, FACSM</i>	May 2011
University of Georgia, Athens, GA Post-Doctoral Research Associate <i>Mentor: Ellen M. Evans, PhD, FACSM</i>	August 2013

AWARDS AND HONORS

University of Illinois James Scholar	1998
University of Illinois Graduation Marshall	2005
National Association of Chronic Disease Directors Scholarship	2006
Physical Activity and Public Health Practitioners' Course Fellow	2006
Phi Kappa Phi Honor Society	2009
University of Illinois List of Teachers Ranked as Excellent by Their Students	2010
Golden Key Honor Society	2011
University of Illinois Laura J. Huelster Award	2011
Physical Activity and Public Health Researchers' Course Fellow	2013
East Carolina University Service-Learning Faculty Fellow	2013
East Carolina University College of Health & Human Performance 2015-2016 Teacher-Scholar Award Nominee	2015
East Carolina University College of Health & Human Performance Outstanding Undergraduate Research and Creative Activity Mentor Award	2017
East Carolina University 2017-2018 Alumni Association Outstanding Teaching Award Finalist	2018
East Carolina University 2017-2018 Robert L. Jones Teaching Award Finalist	2018
East Carolina University 2018 Diversity and Inclusion Award Nominee	2018
Greenville-Pitt County Senior Games Pioneer Spirit Award	2018
East Carolina University Campus Living Honored Instructor Award	2018
East Carolina University College of Health & Human Performance	2019

12.6.2022

2018-2019 Scholar-Teacher Award	
East Carolina University 2018-2019 Alumni Association Outstanding Teaching Award Finalist	2019
East Carolina University 2018-2019 Robert L. Jones Teaching Award Finalist	2019
East Carolina University Women and Gender Office Mentorship Award	2019
East Carolina University Honors College Outstanding Faculty Mentor Finalist	2019
American College of Sports Medicine Fellow	2019
East Carolina University Centennial Award for Excellence (Ambition) Winner	2020
East Carolina University Honors College Outstanding Faculty Mentor Winner	2020
2020 East Carolina University Women of Distinction Award Nominee	2020
East Carolina University's Office of the Dean of Students Creed Award Nominee	2021
East Carolina University Honors College Outstanding Faculty Mentor Finalist	2021
East Carolina University Board of Governors Teaching Award Finalist	2022
Southeast American College of Sports Medicine Masters Student Poster 3 rd Place Winner (Monica Dunn) Mentor	2022
East Carolina University's Research and Creative Awards Humanities Poster Winner (Imani Riddick-Cherry & Leah Beth Warren) Mentor	2022
East Carolina University's Distinguished Graduate Faculty Mentor Nominee	2023

PROFESSIONAL EXPERIENCE

Public Health

Illinois Department of Public Health, Springfield IL

Office of Women's Health (OWH) Intern

8/2004 – 8/2005

- Performed grant reviews for health promotion programs targeting women's health issues
- Served as liaison between grantees and the OWH, including monitoring grantees' budgets
- Provided grant writing training to local health departments and community groups
- Engaged in cultural competence trainings focusing on tailoring programs for different cultural groups

Illinois Department of Public Health, Springfield IL

Physical Activity Coordinator

2/2006 – 8/2007

- Coordinated with internal and external partners to promote physical activity initiatives throughout Illinois
- Provided training to local and state partners for successful physical activity program evaluation
- Developed and implemented strategic plans to impact physical activity, nutrition, and obesity
- Evaluated population-based evidence-based best practice strategies addressing weight management
- Developed evaluation plans to assess weight management interventions within communities
- Created policy briefs for Governor's Office and Legislature based on performance and evaluation outcomes
- Facilitated strategic planning in communities for interventions to promote physical activity
- Assisted with continuation grants preparation, including preparation and oversight of grant budgets
- Wrote the physical activity portion of the Illinois State Plan to Prevent Overweight and Obesity
- Performed grant reviews for health promotion programs targeting women's and men's health issues
- Designed and implemented worksite wellness initiatives for State of Illinois employees
- Served as a faculty member for the Certificate Program in Geriatrics for Non-Physicians for the University of Illinois

Human Kinetics Publishers, Inc., Champaign IL

Active Living Partners (ALP) Program Manager

8/2007 – 1/2009

- Managed Active Living Every Day and Healthy Eating Every Day programs
- Conducted 30 Webinar and 10 in-person ALP trainings
- Collaborated with providers to improve online data collection and analysis resources
- Developed performance-based measures for ALP program evaluation

12.6.2022

- Consulted with ALP providers on successful implementation and evaluation strategies for ALP programs
- Assisted providers with data reduction and report generation to stakeholders and funding agencies
- Delivered technical assistance to community organizations with external grant preparation
- Utilized provider data to evaluate ALP programs' effectiveness in communities

Research

Department of Kinesiology and Community Health, University of Illinois, Urbana, IL

Research Assistant, Dr. Weimo Zhu

1/2009 – 5/2010

- Analyzed physical activity data for the DuPage County Carol M. White Physical Education Program Grant
- Developed items for The National Association for Sports and Physical Education Knowledge Test, a standardized test for elementary, middle, and high school physical education classes
- Created physical activity test items
- Prepared physical activity reports

Research Assistant, Dr. Ellen Evans

5/2010 - 5/2011

- Coordinated data collection for Project PEER (USDA; Project PEER: Peer education, Exercising, and Eating Right), which examined a self-efficacy based physical activity and nutrition intervention delivered by upper-class Kinesiology and Nutrition female majors to female freshmen
- Coordinated Project MERIT (NIH R21; Muscle quality, exercise and weight loss in older women: A quantitative MRI study), which examined the relative effectiveness of exercise and caloric restriction on body composition and muscle quality in older overweight women

Department of Kinesiology, University of Georgia, Athens, GA

Post-Doctoral Research Associate, Dr. Ellen Evans

8/2011 – 8/2013

- Coordinated a mixed-methods, multidisciplinary research project assessing weight management behaviors in UGA employees
- Coordinated cross-sectional pilot project data collection (n = 450) on Project PEER (USDA; Project PEER: Peer education, Exercising, and Eating Right) to a) collect data on males and females, 2) obtain biomarker data for metabolic risk syndrome, and 3) establish partnerships with UGA scholars and the University Health Center
- Served as the UGA Alumni Relations Association's subject matter expert on walking, exercise, and obesity
- Supervised and evaluated 10 graduate students and 10 undergraduate research assistants
- Prepared manuscripts and grant proposals

Department of Kinesiology, East Carolina University, Greenville, NC

Assistant Professor

8/2013 – 8/2019

Associate Professor

8/2019 – Present

- Conduct mixed-methods research in physical activity promotion, primarily focusing on employee and underserved populations
 - *The Invisible Employee (PI)* – examined physical activity barriers in university housekeeping and grounds employees, completed
 - *ECU Healthy Lifestyles Project (PI)* – examined the effect of a hybrid (i.e., in-person coaching plus social media) intervention delivery mechanism on weight management behaviors (e.g., physical activity and diet) for office employees, completed
 - *Assessing Kinesiology Students' Perceptions of the Senior Games (PI)* – examined kinesiology students' perceptions of older adults through the lens of the Senior Games, completed
 - *Pirates for HEALTH: Healthy Eating, Active Living Through Health Coaching (PI)* – examined the effect of three intervention delivery mechanisms on weight management behaviors (e.g., physical activity and diet) for university employees, completed
 - *Physical Activity Dose for Psychological Well-being in Sedentary Occupations (Co-I/Faculty Mentor)* – examine the impact of physical activity dose on anxiety in women in sedentary occupations, completed

- *Healthcare Providers' Barriers to Physical Activity Prescription (PI)* – examined healthcare providers' barriers to prescribing physical activity to their patients, completed
- *Moms UNITE for Health (Co-I)* – examined the effect of a 6-week walking program on mothers' self vs. collective efficacy, completed
- *Comparing Sense of Community Experienced (Co-I)* – examined the effects of community on college students' health status, completed
- *Exercise Training and Increasing Non-Exercise Physical Activity for Health (Co-I)* – examine the effects of exercise training on increasing non-exercise physical activity, in progress
- *Implementation Intentions in a Faculty and Staff Worksite Pedometer Program (Co-I)* – examined the effects of a walking program for university employees on physical activity levels and employee well-being, completed
- *PAWS: People and Animal Walking Study (Co-I)* – determine relationship between employees' job satisfaction after dog-walking sessions, completed
- *Pirates for HEALTH: **H**ealthy **E**ating, **A**ctive **L**iving Through a **H**ybrid Intervention (PI)* – examined the feasibility of conducting a technology augmented version of the Diabetes Prevention Program at a university worksite, completed
- *The Nurses' Physical Activity Study: Caring for You so You can Care for Others (Co-I/Faculty Mentor)* - examined the relationship between physical activity and various measures of physical, mental, and occupational health in Eastern North Carolina Nurses, completed
- *Track Your Food (Co-I/Faculty Mentor)* - evaluate the effectiveness of the relatively new and understudied method of red-food tracking in comparison to the traditional food tracking method, completed.
- *The Impact of a Workplace Wellness Program on University Employees (Co-I/Faculty Mentor)* – examine the effectiveness of a university-based worksite wellness program, completed.
- *The Five-Factor Model of Personality and Physical Activity Adherence (Co-I/Faculty Mentor)* – determine correlation between personality and physical activity choice, completed.
- *Evaluation of Health Behaviors in West Greenville (PI)* – evaluate community perceptions of West Greenville's health status, completed.
- *The Impact of a Required Physical Activity Course on Physical Activity in College Students (Co-I/Faculty Mentor)* – examine the relationship between a required physical activity course and college students' physical activity levels post-course, completed.
- *Transgenerational Type 2 Diabetes (Co-I)* – examine generational perceptions of Type 2 diabetes, completed
- *A Pilot Exploratory Study on Truck Drivers to Determine Trends in Physical Activity and Other Health Behaviors (PI)* – examine the relationship between physical activity and measures of physical, mental, and occupational health in truck drivers, in progress
- *The Employee Wellness Institute and Social Support (PI)* – measure the impact of a wellness intervention on employees' wellness in each dimension and how social support impacts these dimensions of wellness, completed
- *The Healthy Housekeepers Initiative Study (PI)* – understand the complex interplay between social support, work stress, and health for university housekeepers, completed
- *Dog Walking with College Students (Co-I)* – examine physical activity levels in college students in a fitness walking course, completed
- *Engagement with Activity Monitors (Co-I)* – examine how engagement with activity pedometers influences physical activity, completed
- *Effectiveness of an 8-week Hatha Yoga Intervention to Improve Lower Back Pain in University Employees (Co-PI/Faculty Mentor)* – examine the impact of an 8-week worksite-based Hatha Yoga intervention on lower back pain in university employees, completed
- *Studying the Effects of Aerobic Physical Activity on the Cognitive Performance of a Type 2 Diabetic Population (Co-PI/Faculty Mentor)* – examine the impact of lifestyle physical activity programming on the cognitive function of older adults with type 2 diabetes, completed
- *Law Enforcement and Firefighters Physical Activity Study (Co-PI/Faculty Mentor)* – examine the relationship between physical activity and physical, mental, and occupational health statuses in first responders, in progress

- *Physical Activity Course Intervention on Mental Health (Co-PI/Faculty Mentor)* – examine the impact of a course-based physical activity program on college students' mental health, in progress
- *South Asian Cancer Cross-Sectional Study (Co-PI/Faculty Mentor)* – examine the relationship between physical activity and physical, mental, and occupational health statuses in South Asian female cancer survivors, in progress
- *Leisure Time Adaptive Step Tracking Study (LAST) (Co-PI/Faculty Mentor)* – examine the impact of a technology-assisted physical activity promotion intervention on steps in a population of individuals with type 2 Diabetes, in progress
- *Clean up Your Health Intervention (Co-PI/Faculty Mentor)* – examine the impact of a social media based intervention on the health of ECU housekeepers, in progress
- *Patients Preferences Survey (Co-I)* - examine nutrition and physical activity related behaviors, barriers and interests of patients at low-income/free/charitable/community clinics in Eastern North Carolina through a patient survey, in progress
- *The Effects of a Healthcare Providers' Prescription of Physical Activity on Cancer Survivors' Physical Activity Levels (Co-PI/Faculty Mentor)* - compare physical activity levels between cancer survivors who were prescribed physical activity by their healthcare provider versus cancer survivors who were not prescribed physical activity by their healthcare provider, in progress
- *Seniors Aging Successfully (PI)* - explore the dose-response relationship of physical activity on social support, quality of life, satisfaction with life, and physical and mental health of individuals involved in the Senior Games, in progress
- *Blue Collar Workers Physical Activity Study (Co-PI/Faculty Mentor)* - examine the relationship between physical activity and physical, mental, and occupational health outcomes in blue collar workers, in progress
- *Examining Honors College Students' Perceptions of a Freshmen Seminar Focusing on Service & Leadership (PI)* - examine Honors College students' perceptions of a freshmen seminar focusing on service and leadership, in progress
- *LIFT-Off 2020 Feasibility Acceptability Pilot (Co-PI)* - explore the feasibility and acceptability in delivering an intensive lifestyle change program for low-income, rural patients via social media, in progress
- *Comparison of Physical Activity Levels in Fitness Walking Classes at ECU (Co-I)* - collect objective data from students enrolled in the fall semester's KINE 1010: Fitness/Dog Walking course and compare it to data also collected in the standard section of KINE 1010 that does not include dogs, in progress
- *Reflections of the Freshmen Honors Seminar: A Qualitative Analysis (PI)* - examine Honors College students' perceptions of a freshmen seminar focusing on service and leadership through the lens of a Honors College sophomore
- *Examining Honors College Students' Perceptions of a Freshmen Seminar Focusing on Service and Leadership (PI)* - to examine Honors College students' perceptions of a freshmen seminar focusing on service and leadership through the lens of the COVID-19 Pandemic.
- *Fresh Start (Co-I)* – to examine impact of a health coaching lifestyle management intervention on patients' health outcomes and examine patient satisfaction and experience with the program
- *Soul Food: A Lifestyle Intervention (PI)* – to examine the impact of a physical activity and nutrition program on Black women's physical activity and nutrition outcomes
- *Needs Assessment for a Physical Activity Intervention for Caregivers (Co-PI/Faculty Mentor)* – to assess physical activity intervention characteristics that are feasible and acceptable for caregivers
- *Comparison of Online Versus Face-To-Face Physical Activity Interventions on Undergraduates' Autonomy and Physical Activity Levels (Co-PI/Faculty Mentor)*- to compare the effectiveness of face-to-face 15-week course-based physical activity interventions and their ability to increase undergraduate students' physical activity and full the three needs of Self-Determination Theory
- *Faculty Reflections of the Honors Seminar: Qualitative Study (Co-I)* - to examine Honors College faculty's perceptions of their instructional role teaching a freshmen seminar focusing on service and leadership
- *Soul Food: Focus Group (PI)*: to identify promising strategies that promote weight loss, physical activity, and healthy diets in Black women

- *The Impact of Race and Ethnic Identity on Body Dissatisfaction and Fit Ideal Internalization in College Age Females ((Co-PI/Faculty Mentor) – to assess the prevalence of the fit ideal internalization among females of different races and ethnicities and to assess how race and ethnic identity impact a person's body dissatisfaction.*
- Serve as a committee member for graduate students' thesis projects
- Perform mixed-methods evaluations of physical activity and weight management programs
- Work with university officials to provide weight management programs for university employees
- Prepare manuscripts and grant proposals, primarily focusing on weight and chronic disease management in worksites and on college campuses
- Supervise Health Fitness Specialist undergraduate interns
- Provide academic advising to Health Fitness Specialist undergraduates
- Provide scientific and technical support to the Activity Promotion Laboratory

Senior Honors College Faculty Fellow

8/2019 – Present

- Teach first-year Honors College seminar
- Provide academic advising to Honors College students as needed
- Conduct Honors College research to demonstrate Honor's College impact on students and the ECU community

Teaching

Department of Kinesiology and Community Health, University of Illinois, Urbana, IL

Teaching Assistant, Measurement and Evaluation in Kinesiology (Kinesiology 401/501)

- Undergraduate and Graduate Course
- Fall 2009

Teaching Assistant, Health Statistics (Community Health 244)

- Undergraduate Course
- Spring 2010

Teaching Assistant, Human Sexuality (Community Health 206)

- Undergraduate Course
- Summer 2010

Co-Instructor, Weight Management Coaching (Kinesiology 494)

- Undergraduate Course
- Fall 2010

Department of Kinesiology, University of Georgia, Athens, GA

Co-Instructor, Personal Training & Weight Management Coaching (Kinesiology 5140/7140)

- Undergraduate and Graduate Course
- Fall 2011

Co-Instructor, Exercise Is Medicine (First-Year Odyssey Seminar)

- Undergraduate Course
- Fall 2011

Instructor, Exercise is Medicine (Kinesiology 2500)

- Undergraduate Course
- Spring 2012 and Spring 2013

Instructor, Weight Management Coaching (Kinesiology 5140/7140)

- Undergraduate and Graduate Course
- Fall 2012 and Spring 2013

Instructor, Physical Activity Measurement and Surveillance (Kinesiology 4600/6600)

