Seattle | +1 206 741-6330 | jdora@uw.edu | www.jonasdora.com

DATE OF BIRTH CITIZENSHIP

July 17, 1992

German

WORK EXPERIENCE

University of Washington, Seattle, United States

October 2020 - present

Postdoctoral researcher

Supervisor: Dr Kevin King

Project topic: Do emotions shape people's substance use?

EDUCATION

Radboud University, Nijmegen, The Netherlands

October 2015 - October 2020

PhD candidate

Supervisors: Dr Erik Bijleveld & Dr Madelon van Hooff Promotors: Dr Sabine Geurts & Dr Michiel Kompier

Project topic: A motivational perspective on labor/leisure decisions

Maastricht University, Maastricht, The Netherlands

August 2014 - August 2015

MSc, Work and Organizational Psychology (cum laude)

Advisor: Dr Philippe Nelissen

Thesis topic: Multilevel analysis of organizational citizenship behavior in work teams

Thesis grade: 8.5 (GPA: 8.6)

Completed Honors program PREMIUM for high-performing MSc students

University of Groningen, Groningen, The Netherlands

August 2011 – August 2014

BSc, Psychology

Advisor: Dr Monica Blaga

Thesis topic: Achievement goals and task difficulty

Thesis grade: 8.5 (GPA: 8.1)

PUBLICATIONS

Dora, J., Kuczynski, A., Schultz, M., Acuff, S., Murphy, J., & King, K. (Stage 1 Registered Report). An experimental investigation into the effect of negative affect on the behavioral economic demand for alcohol. *Psychology of Addictive Behaviors*.

https://doi.org/10.1037/adb0000823

https://osf.io/fjs3j/

King, K., **Dora, J.**, Schultz, M., McCabe, C., Lee, C., Shoda, Y., Fairlie, A., Litt, D., Lewis, M., Patrick, M., & Smith, G. (Stage 1 Registered Report). Registered Report: Within-day associations between affect and intentions to drink alcohol. *Psychology of Addictive Behaviors*https://osf.io/2u4yf/

Dora, J., Piccirillo, M., Foster, K., & King, K. (2023). Accelerating addiction research via Open Science and Team Science. *Psychology of Learning and Motivation*.

https://doi.org/10.1016/bs.plm.2023.06.004

Dora, J., & Copeland, A., Field, M., & King, K. (2023). Modeling the value-based decision to consume alcohol in response to emotional experiences. *Experimental and Clinical Psychopharmacology*.

https://doi.org/10.1037/pha0000647

https://osf.io/atb4e/

Dora, J., Piccirillo, M., Foster, K., Arbeau, K., Armeli, S., Auriacombe, M., Bartholow, B., Beltz, A., Blumenstock, S., Bold, K., Bonar, E., Braitman, A., Carpenter, R., Creswell, K., DeHart, T., Dvorak, R., Emery, N., Enkema, M., Fairbairn, C., Fairlie, A., Ferguson, S., Freire, T., Goodman, F., Gottfredson, N., Halvorson, M., Haroon, M., Howard, A., Hussong, A., Jackson, K., Jenzer, T., Kelly, D., Kuczynski, A., Kuerbis, A., Lee, C., Lewis, M., Linden-Carmichael, A., Littlefield, A., Lydon-Staley, D., Merrill, J., Miranda Jr., R., Mohr, C., Read, J., Richardson, C., O'Connor, R., O'Malley, S., Papp, L., Piasecki, T., Sacco, P., Scaglione, N., Serre, F., Shadur, J., Sher, K., Shoda, Y., Smith, M., Simpson, T., Stevens, A., Stevenson, B., Tennen, H., Todd, M., Treloar Padovano, H., Trull, T., Waddell, J., Walukevich-Dienst, K., Witkiewitz, K., Wray, T., Wright, A., Wycoff, A., & King, K. (2023). The daily association between affect and alcohol use: A meta-analysis of individual participant data. *Psychological Bulletin*.

https://doi.org/10.1037/bul0000387

https://osf.io/jcr2q/

Dora, J., Kuczynski, A., Schultz, M., Seldin, K., Smith, M., Moss, D., Carpenter, R., & King, K. (2023). Exploring affect motivation and regulation of marijuana use in everyday life via specification curve analysis. *Journal of Psychopathology and Clinical Science*.

