

# Neuromechanics of Human Motion

## Muscle Models

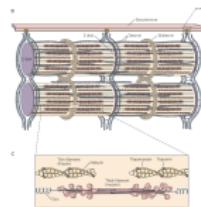
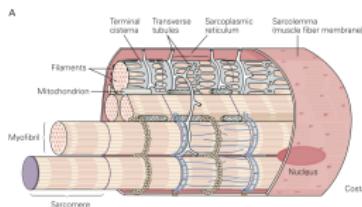
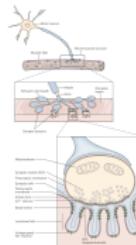
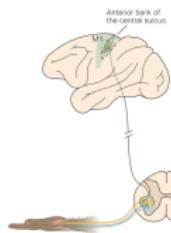
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Joshua Cashaback, PhD

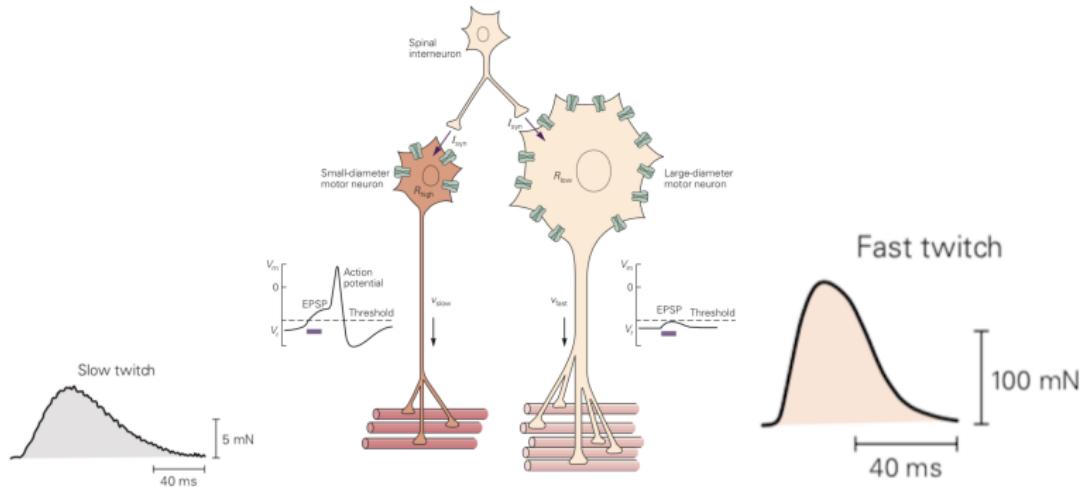
# Recap — Motor Units

## Motor Unit

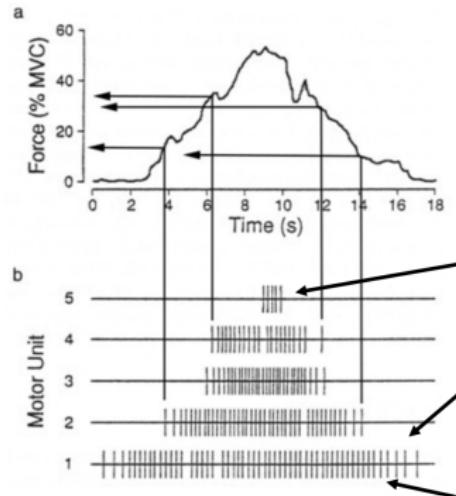
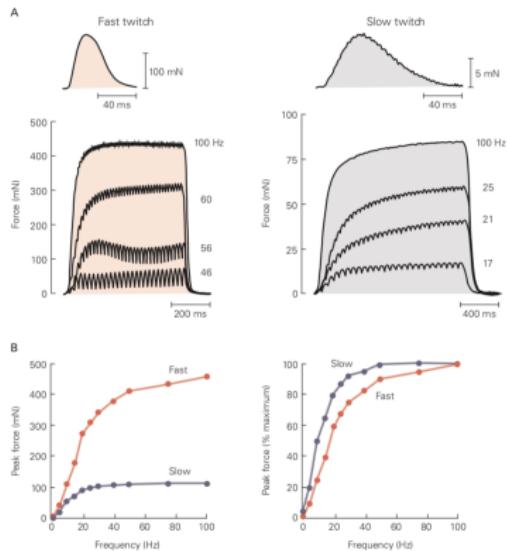
A motor neuron and the skeletal muscle fibers innervated by that motor neuron's axonal terminals.