- Undergraduate and Graduate Course
- Spring 2013

Department of Kinesiology, East Carolina University, Greenville, NC

Instructor of Record, HNRS 2000: Honors Leadership & Service Colloquium

- Honors College students
- Fall 2019, Fall 2020, Fall 2021

Instructor of Record, HNRS 3000: Honors Research Colloquium

- Honors College students
- Spring 2020, Spring 2021, Spring 2022

Instructor of Record, HNRS 4500: Senior Honors Project I

- Honors College students
- Spring 2016, Fall 2018, Fall 2019

Instructor of Record, HNRS 4550: Seniors Honors Project II

- Honors College Students
- Fall 2016

Instructor of Record, EXSS 4001: Special Topics in Exercise and Sport Science

- Undergraduate students
- Fall 2014, Spring 2015, Fall 2022

Instructor of Record, KINE 4030/6030 (EXSS 5800): Physical Activity and Aging

- Undergraduate and graduate students
- Fall 2013, Spring 2014, Summer 2014, Fall 2014, Spring 2015, Summer 2015, Fall 2015, Spring 2016, Summer 2016, Fall 2016, Spring 2017, Summer 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Summer 2019, Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022

Instructor of Record, KINE 4500 (EXSS 4500): Independent Study in Exercise Science

- Undergraduate students
- Spring 2014, Fall 2014, Fall 2015, Spring 2016, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Fall 2020, Spring 2021, Fall 2021, Spring 2022

Instructor of Record, KINE 4501: Independent Study in Exercise Science

- Undergraduate students
- Spring 2018, Summer 2018, Fall 2018, Spring 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022

Instructor of Record, KINE 4502: Independent Study in Exercise Science

- Undergraduate students
- Fall 2017, Spring 2018, Fall 2018, Spring 2021, Fall 2021, Spring 2022

Instructor of Record, KINE 4800 (EXSS 4800): Internship in Health Fitness Specialist

- Undergraduate students
- Spring 2014, Fall 2014, Spring 2015, Summer 2015, Fall 2015, Spring 2016

Instructor of Record, KINE 6500: Independent Study in Exercise Science

- Graduate students
- Spring 2016, Fall 2016, Spring 2019, Spring 2020, Spring 2021

Instructor of Record, KINE 6650 (EXSS 6650): Seminar in Exercise and Sport Science

- Graduate students
- Spring 2015, Spring 2016, Spring 2017, Fall, 2017, Fall 2018, Spring 2021

Instructor of Record, KINE 6803: Special Topics in Kinesiology

- Graduate students
- Spring 2015, Spring 2016

Instructor of Record, KINE 6990: Practicum in Kinesiology

- Graduate students
- Fall 2015

Instructor of Record, KINE 6991: Practicum in Kinesiology

- Graduate students
- Spring 2016

Instructor of Record, KINE 6992: Kinesiology Internship

- Graduate students
- Spring 2016, Fall 2016, Fall 2017, Spring 2018, Fall 2018

Instructor of Record, KINE 6994: Culminating Research Project

- Graduate students
- Spring 2016, Fall 2016, Spring 2018, Spring 2019

Instructor of Record, KINE 7000: Thesis

- Graduate students
- Fall 2014, Spring 2015, Summer 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017, Fall 2017, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022

Administrative

Department of Kinesiology, East Carolina University, Greenville, NC

Graduate Concentration Coordinator, Physical Activity Promotion (Fall 2015 – Fall 2019)

- Provide oversight to the Physical Activity Promotion MS degree
- Recruit and retain talented graduate students
- Provide advising and guidance to graduate students regarding coursework, practicum/internship work, thesis/research topics, and professional career goals.

GRANTS

FUNDED

1. Rinaldi-Miles AI, **Das BM (Co-I)**. Illinois Association for Health, Physical Education, Recreation & Dance Jump Rope for Heart Grant, Implementation Intentions in a Faculty and Staff Worksite Pedometer Program, \$2,985.
2. **Das BM (PI)**, Lutes LD, Jilcott Pitts SB, Wu Q, Linnan LA. University of North Carolina Center for Diabetes Translation Research 2014-2015, Pirates for HEALTH: Healthy Eating, Active Living Through a Hybrid Intervention– An Innovative Diabetes Prevention Program, \$39,992.
3. Thomas J, Lutes LD, **Das BM (Consultant)**. Mountain West Clinical Translational Research Infrastructure Network Mini-Grant, Lifestyle health-related self-concept and type 2 diabetes prevention, \$8,457.
4. Robertson K, **Das BM (Co-PI/Faculty Mentor)**. Scholarly Activity Awards for Students for East Carolina University's Honors College, Pilot study comparing effectiveness of food logging methods amongst women with a family history of type 2 diabetes \$400.
5. Robertson K, **Das BM (Co-PI/Faculty Mentor)**. Fall 2016 Undergraduate Research and Creative Activity Awards for East Carolina University, Pilot study comparing effectiveness of food logging methods amongst women with a family history of type 2 diabetes \$2,000
6. Rinaldi-Miles AI, **Das BM (Co-I)**. Illinois Association for Health, Physical Education, Recreation & Dance Jump Rope for Heart Grant, Low or high tech: How does type of engagement with activity monitors influence physical activity, \$4,921.
7. **Das BM (PI)**, Jensen JF, Schoemann AM. East Carolina University Diversity and Inclusion Research and Scholarship Program, The healthy housekeepers initiative, \$11,800.
8. Larkins, C, **Das BM (Co-PI/Faculty Mentor)**. Fall 2018 Undergraduate Research and Creative Activity Awards for East Carolina University, Clean Up Your Health Intervention, \$1,700.
9. **Das BM (PI)**. East Carolina University Faculty Award for Designing and Developing Course-Based Undergraduate Research, Seniors aging successfully, \$1,500.
10. Amin K, **Das BM (Co-PI/Faculty Mentor)**. Spring 2019, Undergraduate Research and Creative Activity Awards for East Carolina University, South Asian cancer survivors cross-sectional health status study, \$1,750.
11. Thomas JJ, **Das BM (Consultant)**. Spring 2019 University of Wyoming Humenick Award, Diabetes prevention interventionist training program for pre-professional students in the health sciences, \$4,949.
12. Kautz SE, **Das BM (Co-PI/Faculty Mentor)**. Fall 2019 Undergraduate Research and Creative Activity Awards for East Carolina University, LAST Study: Leisure Activity Step Tracking, \$1,500.

13. Estorge B, Prentis CM, Verk SL, Sastre LR, **Das BM (Co-PI/Faculty Mentor)**. Spring 2020 Undergraduate Research and Creative Activity Awards for East Carolina University. Is a social media lifestyle program feasible?, \$2,400.
14. Harris S, Cook S, **Das BM (Co-PI/Faculty Mentor)**. Spring 2021 Undergraduate Research and Creative Activity Awards for East Carolina University, Soul Food: Development of Participant Materials, \$2100.
15. **Das BM (Co-PI)**, Sastre LR. Soul FOOD: Fighting Obesity and Overweight Diseases. Women for Women Pitt County, \$5,000.
16. **Das BM (PI)**. East Carolina University 2021-2022 Research and Creative Activity Award, Exploring and identifying African-American women's social, cultural, and physical barriers to physical activity and nutrition in the context of type 2 diabetes prevention, \$6,250.
17. May L, Houmard J, Collier D, McMillan A, Carels R, Didericksen K, **Das BM (Co-I)**, DuBose, K. National Institutes of Health, Effect of exercise modality during pregnancy on childhood obesity risk, \$3,744,344.
18. Cook S, Harris S, **Das BM (Co-PI/Faculty Mentor)**. Fall 2021 Undergraduate Research and Creative Activity Awards for East Carolina University, Soul Food: Development of Participant Materials, \$2100.
19. Warren L, Riddick-Cherry I, Carwein C, **Das BM (Co-PI/Faculty Mentor)**. Fall 2021, Undergraduate Research and Creative Activity Awards for East Carolina University, UterUs: Inspiring and empowering the next generation of menstruators, \$2350.
20. **Das BM (PI)**, Sastre LR (Co-PI). 2022-2023 East Carolina University Teaching Grant. Development, Implementation, and Evaluation of KINE 4001: Health Coaching – An Interdisciplinary Approach, \$20,140.
21. Harris S, Cook S. **Das BM (Co-PI/Faculty Mentor)**. Fall 2022 Undergraduate Research and Creative Activity Awards for East Carolina University, Soul Food: Development of Participant Materials, \$2100.
22. Ulfers, Abby. **Das BM (Co-PI/Faculty Mentor)**. Fall 2022 Undergraduate Research and Creative Activity Awards for East Carolina University, Project MOMS; Mothers, mOvement, and Maternal Health Care Providers Study, \$1300.
23. Ulfers, Abby. **Das BM (Co-PI/Faculty Mentor)**. Fall 2022 Health and Human Performance Student Pilot Award, Project MOMS; Mothers, mOvement, and Maternal Health Care Providers Study, \$1000.

UNFUNDED

1. **Das BM (PI)**, Zhu, W. University of Illinois Health and Wellness Research Initiative, Exploring Physical Activity Barriers in University Faculty and Staff, \$45,000
2. **Das BM (PI)**, Evans EM. American Heart Association Greater Southeast Affiliate Post-Doctoral Fellowship, Georgia Dawgs at WORK: Worksite Obesity Reduction Know-How, \$90,380
3. **Das BM (PI)**, Mahar MT, DuBose KD. East Carolina University Center for Health Disparities, Health Disparities Center Grant, Pirates for HEALTH: Healthy Eating, Active Living Through Health Coaching, \$74,500
4. **Das BM (PI)**, Mahar MT, Sartore-Baldwin ML. Texas A & M University, Laboratory for Diversity in Sport, The Invisible Employee on College Campuses: A Qualitative Study of Perceptions of Physical Activity and Sedentary Behavior, \$2,500
5. **Das BM (PI)**, Lutes, LD. East Carolina University Interdisciplinary Research Awards Fall 2013, Pirates for HEALTH: Healthy Eating, Active Living Through Health Coaching, \$24,047
6. Jilcott Pitts SB, **Das BM (Co-I)**, Wu Q, Ammerman A, Evenson K. University of North Carolina Center for Diabetes Translation Research 2013-2014, Associations between Zoning Ordinances and Access to Physical Activity and Healthy Food Resources, \$39,886
7. Mahar MT, **Das BM (Co-I)**, Sartore-Baldwin ML. East Carolina University Creative Research Awards, The Invisible Employee on College Campuses: A Qualitative Study of Perceptions of Physical Activity and Sedentary Behavior, \$5,850
8. Warner SM, **Das BM (Co-I)**, Dlugonski D. East Carolina University Creative Research Awards, Strengthening Communities: Planning Physical Activity Interventions for Individuals with Low Socio-Economic status, \$6,200

9. Warner SM, **Das BM (Co-I)**, Dixon M., Sparvero E. NCAA Innovations in Research and Practice Grant Program, Cultivating Community: Enhancing Student-Athlete Well Being, \$31,902
10. Das BM (PI), Lutes LD. The Obesity Society 2014 Early-Career Research Grant. Pirates for HEALTH: Healthy Eating, Active Living Through Health coaching – An Innovative Worksite Weight Loss Intervention. \$35,000
11. Dlugonski D, **Das BM (Co-I)**. 2014 Promising Innovations Grant Program of the Kendal Charitable Funds. African-American Grandmothers as Intergenerational Agents of Change for Increasing Physical Activity. \$10,000
12. Jilcott Pitts SB, **Das BM (Co-I)**, Rafferty AP, Winterbauer N. Centers for Disease Control and Prevention, Partnerships to Improve Community Health, \$450,040
13. Dlugonski D, **Das BM (Co-I)**. Women for Women Endowment Fund. Moms UNITE (Using Networks to Increase Togetherness and Efficacy) for Health. \$10,000
14. **Das BM (PI)**, Lutes LD, Jilcott Pitts SB, Linnan LA, Hudson S. University of North Carolina Center for Diabetes Translation Research 2014-2015, Pirates for HEALTH: Healthy Eating, Active Living Through Health coaching – An Innovative Diabetes Prevention Program, \$39,970
15. Jilcott Pitts SB, Hall M, Wall-Bassett E, **Das BM (Co-I)**, Wu Q, Cummings DM, Keyserling T, McGuirt J, Cavallo D, Zenk SN. National Institutes of Health Academic Research Enhancement Award: Enhancing Health Disparities Research at Undergraduate Institutions (R15), Reducing Risk of Obesity-Related Chronic Disease among Black/African-American Women of Reproductive Age, \$437,536
16. **Das BM (PI)**, Lutes LD. The Obesity Society 2015 Early-Career Research Grant. Pirates for HEALTH: Healthy Eating, Active Living Through Hybrid Interventions – An Innovative Worksite Weight Loss Intervention. \$35,000
17. Crenshaw JT, Mahar MT, **Das BM (Co-I)**, Fish MT. North Carolina Occupational Safety and Health Education and Research Center Pilot Project Award. Breaking Up is Easy to Do: Effects of an Intervention to Break up Sedentary Behavior in Office Workers, \$9,550
18. Robertson K, **Das BM (Co-PI/Faculty Mentor)**. Spring 2016 Undergraduate Research and Creative Activity Awards for East Carolina University, Pilot study comparing effectiveness of food logging methods amongst women with a family history of type 2 diabetes \$2,500
19. Thomas J, **Das BM (Co-I)**, Smirnova E. American Diabetes Association Pathway Accelerator Award, Advancing Type 2 Diabetes prevention for rural individuals and Mexican Americans, \$1,074,919.
20. **Das BM (PI)**, Jensen JF, Schoemann AM. East Carolina University Interdisciplinary Research Awards 2017-2018, The healthy housekeepers initiative, \$5,500.
21. Thomas J, **Das BM (Consultant)**, Borrayo E. Advancing type 2 diabetes prevention for Hispanic and Latino adults in rural Wyoming. Mountain West CTR-IN Health Disparities Pilot Grant Program, \$65,970.
22. **Das BM (PI)**, Winterbauer N. East Carolina University Diversity and Inclusion Research and Scholarship Program, The West Greenville initiative, \$19,862.
23. Kautz, SE, **Das BM (Co-PI/Faculty Mentor)**. 2017-2018 George T. Barthalmus Undergraduate Research Grant, The PATH Study: Physical Activity to Health Study, \$500.
24. Fellows, JG, **Das BM (Co-PI/Faculty Mentor)**. Fall 2017 Undergraduate Research and Creative Activity Awards for East Carolina University, Pilot study examining the impact of a physical activity intervention on cognition for older adults with type 2 diabetes. \$2,000
25. Hall MB, **Das BM (Co-I)**. Brody Brothers Endowment Seed/Bridge Grant Program, SLAY: Sister Living Actively and Youthfully, \$24,200.
26. **Das BM (PI)**, Hall MB. East Carolina University Interdisciplinary Research Awards 2018-2019, SLAY: Sister Living Actively and Youthfully, \$6,250.
27. Thomas J, **Das BM (Consultant)**, Borrayo E. Advancing type 2 diabetes prevention for Hispanic and Latino adults in rural Wyoming. 2017 Wyoming INBRE Thematic Research Proposals, \$65,970.
28. Fellows, JG, **Das BM (Co-PI/Faculty Mentor)**. Spring 2018 Undergraduate Research and Creative Activity Awards for East Carolina University, Pilot study examining the impact of a physical activity intervention on cognition for older adults with type 2 diabetes. \$2,000.