https://doi.org/10.1037/abn0000825

https://osf.io/tds7h/

King, K., & **Dora**, **J.** (2022). Harmonization of theory, methods, and inferences in addictions research. *Psychology of Addictive Behaviors*. https://doi.org/10.1037/adb0000832

Kuehn, K., **Dora, J.**, Harned, M., Foster, K., Song, F., Smith, M., & King, K. (2022). A meta-analysis on the affect-regulation function of real-time self-injurious thoughts and behaviors. *Nature human behaviour*.

https://doi.org/10.1038/s41562-022-01340-8

https://github.com/kskuehn/NA-SITB_meta

Dora, J., Schultz, M., Lee, C., Shoda, Y., & King, K. (2022). No evidence for trait- and state-level urgency moderating the daily association between negative affect and subsequent alcohol use in two college samples. *Brain and Neuroscience Advances*.

https://doi.org/10.1177/23982128221079556

https://osf.io/kbe2f/

Dora, J., van Hooff, M., Geurts, S., Kompier, M., & Bijleveld, E. (2021). The effect of opportunity costs on mental fatigue in labor/leisure tradeoffs. *Journal of Experimental Psychology: General.*

https://doi.org/10.1037/xge0001095

https://osf.io/t4afr/

Dora, J., van Hooff, M., Geurts, S., Kompier, M., & Bijleveld, E. (2021). Fatigue, boredom, and objectively-measured smartphone use at work. *Royal Society Open Science*.

https://doi.org/10.1098/rsos.201915

https://osf.io/z9wm8/

Dora, J., van Hooff, M., Geurts, S., & Bijleveld, E. (2020). Labor/leisure decisions in their natural context: The case of the smartphone. *Psychonomic Bulletin & Review, 28,* 676 – 685.

https://doi.org/10.3758/s13423-020-01844-2

https://osf.io/s2wy5/

Nieuwenhuys, A., **Dora, J.**, Knufinke, M., Beckers, D., Rietjens, G., & Helmhout, P. (2020). "20 000 Leagues under the Sea": Sleep, Cognitive Performance, Mental Load and Recovery during a 67-Day Military Submarine Mission. *Applied Ergonomics*, *91*, 103295. https://doi.org/10.1016/j.apergo.2020.103295

Johannes, N.*, **Dora, J.***, & Rusz, D.* [* shared first authors] (2019). Social Smartphone Apps Do Not Capture Attention Despite Their Perceived High Reward Value. *Collabra: Psychology, 5*, 14.

https://doi.org/10.1525/collabra.207

https://osf.io/g8kbu/

Dora, J., van Hooff, M., Geurts, S., Hooftman, W., & Kompier, M. (2019). Characterizing Work-Related Smartphone Use at Home and Private Smartphone Use at Work Using Latent Class Analysis. *Occupational Health Science, 3*, 187 – 203. https://doi.org/10.1007/s41542-019-00040-6

Johannes, N., Veling, H., **Dora, J.**, Meier, A., Reinecke, L., & Buijzen, M. (2018). Mind-Wandering and Mindfulness as Mediators of the Relationship Between Online Vigilance and Well-Being. *Cyberpsychology, Behavior, and Social Networking, 21*, 761 – 767. https://doi.org/10.1089/cyber.2018.0373

MANUSCRIPTS UNDER REVIEW & IN PREPARATION

Dora, J., & Inzlicht, M. (under review). Effort expenditure decreases risk aversion when dealing with gains but not losses. https://psyarxiv.com/bshvq/

Dora, J., McCabe, C., van Lissa, C., Witkiewitz, K., & King, K. (under review). Analyzing ecological momentary assessment data in psychological research using Bayesian statistics: A tutorial.

https://psyarxiv.com/jc938/

Dora, J., McCabe, C., Schultz, M., Lee, C., Shoda, Y., Patrick, M., Smith, G., & King, K. (under review). Registered Report: Alcohol and marijuana use predicted by affect-urgency interactions in everyday life.