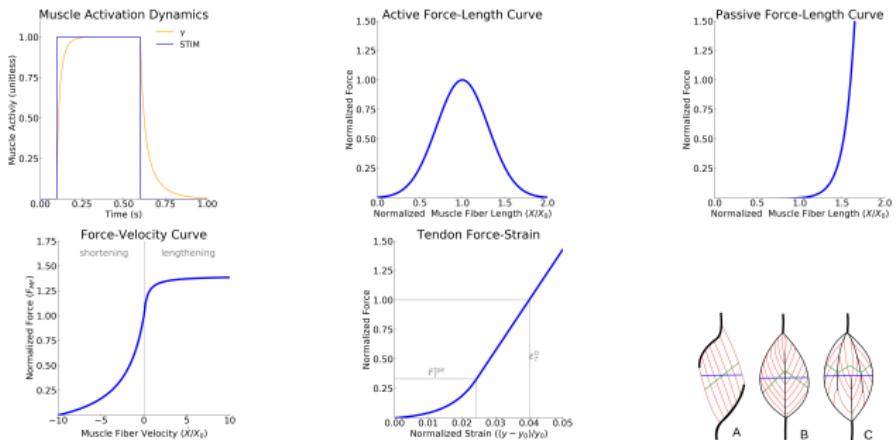
# Recap — Recruitment



# Recap — Discharge Rate



# Recap — Muscle Dynamics



# Lecture Objectives — Muscle Models

1. Hill-Type Model
  - a. phenomenological
2. Distribution Moment Approximation Model
  - a. mechanistic
  - b. more states
  - c. emergent behaviour

## Hill-Type Models

- . Thelen, D. G. (2003). J Biomech Eng, 125(1), 70-77.
- . Zajac, F. E. (1989). Crit. Rev. Biomed. Eng., 17(4), 359-411.
- . Buchanan, T. S., et al. (2004). Jbiomech, 20(4), 367-395.

# Hill Models — ODEs

$$\dot{\gamma} = \frac{(STIM - \gamma)}{\tau} \quad (1)$$

$$\frac{\dot{X}}{X_0} = (0.25 + 0.75\gamma) V_{MF}^{max} \frac{F_{MF} - \gamma\alpha}{b} \quad (2)$$

# Hill Models — ODEs

$$\dot{\gamma} = \frac{(STIM - \gamma)}{\tau} \quad (1)$$

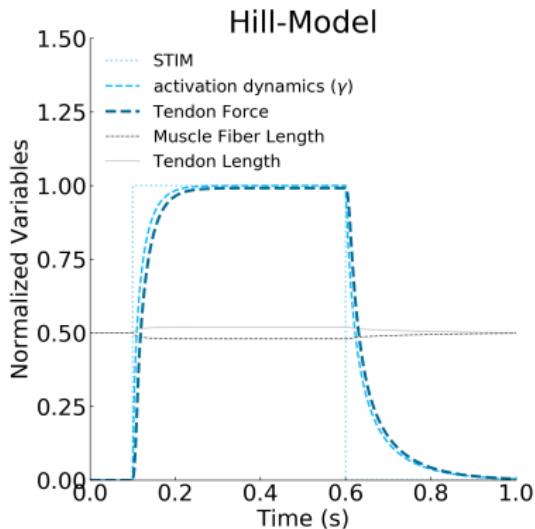
$$\frac{\dot{X}}{X_0} = (0.25 + 0.75\gamma) V_{MF}^{max} \frac{F_{MF} - \gamma\alpha}{b} \quad (2)$$

1. Inputs: STIM, Muscle-Tendon Length
2. Outputs: Tendon Force
3. IC:  $X/X_0, \gamma$
4. Unknown:  $F_{MF}$

# Hill Models — Steps

1. Find  $\alpha$  (Active Force Length Curve)
2. Find  $Y$  (use  $L_{MT} = Y + X\cos(\theta)$ ; since  $X$  and  $L_{MT}$  known)
3. Use  $Y$  to calculate  $F_T$  (Tendon Strain-Force Relationship)
4. Use  $X$  to calculate  $F_{PE}$  (Parallel Elastic Curve)
5. Find  $F_{MF}$  ( $F_T = F_{MF}\cos\theta + F_{PE}\cos\theta$ ;  $F_T$  and  $F_{PE}$  known)
6. Now you can solve equations 1 and 2 in slide above!
7. Tip: keep track of  $X$  vs  $X/X_0$  and make  $STIM > 0.0001$