29. Sartore-Baldwin ML, **Das BM (Co-PI)**. American Athletic Conference Academic Consortium Grant, The effects of perceptions of stress among female intercollegiate basketball players when a therapy dog is present in the athletic training room: A pilot study, \$5,084.
30. Amin K, **Das BM (Co-PI/Faculty Mentor)**. Spring 2018 Undergraduate Research and Creative Activity Awards for East Carolina University, A lifestyle intervention for breast cancer patients of South Asian descent, \$2,000.
31. Kautz, SE, **Das BM (Co-PI/Faculty Mentor)**. Spring 2018 Undergraduate Research and Creative Activity Awards for East Carolina University, The PATH Study: Physical Activity to Health Study, \$2,000.
32. Winterbauer N (PI), **Das BM (Co-I)**, Rafferty A (Co-I), Schreier AM (Co-I), Tucker-McLaughlin M (Co-I). East Carolina University Diversity and Inclusion Research and Scholarship Program, Tell a story, save a life, \$12,000
33. **Das BM (PI)**, Didericksen KW. Aetna's 2018 Cultivating Healthy Communities Grant Program, Project FAMILY: Fostering Advocacy and Management of Type 2 Diabetes In Low-Income Family, \$100,000.
34. **Das BM (PI)**, Didericksen KW. Blue Cross Blue Shield of North Carolina Community Investment, Project FAMILY: Fostering Advocacy and Management of Type 2 Diabetes In Low-Income Family, \$275,000 (Letter of Intent).
35. Lanou AJ, Tanner CJ, Hudson D, Watterson T, Christiana R, Meucci M, Zwetsloot, **Das BM (Co-I)**, Swift DL, Jones, L, Garrison E, Olson E, Rote A, Sanchez-Flack J, Wingert J. University of North Carolina's Inter-Institutional Grant, Building a collaborative network of health and human performance facilities to better utilize health and human performance measures and feedback for supporting health behaviors of Rural North Carolinians, \$74, 978.
36. Hall MB, **Das BM (Co-I)**. Women for Women Endowment Fund, SLAY: Sister Living Actively and Youthfully, \$24,200.
37. Amin K, **Das BM (Co-PI/Faculty Mentor)**. Fall 2018 Undergraduate Research and Creative Activity Awards for East Carolina University, South Asian cancer survivors health management program, \$2,000.
38. Kautz SE, **Das BM (Co-PI/Faculty Mentor)**. Fall 2018 Undergraduate Research and Creative Activity Awards for East Carolina University, LAST Study: Leisure Activity Step Tracking, \$2,500.
39. Kautz SE, **Das BM (Co-PI/Faculty Mentor)**. Spring 2019 Undergraduate Research and Creative Activity Awards for East Carolina University, LAST Study: Leisure Activity Step Tracking, \$2,500.
40. Sartore-Baldwin ML(PI), **Das BM (Co-I)**, Atherton T (Co-I), Atherton L (Co-I). American Athletic Conference Academic Consortium Grant, The effects of perceptions of stress amongst intercollegiate athletes when a therapy dog is present in the athletic training room: a pilot study, \$17,251.
41. DuBose KD, **Das BM (Co-I)**. Vidant Health Community Benefit Grants Program, Move more, move together, \$26,093. (Letter of Intent)
42. Skibins JC, **Das BM (Co-PI)**. CZS CBOT Endangered Species Fund, Quantifying Visitor-Based Conservation Outcomes of the Woodland Park Zoo Tree Kangaroo Conservation Program, \$5,000. (Letter of Intent)
43. Hall MB, **Das BM (Co-I)**. National Institutes of Health, Promoting physical activity among rural African American women through the shared use of community facilities, \$331,875
44. Thomas JJ (PI), **Das BM (Co-PI)**. National Institutes of Health, The DISTANCE Study: Diabetes Intervention Study Testing Acceptability of Using Nursing College Educators, \$275,000
45. **Das BM (PI)**. East Carolina University 2019 Research and Creative Activity Award. Clean up your health: A health education program for housekeepers, \$6,250.
46. Sastre LR, **Das BM (Co-I)**. East Carolina University 2019 Research and Creative Activity Award. Development and delivery of an eHealth intervention to address gaps in primary care: Targeting vs. tailoring – how specific does the message need to be, \$6,060.
47. Sartore-Baldwin ML(PI), **Das BM (Co-I)**, Atherton T (Co-I), Atherton L (Co-I). East Carolina University 2019 Research and Creative Activity Award. The effects of perceptions of stress amongst intercollegiate athletes when a therapy dog is present in the athletic training room: a pilot study, \$6,500.

48. **Das BM (Co-PI)**, Didericksen KW. Project FAMILY: Fostering Advocacy and Management of Type 2 Diabetes In Low-Income Family. Vidant Health Community Benefit Grants Program, \$25,000
49. Porterfield D, **Das BM (CO-I)**, Williams P. Implementation of a physical activity intervention to enhance recruitment, retention, and effectiveness of the National Diabetes Prevention Program's Lifestyle Change Program, Centers for Disease Control & Prevention \$589,000. (Letter of Intent)
50. Lanou AJ, Tanner CJ, Hudson D, Watterson T, Christiana R, Meucci M, Zwetsloot, **Das BM (Co-I)**, Swift DL, Jones, L, Garrison E, Olson E, Rote A, Sanchez-Flack J, Wingert J. University of North Carolina's Inter-Institutional Grant, Building a collaborative network of health and human performance facilities to better utilize health and human performance measures and feedback for supporting health behaviors of Rural North Carolinians, \$74, 978.
51. Verk S, Prentis C, **Das BM (Co-PI/Faculty Mentor)**. Fall 2019, Undergraduate Research and Creative Activity Awards for East Carolina University, Social-media lifestyle & wellness coaching programs, \$2,000.
52. Kautz SE, **Das BM (Co-PI/Faculty Mentor)**. Fall 2019 Mini Undergraduate Research and Creative Activity Awards for East Carolina University, LAST Study: Leisure Activity Step Tracking, \$600.
53. Sartore-Baldwin ML, **Das BM (Co-I)**, Atherton T (Co-I), Atherton L (Co-I). National Collegiate Athletic Association Research and Practice Grant, The effects of perceptions of stress amongst intercollegiate athletes when a therapy dog is present in the athletic training room: a pilot study, \$17,584.
54. **Das BM (PI)**, Porterfield D. Centers for Disease Control & Prevention. Use of Virtual Physical Activity Programming to Improve DPP Engagement, \$450,000. (Letter of Intent)
55. Sartore-Baldwin ML & **Das BM (Co-I)**. Culture and Animals Foundation, Effects of an Intergenerational and Interspecies Physical Activity Program: A Pilot Study, \$2000.
56. **Das BM (Co-PI)**, Didericksen KW. Vidant Health Community Benefit Grants Program, Project FAMILY: Fostering Advocacy and Management of Type 2 Diabetes In Low-Income Family, \$24,701.
57. **Das BM (PI)**, DuBose KD. Vanderbilt University Medical Center Southeast Regional Pilot and Feasibility Program. Use of Virtual Physical Activity Programming to Improve DPP Engagement, \$148,890.
58. Sastre LR, **Das BM (Co-PI)**. North Carolina Healthcare Foundation: Fill the Gap Respond Fund. Improving Diabetes Management and Reducing COVID-19 Risks with Uninsured Patients by Addressing Underlying Behavioral and Resource Risk Factors to Poor Glycemic Control, \$96,290. (Letter of Intent).
59. Sastre LR, **Das BM (Co-PI)**. American Diabetes Association COVID-19 and Diabetes Research Award. Improving Diabetes Management and Reducing COVID-19 Risks with Uninsured Patients by Addressing Underlying Behavioral and Resource Risk Factors to Poor Glycemic Control, \$87,831.
60. **Das BM (PI)**, Sastre LR (Co-PI). University of North Carolina Undergraduate Research Program. LIFT-Off (Lifestyle Intervention focusing on Food and physical AcTivity): An Interdisciplinary Research Collaborative to Build Interdisciplinary Research, Teaching, and Service Capacity, \$39,988. (Letter of Intent).
61. **Das BM (PI)**, Sastre LR (Co-PI). 2021-2022 East Carolina University Teaching Grant. Development, Implementation, and Evaluation of KINE 4001: Health Coaching – An Interdisciplinary Approach, \$15,140.
62. **Das BM (Co-PI)**, Didericksen KW, Sastre LR. Vidant Health Community Benefit Grants Program, Project FAMILY: Fostering Advocacy and Management of Type 2 Diabetes In Low-Income Family, \$24,701. (Letter of Intent)
63. Walker J, **Das BM (Co-PI/Faculty Mentor)**. Spring 2021 Undergraduate Research and Creative Activity Awards for East Carolina University. Soul Food: Sistas Fighting Overweight & Obesity Diseases, \$1300.
64. DuBose KD, **Das BM (Co-I)**, Cohen SL. Barry and Linda Franklin EIM-OC Micro-Grant, Evaluation of an Exercise is Medicine lecture on physical activity behavior in freshmen, \$750.
65. Sastre LR, **Das BM (Co-PI)**. Carolinas Center for Medical Excellent Foundation, FrESH (Food and Exercise Support towards Health) Healthy Lifestyle Support Program, \$43,564.
66. Hodge E, **Das BM (Co-PI)**. East Carolina University Course Innovation Mini Grant, Honors 2000 & 3000 Leadership and Service Colloquium, \$5,000.

67. Somma K, **Das BM (Co-PI/Faculty Mentor)**. Fall 2021, Undergraduate Research and Creative Activity Awards for East Carolina University, Needs assessment for a physical activity intervention for caregivers, \$2,000.
68. Sastre LR, **Das BM (Consultant)**. Cigna Foundation, Fresh start: A mobile lifestyle and culinary medicine program to address disparities with diabetes in rural, Eastern North Carolina with rural, low-socioeconomic uninsured patients, \$273,610.
69. Thomas JJ, Collins L, Carrico C, McKibben C, Smith D, **Das BM (Consultant)**. 2021 University of Wyoming Grand Challenges Research Initiative, Advancing Diabetes Prevention in Wyoming, \$20,000.
70. Somma K, **Das BM (Co-PI/Faculty Mentor)**. Spring 2022, Undergraduate Research and Creative Activity Awards for East Carolina University, Needs assessment for a physical activity intervention for caregivers, \$2,000.
71. **Das BM (Co-PI)**, Snyder RS, Steiner A, Schwartz A. National Institutes of Health, Caregiver Physical Activity and Music Therapy Support Intervention, \$415,250.
72. Somma K, **Das BM (Co-PI/Faculty Mentor)**. Fall 2022, Undergraduate Research and Creative Activity Awards for East Carolina University, Needs assessment for a physical activity intervention for caregivers, \$2,000.

SUBMITTED

1. **Das BM (Co-PI)**, Snyder RS, Steiner A, Schwartz A, Caregiver Physical Activity and Music Therapy Support Intervention (Letter of support)

IN PREPARATION

2. **Das BM (Co-PI)**, Snyder RS, Steiner A, Schwartz A, Caregiver Physical Activity and Music Therapy Support Intervention
3. **Das BM (PI)**, Porterfield D, Donahue K, Hacke J. The use of a physical activity promotion specialist and a clinical setting to improve physical activity levels in individuals with Type 2 diabetes.
4. **Das BM (PI)**, Jensen J, Fish MT, Walters A. Using mindfulness yoga to improve anxiety states in individuals in romantic relationships.
5. **Das BM (Co-PI)**, Sastre LR, Johnson E. **LIFT-Off: A Lifestyle Intervention focusing on Food and physical activity.**

PUBLICATIONS

* = student co-author

BOOK CHAPTERS (PUBLISHED)

1. **Das BM**. (2009). Infectious diseases and sexually transmitted diseases. H. Gilly (Ed.). Health and Wellness for Life. Champaign, IL: Human Kinetics Publishers, Inc.
2. **Das BM**. (2009). Wellness throughout life. H. Gilly (Ed.). Health and Wellness for Life. Champaign, IL: Human Kinetics Publishers, Inc.
3. **Das BM**, Ward-Ritacco CL. Fitness professionals. (2016) P. Royal (Ed.). Today's Health Professions: Working Together to Provide Quality Care. Philadelphia, PA: F.A. Davis Company.
4. Hodge EM, **Das BM**, Christensen T, Darkenwald T, Weckesser G, Godwin W. Navigating without knowing. A. Long (Ed.) Honors Online: Teaching, Learning, and Building Community Virtually in Honors Education. Lincoln, Nebraska, National Collegiate Honors Council.

BOOK CHAPTERS (SUBMITTED)

1. **Das BM**, Frederick VM, Evans EM. Movement prescription for apparently healthy adults. W. Thompson (Ed.). American College of Sports Medicine Clinical Exercise Physiology 2nd Edition. Philadelphia, PA, Lippincott Williams & Wilkins.

MANUSCRIPTS (PUBLISHED)

1. **Das BM**, Rinaldi-Miles AI, Evans EM. Exploring physical activity barriers for faculty and staff at a large university. (2013). *Californian Journal of Health Promotion*, 11(2), 61-72.
2. **Das BM**, Petruzzello SJ, Ryan KE. Development of a logic model for a mass transit district employee wellness program. (2014). *Preventing Chronic Diseases: Public Health Research, Practice, and Policy*, 11. <http://dx.doi.org/10.5888/pcd11.140124>.
3. Fedewa MV, **Das BM**, Forehand RL, Evans EM. Area-level socioeconomic status, adiposity, physical activity, and inflammation in young adults. (2014). *Preventing Chronic Diseases: Public Health Research, Practice, and Policy*, 11. <http://dx.doi.org/10.5888/pcd11.140090>
4. **Das BM**, Evans EM. Understanding weight management perceptions in first-year college students using the Health Belief Model. (2014). *Journal of American College Health*, Oct :62(7): 466-97. 10.1080/07448481.2014.923429.
5. Fedewa MV, **Das BM**, Evans EM, Dishman RK. Change in weight and adiposity in college students: Systematic review and meta-analysis. (2014). *American Journal of Preventive Medicine*, 47(5): 641-52. 10.1016/j.amepre.2014.07.035.
6. Berg BK, Warner SM, **Das BM**. What about sport? A public health perspective on leisure-time physical activity. (2015). *Sport Management Review*, 18(1): 20-31. [doi:10.1016/j.smr.2014.09.005](http://dx.doi.org/10.1016/j.smr.2014.09.005)
7. **Das BM**, Petruzzello SJ. The use of Active Living Every Day to improve participants' physical activity affect and enjoyment. (2015). *International Journal of Health Promotion and Education*, 53(5): 147-55. doi: 10.1080/14635240.2014.978349
8. Wilson KE, **Das BM**, Evans EM, Dishman RK. Personality correlates of physical activity in college women. (2015). *Medicine & Science in Sports & Exercise*, 47(8): 1691-97. doi: 10.1249/MSS.0000000000000570.
9. Dlugonski D, **Das BM**, Martin TR*. Increasing self and collective efficacy or physical activity: Design and rationale of Moms UNITE for Health. (2015). *Contemporary Clinical Trials*, 45(Pt B): 233-8. doi: 10.1016/j.cct.2015.09.003
10. Wilson KE, **Das BM**, Evans EM, Dishman RK. Structural equation modeling supports a moderating role of personality in the relationship between physical activity and mental health in college women. (2016). *Journal of Physical Activity and Health*, 13(1): 67-78. doi: 10.1123/jpah.2014-0455
11. **Das BM**, Petruzzello SJ. Barriers to physical activity in a mass transit population. (2016). *Journal of Physical Activity and Health*, 13(1): 53-8. doi: 10.1123/jpah.2014-0497
12. Martin TR*, Warner SM, **Das BM**. Senior Games: Students' community outreach with older adults. (2016). *Sport Management Education Journal*, 10(1): 43-53. doi: 10.1123/SMEJ.2015-0004
13. **Das BM**, Mailey EL, Murray KM, Phillips SM, Torres CM, King AC. From sedentary to active: shifting the movement paradigm in workplaces. (2016). *WORK: A Journal of Prevention, Assessment, and Rehabilitation*, 54(2); 481-7. doi: 10.3233/WOR-162330.
14. Rinaldi-Miles AI, **Das BM**. (2016). Cost and culture: Worksite barriers to physical activity across three universities. *WORK: A Journal of Prevention, Assessment, and Rehabilitation*, 55(3), 703-713. doi: [10.3233/WOR-162426](http://dx.doi.org/10.3233/WOR-162426)
15. **Das BM**, Sartore-Baldwin ML, Mahar M. (2016). The invisible employee: University housekeepers' perceptions of physical activity. *Journal of Physical Activity and Health*, 13(9), 952-956. doi: <http://dx.doi.org/10.1123/jpah.2015-0509>
16. Kakar RS, Simpson KJ, **Das BM**, Brown CN. (2017) Benefits of physical activity for individuals with scoliosis after surgical fusion of spine. *International Journal of Exercise Science*, 10(2), 166-177.
17. Fedewa MV, Hathaway ED, Higgins S, **Das BM**, Forehand RL, Schmidt MD, Evans EM. (2017). Interactive associations of physical activity, adiposity, and oral contraceptive use on C-reactive protein levels in young women. *Women & Health*, doi: 10.1080/03630242.2017.1292341.
18. Dlugonski D, **Das BM**, Martin T*, Palmer A*. (2017). Collective efficacy, physical activity, and health outcomes among mothers. *Family & Community Health*, 40(4), 316-323. doi: 10.1097/FCH.0000000000000162

