

CoHo Pantry Price List

As of 20071228

Legumes:

Adzuki	\$0.47 cup
Black	\$0.54 cup
Garbanzo	\$0.61 cup
Kidney	\$0.62 cup
Lentils	\$0.67 cup
Pinto	\$0.42 cup
Split Peas (green)	\$0.38 cup

Rice:

Long Grain White Rice	\$0.70 cup
Long Grain Brown Rice	\$0.75 cup
White Basmati Rice	\$1.52 cup

Baking Ingredients:

Unbleached White Flour	\$0.21 cup
Whole Wheat Pastry Flour (stored in the freezer)	\$0.14 cup
Cornmeal	\$0.17 cup
Brown Sugar	\$0.37 cup
White Sugar	\$0.37 cup

Butters and Oils:

Unsalted Butter	\$1.10 stick
Earth Balance - tubs	\$2.65 container
Earth Balance - sticks	\$3.35 box
Canola Oil	\$1.14 cup
Olive Oil	\$2.83 cup

Misc.

Balsamic Vinegar	\$1.90 cup
Blackstrap Molasses	\$1.75 cup
Rice Milk	\$2.00 box
Tamari Soy Sauce (wheat- free)	\$1.00 cup
Tomato Sauce	\$1.82 can (28oz)
Tomatoes, diced	\$0.80 can (14oz)
Tomatoes, diced	\$1.40 can (28oz)
Vegetable Broth	\$1.70 box

TOTAL

** In addition, enter a flat rate of \$1 for every 10 diners on your Meal Summary Sheet to cover the cost of items from the following list:
salt, pepper, baking powder, baking soda, vanilla extract, yeast
allspice, bay leaves, cinnamon, chili powder, cumin, garlic powder, garlic salt, nutmeg, paprika
thyme, turmeric

***Are there additional items you'd like to see stocked in the CoHo Pantry?
Communicate your request to Jessica Groom!***