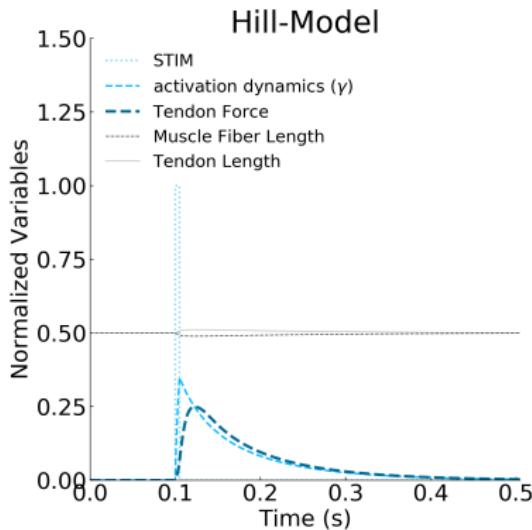
# Hill Models — Max Stim



$$X = 0.5, (X_0 = 0.5), Y = 0.5 (Y_0 = 0.5), L_{MT} = 1.0$$

$$\gamma_0 = 0.0001, \theta = 0$$

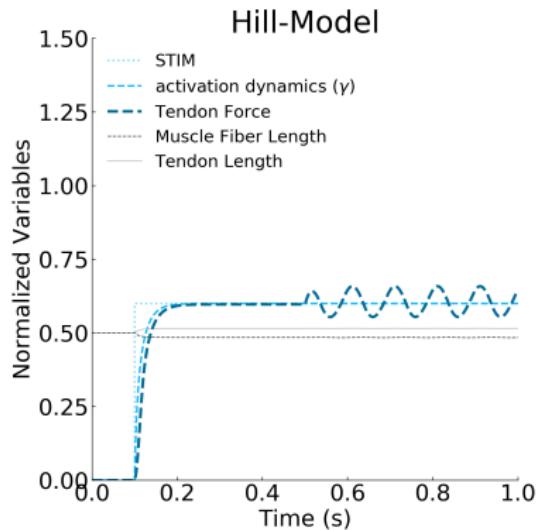
# Hill Models — Twitch Force



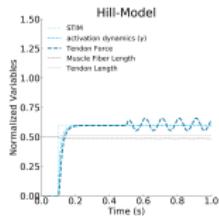
$$X = 0.5, (X_0 = 0.5), Y = 0.5 (Y_0 = 0.5), L_{MT} = 1.0$$

$$\gamma_0 = 0.0001, \theta = 0, STIM = 5ms \text{ unit pulse}$$

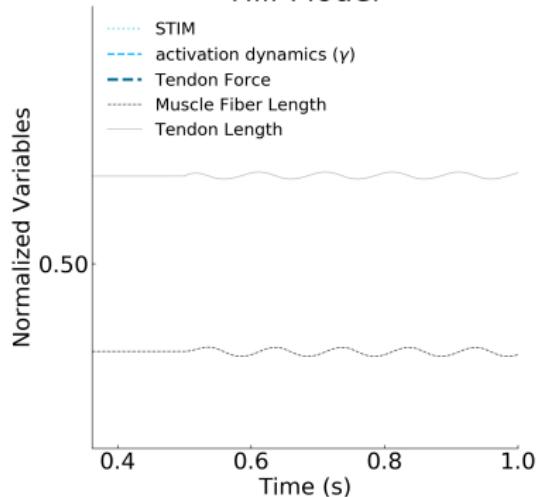
# Hill Models — Oscillating MT unit



# Hill Models — Oscillating MT unit



Hill-Model



## Distribution Moment Approximation Model

- . Zahalak, G. I. (1981). Mathematical biosciences, 55(1-2), 89-114.
- . Zahalak GI. (1986) Journal of Biomechanical Engineering, 108:131-140.
- . Ma, S., & Zahalak, G. I. (1991). Journal of biomechanics, 24(1), 21-35.