19. Taylor WC, Suminski RR, **Das BM**, Paxton RJ. (2017). Mayor's wellness council websites: Recommendations for website content based on Community Action Theory. *SM Preventive Medicine and Public Health*, 1(1): 1005.
20. **Das BM**, Dlugonski D. (2018). Developing a logic model for a community-based walking programs for mothers. *Translational Journal of the American College of Sports Medicine*. 3(4), 28-35. doi: 10.1249/TJX.000000000000054
21. Taylor WC, Suminski RR, **Das BM**, Paxton RJ, Craig D. (2018) Workplace culture and implications for sedentary behavior interventions among office-based workers: Review. *Frontiers in Public Health*. doi: 10.3389/fpubh.2018.00263
22. **Das BM**, DuBose KD, Peyton AS*. (2018) Active health care providers' practices and views on counseling patients to be active. *Translational Journal of American College of Sports Medicine*. 3(24), 190-195. doi: 2379-2868/0324-0190-0195
23. Thomas J, Lutes LD, Smirnova E, **Das, BM**, Aldrich L*, Kepler M*. (2018) Self-concept in the context of diabetes prevention: Development of the Lifestyle Health-Related Self-Concept (Lifestyle-HRSC) questionnaire. *American Journal of Health Promotion*. doi: 10.1177/0890117118791721
24. Dlugonski D, **Das BM**, Martin TR*. (2019). Impact of a standard versus collective efficacy enhanced intervention to increase physical activity among mothers. *Psychology and Health*. doi: <https://doi.org/10.1080/08870446.2019.1626397>
25. **Das BM**, Sartore-Baldwin ML. (2019) Development of a logic model for a service learning, dog walking course for college students. *Evaluation and Planning* .doi: <https://doi.org/10.1016/j.evalprogplan.2019.05.002>
26. Didericksen KW & **Das BM**. (2019). Type 2 Diabetes as a familial illness: Findings from a focus group study. *Families, Systems, and Health*. 37(3), 235-243. doi: 10.1037/fsh000043
27. Sartore-Baldwin ML, Baker J*, Schwab LM*, Mahar MT. **Das BM**. (2019). Shelter dogs, university employees, and lunchtime walks: A pilot study *WORK: A Journal of Prevention, Assessment, and Rehabilitation*. 64(3), 487-493. doi: 10.3233/WOR-193010.
28. Rinaldi-Miles AI, **Das BM**, Kakar RS. (2019). Evaluating the effectiveness of implementation intentions in a pedometer-based worksite intervention. *WORK: A Journal of Prevention, Assessment, and Rehabilitation*. 64(4), 777-785. doi: 10.3233/WOR-193039.
29. Sartore-Baldwin ML, **Das BM**, Schwab LM*. (2020). Undergraduate students' physical activity levels and experiences in a service-learning dog walking class. *Journal of American College Health*, 1-8. doi: [10.1080/07448481.2019.1705833](https://doi.org/10.1080/07448481.2019.1705833)
30. Taylor WC, **Das BM**, Paxton RJ, Shegog R, Suminski RR, Johnson SR, Akintola OA, Hammad A, Guidry MK. (2021) Development and implementation of a logic model: Occupational stress, physical activity, and sedentary behavior in the workplace. *WORK: A Journal of Prevention, Assessment, and Rehabilitation*. 67(2020), 203-213. Doi: 10.3233/WOR-203266
31. **Das BM** & Adams BC*. (2021) Nurses' physical activity exploratory study: Caring for you so you can care for others. *WORK: A Journal of Prevention, Assessment, and Rehabilitation*. 68(2), 461-471. doi: 10.3233/WOR-203386
32. Higgins S, Smith AN, Williams ER, **Das BM**, Fedewa MV, Evans EM. (2021). Sex-specific correlates of metabolic syndrome risk in college-aged young adults. *Journal of American College Health*. 1-8. Doi: [10.1080/07448481.2020.1869751](https://doi.org/10.1080/07448481.2020.1869751)
33. Sesemann E*, Didericksen KW, Lamson AL, Schoemann AM, **Das BM**. (2021). Healthcare employees' social networks, burnout, and health. *Families, Systems, and Health*. 39(1), 38-54. doi: 10.1037/fsh0000539.
34. **Das BM**, Walker C*, Hodge E, Christensen T, Darkenwald T, Godwin W, Weckesser G. (2021). Understanding the impact of the COVID-19 pandemic on honors college students: A qualitative content analysis. *Journal of the National Collegiate Honors Council*. 22(1), 169-181.
35. **Das BM**, Christensen T, Hodge E, Darkenwald T, Godwin W, Weckesser G. (2021). Human centered design as a basis for a transformative curriculum. *Journal of the National Collegiate Honors Council*. 22(2), 71-86.

36. Skibins, JC, **Das BM**, Schuler G*. (2022). Digital modalities, nature and quality of life: mental health and conservation benefits of watching bear cams. doi: 10.1080/10871209.2021.2024629
37. **Das BM**, Conerly JN*. Effectiveness of an 8-week hatha yoga intervention to improve lower back pain in university employees. *WORK: A Journal of Prevention, Assessment, and Rehabilitation*. 73(2), 569-577. doi: 10.3233/WOR-205156
38. **Das BM**, DuBose KD, Cohen SL. Logic model development for the Exercise is Medicine-On Campus Initiative. Accepted with *American Journal of College Health*.
39. Sartore-Baldwin ML, **Das BM**. A comparison of undergraduate students' physical activity levels in a standard fitness walking class vs. a service-learning dog walking class. Accepted with *American Journal of College Health*.

MANUSCRIPTS (UNDER REVIEW)

1. Sesemann E*, Knauss A, Didericksen KW, Lamson AL, Schoemann AM, **Das BM**. A social network approach to informatics for healthcare employees' health: A systematic review. Under review with *Families, Systems, and Health*.
2. Thomas J, **Das BM**, Smith B*, Erickson N*, Soske G*, Stout *C, Wade M*. Diabetes prevention facilitator training program for undergraduate students in the health sciences. Under review with *Health Education and Behavior*.

MANUSCRIPTS (IN PROGRESS)

1. **Das BM**, Jensen JF, Johnston CM. The Healthy Housekeepers Initiative.
2. Thomas J, **Das BM**, Lutes L, Clinkenbeard S, Linford C, Woods T. Dimensions of Lifestyle Health-Related Self-Concept associated with weight and type 2 diabetes prevention intervention participation.
3. Sastre LR, McBride O*, **Das BM**. Nutrition and physical activity behaviors, barriers and lifestyle programming interests and preferences of rural, low-socioeconomic patients: Implications for addressing chronic disease disparities.
4. Sastre LR & **Das BM**. Low-Income Patients Report Interests and Barriers to Lifestyle Support: Implications for Patient Counseling and Education.
5. **Das BM** & Sastre LR. Development of a social media based healthy lifestyle interventions program. In progress.
6. Thomas J, **Das BM**, Lutes L, Clinkenbeard S, Linford CJ, Woods T. Dimensions of Lifestyle Health-Related Self-Concept associated with weight in a type 2 diabetes prevention intervention.

ABSTRACTS

1. **Das BM**, & Boscolo MS. (March 2010). Development of the Human Kinetics Knowledge Test. Poster presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance and published in proceedings. Indianapolis, Indiana.
2. **Das BM**, & Rinaldi-Miles AI. (June 2010). Exploring faculty and staff physical activity barriers at a large university. Poster presented at the annual meeting of the American College Health Association and published in proceedings. Philadelphia, Pennsylvania
3. Gharibans AA, Chen DD, Johnson CL, Guest DD, Ward CL, **Das BM**, Evans EM, Georgiadis JG. (May 2011). Using DTI to assess the effect of obesity and physical activity on muscle quality in elderly women. Paper presented at the annual meeting of the International Society for Magnetic Resonance in Medicine Meeting and published in proceedings. Montreal, Canada.
4. Chen DD, Hernando D, Johnson CL, Gharibans AA, Guest DD, Ward CL, **Das BM**, Evans EM, Georgiadis JG. (May 2011). Quantification of myocellular lipids via 1H-MR spectroscopy in elderly women: Effect of adiposity and physical activity. Paper presented at the annual meeting of the International Society for Magnetic Resonance in Medicine Meeting and published in proceedings. Montreal, Canada.
5. Chen DD, Hernando D, Johnson CL, Gharibans AA, Guest DD, Ward CL, **Das BM**, Evans EM, Georgiadis JG. (May 2011). Quantification of adipose tissue depots in the thigh with two-point Dixon imaging: Effect

- of fitness level on adiposity in elderly women. Paper presented at the annual meeting of the International Society for Magnetic Resonance in Medicine Meeting and published in proceedings. Montreal, Canada.
6. Larson RD, Guest DD, **Das BM**, Ward CL, Georgiadis J, Evans EM. (February 2012). Weight loss and exercise effects on muscle quality and physical function in older women. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Jacksonville, Florida.
 7. Straight CR, Ward CL, **Das BM**, Valentine RJ, Georgiadis J, Evans EM. (February 2012). Adiposity impacts physical function more than leg lean mass in community-dwelling older men and women. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Jacksonville, Florida.
 8. Ward CL, **Das BM**, Guest DD, Georgiadis J, Evans EM. (February 2012). Adiposity and fatigue in postmenopausal women. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Jacksonville, Florida.
 9. Larson RD, Johnson CL, Guest DD, **Das BM**, Ward CL, Chen DD, Georgiadis JG, Evans EM. (April 2012). DXA and MRI measures of tissue composition: Implications for muscle quality in older women varying in physical activity. Poster presented at the annual meeting of Experimental Biology and published in proceedings. San Diego, California.
 10. Evans EM, Larson RD, Guest DD, **Das BM**, Ward CL, Johnson CL, Chen DD, Georgiadis JG. (April 2012). Effects of weight loss on muscle quality in obese older women. Paper presented at the annual meeting of Experimental Biology and published in proceedings. San Diego, California.
 11. Evans EM, Schmidt MD, Mojtahedi MC, Guest DD, **Das BM**, Mailey EM. (April 2012). Peer led behavioral intervention and changes in weight status in female freshmen. Paper presented at the annual meeting of Experimental Biology and published in proceedings. San Diego, California.
 12. Guest DD, **Das BM**, Ward CL, Petruzzello SJ, Rogers LQ, Evans EM. (April 2012). Differential effects of physical activity and adiposity on fatigue dimensions and physical function in breast cancer survivors. Poster presented at the annual meeting the Society of Behavioral Medicine and published in proceedings. New Orleans, Louisiana.
 13. **Das BM**, & Evans EM (May 2012). Lessons learned from Project PEER: Peer Education, Exercising, and Eating Right. Poster presented at the annual meeting of the American College Health Association and published in proceedings. Chicago, Illinois.
 14. Johnson CL, Chen DD, Hernando D, Guest DD, Ward CL, **Das BM**, Evans EM, Georgiadis JG. (May 2012). Changes in muscular lipid storage after diet or exercise in elderly obese women. Paper presented at the annual meeting of the International Society for Magnetic Resonance in Medicine and published in proceedings. Melbourne, Australia.
 15. Gharibans AA, Johnson CL, Chen DD, Guest DD, Ward CL, **Das BM**, Evans EM, Georgiadis JG. (May 2012). Using DTI to assess the effect of diet or exercise in elderly obese women. Paper presented at the annual meeting of the International Society for Magnetic Resonance in Medicine and published in proceedings. Melbourne, Australia.
 16. Fedewa MV, Thorpe MP, Mojtahedi MC, Guest DD, **Das BM**, Mailey EL, Schmidt MD, Evans EM. (June 2012). Changes in physical activity and body composition in female freshmen during their first academic year. Poster presented at the annual meeting of the American College of Sports Medicine and published in proceedings. San Francisco, California.
 17. Ward CL, **Das BM**, Guest DD, Evans EM. (June 2012). Changes in self-reported fatigue in postmenopausal women induced by diet or exercise behavior change. Poster presented at the annual meeting of the American College of Sports Medicine and published in proceedings. San Francisco, California.
 18. **Das BM**, & Petruzzello SJ. (June 2012). Use and tailoring of an evidence-based physical activity behavior change program in a worksite population. Poster presented at the annual meeting of the American College of Sports Medicine and published in proceedings. San Francisco, California.
 19. Lucas JM, Schmidt MD, Thorpe MP, Mojtahedi MC, Guest DD, **Das BM**, Mailey EL, Evans EM. (June 2012). Psychosocial predictors of objectively measured sedentary and physical activity behavior among

- female college freshmen. Poster presented at the annual meeting of the American College of Sports Medicine and published in proceedings. San Francisco, California.
20. Lucas JM, Schmidt MD, **Das BM**, Evans EM. (February 2013). Agreement between self-reported and objectively-measured sitting time among college freshmen. Poster presented at the annual meeting of the Southeast American College of Sports Medicine. Greenville, South Carolina.
 21. Straight CR, **Das BM**, Guest DD, Ward CL, Valentine RJ, Evans EM. (February 2013). Adiposity influences muscle quality associations with physical function in older adults. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Greenville, South Carolina.
 22. Fedewa MV, **Das BM**, Schmidt MD, O'Connor PJ, Evans EM. (February 2013). Adiposity negatively associated with body image in freshmen students. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Greenville, South Carolina.
 23. Fedewa MV, **Das BM**, Schmidt MD, Evans EM. (April 2013). Adiposity and social physique anxiety positively associated with disordered eating behavior in first year female college students. Poster presented at the annual meeting of the University of Georgia's College of Education Graduate Research Day. Athens, Georgia.
 24. Fedewa MV, **Das BM**, Schmidt MD, Evans EM. (April 2013). Weight and width: Percent fat does not improve association between adiposity and insulin. Poster presented at the annual meeting of Experimental Biology and published in proceedings. Boston, Massachusetts.
 25. **Das BM**, Fedewa MV, McConnell WJ, Evans EM. (June 2013). American Heart Association's Life's Simple 7: Adherence in the college population. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Indianapolis, Indiana.
 26. Rinaldi-Miles AI, **Das BM**, Thomas DQ. (June 2013). Barriers to physical activity for college faculty and staff across three institutions. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Indianapolis, Indiana.
 27. Lucas JM, Schmidt MD, **Das BM**, Evans EM. (June 2013). Agreement between self-reported and objective sitting times varies by day of week among college freshmen. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Indianapolis, Indiana.
 28. Fedewa MV, **Das BM**, Schmidt MD, Evans EM. (June 2013). Fasting insulin and sedentary time in overweight and obese freshmen students: Potential bi-directional relationships. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Indianapolis, Indiana.
 29. Wilson KE, **Das BM**, Evans EM, Dishman RK. (June 2013). Behavioral approach and inhibition systems as personality correlates of physical activity in college women. Poster presented at the annual meeting of North American Society for the Psychology of Sport and Physical Activity and published in proceedings. New Orleans, Louisiana.
 30. Fedewa, MV, **Das BM**, Schmidt MD, Evans EM. (November 2013). Under the radar: The skinny on obesity in normal weight first year college women. Poster presented at the annual meeting of The Obesity Society and published in proceedings. Atlanta, Georgia.
 31. Mahar TF, Fedewa MV, Acitelli RM, Ward-Ritacco CL, **Das BM**, Schmidt MD, Evans EM. (February 2014). Physical activity influences the relationship between BMI and adiposity differentially in young and middle age women. Poster presented at the annual meeting of Southeast American College of Sports Medicine. Greenville, South Carolina.
 32. Lucas JM, Schmidt MD, **Das BM**, Evans EM. (February 2014). Sedentary behavior measurement approaches among college students. Poster presented at the annual meeting of Southeast American College of Sports Medicine. Greenville, South Carolina.
 33. Pineda, E, DuBose KD, **Das BM**, Shores K, Jilcott-Pitts SB (April 2014). Park-based physical activity among city residents with varying socioeconomic levels. Poster presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.

34. **Das BM**, Evans EM (May 2014). Understanding weight management perceptions in first-year college students using the Health Belief Model. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Orlando, Florida.
35. Fedewa MV, **Das BM**, Schmidt MD, Evans EM. (May 2014). Oral contraceptive use, adiposity, and physical activity associated with C-reactive protein in young healthy women. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Orlando, Florida.
36. Lucas JM, Schmidt MD, **Das BM**, Evans EM. (May 2014). Measures of physical activity and their associations with cardiometabolic risk in college students. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Orlando, Florida.
37. Mahar TF, Fedewa MV, Acitelli RM, **Das BM**, Schmidt MD, Evans EM. (May 2014). Race and sedentary time influence body image in female college freshmen. Poster presented at the annual meeting of American College of Sports Medicine and published in proceedings. Orlando, Florida.
38. **Das BM**. (October 2014). Logic models for public health practitioners: Discovering what works and why. Poster presented at the annual meeting of American Evaluation Association and published in proceedings. Denver, Colorado.
39. Martin TR, Warner SM, **Das BM**, McCunney D. (January 2015). Physical activity and aging service learning. Paper presented at the East Carolina University Student Success Conference. Greenville, North Carolina.
40. Warner SM, **Das BM**, Anderson A. (January 2015). The outcomes and benefits of creating healthy community on campus. Paper presented at the East Carolina University Student Success Conference. Greenville, North Carolina.
41. **Das BM**, Kakar RS. (February 2015). Examining different weight management interventions for university employees. Poster presented at the annual meeting of the Southeast American College of Sports Medicine. Jacksonville, Florida.
42. Fedewa MV, Hathaway ED, **Das BM**, Schmidt MD, Evans EM. (February 2015). Physical activity, not sedentary time, is inversely associated with insulin resistance in young healthy women. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Jacksonville, Florida.
43. DuBose KD, Pineda E, Shores K, **Das BM**, Jilcott Pitts, SB. (February 2015). Associations between park-use, preferences for park features, and physical activity among city residents varying in socioeconomic status. Poster presented at the annual meeting of the National Physical Activity Plan Congress. Washington, DC.
44. Martin T, Warner S, **Das BM**. (March 2015). Senior Games: Students' community outreach with older adults. Poster presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
45. Berg B, Warner S, & **Das BM**. (April 2015). The Use of Sport to Help US Adults Meet Physical Activity and Public Health Recommendations. Presented at the ECU's Nation Public Health Week. Greenville, NC.
46. Astarita JM, Fedewa MV, Higgins S, Hathaway ED, **Das BM**, Schmidt MD, Evans EM. (April 2015). The associations between alcohol, physical activity, and fasting insulin in college students. Poster presented at University of Georgia Center for Undergraduate Research Opportunities Symposium. Athens, Georgia.
47. Chapman VL, Keever J, **Das BM**. (April 2015). Pirates for Health: Healthy Eating, Active Living Through Health Coaching. Poster presented at East Carolina Scholar Community-Based Research Showcase. Greenville, North Carolina.
48. **Das BM**, Sartore-Baldwin MLL, Mahar MT. (May 2015). The invisible employee on the university campus: Grounds and housekeeping workers' perceptions of physical activity. Poster presented at the annual meeting of the American College of Sports Medicine. San Diego, California.
49. Rinaldi-Miles AI, **Das BM**. (May 2015). Faculty and staff barriers to worksite physical activity: A needs assessment study. Poster presented at annual meeting of the American College of Sports Medicine. San Diego, California.
50. Fedewa MV, Hathaway ED, Higgins S, **Das BM**, Forehand RL, Schmidt MD, Evans EM. (May 2015). Interactive effect of oral contraceptive use, weight status, and physical activity on C-reactive protein levels