https://osf.io/jw6sf/

Dora, J., Kuczynski, A., McCabe, C., Creswell, K., Dvorak, R., Howard, A., Patrick, M., Shoda, Y., Smith, G., Wright, A., & King, K. (under review). Registered Report: Testing the robustness of daily associations between affect and subsequent alcohol and marijuana use.

https://osf.io/fm6cq/

King, K., **Dora, J.**, McCabe, C., Seldin, K., Schultz, M., Smith, M., Obilor, T., Moss, D., Smith, G., Shoda, Y., Lee, C., & Patrick, M. (under review). Registered Report: Emotion regulation moderators of within-person associations between emotions and urgency.

King, K., Smith, M., **Dora, J.**, Seldin, K., Schultz, M., McCabe, C., Obilor, T., Moss, D., Shoda, Y., Lee, C., Patrick, M., & Smith, G. (under review). Registered Report: Within-person emotion regulation and daily alcohol and marijuana use.

Liu, P., King, K., Foster, K., **Dora, J.**, & Rollock, D. (under review). State of the Clinical Psychological Science: Registered Report on What, How, Who and With Whom?

Schultz, M., **Dora**, **J.**, & King, K. (in preparation). The influence of drinking consequences on alcohol expectancy likelihoods and valences: an item level multilevel approach.

https://osf.io/pdvw8/

Moss, D., **Dora, J.**, Halvorson, M., & King, K. (in preparation). Associations between coping motives for alcohol and marijuana use and engagement and disengagement emotion regulation strategies.

https://osf.io/ha58c/

Kuczynski, A., **Dora, J.**, Buecker, S., & Kanter, J. (in preparation). An examination of the main hypotheses of the Evolutionary Theory of Loneliness.

https://osf.io/cfmtu/

SELECTED PRESENTATIONS

- (2023) Improving our understanding of the etiology of problematic alcohol use via alcohol's reinforcement value in longitudinal and experimental data. Annual meeting of the Research Society on Alcohol (RSA), Bellevue, United States.
- (2023) Open Science lessons for accelerating EMA research from a NIDA-funded study on alcohol and marijuana use. Annual meeting of the Society for Ambulatory Assessment (SAA), Amsterdam, The Netherlands.
- (2023) Exploring the emotion regulation function of alcohol and marijuana use in everyday life. Ruhr University, Bochum, Germany.
- (2022) An introduction to Bayesian mixed-effects modeling with the brms package in R. University of Washington, Seattle, United States.
- (2022) The paradigm of the future? How to leverage a large-scale collaboration to make 20 years' worth of progress in 1 year. Indiana University Purdue University Indianapolis, United States.
- (2022) The past, present, and future of studying the affect-alcohol use association in intensive longitudinal data: A friendly debate among collaborators. Annual meeting of the Research Society on Alcohol (RSA), Orlando, United States.

(2022) A collaborative, preregistered meta-analysis on the daily association between affect and alcohol use in everyday life. Annual Collaborative Perspectives on Addiction Conference (CPA), Portland, United States.

(2022) A practical guide to Open Science practices in addiction research. Annual Collaborative Perspectives on Addiction Conference (CPA), Portland, United States.

(2021) Leading a meta-analytic Team Science project: Lessons learned. University of Illinois, Champaign, United States.

(2019) Introducing the adoption of Open Science practices in psychology: The Nijmegen workflow. Annual Conference of the Dutch Association for Work and Organizational Psychology (WAOP), Amsterdam, The Netherlands.

(2018) Why do we get fatigued – opportunity costs in mental labor/leisure tradeoffs. Annual Conference of the Dutch Association for Social Psychology (ASPO), Nijmegen, The Netherlands.

(2018) Task disengagement via the smartphone when fatigued. 30th Annual Conference of the Association for Psychological Science (APS), San Francisco, United States.

(2017) The bidirectional relationships between smartphone use and mental fatigue while at work. Annual Conference of the Dutch Association of Work and Organizational Psychology (WAOP), Nijmegen, The Netherlands.

(2016) A psychological perspective on smartphone use. The InnBetween Maastricht, Maastricht, The Netherlands.