# Why a Cross-Bridge Model?

## More Macroscopic Variables of Interest

- . Length
- . Stiffness
- . Force
- . Energy
- . Heat Generation

## Emergent Phenomena

- . Nonexistence of a Unique Force-Velocity Relationship
- . Decrease in Force During Oscillation
- . Yielding

# Andrew F. Huxley's Cross-Bridge Theory



$$\left( \frac{\partial n}{\partial t} \right)_x - v(t) \left( \frac{\partial n}{\partial x} \right)_t$$

- . cross-bridges either bound or unbound
- . cross-bridge force  $\propto$  to displacement  $x$  (i.e., spring)
- .  $n(x, t)$  fraction of bound CBs with displacement  $x$  at time  $t$ .
- .  $v(t)$  velocity of half sacromere

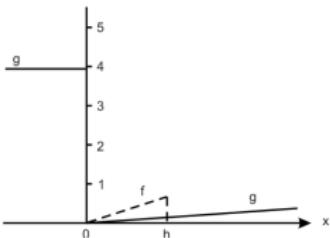
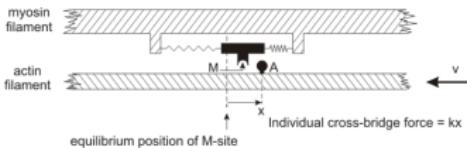
# Cross-Bridge Theory — Rate Parameters

$$\left( \frac{\partial n}{\partial t} \right)_x - v(t) \left( \frac{\partial n}{\partial x} \right)_t = f(x) - [f(x) + g(x)] n$$

$f(x)$  = binding rate (e.g.,  $\text{Ca}^{2+}$  attaches to troponin)

$g(x)$  = unbinding rate (e.g, ATP attaches to myosin)

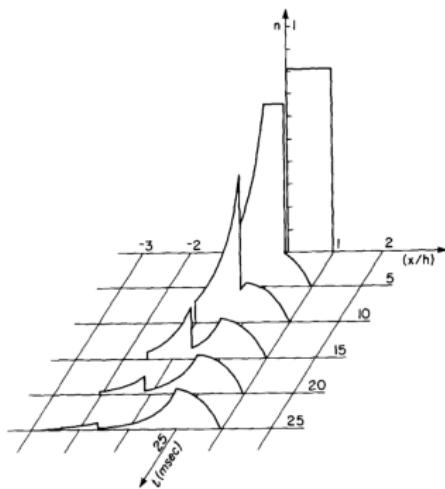
# Cross-Bridge Theory — Rate Parameters



$h$  = ideal length (fastest binding);  $+x$  = long ;  $-x$  = short  
force velocity curve?

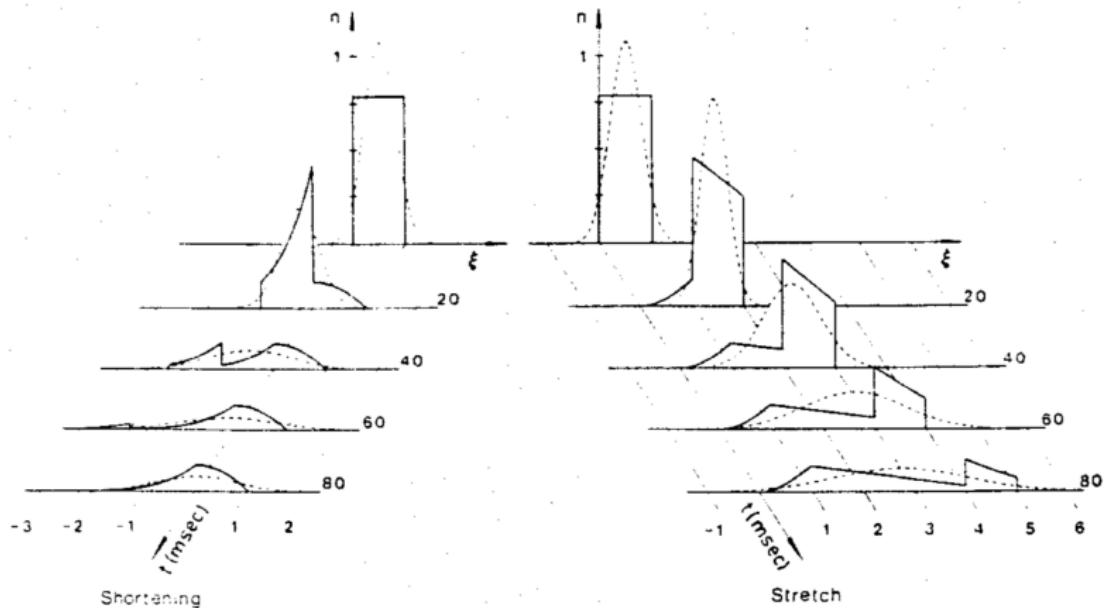
- lengthening from 0 ( $+x$  direction) =  $f > g_1$  (more force!)
- shorting from  $h$  ( $-x$  direction) =  $f : g_1$  ratio decrease, then  $g_2$  dominates = (less force!)