- in young women. Poster presented at the annual meeting of the American College of Sports Medicine. San Diego, California.
51. Higgins S., Fedewa MV, Hathaway ED, **Das BM**, Schmidt MD, Evans EM. (May 2015). A sex comparison of the effects of physical activity on bone health in college aged men and women. Poster presented at the annual meeting of the American College of Sports Medicine. San Diego, California.
 52. Mahar MT, Nanney LW, **Das BM**, Raedeke TD, Vick GA, Rowe DA. (May 2015). Effects of an intervention using movement technology in a university physical activity class. Poster presented at the annual meeting of the American College of Sports Medicine. San Diego, California.
 53. Acitelli RM, Fedewa MV, **Das BM**, Evans EM. (May 2015). Associations of adiposity and physical activity on health related quality of life in college females. Poster presented at the annual meeting of the American College of Sports Medicine. San Diego, California.
 54. Warner SM, Sparvero, E, **Das BM**. (June 2015) Sport, community, and health: The benefits and repercussion. Paper presented to the annual meeting of the North American Society of Sport Management. Ottawa, Canada.
 55. Martin TR, Warner SM, **Das BM**. (June 2015). Physical activity and aging service learning. Paper presented at the annual meeting of the North American Society of Sport Management Teaching and Learning Fair. Ottawa, Canada.
 56. Evans EM, Rowe DA, **Das BM**, Fedewa MV, Schmidt MD. (June 2015). Association between breakfast eating frequency, physical activity and sedentary time in college freshmen. Paper presented at International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
 57. **Das BM**, Dlugonski D. (November 2015). Developing a logic model for a community-based walking programs for mothers. Paper presented at American Evaluation Association. Chicago, Illinois.
 58. Knight NA, **Das BM**, Raedeke TD, Mahar MT. (February 2016). Effects of a before school physical activity program on physical activity, musculoskeletal fitness, and cognitive function in third-grade children. Poster presented at the annual meeting of the Southeast American College of Sports Medicine, Greenville, South Carolina.
 59. Dlugonski D, **Das BM**. (March 2016). A brief intervention targeting collective efficacy to increase physical activity among mothers. S Poster presented to the annual meeting of the Society of Behavioral Medicine, Washington, DC.
 60. Clemmons BS, **Das BM**, Mahar MT, Schreier AM, Kemble CD. (April 2016). The nurses' physical activity study: Caring for you so you can care for others. Poster presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
 61. **Das BM**, Dlugonski D, Zwinger K, Talley A. (June 2016). Conducting a needs assessment for a worksite wellness program in Eastern North Carolina. Poster presented to the annual meeting of the American College of Sports Medicine, Boston, Massachusetts.
 62. Marlier HC, Larson AR, Rinaldi-Miles AI, **Das BM**. (June 2016). Step averages by job classification for inactive university employees. Poster presented to the annual meeting of the American College of Sports Medicine, Boston, Massachusetts.
 63. Mahar MT, Nanney LW, **Das BM**, Raedeke TD, Vick GA, Rowe DA. (June 2016). Implementation of Self-Determination Theory in college physical activity classes. Poster presented to the annual meeting of the American College of Sports Medicine, Boston, Massachusetts.
 64. Rinaldi-Miles AI, **Das BM**, Wolfe A, Marlier HC. (June 2016). "To feel better:" Motives for inactive employees to be physically active. Poster presented to the annual meeting of the American College of Sports Medicine, Boston, Massachusetts.
 65. Thomas J., **Das BM**, Clemmons B, McNamee H. (November 2016). Lifestyle health-related self-concept as a predictor of participation in physical activity. Poster presented to the annual meeting of the American Public Health Association, Denver, Colorado.
 66. **Das BM**, Zwinger KA, Dlugonski D, Raedeke TD, Mahar MT. (February 2017). Physical activity dose for affective response in active women with 5+ hours of daily sedentary time: A pilot study. Paper presented to the annual meeting of the Southeast American College of Sports Medicine. Greenville, South Carolina.

67. Swift DL, Nevels TR, Landrine H, Lavie CJ, Newton RL, **Das BM**, Vos P, Houmard JA. (March 2017). Racial differences in cardiorespiratory fitness between African Americans and Caucasians: A meta-analysis. Paper presented at the annual meeting of the American Heart Association Epidemiology and Prevention, Portland, Oregon.
68. Robertson KH & **Das BM**, Effectiveness of food logging methods amongst women with a family history of diabetes. (April 2017). Poster presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
69. Wofford RJ & **Das BM**. (April 2017). The Five-Factor Model of personality and its relation to physical activity type. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
70. Halloran TM & **Das BM**. (April 2017). The impact of a workplace wellness program on employees in a university setting. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
71. DiFranco S & **Das BM**. (April 2017). Truck drivers' physical activity levels and their health. Poster presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
72. **Das BM**, Adams BC, Kemble CD, Schreier AM, Mahar MT. (May 2017). Nurses' physical activity study: Caring for you so you can care for others. Poster presented at the annual meeting of the American College of Sports Medicine, Denver, Colorado.
73. Rinaldi-Miles AI, **Das BM**, Singh R. (May 2017). Testing intentions: Evaluating the effectiveness of implementation intentions in a pedometer-based worksite intervention. Poster presented at the annual meeting of the American College of Sports Medicine, Denver, Colorado.
74. Sartore-Baldwin ML, Baker J., Schwab L., Crenshaw JT, D'Amico, MC, **Das BM**, & Mahar MT. (May 2017). Effects of a dog walking intervention on a university campus: A pilot study. Poster presented at the annual meeting of the American College of Sports Medicine, Denver, Colorado.
75. **Das BM**, Winterbauer N. Tant R, Mansfield J. (September 2017). Do you hear what we're saying?: A multi-partner community engagement project for health improvement. Paper presented at the annual meeting of the North Carolina Public Health Association. Asheville, North Carolina.
76. Winterbauer N. **Das BM**, Tant R, Mansfield J. (November 2017). Learning to listen: A county health partnership engages with "the community" for health improvement. Paper presented at the annual meeting of the American Public Health Association. Atlanta, Georgia.
77. Winterbauer NL, **Das BM**, Marino L. (February 2018). The West Greenville Health Council: Lessons learned in establishing a community-academic partnership to address health disparities in West Greenville. Poster presented at the 2018 Jean Elaine Mills Health Symposium. East Carolina University, Greenville, North Carolina.
78. Frederick GM, Fedewa MV, **Das BM**, Rees-Punia E, McConnell WJ, Schmidt MD, Evans EM. (February 2018). Association of physical activity and sedentary time on sleep quality in first-year college females. Poster presented to the annual meeting of the Southeast American College of Sports Medicine. Chattanooga, Tennessee.
79. Amin K, **Das BM**. (March 2018). A Lifestyle Intervention for Breast Cancer Patients of South Asian Descent. Poster presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
80. Fellows, JG, **Das BM**. (March 2018). Pilot study examining the impact of a physical activity intervention on cognition for older adults with type 2 diabetes. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
81. Thomas J, **Das BM**, Lutes LD, Clinkenbeard S, Linford CJ, Woods T. (April 2018). Dimensions of Lifestyle Health-Related Self-Concept associated with weight in a Type 2 Diabetes prevention intervention. Paper presented at the annual meeting of the Society of Behavioral Medicine. New Orleans, Louisiana.
82. Marino L, Guest K, **Das BM**, Winterbauer NL. (April 2018). Developing the West Greenville Health Council: Establishing a community-academic partnership to address health disparities. Poster presented to

- the University of North Carolina, Wilmington, College of Health and Human Services, Research and Innovation Day 2018. Wilmington, North Carolina.
83. **Das BM**, DuBose KD, Peyton AS. (June 2018). The role healthcare providers' physical activity levels have on barriers to physical activity counseling. Poster presented at the annual meeting of the American College of Sports Medicine. Minneapolis, Minnesota.
 84. Sartore-Baldwin ML, Schwab LM, **Das BM**, DuBose KD. (June 2018). Physical activity levels of students walking shelter dogs in a fitness walking course: A pilot study. Poster presented at the annual meeting of the American College of Sports Medicine. Minneapolis, Minnesota.
 85. Rinaldi-Miles AI, **Das BM**, Singh Kakar R. (June 2018). Enhancing goal achievement: Do implementation intentions influence goal achievement in a worksite pedometer program? Poster presented at the annual meeting of the American College of Sports Medicine. Minneapolis, Minnesota.
 86. Frederick GM, Fedewa MV, **Das BM**, McConnell WJ, Hathaway ED, Salyer RE, Higgins S, Schmidt MD, Evans EM. (June 2018). Waist circumference influences associations between physical activity and metabolic syndrome risk in college-aged females. Poster presented at the annual meeting of the American College of Sports Medicine. Minneapolis, Minnesota.
 87. Larkins CS, **Das BM**. (March 2019). Clean up your health intervention – Healthy Housekeepers Phase Two Social Media Intervention. Poster presented at the annual meeting of East Carolina University's Department of Kinesiology's Research Opportunities Program's Symposium. Greenville, North Carolina.
 88. Holsinger JR, **Das BM**. (March 2019). Law enforcement and firefighters physical activity study. Paper presented at the annual meeting of East Carolina University's Department of Kinesiology's Research Opportunities Program's Symposium. Greenville, North Carolina.
 89. Kautz SE, **Das BM**. (March 2019). The LAST Study: Leisure-Time Adaptive Step Tracking Study. Poster presented at the annual meeting of East Carolina University's Department of Kinesiology's Research Opportunities Program's Symposium. Greenville, North Carolina.
 90. Gold AW, **Das BM**. (March 2019). Impact of a course-based physical activity program on college students' mental health. Poster presented at the annual meeting of East Carolina University's Department of Kinesiology's Research Opportunities Program's Symposium. Greenville, North Carolina.
 91. Larkins CS, **Das BM**. (April 2019). Clean up your health intervention – Healthy Housekeepers Phase Two Social Media Intervention. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
 92. Holsinger JR, **Das BM**. (April 2019). Law enforcement and firefighters physical activity study. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
 93. Kautz SE, **Das BM**. (April 2019). The LAST Study: Leisure-Time Adaptive Step Tracking Study. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
 94. Amin K, **Das BM**. (April 2019). South Asian Cancer Cross-Sectional Study. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
 95. Gold AW, **Das BM**. (April 2019). Impact of a course-based physical activity program on college students' mental health. Paper presented at the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
 96. Kautz SE, **Das BM**. (April 2019). The LAST Study: Leisure-Time Adaptive Step Tracking Study. Poster presented at the annual meeting of East Carolina University's National Public Health Week. Greenville, North Carolina.
 97. Sartore-Baldwin ML, Altman SR, **Das BM**, Whaley MR. (April 2019). College students and shelter dogs: The impact of a collaborative physical activity program on human and canine participants. Poster presented at the annual meeting of The Humane Society of the United States. New Orleans, Louisiana.
 98. **Das BM**, Halloran TM, Kemble CD, Sartore-Baldwin MS, Dubose KD. (May 2019). The impact of a workplace wellness program on employees in a university setting. Poster presented at the annual meeting of the American College of Sports Medicine. Orlando, Florida.

99. Sartore-Baldwin, **Das BM**, Altman SA. (May 2019) The experiences of college students enrolled in a fitness walking class with shelter dogs. Poster presented at the annual meeting of the American College of Sports Medicine. Orlando, Florida.
100. Rinaldi-Miles, AI, Miller A, von Schaumburg L, **Das BM**. (May 2019) Monitor type: Participant evaluations of two types of activity tracking devices during a walking intervention. Poster presented at the annual meeting of the American College of Sports Medicine. Orlando, Florida.
101. Frederick GM, **Das BM**, Fedewa MV, Reed RM, Salyer RE, Schmidt MD, Evans EM. (May 2019). Physical activity influences the relationship between BMI and adiposity differently in college males and females. Poster presented at the annual meeting of the American College of Sports Medicine. Orlando, Florida.
102. **Das BM**, Porterfield D, Donahue K. (May 2019) Clinic to community: Perspective from primary care, preventive care, and public health. Paper submitted to the annual meeting of the American College of Sports Medicine. Orlando, Florida (not accepted).
103. McBride O, Schneider E, **Das BM**, Sastre L. (October 2019) In Person, Online or Social Media? Preferences of Low-Income Patients for Nutrition and Physical Activity Programming within Community Clinic. Poster presented to the annual meeting of Food and Nutrition Conference and Expo, Annual Meeting. Philadelphia, Pennsylvania.
104. Gold AW, Cohen SL, **Das BM**. (February 2020). Impact of a course-based physical activity program on college students' mental health. Poster presented to the annual meeting of Southeast American College of Sports Medicine. Jacksonville, Florida.
105. Holsinger JR, **Das BM**. (February 2020). Law enforcement and firefighters physical activity study. Poster presented to the annual meeting of Southeast American College of Sports Medicine. Jacksonville, Florida.
106. Calabria CB, Estorge BJ, **Das BM**, Sastre LR. (February 2020). LIFT-Off: A social-media delivered lifestyle intervention focusing on rural, low-socioeconomic patients. Poster presented to the Eastern Area Health Education Center Rural Health Symposium.
107. Christensen T, Darkenwald T, **Das BM**, Godwin W, Hodge E, Weckesser G. (March 2020). Something wicked this way comes: Solving the world's wicked problems. Paper submitted to the annual meeting of VentureWell. Salt Lake City, Utah (not accepted)
108. Stroud B, **Das BM**, Sastre LR. (March 2020). Rural, low-income patients' nutrition and physical activity behaviors and interest in support from a nutritionist or personal trainer. Poster presented to the annual meeting of the North Carolina Academy of Nutrition and Dietetics.
109. Gold AW, Cohen SL, **Das BM**. (March 2020). Impact of a course-based physical activity program on college students' mental health. Paper accepted to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. **Cancelled due to COVID-19
110. Holsinger JR, **Das BM**. (March 2020). Law enforcement and firefighters physical activity study. Paper accepted to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. **Cancelled due to COVID-19
111. Kern ZG, **Das BM** (March 2020). The impact of Senior Games participation on the health of older adults. Paper accepted to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. **Cancelled due to COVID-19
112. Maloney BP, **Das BM** (March 2020). The impact of healthcare providers' prescription of physical activity on cancer survivors' physical activity levels. Paper accepted to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. **Cancelled due to COVID-19
113. Kautz SE, **Das BM** (April 2020). LAST Study: Leisure activity step tracking study. Paper accepted to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. **Cancelled due to COVID-19
114. Larkins CS, **Das BM** (April 2020). Blue collar workers: Examining the relationship between physical activity and occupational health. Paper accepted to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. **Cancelled due to COVID-19

115. Prentis CM, Verk SL, Sastre LR, **Das BM**. (April 2020). Project LIFT-Off: Development of physical activity resources. Poster accepted to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. **Cancelled due to COVID-19
116. Smith A, Williams ER, **Das BM**, Fedewa MV, Evans EM, Higgins S. (May 2020). Sex-specific correlates of metabolic syndrome risk in college students. Poster accepted to the annual meeting of the American College of Sports Medicine. San Francisco, California. **Cancelled due to COVID-19
117. Rinaldi-Miles AI, **Das BM**, Miller A. (May 2020). Low tech or high tech: How does types of engagement with an activity monitor influence physical activity? Poster accepted to the annual meeting of the American College of Sports Medicine. San Francisco, California. **Cancelled due to COVID-19
118. Sartore-Baldwin MS, **Das BM**. (May 2020). Impact of a dog walking course on college students' physical activity. Poster accepted to the annual meeting of the American College of Sports Medicine. San Francisco, California. **Cancelled due to COVID-19
119. Rinaldi-Miles AI, Czerwinski AG, **Das BM**. (May 2020). Does current activity status impact goal recommendation adherence in a worksite walking intervention? Poster accepted to the annual meeting of the American College of Sports Medicine. San Francisco, California. **Cancelled due to COVID-19
120. **Das BM**, McBride O, Sastre LR. (May 2020). Low socio-economic patients' preferences for lifestyle interventions: A qualitative analysis. Poster accepted to the annual meeting of the American College of Sports Medicine. San Francisco, California. **Cancelled due to COVID-19
121. Sartore-Baldwin ML, **Das BM**. (May 2020). Development of a logic model for a service learning, dog walking course for college students. Poster accepted to the annual meeting of The Humane Society of the United States. San Antonio, Texas. **Cancelled due to COVID-19
122. Estorge BJ, Calabria CB, **Das BM**, Sastre LR. (November 2020). LIFT-OFF: A social media delivered lifestyle intervention. Poster presented to the annual meeting of the American Public Health Association. San Francisco, California. Virtual due to COVID-19.
123. Calabria CB, Estorge, BJ, **Das BM**, Sastre LR. (November 2020). Acceptability of culinary support within a social media delivered intensive lifestyle intervention among rural individuals. Poster presented at the annual meeting of the American Public Health Association, San Francisco. Virtual due to COVID-19.
124. Schmitt A, Walker Carmen, Long L, **Das BM**. (November 2020). The impacts of the COVID-19 pandemic on Honors College students' experiences. Poster presented to State of North Carolina Undergraduate Research and Creativity Symposium. Greenville, North Carolina. Virtual due to COVID-19.
125. Christensen T, Hodge E, **Das BM**, Godwin WW, Weckesser G, Fraley T. (November 2020). Learning in chaos: Student driven impact. Symposium submitted to the annual meeting of the National Collegiate Honors Council meeting. Dallas, Texas. (not accepted).
126. Estorge BJ, **Das BM**, Sastre LR. (April 2021). Acceptability of the adapted Centers for Disease Control and Prevention Diabetes Prevention Program (DPP) educational resources for a social media delivered e-health lifestyle intervention. Poster presented to the annual meeting of the Society of Public Health Education. Virtual due to COVID-19.
127. Calabria CB, **Das BM**, Sastre LR. (April 2021). Acceptability of culinary support within a social media delivered intensive lifestyle intervention among rural individuals. Poster presented to the annual meeting of the Society of Public Health Education. Virtual due to COVID-19.
128. Calabria CB, **Das BM**, Sastre LR. (March 2021). Acceptability of culinary support within a social media delivered intensive lifestyle intervention among rural individuals. Paper presented to the annual meeting of the North Carolina Academy of Nutrition and Dietetics. Virtual due to COVID-19.
129. White TI, **Das BM**. (February 2021). Comparison of online versus face-to-face physical activity interventions on undergraduates' autonomy and physical activity levels. Poster presented to the annual meeting of Southeast American College of Sports Medicine. Virtual due to COVID-19.
130. Christensen T, Darkenwald T, **Das BM**, Godwin W, Hodge E, Weckesser G. (March 2021). Ground up! Leveraging a 1st year Honors curriculum to create a cohort of multi-disciplinary entrepreneurs. Paper submitted to the annual meeting of VentureWell. (not accepted)