(2016) (Non-)work-related smartphone use blurs the boundaries between work and private life. Annual Conference of the European Association of Work and Organizational Psychology (EAWOP), Dublin, Ireland.

ORGANIZATION AND COMMITTEES

Reviewer for annual grants program of Addictions, Drug & Alcohol Institute 2023 University of Washington Reviewer for annual grants program of Institute for Translational Health Sciences 2022 & 2023 University of Washington Organizer weekly research meeting RADLab, 2020 - present University of Washington PhD platform representative for Work, Health, and Performance Group 2016 - 2018 Radboud University Organizer weekly research meeting Work, Health, and Performance Group 2016 - 2019 Radboud University Organizing committee member WAOP conference 2017 Radboud University Organizing committee member internal PhD conference 2017 Radboud University Organizing committee member internal PhD conference 2018 Radboud University Organizing committee member 'Best dissertation award' WAOP conference 2018 Radboud University

SELECTED AWARDS/ SCHOLARSHIPS

WAOP best dissertation award 2022 WAOP society

ITHS Early Investigator Catalyst Award 2022 University of Washington

Top Reviewer for Psychology of Addictive Behaviors 2021 & 2022 APA

Young talent award 2019 Prins Bernhaard Cultuurfonds

Emerging Scholar Research Grant 2017 MC Interest Group, ICA

PhD Mobility Fund 2018 & 2019 Radboud University

Internationalization Grant 2018 & 2019 Radboud University

PROFESSIONAL ACTIVITIES

Consulting editor: Psychology of Addictive Behaviors

2021 - present

Ad hoc reviewer: Addiction, Alcoholism: Clinical and Experimental Research, Clinical Psychological Science,

Cogent Psychology, Collabra: Psychology, Journal of Experimental Psychology: Applied, Journal of

Psychopathology and Clinical Science, Motivation and Emotion, Nature Reviews Psychology, Psychology and Social

Psychology Bulletin, Research on Child and Adolescent Psychopathology, Psychology of Addictive Behaviors,

Substance Use and Misuse

TEACHING EXPERIENCE

Guest lecturer

PSYCH 315 UNDERSTANDING STATISTICS IN PSYCHOLOGY February 2021 - February 2022 Department of psychology, University of Washington, Seattle, United States Guest lecturer RESEARCH PROJECT 3 AND BACHELOR THESIS SUPERVISION January 2016 - September 2019 Behavioral Science Institute, Radboud University, Nijmegen, The Netherlands Supervisor (supervised 24 students) **MASTER THESIS SUPERVISION** January 2016 - September 2019 Behavioral Science Institute, Radboud University, Nijmegen, The Netherlands Supervisor (supervised 16 students) October 2015 - December 2015 **BEHAVIOR IN ORGANIZATIONS** Behavioral Science Institute, Radboud University, Nijmegen, The Netherlands Workgroup instructor WORK, HEALTH, AND PERFORMANCE October 2015 - December 2015 Behavioral Science Institute, Radboud University, Nijmegen, The Netherlands Workgroup instructor STATS 1 & 2 October 2016 - February 2018 Behavioral Science Institute, Radboud University, Nijmegen, The Netherlands Workgroup instructor November 2017 - November 2018 MENTAL LOAD AND STRESS Behavioral Science Institute, Radboud University, Nijmegen, The Netherlands Guest lecturer APPLIED RESEARCH METHODS December 2017 - December 2018 Behavioral Science Institute, Radboud University, Nijmegen, The Netherlands

Dr Kevin King

Department of Psychology University of Washington

24 Kincaid Hall

WA 98105 Seattle, United States

kingkm@uw.edu

Dr Erik Bijleveld

Behavioural Science Institute

Radboud University P.O. Box 9104

6500 HE Nijmegen, NL e.bijleveld@psych.ru.nl

Dr Michael Inzlicht

Department of Psychology University of Toronto 1265 Military Trail

M1C 1A4 Toronto, Canada inzlicht@utsc.utoronto.ca

Dr Sabine Geurts

Behavioural Science Institute

Radboud University P.O. Box 9104

6500 HE Nijmegen, NL s.geurts@psych.ru.nl