# $n(x, t)$ — Huxley Model



1. start simulation with most bound cross-bridges
2. muscle shortens with time (moves leftward)
3. number of bound cross bridges decreases

# $n(x, t)$ — Normal Approximation



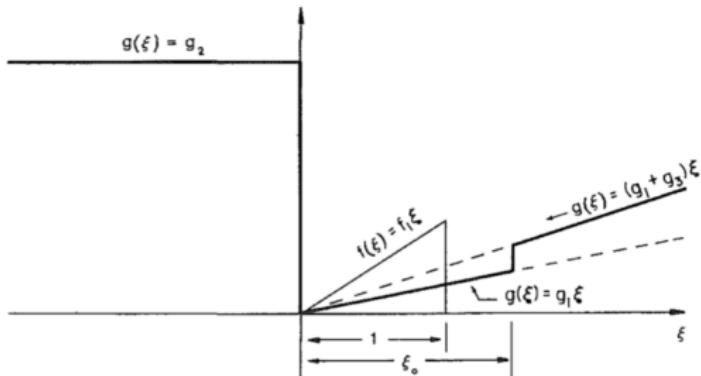
# Method of Moments — Q

$$Q_\lambda = \int_{-\infty}^{\infty} x^\lambda n(x, t) dx$$

- .  $Q_0$  = stiffness, zero-moment (area, bound cross bridges;  $-k$ )
- .  $Q_1$  = force, first-moment (mean;  $-kx$ )
- .  $Q_2$  = energy, second-moment (variance;  $1/2kx^2$ )

If we know the number of bound CBs and their linear stiffness, we can estimate  $Q_0$ ,  $Q_1$ , and  $Q_2$  of any muscle

# Additional Rate Parameter



# Zahalak (1981) — ODE

$$\dot{Q}_0 = \beta_0 - \phi_0(Q_0, Q_1, Q_2)$$

$$\dot{Q}_1 = \beta_1 - \phi_1(Q_0, Q_1, Q_2) - v(t)Q_0$$

$$\dot{Q}_2 = \beta_2 - \phi_2(Q_0, Q_1, Q_2) - 2v(t)Q_1$$

See paper for full (long) derivation

# Zahalak (1981)

$$p(Q_0, Q_1) = \frac{Q_1}{Q_0} \quad \text{and} \quad q(Q_0, Q_1, Q_2) = \sqrt{\frac{Q_2}{Q_0} - \left(\frac{Q_1}{Q_0}\right)^2}.$$

$$\beta_0 = \frac{f_1}{2.0}$$

$$\beta_1 = \frac{f_1}{3.0}$$

$$\beta_2 = \frac{f_1}{4.0}$$

# Zahalak (1981) — mind your p's and q's

$$\Phi(\tau) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\tau} e^{-\zeta/2} d\zeta = \text{error function}$$

probability  $x$  will occur within some range

$$\tau = (1 - p)/q \text{ OR } \tau = -p/q \text{ (see next slide)}$$

Error Function in Python:

```
tau_a = (1 - p) / q
```

```
tau_b = -p / q
```

```
Phi_a = 0.5 * (1 + math.erf((tau_a) / (2**0.5)))
```

```
Phi_b = 0.5 * (1 + math.erf((tau_b) / (2**0.5)))
```

# Zahalak (1981)

$$J_0(\tau) = \Phi(\tau)$$

$$J_1(\tau) = p\Phi(\tau) - q \frac{e^{-\tau^2/2}}{\sqrt{2\pi}}$$

$$J_2(\tau) = p^2\Phi(\tau) - 2pq \frac{e^{-\tau^2/2}}{\sqrt{2\pi}} + q^2 \left\{ \Phi(\tau) - \frac{\tau e^{-\tau^2/2}}{\sqrt{2\pi}} \right\} \quad (\text{A-11})$$

$$J_3(\tau) = p^3\Phi(\tau) - 3p^2q \frac{e^{-\tau^2/2}}{\sqrt{2\pi}} + 3pq^2 \left\{ \Phi(\tau) - \frac{\tau e^{-\tau^2/2}}{\sqrt{2\pi}} \right\} - q^3(2 + \tau^2) \frac{e^{-\tau^2/2}}{\sqrt{2\pi}}$$