131. Maloney BR, **Das BM.** (April 2021). The impact of healthcare providers' prescription of physical activity on cancer survivors' physical activity levels, Paper presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. Virtual due to COVID-19.
132. White TI, **Das BM.** (April 2021). Comparison of online versus face-to-face physical activity interventions on undergraduates' autonomy and physical activity levels, Paper presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. Virtual due to COVID-19.
133. Dunn M, **Das BM.** (April 2021). The impact of race on perception of body image in college age females, Paper presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina. Virtual due to COVID-19.
134. Warren LB, Riddick-Cherry I, **Das BM.,** Carwein C. (July 2021). UterUS: Changing the perception of menstrual health on college campuses. Paper presented to the 2021 Summer Undergraduate Research Symposium at East Carolina University. Greenville, North Carolina. Virtual due to COVID-19.
135. Dunn M, **Das BM.** (February 2022). The impact of race on perception of body image in college age females. Poster presented to the annual meeting of Southeast American College of Sports Medicine. Greenville, South Carolina.
136. White TI, **Das BM.** (February 2022). Comparison of traditional versus non-traditional distance education students' motives for engaging in physical activity. Poster presented to the annual meeting of Southeast American College of Sports Medicine. Greenville, South Carolina.
137. Simpson K, **Das BM.** (March 2022). Soul Food study: Sistas Fighting Overweight and Obesity Diseases. Paper accepted to the annual meeting of Carolinas' Exercise Science and Kinesiology Research Symposium. Charlotte, North Carolina. Virtual due to COVID-19.
138. Dunn M, **Das BM.** (April 2022). The impact of race on perception of body image in college age females. Paper presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
139. Simpson K, **Das BM.** (April 2022). Soul Food study: Sistas Fighting Overweight and Obesity Diseases. Paper presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
140. Somma K, **Das BM.** (April 2022). Needs assessment for a physical activity intervention for caregivers. Poster presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
141. White TI, **Das BM.** (April 2022). Comparison of traditional versus non-traditional distance education students' motives for engaging in physical activity. Paper presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
142. Williams B, **Das BM.** (April 2022). Effects of gender stereotypes on club sport participation. Poster presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
143. Riddick-Cherry I, Warren LB, **Das BM.,** Carwein C. (April 2022). UterUS: Changing the perception of menstrual health on college campuses. Poster presented to the annual meeting of East Carolina University's Research and Creative Awards Week. Greenville, North Carolina.
144. Thomas JT, **Das BM.** (April 2022). Diabetes prevention interventionist training program for pre-professional students in the health sciences. Paper presented to the annual meeting of the Society of Behavioral Medicine. Baltimore, Maryland.
145. **Das BM.** (June 2022). Using logic models for physical activity promotion. Paper submitted to the annual meeting of the American College of Sports Medicine. San Diego, California. (not accepted)
146. **Das BM,** Worley J. (June 2022). Law enforcement and firefighter physical activity study. Poster presented to the annual meeting of the American College of Sports Medicine. San Diego, California.
147. Dunn M, **Das BM.** (June 2022). The impact of race on perception of body image in college age females. Poster accepted to the annual meeting of the American College of Sports Medicine. San Diego, California.

148. White TI, **Das BM**. (June 2022). Comparison of traditional versus non-traditional distance education students' motives for engaging in physical activity. Poster presented to the annual meeting of the American College of Sports Medicine. San Diego, California.
149. Thomas JT, **Das BM**, Mistica Ay, Soske G, Hankenson A, King A, Olin H, Schiewe M, Stout C, Switzer M, McKinzie W. (April 2023). Examining the feasibility and acceptability of student-led type 2 diabetes prevention interventions. Paper submitted to the annual meeting of the Society of Behavioral Medicine. Phoenix, Arizona.
150. **Das BM**. (June 2023). Using logic models for physical activity promotion. Paper submitted to the annual meeting of the American College of Sports Medicine. Denver, Colorado (not accepted).

PROFESSIONAL PRESENTATIONS

TUTORIALS AND SYMPOSIUMS

1. **Das BM**, Boscolo MS. (March 2010). Why healthy kids are the business of businesses. Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance. Indianapolis, Indiana.
2. Zhu W, Boiarskaia E, Boscolo MS, **Das BM**. (March 2010). “ $p<0.05$ ” abuse, consequences, and alternatives. Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance. Indianapolis, Indiana.
3. Boscolo, MS, **Das BM**. (March 2010). “Practical significance.” That is what we should care about. Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance. Indianapolis, Indiana.
4. **Das BM**, Evans EM. (February 2012). Prove it-translate it-sustain it. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Jacksonville, Florida.
5. **Das BM**, Fedewa MV, Evans EM (February 2013). The freshman 15: Fallacies, findings, factors, and fixes. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Greenville, South Carolina.
6. Dlugonski D, **Das BM**. (February 2015). Mixed methods research and physical activity promotion. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Jacksonville, Florida.
7. **Das BM**, Dlugonski D. (February 2016). Community-based physical activity research: Opportunities and challenges. Paper presented at the annual meeting of the Southeast American College of Sports Medicine. Greenville, South Carolina.
8. DuBose KD, **Das BM**. (February 2017). Be active to get GRITy. Paper presented at the East Carolina University Student Success Conference. Greenville, North Carolina.
9. Burbank K, Chaulk-Pikula T, Griffith M, McNamee H, Stonier K, Woods T, **Das BM**, Thomas, J. (April 2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. Paper presented at the Western Institute of Nursing Research Conference, Denver, Colorado.
10. Burbank K, Chaulk-Pikula T, Griffith M, McNamee H, Stonier K, Woods T, **Das BM**, Thomas, J. (April 2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. Paper presented at the College of Health Sciences Research Day, University of Wyoming, Laramie, Wyoming.
11. **Das BM**, Walker C, Hodge E, Christensen T, Weckesser G. (October 2021). Engaging honors students in honors research. Paper presented at National Collegiate Honors Council Annual Conference, Orlando, Florida.
12. Hodge E, **Das BM**, Jennette M, Thomas P. (October 2021). Honors college curriculum potential pitfalls and pivots post-pandemic. Paper presented at National Collegiate Honors Council Annual Conference, Orlando, Florida.
13. Rubio C, Dotter A, Hodge E, Godwin W, Weckesser Ga, **Das BM**, Christensen T. (October 2022). Creating and fostering student engagement within an honors community. Paper presented to the National Collegiate Honors Council Annual Conference, Dallas, Texas.
14. Aguinaga S & **Das BM**. (June 2023). Moving beyond the ivory tower – Engaging communities in

community-based research. Paper Accepted to the American College of Sports Medicine Annual Conference, Denver, Colorado.

INVITED PRESENTATIONS

1. **Das BM.** (May 2006). Physical activity for everybody. Illinois State Employees' Lunch and Learn. Springfield, Illinois.
2. **Das BM.** (October 2006). Engaging aging populations in physical activity. Fall 2006 Certificate Program in Geriatrics for Non-Physicians. Galesburg, Illinois.
3. **Das BM.** (October 2006). Why should college students care about physical activity? 2006 Illinois Intramural Recreation Sports Association Annual Meeting. Chicago, Illinois.
4. **Das BM.** (March 2007). Importance of physical education in promoting physical activity. Annual Southern Illinois Physical Education and Health Conference. Carbondale, Illinois.
5. **Das BM.** (April 2007). Engaging aging populations in physical activity. Spring 2007 Certificate Program in Geriatrics for Non-Physicians. Fairview Heights, Illinois.
6. **Das BM.** (May 2007). Physical activity for individuals with disabilities. 2007 Illinois Rehabilitation Association Conference. Zion, Illinois.
7. **Das BM.** (September 2007). Health education in practice. University of Illinois, Springfield. Springfield, Illinois.
8. **Das BM.** (February 2008). Active Living Every Day for people with arthritis. Centers for Disease Control and Prevention. Atlanta, Georgia.
9. **Das BM.** (June 2008). Active Living Every Day: An evidence-based intervention for physical activity promotion. Illinois Department of Public Health. Springfield, Illinois.
10. **Das BM.** (September 2008). Wellness through the lifetime. Millikin University. Decatur, Illinois.
11. **Das BM.** (September 2008). Health education in practice. University of Illinois, Springfield. Springfield, Illinois.
12. **Das BM.** (November 2008). Evidence-based programs: Choose and use what works. Fourth Annual Northeast Regional Childhood Wellness Meeting. Wilkes-Barre, Pennsylvania.
13. **Das BM.** (December 2008). Active Living Every Day for people with arthritis. 2008 Illinois' Governor's Conference on Aging. Chicago, Illinois.
14. **Das BM.** (November 2009). Wellness through the lifetime. Millikin University. Decatur, Illinois.
15. **Das BM.** (April 2010). Wellness through the lifetime. Millikin University, Decatur, Illinois.
16. **Das BM.** (April 2010). Using qualitative research in physical activity. University of Illinois. Urbana, Illinois.
17. **Das BM.** (May 2011). The Active Living Every Day Program at the Champaign-Urbana Mass Transit District. Champaign-Urbana Mass Transit District. Urbana, Illinois.
18. **Das BM.** (April 2012). Public health for the exercise scientist. University of Georgia. Athens, Georgia.
19. **Das BM.** (October 2012). Introduction to body composition and metabolism. University of Georgia. Athens, Georgia.
20. **Das BM.** (November 2012). Public health for the exercise scientist. University of Georgia. Athens, Georgia.
21. **Das BM.,** Wilson KE, Evans, EM. (April 2013). POWER Dawgs and what we learned about college freshmen. University of Georgia Health Center. Athens, Georgia.
22. **Das BM.** (April 2013). Public health for the exercise scientist. University of Georgia. Athens, Georgia.
23. **Das BM.** (November 2013). College of Applied Health Sciences's PhD Recruitment Day. University of Illinois. Urbana, Illinois.
24. **Das BM.** (March 2014). Careers in public health and corporate wellness. East Carolina University. Greenville, North Carolina.
25. **Das BM.** (March 2014). Exercise is medicine: Physicians should prescribe it, patients should take it! Brody School of Medicine, East Carolina University. Greenville, North Carolina.

26. **Das BM.** (May 2014). Identifying and overcoming physical activity barriers. Greenville Utilities Company's Couch to 5K Program. Greenville, North Carolina.
27. **Das BM.** (September 2014). Using logic models in public health practice. East Carolina University. Greenville, North Carolina.
28. **Das BM.** (September 2014). Identifying and overcoming physical activity barriers in older adults. Lifelong Learning Program. Greenville, North Carolina.
29. **Das BM.** (October 2014). Overcoming sedentary behaviors: Tips and tools for the office worker. University of Illinois Caffeine Breaks Program. Urbana, Illinois.
30. **Das BM.** (November 2014). Worksite wellness. East Carolina University. Greenville, North Carolina.
31. **Das BM.** (April 2015). Behavioral interventions for obesity treatment. East Carolina University. Greenville, North Carolina.
32. **Das BM.** (December 2015). Graduate school opportunities. East Carolina University. Greenville, North Carolina.
33. **Das BM.** (February 2016). Identifying and overcoming physical activity barriers in older adults. Lifelong Learning Program. Greenville, North Carolina.
34. **Das BM.** (February 2016). Career opportunities using your Masters in Public Health. University of Illinois College of Applied Health Science. Urbana, Illinois.
35. **Das BM.** (April 2016). Sport, physical activity, and public health. East Carolina University. Greenville, North Carolina.
36. **Das BM.** (July 2016). Diabetes prevention programs: Putting the pieces together. Eastern Area Health Education Center. Greenville, North Carolina.
37. **Das BM.** (September 2016). Community engagement: Bridging research to practice. Undergraduate Public Health Research Collaboration. Elon University. Elon, North Carolina.
38. **Das BM.** (October 2016). Community-based interventions: Research to practice. East Carolina University. Greenville, North Carolina.
39. **Das BM.** (November 2016). Worksite wellness. East Carolina University. Greenville, North Carolina.
40. **Das BM & Winterbauer N.** (January 2017). West Greenville health council: Formative evaluation. Pitt County Health Department. Greenville, North Carolina.
41. **Das BM.** (January 2017). Graduate school opportunities. East Carolina University. Greenville, North Carolina.
42. **Das BM.** (March 2017). Aging: Challenging the natural process of aging through the use of exercise and socialization. Pitt County Elder Abuse Collaborative. Greenville, North Carolina.
43. **Das BM.** (March 2017). Putting tools into your professional toolbox: Finding success as a Health Fitness Specialist major. East Carolina University. Greenville, North Carolina.
44. **Das BM.** (April 2017). Sport, physical activity, and public health. East Carolina University. Greenville, North Carolina.
45. **Das BM.** (April 2017). Physical activity and public health. East Carolina University. Greenville, North Carolina.
46. **Thomas J, Das BM.** Lifestyle health-related self-concept in the context of a lifestyle intervention. (April 2017). Paper presented at the Fay W. Whitney School of Nursing Scholarship Day, Laramie, WY.
47. **Das BM & Winterbauer N.** (June 2017). West Greenville health council: Formative evaluation. Pitt Partners for Health. Grifton, North Carolina.
48. **Das BM.** (June 2017). Type 2 diabetes and you. Men's Health Fair for the Gorham Intergenerational Community Center. Greenville, North Carolina.
49. **Das BM.** (July 2017). Physical activity promotion: Bridging the gap between research and practice. East Carolina University. Greenville, North Carolina.
50. **Das BM.** (October 2017). Worksite wellness programming in a university setting. National Consortium for Building Healthy Academic Communities. Columbus, Ohio.
51. **Das BM.** (October 2017). Community-based interventions: Research to practice. East Carolina University. Greenville, North Carolina.

