

CoHo Pantry Price List

As of 20071211

Legumes:

Adzuki	\$0.47	cup
Black	\$0.54	cup
Garbanzo	\$0.61	cup
Kidney	\$0.62	cup
Lentils	\$0.67	cup
Pinto	\$0.42	cup
Split Peas (green)	\$0.38	cup

Rice:

Long Grain White Rice	\$0.70	cup
Long Grain Brown Rice	\$0.75	cup
White Basmati Rice	\$1.52	cup

Baking Ingredients:

Unbleached White Flour	\$0.21	cup
Whole Wheat Pastry Flour (stored	\$0.14	cup
Cornmeal	\$0.17	cup
Brown Sugar	\$0.37	cup
White Sugar	\$0.37	cup

Butters and Oils:

Unsalted Butter	\$1.10	stick
Earth Balance - tubs	\$2.65	container
Earth Balance - sticks	\$3.35	box
Canola Oil	\$1.14	cup
Olive Oil	\$2.83	cup

Misc.

Balsamic Vinegar	\$1.90	cup
Blackstrap Molasses	\$1.75	cup
Vegetable Broth	\$1.70	box
Tomato Sauce	\$1.82	can (28oz)
Diced Tomatoes	\$2.10	can (28oz)
Tamari Soy Sauce (wheat- free)	\$1.00	cup

TOTAL \$0.00

** In addition, enter a flat rate of \$1 for every 10 diners on your Meal Summary Sheet to cover the cost of items from the following list:
 salt, pepper, baking powder, baking soda, vanilla extract, yeast
 allspice, bay leaves, cinnamon, chili powder, cumin, garlic powder, garlic salt, nutmeg, paprika
 thyme, turmeric

***Are there additional items you'd like to see stocked in the CoHo Pantry?
 Communicate your request to Jessica Groom!***