# Zahalak (1981)

$$\begin{aligned}\frac{\phi_0}{Q_0} &= g_2 J_0\left(-\frac{p}{q}\right) + (f_1 + g_1)\left[J_1\left(\frac{1-p}{q}\right) - J_1\left(-\frac{p}{q}\right)\right] \\ &\quad + g_1\left[p - J_1\left(\frac{1-p}{q}\right)\right] + g_3\left[p - J_1\left(\frac{1-p}{q}\right) - 1 + J_0\left(\frac{1-p}{q}\right)\right], \\ \frac{\phi_1}{Q_0} &= g_2 J_1\left(-\frac{p}{q}\right) + (f_1 + g_1)\left[J_2\left(\frac{1-p}{q}\right) - J_2\left(-\frac{p}{q}\right)\right] \\ &\quad + g_1\left[p^2 + q^2 - J_2\left(\frac{1-p}{q}\right)\right] + g_3\left[p^2 + q^2 - J_2\left(\frac{1-p}{q}\right) - p + J_1\left(\frac{1-p}{q}\right)\right], \\ \frac{\phi_2}{Q_0} &= g_2 J_2\left(-\frac{p}{q}\right) + (f_1 + g_1)\left[J_3\left(\frac{1-p}{q}\right) - J_3\left(-\frac{p}{q}\right)\right] \quad (\text{A-12}) \\ &\quad + g_1\left[p^3 + 3pq^2 - J_3\left(\frac{1-p}{q}\right)\right] \\ &\quad + g_3\left[p^3 + 3pq^2 - J_3\left(\frac{1-p}{q}\right) - (p^2 + q^2) + J_2\left(\frac{1-p}{q}\right)\right].\end{aligned}$$

Remember, J's are a function of  $\tau$  (not multiplication!)

Don't forget to place  $Q_0$  on other side of equation

# Zahalak (1981) — ODE

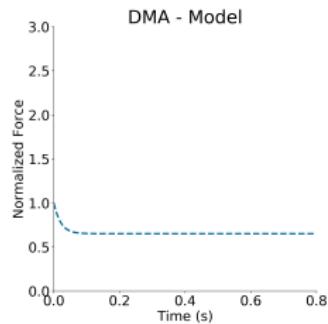
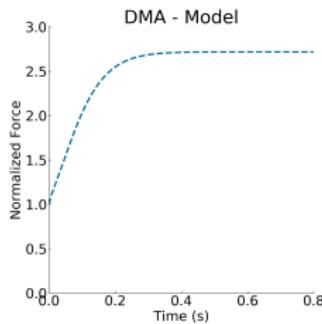
$$\dot{Q}_0 = \beta_0 - \phi_0(Q_0, Q_1, Q_2)$$

$$\dot{Q}_1 = \beta_1 - \phi_1(Q_0, Q_1, Q_2) - v(t)Q_0$$

$$\dot{Q}_2 = \beta_2 - \phi_2(Q_0, Q_1, Q_2) - 2v(t)Q_1$$

See paper for full (long) derivation

# Zahalak (1981) — Constant Velocity



$$f1(43.4), g1(10.0), g2(209.0), g3(0.0)$$

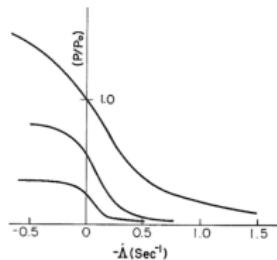
$$IC : Q_0^0(0.684), Q_1^0(0.438), Q_2^0(0.322)$$

left figure,  $v(t) = -10$  (lengthening)

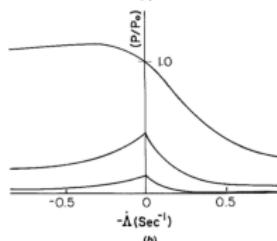
right figure,  $v(t) = 10$  (shortening)

normalize outputs by initial condition (e.g.,  $Q_1(t)/Q_1^0$ )