52. **Das BM.** (October 2017). Thinking of graduate school opportunities as an underclassman. East Carolina University. Greenville, North Carolina.
53. **Das BM.** (October 2017). Graduate school opportunities. East Carolina University. Greenville, North Carolina.
54. **Das BM.** (March 2018). Thinking of graduate school opportunities as an underclassman. East Carolina University. Greenville, North Carolina.
55. **Das BM.** (March 2018). Graduate school opportunities. East Carolina University. Greenville, North Carolina.
56. **Das BM.** (April 2018). Civic-minded teaching: Designing quality learning experiences and deliberative scholarship in kinesiology. East Carolina University. Greenville, North Carolina.
57. **Das BM.** (August 2018). (Somewhat) new and exemplary ECU faculty. East Carolina University's New Faculty Orientation. Greenville, North Carolina.
58. McDonald S & **Das BM.** (October 2018). Employee Well-Being: How Tos and Takeaways from Two Successful Programs. College and University Professional Association for Human Resources. Knoxville, Tennessee.
59. **Das BM.** (October 2018). Worksite wellness. East Carolina University. Greenville, North Carolina.
60. **Das BM.** (February 2019). The Healthy Housekeepers Initiative: Diversity and Inclusion Research and Scholarship Program. East Carolina University. Greenville, North Carolina.
61. **Das BM.** (March 2019). Engaging university faculty and staff in wellness promotion. Making the Grade in Worksite Wellness Conference. Winston-Salem, North Carolina.
62. **Das BM.** (April 2019). Using technology in physical activity promotion. East Carolina University. Greenville, North Carolina.
63. **Das BM.** (November 2019). Using technology in physical activity promotion. East Carolina University. Greenville, North Carolina.
64. **Das BM.** (January 2020). Graduate school opportunities. East Carolina University. Greenville, North Carolina.
65. **Das BM.** (March 2020). Use of social media to promote healthy behaviors and lifestyles. Duke Informatics Research Seminar Series. Greenville, North Carolina. (virtually)
66. **Das BM.** (August 2020). Physical activity promotion: Bridging the gap between research and practice. East Carolina University. Greenville, North Carolina.
67. **Das BM.** (October 2020). Community-based research: Bridging research to practice. Appalachian State University. Boone, North Carolina (virtually).
68. **Das BM.** (October 2020). Being the architect of your educational journey. East Carolina University. Greenville, North Carolina (virtually).
69. **Das BM.** (January 2021). Bridging the gap between research and practice in underserved populations. American College of Sports Medicine's Brown Bag Series in Science. (virtually)
70. **Das BM.** (February 2021). Physical activity promotion in underserved populations. Elon University. (virtually)
71. **Das BM.** (February 2021). Women's health: What we know & what we should do. Junior League of Greenville General Monthly Membership Meeting. (virtually)
72. **Das BM.** (February 2021). Balancing teaching, research, and service. East Carolina University. Greenville, North Carolina. (virtually)
73. **Das BM.** (March 2021). Designing effective physical activity interventions. East Carolina University. Greenville, North Carolina. (virtually)
74. **Das BM.** (September 2021). Physical activity promotion: Bridging the gap between research and practice. East Carolina University. Greenville, North Carolina.
75. **Das BM.** (October 2021). Graduate school opportunities for HFS declared students. East Carolina University. Greenville, North Carolina.
76. **Das BM.** (October 2021). Graduate school opportunities. East Carolina University. Greenville, North Carolina

77. **Das BM.** (October 2021). Representation of South Asians in media. East Carolina University. Greenville, North Carolina
78. **Das BM.** (December 2021). Physical activity promotion for the nutrition & dietetics professional. North Carolina Academy of Nutrition and Dietetics Regional Meeting. (virtually)
79. **Das BM.** (January 2022). Nurses' physical activity exploratory study: Caring for you so you can care for others. Learn at Work Webinar. (virtually)
80. **Das BM & Kautz S** (February 2022). Exercise is Medicine: Physicians should prescribe it, patients should take it! Medserve Regional Conference. Greenville, North Carolina
81. **Das BM.** (March 2022). Being the architect of your educational journey. East Carolina University. Greenville, North Carolina.
82. **Das BM** (March 2022). Women in leadership. East Carolina University's Chancellors' Student Leadership Academy. Greenville, North Carolina
83. **Das BM.** (April 2022). Promoting physical activity for quality of life. East Carolina University's RISE Program. Greenville, North Carolina.
84. **Das BM.** (April 2022). Balancing teaching, research, and service. East Carolina University. Greenville, North Carolina.
85. **Das BM.** (October 2022). Designing effective physical activity interventions. East Carolina University. Greenville, North Carolina. (virtually)
86. **Das BM.** (October 2022). Representation of South Asians in media. East Carolina University. Greenville, North Carolina
87. **Das BM.** (November 2022). Being the architect of your educational journey. East Carolina University. Greenville, North Carolina.
88. **Das BM.** (September 2022). Physical activity promotion: Bridging the gap between research and practice. East Carolina University. Greenville, North Carolina.

THESIS COMMITTEE SERVICE

Chair

1. Kristen Zwinger, Physical activity dose for psychological well-being in sedentary occupations. December 2015, Department of Kinesiology, East Carolina University.
2. Allie Sneed, Healthcare providers' barriers to prescribing physical activity as medicine in comparison to their own physical activity level. May 2016, Department of Kinesiology, East Carolina University.
3. Brianna Clemmons, The nurses' physical activity study: caring for you so you can care for others. May 2016, Department of Kinesiology, East Carolina University.
4. Thomas Halloran, The impact of a workplace wellness program on university employees. May 2017, Department of Kinesiology, East Carolina University.
5. Ralph "Jeremiah" Wofford, The Five-Factor Model of Personality and physical activity adherence. May 2017, Department of Kinesiology, East Carolina University.
6. Anna Gold, Impact of a course-based physical activity program on college students' mental health, May 2020, Department of Kinesiology, East Carolina University.
7. Jourdyn Holsinger, Law enforcement and firefighters physical activity study, May 2020, Department of Kinesiology, East Carolina University.
8. Brian Maloney, The impact of healthcare providers' prescription of physical activity on cancer survivors' physical activity levels, May 2021, Department of Kinesiology, East Carolina University.
9. T. Isaac White, Comparison of online versus face-to-face physical activity interventions on undergraduates' autonomy and physical activity levels, May 2022, Department of Kinesiology, East Carolina University.
10. Monica Dunn, The impact of race on perception of body image in college age females, May 2022, Department of Kinesiology, East Carolina University.

Member

1. Emily Pineda, Association of park-use, preferences of park features, and physical activity among city residents varying in socioeconomic status. August 2014, Department of Kinesiology, East Carolina University.
2. Adrian “Doug” Lloyd, Relationships among measures of strength and power and health outcomes in youth. August 2014, Department of Kinesiology, East Carolina University.
3. Lindsey Nanney, Self-Determination Theory and movement technology in college physical activity classes. August 2014, Department of Kinesiology, East Carolina University.
4. Lauren Peterson, The effect of functional exercise training on physical function assessed using the functional movement screen in middle-aged postmenopausal women. August 2014, Department of Kinesiology, University of Georgia.
5. Noelle Knight, Effects of a before school physical activity program on physical activity, musculoskeletal fitness, and cognitive function. May 2015, Department of Kinesiology, East Carolina University.
6. Sara Dover, Association between objectively measured physical activity and mental health. May 2015, Department of Kinesiology, East Carolina University.
7. Tyara Nevels, Racial differences in cardiorespiratory fitness between African-Americans and Caucasians. May 2016, Department of Kinesiology, East Carolina University.
8. Mary-Metta Baker, Social support and its effect on motherhood physical activity. May 2016, Department of Kinesiology, East Carolina University.
9. Dominique Jones, The effects of maternal exercise type on infant heart measures. May 2016, Department of Kinesiology, East Carolina University.
10. Olivia “Abby” Edwards. The impact of three different physical activity recommendations on physical activity. May 2017, Department of Kinesiology, East Carolina University.
11. Alexander Babineau, The influence of race on gestational exercise and birth outcomes. May 2018, Department of Kinesiology, East Carolina University.
12. John Stein, The effects of exercise intensity on non-exercise physical activity. May 2020, Department of Kinesiology, East Carolina University.
13. Allison Bartlett, The effects of weight loss and exercise on quality of life, May 2021, Department of Kinesiology, East Carolina University.
14. Tyler Brown, The effects of weight loss and exercise on 10-year and Lifetime ASCVD Risk, May 2022, Department of Kinesiology, East Carolina University.
15. Taylor Schneider, Influence of gestational exercise on infant cardiac functions, December 2022 graduation anticipated, Department of Kinesiology, East Carolina University.
16. D’Nia Freeman, The influence of exercise on racial disparities in pregnancy outcomes of African-American women, December 2022 graduation anticipated, Department of Kinesiology, East Carolina University.
17. Jordan Harris, An exploration of the career trajectory, experiences and satisfaction of Registered Dietitian Nutritionists (RDNs) who hold the Certified Specialist in Sports Dietetics (CSSD) credential, May 2022 graduation anticipated, Department of Nutrition, East Carolina University.
18. Camila Calabria, LIFT OFF to 2020: Development of a social media, culinary focused nutrition education intervention targeting low-income, rural patients. May 2023 graduation anticipated, Department of Nutrition, East Carolina University.

DISSERTATION COMMITTEE SERVICE

Member

1. Chelsey Solar, Use of internet delivered, self-help weight loss interventions. May 2018, Department of Psychology, East Carolina University.
2. Jennifer Selensky, Impact of exposure to popular media forms on internalized weight bias. August 2019, Department of Psychology East Carolina University.
3. James Rossi, A brief intervention to reduce sugar consumption on college campuses. December 2019, Department of Psychology, East Carolina University.

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4. Erin Sesemann, Intraorganizational social networks and workplace health, December 2019, Department of Human Development and Family Sciences, East Carolina University.
5. Caroline Porter-Miller, TBD, December 2023 graduation anticipated, Department of Psychology, East Carolina University.

CUMULATING RESEARCH PROJECT

Chair

1. Stephanie DiFranco, The impact of a required physical activity course on physical activity in college students, May 2018, Department of Kinesiology, East Carolina University.
2. Jillian Conerly, Effectiveness of an 8-week hatha yoga intervention to improve lower back pain in university employees, May 2019, Department of Kinesiology, East Carolina University.
3. Kelsey Simpson, A study of Black women and physical activity and nutrition, December 2022 graduation anticipated, Department of Kinesiology, East Carolina University.
4. Belle Williams, Effects of gender stereotypes on individuals' participation on club sports teams, December 2022 graduation anticipated, Department of Kinesiology, East Carolina University.
5. Rebekah Bergquist, TBD, May 2024 graduation anticipated, Department of Kinesiology, East Carolina University.

Member

1. Allison Talley, Changes in physical activity and physical and psychological health outcomes after a 12-week workplace wellness program. May 2015, Department of Kinesiology, East Carolina University.
2. Maria D'Amico, Exercise is medicine. May 2017, Department of Kinesiology, East Carolina University
3. John Crenshaw, Strength and conditioning assessments. December 2017, Department of Kinesiology, East Carolina University.

SIGNATURE HONORS PROJECT

Chair

1. Kirsti Robinson, Pilot study comparing effectiveness of food logging methods amongst women with a family history of type 2 diabetes. May 2017, Department of Nutrition, East Carolina University.
2. Sarah Kautz, The LAST Study: Leisure Time Adaptive Steps Tracking Study. May 2020, Department of Health Education and Promotion, East Carolina University.
3. Christina Larkins, The Blue Collar Workers Physical Activity Study, May 2020, Department of Kinesiology, East Carolina University.
4. Logan Long, Examining Honors College Students' Perceptions of a Freshmen Seminar Focusing on Service & Leadership, May 2021 Graduation anticipated, Department of Health Education and Promotion, East Carolina University.
5. Adam Schmitt, Examining Honors College Students' Perceptions of a Freshmen Seminar Focusing on Service & Leadership, May 2023 Graduation anticipated, Department of Kinesiology, East Carolina University.
6. Carmen Walker, Examining Honors College Students' Perceptions of a Freshmen Seminar Focusing on Service & Leadership, May 2022 Graduation anticipated, Department of Psychology, East Carolina University.
7. Kristen Somma, TBD, May 2024 Graduation anticipated, Department of Kinesiology, East Carolina University.
8. Kunj Patel, TBD, May 2024 Graduation anticipated, Department of Health Education and Promotion, East Carolina University.
9. Jalen Walker, TBD, May 2025 Graduation anticipated, Department of Biology, East Carolina University.

10. Leah Beth Warren, UterUS, May 2024 Graduation anticipated, Department of Industrial Engineering, East Carolina University.
11. Imani Riddick-Cherry, UterUS, May 2024 Graduation anticipated, Department of Health Education and Promotion, East Carolina University.
12. Nia Gilmore, Undergraduate Research Experience in the Social Sciences, May 2022 Graduation anticipated, Department of Health Education and Promotion, East Carolina University.
13. Taylor Lee, Undergraduate Research Experience in the Social Sciences, May 2025 Graduation anticipated, Department of Communications, East Carolina University.
14. Allison Werner, Undergraduate Research Experience in the Social Sciences, May 2025 Graduation anticipated, Department of Kinesiology, East Carolina University.
15. Abby Ulffers, TBD, May 2024 Graduation anticipated, Department of Health Education and Promotion, East Carolina University.

OTHER STUDENT MENTORSHIP

1. Mary-Metta Baker, Undergraduate (Fall 2013)
2. Meredith Lilley, Undergraduate (Fall 2013)
3. Edward Yang, Undergraduate (Fall 2013)
4. Logan Dunn, Undergraduate (Spring 2014, Fall 2014)
5. Joshua Lawrence, Undergraduate (Spring 2014, Fall 2014)
6. Alexis Pitts, Undergraduate (Spring 2014)
7. Layne Reesor, Graduate (Spring 2014)
8. Naima Stennett, Medical (Summer 2014)
9. Ryan Parker, Undergraduate (Summer 2014, Fall 2014, Spring 2015)
10. Leah Pierce, Undergraduate (Summer 2014, Fall 2014)
11. Allison Talley, Graduate (Fall 2014)
12. Benjamin Yeagley, Undergraduate (Fall 2014)
13. Victoria (Tori) Chapman, Undergraduate (Spring 2015)
14. Jared Keever, Undergraduate (Spring 2015)
15. Stephanie DiFranco, Undergraduate (Summer 2015, Fall 2015)
16. Brian Barnes, Undergraduate (Fall 2015)
17. Kirsti Robertson, Undergraduate (Fall 2015, Spring 2016, Summer 2016, Fall 2016, Spring 2017)
18. Akaya Cheatham, Undergraduate (Spring 2016)
19. Tyara Nevels, Graduate (Spring 2016)
20. Trey Robbins, Undergraduate (Spring and Fall 2016)
21. Charles Smith, Undergraduate (Spring 2016)
22. Julia Sylvestri, Undergraduate (Spring 2016, Fall 2017, Spring 2018)
23. Sidney Wadsworth, Undergraduate (Spring 2016)
24. Grant Klute, Undergraduate (Summer and Fall 2016)
25. Colby Jolly, Undergraduate (Fall 2016)
26. Mathew Wedding, Undergraduate (Fall 2016)
27. Maya Bonner, Undergraduate (Spring 2017 & Summer 2017)
28. Alexis Stancil, Undergraduate (Spring 2017)
29. Taylor Payne, Undergraduate (Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019)
30. Sarah Kautz, Undergraduate (Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020)
31. Jeffery Grayson Fellows, Undergraduate (Fall 2017, Spring 2018, Fall 2018)
32. Lauren Kueider, Undergraduate (Fall 2017)
33. Kirtan Amin, Undergraduate (Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019)
34. Mary Nduke, Undergraduate (Fall 2017, Spring 2018)
35. Zack Kern, Undergraduate (Spring 2018, Summer 2018, Fall 2018, Spring 2019)

36. Christina Larkins, Undergraduate (Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020)
37. Jeremy Bowen, Undergraduate (Fall 2018)
38. Mariah Adams, Undergraduate (Spring 2019)
39. Evan Marsh, Undergraduate (Spring 2019, Fall 2019, Spring 2020)
40. Cameron Prentis, Undergraduate (Fall 2019, Spring 2020)
41. Sam Verk, Undergraduate (Fall 2019, Spring 2020)
42. Sarah Keever, Graduate (Fall 2019, Spring 2020)
43. Camila Calabria, Graduate (Fall 2019, Spring 2020)
44. Ben Estorge, Undergraduate (Fall 2019, Spring 2020)
45. Jordan Harris, Undergraduate (Fall 2019, Spring 2020)
46. Avery Bryan, Undergraduate (Fall 2020); Graduate (Fall 2021)
47. Grace Regan, Undergraduate (Fall 2020, Spring 2021)
48. Jonathan Cortez, Undergraduate (Fall 2020)
49. Beverly Watson, Undergraduate (Fall 2020)
50. Allison Rogers, Undergraduate (Fall 2020, Spring 2021)
51. Belle Williams, Undergraduate (Fall 2020)
52. Kelsey Simpson, Undergraduate (Fall 2020)
53. Emily Seguin, Undergraduate (Fall 2020)
54. Logan Long, Undergraduate (Fall 2020, Spring 2021)
55. Adam Schmitt, Undergraduate (Fall 2020, Spring 2021)
56. Ryan Daniels, Undergraduate (Fall 2020)
57. Carmen Walker, Undergraduate (Fall 202, Spring 2021, Fall 2021)
58. Jalen Walker, Undergraduate (Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023)
59. Sydney Cook, Undergraduate (Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023)
60. Savannah Harris, Undergraduate (Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023)
61. Leah Beth Warren, Undergraduate (Spring 2021, Fall 2021, Spring 2022, Fall 2022)
62. Imani Riddick-Cherry, Undergraduate (Spring 2021, Fall 2021, Spring 2022)
63. Kristen Somma, Undergraduate (Spring 2021, Fall 2021, Spring 2022, Fall 2022)
64. Kunj Patel, Undergraduate (Fall 2021, Spring 2022, Fall 2022, Spring 2023)
65. Nia Gilmore, Undergraduate (Fall 2021, Spring 2022)
66. Ally Werner, Undergraduate (Fall 2021, Spring 2022)
67. Taylor Lee, Undergraduate (Fall 2021, Spring 2022)
68. Peyton Thomas, Undergraduate (Fall 2021, Spring 2022)
69. Abi Sawyer, Undergraduate (Spring 2022)
70. Mikayla Childress, Undergraduate (Spring 2022)
71. Kaila Robinson, Undergraduate (Spring 2022)
72. Zaria Kornegay, Undergraduate (Fall 2021, Spring 2022, Spring 2023)
73. Abby Ulffers, Undergraduate (Fall 2022, Spring 2023)
74. Sydney Neal, Undergraduate (Fall 2022, Spring 2023)
75. Lex Amadi, Undergraduate (Fall 2022, Spring 2023)
76. Gabriella Gonzales, Undergraduate (Spring 2023)

LANGUAGES

English – native language
Oriya – speak only

PROFESSIONAL MEMBERSHIPS

American Alliance for Health, Physical Education, Recreation, and Dance
American College Health Association
American College of Sports Medicine

12.6.2022

American Evaluation Association
American Public Health Association
Golden Key Honor Society
National Association of Chronic Disease Directors
National Society of Physical Activity Practitioners in Public Health
Secretary, 2007
Communications Committee Member, 2006 - 2007
Obesity Society
Phi Kappa Phi Honor Society
Southeast American College of Sports Medicine