# Zahalak (1986) — Non-Unique FV curve



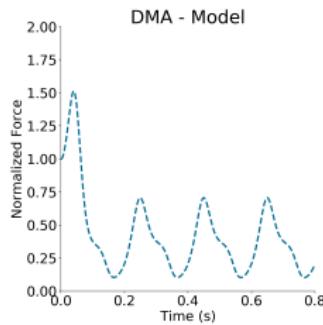
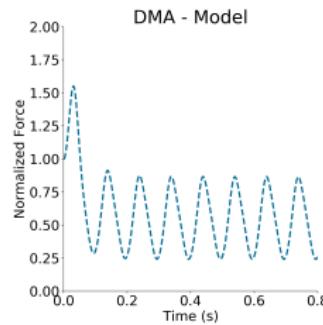
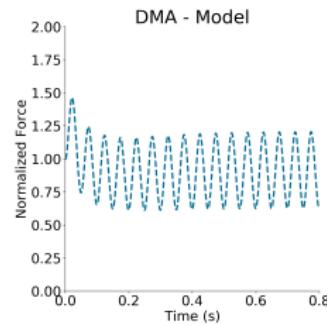
(a)



(b)

Fig. 3 "Force-velocity relations" in isotonic vs. isovelocity experiments, according to the D-H model with length independent parameters. In all cases  $g_1 = 7 \text{ s}^{-1}$ ,  $g_2 = 200 \text{ s}^{-1}$ ,  $g_3 = 30 \text{ s}^{-1}$ ,  $t_0 = 1.1$ ,  $a = 1.0$ ,  $b = 0.028$ ,  $c = 0.040$ . (a) Isotonic experiment: the velocity was measured 15 ms after an imposed constant increase or decrease in the muscle force. Each curve is for a constant value of  $f_1$ : upper— $f_1 = 35 \text{ s}^{-1}$ , middle— $f_1 = 7 \text{ s}^{-1}$ , lower— $f_1 = 2 \text{ s}^{-1}$ . (b) Isovoltage experiment: the force was measured after it had attained its steady-state value when the muscle was shortened or lengthened at various constant velocities. Each curve is for a constant value of  $f_1$ : upper— $f_1 = 35 \text{ s}^{-1}$ , middle— $f_1 = 5 \text{ s}^{-1}$ , lower— $f_1 = 1 \text{ s}^{-1}$ .

# Zahalak (1981) — Oscillating Muscle



$$f_1(1.0), g_1(10.0), g_2(210.0), g_3(100.0)$$

$$IC : Q_0^0(0.0712), Q_1^0(0.0436), Q_2^0(0.0295)$$

$$v(t) = -25\sin(2\pi t/T), \text{ where } t = \text{current time in seconds}$$

$T$  is equal to 0.05, 0.1, 0.2 for the left, center, right figures, respectively

# Rack & Westbury (1974) v Zahalak (1986)

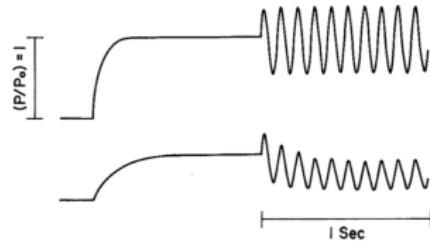
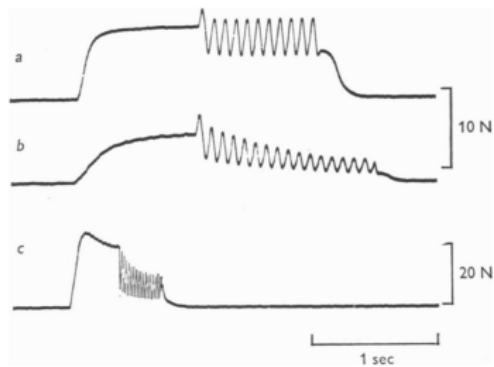


Fig. 4 Force response of the D-M model, with length-independent parameters, to small-amplitude sinusoidal length perturbations. In both cases  $g_1 = 7 \text{ s}^{-1}$ ,  $g_2 = 2000 \text{ s}^{-1}$ ,  $g_3 = 30 \text{ s}^{-1}$ ,  $\xi_P = 1.1$ ,  $\alpha = 1.0$ ,  $\gamma = 0.028$ , and  $\epsilon = 0.04$ . The muscle was relaxed with  $f_1 = 0$  at the beginning of each "experiment", and then  $f_1$  instantaneously changed to a constant value,  $-35 \text{ s}^{-1}$  for the upper curve and  $7 \text{ s}^{-1}$  for the lower curve. The muscle was allowed to contract isometrically for one second, after which a small-amplitude sinusoidal length oscillation was imposed on the muscle, of the form  $\delta\lambda(t) = 0.016 \sin(2\pi t/T)$  with  $T = 0.1 \text{ s}$ .