PROFESSIONAL SERVICE

Judge/Reviewer

2012 Georgia Junior Science and Humanities Symposium
2014-2015 Research and Creative Achievement Week, East Carolina University
2015-2016 Research and Creative Achievement Week, East Carolina University
2016-2017 Research and Creative Achievement Week, East Carolina University
2017-2018 Research and Creative Achievement Week, East Carolina University
2018-2019 Research and Creative Achievement Week, East Carolina University
2020-2021 Research and Creative Achievement Week, East Carolina University
2021-2022 Research and Creative Achievement Week, East Carolina University
2019-2020 Diversity and Inclusion Research and Scholarship Program Grant, East Carolina University
2019-2020 Research and Creative Achievement Week, East Carolina University
2020-2021 Diversity and Inclusion Research and Scholarship Program Grant, East Carolina University
2021 Southeast American College of Sports Medicine Doctoral Student Poster Competition (Virtual)
2021 New Jersey Alliance for Clinical and Translational Science Pilot Grant Program Reviewer
2021 National Collegiate Honors Council Conference Poster Contest
2020-2021 Honors College Reviewer, East Carolina University
2021-2022 Honors College Reviewer, East Carolina University
2021-2022 Honors College EC Scholar Selection Committee for, East Carolina University
2022-2023 Honors College Reviewer, East Carolina University
2023-2024 Honors College Reviewer, East Carolina University
2023-2024 Honors College EC Scholar Selection Committee for, East Carolina University

Book Reviewer

ACSM's Behavioral Aspects of Exercise

Conference Reviewer

Graduate Student and New Evaluators Topical Interest Group Abstracts, 2014 Conference of the American Evaluation Association
Health Evaluation Topical Interest Group Abstracts, 2014 Conference of the American Evaluation Association
Health Evaluation Topical Interest Group Abstracts, 2015 Conference of the American Evaluation Association
Health Evaluation Topical Interest Group Abstracts, 2016 Conference of the American Evaluation Association
Abstract Reviewer, 2020 Conference of the Southeast American College of Sports Medicine
Rapid Communications Abstract Reviewer, 2020 Conference of the Society of Behavioral Medicine
Abstract Reviewer, 2021 Conference of the Southeast American College of Sports Medicine
Rapid Communications Abstract Reviewer, 2021 Conference of the Society of Behavioral Medicine
Student Poster Awards Abstract Reviewer, 2021 Conference of the Southeast American College of Sports Medicine

Rapid Communications Abstract Reviewer, 2022 Conference of the Society of Behavioral Medicine

Journal Reviewer

American Journal of Health Behavior
American Journal of Health Promotion
American Journal of Preventive Medicine
BMC Public Health
Health Promotion International
Health Promotion Practice (Elite Reviewer)
Inclusion
Insight: A Journal of Scholarly Teaching
International Journal of Health Promotion and Education
Journal of American College Health
Journal of Physical Activity and Health
Journal of Science and Medicine in Sport
Mental Health and Physical Activity
Preventing Chronic Diseases: Public Health Research, Practice, and Policy
Research Quarterly in Exercise and Sport
Work, A Journal of Prevention, Assessment, and Rehabilitation

Conference Chair

Thematic Poster Chair, 2014 Southeast American College of Sports Medicine Annual Meeting
Tutorial Chair, 2016 Southeast American College of Sports Medicine Annual Meeting

Member

2010-2011 University of Illinois Provost and Graduate College Student Advisory Board
East Carolina University Wellness Committee, Fall 2013 – Present
Search Committee for Lifetime Physical Activity and Fitness Coordinator, East Carolina University, Department of Kinesiology, Fall 2014 and Spring 2015
2015 Student Success Conference, East Carolina University
Office of Healthy Aging Research, Education, and Services, East Carolina University, Spring 2014 – Present
Review Board, *Insight: A Journal of Scholarly Teaching*, Fall 2013 – Present
Committee for Living Learning Community for Kinesiology Students, Fall 2015 – Present
Search Committee for Assistant Director for Wellness Programs, East Carolina University, Campus Recreation and Wellness, Spring 2015
Acceptance Day, East Carolina University, Spring 2015
Pitt County Health Department Community Task Force for Diabetes Prevention in West Greenville, Summer 2015 – Spring 2018
Search Committee for Assistant Director of Assessment, East Carolina University, Office of Assessment, Accreditation, and Data Management, Fall 2015 and Spring 2016
Search Committee for Open Rank Exercise Physiology Faculty, East Carolina University, Department of Kinesiology, Spring 2017, Fall 2017, Spring 2018, Fall 2018
West Greenville Health Council, Spring 2017 – Spring 2018
Review Board, *American Journal of Health Behavior*, Spring 2017 - Present
Search Committee for Assistant Professor in Recreation and Park Management, East Carolina University, Department of Recreation and Leisure Studies, Fall 2017
Health Professions Committee, East Carolina University, Fall 2017 – Spring 2019
Search Committee for Department of Kinesiology Chair, East Carolina University, Department of Kinesiology, Spring 2019
Conflicts of Interest Committee, East Carolina University, Office of Research Integrity and Compliance, Spring

2019 – Fall 2019

Selection Committee for the 2018-2019 College of Health and Human Performance's Outstanding Research and Creative Activity Undergraduate Mentor Award, College of Health and Human Performance, East Carolina University, Spring 2019

Selection Committee for the 2019-2020 College of Health and Human Performance's Scholar-Teacher Award, College of Health and Human Performance, East Carolina University, Fall 2019

Aging Well Together Initiative (co-director), College of Health and Human Performance, East Carolina University, Fall 2019 – Spring 2021

Office of Equity and Diversity Research & Teaching Work Group (Chair), Office of Equity and Diversity, East Carolina University, Fall 2019 – Spring 2021

Planning Committee for the Inaugural ECU Diversity and Inclusion Week, Office of Equity and Diversity, East Carolina University, Fall 2019 – Spring 2020

Elite Reviewer, *Health Promotion Practice*, Fall 2019 – Present

Editorial Board, *WORK: A Journal of Prevention, Assessment, and Rehabilitation*, Fall 2020 – Present

East Carolina University's Office of Faculty Excellence Mentoring and Inclusion Steering Committee, Fall 2020 – Present

East Carolina University's DEI Commission Student Access & Success Subcommittee Co-Chair, Spring 2022 – Present

American College of Sports Medicine Communications and Public Information Committee, July 2022 – Present

East Carolina University's Department of Kinesiology Scholarship Committee, April 2022 – Present

Other

Advisor, Kinesiology Majors' Club, East Carolina University, Fall 2013 – Spring 2015

Alumni Coach, 2015 Illinois Leadership Center's Imprint Program, University of Illinois at Urbana-Champaign

Faculty Coach, 2015 Southeast American College of Sports Medicine Annual Meeting, East Carolina University Student Quiz Bowl

Physical Activity Promotion Concentration Coordinator, East Carolina University, Fall 2015 – Fall 2019

Alumni Coach, 2016 Illinois Leadership Center's Imprint Program, University of Illinois at Urbana-Champaign

Faculty Member, College of Health and Human Performance Recognition Ceremony Line-Up, Fall 2013 – Current

Alumni Coach, 2017 Illinois Leadership Center's Imprint Program, University of Illinois at Urbana-Champaign

Alumni Coach, 2018 Illinois Leadership Center's Imprint Program, University of Illinois at Urbana-Champaign

Alumni Coach, 2019 Illinois Leadership Center's Imprint Program, University of Illinois at Urbana-Champaign

Alumni Coach, 2020 Illinois Leadership Center's Imprint Program, University of Illinois at Urbana-Champaign

2021-2022 Executive Board Member-at-Large, Southeast American College of Sports Medicine

Alumni Coach, 2022 Illinois Leadership Center's Imprint Program, University of Illinois at Urbana-Champaign

*unable to travel due to weather

2022-2023 Executive Board Member-at-Large, Southeast American College of Sports Medicine

PROFESSIONAL DEVELOPMENT ACTIVITIES

University of Georgia, Mentoring Matters Seminar, Summer 2013

East Carolina University, Sedona, August 2013

East Carolina University, Finding Grant Opportunities Using Pivot, August 2013

Centers for Disease Control and Prevention and University of South Carolina, Postgraduate Course on Research Directions and Strategies, September 2013

East Carolina University, Workshop on Tenure and Promotion, November 2013

East Carolina University, Workshop on DegreeWorks, December 2013

East Carolina University, Meta-Analysis Workshop, March 2014

East Carolina University, Peer Classroom Observation Training, March 2014

East Carolina University, Writing Your Statement of Teaching Philosophy, September 2014

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East Carolina University, Workshop on Tenure and Promotion, November 2014
 East Carolina University, Student Success Conference, January 2015
 The Obesity Society, Strategies for Successful Grant Writing Webinar, September 2015
 East Carolina University, Finding Publishing Opportunities, October 2015
 East Carolina University, Lunch and Learn: Kate B. Reynolds Charitable Trust, November 2015
 East Carolina University, Faculty 180 Training, October 2017
 East Carolina University, Grants in the Humanities and Social Sciences, October 2017
 East Carolina University, Building the NIH Grant Proposal, October 2017
 East Carolina University, Lunch and Learn: Maximize Faculty-Student Collaboration in Scholarship, December 2017
 East Carolina University, Lunch and Learn: The Grants Process, April 2018
 East Carolina University, Sports Nutrition for the Health Professional, October 2018
 The Center for Family Violence Prevention, Domestic Violence Impact Luncheon, October 2018
 East Carolina University, Managing Difficult Conversations, October 2018
 East Carolina University, Conflicts of Interest, External Professional Activities for Pay, and the AIR System, January 2019
 East Carolina University, Advancing Prevention Science Across Disciplines: An HHP Workshop, January 2019
 East Carolina University, Distance Education Modules, February 2019
 National Association of Chronic Disease Directors, From Demonstration to Coverage: Highlights from the Medicaid Coverage for the National Diabetes Prevention Program, January 2019
 East Carolina University, Lunch and Learn Collaborating with Clusters, January 2019
 American Public Health Association, Building Healthy Communities from the Grassroots Webinar, April 2019
 The Center for Family Violence Prevention, Domestic Violence Impact Luncheon, September 2019
 East Carolina University, eTracs Training, October 2019
 Diabetes Training and Technical Assistance Center of Emory University, Diabetes Prevention Program Virtual Lifestyle Coach Training, October 2019
 East Carolina University, Canvas Learning Management System Training, October and November 2019
 East Carolina University, Pastries with PIs, November 2019
 East Carolina University, Emerging Scholars Symposium, November 2019
 East Carolina University, Student-Athlete COAD 1000 Networking Social, November 2019
 East Carolina University, Life Beyond Tenure and Promotion: Going Up for Full Professor, January 2020
 National Institutes of Health, Using Technology to Understand and Promote Physical Activity Behavior Webinar, February 2020
 East Carolina University, Life Beyond Tenure and Promotion: Community-Engaged Scholarship, February 2020
 East Carolina University, Must Knows of Distance Education, March 2020
 National Institutes of Health, The Importance of Epidemiology in Screening and Diagnosis of Diabetes Webinar, May 2020
 Aspen Health Ideas 2020, When My Time Comes Book Talk with Diane Rehm Webinar, June 2020
 East Carolina University, College of Health and Human Performance Grant Team Listening Session, August 2020
 East Carolina University, College of Health and Human Performance Aging Well Together Listening Session: Legal decision making for later life – Ensuring your desires and wishes are maintained, September 2020
 National Center for Faculty Development and Diversity, Building and Leading Successful Research Teams Webinar, September 2020
 Center for Health and Nature, 2020 Center for Health and Nature Symposium Virtual Conference, October 2020
 East Carolina University, College of Health and Human Performance Aging Well Together Listening Session: HOPE at Home – Transitioning a community-based exercise program to Zoom, October 2020
 East Carolina University, College of Health and Human Performance Grant Writing Workshop, Fall 2020
 East Carolina University, Life Beyond Tenure and Promotion: Going Up for Full Professor, November 2020
 United States Department of State, Fulbright Opportunities for Faculty, November 2020

East Carolina University, College of Health and Human Performance Aging Well Together Listening Session:
Aging Well with Music: Using Music to Promote Wellness as You Age, November 2020

National Center for Faculty Development and Diversity, Engagement Matters: Developing a Career as a
Community Engaged Scholar, November 2020

East Carolina University, College of Health and Human Performance Post Racial Equity Workshop Phase 1,
January 2021

East Carolina University, College of Health and Human Performance Grant Writing Workshop, Spring 2021

East Carolina University, University Writing Program, Writing Accountability Group, Spring 2021

East Carolina University, College of Health and Human Performance Grant Informational Sessions, Spring 2021

East Carolina University, College of Health and Human Performance HEAT-SC Sessions, Spring 2021

East Carolina University, College of Health and Human Performance Aging Well Together Listening Session:
Planning for the Road Ahead: Driving & Options for the Future, February 2021

East Carolina University, College of Health and Human Performance Aging Well Together Listening Session:
The Real on Caregiving: Experiences and Insights, March 2021

United States Department of State, Fulbright Opportunities for Faculty in East Asia and the Pacific, March 2021

East Carolina University, College of Health and Human Performance Aging Well Together Listening Session:
Healthy Aging: It's Not All in the Genes, April 2021

East Carolina University, Best Practices in Crafting Tenure and Promotion Statements, April 2021

East Carolina University, Interest Meeting for BRIDGES Program, April 2021

Southeast American College of Sports Medicine, Diversity in Exercise Science & Kinesiology Webinar, July
2021

Southeast American College of Sports Medicine, Move from Lead to Inclusion: Journey from Student to ACSM
Fellow Webinar, September 2021

East Carolina University, Establishing Your Executive Presence, October 2021

East Carolina University, EOSA Engagement Interest Session, October 2021

Southeast American College of Sports Medicine, Cardiometabolic Health, Exercise, and My Journey through
Academia Webinar, October 2021

Southeast American College of Sports Medicine, Growing in Leadership: Practical Lessons for Kinesiology
Students and Everyone Else, November 2021

Southeast American College of Sports Medicine, Physical Activity as Medium – Not Medicine – for Public
Health Impact, December 2021

East Carolina University, College of Health and Human Performance Grant Writing Workshop, Spring 2022

East Carolina University, Zhoosh up your lectures with images, March 2022

East Carolina University, TargetX training, April 2022

Physical Activity Alliance, Framing Equity in Physical Activity Webinar, August 2022

East Carolina University, Canvas Connections: New Quizzes Webinar, October 2022

East Carolina University, Sexual Harassment & Discrimination Training, October 2022

Southeast American College of Sports Medicine Fall 2022 Lecture Tour, Advancing Obesity Prevention and
Treatment for Hispanic Communities: An Interdisciplinary Approach Webinar, November 2022

The Chronicle of Higher Education, Creating Campus Spaces to Support Student Success Webinar, November
2022

East Carolina University, Advanced Canvas Course Design Webinar, November 2022

Florida A & M University, Using Digital Badges to Elevate the Study Journey Webinar, December 2022

MEDIA COVERAGE

Two-Time Jeopardy! Champion (December 2011) - https://www.j-archive.com/showplayer.php?player_id=7582

Interviewed for WNCT 9 for Pokemon Go! and benefits of walking (July 2016) - <http://wnct.com/2016/07/20/is-pokemon-go-leading-to-healthier-lifestyles-for-players/>

Interviewed for Chancellor Staton's Welcoming Event (August 2016) - <http://www.ecu.edu/cs-admin/news/Welcoming-Event.cfm>

Interviewed for The Daily Reflector for 2018 Physical Activity Guidelines (January 2019) - <http://www.reflector.com/News/2019/01/27/ECU-researchers-weigh-in-on-new-physical-activity-guidelines.html>

Interviewed for The News-Gazette for University of Illinois: 150 Years and Beyond (May 2019) - <https://uofi150.news-gazette.com/people/bhibha-das>

Interviewed for The News-Gazette for The Big 10 with Jeff D'Alessio (December 2019) - https://www.news-gazette.com/arts-entertainment/film-television/the-big-10-with-jeff-dalessio-dec-29-2019/article_1a24372b-c2f8-5e2f-ac58-9cc7c2878024.html

Interviewed for ECU News Services for ECU professor recalls appearance on TV game show (January 2021) - <https://news.ecu.edu/2021/01/04/final-jeopardy/>

Interviewed for WITN News ECU professor recalls appearance on TV game show (January 2021) - <https://www.facebook.com/1490087504626897/posts/this-afternoon-on-witn-news-at-noontoday-is-the-last-aired-jeopardy-show-with-ho/2488265591475745/>

Interviewed for The Daily Reflector for ECU professor recalls appearance on TV game show (January 2021) - https://www.reflector.com/news/local/ecu-notes-professor-recalls-appearance-on-jeopardy-and-host-alex-trebek/article_3c3dcb76-bf43-5466-b7c4-a566b7bc6054.html

Interviewed for ECU News Services for NPR's Diane Rehm's film headlines HHP documentary film festival (February 2021) - <https://news.ecu.edu/2021/02/16/nprs-diane-rehms-film-headlines-hhp-documentary-film-festival/>

Interviewed for Undergrad Fit podcast (September 2021) - <https://feeds.buzzsprout.com/1810257/9277153-episode-8-dr-bhibha-das-east-carolina-university>