## Ma and Zahalak (1991) — ODE

$$\dot{Q}_0 = r\alpha(X)\beta_0 - r\phi_{10}(Q_0, Q_1, Q_2) - \phi_{20}(Q_0, Q_1, Q_2) \quad (1a)$$

$$\dot{Q}_1 = r\alpha(X)\beta_1 - r\phi_{11}(Q_0, Q_1, Q_2) - \phi_{21}(Q_0, Q_1, Q_2) - u(t)Q_0(t) \quad (1b)$$

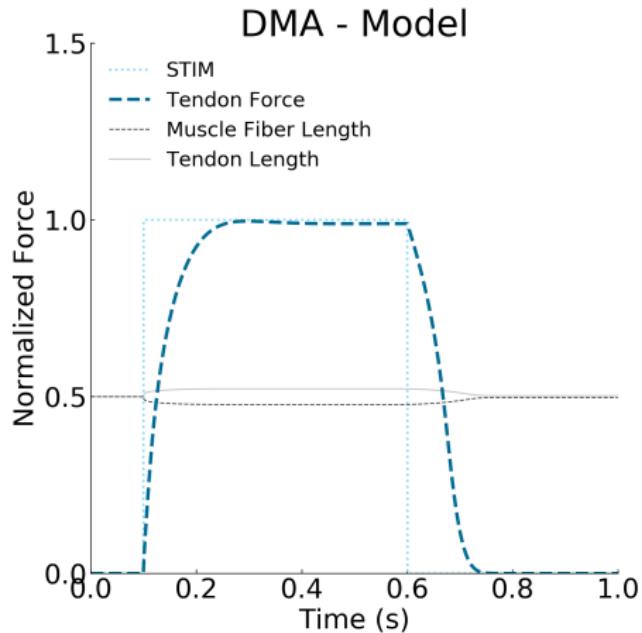
$$\dot{Q}_2 = r\alpha(X)\beta_2 - r\phi_{11}(Q_0, Q_1, Q_2) - \phi_{22}(Q_0, Q_1, Q_2) - 2u(t)Q_1(t) \quad (1c)$$

$$\dot{\lambda} = \dot{Y} + \dot{X} = \frac{\kappa(Q_1(t))}{L_0} \dot{Q}_1 - \frac{2h}{I_{s0}} \cdot \frac{X_0}{L_0} u(t) \quad (1d)$$

Accounts for more states during cross-bridge cycling (thus additional  $\phi$  terms)

$u(t)$ , velocity of a half sarcomere, can be solved by substituting 1b and 1d into one another

# DMA — Max Stim



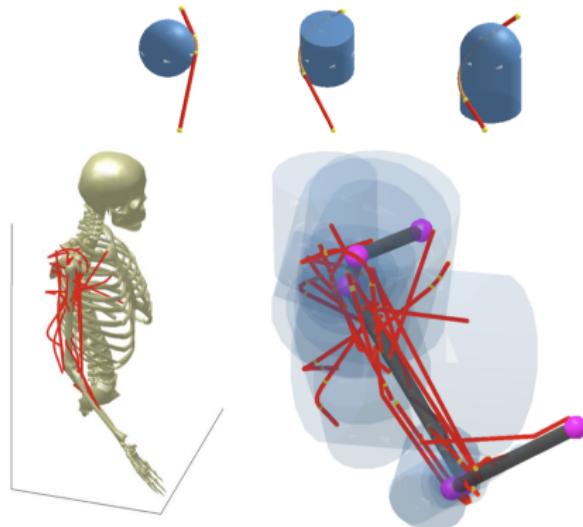
# 2D Arm Model



Schematic of "full-blown" musculoskeletal model described in Kistemaker et al.  
(2010).

$$\frac{\partial L_{MT}}{\partial \varphi} = ma$$

# 3D Arm Model



# Summary

1. Hill Models
  - a. combine equations to solve muscle force ( $F_{MF}$ )
2. Cross-Bridge Models
  - a. More macroscopic variables
  - b. Emergent phenomena

Questions???

# Assignment 3

see handout

# Next Class

## 1. Kinematics

- . two-link arm
- . forward kinematics
- . inverse kinematics
- . Jacobians

# Acknowledgements

Dinant Kistemaker